

Grey Court School eBulletin

22 March 2024



Contents

4	#KeepInTouch
7	The Elite Gymnastics Squad
15	KS3 + 4 News
	Marble Run
	Mr Clements
31	Attendance Matters
32	Stars of the Week
33	Extracurricular Timetable
34	Bronze DofE
	Mr Allchurch and Miss Mannion
43	British Science Week
	Ms Moran
45	Food and Nutrition
	Ms Campbell
53	Wellbeing and PDW
59	Sixth Form News
72	Sports News
91	What's happening in the Neighbourhood... and beyond



#KeepInTouch

23-24 Term Dates

School Events

Sports TT

Sport SOCS

Extracurricular TT

Education Fund

ScoPay

Breakfast Menu

Weekly Menu

Graze Menu



The Uniform Shop

Thursdays 3-4pm

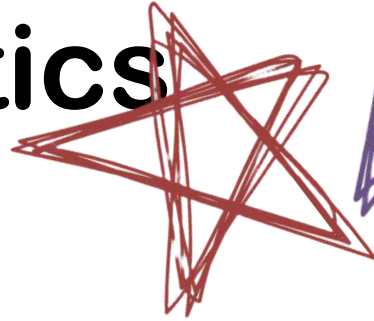
**Contact:
sniss@greycourt.org.uk**







The Elite Gymnastics Squad



The Elite Gymnastics Squad had 3 teams compete at the Milano National for the first time. We had an U19, U16 and U13 mixed team who all competed on the floor, group routine and vault.

Overall results:

U19 - 4th

U16 - 8th

U13 - 12th

Olivia S - U16 Mixed

After a 4 hour journey the U16 team arrived in Stoke where we dropped our bags off and went out to traditional pre competition dinner at Nandos. We got up bright and early at 6:40am and went down to eat a nutritional breakfast and we were off at 8:30am to the competition. When we arrived we got started on our hair and headed to warm up in the warm up arena. The team included me, Lily, Sam and Jude. Olivia, Sam and Jude completed the trio routine as well as vault. The vaults went well with all of us scoring above 14 out of 16. Sam, Lily and Jude all completed their individual routines and performed exceptionally well with a range of high skills and tumblers. Olivia, Sam and Jude performed a trio routine where all acro balances were held and the dance was very in time. We placed 8th out of a total of 16 teams. Overall it was a very fun competition and can't wait to go back in April!

Cecilie & Diana- U13 Mixed

Since the beginning of the trip the teachers were very supportive and motivational which helped with the nerves on the day. We had a great team trip to Nandos. We then went back to the hotel and prepped for the competition the next day. We had a long wait till our round, we did not compete till 6pm! Diana, Cecilie and Finley competed in the trio routine. At first the music they played was not correct, so we had to restart the routine. This can be very off putting but we stayed focused. However, once the music was correct we were able to start from the beginning where we performed our best. Ms Parr and Ms Marsh were cheering from the side-lines which encouraged us throughout. Diana, Leo and Finley performed their floor routines. Diana scored 15 out 16 which was the highest scoring floor routine in the age group. Leo, Diana and Cecilie executed great vaults. An all round great team performance!



Julia - U19 Mixed

The U19 team left early evening on a Friday night. The team went to sleep as soon as they got to the hotel awaiting an early start at 6:45 in the morning. The team left at 8 to arrive at the venue to start warming up at 9:30 and compete shortly after. Vault was the teams first rotation and all participants scored over 14 out of 16 on their vaults with Frankie and Julia getting 14.3 and James getting 15.05 which we and the teachers were pleased about. The next rotation the team competed was their individual floor routines that Iris, Julia and James performed. The third and final rotation was the trio performance where the team came second with their excellent group performance and effort scoring 25 out of 30. We came 4th overall with only a 0.5 difference from 3rd place.







Ms Parr

All teams who went to the National Finals already won their Regional competition which in itself is a fantastic achievement! We have never had 3 teams compete at this competition so it was great to see more Grey Court Students representing the school at a National level. All gymnasts worked really hard in the run up to the competition and on the day of their events. They should all be very proud of what they have achieved at this competition as they were all up against some very tough competition. We are looking forward to building on this for our next National competition in April where we will see our U14 and U19 Floor and Vault teams compete. Buy yourselves some tickets to the Gym and Dance show to watch our Gymnasts showcase their amazing talents on Tuesday 26 March.

Ms Marsh

It was an absolute pleasure to take our finest gymnasts, all Regional Champions, through to the Nationals once again. I'm extremely proud of each and every one of them who have worked tirelessly in the morning training sessions and in additional sessions ahead of this renowned competition. To wake up and be at school for 7.20am every Tuesday morning, through the wet, cold and windy winter months is no easy feat and to see their hard work come together on the stage in front of schools all over the country (and Wales) was a joy. Congratulations to all the gymnasts, thank you to all the parents and carers and especially to the coaches from Brentford Gymnastics and Ms Parr for their vision to see these children succeed.





Grey Court Gym & Dance Show 2024

**Come along to watch our fantastic
gymnasts and dancers perform!**

Doors open at 6:30pm

The show will begin at 7:00pm

£4 for children

£6 for adult

Payment available on Scopay or on the door

**A tuck shop will be available on the night. All
proceeds will go back to Grey Court
Gymnastics and Dance.**

Tuesday 26 March



KS3+KS4 News



YEAR 7

We are nearly at the end of the Easter term!

This week, on Wednesday, Y7 students took part in Grey Court's international festival. The students attended a festival set up and run by sixth form students celebrating the different cultures and heritages in the school. Stalls were set up representing a huge variety of countries - featuring different fashion, food and games as well as a Quiz! Thanks to Mr Clements, Mr Taylor and the Sixth form students for putting the event together.

Some more sporting success this week! On Saturday Teddington Hockey Club hosted a school's hockey tournament. We had a boys and girls side which was made up of students from Y7 and Y8. I am pleased to say that the boys side managed to win the tournament - only conceding one goal in the process. The girls also did fantastically well - narrowly losing in the final on a massive well done also to the Girls Rugby team who were victorious at the tournament earlier this week! penalty shuffles. Well done to all!

On Wednesday Night were the MOGO awards. It was fantastic to see so many students taking part in the event. The Musical performances were fantastic! Amazingly the winners of the night were a band from Y7 - Daniel H, Arian S and Rory M and their band 'RADIOACTIVE' were voted the winners by the audience for their version of the Oasis hit 'Rock'n'roll Star'. It was an amazing performance and we were lucky enough to have them perform in our celebration assembly on Friday.

On Friday was our Easter Term Celebration assembly. A huge well done to the year group for all their achievements this half-term. An especially big well done to the winners of this term's tutor award for their Outstanding achievements or their kindness.

Mr Day, Head of Year 7

Year 7 Pi Day

Pi Day - An Infinitely Great Day!

Last Thursday (March 14th) Grey Court celebrated Pi Day 2024.

Why March 14th?

We write the 14 March as 14.3 but in other countries around the world it is written as: 3.14 The first 3 digits of Pi.

To celebrate, all Form Groups took part in the Pi Day Dingbat Challenge! A few of these have been included so you can test yourself at home!

Our Year 7s all took part in our annual Pi Day Interactive Quiz where they worked in teams to answer some delicious Pi based questions. The engagement was fantastic with special shout outs going to **Alex, Emilia, Darius** and **Waleed** (7B) who all scored the highest score in the year with 85%!

It was a great day and we are already counting down until next year!

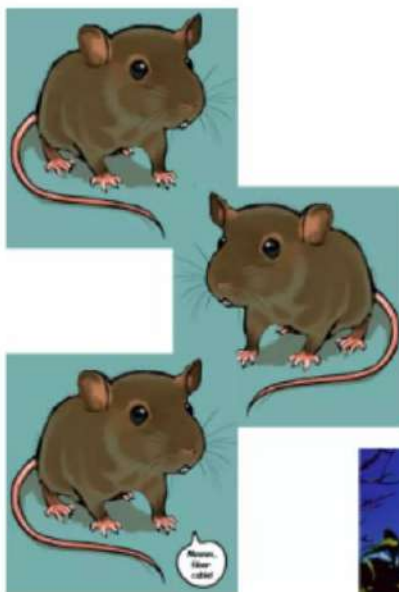
Mr Luniss, Maths Teacher

Pi Day 2024



3.14159265358979323846264338327950288419716939937510...
 π Day!

π



"of the"





π

Activate Windows
Go to Settings to activate Windows.



x

π



π ping

It's been a busy week with career-related activities taking place throughout the school.

After National Careers week, Year 7 have been looking at their dream jobs and sharing their aspirations with their tutor groups. We want our students to start thinking about their strengths and interests and how this can link into future jobs.

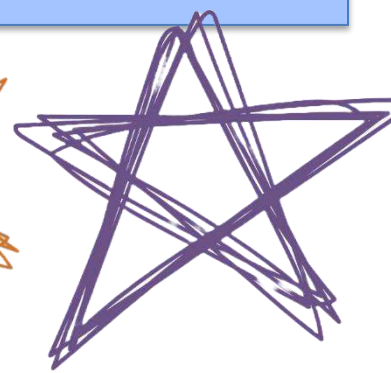
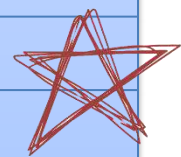


Year 7 Careers Update

Year 7 STARS OF THE WEEK



FORM	AWARD	STUDENT	REASON
7A	KINDNESS	Nina F	For always wishing me a good day and for always asking how I am. Nina is a real asset to 7 ash and is extremely polite and kind to all teachers and students
7A	OUTSTANDING TUTE	Nathan A	For being an all rounded student who has excelled in all his subjects. Nathan always goes above and beyond and has really got stuck in to life at Grey Court. He is a delight to have in form - keep up the good work Nathan!
7B	KINDNESS	Alex M	For always offering to help with any class chores that need doing. Alex is always incredibly polite and kind to his classmates and staff.
7B	OUTSTANDING TUTE	Robert C	For being a role-model student and brilliantly balancing his devotion to sport with commitment to his academic progress and behaviour.
7C	KINDNESS	Liya D	For her patience, support and kindness to everyone around her.
7C	OUTSTANDING TUTE	Charles W	For outstanding effort in everything he does - well done!
7E	KINDNESS	Sasja T	For always offering to help around the classroom during form and going above and beyond to be polite and kind to others. Well done!
7E	OUTSTANDING TUTE	Theo H	For excelling in school life and outstanding participation in form activities - well done and keep it up!
7M	KINDNESS	Feidhlim B	For always being a ray of sunshine every day and spreading positivity to everyone (although occasionally knocking over his chair in enthusiasm...)
7M	OUTSTANDING TUTE	Laila T	For your constant effort and positivity every day - well done!
7O	KINDNESS	Evie S	For starting every day with a smile, for the kind things you say to me and your classmates that really help them through the day - thank you Evie, you are a star!
7O	OUTSTANDING TUTE	Aayuka D	For consistently being a role model in his behaviour, attitude, focus and thoughtfulness - Aayuka, you are a shining light and a privilege to have in our form.
7R	KINDNESS	Rahim A	For always being kind, helpful and polite to both staff and classmates.
7R	OUTSTANDING TUTE	Aisha C	For being a kind and caring member of the form.
7W	KINDNESS	Arran L	For always being so patient and sharing his kindness with everyone! Arran you have proved to be such a brilliant friend this term, well done!
7W	OUTSTANDING TUTE	Edith B	For being such a wonderful part of our form and for being a good person in general! It is such a privilege to have you in our class Edith, well done!



Marble Run

The job of a Deputy Head teacher has thrown up a number of challenges over the last term: jousting with Ofsted inspectors, coaching the U18 girls' football team, squeezing the whole of year 9 into the 317 bus every day whilst appeasing members of the public, chasing squirrels off the site, negotiating with Russian language tutors (in Russian) and outstaring Mr Nair. These are just a few tasks my English and American studies degree never prepared me for! However, none were more daunting than the challenge of teaching DT to 7CE for a rotation!

To put my DT skills into some sort of perspective - I once had to make an emergency call to a local carpenter to complete the Sylvania house I had been instructed to build for my children in time for Christmas. Even worse was to come two years later on holiday in France - when this time - much to the disgust of my children - a French patriarch louchely smoking a gitane, repackaged in three seconds the pop-up *Decathlon* tent I had spent several hours trying to fold into its carry-on bag. The look of pity from a nearby French family still unleashes waves of anxiety in me whenever I crack open a Kronenberg seize-cent-soixante-quatre.

So when our much loved and respected Australian DT teacher resigned to go skiing with his mother in Switzerland and Mr Rhodes announced that 7CE were "all yours for a double Mr McCloud," I spent a number of sleepless nights watching *Grand Designs* on a purgatorial negative equity style loop.

Moreover, a short peruse of the "Dyson school of engineering website" and before you could say "Fear is a good motivator" to paraphrase the inventor of the V11 Cordless vacuum, I had found a cutting edge DT engineering scheme that would literally run and run!

And so a four week opus entitled: "The Elgin Marble Run" was born. (I later dropped the Elgin in the spirit of political correctness/diversity). The scheme - rather than being daunting - ended up involving all my favourite educational pursuits - pursuits that I feel secured the latest, Ofsted "outstanding" mantle. These included watching inspirational YouTube videos of Lego marble run Olympiads lasting 5 minutes, setting homework that encouraged year 7s to climb into their recycling bins to rescue egg boxes and encouraging break time odysseys in search of glass nails owned by Mr Willmore. However, the design masterstroke was the invitation to the class of 30 that "I'm sure Mr Day wouldn't mind if you stored all of your materials in his office."

My favourite aspect of this new D.T career has been the fact that if given an exciting challenge: "Who can build the highest marble run that has the fastest descent, one technological innovation and is decorated in a mid-century modernist style?" children will spend weeks working semi-autonomously to achieve this grand design. You just have to submit at regular intervals to their demands for glue guns, double sided sticky tape, felt tips, paints, Lego, Meccano, the password to *Tinkercad* and the odd halal sweet!



So well done to 7CE for entertaining me for the last four weeks - kudos to Luisa, Layla and Zoya for their amazing “Wonka” style marble run featuring a hot air balloon; to Harry, Jasper and Ashton for their *day of the dead* style marble aesthetic, and to Rory, Luca and Zach for introducing me to the delights of *Tinkercad* as well as running numerous errands. Finally double kudos to young James Flood for travelling home on the 317 bus with his marble run under his coat as well as arriving at 7.45am yesterday morning for a trail run of the run in my office!

In fact such has been the students’ enthusiasm for the Marble run initiative that even my own office has been turned into a marble run emporium. This has meant numerous highly important and strategic Deputy head style meetings with parents, governors, and even the local origami association have been interrupted by members of 7CE desperate to test, photograph or perfect their monuments to speed, aesthetics and innovation! My guests must have thought I’d lost my marbles!

Mr Clements, Deputy Head



Richmond Rugby

The **23 March** is a big Club Day at Richmond Rugby where there will be teams from all sections of the club - men, women and kids - playing at the Richmond Athletic Ground.

The U12 Boys have matches against a touring team from Gloucestershire who are coached by an ex-Richmond 1st XV player.

These will start at around 1pm (meet 12.30pm).

After the matches, all players will get free food and then take part in a 'guard of honour' on the 1st XV pitch before they take on top-of-the-table team Chinnor in what we expect will be a thrilling match in front of a bumper crowd.

Both a brilliant atmosphere to enjoy and a wonderful rugby learning opportunity.

The 23 March will be the perfect opportunity to introduce any boys loving their rugby who don't already have a club to a Club environment.

Please contact:

Neil Darke, U12 Boys Head Coach at Richmond Rugby either by email: neil.darke@btinternet.com or mobile: 07767 371 633

YEAR 8

Year 8 celebrated Red Nose Day by running multiple stalls at lunchtime including sponge the teacher and tug-of-war. It was a fantastic event and they raised over £140 in profit that could go to charity. Well done to everyone who was participating in running the stalls.

Well done to Elm who have finished their enterprise week with some creative ideas going on, including a FIFA tournament with one of the students hooked up his Xbox to the network and conducted a tournament amongst some of the students. We had over 30 students enjoying spectating as well as playing. We are continuing to have a big push on our uniform standards in the final week of term and with half term approaching it's a perfect opportunity to replace any items of uniform that students may be growing out of. After Easter holidays, the polo shirt is able to be worn.

A huge well done to all the year 8 students that were competing at the MOGOs, there is such a lot of talent in the year group and it was a pleasure to see.

Mr Ridley, Phase Leader Y8 and Y9

Careers Update

Year 8 have been using the careers programme [Unifrog](#) to start their Careers Challenge as part of Gradu8. Students have to produce a PowerPoint on 3 careers they might want to pursue in the future and they started this in their lessons.

Ms Corrighan and Ms Holmes, Careers Team

YEAR 9

This week Year 9 have successfully submitted all their options for their GCSE's. Thank you all for your support and guidance at home during this process. The options allocations will be confirmed and emailed to parents and students towards the end of June.

Next week we have our celebration assembly which will allow us to celebrate all of the fantastic achievements seen this term from our wonderful students!

Ms Woods, Head of Year 9

YEAR 10

Cuban Salsa Workshop

10A Spanish students had an hour and a half salsa workshop in the drama studio with salsa instructor Sean Douglas, who explained the history and roots of salsa music and dance in Cuba. The class also danced a variety of salsa moves, rumbas and pair work too - great effort guys!

The Year 10 class included:

- Niana Karikari
- Kaila Byrne
- Ryan Farahmand
- Yavuz Seyis
- Lawrence Mezzetta
- Mitchell Reader
- Isabella Agraviador
- Laura Wise
- Rosie Bowers
- Isabella Worth
- Eshwa Haidrani

Ms Handzar-Maldonado
MFL KS4 Coordinator





YEAR 11

Everyone must be breathing a sigh of relief (and whooping for joy) that we have Easter holidays in under a week's time. It has been a hectic term to say the least, especially with our uniform drive in the run up to the end of term. I have seen huge improvements in uniform standards, so thank you to Year 11 and their tutors for this.

We have our Celebration Assembly on Monday - the last one Year 11 will share together and I am excited to share and celebrate the wonderful achievements and hard work of our incredible students to date this year. It would be great to see every member of Year 11 there on time so we can really commemorate those who have been nominated for awards and see tutors race for quiz prizes and Easter treats.

This leads me on to a not so cheery topic, attendance. I was quite shocked and dismayed to see that attendance for year 11 was at an average of 83% last week. This falls well short of our 96% attendance target and does not signify a mindset for success. A 5% drop in attendance is equal to a whole grade less achieved at GCSE level, so this is averaging 3 grades less than our Year 11s are capable of. I appreciate that it is an extremely stressful and anxiety inducing time, but being at school is the only way to combat this and to ensure that the work and vital revision for results and exam success are being completed. We have the Student Support Officers and Pastoral team to support those who are feeling the pressure, but I would appreciate parents and carers rallying round to instil resilience in our Year 11s and ensure they make the most of the school time that is left. Exams are just around the corner and without being at school, Year 11 will simply underachieve.

Please look out for an important letter coming home from Mr Gordon Walker about Easter revision, exam timetables and passport to success. Year 11 now must have everything focused on their exams, and this outlines the different things we have put in place to help them.

PDW next week will give Year 11 to plan their revision over the Easter holidays, with detailed revision timetables printed for them and top tips for revision planning, to get their heads in gear for what lies ahead. They will use their exam timetables to prioritise their learning and learn how to factor in the all important sleep, relaxation, socialising and wellbeing time, too.

Thank you to all of those who have responded regarding the ROA and Prom. A plea from me to complete the google forms sent out last week so we can plan these events and make them memorable for all.

Have a fabulous, revision-filled Easter break!

Miss Clark, Head of Year 11



PROM POP UP SHOP

*Dresses, suits, bags,
shoes, Jewellery and
other accessories.*

*Unique and stylish items
available at bargain
prices.*

Saturday 20 April 9am-5pm

Mind Shop Ham

27 Upper Ham Road, Ham, Kingston Upon Thames KT2 5QX

ATTENDANCE MATTERS

11 March to 15 March

Year Group	Attendance %
Year 7	98.1%
Year 8	95.6%
Year 9	94.9%
Year 10	95.4%
Year 11	93.3%

Tutor Group	Attendance %
7 Maple	99.4%
8 Oak	97.8%
9 Ash	98.4%
10 Cedar	99.1%
11 Beech	96.5%

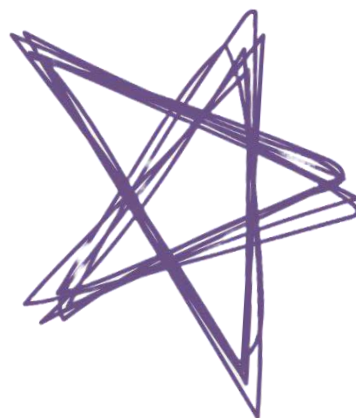
Weston's Winners

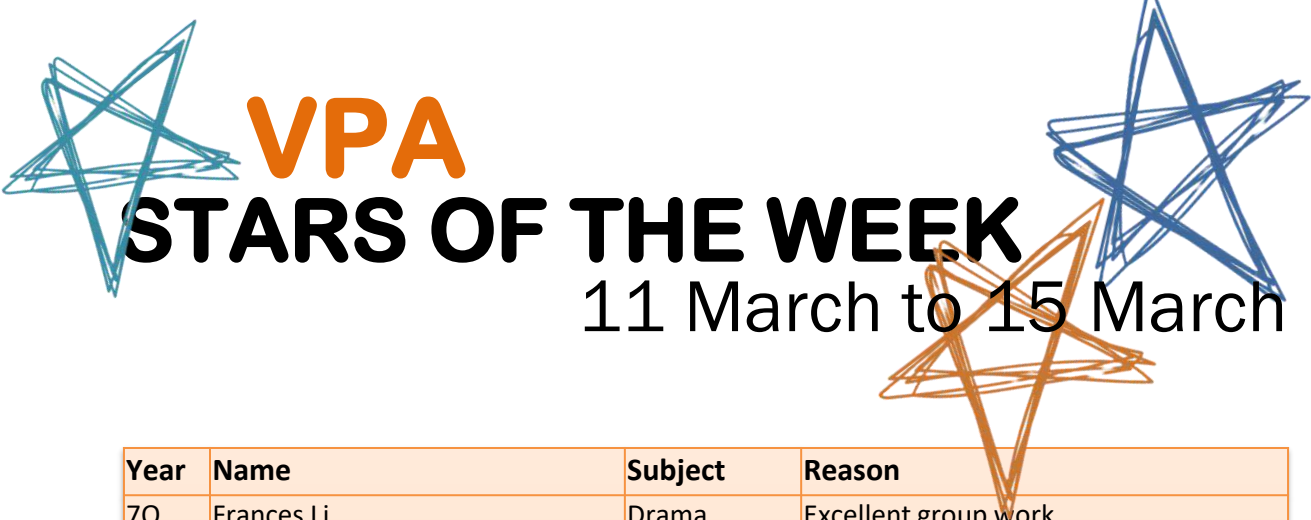
Congratulations to the following students:

£5: Darius A, Titus N, Ollie D

£10: Arran L, Ali V

£20: Heison Y





Year	Name	Subject	Reason
7O	Frances Li	Drama	Excellent group work
8M	Tallulah Wildey	Drama	Excellent engagement in class
9E	Sophia Prawdziak	Drama	Excellent engagement in class
10R	James Glanville	Drama	Outstanding achievement
11O	Willis Chan	Drama	Excellent progress in the subject
12F	Yael Erasmus	Drama	Excellent contributions
13B	Clara Bing	Drama	Excellent progress in the subject
7R	Olivia Coleshill	Music	Excellent contributions
8M	Spencer Hunt	Music	Excellent progress in the subject
9A	William Shaw	Music	Excellent progress in the subject
10W	Enoch Tang	Music	Excellent contributions
11M	Harjeet Baryan	Music	Excellent engagement in class
7C	Zoya Malik	Art	Excellent classwork
8O	Amy Curley	Art	Excellent homework
9C	Isla Reindorp	Art	Excellent engagement in class
10M	Herbie Henry	Art	Excellent progress in the subject
11R	Maria Djukic	Art	Excellent progress in the subject
12G	Nela Hrckova	Art	Outstanding achievement
13F	Sara De Vicente	Art	Excellent progress in the subject
10M	Alex Voronka	Music Technology	Excellent classwork
11C	Joshua Harwood-White	Music Technology	Excellent classwork
13F	Matthew Ingram	Music Technology	Excellent progress in the subject
10B	Noah Cervantes	Creative Media	Outstanding achievement
11W	Estelle Itorho	Creative Media	Outstanding achievement
12A	Helena Ferreira Dias	Creative Media	Excellent classwork
13B	Max O'Connell	Creative Media	Excellent engagement in class
12F	Izzy Southard Woodard	Photography	Outstanding achievement
13A	Tea Halls	Photography	Outstanding achievement

EXTRACURRICULAR CLUBS

Extracurricular TT



Bronze DofE Tent Training

This year's 90+ Year 9 Bronze DofE participants successfully completed their third week of training last week. Tents in hand, but mostly lacking the waterproof clothing I recommended they bring with them, each group rushed off to the school field to put up and pack away their tents, twice. A couple of groups beat the weather, but luckily we only had a little shower (well two if you include a few of the tears!).

Mr Allchurch and Miss Mannion













DRAWING MATTERS

'Drawing Matters' is run by experienced practicing artists, Stuart Simler and Tahira Mandarino, who bring with them a broad range of skills from Fine Art and Ceramic backgrounds at BA, MFA (Hons). This course is for all pupils who have an interest in Art and especially drawing, which is an important part of childrens creative development. We encourage freedom of expression alongside learning new techniques and skills.

2024

Grey Court

Dates & Times:

22nd April - 1st July: Mondays 3.15 - 4.15pm

Year Groups: 7 to 10

Cost: £105 - 9 weeks (all materials included)
(no class: 6th & 27th May)

How to apply:

If you would like to book a place for your child on these classes please email:
Tahira: tahiramandarino@icloud.com

Payment terms BACS: Company name: Raw Ground Arts Limited

Sort: 40-26-12 Account: 32189860

Cheques made payable to: Raw Ground Arts Limited and sent to:
56 Cedar Avenue | Twickenham | TW2 7HE

Grey Court School is keen to ensure this opportunity is open to all students. Should you wish for your child to take part but need financial assistance, please contact C. Bowie: cbowie@greycourt.org.uk

We look forward to welcoming your young artist onto the course.

Stuart & Tahira

*For terms and conditions please visit: <https://www.rawgroundarts.com/drawing-matters>

**RAW
GROUND
ARTS**

RG

www.rawgroundarts.com
LONDON



CLICK PHOTOGRAPHY @ Grey Court School

Our Year 7-10 & DofE Photography Club is a fun and exciting introduction to Photography. Looking forward to an action-packed Summer term. Canon Dslrs included

Summer 2024

Topics include **Vortography**, **Summer Colour**, **Richmond Bridge**, **Jump**, **Forced Perspective**, **Filters**, **Eyebombing**, **Small World**

Classes are on Thursdays and begin on May 2nd 2024
Sessions 3.10 - 4.10pm. 9 weeks Fee £90

Click Photography Workshops is run by award winning reportage photographer Philip Hollis & Sheridan Morley, former Nikon UK Fashion Photographer of the Year

To book a place please email clickschools@gmail.com

or use the booking form on our website

clickphotographyworkshops.com



A new FREE Art Club for young people ages 14-18. The first session will be on Saturday 23 March from 2-3.30pm at Stanley Picker Gallery

<https://www.stanleypickergallery.org/events/participation/community/14-18-art-club/>



KINGSTON



ART
CLASSES
FOR
SECONDARY
SCHOOL
STUDENTS



art-k.co.uk

Email: Kingston@art-k.co.uk Phone: 07385 890738

British Science Week

QUIZ winners

Well done to...

8 Rowan (third place)

11 Maple (second place)

11 Ash (first place)



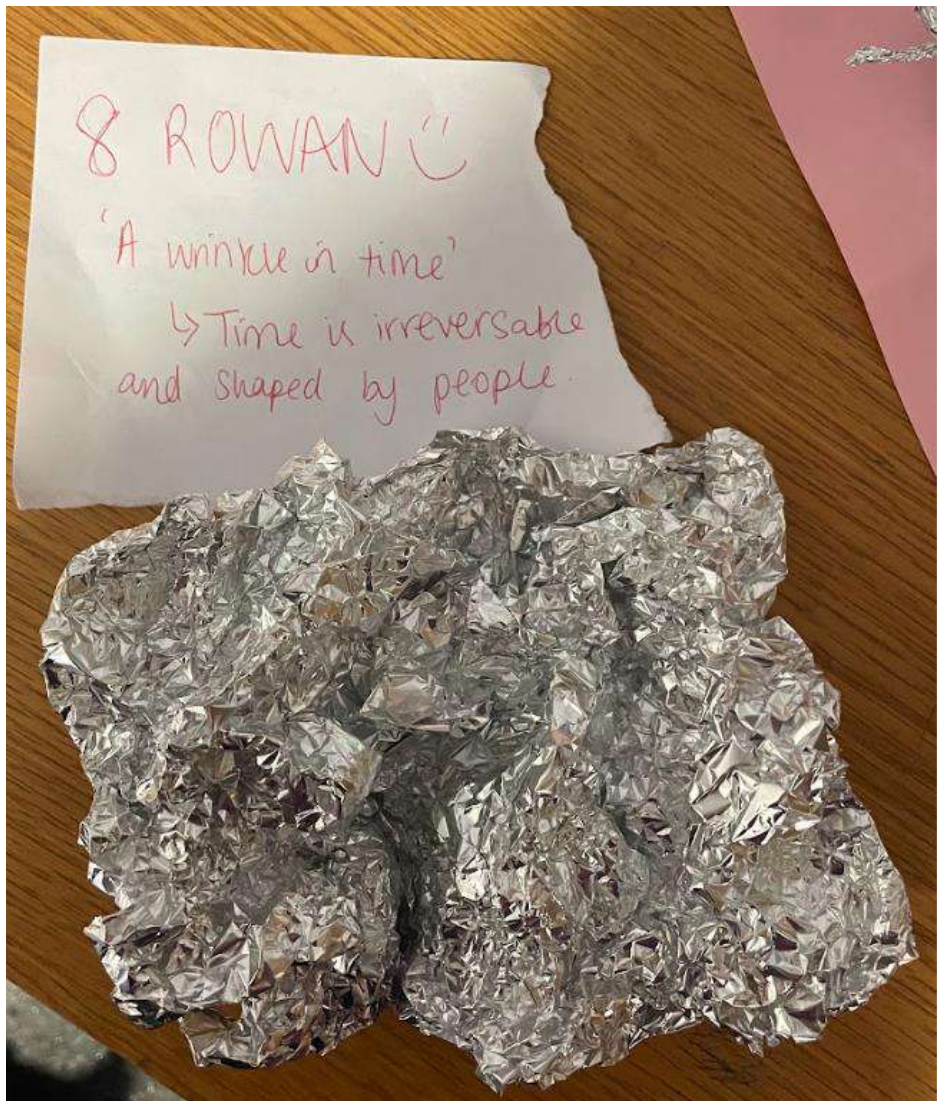
FOIL challenge winners

For the foil challenge, we had a beautiful array of watches and clocks but the winners were:

8 Rowan (third again!)

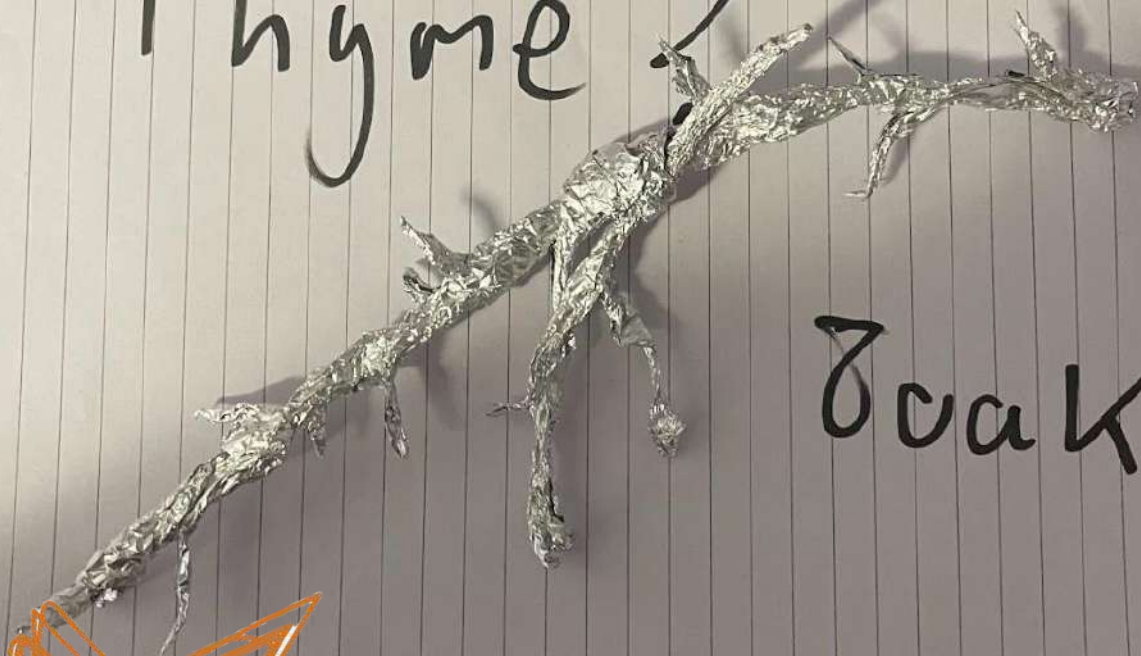
8 Oak (second)

11 Oak (first)



Thyme?

Oak



II OAK



This piece is symbolic of the four seasons, a leaf for ~~at~~ autumn, a stick for winter, a ~~leaf~~ flower bud for spring and a blooming flower in summer. Time passes each and every year, but how do you know without a clock? Simple. Time is a measurement of change and nature is always changing.

Food and Nutrition



Chef of the Week

Arthur Newcombe

Arthur worked with speed and precision in his last lesson of his food rotation.

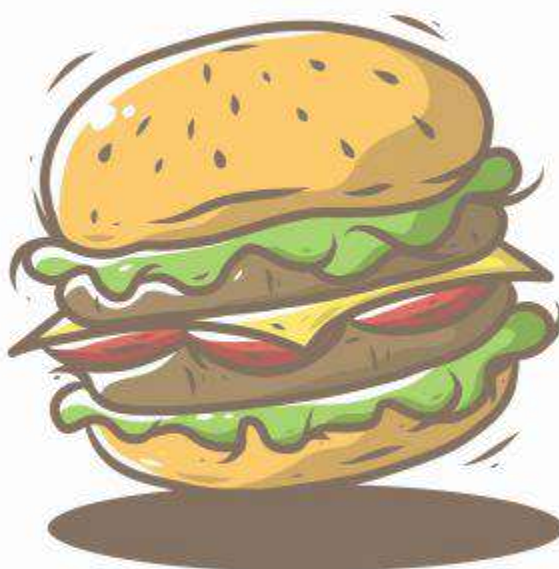
His burger and burger buns looked outstanding, in fact he worked so fast we didn't even get a chance to snap a photo of his work before it was eaten.

Well done, Arthur!

Recipe of the Week

A homage to our key stage 3 students, this week's recipe of the week is the classic 'cheeseburger' and homemade bread rolls.

Year 8 really loved making these this week, although we appreciate it was difficult for our students fasting, but still thoroughly enjoyed.



Ingredients

1kg [minced beef](#)

300g breadcrumbs

140g [extra-mature or mature cheddar](#),
grated

4 tbsp Worcestershire sauce

1 [small bunch parsley](#), finely chopped

2 [eggs](#), beaten

To serve

split burger buns

[sliced tomatoes](#)

[red onion](#) slices

[lettuce](#), tomato sauce, coleslaw, wedges
or fries

Method

STEP 1

Crumble the mince in a large bowl, then tip in the breadcrumbs, cheese, Worcestershire sauce, parsley and eggs with 1 tsp ground pepper and 1-2 tsp salt. Mix with your hands to combine everything thoroughly.

STEP 2

Shape the mix into 12 burgers. Chill until ready to cook for up to 24 hrs. *Or freeze for up to 3 months. Just stack between squares of baking parchment to stop the burgers sticking together, then wrap well. Defrost overnight in the fridge before cooking.*

STEP 3

To cook the burgers, heat grill to high. Grill burgers for 6-8 mins on each side until cooked through. Meanwhile, warm as many buns as you need in a foil-covered tray below the grilling burgers. Let everyone assemble their own, served with their favourite accompaniments.

Cheeseburger Recipe

Bread Roll Recipe

Ingredients

500g [strong white bread flour](#), plus extra for dusting

7g sachet fast action yeast

1 tsp [white caster sugar](#)

2 tsp fine salt

1 tsp [sunflower oil](#), plus extra for the work surface and bowl

Method

STEP 1

Tip the flour, yeast, sugar, salt and oil into a [bowl](#). Pour over 325ml warm water, then mix (with a spatula or your hand), until it comes together as a shaggy dough. Make sure all the flour has been incorporated. Cover and leave for 10 mins.

STEP 2

Lightly oil your work surface and tip the dough onto it. Knead the dough for at least 10 mins until it becomes tighter and springy – if you have a [stand mixer](#) you can do this with a dough hook for 5 mins. Pull the dough into a ball and put in a clean, oiled bowl. Leave for 1 hr, or until doubled in size.

STEP 3

Tip the dough onto a lightly floured surface and roll into a long sausage shape. Halve the dough, then divide each half into four pieces, so you have eight equal-sized portions. Roll each into a tight ball and put on a dusted [baking tray](#), leaving some room between each ball for rising. Cover with a damp tea towel and leave in a warm place to prove for 40 mins-1 hr or until almost doubled in size.

STEP 4

Heat the oven to 230C/210C fan/gas 8. When the dough is ready, dust each ball with a bit more flour. (If you like, you can glaze the rolls with milk or beaten egg, and top with seeds.) Bake for 25-30mins, until light brown and hollow sounding when tapped on the base. Leave to cool on a [wire rack](#).

KS3 Update

Food provenance was the focus this week for year 9, using British staple foods to make their own Shepherd's pie. A lot of organisation required to produce this timeless classic and year 9 pulled it off with ease. These students continue to impress us with their maturity and interest every single rotation. Keep up the good work year 9.

Our year 8 students have come to the end of their current rotation, and whilst they have been wonderful we can't wait to welcome the final rotation of year 8 students this academic year.

First up will be chicken skewers and learning about those critical temperature zones when cooking, but first some photos of our year 8's making their burgers.





A new rotation of year 7's can only mean one thing, a fresh approach and introducing our excited chef's into the food room. This week they have covered the basics of safety and hygiene before getting straight in by making their own fruit salad, and as the weather has taken a turn it is nice to have fresh, fruity dishes being prepared in the food room. We witnessed some promising cooks this week and wonderful outcomes in the first lesson.

KS4 Update

KS4 cooks will be back after the Easter break when they move onto their new GCSE topic, food provenance, focusing on where foods come from.

We also wish our year 11 students the best of luck as they complete their coursework and prepare for their GCSE exam which is looming after the Easter holidays.

Ms Campbell, Head of Food and Nutrition

Wellbeing and PDW



Monday 18 March to Friday 22 March

Year 7	Attending KS5 International Festival
Year 8	How does online gaming perpetuate gender stereotypes?
Year 9	What can you do if... someone is struggling with their mental health
Year 10	How can you establish clear sexual boundaries?
Year 11	RS/computing Y11 – Ethics & iDEA

Monday 25 March to 28 March

Year 7	How can 11 people go to jail for 1 murder? Joint enterprise
Year 8	What are Echo chambers?
Year 9	What can you do if... you're worried about County Lines
Year 10	What is child sexual exploitation?
Year 11	TBC



[How to help your child manage exam stress](#)



Webinars

How to address co-parenting issues in families impacted by ADHD with Melissa Orlov, Marriage Consultant and Author, The ADHD Effect on Marriage and The Couple's Guide to Thriving with ADHD

26 March 2024 8pm-9.30pm

This seminar will cover: Emotional dysregulation in both parents and children - how do you navigate blow ups? How to show a united front with kids when parents are struggling and not always united. Non-ADHD partners feeling as if they are in a position of being the bad guy and the ADHD partner being the fun parent. What parents need to do to effectively launch teens with ADHD to aide in the teen's long-term success.

All Kinds of Everything Family Workshop with Sue Robson, SEND Transitions Advisor at Ruils

23 April 7.30pm-9.30pm

This webinar will cover a 2 hour whistle stop run through of all the things that might affect a young person from age 14 onwards. While it is aimed at families with young people who have a learning disability, much of it would be relevant to families with young people without a learning disability but have ADHD or another neurodevelopmental condition.

[Click here to view/book upcoming events](#)

CHILL, THRILL, INPSIRE,

Fourteen



Sarah Tucker

From the bestselling author of The Playground Mats comes a book designed for 11-14 year olds to help them manage their parents...

WORKSHOP FOR SELF ESTEEM FOR TEENAGERS – 13 – 14 YEARS.

THREE HOURS OF YOGA, MEDITATION, VISUALISATION, SELF DEFENCE
TRAINING, ART THERAPY WHICH WILL LEAVE YOUR TEENAGER FEELING
FOCUSED, CONFIDENT, CALM AND INSPIRED.

10 – 1 PM

APRIL 11TH – 14TH

£40 per day for 3 hours

ELEVATE STUDIOS, ABOVE RICHMOND STATION,
MAX TEN PERSONS.

CONTACT CHRIS OR SARAH ON 07990946135

MATS AND BLOCKS PROVIDED

REFRESHMENTS PROVIDED

WEAR LOSE CLOTHES AND BRING A BLANKET AND CUSHION.



Counselling and Therapy

Morag Shrafeddin is a qualified Counsellor with a Masters from Roehampton University in Integrative Counselling and Psychotherapy specialising in work with Children, Adolescents and Families. She also works in Fulham as a School Project Manager with the school counselling service Place2Be.

Morag is dedicated to supporting children and adolescents with their emotional well-being and personal growth. With a compassionate and client-centred approach, she aims to empower children and young people to overcome challenges and thrive in their lives.

Morag Shrafeddin

Specialist in Children and Adolescent Therapy
(MA Roehampton University)

(M) 079 5639 2216

(E) morag@shrafeddins-therapy.co.uk

(W) shrafeddins-therapy.co.uk



MONDAY



4 Notice how you speak to yourself and choose to use kind words

11 Stay fully present while drinking your cup of tea or coffee

18 Have a 'no plans' day and notice how that feels

25 Focus your attention on the good things you take for granted

TUESDAY



5 Bring to mind people you care about and send love to them

12 Listen deeply to someone and really hear what they are saying

19 Cultivate a feeling of loving-kindness towards others today

26 Choose to spend less time looking at screens today

WEDNESDAY



6 If you find yourself rushing, make an effort to slow down

13 Pause to watch the sky or clouds for a few minutes today

20 Focus on what makes you and others happy today
daysofhappiness.net

27 Appreciate nature around you, wherever you are

THURSDAY



7 Take three calm breaths at regular intervals during your day

14 Find ways to enjoy any chores or tasks that you do

21 Listen to a piece of music without doing anything else

28 Notice when you're tired and take a break as soon as possible

FRIDAY

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture and smell of your food

15 Stop. Breathe. Notice. Repeat regularly

22 Notice something that is going well, even if today feels difficult

29 Choose a different route today and see what you notice

SATURDAY

2 Notice three things you find beautiful in the outside world

9 Take a full breath in and out before you reply to others

16 Get really absorbed with an interesting or creative activity

23 Tune into your feelings, without judging or trying to change them

30 Mentally scan your body and notice what it is feeling

SUNDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

17 Look around and spot three things you find unusual or pleasant

24 Appreciate your hands and all the things they enable you to do

31 Discover the joy in the simple things of life



SIXTH FORM NEWS



YEAR 13

The Easter Trial exams will take place from Monday 25 March onwards. The exam booklet has been sent to the students and can be viewed using this link. [Exam booklet](#)
[Trial exam timetable](#)

Study leave was awarded based on attendance and punctuality and those who have not received it have been notified that they are expected to register in the Physics lab at 8:30 every morning as we feel they would benefit from the structure and support that school offers, especially as they have missed out on the support that has been provided during tutor time periods.

It is important to note that lessons will continue as normal for the BTEC subjects, Art and Photography and that students are expected to attend all lessons unless they are in another exam.

YEAR 12

Higher Education Evening Thursday 18 April 6.30-7.30pm in the main school hall.

Please note: this evening is aimed at parents - students will be given the information in sixth form.

We will be hosting our Higher Education information evening on the 18 April. During the evening we will guide parents through university applications and how we support the process at Grey Court Sixth Form, including key dates and deadlines. We will have a representative from Winchester University who will be talking about the application process from the point of view of university admissions officers. We will be including information on:

- Finding the right university course
- Writing personal statements
- Student finance
- How to search for potential scholarships
- Studying abroad
- Gap years
- University open days

Our [Higher Education Booklet](#) has lots of useful information about applying to university, student finance and how to make the best of student life.

UCAS Discovery Fair: 18 March

On Monday 18 March all year 12s visited the UCAS Discovery Fair at the ExCel centre. There were over 100 universities and other providers represented and it provided a convenient way for year 12s to talk to representatives from a huge range of higher education providers.

On the 5 March, year 12s visited the Apprenticeships Fair at The London Oval to see what level 4 and degree apprenticeship pathways are available to them.

We hope these two trips have left our year 12 cohort with a better understanding of post-18 options and how to achieve their goals.

UCAS What Comes Next?

Once you have heard from all five courses you applied to you should choose a firm choice and to put in an insurance choice of university. Sounds scary but you have a deadline of 6 June to accept your choices so there is plenty of time for making decisions.

Many students will have received invites to Offer Holder Days. This is the best way of helping students choose the best course and university for them. You should look at not just the university but the city or town where it is located. Consider factors such as whether you like the set up of a campus university or a university spread across a city. Think about where you might live in the second year when you will not be living in university accommodation. You might want to think about whether there will be opportunities for part time work to help supplement your living expenses. Check out transport to and from university - how long will it take you to get there and arrive in time for your 9am lecture? How long will it take to get back to your family home and how much will it cost? What social activities does the student union offer?

When you are making your choices you should base your decision for your firm choice of the course you most want to study. When choosing an insurance choice it should be a course with a lower offer (but you are still happy to study). This will mean that if you miss your grades for your firm choice you will still be given a place on your insurance course and won't have to go through the Clearing process in August.

Please see this [UCAS guide](#) to accepting offers.

UCAS Extra

UCAS EXTRA

Extra has now opened. It allows you to add another course choice if you have received decisions from all five, and weren't accepted, or if you declined the offers you received.

Please come and talk to Ms Moore or Ms McNicol before turning down any offers you have been made and using UCAS Extra. It may be that contacting a university and asking to change your course will be a preferable way of making a change to UCAS Extra.

Student Finance

Full-time undergraduate 2024 to 2025 applications are now open! It's quick and easy to apply, it should take less than 30 minutes. To make sure you get your funding in place for the start of your course: new students should apply by 31 May 2024.

Use this link to start your application [Student Finance England](#). If you have any questions about student finance look at the UCAS pages [Student Finance - Everything you need to know](#).

EPQ Update

Completed folders should all now be with student supervisors. These need to be printed and tagged together in the order specified on the Google classroom. The only element that currently remains electronic is the log book. However, this also needs to be completed for this stage of grading. There are no more formal sessions for this qualification.

Oxbridge Update

Students who attended last week's meeting in enrichment, now have a range of tasks to compete via the assignment on google classroom. A number of students will be invited to participate in an oracy event to prepare them for an interview. This will take place on the 17 April. Letters will be sent home to parents and carers prior to Easter

Work Experience & Careers Bulletin

A major focus this half term is for year 12 students to arrange their summer work experience or university summer school for 1-5 July 2024.

Students have had various briefings and PDW lessons on this and they are working towards having this on the **Unifrog placements tool** by Thursday 28 March.

For this to be completed - it has to be on the Unifrog Placements tool, this is how we record and safeguard students on their placements. This will confirm with the employer the placement. See this step by step guide of how to add on your placement: [Unifrog - adding a placement .pdf](#)

Part of helping students become ready for the world of work is for them to go through the process of looking for work experience. We have done PDW sessions on CV writing and how to search for jobs. We support students by advertising weekly opportunities and they can access this via year 12 Google classroom - this includes all of our work experience opportunities, uni events, summer schools and apprenticeship opportunities and you can see this week's edition: [22/03/2024 Sixth Form Careers opportunities](#)

It's vital students are checking this weekly to not miss out.

We encourage students to take part in a range of experiences throughout the year so if other opportunities come up we can look at accommodating time off for work experience or university activities. However we will be unable to grant time off 17-28 June due to year 12 exams. If you have any questions about this please contact Miss Corrighan bcorrighan@greycourt.org.uk

Year 12 went to the UCAS Discovery Tour at the ExCel Centre. There were a range of universities for students to explore. The students also attended the apprenticeships fair earlier this month, and we hope that being exposed to both options helps them to start to think about their post-18 options.

Careers Update



Diversity in the Sixth Form

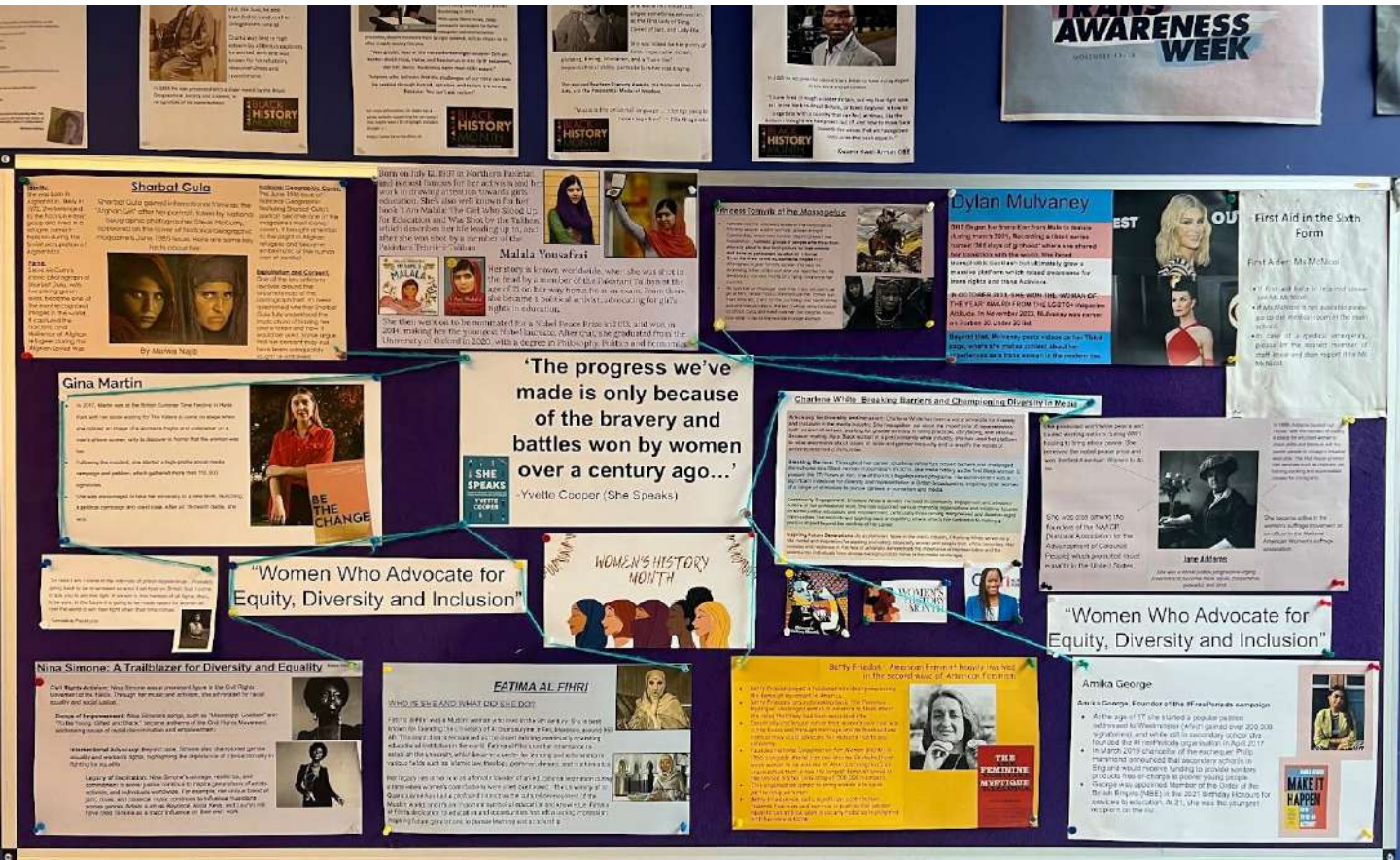


The Inclusion Collective is the diversity group in the sixth form which is open to all Year 12 and Year 13 students. The group meets every Wednesday after school. Students have been creating resources for the diversity display board and for the Year 12 and Year 13 PDW and morning registration.

Photos on the next page are of the display for LGBT+ History Month (February) and Women's History Month (March).



Above: LGBTQ+ History Month (February)



Above: Women's History Month (March)

DIVERSITY TRIP: there will also be a diversity trip which all Year 12s have been invited to on Wednesday 27 March to two exhibitions:

THE CULTURE OF BEAUTY at the Wellcome Collection in Kings Cross

ACTS OF RESISTANCE: PHOTOGRAPHY, FEMINISMS AND THE ART OF PROTEST at the South London Gallery in Peckham

For more information see the trip [letter](#)

International's Women's Day!

Year 12 Sociology celebrated International Women's Days on Friday 8 March by researching into Women who inspire them, they created posters which were displayed in the Sixth Form Reception from Friday 8 March-Friday 15 March.



Year 12 Ramadan Assembly

On Monday 18 March, Year 12 students Zineb and Marwa spoke in the Year 12 assembly. Their presentations included the history of Ramadan, what takes place throughout Ramadan and how to support your friends who are fasting. Both students spoke incredibly well and with great confidence, well done to them!





Sports News



Monday 18 March:
Fantastic victory for the
U18 tennis team tonight.
We won the deciding
doubles tie breaker 10-6

Congratulations

Wednesday 20 March:
Well done to the U14
Rugby team who won
the London and South
East England Rugby
League competition!

An excellent afternoon
of applying there rugby
knowledge to rugby
league.





Tuesday 19 March: an excellent afternoon of Rugby League for our Year 7s. They were crowned Regional Champions after a competitive game against the opposition. Tries from Daisy, Olivia G x2, Ruby, Harriet & Micayla. Player of the competition went to Erin. Well done, all.



Tuesday 19 March: thanks to Danes Hill for hosting a brilliant XC event today. A tough course but some brilliant runs from these year 7 and 8 boys and girls...they all enjoyed the muddy run!



Monday 18 March: The U18s were in action at Rosslyn Park National 7s competition today. The boys ended the day with 2 wins and a narrow loss to the group winners. Outstanding defensive efforts in every single game and scoring some superb tries throughout the day

Fixtures By Team			
Mon 18 Mar 2024			
National Sevens U18 Boys Vase			
Group B	10:00	Pitch RE3	
Grey Court School 1st VII	7-10	Jumeirah English Speaking School (JESS Arabian Ranches) 1st VII	
National Sevens U18 Boys Vase			
Group B	12:00	Pitch RE5	
Grey Court School 1st VII	17-12	Reading Blue Coat School 1st VII	
National Sevens U18 Boys Vase			
Group B	14:00	Pitch RE7	
Grey Court School 1st VII	26-21	Solihull School 1st VII	



Congratulations



Charlton won the London Cup Final against Hinton and Finchley U13s 5-1 on Sunday. The match was played at Bromley FC. **Chloe Clements** is pictured with the trophy.

Well done, Chloe!

Congratulations

Congratulations to Joshua Gilbert who was crowned U15 Middlesex Shot Put Champion on Sunday 17 March.



Congratulations

Congratulations to our U13 boys and girls hockey teams played in the Zoho tournaments at Teddington on Saturday. Fantastic tournament which gave more students an opportunity to play and develop. The boys won the tournament and the girls lost in the final on penalty shuttles.

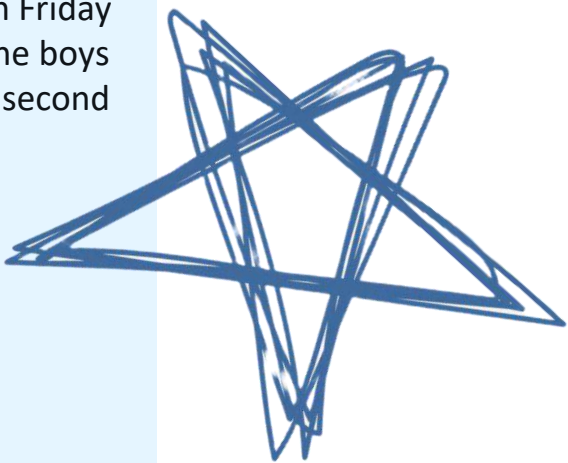




Saturday 16 March:
Excellent 2-0 victory for
the u14 squad this
morning. Zayden scored
both goals and Alfie L was
POM

Congratulations

Well done to all our individual winners at swimming gala on Friday 15 March. Both the boys and girls finished second overall.









Thursday 14 March: the U16 rugby boys lost out in the last play of the game in the Cup Final at the Middlesex Sevens competition yesterday. Great preparation for Rosslyn Park.



POM

Zach Sansbury

In the highly competitive Lee Valley Indoor Athletics Competition, Zach showcased his remarkable talents, contributing significantly to the U12 team's success. His standout performances not only secured the team's qualification for the final but also underscored his exceptional talent.

Zach's dedication and hard work were evident on the track, where he displayed impressive speed in the 60m race. His stellar contributions were instrumental in the team's journey to the final, exemplifying his unwavering commitment to excellence in both track and field.

Zach's performance at the Lee Valley competition was a testament to his regular practice. His achievements not only reflect his individual capabilities but also highlight how crucial hard work is.

Zach's accomplishments at the Lee Valley Indoor Athletics Competition in both track and field make him a deserving recipient of the Player of the Month accolade.



SOM

Ruby Rock

Ruby Rock has thrown herself into the wide variety of sports we have to offer here at Grey Court. Her dedication, enthusiasm and talent has been shown across Football, Cross Country, Athletics and Gymnastics. Ruby has competed in all of these sports to a high level showing commitment, hard work and her fantastic ability to work in a team as well as individually.

Ruby has showcased her Gymnastics at two Regional competitions (Milano and Floor & Vault) for the U14 girls category demonstrating great skill across the vault, floor and group routines. Throughout the year Ruby has been a key player on the U12 Girls Football team, scoring a hattrick in her first game for the team against Tiffin.

Ruby continues to develop as an athlete in Cross Country and Indoor Athletics. Ruby has competed at the Richmond Borough and Middlesex Championships whilst being at Grey Court.

Ruby also competed in the U12 Indoor Athletics team who won the overall competition by 12 points qualifying for the next round which is due to take place on Wednesday 6th March. Ruby won her heat in the 800m event, won the overall High Jump event and was part of the 4x200m relay team who came 2nd in the event. We are looking forward to seeing how Ruby gets on during the Summer Athletics season.



SOM

Phoenix Aihnevba

Phoenix has embraced his journey at Grey Court, showcasing good versatility and dedication across various sports. His standout performances with the U12 Surrey Cup basketball team and the U12 football team exemplify not only his skill but also leadership qualities on both the court and pitch. Additionally, Phoenix has impressively picked hockey up during his Wednesday morning scholarship sessions, displaying a commendable ability to adapt and excel in different sporting disciplines.

Beyond his sporting accomplishments, Phoenix's commitment extends to scholarship lessons and PE. Teachers have taken note of his dedication and positive attitude, setting a good example for his peers. It is both his lessons and sporting achievements that has made Phoenix a deserving recipient of the Sports Scholar of the Month for February. Congratulations, Phoenix, on a well-earned recognition of your outstanding contributions and achievements.



TOM

Girls' U13 Hockey

The **Girls' U13 Hockey** team competed in the England Hockey Tier 2 London Qualifiers this month. They finished top and undefeated with 4 wins and 2 draws in a tough tournament including Radnor House, Notting Hill and Ealing, St Augustine's, Teddington, Highgate and Goldolphin and Latymer.

The girls have been training really hard, gelling as a team and some starting hockey from scratch in September and playing a role in their success. Star performers: Molly Roscoe as Goalkeeper (in her first EVER hockey match! Transferring her goalie skills from football and GK skills from netball and learning the rules in 20mins, unbelievable!), Eve Archer and Ida Teggarty-Sparks for strong tackles in defence and Erin Wild for fantastic 3D elimination skills.

We are now through to finals day on 8 March. Well done, girls!!

Huge thanks goes to Neil and Teddington Hockey Club for running the sessions for the squad and coaching them on the day. We are very appreciative of the hard work to enable us to offer Hockey at Grey Court and are excited for the future.



TOM

Boys' U18 Football

The U18 football team has had an outstanding season so far, winning 8 out of 9 fixtures and scoring 30 goals along the way. They have recorded notable wins against the likes of Hollyfield, RPA, Kingston Academy and most recently, a 4-1 win in the County Cup Quarter Final against Howard of Effingham. The team played some delightful football in the 2nd half with our goals being scored by Daghan, Alessandro and Charlie R (2). The boys are looking forward to the test that the Semi Final presents and hope to go on to win some silverware for the 6th Form trophy cabinet.

Harry Davidson has been instrumental as Captain in the campaign to date and has helped harness an excellent morale amongst the well balanced side.

Good luck to the boys for the semi final!



What's on in the
neighbourhood...
and beyond





THE GOLF GROOVE

The Golf Groove is London's largest indoor golf simulator experience, situated right next to Wimbledon station. 12 golf bays perfect for both complete novices, with fun games such as capture the flag and scrappyard, and for the more seasoned player, take to some of the world's greatest and most exclusive course such as Pebble Beach or St Andrews.

The Golf Groove also offers more than just a remarkable golfing experience, with a fantastic bar & lounge area offering a fabulous food menu, cocktails and all the top sporting occasions across our multiple screens.

To book your perfect golfing experience and to receive a 15% discount, click this [link](#)

U16s GIRLS DEVELOPMENT PROGRAMME

FUTURES
PROGRAMME



Elmbridge Eagles



Saturday 10:00 to 11:30am



Old Cranleighans Rugby Club, KT7 0HB



To book on contact Rosie: Rosie@elmbridgerl.com
or enter your details via the QR code



**U12s & U14s sessions made available on demand - register your
interest with us for all age groups**

50% OFF

UP TO 8 WEEKS STORAGE

PLUS AN EXTRA 10% OFF FOR AS LONG AS YOU STAY



Parents and staff of Grey Court school can benefit from 50% off their storage

Saturday 23 March, 9am - 12noon

St Richard's Church car park, Ashburnham Rd, Ham

MEGA SKIP DAY

**Get rid of your unwanted
items for **FREE****



**LONDON BOROUGH OF
RICHMOND UPON THAMES**

Usually there is a charge for bulky waste collections. On **23 March**, put your unwanted items in the Council's mega skip for free.

How the mega skip works:

- Max six items per household
- First come, first served
- We accept furniture, smaller electrical appliances, black bags etc.
- We won't accept building rubble, paint or dangerous chemicals
- We will recycle the items we collect
- Please bring ID to show you are a local resident, eg. driving licence, passport or bill



We'll have people on hand to talk about:

- Tips on recycling
- The work of the Richmond Furniture Scheme



[www.richmond.gov.uk/
household_recycling](http://www.richmond.gov.uk/household_recycling)



Open Day

Saturday 23 March - 10am to 3pm

Come and try a range of inclusive and disability specific sports and exercise, including football, dance, rugby, cycling and multi-sports...

**FREE
EVENT**



The RISE event is open to individuals of all ages and ability levels. If individuals have specific support needs we ask that they attend with a carer or PA. If a participant is under 16 then a parent or carer needs to remain onsite.

Please check the website or contact us for a full programme.

Hampton Sports & Fitness Centre
Hampton High, Hanworth Road,
Hampton, TW12 3HB

Getting there:

Train: Hampton Station

Bus: 111 and R70 stop outside the centre

Parking: Car and cycle parking onsite

www.richmond.gov.uk/rise
Phone: **020 8831 6134**
Text: **07773 040219**
Email: **rise@richmond.gov.uk**



Easter 2024 at St Peter's Petersham



copyright: Crown of Thorns by Mark Jennings

Palm Sunday

24th March at St Peter's Petersham 9.30am Parish Communion, with dramatised reading of The Passion and Distribution of Palms.

Holy Week

Monday 25th March at St Peter's Petersham 7pm Compline, a simple meditative evening prayer.

Tuesday 26th March at St Richard's Ham 11am A Communion service with hymns.

Maundy Thursday 28th March Communion services recalling Christ's last meal, 10am at St Richard's Ham, 7pm at St Peter's Petersham.

Good Friday 29th March at St Peter's Petersham

10.30am All Age Service, a 30 minute children and families service with hot cross buns and activities.

12 -1pm 'The Cross of Christ', an hour's Reflective Service of readings, song and prayers.

Easter Day Sunday 31st March

6am Dawn service of readings and lighting of Paschal Candle, meeting in Petersham Meadows, followed by a celebratory breakfast.

9.30am All Age Communion at St Peter's Petersham followed by Easter egg hunt and Hot Cross Buns.

Please do join in our Easter events and here's how to get in touch –



copyright: Light of the World by Mark Jennings



Instagram @ st.peters_petersham

Facebook - St Peter's Petersham Richmond UK

Email - st.peters.petersham@googlemail.com

Rev Kate Daymond - revdaymond@outlook.com

www.stpeterschurchpetersham.com 0208 940 8435



Petersham Horticultural Society

Family Seed Planting

1.30pm to 3.30pm

Sunday 24th March 2024

The Ham Market Garden
St Richard's CE Primary School,
Woodville Road TW10 7QW

***Want to plant a magic Bean?
Make a seedy strip?***

We are bringing our compost, pots and
trowels along for an afternoon of fun
planting and potting

Come and plant seeds in time for our PHS Show in June

All Welcome - Free Event

There will be delicious cake and tea available



Get involved Easter Holiday Camps

THE TWEEN TRIBE

It's kids club...but different.

London adventure trips Ages 10-13

"A brilliant holiday concept"

Richmond & Twickenham Family Hub

EASTER trips from KINGSTON & TWICKENHAM



**Kids in need of bigger adventures?
Join the alternative kids club!**



Use code GIVEME5 for £5 off!

www.thetweentribe.co.uk



BOOK HERE





Easter Camps

WEEK 1 - 25TH - 28TH MAR (4 DAYS)

WEEK 2 - 2ND - 5TH APR (4 DAYS)

WEEK 3 - 08TH - 12TH APR (5 DAYS)

**All abilities
welcome!**

**Girls and Boys
(aged 4 - 15 years)**

**Led by former Middlesex player and
Director of Cricket at Richmond CC,
Adam London and his team**

Half Day £30

Full Day £50

10:00 AM - 12:30 PM

10:00 AM - 4:00 PM

1:30 PM - 4.00 PM

- Hard ball & soft ball
- ECB accredited coaches,
DBS checked & first aid
trained



SURBITON NERF EASTER *Special*



SATURDAY 30TH MARCH

4:00 PM - 5:00 PM 6 YEARS OF AGE TO 7 YEARS OF AGE

5:15 PM - 6:15 PM 8+ YEARS OF AGE

1ST HOOK SCOUT GROUP

15 VERONA DRIVE,

SURBITON

KT6 5AJ

TWICKENHAM ROWING CLUB

JUNIOR ROWING

COURSES

AGE 12-16



JOIN US!
REGISTER ONLINE

LEARN TO ROW COURSE
01/04 - 05/04
12:30 - 5:00PM

📍 EEL PIE ISLAND
TWICKENHAM
TWI 3DY

✉️ juniors@twickenhamrc.co.uk

🌐 www.twickenhamrc.co.uk

Team Keane

Team Keane is running two weeks of Camps.

Dates are below but further information can also be found on our website, <https://www.teamkeane.com/rowing/camps/easter-camp>

Week 1: 2-5 April, 10-3 each day

Week 2: 8-12 April, 10-3 each day

Parents, if you would like to book and take advantage of this opportunity please use the following link to book your place today.

Please note spaces are limited so don't wait too long as these camps are very popular and fill up fast!

>>[BOOK HERE](#)<<

London Broncos

London Broncos are holding the second series of Talent Pathway Days for U12 - U15 age grades.

The West London dates are the 9-10 April and are being held at Springwest Academy, Browells Ln, Feltham TW13 7EF.

Please find the link to book:

<https://forms.gle/ia8w36A8zhEV6kUV6>

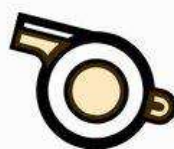


— NETBALL —
COACH
UK

RICHMOND NETBALL CAMP



*Open to players
of all abilities*



*Qualified
coaches*



*Fun and
friendly*



*Outdoor
venue*

**2ND, 3RD APRIL
8TH, 9TH*, 10TH APRIL**

**GREY COURT SCHOOL,
RICHMOND UPON THAMES
TW10 7HN**

9.00AM - 12NOON

**SCHOOL YEARS 3-10
(SPLIT AGE GROUPS)**

BOOK HERE 

**Guest coaching from
England player Emma
Thacker Tuesday 9th*



www.netballcoachuk.com/camps

Easter Rugby Camp

Contact, non-contact & touch rugby games
All abilities and strengths catered for
Boys and girls both welcome

2nd April to 4th April
9th April to 11th April



Richmond
Rugby

Children Aged 5-16
From 9:00 to 15:00 each day
Members and non-members welcome
Strength and conditioning for u13+

Scan!

this QR code to
book your child a
spot!



Richmond Rugby, Richmond Athletic Ground, Twickenham Road, Richmond TW9 2SF

Email: communityteam@richmondrc.co.uk Phone: 07436 542895

Primary School: FUEL Camp

2 April – 5 April and 8 April – 11 April

Start time 9:30am - Pickup from 2:30pm

Ages 5 – 11, Boys and Girls

For children that are eligible for free school meals

We will be playing multiple sports like football, rugby, and netball to name a few. Children will also have access to arts and crafts where they will be able to learn new and exciting things that doesn't always involve a ball. There is also inside games like table tennis, chess and card games.

This camp is for children who are on free school meals. You will need a 17-digit code that your child's school has provided you. The child will receive a free hot meal.

Please follow the link below to book.

<https://www.clubs-hub.com/richmond/index.cfm?event=event&eventId=76663>

Secondary School: FUEL Camp

2 April – 5 April and 8 April – 11 April

Start time 9:30am - Pickup from 2:30pm

Ages 12 – 16, Boys and Girls

For children that are eligible for free school meals

We will be playing multiple sports like football, rugby, and netball to name a few. Children will also have access to arts and crafts where they will be able to learn new and exciting things that doesn't always involve a ball. There is also inside games like table tennis, chess and card games.

This camp is for children who are on free school meals. You will need a 17-digit code that your child's school has provided you. The child will receive a free hot meal.

Please follow the link below to book.

<https://www.clubs-hub.com/richmond/index.cfm?event=event&eventId=76747>

Easter Rugby Camp

2 April – 4 April and 9 April – 11 April

Start time 9:00am - Pickup from 3:00pm

Ages 5 – 16. Boys and Girls. All abilities welcome.

£35 for one day. £65 for two days. £90 for three days.

We accept all abilities from children who have never played before to children who have played through the years. We do not expect you to be a member of our club but someone who enjoys the outdoors and loves making new friends.

The camps offer fun, structured rugby-based sessions that help your child(ren) develop their fundamental movement skills, hand-eye coordination, and interactions with other kids. The children will learn how to kick, pass, ruck, tackle, and jackal safely. We aim to build strong foundations of the basics of rugby and to improve what has already been built.

We provided a unique experience where young people can challenge their abilities, learn new skills, set challenges for themselves, and achieve those challenges, improving their problem-solving and leadership skills. All while being in a safe and enjoyable environment.

Please follow the link below to book.

<https://www.clubs-hub.com/richmond/index.cfm?event=event&eventId=65865>

Our coaches play the First team for the men's and women's teams of Richmond Rugby. Our coaches are DBS-checked and are all RFU level 2 qualified coaches. Please make sure your child brings appropriate outdoor clothes for all weather conditions and a packed lunch with a water bottle.

EASTER CAMP

JOIN US AS YOU GET TO LEARN, GROW AND MOST IMPORTANTLY,
HAVE FUN EVERY SINGLE DAY YOU SPEND WITH US AT CAMP!



-  Arts & Crafts
-  Sports Activities
-  Creative Free Play
-  Gym & Dance/Street Dance...AND MORE

CAMP DETAILS:

-  2nd - 5th April 2024 (Tues - Fri)
-  10am - 2pm | Ages 11-16 Years
-  £20 per day OR Funded for those eligible
-  Grey Court School, Ham Street, Ham,
Richmond Upon Thames, TW10 7HN
-  schoolcampinfo@ourparks.org.uk
-  07306297789

BOOK NOW

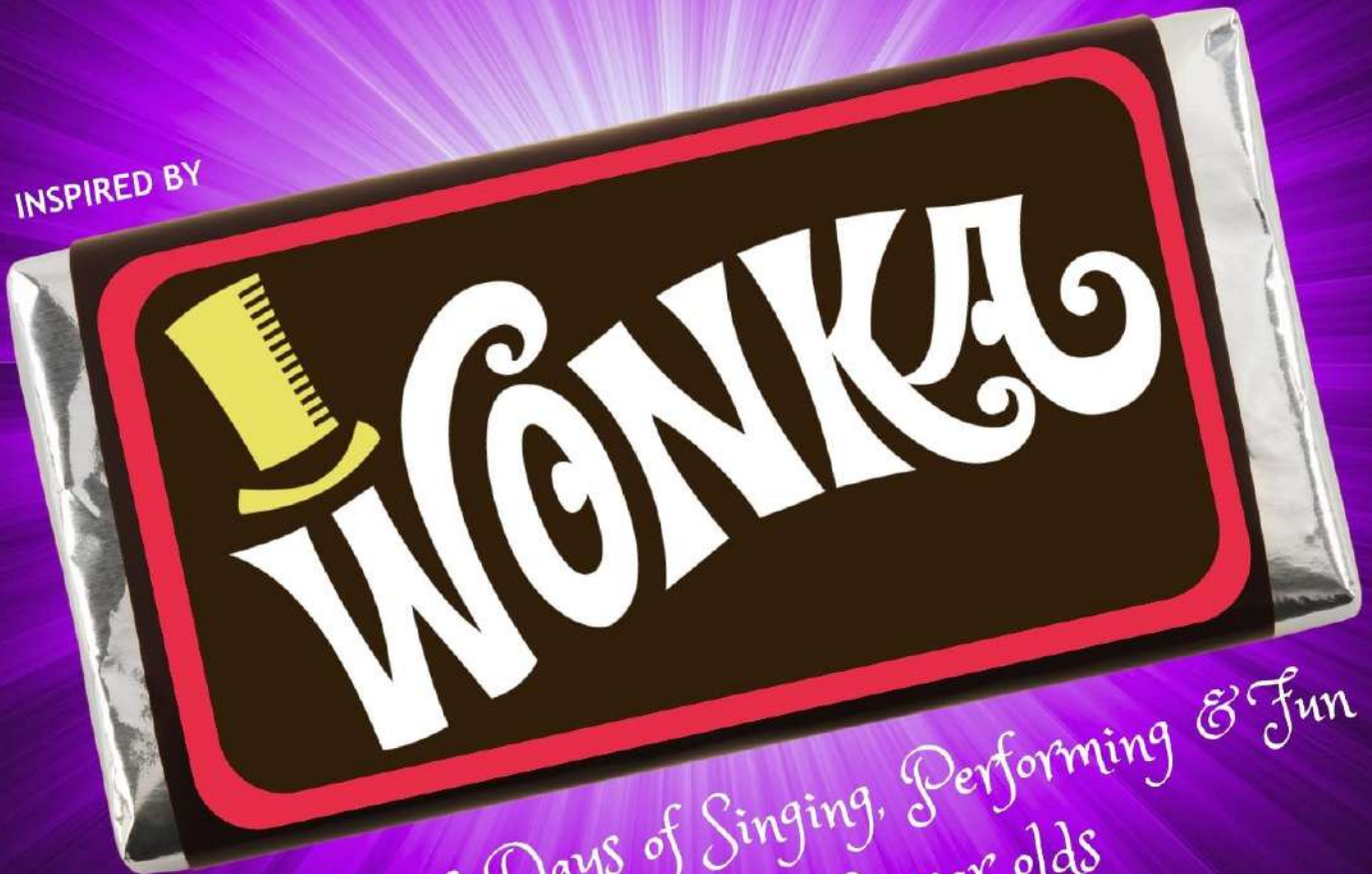
WWW.OURCAMPS

SCAN ME



Dramacube

EASTER HOLIDAY MUSICAL THEATRE WORKSHOPS



*3 Delicious Days of Singing, Performing & Fun
for 5-7 & 8-12 year olds*

WALTON ON THAMES
3RD - 5TH APRIL

TWICKENHAM
3RD - 5TH APRIL

HAMPTON HILL
10TH - 12TH APRIL

3 Day Workshops | 5-7 yrs (£125) | 8-12 yrs (£135)

book at dramacube.co.uk



DramacubeProductions



Dramacube



DramacubeProductions



EASTER HOCKEY CAMP



OLD KINGSTONIAN
HOCKEY CLUB

9 & 10 APRIL 2024 • 10AM-3PM

Kingston Grammar Sports Grounds, KT7 ORD

**FOR SCHOOL YEARS 4-11
ALL LEVELS WELCOME
OUTFIELD PLAYERS & GOALKEEPERS**

**COST PER DAY:
£38 FOR MEMBERS
£43 FOR NON-MEMBERS**



Booking: members via
the events page on the
loveadmin.com account.

Non-members via
www.okhockey.com



Richmond Music Academy

presents



SHOWTIME



8th-12th April

Calling all young musicians, join us for a fun week of musicals!

This Easter, from **Monday 8th to Friday 12th April 2024** between **9am-4pm** at **King's House School**, 68 Kings Road, Richmond, TW10 6ES.

Join our orchestra and play many famous Broadway melodies from "The Wizard of Oz", "The Sound of music", "Les miserables" & "Oliver!" and prepare for our usual Friday concert for friends and family.

Coached by a friendly team of music teachers, we prepare tailor-made parts for each student to match their abilities whilst remaining fun and challenging. Please note that students must be **grade 1 minimum** to be on the course.

Prices start at **£245 for the week** if you book before **Monday 11th March**.

To find out more about the course, please visit

www.richmond music academy.co.uk

or contact us on **079 4747 3771**



Ham youth centre

Spring break

**For 10 to 19
year olds**



**achieving
for children**

Tuesday 9 to Friday 12 April

Four days of FREE exciting activities for 10 to 19 year olds over spring break

Multi skills camp daily 12pm to 4pm

Badminton, basketball, football, cooking, music studio, table tennis, gaming, team building games

Arts and crafts workshop, daily 11am to 1pm

Be creative with artist Tom in various artistic mediums

Fencing, daily 10am to 12pm

Come and learn this ancient combat sport, all equipment supplied

Parkour, Thursday 11 and Friday 12 April 2pm to 4pm

Learn the skills and techniques of free running with coach Louis

Inter youth club football match, Wednesday 10 April 3pm to 5pm

We are looking for talented players to represent us

Trip to Tate Modern Art Gallery, Friday 12 April 10am to 2pm

Walk along the South Bank to this amazing gallery

Please ensure you have lunch with you as we are only providing food for certain people

for information, contact Ben Skelton
ben.skelton@achievingforchildren.org.uk

Ham Youth Centre, Ham Close, TW10 7PL



**To book your
place please
use this code:**





NETBALL TASTER DAY

JOIN OUR NETBALL TASTER DAY
WITH ROSSLYN PARK NETBALL
CLUB & RPFC COMMUNITY

FRIDAY 12 APRIL

12PM - 2PM

ROSSLYN PARK FC

FREE TO ATTEND

PROFESSIONAL COACHES

WATER AND SNACKS PROVIDED
BRING YOUR OWN LUNCH

FOR PUPILS IN YEARS 3 - 6
AGES 7 - 11



SCAN QR CODE TO SIGN UP

Contact karl.hoade@rosslynpark.co.uk
for further details

web: www.rosslynpark.co.uk

tel: 0208 876 1879

Rosslyn Park FC, Priory Lane, Upper Richmond Road, London SW15 5JH

Get involved
After Easter



OLD KINGSTONIAN
HOCKEY CLUB

SUMMER JUNIOR HOCKEY

WEDNESDAYS 17 APRIL–26 JUNE

(excl. 29 May – half term) AT TIFFIN GIRLS' SCHOOL, KT2 5PL

**ALL LEVELS WELCOME
OUTFIELD PLAYERS & GOALKEEPERS**

SCHOOL YEARS 4-7: 18:00-19:00

SCHOOL YEARS 8-11: 19:00-20:00

**COST: £85 FOR MEMBERS
£95 FOR NON-MEMBERS**



Booking: members via the
events page on the
loveadmin.com account.

Non-members via
www.okhockey.com

LAUNCHPAD FOR BRITISH ROAD RUNNING TALENT

**Would you like the chance to represent
London Borough of Richmond
crossing the world-famous
TCS London Marathon Finish Line on The Mall?**



The **TCS Mini London Marathon championships** give the UK's most promising young athletes the chance to compete against the best new talent in British road running. Over the years, the event has launched the careers of international athletics stars including Laura Muir, Keely Hodgkinson and Josh Kerr – not to mention Sir Mo Farah, who won the Mini Marathon three times.

The **2.6km** race will be taking place on **Saturday 20 April 2024** for athletes in school years **7 to 12**.

New Balance prizes and the opportunity to meet road running royalty will be up for grabs.

QUALIFYING FOR THE TCS MINI LONDON MARATHON CHAMPIONSHIPS

Each London borough, region and home nation has a Team Manager, who is responsible for selecting a team to take part. Please scan the QR code to find out more about taking part and for the contact details of your area's Team Manager.



Want to run for fun?

TCS Mini London Marathon mass participation event follows on from the championships. It's the perfect chance for children of all ages, backgrounds and abilities from across the UK to achieve something amazing while getting active! Entries into this event are open for schools only.

Find out more:
tcslondonmarathon.com/mini



SUPPORTED BY
OLD KINGSTONIAN HC

PLAY HOCKEY FOR KINGSTON BOROUGH IN THE 2024 LONDON YOUTH GAMES



TRIALS

May 8th

18:00-19:00 @ Tiffin Girls' School
(boys & girls)

TRAINING FOR SELECTED SQUAD

May 22nd • June 5th • June 12th

18:00-19:00 @ Tiffin Girls' School
(boys & girls)

FINALS FESTIVAL

Boys: **June 29th**

Girls: **June 30th**

Olympic Park, Lee Valley Hockey
and Tennis Centre

ELIGIBILITY & AVAILABILITY

Players in school years 9 and below, who either live or go to school in Kingston Borough and are not playing county level or above are eligible to play, but should only apply if they will be available on the tournament dates.

REGISTER HERE

kingston.gov.uk/parks-sports-leisure-1/london-youth-games



RICHMOND MAY FAIR

est. 1970

Sponsored by

Be Richmond 

SAT 11TH MAY 2024

10AM - 5PM

RICHMOND GREEN TW9 1LX



VICTORIAN FUN FAIR
CHARITY & SMALL BUSINESS
STALLS • DOG SHOW
FABULOUS FOOD & DRINK
CRAFT FAIR
ENTERTAINMENT
& MORE...



Scan here for more information



WWW.RICHMONDMAYFAIR.CO.UK

Get ready for
**RICHMOND'S
FIRST FESTIVAL!**

MARZAMEMI

A slice of Sicily brought to Old Deer Park with live music & DJs, Italian banquets & food stalls, curated design & shopping and plenty of fun for the kids.

Mark your calendars and get ready to immerse yourself in the magic of Marzamemi!

**6-7 JULY
2024**
Old Deer Park

Launching in July 2024, Marzamemi is a one-of-a-kind event that celebrates the vibrant culture and traditions of its namesake village in Sicily.

Be prepared to be transported to sunny Sicilia, where festoon lights twinkle amid olive trees and decadent tents. Envision colourful deck chairs, bespoke furniture, and Sicilian tiled design flooring – this is an experience you won't want to miss!

Our Partners include:

Base Face Pizza

Ceraudo

Arancina



CROSTA & MOLLICA



LINA STORES

www.marzamemi.co.uk