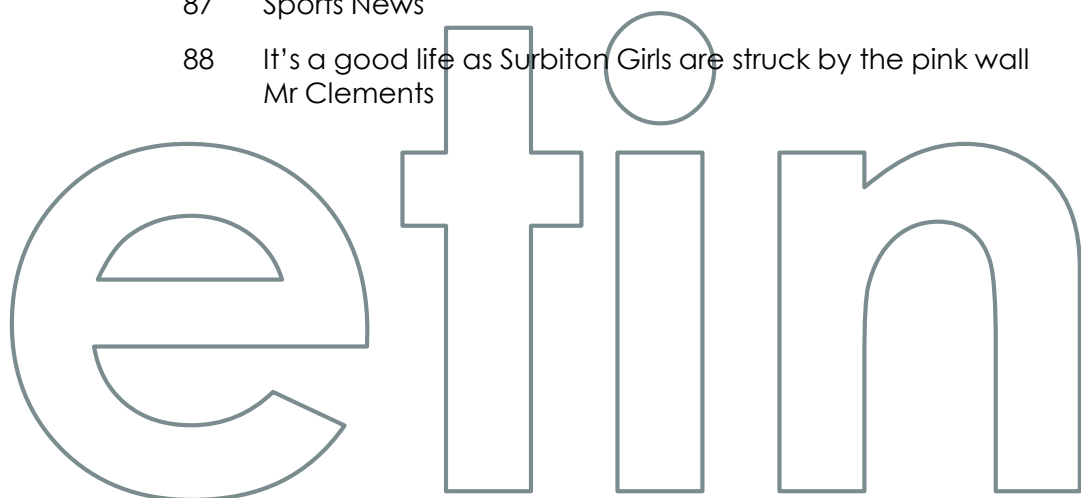




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Grey Court School | 18 October 2024

"...a school where all pupils flourish" - Ofsted 2024



The cover photo taken of our students in the school allotment

#KeepInTouch

24-25 Term Dates

School Events

Sports TT

Sport SOCS

Extracurricular TT

Education Fund

ScoPay

Weekly Menus



Grey Court JustGiving QR Code

The Uniform Shop

Thursdays 3:15-4pm

**Contact:
sniss@greycourt.org.uk**

Planting more than seeds

This term, the Grey Court Allotment Club has been bustling with activity, thanks to the hard work and enthusiasm of our new Year 7 students alongside previous attendees. From harvesting seasonal fruits and vegetables to tackling weeds, the students have made a noticeable impact on the allotment, learning valuable skills along the way. They've harvested potatoes, picked apples, potted strawberry runners, planted onion sets, tidied the shed, and embraced many more hands-on tasks as they immerse themselves in the satisfying world of gardening!

"The new Year 7 students joined us on the allotment in September, and they've been absolutely brilliant," shared Helen Erhardt from the Hug Volunteers. "They are enthusiastic, energetic, and hardworking, which has been fantastic to see. We're delighted to be working alongside them."

The first session of the academic year kicked off with a warm welcome from Ms Shore, Ms Munday, and Hug Volunteers Irene Hughes and Anne-Marie Catterall. Alexander Englebrecht (9E) helped the new Year 7 students settle in by showing them around and explaining the importance of various gardening activities, including planting, weeding, and harvesting.

The new students eagerly took on their first tasks and have since been a huge help on the allotment. Malachi Stevens (7W) has been tirelessly tackling the nettles and weeds encroaching on the allotment area. "It's good to see the area cleared and ready for more planting," said Malachi, whose efforts have kept the paths and growing areas looking neat. Artie Elliot (7M) has also taken responsibility for weeding the paths, making sure the walkways are kept clear and safe.

Meanwhile, Herbie Hutton (7W) is excited about his own gardening project at home, where he's nurturing a strawberry plant potted at the allotment and looking forward to seeing the results of his careful attention to soil and watering. It's interesting to note that strawberries are the only fruit with seeds on the outside—each one carries around 200 seeds, making it truly unique among fruits.



The allotment's maintenance has also benefited from the practical skills of Aren Cinar (7A), who used his problem-solving and DIY abilities to fix the wheels on some of the club's wheelbarrows. "It's important we have good tools that work, so everyone can get on with activities," Aren explained, demonstrating the importance of tool maintenance for a successful garden. Aren is particularly keen to continue this work, but we need some help to mend a number of wheelbarrows with flat or missing tyres. If you're able to support Aren in identifying the parts we need, we can source them and provide the necessary tools. Your guidance could help get the wheelbarrows back in use for our busy gardeners!

Alice Catterall (7A), Ewan Fraser (7O), and Ezra Chapman (7R) have been showcasing their culinary talents, preparing delicious potato recipes at home with the harvest they helped collect. "It's really fun to use fresh ingredients we've grown ourselves. We made roasted and mashed potatoes and chips for our families, and they loved them!" Students were informed that in 1995, NASA experimented with growing potatoes on the Space Shuttle Columbia, hoping they might someday provide fresh food for long space missions!

With winter preparations underway, the students are already looking forward to new challenges next term. They'll be busy preparing the soil for spring planting, building habitats for wildlife, learning the art of composting, and taking on even more maintenance tasks as they deepen their connection to this growing area.

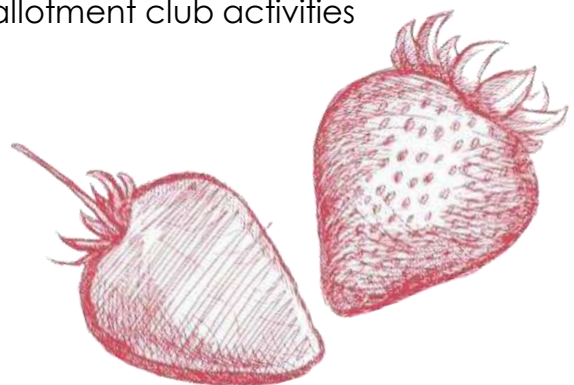
There's something truly special about watching these young gardeners develop their skills and discover the joys of growing their own food. If you'd like to be part of their journey and share in these rewarding experiences, we'd love to have you join us.

Calling for Volunteers and Donations

To keep the allotment flourishing, we're always looking for additional help! If you're a parent or friend of the school community with gardening experience, there are two ways you can get involved:

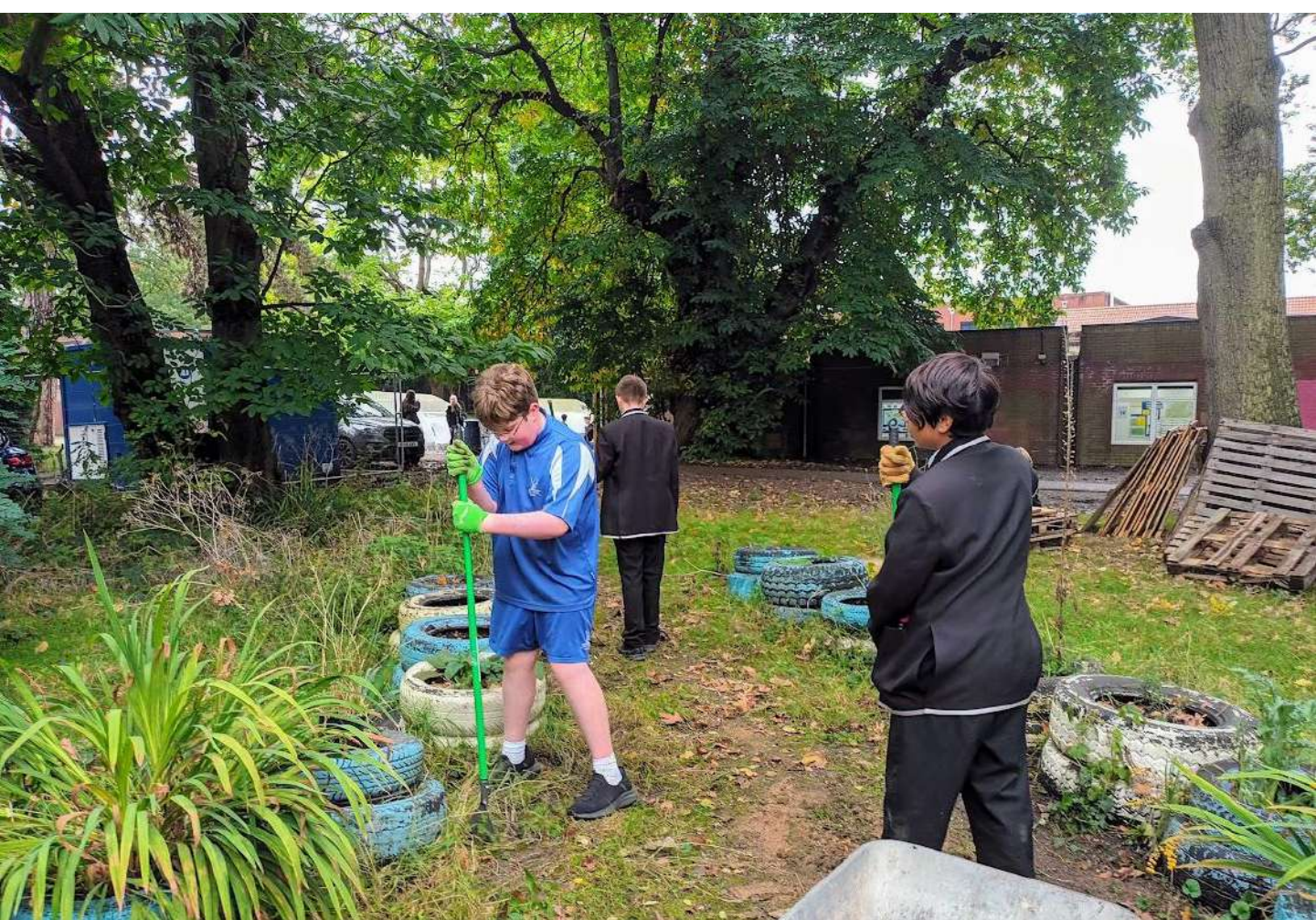
Weekly Allotment Club Volunteers Needed

Join us in supporting students with weekly allotment club activities every Tuesday from 12 to 1 pm.









General Allotment Maintenance

Volunteer during the week to help maintain the allotment and ensure it remains a thriving space for our students. We also welcome anyone interested in helping Aren repair our wheelbarrows. Let us know if you can offer guidance on the parts and tools needed to get these essential tools back in working order!

We're also in need of extra tools! If you have any leaf rakes, forks, trowels, or wheelbarrows to donate, please get in touch. For more information, contact Sylvia Munday at smunday@greycourt.org.uk or Helen Shore at hshore@greycourt.org.uk.

Written By Sylvia Munday - SEN Department





Photo of the week

Angel Rose took part in a work experience programme at Chessington Zoo. Feedback every week was brilliant and Angel was able to meet and work with a lot of the animals. During her last week she worked with the reptiles team and very much seemed to enjoy working with snakes!

'Overall Angel has done brilliant, we've seen her confidence grow over the six weeks and it was a real pleasure to have her on the project' - Chessington Zoo



KS3+4

News

Year 7

We had Ms Campbell deliver our assembly this week on the topic of World Food Day, which fell on the 16th October. There was a lot of good information for the students to digest

We move into the final week of the half-term and look forward to our first activity day on Wednesday to finish off in style. We have half the Year group participating in Environment Day here at school, whilst the other half are at Whipsnade Zoo; these trips then swap for the next activity day later in the year. Needless to say, our expectations for behaviour are very high, particularly when representing the school in public, and this will be reinforced with the students next week too.

It was great to see so many parents attend our Year 7 Grey Court experience tour on Thursday afternoon. It seemed like the students really enjoyed showing you all round the site and hopefully it helped parents to feel reassured by knowing a little more about the school site and how confident the students are navigating their way round.

It has been a great half-term and the students have settled in so well, but it will have left them all a little tired and in need of a break, so I hope they all enjoy their half-term holiday and we look forward to welcoming them back for another action packed half-term in November.

Mr Ridley
Phase Leader



Year 8

This week during PDW, students discussed the myths and taboos surrounding periods. Mr. Von Sun led a Black History Month assembly that highlighted black pioneers who have made significant contributions during crucial times and who impact our daily lives.

We're looking forward to Activity Day next week, where Year 8 students will have the opportunity to visit either Leeds Castle or St Paul's Cathedral. Please refer to the trip letter for all the details and logistics.

Our final tutor stars are:

Harry N
Millie S
Sara K
Theo H
Hakan G
Gretl H
Stan R
Yaroslav K



Congratulations to year 8 for a fantastic half-term.

Miss Saccheri
Head of Year



Year 9

Year 9 have had an excellent first half term, taking their ethos of maturity very seriously. We have many students over 100 achievement points already, with some that might even manage to hit 200 by the end of the half term!

Assembly this week was from Mr Von Sun on Black History Month, covering inventions by Black individuals that we may not realise today. Year 9 were engaged and took on the important messages well.

Well done Year 9 for a fantastic start, we are so proud of you. Have a restful break and we'll see you back in November!

Miss Sutcliffe

Head of Year



Year 10

As we approach the final week of term, students are maintaining the focus and embracing opportunities as we had hoped. This week in assembly Mr Clements touched upon organic food, food waste and variety; encouraging students to embrace all we have on offer in the local community. With a long half term next week, this is a really good time for those students who switched subjects late, to catch up and others to stay on top of their learning - whilst having a well deserved break of course! Shout outs this week go to George Robinson who represented Wales in the U16 National Team's Victory Shield Camp in Scotland, and Bella Keane who is currently in Greece competing in the International Regatta in Canoe Sprint! Amazing to hear such successes - keep them coming Year 10!

Miss Woods

Head of Year

Y10

Year 11

Another great week for attendance to intervention sessions across subjects. It is really nice to see students taking these opportunities to establish good revision habits and develop subject knowledge. Keep up the good work Year 11! Next week, students will need to follow the week A timetable.

Elm have taken the lead with conduct points, surpassing Cedar! A special shout out to Hannah N (11E) who is currently in the lead with over 70 achievement points!

With the long half term approaching, it is absolutely crucial that students are revising for the upcoming trial exams. Subject teachers would have discussed the contents of the papers in lessons. If students have questions about the papers, they should directly contact their teachers.

Well done to the following students who have been selected by their tutors for a shout out!

11A - Pola L
11B - Alkinoos A-D
11C - Chloe B
11E - Freddy S
11M - Naeem K
11O - Mali W
11R - Sabian F
11W - Hugo V



Mr Khan
Head of Year



A person is sitting on a tall stack of books. They are holding a magazine or book open in their hands. The person is wearing blue jeans and a white shirt. The background is a plain, light color. The text 'Community Languages GCSE' is overlaid on the image in a large, white, sans-serif font. The 'GCSE' part is larger and more prominent than 'Community Languages'.

Community Languages GCSE

If your child is a native speaker of another language, that is they can **speak, write and understand its written and oral form**, please can you email me at: shandzar-maldonado@greycourt.org.uk with your child's name(s) and language they wish to sit the exam in, or alternatively direct your child to see Ms Handzar in L3 to speak to me about this. They will then be able to express their interest in completing a Community Languages GCSE this year.

The only languages available at GCSE level are as follows:

Spanish, French, German, Mandarin, Cantonese, Italian, Russian, Arabic, Japanese, Urdu, Portuguese, Gujarati, Persian, Turkish, Biblical Hebrew, Polish, Bengali

DEADLINE: Wednesday 23 October 2024

Learning

What's cooking?
Food



Chefs of the week



This week, our Year 10 culinary students once again showcased their impressive skills in the kitchen.

First up, Charlie Morgan. He demonstrated excellent filleting skills a few weeks ago leaving an almost clean sea bass carcass.

Well done, Charlie!

Food



Second, a shout out to.....Natalia Boroweicka in year 9 for producing a well executed two course meal for her year 9 free cook assessment. I had the pleasure of tasting it too and it was indeed delicious.

Well done, Natalia!

Food

Recipe

of the week

Just as we thought the weather was cooling down, mild weather on the southern front. With that in mind, it is time to create this taste bud warming one pot orzo with Mexican fajita flavours.

It is an easy one pot for the whole family

[Cheesy Fajita Orzo](#)

KS3

Update

Year 8 have completed their first rotation in food, by finishing off strong with an important food science process 'shortening' creating both cheese scones and jam tarts. Keeping those glutenin and gliadin proteins short to produce those crumbly textures present in both dishes.

In Year 7, the students are over half way through their rotation, and produced a skilful savoury egg fried rice. Learning about applications of heat and cooking methods that reduce the use of additional fats and oils.

Lastly, year 9 rotations come to the end of their rotation also with a range of culinary delights to judge. Mr Rhodes missed out on the crucial tasting so I shall take the opportunity to take the credit for the dishes produced.

Well done year 9, another creative cook off and those who have won will be notified on the Google classroom for those all important house points.















KS4

Update

Year 11 students complete their first NEA deadline with very little time to spare, all the students work diligently to meet the deadline, seeing these students turn up before school to grab a crumpet and complete their work was very encouraging.

No rest for year 11 as we move towards the mock period in the next few weeks, you are encouraged to use folder and resources from last year to start exam content preparation and I look forward to seeing you on the 5th November.

This week, Year 10 took part in the 'Future Chef' heats, in which they had to produce a dish within 1 hour, spending no more than £5 per portion and demonstrating a range of culinary skills whilst considering all the other elements of food preparation, nutrition and presentation. It is always hard as only two students can go forward but a decision was made. We will share the outcome after half-term.

Congratulations, I look forward to seeing how you challenge yourself and the other schools in the regional finals at the end of November. Sorry, we won't be sharing photos of these dishes just yet, but rest assured you will see year 10's efforts after the half term.

Miss Campbell

Head of Food and Nutrition

A black and white photograph of two penguins standing on a sandy beach. The penguin in the foreground is a penguin with a white body and black head and back, looking towards the left. The penguin behind it is a penguin with a white body and black head and back, looking towards the right. The background is a blurred beach scene.

Activity

Wednesday 23 October 2024

Please take the time to read the arrangements for
our activity day

[Year 7](#)

[Year 8](#)

[Year 9](#)

[Year 10](#)

[Year 13](#)



This week in
Science

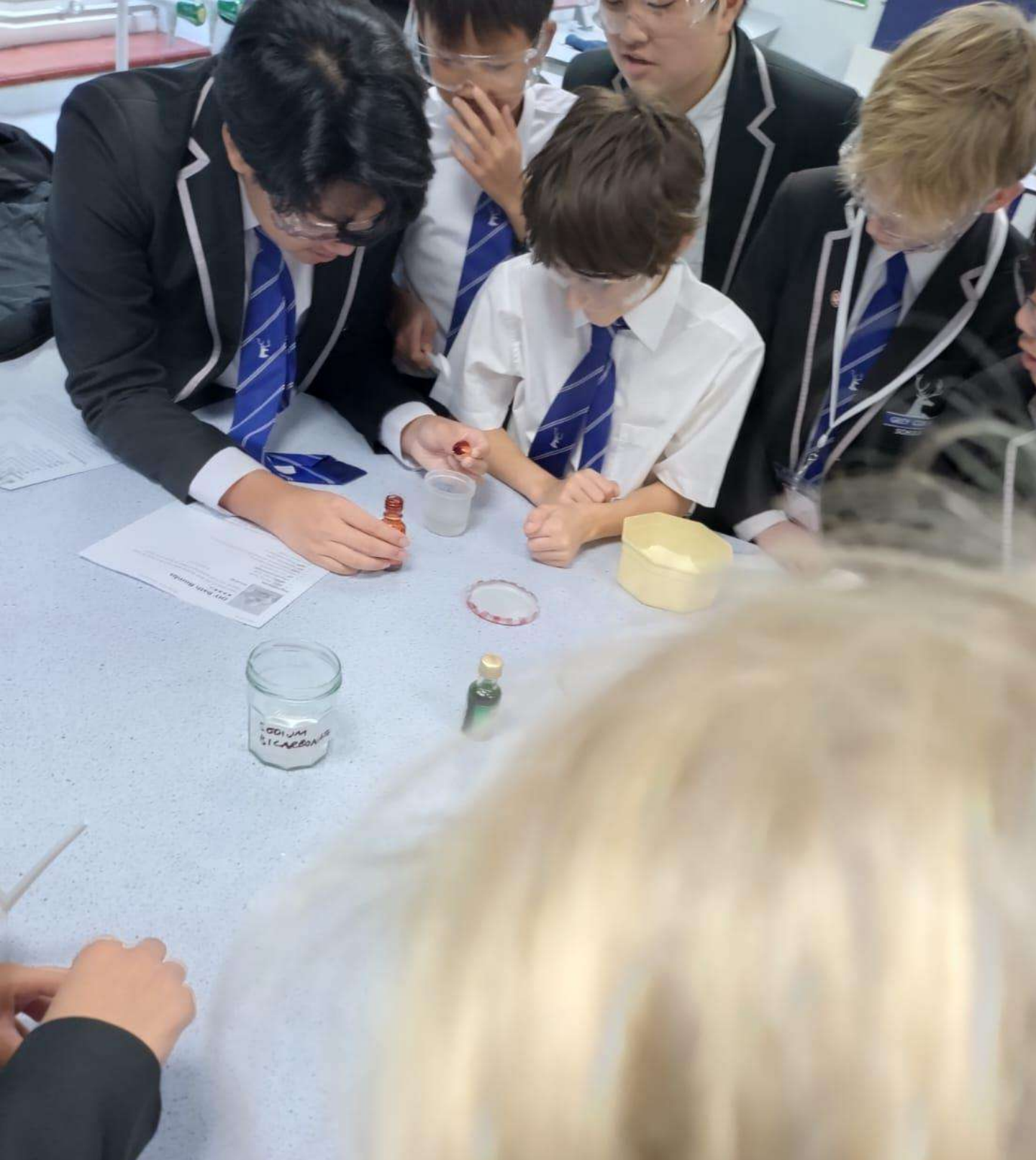


STEM club is back for Year 7s!

Our Year 7 STEMers were busy getting their hands dirty this week making bath bombs!



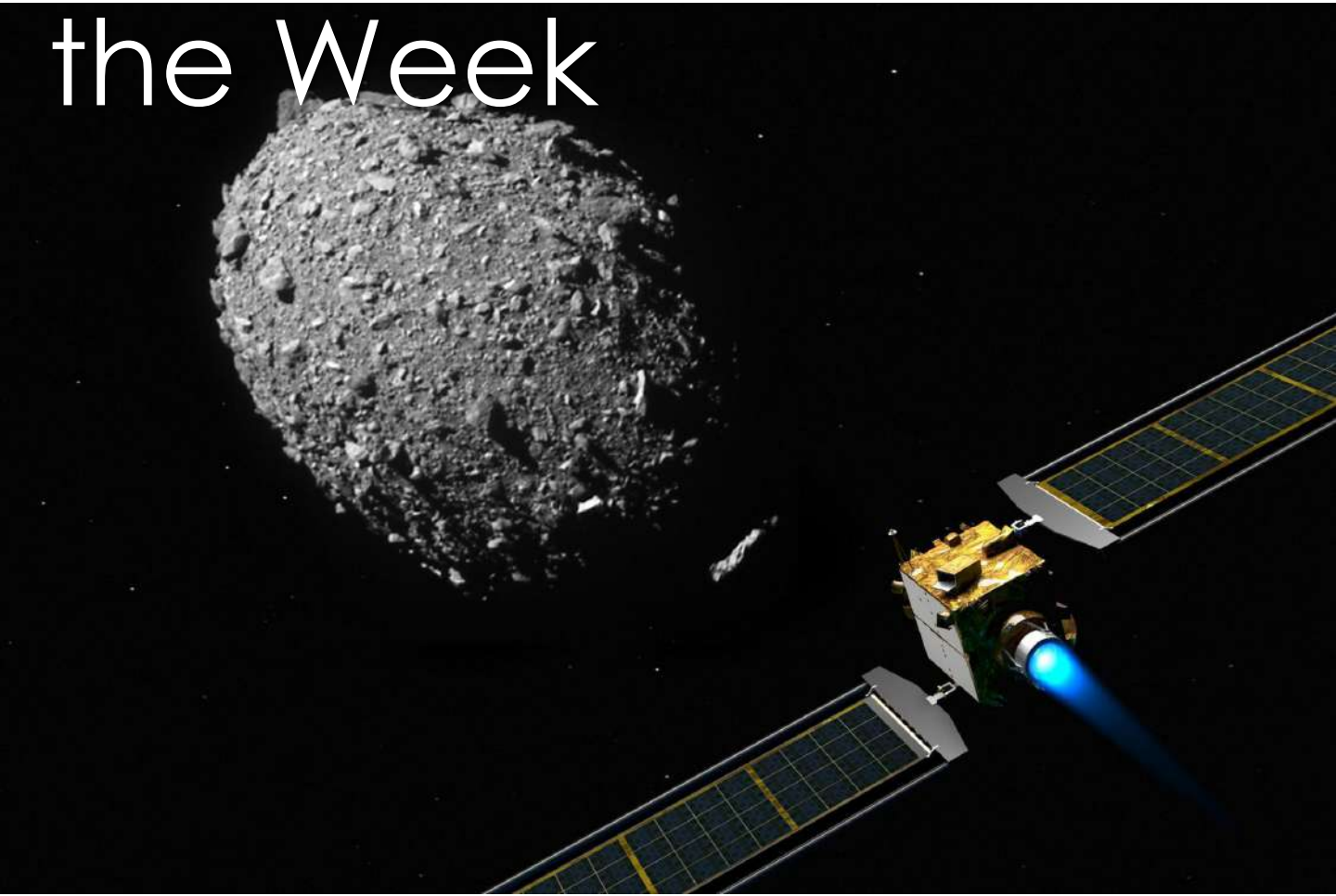
Mixing together different ingredients you can find at home including: baking soda, cornflour, citric acid, coconut oil. We also added food dye to give them a pleasing colour and essential oils which provide a relaxing aroma.



Our excellent year 10 prefects were on hand to explain the science behind the reaction of citric acid and baking soda and why it produces a fixing product. We look forward to seeing how they turn out next week!

Mr McCormick

Science Article of the Week



Spacecraft launches towards asteroid knocked off course by Nasa

<https://www.bbc.co.uk/news/articles/cly694y5kgeo>

Joke of the Week

What do you call a mushroom that likes to party?



A fungi!



Where did the stones of Stonehenge come from?

The origins of Stonehenge have intrigued people for hundreds of years. Chemistry has provided some of the answers, only to reveal more mysteries about this Neolithic monument. **Joseph Lloyd** explains

The 83 remaining stones that make up Stonehenge fall into two major categories: sarsen stones and bluestones. The sarsen stones were sourced from around 15 miles north of Stonehenge, in the West Woods near Marlborough.

Bluestone is a generic term for those rocks not from the local area. Many are linked with Neolithic quarrying sites in the Mynydd Preseli area of Wales, around 140 miles away from Stonehenge. Yet the largest bluestone of Stonehenge, the Altar Stone, is now believed to come from even further afield, though exactly where it is from remains unknown.

Mineral mysteries

The Altar Stone is a form of old red sandstone (ORS), a rock widely prevalent throughout Great Britain and Ireland. However, each deposit of ORS reflects the unique circumstances in which it was formed. It is therefore possible to identify the source of the ORS using a range of analytical tools.

Scientists from Curtin University in Perth, Australia had a sample comprising two 30 μm slices of the Altar Stone. In those slices, three minerals

were of particular interest: zircon (zirconium silicate, ZrSiO_4), rutile (a form of titanium dioxide, TiO_2) and apatite (a group of calcium phosphate minerals).

Uranium–lead dating

Each of these minerals contains traces of uranium that were incorporated into the crystal structure as the mineral formed. All isotopes of uranium are radioactive. Two of which, ^{238}U and ^{235}U , decay into stable isotopes of lead, ^{206}Pb and ^{207}Pb respectively. As the crystals grow, lead is excluded from the structure. Therefore, the only lead found within a crystal has been produced by the radioactive decay of uranium.

^{238}U has a half-life (the amount of time for half of the atomic nuclei in a radioactive sample to decay) of about 4.5 billion years (see CHEMISTRY REVIEW Vol. 33, No. 2, pp. 28–30). ^{235}U has a half-life of around 700 million years. Half-lives are constant and so the ratio of uranium to lead indicates the age of the rock. The clever thing is that with two decay chains there are two ‘clocks’, allowing for cross-checking of the results. In each case, the more lead, the older the rock. In this instance, the zircon in the altar stone was dated to between 500 million and 3 billion years old.

A stone from overseas?

What does the age of the minerals have to do with the origin of the rock? As well as uranium–lead dating being conducted on all of the mineral types, the zircon and rutile grains also underwent

lutetium–hafnium (Lu–Hf) dating. In addition, trace element analysis was conducted on the apatite.

By combining the results of all these methods, a detailed, specific picture of the rock was painted. All that remained to do was match that profile with those of samples from known deposits of ORS across the British Isles. The pattern of ages shows that the Altar Stone is most likely from the Orcadian basin in northeast Scotland.

That means that the six-tonne stone travelled at least 450 miles. Some people even speculated that the stone could have travelled more than 600 miles, coming across the sea from Orkney. The island has its own rich Neolithic heritage, being home to the Stones of Stenness and the Ring of Brodgar. However, further analysis has ruled out Orkney as the source of the Altar Stone.

Researchers used a combination of X-ray diffraction, microscopy, Raman spectroscopy and scanning electron microscopy to study the rock samples. They found only two samples from Orkney that showed the presence of baryte, a barium sulfate mineral present within the Altar Stone. Furthermore, the Orkney samples are rich in potassium feldspar, whereas the Altar Stone is not.

Lessons learned

While the hunt for the precise origin of the altar stone goes on, the research so far has not been in vain. At the very least, the location of origin of the Altar Stone has been narrowed down to a specific region of the UK. In learning of the distant origins of the

Altar Stone, scientists can infer a high level of societal co-ordination in Neolithic Britain at the time that Stonehenge was being built, 3500–5000 years ago. The people had sufficient skills and organisation to transport the stone hundreds of miles, probably by sea. Chemistry continues to reveal tantalising details about our incredible ancestors.

- sample while obtaining data.
- Radiocarbon dating would have destroyed the needed to perform radiocarbon dating). (Samples of 10–100 grams of an object are abundant enough to allow testing to go ahead.
 - The samples of the Altar Rock were not less than approximately 62 000 years old). estimate the age of organic materials that are of 5730 years, meaning it can only be used to have already decayed. (Carbon-14 has a half-life uranium isotopes, meaning most atoms will
 - Carbon-14 has a far shorter half-life than great enough quantity.
 - Given the non-organic nature of the sample, carbon is unlikely to have been present in a
- 2 Suggestions could include:
- electrons: 82
 - number: 207, protons: 82, neutrons: 125,
 - Isotope: ^{207}Pb , atomic number: 82, mass electrons: 82
 - number: 206, protons: 82, neutrons: 124,
 - Isotope: ^{206}Pb , atomic number: 82, mass electrons: 92
 - number: 235, protons: 92, neutrons: 143,
 - Isotope: ^{235}U , atomic number: 92, mass electrons: 92
 - number: 238, protons: 92, neutrons: 146,
 - Isotope: ^{238}U , atomic number: 92, mass

Answers

Questions

- 1 Determine the atomic structure (protons, neutrons and electrons), atomic number and mass number of the lead and uranium isotopes mentioned in this article. You may use a periodic table.
- 2 Radiocarbon dating uses the radioactive carbon-14 isotope to estimate the age of materials. Why do you think it was not used in the case of the Altar Stone?

Find out more about our full range of magazines and online archives of back issues at www.hoddereducation.com/magazines

Did you like this article?
Tell us what you think

A photograph of two Year 7 students in school uniforms standing in a classroom. The student on the left is a girl with long blonde hair, wearing a white shirt and a dark blazer. The student on the right is a boy with dark hair, also wearing a white shirt and a dark blazer. Both students have their arms raised in the air, mimicking the branches of a tree. The background shows a classroom setting with a blackboard, a whiteboard, and a desk with various items on it.

This week in

English

Year 7 have been delving into the magical world of creative writing this half term. From anthropomorphism to pathetic fallacy, these little ones have been learning to use some big devices!

With their assessment coming up, here are some members of 7 Oak taking the instruction of 'show not tell' a little too literally (it's a tree by the way!)

Miss Laws

This week in **Geography**

GCSE Geography Fieldwork

Our GCSE Geography students went out on their last fieldwork Monday to Wednesday last week. They were knee deep in the river and showed real engagement and enjoyment despite the constantly changing weather and colder conditions. Students were really well behaved and Mrs Angus was impressed with how many of them were willing to participate despite the fact they were told they would properly get wet feet due to the higher than usual river height. Well done to all that went and I hope they will remember it for years to come, I certainly will!

Mrs Angus
Head of Geography





clubs

Extracurricular
timetable



Club

Update from Salters Chemistry Club

September & October Highlights at Salters' Chemistry Club

Over the past two months, Salters' Chemistry Club has immersed learners in the chemistry of cosmetics, with October dedicated to skincare, moisturisers, haircare, and deodorants. Every weekday at 8am, members enjoyed a variety of engaging activities such as videos, infographics, quizzes, and more, making chemistry accessible and fun from anywhere in the world.

Our high-quality, age-appropriate content is crafted in collaboration with university students, leading researchers, and industry professionals, ensuring an enriching experience. Beautiful, theme-related illustrations enhance the highly interactive platform, keeping learners captivated.

This month, we proudly rank fourth in UK engagement, continuing our mission to show that being a chemist extends beyond the traditional lab setting. Join us as we explore the chemistry in our everyday lives!

Sign up: <https://www.salterschemistryclub.co.uk/register>



VPA

News

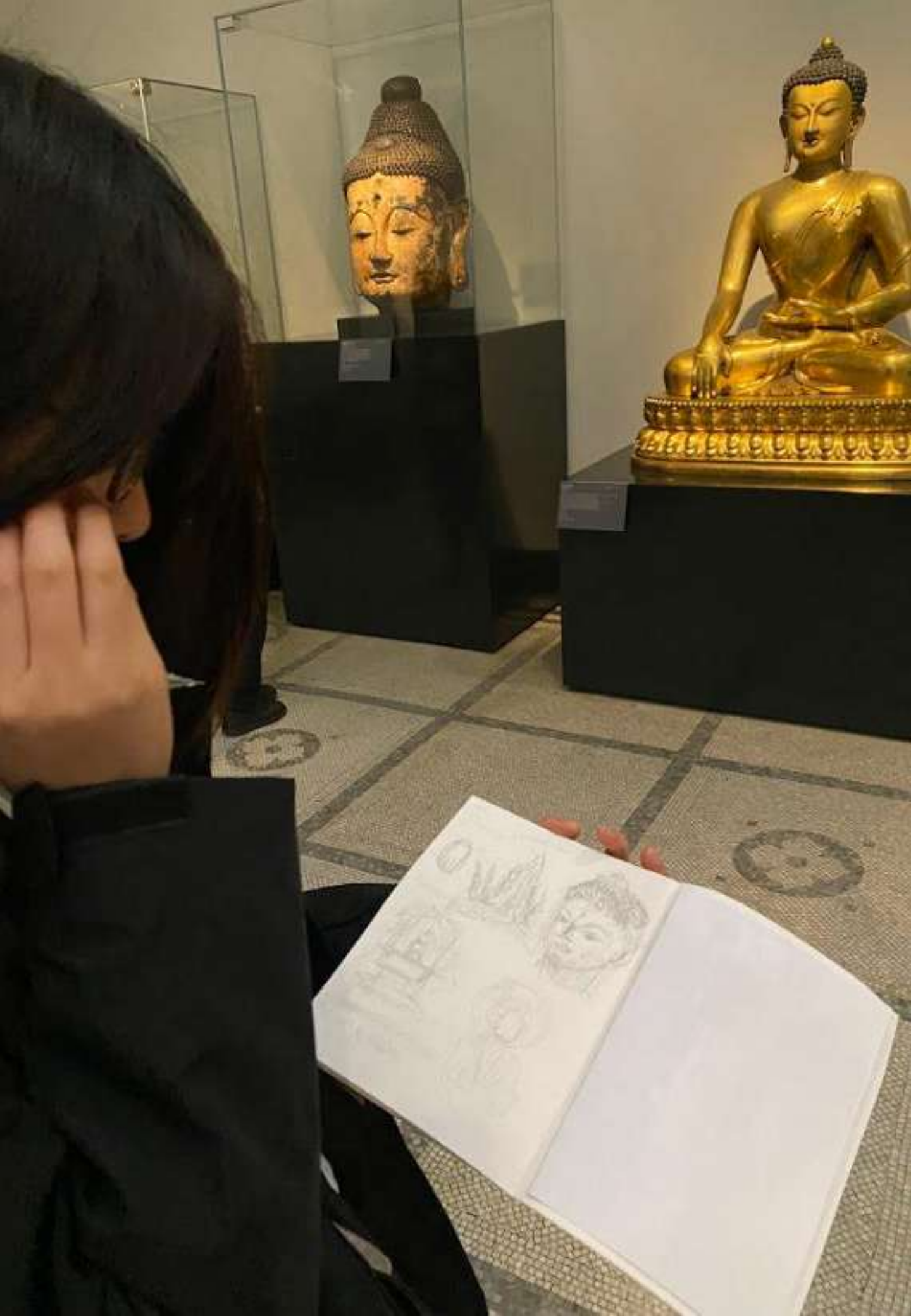
Art Year 10

On Thursday 17 October 44 GCSE Year 10 Art students visit the Victorian and Albert Museum to record ideas for the current project. Focusing on the Japan, Buddhist and ceramic displays, students took photographs and made a range of observational drawings from life in different media. They represented the school fantastically and several members of gallery staff and the public commented on how impressed they were by our student's behaviour and engagement. Thank you to the Art Department and our artists for a very success day enjoyed by all.





















ELEGANT DRESS



Kimono (long-sleeved robe) with a landscape pattern, likely a scene from a Japanese story. The pattern includes a river, a boat, a hut, and a large tree. The kimono is made of a dark blue fabric with a white border.

Kimono (long-sleeved robe) with a landscape pattern, likely a scene from a Japanese story. The pattern includes a river, a boat, a hut, and a large tree. The kimono is made of a dark blue fabric with a white border.



TATE BRITAIN

FREE FOR ALL

Art Year 12

On Friday 11 October our Year 12 artists went to see the Turner Prize at Tate Britain. This year's fantastic show was hugely enjoyed by all and the students' engagement and behaviour was exemplary. Thank you to Ms Razvand-Atwi for accompanying the students on the visit.

There is a flyer for the Mayor's Christmas card competition. If students would like the Art Department to enter designs for them, they are welcome to come and see Miss Bowie anytime before the entry deadline with their work.

Finally we have an advert for Art-K Kingston workshops. During term time they offer mixed age classes, 11+ classes and GCSE and A-level dedicated classes.

Miss Bowie

Subject Lead for Art and Design and Photography













KNOW THYSELF







THE MAYOR & LEADER OF RICHMOND UPON THAMES CHRISTMAS CARD COMPETITION

The Mayor & the Leader of the Council are searching for budding artists to design their annual Christmas cards.

Winners will have their designs made into real cards and will also be invited to have tea with the Mayor & Leader!

Closing date - Monday 18th Nov 2024

For more details on how to enter please visit the website www.richmond.gov.uk/mayor



ART CLASSES FOR CHILDREN

www.art-k/class-kingston

kingston@art-k.co.uk

07385890738

67 Park Road, Kingston upon Thames, KT2 6DE





VPA Scholars of the Month - October

At the start of the year, the VPA Scholars were set a variety of challenges, ranging from completing graded exams on musical instruments to performing in shows outside of school. We will be celebrating the success of different students each month.

What a fantastic start the VPA Scholars have made to their time at Grey Court! Despite only meeting recently, they have gelled as a class and it is wonderful to see them building friendships and collaborations in different art forms. We have seen several Scholars performing already at GFest and look forward to seeing many more at the Christmas Concert and Pantomime.

I am very excited for this year's VPA Scholarship Showcase, as I think it will show their wide-ranging talents and abilities. Keep an eye out for them in performances and events throughout the year!

Miss Cowper
Year 7 VPA Scholarship Coordinator

Wallis McKinley - Music / Art

Wallis has made a fantastic start to her time in the VPA Scholarship and has already performed solo at GFest on the fiddle. She is an accomplished musician, playing fiddle, flute and singing, as well as writing her own songs. She has joined Junior Choir and successfully auditioned for Grey Court Voices. She is doing fantastic work in Miss Cowper's lessons and has stood out for her enthusiasm, answers to questions and dedication. Well done Wallis!



**Miss Cowper's
Scholar of the
Month**



VPA Scholars of the Month - October



**Mr Allchurch's
Scholar of the
Month**

Fulton Bell - Music / Art

Fulton has also already performed at GFest, but this was actually his second performance there! Last year, he performed as a Year 6 as the drummer for his brother's band, so it was fantastic to see him return to the stage as a Grey Court student. He has joined Music Tech Club and the Performance Support Award and is always finding ways to get involved. He is doing fantastic work in lessons and clubs with Mr Allchurch and has stood out for getting involved in so many opportunities already. Well done Fulton!

Hannah Mahmoud - Drama / Music

Hannah has thrown herself into VPA life at Grey Court and contributes fantastically to everything we do in lessons, as well as joining Junior Choir and successfully auditioning for Grey Court Voices. She is doing fantastic work in Drama with Ms Johnson and has stood out for her contributions to discussions and practical work. Well done Hannah!



**Ms Johnson's
Scholar of the
Month**



GREY COURT VOICES

After some gruelling decisions, I am delighted to announce the following students will be part of Grey Court Voices this year:

Maheen Aatif
Alice Bell
Edith Brown
Teddy Button
Aria Cahalane
Mari Evans
Molly Frost
Victoria Godard
Emme Hughes
Freya Kirrage
Leyla Lioutyi
Anna Lowe
Hannah Mahmoud
Wallis McKinley
Vika Nadtochii
Michelle Newton
Wai Sze Shum
Millie Simpson
Lilly Smee
Zoe Van Den Heever
Lily Walsh
Sophie Walsh



There are still some spaces, especially for older voices.
Please speak to me if you would like to audition!

Miss Cowper



LAMDA

Classes at Grey Court



Year 7 - Year 13

Why LAMDA?

- Builds confidence and empowers you to become an effective communicator
- Develop your vocabulary, reading ability, conversational skills and memorisation
- From Grade 6 onwards, earn UCAS points to aid your entry into higher education
- Work towards an exam in the summer term

Why Elizabeth Samuels?

- A leader in LAMDA tuition supported by a team of highly experienced teachers
- 100% exam pass rate at Merit level or above, with 90% at the highest level of Distinction
- Unique LAMDA teacher training that ensures lessons are delivered to the highest standard

Where & When?

- 30 minute classes take place during the school day at Grey Court

How do I signup?

- Visit: www.elizabethsamuelsdrama.com/greycourtregistration





Welle

Oct

2024

Optimistic October 2024

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

31 Set a goal that brings a sense of purpose for the coming month



Thursday 10 October was World Mental Health Day. Staff and students were asked to consider the PERMA model of positive psychology and consider what things they can do to look after their wellbeing.

You can watch the video

here: <https://www.youtube.com/watch?v=apWzR-9imPM>

For more information about positive psychology visit the Action For Happiness website:

<https://actionforhappiness.org/>

GREAT DREAM

Ten keys to happier living

GIVING



Do things for others

RELATING



Connect with people

EXERCISING



Take care of your body

AWARENESS



Live life mindfully

TRYING OUT



Keep learning new things

DIRECTION



Have goals to look forward to

RESILIENCE



Find ways to bounce back

EMOTIONS



Look for what's good

ACCEPTANCE



Be comfortable with who you are

MEANING



Be part of something bigger

ACTION FOR HAPPINESS

www.actionforhappiness.org

AfC

'Helping teens with...' series

Achieving for Children's mental health support teams are delivering a series of webinars for parents of secondary-aged children and young people. The 'Helping teens with...' series of webinars covers a range of common difficulties experienced by children and will aim to share evidence-based strategies to help parents and carers with these difficulties. In the third and fourth columns of the table, you will find the sign-up links.

Support for Parents 'Helping teens' series



Looking after your child's mental health

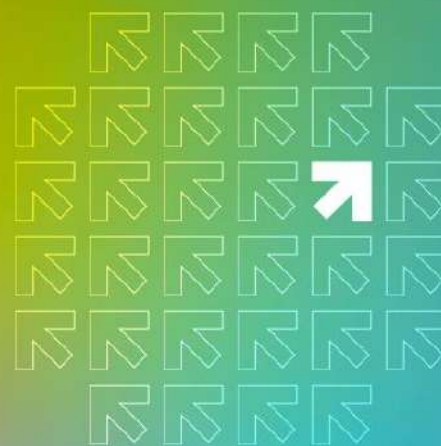
As parents and carers, there are ways we can support our children to give them the best chance to stay mentally healthy. Encouraging and guiding a child to think about their own mental health and wellbeing are vital skills you can teach them from a young age.

Find out how you can help a child to have good mental health, including knowing how to talk to a child about their mental health, and when to spot signs they might be struggling. Plus get self-care tips for you, to help you look after your mental health while caring for others, and find out how to get more support if you, your child or your family need it.

Open Events for 2024-25

OPENERS





Discover Your Direction

OPEN EVENTS 2024–25

OPEN EVENTS

2024–25

 Carshalton College	 Kingston College	 Merton College	 South Thames College
Wednesday 16 October 17:00–19:00 Saturday 16 November 10:00–13:00 Wednesday 26 February 17:00–19:00 Wednesday 25 June 17:00–19:00	Saturday 5 October 10:00–13:00 Wednesday 20 November 16:30–19:00 Saturday 25 January 10:00–13:00 Wednesday 12 March 16:30–18:30 Friday 20 June 11:00–13:00	Saturday 12 October 10:00–13:00 Wednesday 13 November 17:00–19:00 Wednesday 5 February 17:00–19:00 Thursday 26 June 17:00–19:00	Wednesday 9 October 16:30–18:30 Saturday 9 November 10:00–13:00 Wednesday 5 March 16:30–18:30 Wednesday 18 June 16:30–18:30
Carshalton College Nightingale Road, Carshalton SM5 2EJ	Kingston College Kingston Hall Road, Kingston upon Thames KT1 2AQ	Merton College London Road, Morden SM4 5QX	South Thames College Wandsworth High Street, London SW18 2PP





Discover Your Direction

OPEN EVENTS 2024–25

 Carshalton College	 Kingston College	 Merton College	 South Thames College
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Sixth Form
News

Open Evening

Thursday 7 November

I am delighted to invite you to our Sixth Form Open Evening on Thursday 7 November 2024. The event will be held in our Sixth Form Centre with tours and keynote speeches at 5.15pm and 6.15pm. Please book your tickets through the Grey Court website.

During the course of the evening you will be able to meet Sixth Form staff and students, take part in A-level and BTEC activities, tour the site, meet our higher education officer and listen to a keynote speech from the Sixth Form Leadership team.

You will learn about our academic ethos, teaching philosophy, enrichment programme and community engagement scheme. In addition we will provide a clear explanation of the difference between a personalised school-based Sixth Form and a college experience.

I am very proud of the creativity, ambition and warmth exhibited by our current Sixth Form cohort as well as the drive and focus of our teaching staff, which I am certain will be evident on the night. The confidence of these students has obviously been bolstered by the outstanding range of university and apprenticeship destinations achieved by last year's cohort.

I know they are very much looking forward to welcoming a new band of positive and forward thinking individuals (as well as their positive and forward thinking parents) into our vibrant Sixth Form.

If you have any questions about the evening or the Sixth Form enrolment process, please do not hesitate to get in touch with us.

Miss Higham

Assistant Headteacher, Sixth Form

Activity Day

Wednesday 23 October

Year 12	Year 13
Apprentice Challenge	UCAS
Pupils will take part in a challenge in the style of the TV show "the apprentice". They will work in teams of 6 to complete a series of challenges either in central London or in the Kingston/Richmond areas where they will be unsupervised by staff. Pupils should register in sixth form at the normal time before heading off to complete the challenges. Students are required to provide their mobile phone number before they leave and GC staff will be stationed at points around London to assist pupils if needed. Details of the challenges can be seen here: Apprentice Day Challenges 2024 Apprentice Day Letter	This will be a full day of support for students with their UCAS applications. Students will be with their tutors and members of the Sixth Form team will be available to finalise references and predicted grades, and send applications off to UCAS. This will be the last time that we will be dedicating specific sessions to UCAS as all applications are expected to have been completed by this point. UCAS Day

Year 13

UCAS update

A huge well done to all of the students who have worked so hard to get their UCAS applications completed, and a massive thank you to all year 13 tutors, who have written glowing references for their tutees! We have already sent over 50 applications to UCAS, with another 17 that are with us for finalising. 21 students have received offers from universities.

Running the university applications process every year, sometimes the sixth form team forgets that the language of UCASese is not universally understood. To help demystify the process UCAS have produced a handy guide. Click here and you will be able to outsmart your child [UCAS Terms Explained](#).

If you are struggling to submit your UCAS form, please speak to your tutor, Ms McNicol, Ms Higham, Mrs Moore or Mr Bhumbra. Don't bury your head in the sand - your UCAS form won't go away and getting it sent off early will pay huge dividends. The second half of this term will be a busy one for Year 13s so having your UCAS form submitted and having uni offers rolling will take away lots of potential stress and anxiety. Submitting early is a concrete way you can help yourself in your Year 13 journey so now is the time for action!

UCAS

Miss Fincham's EPQ Update

This week students have been with some outside experts from the Royal Literary Society to develop their academic planning and writing skills. They need to return from the half term ready to write a full essay or artefact plan and begin the drafting process. Students who are behind should plan to catch up on key tasks during the half term period.

Miss Fincham's Oxbridge Update

All applications have now been sent to UCAS and all students who need to sit pre-interview assessments have been signed up to sit these. The next step after half term will be to look at interview preparation. A letter will be sent out to parents for a contribution towards the initial interview experience which will take place on the INSET days after half term. Students will be provided with a schedule as to when their interview will take place. This will be in school online from a trusted outside provider. There are also some additional support sessions being provided by King's College Wimbledon and Tiffin Boys School. Students should look out for the opportunities relevant to them via email and the Oxbridge Google classroom.

MedSoc

With all the Year 13 applications done, the students were now able to turn their attention towards preparing for interviews. This week our students had a riveting discussion on euthanasia. A topic relevant to both medics and vets. The discussion touched on a variety of points including the freedom of making the choice to end one's own life as well as the pressure some might feel to make the choice, if allowed, due to circumstances. MedSoc students have also been invited to attend the Daniell lecture at KCL, with most signing up for this opportunity.

Unifrog for Parents Year 12

All year 12 students have been sent their logins for Unifrog. Unifrog is used in sixth form for researching post sixth form options and logging competencies in preparation for writing their personal statements at the end of the year. To find out more about this useful tool you can watch this [short video](#).

Inset Days

Please note the different arrangements for Y12 and Y13 with regards to whether they attend virtually or are required to be on site.

	Year 12	Year 13
4 November	<u>Students work remotely on IDEA:</u> IDEA - students will spend time working towards completing the badges that they spent time in PDW on. Students can access a wide range of podcasts and online lectures/courses from home to support the work that they will be doing and allow them to further read around their subjects.	UCAS applications Any students whose UCAS application has not yet been submitted to UCAS (not just to school) need to be in school to submit their applications with their tutors and members of the sixth form team. Oxbridge Interviews There will be a timetable of online interviews for students applying to Oxbridge Coursework / classwork catch-up sessions Some students may be asked to come into school to complete any work that they need to catch up on. Individual subject teachers will let students know if this affects them.
5 November	<u>Students work remotely on IDEA:</u> IDEA - students will spend time working towards completing the badges that they spent time in PDW on. Students can access a wide range of podcasts and online lectures/courses from home to support the work that they will be doing and allow them to further read around their subjects.	Oxbridge Interviews There will be a timetable of online interviews for students applying to Oxbridge Coursework / classwork catch-up sessions Some students may be asked to come into school to complete any work that they need to catch up on. Individual subject teachers will let students know if this affects them.

Careers with Miss Corrighan

After half term we will be launching our year 12 work experience. Students will be out on work experience or a university summer scheme 30 June – 4 July 2025. This is overseen by the sixth form team and Miss Corrighan (Head of Careers) and more information will follow after half term.

In the meantime students can start to build their experience by looking through the weekly Careers opportunities bulletin and accessing the range of experiences available to them:

[18/10/2024 Sixth Form Careers opportunities](#)

This is packed full of work experience, careers talks, university events, apprenticeships and more. Students should be checking this weekly and parents/carers can also access this. This is collated specifically for YOU so please be proactive and start to develop your CV and applications for your post 18 options.



Sports News

It's a Good Life as Surbiton Girls are struck by the pink wall! - Mr Clements

Grey Court U18 Girls: 2 Surbiton High School 1

On a still Autumn afternoon, our elite women's' team executed a perfect exhibition of gegenpressing to claim the scalp of Surbiton Girls, who are highly regarded in the women's' football milieu.

The build up to the game had been fraught for Thomas Tuchel lookalike, Mr Clements, who had had to cave into the following demands after a players revolt had stipulated that:

1. We won't play away games as we don't like travelling by public transport.
2. We won't kick off before 2pm so we can fill in our university application forms.
3. We will only play on Wednesdays due to our work/violin/job/tutoring commitments
4. We will not play if we are near any exam/assessment/test/coursework windows.
5. No more dad jokes!

So after a warm up that involved moving the goals 200m across Bull Meadow and watching our counterparts engage in an elaborate rondo whilst the iconic pink football tops favoured by the boys first XI were tracked down (they had mercifully been cleaned and sprinkled with fabric conditioner by Ms Marsh) - we kicked off.

With several Year 12 debutants - Lucy Williams, Mia McGregor and Georgia Hawes - keen to make their mark, having arrived from rival schools in the off-season (no doubt enticed by last year's legendary campaign) Grey Court made most of the early running.

However, with the match settling down in a pattern of neat Surbiton passing triangles being disrupted by Grey Court's counter attacks and Layla Banarse's energetic wing play, a first half stalemate ensued.

Unfortunately, as referee Pirin Manecksha's whistle was ready to sound the half time knell, a speculative thunderbolt from the Surbiton right half broke the back of the net which allowed the favourites to go in 1 nil up.

After a rousing explanation of the three centre back formation and the wing-back concept at half time by coach Clements, the girls re-entered the arena with determined/puzzled looks on their faces.

What ensued - will undoubtedly go down in the annals of Grey Court folklore, alongside old pictures of Mr Willmore with his 1980s perm, as the team slowly, inexorably and mercilessly pressed their illustrious opponents into submission.

The equaliser arrived as elegant centre back, Rosie McDermott - in the John Stones role - surged into midfield, brushed off a couple of challenges and launched a perfect 25 yard piledriver into the bottom corner. 1-1. Surbiton's QPR academy goalkeeper looked broken - and we knew the game was there to be won!



With Imogen Collins now playing neat reverse passes through the centre of midfield and Matilda Dibb pressurising the tiring centre backs, Grey Court looked like they were intending to seize the day.

However, with spaces developing across the pitch a rapid High counterattack saw their forward bare down on goal and unleash a sensational shot, only for Sophie West - making her Sixth form debut (and looking composed beyond her years) to stretch out her arm in Michelangelo Sistine chapel style - to pull off a miraculous save.

A rapid transition followed by a final press from Dibb, left Izzy Morten, fresh from completing her veterinary school application, to turn and hit a perfect half volley that arced into the top corner. 2 - 1 and the Ted Lasso style celebrations were unveiled by Mr Clements.

The girls then played out a controlled 5 minutes of added on time to record a memorable win against a very talented and Corinthian spirited opposition team.

Individual player ratings below:

Layla Banarse - our most consistent player over the last year produced an energetic performance for the ages!

Lauren Jackson - our Captain produced her usual lung busting performance which left her breathless!

Freya Grant - Jackson's midfield partner harried the opposition in an all action first half

Imogen Hollins - opened up the midfield with clever passing as the opposition tired.

Rosie McDermott - a masterclass in assertive defending.

Izzy Morton - bullied the opposition centre halves before scoring a goal that will live long in the memory.

Carys Rogers - Carved out several chances to win the game via lively wingplay: a vital cog in the pink machine!

Ava Webster - aggressive, confident and tough tackling throughout.

Lucy Williams - a hard running debut that left her opponent gasping for air.

Mia McGregor Wood - composed and unflustered under pressure whenever the opposition threatened.

Georgia Hawes - a true mistress of the dark arts of defending - who tamed Surbiton's talented attack.

Pansy Bull - an energetic presence across the forward line.

Margo Ferris - Positionally excellent - an immovable defensive titan.

Matilda Dibb - a dervish in midfield whose energy helped us edge a tight contest.

Sophie West - a veritable Manuel Neuer in the sweeper keeper role.



Thursday 17 October: Excellent win for the U15 basketball team



Thursday 17 October: Winners!!! Our U13a team are through to the next round of the SiS competition. A very close game, that went into extra time!! POM Daisy and Laila



Thursday 17 October: Excellent 2-1 victory for the u12 boys football team in the ESFA Cup. M Bostan with a double strike. Well done, boys!



Wednesday 16 October: Lee Valley 'A' Finals
congratulations to both our u16 boys and girls teams
on their silver medals. Well done everyone!





Thursday 17 October: U16A team travelled to Downsends School this afternoon to play in the second round of the SiS competition. They missed out on the win but played fantastic netball! POM Jess

Wednesday 16 October: Missed out in the win in the U15's next round of the SiS comp against St Georges Ascot. POM Ab





Monday 14 October: U13A won against KGS, fantastic play!
POM Laila S



Wednesday 16 October: The U12 Boys Football A' squad put in a great performance away at RPA, but despite the relentless pressure, ended up drawing 1-1 in the league after going behind early on.

Tuesday 15 October: Excellent 5-1 victory for the u16 football team. Goals from Charlie (3), Chris and George.



Monday 14 October: Excellent team performance for the U13B team in the first round of the ESFA cup. 4-1 winners, goals from Henry, Quinn, Harry and Oscar



Mario Bostan

Boys Player of the Month

Mario Bostan is player of the month for his performances for the U12 Football team. Some highlights are Mario scoring a hatrick in the 4-3 victory away to Hampton Boys at the beginning of the month. He also scored a vital goal in the National Cup first round fixture against Rutlish, a game we went on to win 4-2.

Mario managed to score all 4 of our goals in the 4-2 victory over St Richard Reynolds in the league, as well as another 4 against Orleans Park, which helps to take his tally to 14 goals in 5 games! Well done on a fantastic run of form and your contributions to the team.



Bella Keane

Girls Player of the Month

Bella Keane has been selected as reserve for the Great Britain freestyle kayaking team to go to Germany to compete at the World Championships.

She was also recently selected to race in Greece in the High Knee Canoeing event at the Greek International Regatta.

Bella exhibits remarkable talent in her field and leads by example in all her PE lessons by bringing great energy and a positive attitude.

Well done Bella, we wish you the best of luck in Germany!



Pascal Barikor

Boys Scholar of the Month

Pascal Barikor has had an outstanding October, solidifying his place as one of our top athletes across multiple sports. His impressive dedication and skill have shone through, marking him as a standout student both on and off the field.

Pascal's achievements this month include an incredible 3rd place finish at the ESAA Junior Cross Country. In football, Pascal has been equally impressive, scoring 3 goals in 3 games and firmly establishing himself as a first-choice player for the team. His consistent performances and attacking skills have been key to the team's success.

What's even more remarkable is Pascal's rapid rise in rugby. Having only started playing in September, he has already earned a place as a starter in the A team. His quick adaptation and commitment to learning a new sport have been great to see.

Alongside his sporting accomplishments, Pascal's attitude and knowledge in his Scholar lessons on athletics has been outstanding. His hard work, focus, and positive approach make him a role model for his peers.

Well done, Pascal, for being named October's Scholar of the Month! Keep up the fantastic work!



Cross Country Teams

Junior and Intermediate

Boys Teams of the Month



The Boys Junior and Intermediate Cross Country teams were in action in the first round of the Cross Country Cup. The teams performed brilliantly and won both age groups to qualify for the Regional Finals on 7 November.

For our Juniors, some highlights were Robert in 2nd place, Pascal in 3rd, Liam in 4th and Ed in 7th. In the Intermediate team, Tom came 4th, Euan was 6th, Ifan 8th, Andrew 10th and Avery 13th.

Well done to both squads and good luck in the Regional finals.

U14 Netball Squad

Girls Team of the Month



The **U14 Netball Squad** have not had the best success in tournament play in the last couple of years at GC, narrowly missing out on making the Borough Tournament Finals at U13 level and losing by 1 goal to LEH at U12 in the final having been leading throughout. This year the girls were determined to play their best netball after a great start to the season and an excellent performance at the Middlesex County Netball Qualifiers the week prior where they finished 3rd in their table and just missed out on qualifying for the County Finals. The team had a strong start, beating Orleans Park 4-3, Twickenham 13-0, Waldegrave 9-3 and St Richard Reynolds 9-6 to finish top in their group. They then met LEH in the semi final and playing some of their very best netball, beat them 6-2 to reach the finals. We then faced Orleans Park again and were ready for a tight match. With GC p 4-2 at half time, OP made a strong comeback in the second half but GC were able to keep the lead and finished 7-6 and **BOROUGH CHAMPIONS!!**

Huge congratulations to the squad!!

What's on...

Have your say...

Please find an email from a parent appealing for your help with a consultation

Given basketball is the fastest growing sport in the UK - particularly in London, I just wanted to flag a consultation that's currently live with Richmond Council that I think a lot of kids and parents might be interested in. It's for a new basketball and football facility (MUGA) near Beaufort Court in Ham. Since the YMCA Hawker Centre removed their hoops (in favour of a revenue generating Padel court) kids in the area have had no access to public basketball courts (closest being across the river in Kneller Gardens). Also, I'm engaging with Sarah Olney and the YMCA manager about reinstating basketball at the YMCA

https://haveyoursay.citizenspace.com/richmond/decisions/hammuga/consult_view/





BARNES RFC

JUNIOR GIRLS

Girls, looking for a sport that's both fun and physical? Barnes Rugby Club is the place for you. Be part of a strong team, make lasting friendships, and push your limits on the pitch. It's more than just rugby - it's a community.



For Rugby

For Friendship

For Life



Two Squads, covering Years 6-9

Sundays, 9am @ Barn Elms Sports Centre

**For more information contact Boris at
juniorgirls@barnesyouthrugby.org**

**Register now for a 3-week
free trial**





Community
Sports Trust



PARA

PART OF ENGLAND FOOTBALL

PARA FOOTBALL ENGLAND TALENT DAYS

For players with cerebral palsy, hearing impairments or visual impairments.

- **Age Group: 7 - 16, Boys & Girls Welcome**
- **Date: Sunday 27th October 2024**
- **Time: 10.30am – 12pm**
- **Indoor Dome at Uxbridge High School, UB8 3PH**



For more information, contact
Craig Peters (Disability Manager):

cpeters@brentfordccst.com

Scan to register.

To find out more visit:

EnglandFootball.com/Para

Supported by



**Premier
League**



**Professional
Footballers'
Association**



NEW FLYERZ HOCKEY

Pan-Disability hockey sessions, incorporating all neurodiversities, wheelchair/frame users, visual impairments and the deaf.

No experience needed. All equipment provided.

FOR AGES 8-ADULT

JOIN US!

Every Sunday

4:30pm-5:30pm

Teddington School, Broom Rd,
Teddington, TW11 9PJ

**For more information contact
THCFlyerz@gmail.com**





Open Day

Saturday 26 October - 10am to 3pm

Come and try a range of inclusive and disability specific sports and exercise, including basketball, dance, football, boccia and multisports....

**FREE
EVENT**



The RISE event is open to individuals of all ages and ability levels. If individuals have specific support needs we ask that they attend with a carer or PA. If a participant is under 16 then a parent or carer needs to remain onsite.

Please check the website or contact us for a full programme.

Hampton Sports & Fitness Centre
Hampton High, Hanworth Road,
Hampton, TW12 3HB

Getting there:

Train: Hampton Station

Bus: 111 and R70 stop outside the centre

Parking: Car and cycle parking onsite

www.richmond.gov.uk/rise

Phone: **020 8831 6134**

Text: **07773 040219**

Email: **rise@richmond.gov.uk**



R LONDON BOROUGH OF
RICHMOND UPON THAMES
SPORTS DEVELOPMENT



Youth Services

HAM YOUTH CENTRE ACTIVITIES PROGRAMME 2024/25



OPEN TO 11 TO 19
YEAR OLDS

For more information, contact:
ben.skelton@achievingforchildren.org.uk



achieving
for children

YOUTH CLUB SESSIONS

Generic drop in sessions involving pool, table tennis, table football, air hockey, team games, ball and racket sports, arts and crafts , discussions, cooking, movie nights, chilling, socialising and anything else young people want to do.

AFTER SCHOOL YOUTH CLUB GIRLS GROUP	Mondays, 3pm to 5pm Mondays, 5pm to 7pm
JUNIOR YOUTH CLUB SESSION YEARS 6 TO 8	Tuesdays, 3pm to 6pm
SENIOR YOUTH CLUB SESSION YEARS 9+	Tuesdays, 6pm to 8pm
AFTER SCHOOL YOUTH CLUB	Wednesdays, 3pm to 7pm
AFTER SCHOOL YOUTH CLUB	Fridays, 3pm to 5pm

CLASSES AND WORKSHOPS

Led by qualified instructors and practitioners.
Contact Ben Skelton to book your slot

HOMEWORK AND STUDY SUPPORT	Mondays and Fridays, 3pm to 5pm
STREET DANCE CLASS	Mondays, 5pm to 7pm
MUSIC STUDIO OPEN SCHOOL OF ROCK (AND RAP)	Tuesdays, 3pm to 8pm, Thursdays, and Fridays, 3pm to 5.30pm
COOKING CLASS	Tuesdays, 3.30pm to 5.30pm Saturdays, 3pm to 5pm
ARTS AND CRAFTS WORKSHOP	Tuesdays, 4pm to 7pm
GAMING LOUNGE OPEN	Tuesdays, 4pm to 8pm Fridays, 3pm to 5pm
GYM AND BOXING	Tuesdays, 5pm to 8pm Wednesdays, 5pm to 7pm Saturdays, 3pm to 5pm
FOOTBALL TRAINING	Wednesdays, 3.30pm to 5.30pm
PARKOUR CLASS	Thursdays, 3pm to 5.30pm
ARCHERY AND FENCING	Fridays, 3.30pm to 5pm
YOUTH ORCHESTRA	Saturdays, 12pm to 2pm
FILM MAKING	Saturdays 3pm to 5.30pm

WHO ARE WE?

We are a team of experienced youth workers who work with 11 to 19 year olds in Kingston and Richmond to provide fun, free and developmental activities. Once Year 6s reach 11 they can attend.

WHAT WE DO

We provide young people with a safe space where they can meet their friends, talk to staff, and take part in activities and trips. We also provide advice and guidance on issues young people may be facing and we empower young people to have a voice in their community.

WHEN ARE WE OPEN?

We are open after school every day of the week and also during school holidays and weekends. See our website for school holiday programmes.

WHAT FACILITIES DO WE HAVE?



MUSIC
STUDIO



GYM



ART
ROOM



KITCHEN



GAMING
LOUNGE



SPORTS
HALL

CONTACT AND BOOK

For more information and to book your slot contact **Ben Skelton**

E: ben.skelton@achievingforchildren.org.uk

W: www.kr.afcinfo.org.uk

Instagram: [afc_hamyouthcentre](https://www.instagram.com/afc_hamyouthcentre)

Facebook: [hamyouthcentre](https://www.facebook.com/hamyouthcentre)

WHERE TO FIND US

We are located the opposite side of
Ham Green from Grey Court school

Ham Close, Ham TW10 7PL



October Half Term

WHAT'S ON

MON 28
-
WED 30

FOOTBALL CAMP

St James Primary School



MON 28

BEES ACTIVITIES DAY - FOOTBALL/DANCE/GYM

Gunnersbury Park



THU 31

HALLOWEEN MULTISPORT CAMP

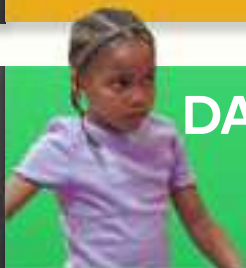
Hazelwood Centre



WED 30
-
FRI 1

DANCE & GYMNASTICS CAMP

Gunnersbury Park



Book now!



RICHMOND NETBALL CAMP



Open to players
of all abilities



Qualified
coaches



Fun and
friendly



Outdoor
venue

**Guest coaching from former England
player & current London Pulse U23
Assistant Coach Lindsay Keable*

**24TH & 25TH OCTOBER
28TH, 29TH*, 30TH OCTOBER**

GREY COURT SCHOOL,
HAM STREET,
RICHMOND UPON THAMES,
TW10 7HN

9.00AM - 12NOON
SCHOOL YEARS 3-10

BOOK HERE 



Dramacube

OCTOBER HALF TERM

MUSICAL THEATRE WORKSHOPS

INSPIRED BY

The

Addams Family

It's creepy, it's kooky, it's performing arts fun
for 5-7 & 8-12 year olds

WALTON ON THAMES
30TH OCTOBER

HAMPTON HILL
31ST OCTOBER

TEDDINGTON
1ST NOVEMBER

9.30AM - 12.30PM | £25 PER CHILD

book at dramacube.co.uk





GYMNASTICS *Holiday* **CAMP**

Full Day £40
8.45am - 3.30pm

Half Day £22.50
8.45 - 11.45am
or
12.30 - 3.30pm

**Friday 25th Oct &
Monday 28th Oct -
Friday 1st Nov**

**Grey Court School,
Ham St, Richmond
TW10 7HN**



**Floor, Vault,
Beam, Airtrack,
Rollers,
Trampette &
Parkour!**

**Halloween Crafts
& Games!**

Age 5 - 12 Years
4 years can attend
half day sessions

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WHAT IS WORK IN THEATRE?

Work in Theatre is a 4-day course that will give you an insight into all the different roles in theatre (from backstage to onstage) and how they all work together to put shows on our stage.

The following Theatre areas may be explored on the course:

- Technical Theatre
- Acting and Improvisation
- Playwriting
- Prop and/or Costume Design
- Movement
- Musical Theatre
- Storytelling

WORK IN THEATRE COURSE

TUESDAY 29TH OCTOBER – FRIDAY 1ST NOVEMBER

HAVE YOU EVER THOUGHT ABOUT WORKING IN THEATRE? DO YOU KNOW HOW VARIED THE ROLES ARE IN THEATRE, AND WHAT IT TAKES TO WORK IN THIS INDUSTRY?

IF YOU WOULD LIKE TO TAKE PART, PLEASE SCAN THIS QR CODE



Any questions please email our Creative Learning Producer at richmondcreativelearning@atgentertainment.com

WORK IN THEATRE

COST:

£120 FOR 4 DAYS

IF THE PRICE OF THE COURSE IS A BARRIER,
PLEASE EMAIL
RICHMONDCL@ATGENTERTAINMENT.COM



'I LOVE THE DIFFERENT TASKS AND GAINING SKILLS FROM THEM, ALSO GAINING THE INSIGHT TO KNOW WHAT I WANT TO DO WHEN I'M OLDER'

WHAT YOU GET:

- **WORKSHOPS, GUEST TALKS AND PRACTICAL ACTIVITIES ON DIFFERENT THEATRE AREAS, PARTICULARLY AREAS THAT ARE NOT OFTEN TALKED ABOUT**
- **A TICKET TO SEE A MATINEE PERFORMANCE OF THE HISTORY BOYS**
- **A PRIVATE Q&A WITH THE CAST AND/OR CREW OF THE HISTORY BOYS**

WHAT DID OUR LAST COHORT THINK?

'I FOUND ALL THE TASKS REALLY ENJOYABLE AND IT WAS A REALLY FUN WAY TO EXPERIENCE OTHER PEOPLE'

'THE TOUR AROUND THE THEATRE, BECAUSE WE COULD LEARN MORE ABOUT THE AMAZING HISTORY SINCE IT WAS BUILT'

'WATCHING THE PERFORMANCE OF THE 39 STEPS BECAUSE IT WAS A REALLY GOOD PLAY AND BEING ABLE TO ASK THE CAST QUESTIONS AFTER WAS VERY USEFUL AND INTERESTING'

**Any questions please email our Creative Learning Producer at
richmondcreativelearning@atgentertainment.com**



**THE
STRINGS
CLUB**

Enter
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THOUSE2024
for 10% off

MAKE THE SCHOOL HOLIDAYS UNFORGETTABLE

Join us this **October Half Term**

Kings House School, TW10 5EG
Tower House School, SW14 8LF

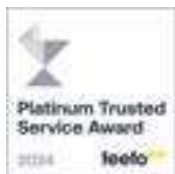
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instrument to
take home!



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WWW.THESTRINGSCLUB.ORG

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Accepted**



**Rated 5-star by
hundreds of parents**



**EYFS Ofsted
registered**

Images © of Paul Cochrane



The Strings Club is passionate about creating unforgettable experiences for children aged 4-11 that deliver the very best in childcare and music education, every school holiday.

Since 2012, we've opened our doors to nearly 500,000 children, and we're thrilled that our Ofsted-registered Holiday Camps are at your child's school.

WHY JOIN THE STRINGS CLUB?



- + Age specific activities for 4-7s/8-11s
- + Morning sessions in guitar, violin or ukulele
- + FREE to hire instrument - even to take home

- + One trained adult to 8 children - for all ages
- + Book from 1 day to the whole experience
- + Discounts including 10% sibling discount & tax free childcare



- + Different theme every week
- + Afternoon workshops, from sport to art to drama
- + Daily Diaries and Newsletters - with access to gallery

Celebrate your child's new musical skills at our Grand Concert, where you can see what they've learnt with their new friends!



SIGN UP TODAY

WWW.THESTRINGSCLUB.ORG



0121 296 9204

or connect via social



TEAM **K** EANE

WATERSPORTS

JUNIOR 1/2 TERM SPRINT CANOE CAMPS 2024

WORKHOUSE DOCK, BRENTFORD, WEST LONDON



- FREE SESSIONS FOR GIRLS AGED 11-14.
- TUESDAY 29TH OCTOBER- FRIDAY 1ST NOVEMBER 2024,
- MORNING SESSIONS, 9:30-12:00
- COACHING PROVIDED BY TEAM KEANE & LEAD BY SCOTTISH NATIONAL C1 PADDLER FIONA DENVER.
- SESSIONS IN BRENTFORD AT THE NEW WORKHOUSE DOCK MARINA

PADDLEUK



SCAN ME TO CHECK OUT
OUR
WEBSITE TODAY FOR
MORE INFO &
TO BOOK YOUR PLACE

[HTTPS://WWW.TEAMKEANE.COM/PADDLESPORTS/CAMPS/HALF-TERM-CAMP](https://www.teamkeane.com/paddlesports/camps/half-term-camp)



"My kids LOVE SPARTANS!
It's an extremely
NURTURING and inspirational
TEAM ENVIRONMENT.
A fantastic basketball family
that is supportive across all age
groups. Let's go Spartans!"

October half term BASKETBALL 5-DAY CAMP

MON 28TH OCT - FRI 1ST NOV

SCHOOL YEARS 6-11 - ALL ABILITIES

10AM - 3PM

GREY COURT SCHOOL, TW10 7HN

spartansbasketballacademy.com/book-now





FREE YOUTH SESSIONS

Youth Engagement
Twickenham Police Station
41 London Road
TW1 3SY
Telephone: 07823797010
Facsimile:
Email:
amanda.stonehouse@met.pnn.polic
e.uk)
www.met.police.uk

03/10/2024

Dear Parents/Guardians

Richmond Schools Police officers and the local Safer Neighbourhood teams will be running a FREE youth sessions for **school years** from year 5 to year 11 during the October school Holidays.

The sessions will be in a local park and run from 10am-1pm. This is a great opportunity for your young child(ren) to have some fun and be out in the open air playing games. In the sessions we will playing, football, tennis, rugby and other various games. After each game we will give them some input on how to keep themselves safe from not being a victim or a suspect. The topics will be from Robberies, county lines, online safety/Malicious communications from social media, drugs, ASB, bullying and how play fighting can turn into a serious incidents. No parents/guardians need to be present during the session, however you are more than welcome to stay and join in if you wish.

Also there is the opportunity for the children and parents/guardians to have contact with their local safer neighbourhood team. The Safer neighbourhood team will run their bike marking and provide necessary crime prevention.

We will have a limited number of spaces per day and they are required to have signed up prior to attending.

If you are interested in your child joining these sessions, please do contact the officer below who can register your child on a session. Please remember the officer might not be able to answer your email straight away due to other operational needs. They will reply back to all request at their earliest convenience.

Monday 28th October 2024 –Broom Road Park, Teddington – School years 5-8

Tuesday 29th October 2024 - Broom Road Park, Teddington- School Years 9-11

Wednesday 30th October 2024 – Kneller Gardens, Twickenham – School Year 5-8

**Contact- PC Amanda Stonehouse – Amanda.stonehouse@met.police.uk -
07823797010**

We will look forward from hearing from you.

Yours sincerely,

PC Amanda Stonehouse



ENGAGE, EDUCATE & EMPOWER
communities to end
VIOLENCE AGAINST WOMEN AND GIRLS

FREE

Empowerment through Self-Defence Workshop

for women and girls
aged 11 years plus



Action Breaks Silence collaborates with **Richmond Serious Violence Prevention Fund** to bring you a **FREE** Empowerment through Self-Defence Workshop

The workshop aims to:

Prevent abusive and violent behaviour against women and girls.

Break down the myths around violence against women and girls and "stranger danger".

Dispel the "monster myth" and understand who the real perpetrators are.

Reframe ideas of femininity; and girls and women's bodies, empowering participants to own their bodies and explore their dynamic strength both mentally and physically.

Build confidence in their own individual capacities and unleash their "inner warrior".

Reframe victimisation and fear.

Educate around fear, the adrenal dump and verbal diffusion skills.

Identify target points on the perpetrators body and resistance strategies.

Venue

Grey Court School
Main Hall
Sandy Lane entrance
TW10 7HN

**Sun, 17 November 2024
10am - 1pm**



Click **HERE** to reserve
a **free** spot via our
Eventbrite page.

Scan QR Code to Reserve a Spot



PANTO PROJECT

This year's
Panto is:
**Beauty and
the Beast**

Create your own
Pantomime!

Winter 2024
**Richmond
Theatre**

DATES AND TIMES

4th November 16:30 - 18:00
11th November 16:30 - 18:00
18th November 16:30 - 18:00
25th November 16:30 - 18:00
2nd December 16:30 - 18:00
7th December 14:00
9th December 18:00

★ ACTIVITIES ★

Script writing
Prop design
Devising
Costume design
Improvising
Performing



How to
Register?



Scan this QR Code if you want to take part!



In Partnership with:

Richmond Theatre Trust





PETERSHAM & HAM SEA SCOUTS' FIREWORK DISPLAY

Saturday 2nd November 2024

at Douglas House Meadow, Petersham

Gates open 17:00

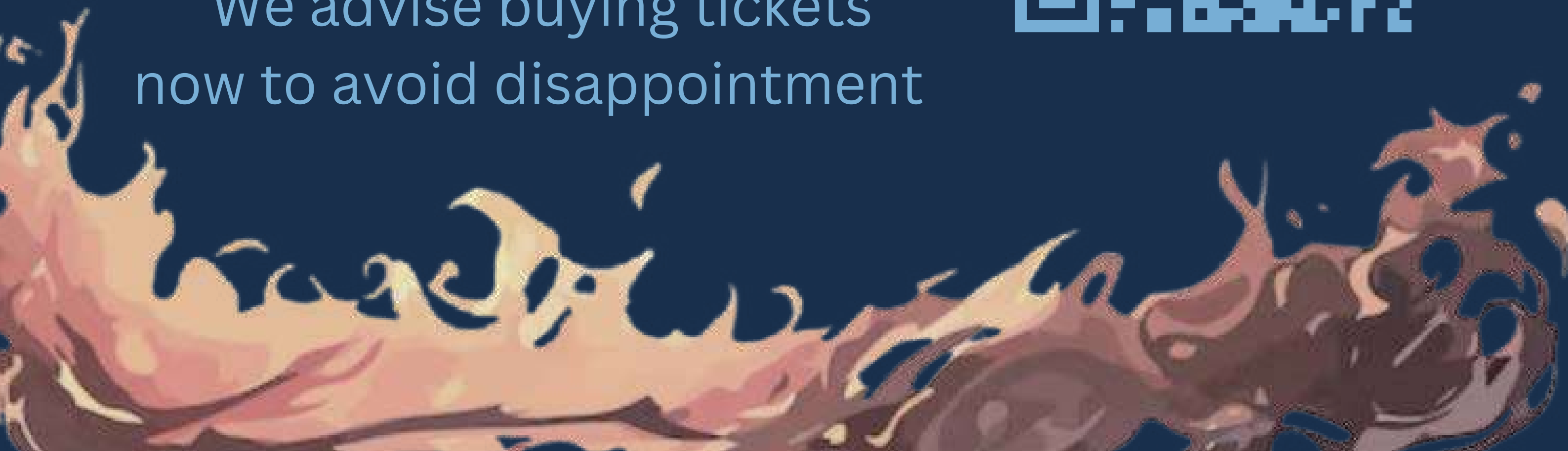
Bonfire lit 17:30

Fireworks 19:00

**Scan the QR code to buy
tickets from our webshop**

Food & refreshments
available to buy on the night.

We advise buying tickets
now to avoid disappointment



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The Nurturing Programme



Talking Teens

Four week parent group

The Talking Teens Parent Group helps deal with your challenges over four sessions, so you can have a calmer, happier family life.

1 Being a parent of a teenager

- The role of parents for teenagers
- Responding to difficult feelings

3 Communicating with your teenager

- Talking and listening
- Communicating clearly
- Handling difficult issues

2 Understanding your teenager

- Understanding teenage development
- Parenting styles
- Praise and criticism

4 Managing conflict

- Rules and boundaries
- Choosing how to respond
- Problem solving

Friday 8th November 2024 - 10am-12pm
The White House Family Hub, 45 The Avenue,
Hampton, TW12 3RN

Contact details

Karen Williams, Parenting Officer

E: karen.williams@achievingforchildren.org.uk

T: 020 8547 6965

M: 07771 974388





for every parent

Group Teen Triple P

Who is this for?

- parents and carers of adolescents and young people transitioning to secondary school

Teen Triple P can help:

- build a better relationship with your young person
- reduce conflict
- keep your young person safe
- be realistic about parenting
- take care of yourself

For more information, please contact
Karen Williams on

T: 020 8547 6965

M: 07771 974388

E: karen.williams@achievingforchildren.org.uk

The Triple P – Positive Parenting Program® knows all parents have different needs. That's why Triple P has many different ways for you to get your parenting help. So you can choose what will suit you and your family best

Is this your family?

Your teen's behaviour has become too much for you to handle. At home, there's probably a lot of shouting and very little agreement. Or maybe you don't bother trying to talk anymore. But you are worried. Where will this all end?

If this sounds familiar, then Group Teen Triple P can help you, and your teenager, get back on track.

Or is this you?

Or, maybe it isn't that bad. It's just that you realise things can change very quickly. So you're keen to know as much as possible about positive parenting so you'll be prepared if hassles arise.

Group Teen Triple P can give the support you need to be prepared! you

What happens at Group Teen Triple P?

Group Teen Triple P is a great opportunity to meet other parents in similar situations – other parents who'll support you and share stories with you.

From the start, you'll be given tips and suggestions to suit the needs of your family. You'll see scenes from the Every Parent's Guide to Teenagers DVD, which will show you how the ideas work in real life. And your workbook will give you the tools and information you need to start positive parenting straight away at home. Your Teen Triple P provider will guide you

every step of the way and even provide backup phone support as you put your new skills into practice.

How long does it take and how big are the groups?

There are about 12 parents in a group session. Usually, each session lasts no more than two hours at a time. In all, you'll attend no more than five group sessions – the first four should give you the tips you need to start positive parenting.

Then, you'll have some time to practice Teen Triple P at home and your Triple P provider will arrange a follow up meeting, normally online at an agreed time. This will be around 20 minutes and a further meeting can be arranged if you feel it's required.



16 October 2024

To: Whom it may concern,

The Kingston Academy: Notice of updated Admission Arrangements for 2025/26

The board of Kingston Educational Trust, as admissions authority for the school, has approved a permanent increase in its Year 7 PAN from 180 to 210 with effect from September 2025.

The Kingston Academy: Consultation on Admission Arrangements for 2026/27

Kingston Educational Trust, as the admissions authority for the school is consulting on admissions arrangements for 2026/27. The consultation is also available on the school website [here](#).

The proposed changes are:

Sixth Form: Year 12 Admissions Arrangements (changes shown tracked in the copy [linked here](#) and clean copy [linked here](#)):

1. To reduce the overall Year 12 intake from 150 to 120 students, with a reduced Published Admission Number for external applicants of a minimum of 10 places (reduced from 20 places).
2. Details have been added setting out how the minimum entry and course requirements will be applied where young people have been educated abroad and do not have GCSEs;
3. Clarification added that children of staff must live at the same home address to qualify under the staff oversubscription criteria;
4. Other minor changes and movement of text for increased clarity.

Year 7 Admissions Arrangements (changes shown tracked in the copy [linked here](#)):

1. Clarification added that children of staff must live at the same home address to qualify under the staff oversubscription criteria;
2. Other minor changes and movement of text for increased clarity.

To let us know your views, please use the consultation [response form linked here](#) or if you prefer send by post to:

Admissions Consultation
The Kingston Academy
Richmond Road KT2 5PE

Please note the deadline for receipt of responses to the consultation is **midday Tuesday 3 December**. Following this date, the Trust Board will consider all comments and determine the admissions arrangements.

Yours faithfully



Mrs S. Cavanagh
Head Teacher



Ms C Venter
Head of School

Headteacher: Sophie Cavanagh M.Ed NPQH
The Kingston Academy, Richmond Road,
Kingston Upon Thames KT2 5PE
www.thekingstonacademy.org

T: 0208 465 6200 email: enquiries@thekingstonacademy.org
part of Kingston Educational Trust, a limited company incorporated in England and Wales (co no 8334023)
whose registered office address is % The Kingston Academy





**THE GOLF
GROOVE**



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and to book your 25% off.

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The Golf Groove.

Here at The Golf Groove we
have fantastic games for
complete novices and larger
groups, looking for a fun
competitive day out.

12 INDOOR GOLF BAYS

BAR & LOUNGE

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For more experienced players, try
your hand at a few holes on some
of the world's most famous golf
courses, while enjoying a drink
and bite to eat.



AT THE GOLF GROOVE

The image shows a modern restaurant interior. In the foreground, there are several round wooden tables with woven backs and brown leather seats. In the background, there is a bar with a wooden back and shelves filled with various bottles. The ceiling has exposed pipes and modern lighting fixtures.

THE IDEAL VENUE FOR YOUR CORPORATE EVENTS

Our venue can accommodate up to 300 guests, and we offer various package options to suit your preferences along with our golf bays and all the fun activities we have available.



More info: <https://www.thegolfgroove.com/christmas>



FESTIVE FOOD



From 1st November we're serving up our hand-crafted Christmas menu, with the perfect mixture of festive favorites, such as mini mince pies & pigs in blankets, and great finger food to enjoy while you play.



More info: <https://www.thegolfgroove.com/christmas>



TIS THE SEASON OF GAMES

Bored of board games? This Christmas take game time to the next level with our spectacular selection of fun & interactive simulator games. From bullseye, to scrapyard challenge, there's something for everyone of all abilities. Ensuring your night is a competitive one, that you'll be talking about until the new year.



More info: <https://www.thegolfgroove.com/play>



CHRISTMAS PACKAGES

Our Christmas packages are the best way to enjoy the festive season and to take the stress out of organising.

Our packages include a selection of festive food, drinks to get the party started and of course, time in our simulators. Packages start from as little as £60pp.



More info: <https://www.thegolfgroove.com/christmas>





CHRISTMAS CHILL BAR & LOUNGE

When all the competitive fun and partying gets too much, chillout in our bar & lounge and catch up with friends. Or looking for the party to continue outside the simulators? Then our stunning bar area with our party playlist is the perfect place to be.



More info: <https://www.thegolfgroove.com/christmas>



The Golf Groove,
2nd floor, Wimbledon Quarter
4 Queens Road, London
SW19 8YA
www.thegolfgroove.com



the_golfgroove

 02038 699920

 info@thegolfgroove.com