

Grey Court School

eBulletin

1 March 2024

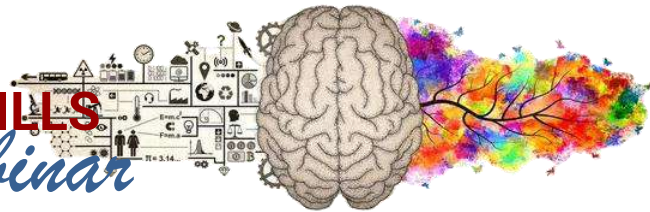


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EXECUTIVE FUNCTIONING SKILLS

Webinar



DATE: Tuesday, 5 March | **TIME:** 5pm to 6pm GMT
See page 67 for more information and to book

#KeepInTouch

[23-24 Term Dates](#)

[School Events](#)

[Sports TT](#)

[Sport SOCS](#)

[Extracurricular TT](#)

[Education Fund](#)

[ScoPay](#)

[Breakfast Menu](#)

[Weekly Menu](#)

[Graze Menu](#)



[**The Uniform Shop**](#)

[**Thursdays 3-4pm**](#)

[**Contact:
sniss@greycourt.org.uk**](mailto:sniss@greycourt.org.uk)



Art workshop with **STEVE BURDEN**

On Wednesday 21 February select GCSE Art and Design students took part in a workshop with artist Steve Burden.

Students really enjoyed meeting a professional artist, learning about the importance of a career in fine art and experimenting with new materials using new processes.

Grey Court are hugely grateful to Steve for visiting us and sharing his experiences and expertise and many parents have already expressed their thanks to the Art Department for the opportunity.

Ms Bowie, Head of Art

[STEVE'S WORK](#)









MOGOS 2024

Wednesday 20 March 2024

Betty Thomas
Amy Curley
Ella Waldmann
Teddy & The Bears
Noah Cervantes
Archie Falchikov & 6th Form band
Maya Sills
Arian Thomas Sood & Band
Emilia Saville
Alfred Noble
Jolie Fok & Band
Ipek Lena Ayduran
Dhanee Hazlee
Carlo Tillman & Band
Inigo Bell & Band

MOGOS 2024

Behind the scenes with Inigo Bell and Band rehearsing Blur for the MOGOS





The
SILVER
Room



Grey Court Gym & Dance Show 2024

**Come along to watch our fantastic
gymnasts and dancers perform!**

Doors open at 6:30pm

The show will begin at 7:00pm

£4 for children

£6 for adult

Payment available on Scopay or on the door

A tuck shop will be available on the night. All
proceeds will go back to Grey Court
Gymnastics and Dance.

Tuesday 26 March



KS3+KS4 News



YEAR 7

This week for our PDW session we were lucky enough to have a talk from Claire Hewitt, who is a lawyer who is an expert in areas around Social Media. She gave us a fantastic talk about the complexities of the law, and the issues and dangers around social media specifically. She had some hard hitting case studies of individuals she has represented at court, which were particularly revealing of how easy it can be to get sucked into difficulties. The year group listened intently and had some ever-intriguing questions to ask - which was fantastic to see.

We were also lucky to have a talk from the English department on Friday in assembly on the topic of World Book Day. Reading is an integral part of education and the school, and it was fantastic to hear the exciting competitions and activities we have on this year to mark the occasion,

A quick reminder from the canteen to please keep an eye on the balances of dinner money on your child's account. This can be topped up online or via cash in school.

Mr Day, Head of Year 7



Food & Nutrition
JAMIE'S GREAT BRITAIN
SAVE WITH JAMIE
Food Facts

eden

Top Shelf
2 x Weighing Scales
2 x Graters
2 x Measuring Jugs
2 x Sieves
1 x Colander
1 x Lemon squeezer

Bottom Shelf
4 x Saucepans
2 x Mixing Bowls
2 x Small Bowls
1 x Griddle pan

PRODUCTION PLAN FOR VEGETABLE COUSCOUS

Method of Production for Vegetable Couscous

10 mins	1. Tie back long hair; put on apron and wash hands.
5 mins	2. Fill bowl with hot soapy water. Wipe down work surface.
5 mins	3. Collect equipment and ingredients.
5 mins	4. Boil the kettle. Grate and dice vegetables.
5 mins	5. Add oil to a large pan and heat.

Year 7 Get Creative

FOOD AND NUTRITION

We head towards the end of another rotation of year 7s but not before letting them loose with their own creative ideas.

Prior to the half term, year 7 were tasked with designing their own 'Deli Salad' and looking at sensory characteristics to help them describe food, developing a wider range of descriptive vocabulary. Last week our year 7s really enjoyed being free to make an adaptation of a classic 'Deli salad' and some students really did enjoy adding and tinkering with the flavour profile, adding in a range of flavours and textures to really make their salad personal to them. It was lovely to see so many fresh ingredients and dishes full of colour from our year 7s. Think of all the nutrients!

Ms Campbell, Head of Food & Nutrition



Practical Assessment

Dish: *Salad*
WNN: *What worked well?*
EBI: *For how long did you cook?*
Date: *12/24*

ALAD
UATION
RY
ALYSIS

... TO THE DISCOVERY OF CULTURE IN FOOD
... WILL CONVINCE US THAT WE'RE DOMINANT
... IS THE PROPER WAY TO CALCULATE THE
... ALL PEOPLE OF ALL IN REALITY
... AND WE'VE CONVINCE US THAT WE'RE DOMINANT
... TO THE DISCOVERY OF CULTURE IN FOOD

Task	Time	Notes
1. Wash and chop the vegetables	10 min	
2. Cook the pasta	10 min	
3. Mix the salad	5 min	
4. Assemble the dish	5 min	
5. Taste and adjust	5 min	
6. Plate up	5 min	
7. Clean up	10 min	
Total	50 min	



HOW CAN WE STOP OR REDUCE THE
UNDESIRABLE EFFECTS?
HOW CAN WE STOP OR REDUCE THE
UNDESIRABLE EFFECTS?
HOW CAN WE STOP OR REDUCE THE
UNDESIRABLE EFFECTS?
HOW CAN WE STOP OR REDUCE THE
UNDESIRABLE EFFECTS?

RETRIEVAL PRACTICE

COOKING SAFETY RULES
1. ALWAYS WEAR YOUR APRON
2. ALWAYS WASH YOUR HANDS
3. ALWAYS USE KNIVES SAFELY
4. ALWAYS USE HOT OILS SAFELY
5. ALWAYS USE HOT LIQUIDS SAFELY
6. ALWAYS USE HOT SURFACES SAFELY
7. ALWAYS USE HOT AIR SAFELY
8. ALWAYS USE HOT WATER SAFELY
9. ALWAYS USE HOT DRYERS SAFELY
10. ALWAYS USE HOT IRONS SAFELY
11. ALWAYS USE HOT PRESSERS SAFELY
12. ALWAYS USE HOT TAPERS SAFELY
13. ALWAYS USE HOT WELDER SAFELY
14. ALWAYS USE HOT WELDERS SAFELY
15. ALWAYS USE HOT WELDERS SAFELY
16. ALWAYS USE HOT WELDERS SAFELY
17. ALWAYS USE HOT WELDERS SAFELY
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19. ALWAYS USE HOT WELDERS SAFELY
20. ALWAYS USE HOT WELDERS SAFELY

ST. MARY'S COLLEGE
SCHOOL

COOKING SAFETY RULES
1. ALWAYS WEAR YOUR APRON
2. ALWAYS WASH YOUR HANDS
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4. ALWAYS USE HOT OILS SAFELY
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9. ALWAYS USE HOT DRYERS SAFELY
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19. ALWAYS USE HOT WELDERS SAFELY
20. ALWAYS USE HOT WELDERS SAFELY

Wednesday 21 February

ROYAL INSTITUTE SCIENCE SHOW

A big well done to the 30 year 7s we took to Surbiton High on Wednesday, where we had a great time at the SUPER CELLS science show. They were really well-behaved and enthusiastic, showing the older year groups of other schools just how brilliant we are! A special mention goes to James McWilliams for representing a sneeze up on stage (pictured), and to Freya Kirrage for being an antibody, although it was great to see all our students so keen to volunteer. The presenter from the Royal Institute was very engaging, and I hope the students took away some important information, as well as being inspired by the wonders of our body.

Did you know? That Vaccine comes from the term 'vacca' meaning cow in Latin, because the first vaccine was made from a virus that infected cows? Or that the body produces 1.5-2 litres of mucus per day when you're ill, and that snot is only green when you're ill because of the white blood cells that are produced as a response to infection.

Ms Bapty, Science and Biology Teacher



Super Cells

VPA Scholarship Showcase

As members of the Year 7 VPA Scholarship, we see the students taking part in lessons in Music, Drama and Art, but do not always get the opportunity to see their full skills in lessons, so the VPA Scholarship showcase was an exciting opportunity for these students to shine. We were treated to an art exhibition and drama, music and dance performances.

I was blown away by the quality of the artwork on display - far better than anything I could ever hope to produce! We had a mix of mediums, from watercolour and ink drawings to pencil drawings and canvas paintings and even a clay sculpture!

In Music lessons, the Scholars have been learning about Musical Theatre and learning to perform songs from *Oliver!*, in preparation for this year's school musical. We were treated to three songs from *Oliver!* - 'Pick a Pocket or Two', 'I'd Do Anything' and a lively rendition of 'Be Back Soon' to end the evening. In addition to these songs, we had a variety of instrumental performances on Violin to Trumpet and Piano. We also had a number of vocal solos, ranging from an opportunity for audience participation with *Queen's* 'We Will Rock You' to 'Naughty' from *Matilda The Musical* and songs by Lewis Capaldi and Dua Lipa.

We were also treated to an impressive rendition of the 'Tomorrow and Tomorrow and Tomorrow' monologue from *Macbeth* and a delightful interpretation of a scene from *Fantastic Beasts and Where to Find Them*. A huge thank you to Ms Johnson for her hard work in preparing these scenes for the performance. To represent the dance strand of the scholarship, we were treated to an acro performance choreographed by students to Meghan Trainor's *Made You Look*.

We also have two bands formed from this year's VPA Scholars who performed for us. We had an energetic performance of *Stop* by The Spice Girls by a band who formed during the year and have worked extremely hard to learn their instruments, before an almost professional-standard performance of The Red Hot Chili Peppers' *Can't Stop* by a band who formed at the beginning of the year and have already performed in multiple performances at school.

Every student who participated in the showcase excelled in their chosen art form and delighted the audience. I was extremely impressed with their efforts and proud of the work they have put in during this year. I look forward to seeing how they develop further throughout the rest of the year.

Applications for next year's scholarship will open soon and details will be sent to all parents of next year's Year 7 students. We look forward to receiving applications to join next year's programme!

Ms Cowper, Music Teacher







Year 7

STARS OF THE WEEK



- | | | |
|---|-----------|---|
| A | Daisy J | For being a conscientious, resilient and hard working student who is extremely kind and polite to everyone she meets |
| B | Sam B | For greatly improving his behaviour and organisation, hence avoiding behaviour points for 6 whole weeks. Well done! |
| C | Abigail C | For her polite and conscientious approach and commitment to extracurricular activities. |
| E | Laila S | For being a polite, kind and hardworking member of the form. |
| M | Nia H | For taking over other jobs when they were absent and being a very helpful member of the form - thank you! |
| O | Hamdan A | for consistently being a shining example - polite, responsible, hardworking, focused and kind - what a star! |
| R | Mari R | For being a calming influence during form time, and a model student during silent reading in PM reg. |
| W | Edith B | For always being so helpful in form time and constantly having a smile on her face! Edith is such a joy to have in our classroom! |

Year 7 D&T

House Compe tition

Design and Make a Kite

Completed design sheets and prototypes can be handed to Mr Nair in room T2 or brought to the D&T office by no later than Friday 29 March 2024

[Competition
Details](#)



YEAR 8

This week we welcomed Ms Clapham to lead our assembly on World Book Day. The students (and staff) learnt about how more effective reading was as a stress reliever when compared to gaming (600% more effective) and other activities such as walking (300% more effective). We also saw the idea of book swapping with friends to reduce the cost but also to spark conversation about the book itself.

We have activity day next Tuesday and all students need to know what time to be in school. B band at 8:15am, A band at 8:30am. Don't risk missing the bus, be early!

Red Nose Day is 15 March and all students will be encouraged to bring some money in to play games and buy baked goods that will help our donation to the charities.

Mr Ridley, Phase Leader Year 8+9

Year 8 D&T House Comp etition

INEOS Helmet Competition

Design a helmet for Sir Lewis Hamilton!

To be in with a chance of your helmet design being photographed with Lewis at a 2024 Grand Prix event, as well as exclusive F1-signed merchandise and experiences, use the [template](#) and let your creativity and imagination run wild!

The judges will be looking for designs that celebrate and promote a sense of inclusion.

Entries close at 23:59 on 31 March 2024.

Students can also register online by using this [link](#)

Completed design sheets can also be handed to Mr Nair in room T2 by Friday 29 March 2024 for submission.

YEAR 9

This week year 9s have been continuing to experience a taste of GCSE in their lessons, accompanied with an assembly by Ms Corrighan (our careers advisor) explaining as to what our students are to expect on Tuesday during activities day next week.

All students and parents/guardians should have received their options booklet via email. Please ensure this is read carefully before the 18 March.

Red nose day is also on the approach (15 March) where students will get the opportunity to partake in activities whilst donating to charity!

Ms Wood, Head of Year 9

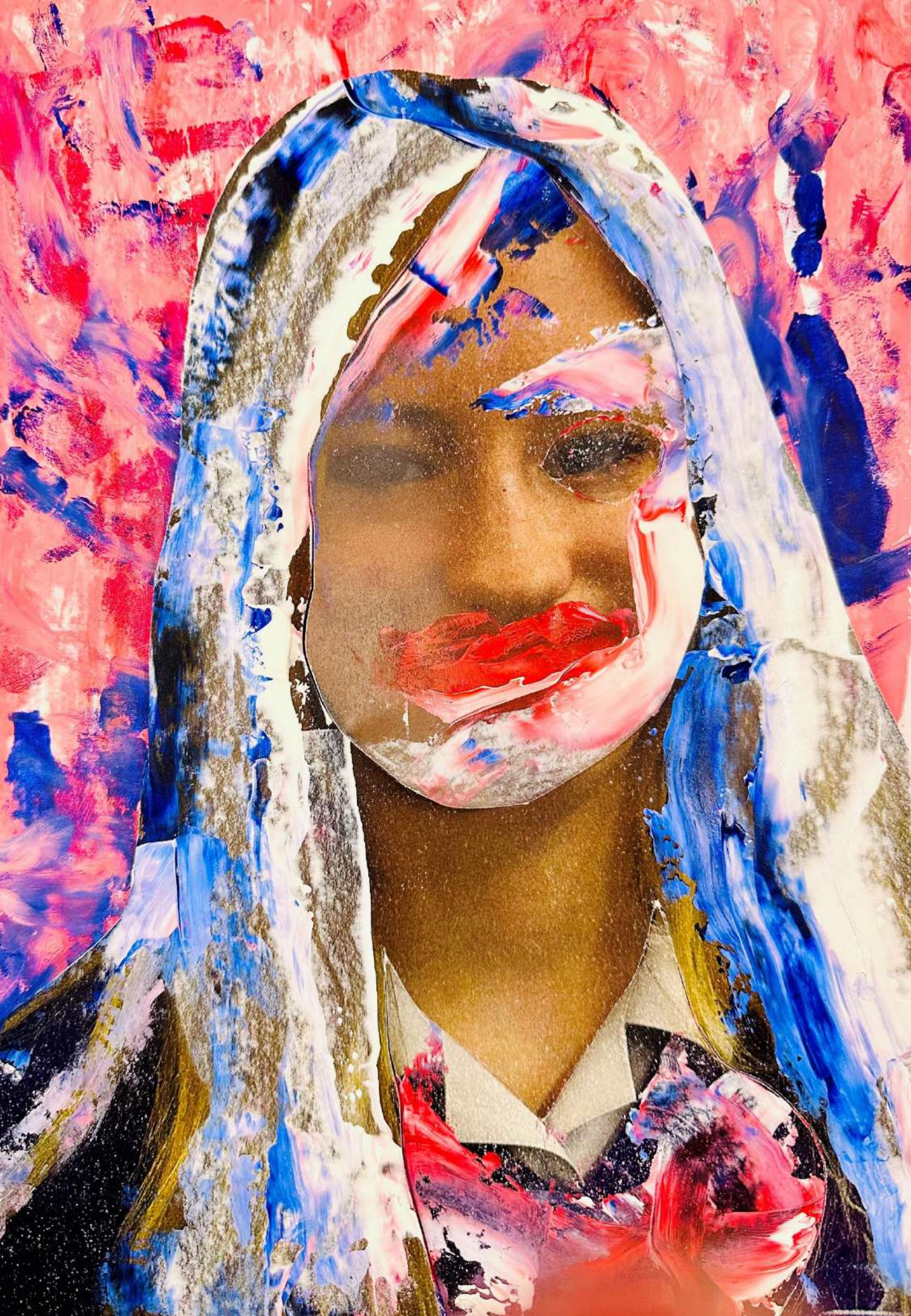
YEAR 9

Options Booklet and Video Presentation to Parents

The Year 9 options booklets have been emailed to parents and students today.

The Options Video Presentation to Parents can be found [here](#) and Ms Moran's short video explaining the Key Stage 4 Science [courses](#) can be found here

Ms Price
Associate Headteacher



YEAR 10

Welcome back, Year 10!

I want to express my heartfelt congratulations for your dedication and behaviour at the end of the last term. Your commitment makes me proud to serve as your Head of Year.

Last Friday, I had the opportunity to witness a live heart dissection during Ms. Andrews' science lesson – a truly 'heart wrenching' but somewhat startling experience. It's encouraging to observe that all of you are navigating through Year 10 and gradually settling in. I hope to see this positive trend continue throughout the term.

A reminder that the Parent's Evening is scheduled for 21 March, and you should have received letters regarding this. The event will take place from 4 to 7 pm, and it's expected that students accompany you to meet their teachers for effective feedback. Your attendance is essential. If you encounter any issues with booking, please contact me at icomrie@greycourt.org.uk.

Lastly, Activity Day is approaching on Tuesday, 5th, next week. Letters were sent home last week, so please ensure your child has reviewed the itinerary for the day, including locations and timings.

Thank you, as always, for your ongoing support, and I wish you a delightful weekend!

Ms Comrie, Head of Year 10



Year 10 Triumph with Tempting Treats

FOOD AND NUTRITION

As we continue to look at Food choice, year 10 started to look at British Cuisine, cooking methods, ingredients and dishes before the half term. Last week they were tasked with creating a typically 'British' dessert. Think Jam Roly Poly & Sticky Toffee Pudding, the aroma in the kitchen was delightful. Whilst some tasted success, some struggled but most importantly all students enjoyed the lesson whilst developing some crucial skills ahead of their practical coursework next year.

Ms Campbell, Head of Food & Nutrition





THINKING HARD
QUESTIONS

COLOR CODED CUTTING BOARDS

- RAW MEAT
- RAW FISH
- COOKED MEAT
- SALAD & FRUIT
- VEGETABLES

eden





KEY POINT - Choosing to eat healthily is a choice you make every day. It's not just about what you eat, but also about how you eat. For example, eating slowly and mindfully can help you enjoy your food more and eat less. It's also important to drink plenty of water and get regular exercise.

TRY THESE

- Swap dairy for plant-based alternatives
- Add more fibre to your diet
- Drink more water
- Eat more fruits and vegetables

THINKING HARD QUESTIONS

WHY DO PEOPLE GET SICK FROM THESE MICROBES?

WHY ARE PEOPLE ONLY ALLY FOODS?

ALL THESE ANY FRUITS AND VEGETABLES CAN BE GOOD FOR YOU?

HOW DO FOODS PROVIDE US WITH ENERGY?

COLOUR CODED CUTTING BOARDS

- RAW MEAT
- RAW FISH
- COOKED MEAT
- SALAD & FRUIT
- VEGETABLES
- BAKERY & DAIRY





YEAR 11

As Easter edges nearer, the number of school days is drastically dwindling and exams are fast approaching!

Well done to the first groups of students who completed their Creative Media and Food and Nutrition Final Practicals, which continue next week.

On Tuesday 5 March, next week, we have our Spring Activity Day, where year 11 will be in Drop Down sessions. These offer vital time to brush up on coursework and to begin intense revision. Timings are below and groups have been communicated via tutors, Google classroom and the KS4 team in assembly.

8.45	Students arrive and line up for assembly
9.15 - 10.25	Session 1 Normal Break
10.45 - 12.25	Session 2 Lunch
1.05 - 2.15	Session 3 Dismissal

We are gathering together our Prom Committee, who will be taking the lead with organising the finer details of this brilliant event and I thank our committee in advance for their hard work and dedication.

Letters detailing the Prom, our Record of Achievement and Leavers hoodies will be arriving with you in the next few weeks. In the meantime, please encourage your children to focus and knuckle down to the task at hand - revision, revision, revision.

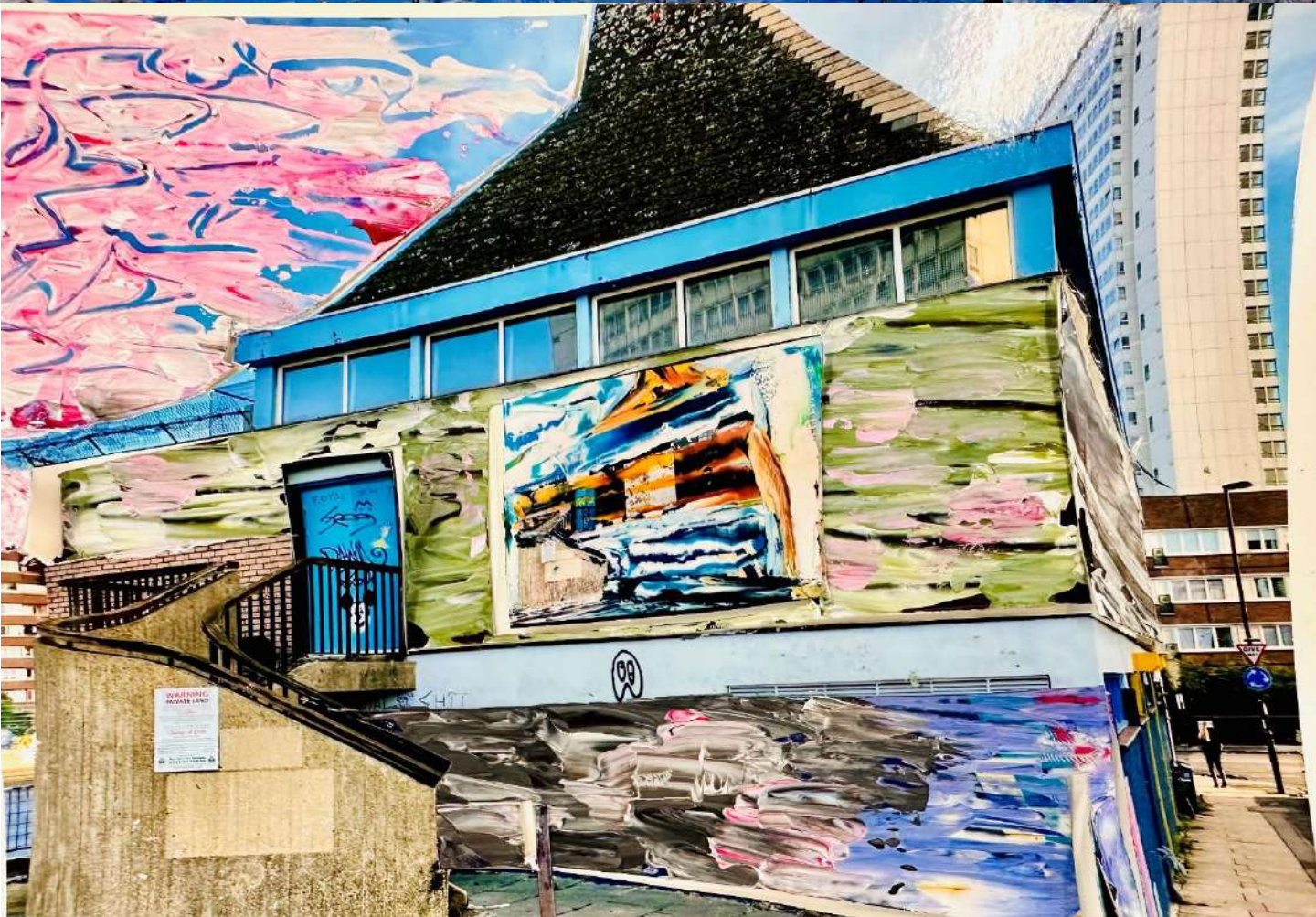
Ms Clark, Head of Year



Science STARS OF THE WEEK




Year	Name	Subject	Reason
7E	Demid Getmanov	Science	Excellent contributions
8O	Kuba Florio	Science	Excellent engagement in class
9E	Moujan Rezaei	Science	Excellent contributions
10A	Guzman Wurster Osuna	Biology	Excellent progress in the subject
11O	Zakariya Nawaz	Biology	Excellent classwork
12D	Ray Cooper	Biology	Excellent progress in the subject
13D	Oscar Lopez Harrison	Biology	Excellent progress in the subject
10R	Hayah Ahad	Chemistry	Excellent progress in the subject
11B	Jeremy Mccarthy	Chemistry	Excellent progress in the subject
12D	Clem Dewar	Chemistry	Excellent engagement in class
13D	Ruzgar Atik	Chemistry	Excellent engagement in class
10E	Bade Isik	Physics	Excellent progress in the subject
11A	Avni Sondhi	Physics	Excellent engagement in class
12C	Aysenur Yassikaya	Physics	Excellent contributions
13D	Emily Lumsden	Physics	Excellent contributions
13E	Alex Akosa	Applied Science BTEC	Excellent progress in the subject



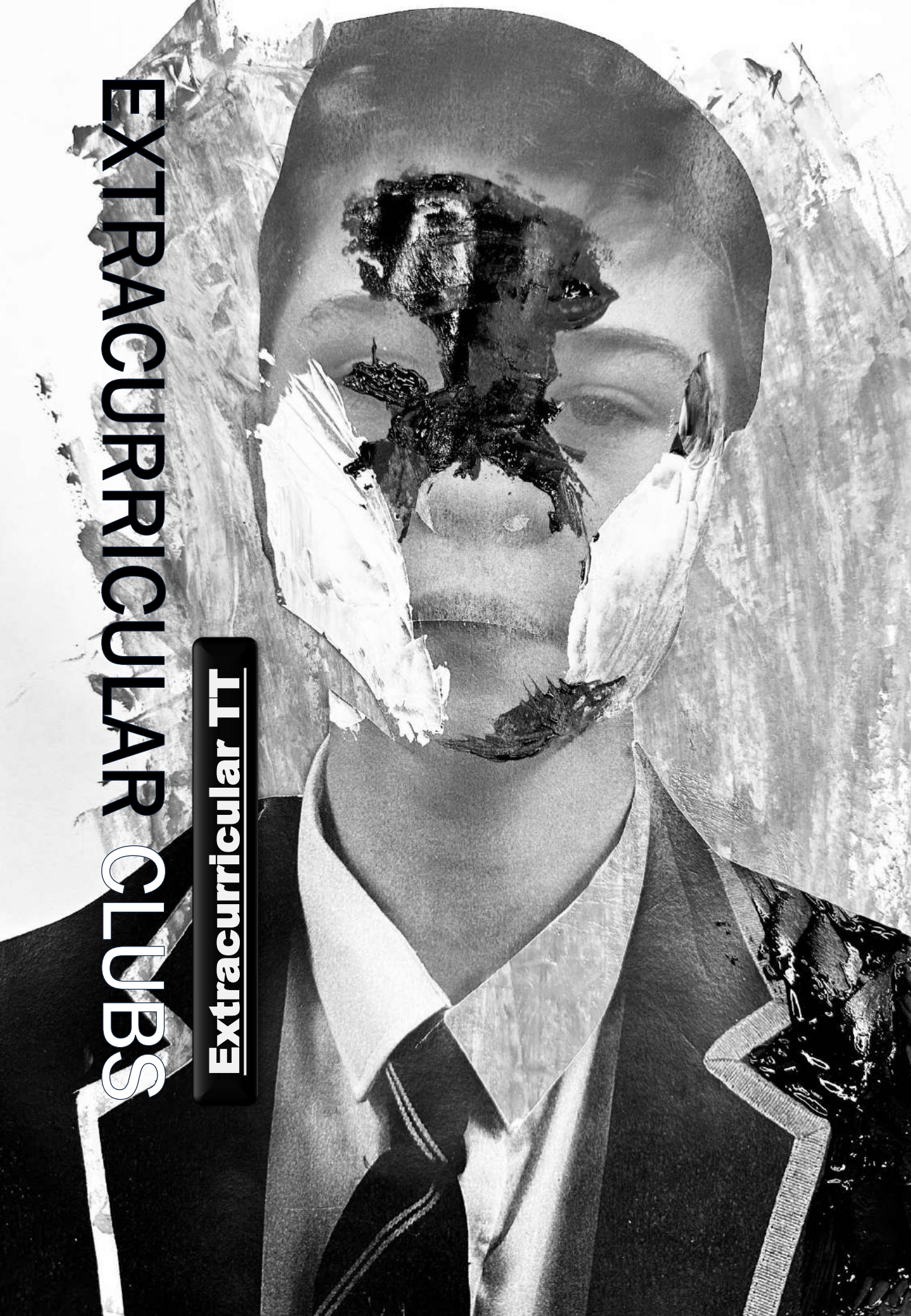
ATTENDANCE MATTERS

20 February to 23 February



Year Group	Attendance %
Year 7	98.1%
Year 8	95.6%
Year 9	95.6%
Year 10	95.5%
Year 11	95.9%

Tutor Group	Attendance %
7 Elm	100%
8 Elm	98.4%
9 Ash	97.6%
10 Willow	99.2%
11 Rowan	98%



EXTRACURRICULAR CLUBS

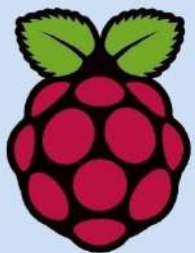
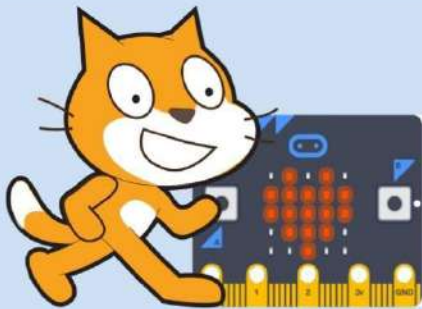
Extracurricular TT

COMPUTING CLUB

Programming labs and competitions to improve your coding skills!

Physical computing workshops to push your creativity!

All years welcome!



Location & Time

```
if day = "Wednesday" & time  
= "afterschool" {  
    print ("room = T4")  
}
```

(Wednesday after-school in T4!)



Chess Club

Wednesdays

12:25PM to 1PM

Room T6

All years welcome

MATCHES

TOURNAMENTS

PUZZLES

NEW AND EXPERIENCED PLAYERS

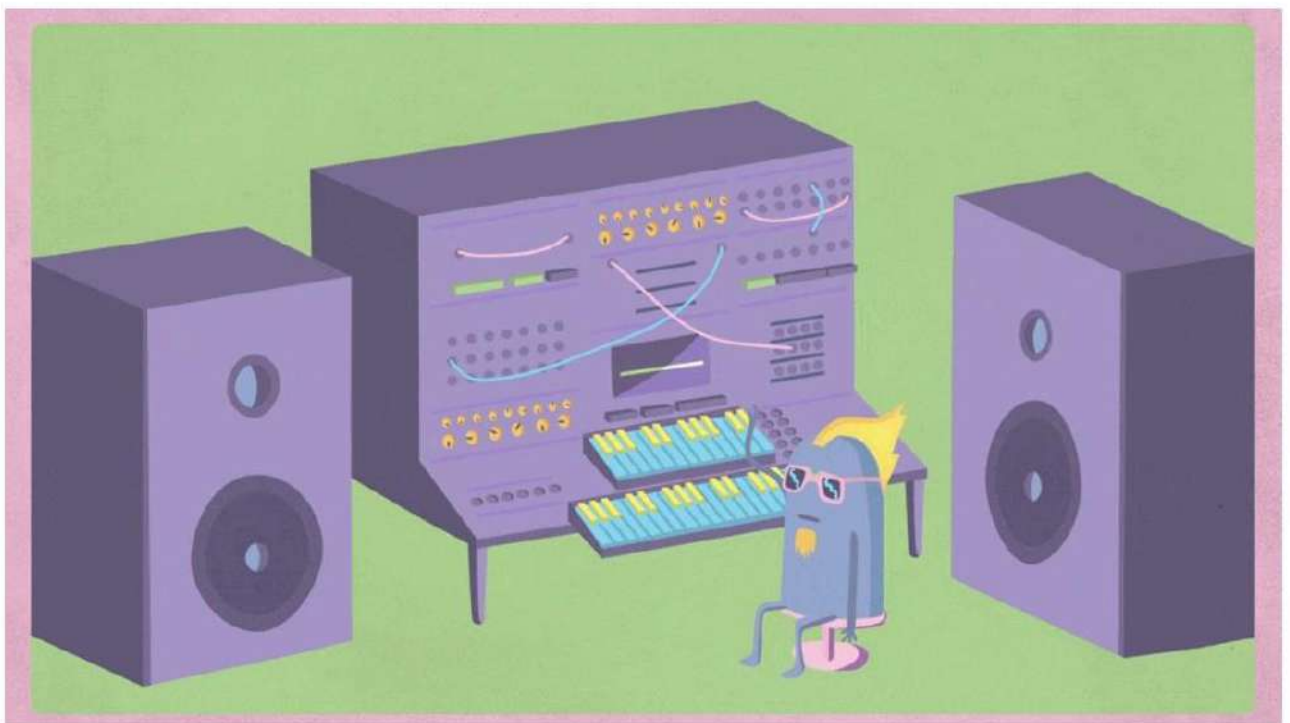
WELCOME

LEARN, PLAY AND SHOWCASE YOUR

CHESS SKILLS!

Music Tech Club

Now on a **MONDAY**
3pm-4pm
in PC1



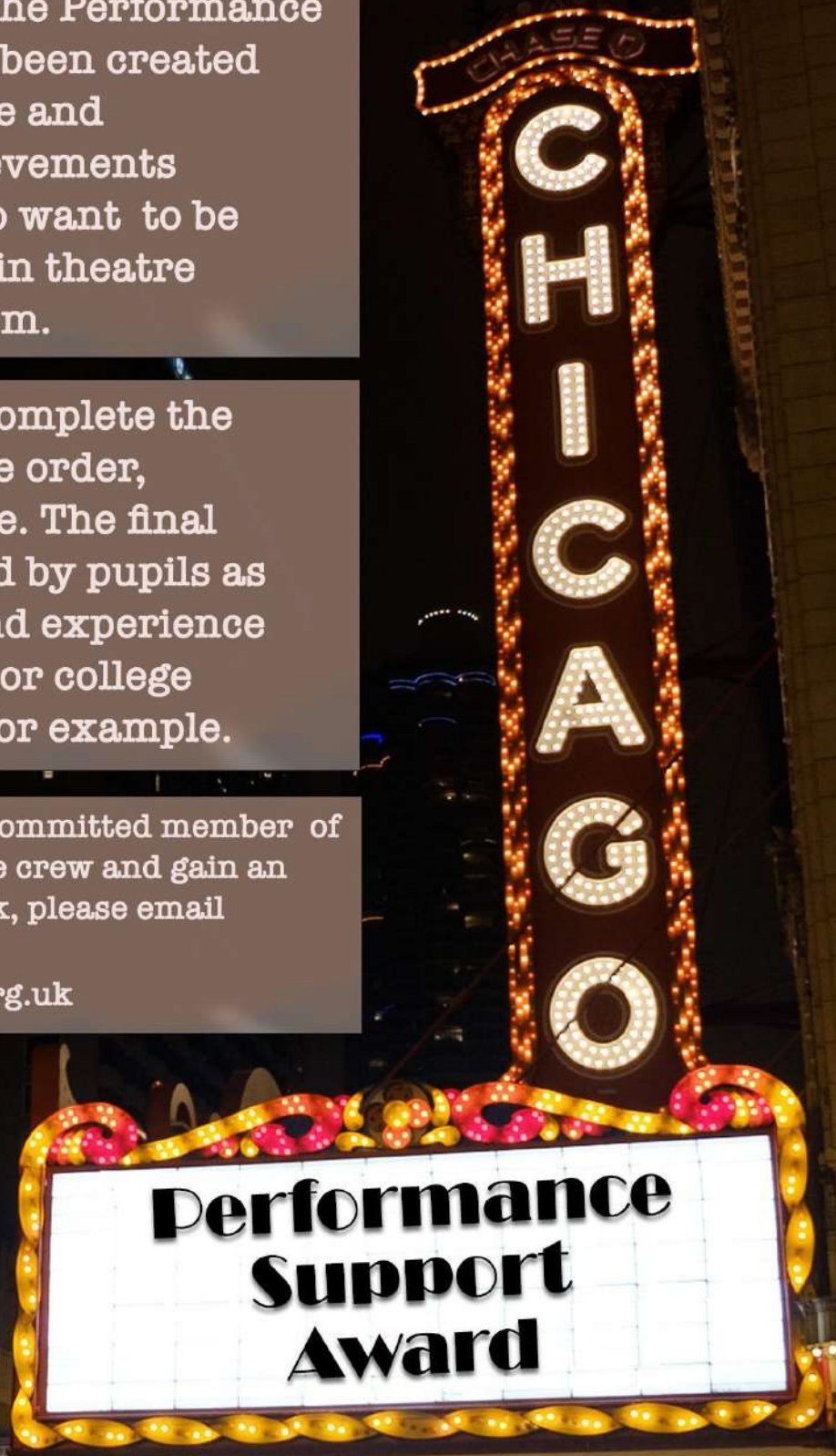
Learn to make music on a computer with state of the art, industry standard software. Record your own instrument, singing or rapping, and make your own beats.

Launched in 2015, the Performance Support Award has been created in order to recognise and encourage the achievements of young people who want to be involved backstage in theatre outside the classroom.

Participants must complete the levels in consecutive order, starting with Bronze. The final portfolio can be used by pupils as evidence of skills and experience during a university or college interview process, for example.

If you would like to be a committed member of the VPA events backstage crew and gain an award for your hard work, please email Mr Allchurch:

mallchurch@greycourt.org.uk



CHICAGO
MARQUEE TOUR

GO BEHIND THE SCENES OF
THE ICONIC CHICAGO THEATRE!

View tour schedule at TheChicagoTheatre.com/tour

ROCK AND POP CLUB

TUESDAYS
3PM-4PM
IN MUSIC



COME AND PLAY THE DRUMS,
GUITAR, BASS, KEYBOARDS OR SING
IN A BAND. ALSO OPEN TO OTHER
INSTRUMENTS IF YOU HAVE ONE!

GREY COURT TRIATHLON CLUB

Spaces available after half term for Y7-Y9 pupils



27 February & 5/12/19 March

(£20 for 4 sessions)

7.25-8.15am

Meet @ Grey Court School

All abilities and types of bikes welcome, helmet essential

Please contact the PE department to reserve a space





ALEX VORONKA, one of our lovely Ukraine music tech students in year 10, has a new album out today: Music is Dead.

He takes us through the tracks and the thought process behind them.



Track order:

1. Blame!
2. MGXRFRENCE
3. DIMMED SOULS
4. ROLLIN' WITH MY HOMIES 2 (feat. rmfshri) (clean version)

Description:

MUSIC IS DEAD is AlexVorn's second EP after ProJ3cT V

The main concept of the mini album is to show how music will look like in the future with AI which makes the music dead. That's why all of the tracks on the mini album used AI generated speech, and vocals used synthesised singing with AlexVorn's AI voice model.

Beats are completed in the style of "lofitrap", a main feature of the album's sound, which conveys a feeling of the quiet death that no one even notices until one moment.

Every track on the album is unique their themes and examples:

[Blame!](#)

The track **Blame!** is the first track of the **MUSIC IS DEAD** EP and it conveys a message that people are always blaming each other for anything, which escalates to war/political conflicts like the Ukraine-Russia war or Israel-Palestine war. But they don't understand that they're all sinners. And the Chorus "I love to blame all, I love to blame (Blame)" shows that I do that as well, even if I know that's not what will get us out of our poor situation. By this behaviour I show an egoistic society which needs to unite and solve world problems and live in peace and that's the main message of the song. Also in the track I used quotes from Macbeth, where he felt shame for killing king Duncan, which fits in the theme of the song.

[MGXRFRENCE](#)

MGXRFRENCE (Mysterious Girlfriend X Reference) is obviously a track about the anime "Mysterious Girlfriend X" which I found on the internet before new year. The moral point of this anime is not sharing saliva with each other (as I know the majority of people interpret it), but that love isn't just a physical connection, but also an emotional connection and it can be beyond social norms if people truly love each other. The whole track is obviously just a reference to the anime.

[Dimmed Souls](#)

By "dimmed souls" who "wander in the underground" I mean genius and talented/creative people who are trying to convey their message. They put a sort of soul in their art/music, but most of these people are dimmed by the pop culture that we can hear and see. Most of this pop culture is repetitive and not serious. Pop culture has its own rules which underground art culture tries to break, but society just dims them even without realising it. The dialogue at the start, shows the main concept of the track.

"Be not a niggard of your speech; how goes it?"
(niggard - miser) (quote from Macbeth)

This quote was said by Macduff in Act 4 Scene 3 in the play Macbeth where he tries to get information about how his family is. The same is with people who are want to see or hear something new, but pop culture doesn't want it, so they get a response "Well, there's nothing I can tell you, we are just dimmed souls among this space"

[Rollin' With My Homies 2](#)

Rollin' With My Homies 2 is the second part of "Rollin' With My Homies". This track became popular among audiences from Grey Court. This track was aggressive, where I was a scream of my soul, but the second part was even more aggressive, where I also expanded the idea of dead music. Honestly, there were many themes shouted in this 4 minute audio. Among these themes there are gang life, Russian rap, dirty Thames, lazy people, bullies, AI, doomsday and love as well. Most of this text was about my feelings and my thoughts and that's the reason why it may be aggressive and it looks more like freestyle. I also called on this track a rapper from the US whose stage name is "rmfshri". I called him because I loved his songs and I didn't understand why no one listens to him. He came up with his explicit verse which expressed my feelings in a more aggressive way than me, but because I'm not brave enough to use explicit language even if I could I didn't. That's the reason why the track has this not explicit version.

DIVERSITY AND EQUALITY UPDATE

Grey Court's diversity and equality collective meets every term. It can probably be described as a loose free-form collective of staff and students who wish to inform, educate, debate and innovate in ways that promote equality of opportunity. Below is a summary of some of the projects members of the group have been initiating.

Mr Taylor is actively recruiting year 12 students from under-represented backgrounds to attend courses in Arabic and Computer Science at the prestigious [Eton Summer Schools](#).

Ms James recently delivered a whole school PDW on diversity and equality where she unveiled a survey on the changing make-up of our school. Did you know that 49% of the school's population now define themselves as non-white British? She has also created some innovative recent lessons on "microaggressions" and "unconscious bias" for year 10 and 11 students.

Inspired by **Ms James'** staff diversity board outside of Mr Rhodes' office, The Sixth Form diversity prefect team are planning their own sixth form board where students will be invited to celebrate their cultures and heritage. Watch this space!

Realising that the recently arrived influx of students from The Ukraine and Hong Kong needed help in order to adapt to live in the UK and to navigate our education system, **Ms Nair** has used her extensive contacts in the community to create a thriving new network. "Over the summer I thought about how I could gain more understanding of my students' needs and realised that understanding more about their families and the issues they face was probably the key.

A Cantonese speaker (A former headmaster from Hong Kong) who also has teaching experience in UK secondary schools met me and a group of eight year 7 Cantonese students to explore their experiences in more detail.

I also recently met 20 parents from Hong Kong to get their feedback. I'm putting together a response to their questions and we will celebrate Chinese New Year soon.

For the Ukrainian students we have a member of the local Ukrainian community centre who comes into the school to visit students every week. Finally, I've also set up a weekly lunchtime club for Keep parents so they can connect with one another and feel part of our school.



Over in careers **Ms Corrighan** has worked in conjunction with **Dr Thompson** to host the following talk: **Women in Economics: Breaking Barriers Together** in partnership with *Speakers for Schools*. The event will connect Grey Court students with a number of high profile female economists.

Meanwhile in year 7, a superbly behaved audience had the company of a leading partner in a local law firm, Ms Hewitt, who specialises in representing young people in court cases involving gang membership and cyber crimes. Initiated by **Ms Price**, **Ms Hewitt** proved to be a superb advocate for women in law and educated students about the responsible use of social media apps.

In order to fight against anti-Semitism, **Yasmeen Mohammed** and **Cordelia Bradley** from year 12 have won places on the Auschwitz one-day trip which is facilitated by the Holocaust memorial Trust. They will be reporting back to the lower years reflecting on their experiences after Easter.

The ever busy **Ms Duncan** has been organising a trip to the Wellcome Trust for Sixth Formers in order raise awareness of “beauty standards” whilst across in history, **Ms Hawkins** has helped design and disseminate an interactive poster to celebrate [Women's History month](#).

A reflex angle away in maths, **Mr Khan** (who has revived the black roll neck as a fashion item having raided his Uncle’s wardrobe) is proving to be a wise custodian of the multi-faith room whose hours have been extended until Dhur no longer falls within the lunch time slot.

And finally the Spring Term will culminate with the yearly International Festival. Scheduled for Wednesday 20th February p6: The year 12 diversity group have already started to fundraise via a scheduled bake sale next week and plan to include student representatives from more countries than ever before!

Many thanks to all the staff, students and parents who help to shape and develop our culture of equality and diversity at Grey Court and beyond!

Mr Clements, Deputy Headteacher

WELLBEING



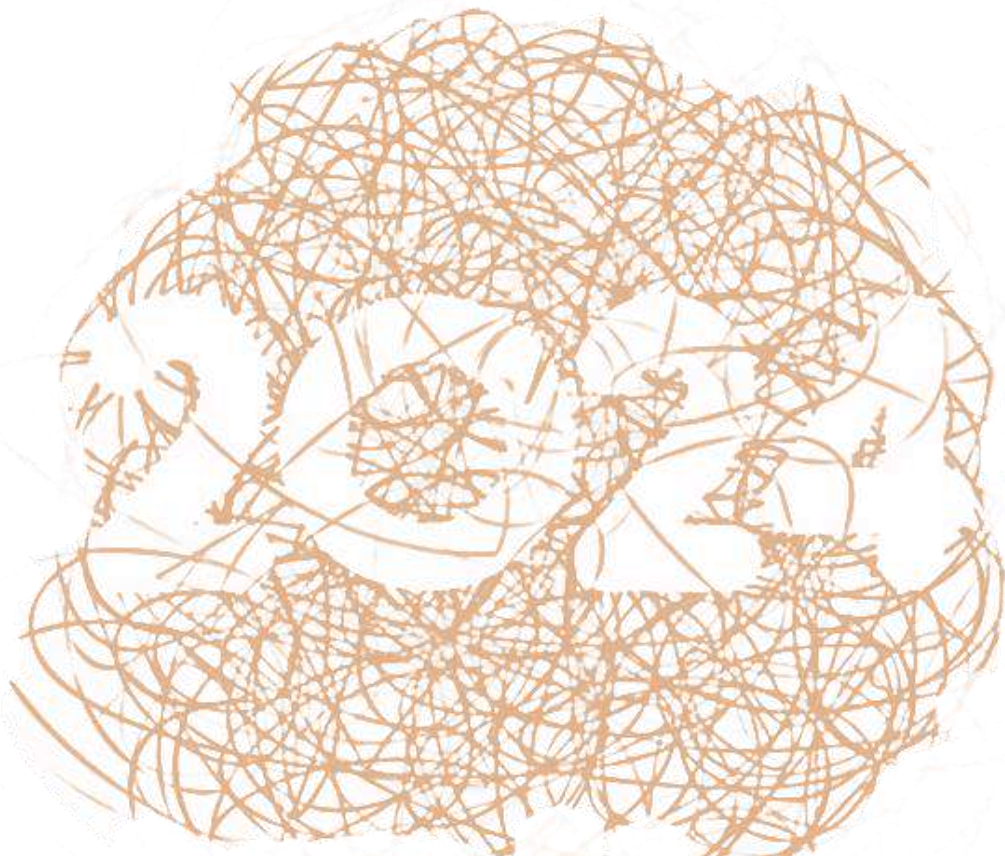
Monday 26 February to Friday 1 March

Year 7	Speaker in the main hall: social media legality
Year 8	What happened to Breck Bednar and how can we spot the red flags?
Year 9	What can you do to educate yourself on and limit knife crime?
Year 10	Zara McDermott – BBC – uncovering rape culture
Year 11	How can we be resilient – especially when we are stressed?

Monday 4 March to Friday 8 March

Year 7	How can 11 people go to jail for 1 murder? Joint enterprise
Year 8	How can we recognise bias and fake news
Year 9	What should you do if... you hear that your friends are taking drugs?
Year 10	RS/Computing
Year 11	Bloom Programme – managing studies and sleep
Year 12	Unifrog





Mindful March 2024

MONDAY



4 Notice how you speak to yourself and choose to use kind words

TUESDAY



5 Bring to mind people you care about and send love to them

WEDNESDAY



6 If you find yourself rushing, make an effort to slow down

THURSDAY



7 Take three calm breaths at regular intervals during your day

FRIDAY

1 Set an intention to live with awareness and kindness

SATURDAY

2 Notice three things you find beautiful in the outside world

SUNDAY

3 Start today by appreciating your body and that you're alive

11 Stay fully present while drinking your cup of tea or coffee

12 Listen deeply to someone and really hear what they are saying

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 Have a 'no plans' day and notice how that feels

19 Cultivate a feeling of loving-kindness towards others today

20 Focus on what makes you and others happy today
dayofhappiness.net

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

27 Appreciate nature around you, wherever you are

28 Notice when you're tired and take a break as soon as possible

29 Choose a different route today and see what you notice

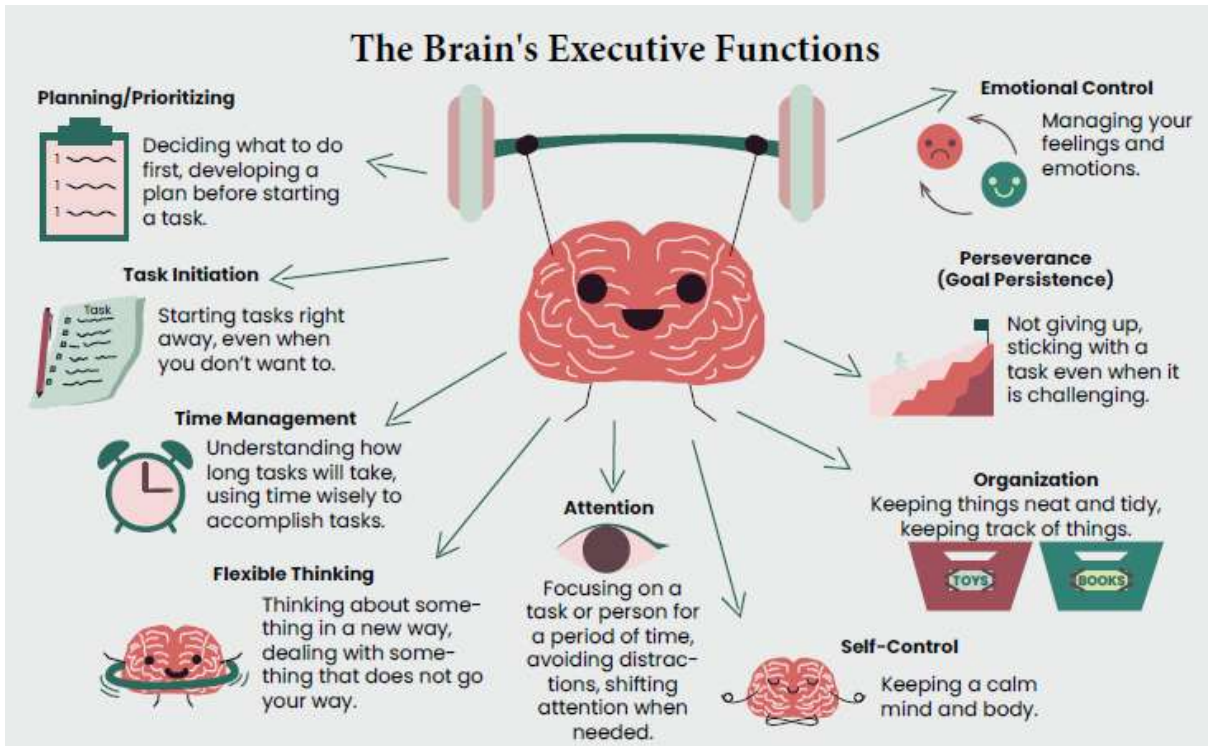
30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life



EXECUTIVE FUNCTIONING SKILLS WEBINAR

Executive functioning skills enable individuals to manage their thoughts, actions, and emotions in order to achieve goals. Understanding and supporting the development of these skills can really promote academic success and overall well-being.



By actively supporting the development of these executive functioning skills, parents can contribute to their child's academic achievement, emotional well-being, and overall success. Mrs Groves already works with students at Grey Court to support them with executive functioning skills, and is keen to share her knowledge with the parent community.

If you are interested in learning more about Executive Functioning Skills, then please attend our on-line webinar: **The Teenage Brain: Executive Functioning, Dopamine & what we can do to help**

DATE: Tuesday, 5 March

TIME: 5pm to 6pm GMT

Please click the link: <https://www.ticketsource.co.uk/grey-court-school/t-noznvxe> to book. You will receive an eTicket with the link to the webinar.



Our families frequently tell us that their children and young people struggle to come to terms with their ADHD diagnosis. From the lack of support and information appropriate to their ages, it is a difficult time that parents and carers must navigate with little help and no clear direction.

As many of you know, we have been helping families with newly diagnosed children via our very successful Post Diagnosis Workshop and we are now delighted to announce that we will be introducing a Post Diagnosis Workshop for young people to support them in understanding and dealing with their diagnosis directly.

The first one will be on Saturday 9 March and bookings will open soon.

Group 1 – Age 7 to 11 (Primary School) – 10.30am to 12pm.

Group 2 – Age 11 to 18 (Senior School) – 1pm to 2.30pm.

The objective of the workshop is to provide young people with an understanding of their condition and will aim to support self-esteem by helping them recognise that while their condition comes with some challenges, there are also many strengths that they can build on.

The course will cover; what is ADHD?; strengths & challenges of ADHD; strategies to help manage some of the challenges that come with ADHD; turning negative thoughts into positive thoughts; how I can support myself and take care of myself through sleep, exercise and nutrition

Booking will open shortly - please keep an eye on our [Facebook Page](#).

Best wishes

The ADHD Embrace Team



Wellbeing Newsletter

<https://bit.ly/KAE-CSWnewsFeb24>

In this issue we include details of *Explorative sketchbook & Mixed Media* and if you are travelling to Italy this year, *Italian for your holidays!*



Free mental health information for young people

We're [Mind](#). We're here to fight for mental health.

During Children's Mental Health Week we let you know about our **dedicated young person hub**, full of information and advice on how to help young people understand different types of mental health problems, how to cope with their feelings and guide them through getting the right support.

[Explore Mind's information hub for young people](#)



New Young Persons Sexual Health

Walk in service

For people 21 years and under

Every Thursday 4-6pm

A free, friendly and confidential sexual health service, offering:

- Advice about sex and relationships
- Emergency contraception
- STI testing (Sexually Transmitted Infections) for people with or without symptoms
- Pregnancy testing and advice
- Contraception choices
- Free condoms
- PrEP (Pre-exposure prophylaxis) and PEP (Post-exposure prophylaxis)
- Support accessing other services, such as termination of pregnancy or for anyone who has been sexually assaulted or experiencing abuse



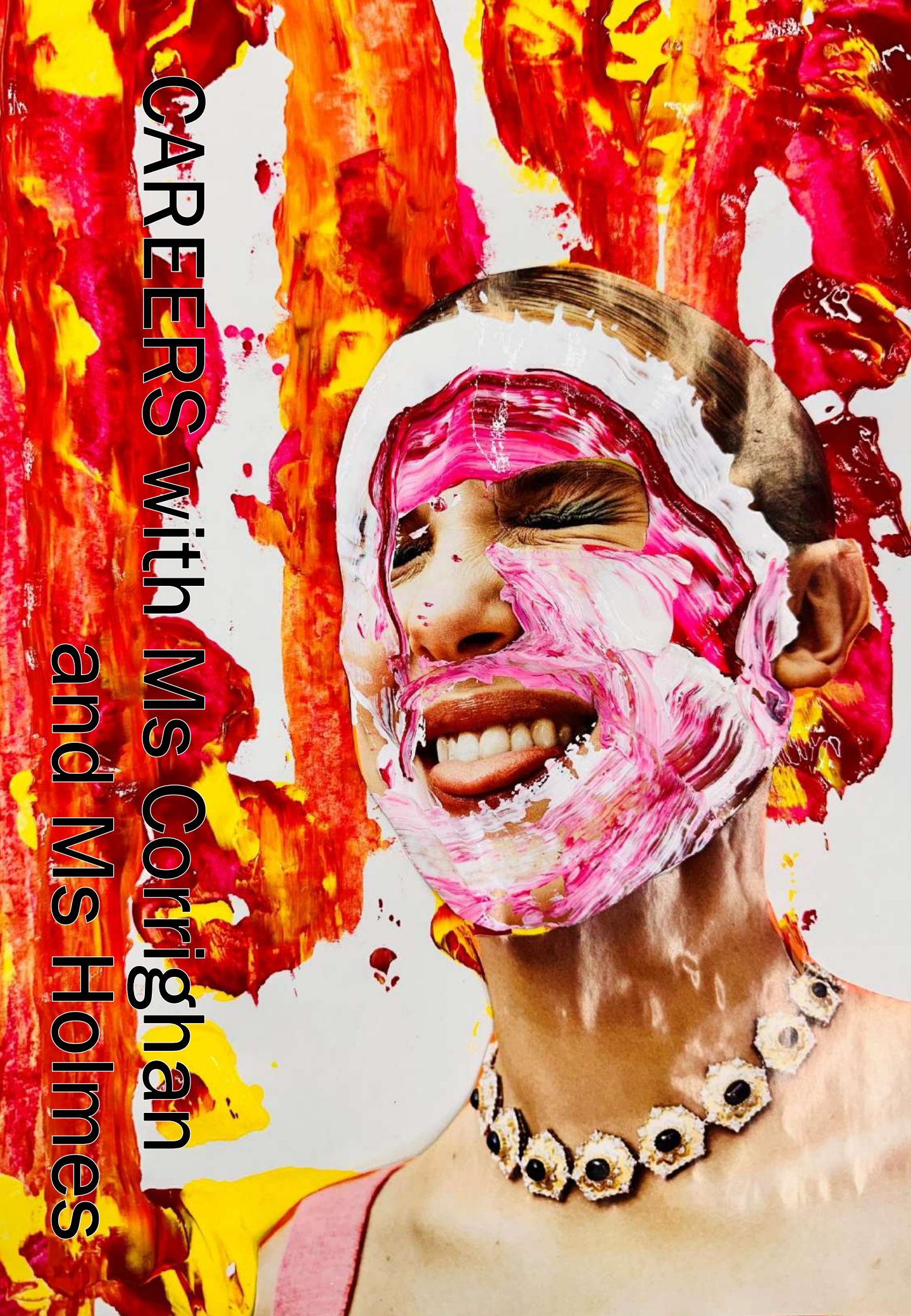
Find out more

Find us at The Wolverton Centre

Kingston Hospital

No appointment necessary

Telephone: 020 8974 9331



**CAREERS with Ms Corrighan
and Ms Holmes**

National Careers Week

This provides an opportunity for the school to focus on Careers. In addition, to the importance of studying different school subjects, careers learning provides an underlying purpose to what students are studying. It is important for pupils to begin to develop an understanding of what they want to do after leaving full time education and develop the careers management skills to help them research and prepare for future challenges.

We have careers activities going on throughout the year but there are various careers related activities taking place in and out of school next week:

Monday	Year 11	Assembly with Brentford Education Trust to talk about the National Citizenship (NCS) Programme that students can get involved in to boost their skills, confidence and it looks great on a CV!
Tuesday	Year 9	Careers networking event. Students will meet with a range of employers to learn about the world of work
	Year 12	Visit an apprenticeships fair at The Oval.
Wednesday	Year 10	We are hosting the Borough Jack Petchey Finals and we wish our year 10 speakers luck
Thursday	Year 8	Assembly on the careers challenge which is part of Gradu8
Friday	Year 7	Careers assembly

VIRTUAL CAREERS FAIR

There is a virtual careers fair students and parents/carers can access at home: www.ncw2024.co.uk with organisations such as NHS, Natwest, Tomorrow's Engineers and more....

Download your free copy of The Parents' Guide to National Careers Week, created in partnership with National Careers Week, outlining all vocational options after GCSE and sixth form/college - [you can download your copy here](#)

INTERNATIONAL WOMEN'S DAY

Friday 8 March is International Women's Day

[#InspireInclusion](#)

and we would like to highlight some events taking place next week to celebrate Women in industry and **if you miss them you can watch them in their broadcasts library: [Inspirational Talks Library](#).**

We have already hosted the 'Discover [Economics](#) talk ' on Friday 1 March for our female sixth formers to help inspire them into careers related to Economics.

SPORTS IS MORE THAN JUST A HOBBY! WITH STEPHANIE HILBORNE OBE, CHIEF EXECUTIVE, WOMEN IN SPORT

Date: Monday 4 March Time: 10:00 am - 10:45 am Age Group: KS3-5

Join us in this broadcast as we embark on a journey with Steph, the powerhouse behind Women in Sport, who's been shaking up the game since 2019! PE is more than just sweating it out on the field! Get ready to uncover the secrets of how PE is the ultimate playground for developing crucial soft skills while we explore why PE isn't just about physical health - it's a goldmine for nurturing teamwork, leadership, resilience, and more! Click [here](#) to register

BBC YOUNG REPORTER WITH JOSIE VERGHESE, ASSISTANT EDITOR, UK INSIGHTS @ BBC NEWS & HEAD OF BBC YOUNG REPORTER

Date: Tuesday 5 March Time: 02:00 pm - 02:45 pm Age Group: KS4-5

Josie joined as a secretary not knowing a journalism career was a choice but has since worked for 20 years at the BBC producing stories for Newsround, Radio 5 Live, BBC Sport, BBC London & BBC News-find out more about why curiosity matters in the media industry. Now an Assistant Editor for BBC News she leads the award-winning BBC Young Reporter project & loves being able to nurture new talent, talk news literacy, champion underserved contributors & audiences & amplify diversity in broadcasting. Click [here](#) to register

WORKING IN TV AND FILM PANEL EVENT IN PARTNERSHIP WITH PACT & INTO FILM

Date: Friday 8 March Time: 10:00 am - 10:45 am Age Group: KS4-5

This broadcast will be an all female panel event involving multiple speakers and look at careers in TV And Film ... more details will come soon... Click [here](#) to register

SIXTH FORM NEWS



YEAR 12

Festival of Apprenticeships at The Kennington Oval

On 5 March, we are taking our year 12s to the Festival of Apprenticeships at The Kennington Oval. The Festival of Apprenticeships is a roadshow exhibition promoting and celebrating all things apprenticeship. The event is a one-stop shop for anyone looking to find out more about apprenticeships. From discovering local opportunities by meeting organisations first-hand, through to guidance on how to apply for and make the most of an apprenticeship. Top employers and learning providers will highlight their talent and promote opportunities to future apprentices. Even if your child has not been considering an apprenticeship, this event will give them information about degree apprenticeships as well as possible pathways for graduates.

Students should arrive at sixth form at 9am to register. We will then travel to The Kennington Oval, London SE11 5SS using public transport. Members of the sixth form team will be at The Oval to register students on arrival.

YEAR 12 WORK EXPERIENCE

Can you help with providing a placement?

We rely on a range of sources for work experience and one of those is from our Grey Court community. If you think you or your company might be able to offer work experience during the week of 1-5 July please let us know, it doesn't have to be for 5 days necessarily - even 3 days is a great insight into an industry. Please fill out this really short form if you want to help and Bernie Corrighan will be in touch: [contact us](#)

Information for students and parents/carers

This term's focus is students should be looking for placements or summer schools for 1 -5 July 2024 and they must confirm their placement using the **Unifrog placements tool** by 28 March 2024.

Please just speak to Miss Corrighan, if you have any questions

bcorrighan@greycourt.org.uk and do refer to Google classroom for more information where weekly opportunities is posted.

Especially in year 12 as we advertise all the relevant opportunities so it's important students do this as part of their weekly routine: [01/03/2024 Sixth Form Careers opportunities](#)

Get to know more about university and join our virtual fair where you can join live sessions and get in touch directly with universities across the UK. We'll be joined by top universities including the Universities of Exeter, Portsmouth, Sussex, Cardiff University, Manchester Metropolitan University, and many more! You'll have the chance to get your questions answered and network one-on-one to get top tips on how to find and apply to your dream university course.

Wednesday 13 March @ 16:30 UK time - 3hrs - [sign up](#)

YEAR 13

The final set of trial exams will take place during the week commencing 25 March. The vast majority of students will be on study leave for the week. Students who we feel would benefit from additional support with revision and organisation will be in school, where they can work in a focussed environment and access help if they need it. [Trial Exam Timetable](#)

Activity Day – 5 March

Most of the year group will be at home, engaging in revision and wellbeing activities. Students doing an EPQ, or those who have been asked to come in for coursework or work catch up, will be in school. [Y13 Activity Day Letter](#)

Prefect Team - Leadership and Project Management Training

Thank you to our governors Tim Medcalf and Tim Glover, for delivering a very insightful and inspiring training session to our Prefect Team, giving them vital tools and strategies for getting started and managing their projects. They have some fantastic ideas and I am really excited to see them come to fruition in the coming months.

UCAS

UCAS Update

Sixty-nine students have now heard from all five of their university choices and eleven year 13s have made their firm and insurance choices. Students have received offers for a wide variety of courses including, Economics, Behaviour & Data Science, Midwifery, Horticulture, Comic & Concept Art, Motorsport Engineering, Pharmacology & Drug Discovery, Tourism Management, Post Production & Visual Effects and Fashion Marketing.

UCAS What Comes Next?

Once you have heard from all five courses you applied to you should choose a firm choice and to put in an insurance choice of university. Sounds scary but you have a deadline of 6th June to accept your choices so there is plenty of time for making decisions.

When you are making your choices you should base your decision for your firm choice of the course you most want to study. When choosing an insurance choice it should be a course with a lower offer (but you are still happy to study). This will mean that if you miss your grades for your firm choice you will still be given a place on your insurance course and won't have to go through the Clearing process in August.

Please see this [UCAS guide](#) to accepting offers.

UCAS EXTRA

Extra has now opened. It allows you to add another course choice if you have received decisions from all five, and weren't accepted, or if you declined the offers you received.

Please come and talk to Ms Moore or Ms McNicol before turning down any offers you have been made and using UCAS Extra. It may be that contacting a university and asking to change your course will be a preferable way of making a change to UCAS Extra.

EPQ and Oxbridge

EPQ Update

We are now in the final phase of this qualification. Students should have prepared their presentations and arranged a time to deliver these in front of an audience. This leaves just the final reflections and folder organisation to complete, so that final folders can be handed in the week beginning the 4 March.

All EPQ students need to be in school on Activity Day on the 5 March to ensure their projects are fully completed. This avoids any clash with the Easter mocks.

Oxbridge Update

This week students should arrange a one to one short meeting with their tutor to discuss whether they are in a position to consider an application.



MAKE GREY COURT GREEN

This week, we began working on the 'Make Grey Court Green' project, collaborating with students from a range of year groups. Research has shown that green spaces are a vital factor in the promotion of a child's social and emotional development, so we believe that this project will help enrich the everyday lives of the students of Grey Court. In our meeting, we began organising potential ideas to transform the area in front of Newman house into an eco - friendly sensory garden.

During this meeting, we went into the target area to immerse ourselves into the environment that we are going to remodel, and from this, we gained a plethora of new ideas to implement into the garden, such as ponds filled with wildflowers, wood chips paths and recycled sculptures to name a few

We expanded our efforts by taking a trip to Meadlands, a local primary school. There, we took various photos of their extensive wildlife projects that they have completed, ranging from their calm cabin, a small cabin in their wildlife area that offers students an opportunity to find some peace and quiet in the chaos of a school day to bug hotels

~ **Lemma Mohamed** (12E) and **Ginevra De Ceglie** (12D)







LIVE AT THE ROYAL ALBERT HALL

Last Sunday morning, **Noah Hall** performed his first recital as a soloist at the Royal Albert Hall as part of their Classical Coffee Mornings series. It was both terrifying and exhilarating and he did an amazing job. At Easter, he's back in the comfort zone of the National Youth Orchestra horn section, at The Royal Festival Hall - tickets are free for teens!



SPORTS NEWS



Congratulations

On 25 February, Millie Morgan competed in the London Open competition and came first in her age group. She also came joint first in the DMT (double mini trampoline). She is now preparing (her club in Kingston Trampoline Academy) for the regional qualifier to represent London in the inter region competition in September. The qualifier is on 24 March.



Congratulations

Well done to Dason Poon, who has managed to reach the finals of the British Youth Fencing Championships, being held in Sheffield this May.

Good luck, Dason!





FULHAM SIGNED SHIRT 2022-23 Season
Silent [Auction](#)



Wednesday 28 February: the U14 and U15 A teams played some great games against [@KGS_Sport](#) today. A win and loss from the teams, but a great team effort all round with some of the U14s playing up an age group. POM Bade and Honey





Tuesday 27 February: well done to the U12B, C, D & E teams who played against [@tiffingirls_pe](#). We had some very close games with some narrow loses and close wins. Well done girls!







Tuesday 27 February: the U14 rugby team had a great tournament today at [@OrleansPark](#). Thank you very much for hosting a fantastic tournament! It was great to see the team come together for the first and an amazing third place overall! Well done girls!

Tuesday 20 February: the U14A team had a great game against [@BenniesSport](#). It was great to see the team being versatile! POM Sara





Saturday 24 February: Excellent 4-1 victory for the U18 boys yesterday in the 1/4 of the Surrey County Cup. Goals from Charlie R (2), Alessandro and Daghan. Well done boys

POM

Sofia Evans

Sofia Evans is our Player of the Month for February. Sofia is an avid sports woman turning her hand to several sports, both at school and outside. This month Sofia competed in the U14 indoor borough rowing, working extremely hard to place first in the competition for a higher age group, an incredible achievement.

Sofia is an integral part of the schools Netball and Rugby squads, her positivity and determination shines through in these matches. At the Orleans Park Invitation Rugby tournament Sofia was a pivotal player, displaying her physical prowess making crucial tackles and scoring an amazing 5 tries throughout the tournament and helping her team to achieve 3rd place overall.

After a very promising start to the year and knowing how hard Sofia will continue to push herself, we look forward to seeing how far Sofia and her teams can go.



POM

Zach Sansbury

In the highly competitive Lee Valley Indoor Athletics Competition, Zach showcased his remarkable talents, contributing significantly to the U12 team's success. His standout performances not only secured the team's qualification for the final but also underscored his exceptional talent.

Zach's dedication and hard work were evident on the track, where he displayed impressive speed in the 60m race. His stellar contributions were instrumental in the team's journey to the final, exemplifying his unwavering commitment to excellence in both track and field.

Zach's performance at the Lee Valley competition was a testament to his regular practice. His achievements not only reflect his individual capabilities but also highlight how crucial hard work is.

Zach's accomplishments at the Lee Valley Indoor Athletics Competition in both track and field make him a deserving recipient of the Player of the Month accolade.



SOM

Ruby Rock

Ruby Rock has thrown herself into the wide variety of sports we have to offer here at Grey Court. Her dedication, enthusiasm and talent has been shown across Football, Cross Country, Athletics and Gymnastics. Ruby has competed in all of these sports to a high level showing commitment, hard work and her fantastic ability to work in a team as well as individually.

Ruby has showcased her Gymnastics at two Regional competitions (Milano and Floor & Vault) for the U14 girls category demonstrating great skill across the vault, floor and group routines. Throughout the year Ruby has been a key player on the U12 Girls Football team, scoring a hattrick in her first game for the team against Tiffin.

Ruby continues to develop as an athlete in Cross Country and Indoor Athletics. Ruby has competed at the Richmond Borough and Middlesex Championships whilst being at Grey Court.

Ruby also competed in the U12 Indoor Athletics team who won the overall competition by 12 points qualifying for the next round which is due to take place on Wednesday 6th March. Ruby won her heat in the 800m event, won the overall High Jump event and was part of the 4x200m relay team who came 2nd in the event. We are looking forward to seeing how Ruby gets on during the Summer Athletics season.



SOM

Phoenix Aihhevba

Phoenix has embraced his journey at Grey Court, showcasing good versatility and dedication across various sports. His standout performances with the U12 Surrey Cup basketball team and the U12 football team exemplify not only his skill but also leadership qualities on both the court and pitch. Additionally, Phoenix has impressively picked hockey up during his Wednesday morning scholarship sessions, displaying a commendable ability to adapt and excel in different sporting disciplines.

Beyond his sporting accomplishments, Phoenix's commitment extends to scholarship lessons and PE. Teachers have taken note of his dedication and positive attitude, setting a good example for his peers. It is both his lessons and sporting achievements that has made Phoenix a deserving recipient of the Sports Scholar of the Month for February. Congratulations, Phoenix, on a well-earned recognition of your outstanding contributions and achievements.



TOM

Girls' U13 Hockey

The **Girls' U13 Hockey** team competed in the England Hockey Tier 2 London Qualifiers this month. They finished top and undefeated with 4 wins and 2 draws in a tough tournament including Radnor House, Notting Hill and Ealing, St Augustine's, Teddington, Highgate and Goldolphin and Latymer.

The girls have been training really hard, gelling as a team and some starting hockey from scratch in September and playing a role in their success. Star performers: Molly Roscoe as Goalkeeper (in her first EVER hockey match! Transferring her goalie skills from football and GK skills from netball and learning the rules in 20mins, unbelievable!), Eve Archer and Ida Teggarty-Sparks for strong tackles in defence and Erin Wild for fantastic 3D elimination skills.

We are now through to finals day on 8 March. Well done, girls!!

Huge thanks goes to Neil and Teddington Hockey Club for running the sessions for the squad and coaching them on the day. We are very appreciative of the hard work to enable us to offer Hockey at Grey Court and are excited for the future.



TOM

Boys' U18 Football

The U18 football team has had an outstanding season so far, winning 8 out of 9 fixtures and scoring 30 goals along the way. They have recorded notable wins against the likes of Hollyfield, RPA, Kingston Academy and most recently, a 4-1 win in the County Cup Quarter Final against Howard of Effingham. The team played some delightful football in the 2nd half with our goals being scored by Daghan, Alessandro and Charlie R (2). The boys are looking forward to the test that the Semi Final presents and hope to go on to win some silverware for the 6th Form trophy cabinet.

Harry Davidson has been instrumental as Captain in the campaign to date and has helped harness an excellent morale amongst the well balanced side.

Good luck to the boys for the semi final!



What's on in the
neighbourhood...

and beyond



Petersham Horticultural Society Evening Talk



By James Power on 'How to Encourage Wild Bees into your Garden and The Mystery of the Petersham Bee'

7th March 2024

Doors open at 7.00 pm for a 7.30 start

St Andrews Church Hall
Church Road, Ham
TW10 5HG

Within an easy walk from Ham Common bus stops
Free bike & Car parking is available

£10 on the door
PHS members are free*

A glass of wine/refreshments are available

*Membership is £7.00 an Adult or £10 a family
purchase with cash/card at the door



Community
Sports Trust

&

I GOT
SOUL

present a collaboration...

Gymnastics x Dance Sessions



Work on your gymnastics, street
dance and break dancing skills



Classes led by specialist coaches



Ages 6 - 16



Gunnerybury
Park Sports Hub



Sign
up
now!



Contact: Tumblebees@brentfordfcst.com

TWICKENHAM ROWING CLUB

JUNIOR ROWING COURSES

AGE 12-16



**JOIN US!
REGISTER ONLINE**

**LEARN TO ROW COURSE
01/04 - 05/04
12:30 - 5:00PM**

📍 EEL PIE ISLAND
TWICKENHAM
TWI 3DY

✉️ juniors@twickenhamrc.co.uk

🌐 www.twickenhamrc.co.uk

SURBITON NERF EASTER

Special



SATURDAY 30TH MARCH

4:00 PM - 5:00 PM 6 YEARS OF AGE TO 7 YEARS OF AGE

5:15 PM - 6:15 PM 8+ YEARS OF AGE

1ST HOOK SCOUT GROUP

15 VERONA DRIVE,

SURBITON

KT6 5AJ

Richmond Music Academy

presents

SHOWTIME

8th-12th April

Calling all young musicians, join us for a fun week of musicals!

This Easter, from **Monday 8th to Friday 12th April 2024** between **9am-4pm** at **King's House School**, 68 Kings Road, Richmond, TW10 6ES.

Join our orchestra and play many famous Broadway melodies from "The Wizard of Oz", "The Sound of music", "Les miserables" & "Oliver!" and prepare for our usual Friday concert for friends and family.

Coached by a friendly team of music teachers, we prepare tailor-made parts for each student to match their abilities whilst remaining fun and challenging. Please note that students must be **grade 1 minimum** to be on the course.

Prices start at £245 for the week if you book before Monday 11th March.

To find out more about the course, please visit

www.richmondmusicacademy.co.uk

or contact us on **079 4747 3771**



LAUNCHPAD FOR BRITISH ROAD RUNNING TALENT

**Would you like the chance to represent
London Borough of Richmond
crossing the world-famous
TCS London Marathon Finish Line on The Mall?**



The **TCS Mini London Marathon championships** give the UK's most promising young athletes the chance to compete against the best new talent in British road running. Over the years, the event has launched the careers of international athletics stars including Laura Muir, Keely Hodgkinson and Josh Kerr – not to mention Sir Mo Farah, who won the Mini Marathon three times.

The **2.6km** race will be taking place on **Saturday 20 April 2024** for athletes in school years **7 to 12**.

New Balance prizes and the opportunity to meet road running royalty will be up for grabs.

QUALIFYING FOR THE TCS MINI LONDON MARATHON CHAMPIONSHIPS

Each London borough, region and home nation has a Team Manager, who is responsible for selecting a team to take part. Please scan the QR code to find out more about taking part and for the contact details of your area's Team Manager.



Want to run for fun?

TCS Mini London Marathon mass participation event follows on from the championships. It's the perfect chance for children of all ages, backgrounds and abilities from across the UK to achieve something amazing while getting active! Entries into this event are open for schools only.

Find out more:
tcslondonmarathon.com/mini



Easter Camps

WEEK 1 - 25TH - 28TH MAR (4 DAYS)

WEEK 2 - 2ND - 5TH APR (4 DAYS)

WEEK 3 - 08TH - 12TH APR (5 DAYS)

**All abilities
welcome!**

**Girls and Boys
(aged 4 - 15 years)**

**Led by former Middlesex player and
Director of Cricket at Richmond CC,
Adam London and his team**

Half Day £30

Full Day £50

10:00 AM - 12:30 PM

10:00 AM - 4:00 PM

1:30 PM - 4.00 PM

- **Hard ball & soft ball**
- **ECB accredited coaches,
DBS checked & first aid
trained**



Get ready for
**RICHMOND'S
FIRST FESTIVAL!**

MARZAMEMI

A slice of Sicily brought to Old Deer Park with live music & DJs, Italian banquets & food stalls, curated design & shopping and plenty of fun for the kids.

Mark your calendars and get ready to immerse yourself in the magic of Marzamemi!

**6-7 JULY
2024**
Old Deer Park

Launching in July 2024, Marzamemi is a one-of-a-kind event that celebrates the vibrant culture and traditions of its namesake village in Sicily.

Be prepared to be transported to sunny Sicilia, where festoon lights twinkle amid olive trees and decadent tents. Envision colourful deck chairs, bespoke furniture, and Sicilian tiled design flooring – this is an experience you won't want to miss!

Our Partners include:

Base Face Pizza

Ceraudo

Arancina



CROSTA & MOLLIKA



LINA STORES

www.marzamemi.co.uk