



EBU

# Contents

3	#KeepInTouch
5	Remembrance Day
13	Berlin Trip Mr Gordon Walker
16	KS3+KS4 News
21	What's Cooking Ms Campbell
33	This Week in Science Mr Gundry
39	Romans pull off an Italian Job.. Mr Clements
42	Activity Day Photos
54	Extracurricular Clubs
56	VPA News Ms Bowie and Ms Cowper
66	PDW and Wellbeing
73	Sixth Form News
82	Sports News BMX Racing – Leo Mandzi
96	What's on...

# eitin

**Grey Court School | 15 November 2024**

*"...a school where all pupils flourish" - Ofsted 2024*



**Cover photo:** Thomas Russell playing *The Last Post*



#KeepInTouch

**24-25 Term Dates**

**School Events**

**Sports TT**

**Sport SOCS**

**Extracurricular TT**

**Education Fund**

**ScoPay**

**Weekly Menus**



Grey Court JustGiving QR Code

**The Uniform Shop**

**Thursdays 3:15-4pm**

**Contact:  
sniss@greycourt.org.uk**





**Grey Court  
School  
Xmas Concert  
& Panto  
2024**

*Alice*

*In Wonderland*

*Thursday 12th December  
6.30pm School Hall*

**Adults £6 Children £4  
Via Sco Pay**







*Lest we forget*  
*Lest we forget*







*11. November*  
*Let's we forget*



















Sasha, Andy, and Victor Fedczuk participated in the Kingston Remembrance Parade last weekend.





At this time of year, our Year 11 and 13 students explore equilibrium, a concept that finds profound real-world applications in the Haber process—a pioneering method that allows for the large-scale production of ammonia, a crucial ingredient in fertilisers. This discovery, made by Fritz Haber and industrialised by Carl Bosch, revolutionised agriculture, enabling humanity to produce enough fertiliser to support billions of people. Interestingly, although the process is often called simply the “Haber Process” today, it was Bosch who made it industrially feasible, ensuring ammonia synthesis could be produced on the scale we rely on today. This partnership laid the foundations for modern agricultural chemistry and earned the duo a collective legacy in what was initially known as the “Haber-Bosch Process.”

However, Haber's legacy is deeply complex. Beyond fertilisers, he played a pivotal role in developing chemical warfare, specifically the deployment of chlorine gas in World War I. This innovation marked the first large-scale use of chemical weapons on the battlefield, and by the time of the armistice on November 11, 1918, the use of gases such as chlorine, phosgene, and mustard gas had led to over 1.3 million casualties and approximately 90,000 deaths. Haber's dual role in advancing agricultural chemistry and chemical weaponry raises questions about scientists' responsibilities. He once stated, "In peace, the scientist belongs to humanity, in war to the fatherland"- a sentiment often cited as a rough translation of his views on the scientist's duty in wartime versus peacetime. This week's quote encapsulates his perspective and serves as a powerful reminder of the ethical dimensions of scientific work.

As we recently observed Remembrance Day, we reflect on the lives lost and the lasting impacts of scientific advancements used in conflict. While Haber's work has saved lives and supported humanity's growth through agriculture, it also contributed to many deaths on the battlefield. His legacy reminds us that chemistry and science hold immense power, capable of both creation and destruction.

As scientists, we bear a responsibility to use our knowledge for the betterment of humanity. Chemistry offers us tools to address the world's most significant challenges, from sustainable agriculture to clean energy, medicine, and environmental preservation. We remind our students that science is at its most powerful and ethical when it seeks solutions and supports life rather than creating new challenges. On this Remembrance Day, let us commit to a science that honours life, respects humanity, and strives for a better future for all.

*Lest we forget*







# Berlin Trip

# Berlin Trip

Crack of dawn at Heathrow, 55 students and five staff members congregate at Heathrow ready to fly to Berlin. Once through security, not an easy task with a large group, we dissipated into the retail therapy of Terminal 5 - a mixture of coffee hunters, fast food junkies, bookshop searches and JD Sports purists. I think Ms Moore's purchase of Jilly Cooper's Rivals was an inspired choice.

Our serene leader Ms Hawkins gathered us for one final head count before we boarded and then we were greeted by the words you never want to hear on a trip "Miss, I think I've lost my passport!" Frantic retracing of steps, panic over, it's found - Harris will be known as "passport boy" forevermore.

On arrival in Berlin we began our walking tour, think of orienteering and historical knowledge combined. Our leader asked the group "Why are we here?" The group looked confused, was this an existential question on the meaning of life; or something more simple? Either way they were dumbfounded.

However, it does lead as a neat theme - Why were we here in Berlin?

It was certainly to experience the unique history, culture and to feel connected to a topic the students study, and of course a great way to practise their German. As a trip, Ms Hawkins had created a fantastic itinerary of experiences. From the Palace of Tears, to the DDR museum, the Berlin Wall and the Sachsenhausen concentration camp to name but a few. It was impossible not to feel immersed in the GCSE History topic; no city can rival Berlin for its experiences. From a personal perspective visiting Sachsenhausen concentration camp was a profound experience, it is overwhelming to see what occurred, and to watch our students handle this with such maturity made us feel very proud of them.

Alternatively, were we in Berlin to experience the delights of vending machines, the students never missed an opportunity to engage. Or was it to undertake a sitting tour of Berlin, never missing the chance to take the load off their Air Force One's. Or was it to enjoy the delights of German cuisine? - I think a select group followed the mantra a Doner a day keeps the...?

Or were we here to experience the other side of Berlin? No trip to Berlin is complete without experiencing the counterculture of the city, it's a unique city in so many ways. And so we followed our Leader faithfully to the venue for crazy golf. The venue and the journey there, I think were more fitting of the crazy terminology than the golf. Ms Hawkins stating, "Google maps says it's just around this corner....." The students' senses were certainly up as we made our way through one of Berlin's parks to a venue that showed the youthful underbelly of the city. However, all serenity and commercialism were restored when we entered the four floors of chocolate at the Ritter Sport shop - I hope the chocolate presents made their way home!



A special thank you to the staff who ensure that amazing trips like this take place. Ms Rahmani, the administrator extraordinaire, who has the unenviable job of organising all passports, EHIC, medical you name it. Mr Johnson, the fashion icon, think Daniel Craig in Skyfall, Ms Moore, always ready to answer "Miss how do you say where is the nearest vending machine" (Wo ist der nächste Verkaufsautomat?) Ms Sutcliffe cajoling, supporting and being a huge help to our Leader - Ms Hawkins

Trips like these make so many memories, form new friendships and ultimately allow the students to experience what they are learning rather than just reading it in a book.









# Year 7

It has been lovely to welcome the students back for the start of their second-half term at Grey Court. It will be a jam-packed period of time as we lead into the Christmas season, with pantos, fixtures and loads of extracurricular opportunities as the festive spirit starts to build. Our weekly tutor challenge is back up and running today, with Maple running a 'Red light Green light' game for the representatives from each form.

Our attendance figures are still good but they are starting to slip, so we need to keep fuelling ourselves with lots of nutritious food so that we can fight off any bugs that are going around and keep ourselves in school and learning.

Break and lunchtimes have seen an army of wannabe gardeners clearing the leaves from the Year 7 area, well done to all of the students that wanted to get involved.

A reminder that as the weather looks like it might chill down even further, students should bring their tracksuit top for PE lessons and Daily 1k.

Parents should have also received an invitation to book an appointment for Academic Tutoring Day, which takes place on Thursday 28th November. Please check the spam folder if you have not yet seen one arrive to your email inbox.

Mr Ridley

Y7



# Year 8

We're excited to welcome Year 8 back after the break! Since returning, students have attended an assembly on Gradu8, where they started thinking about which skill they will 'Develop' as a tutor group for this challenge. We're eager to see the creative ideas students come up with!

This week, we also had a Remembrance Day assembly led by Mr. Von Sun. Students were encouraged to reflect deeply on the sacrifices made by families during WWI and in places of conflict, honouring their resilience and courage.

In our PDW (Personal Development and Wellbeing) sessions, students have been exploring topics like What is a Perfect Body? and Instagram vs Reality, which focus on the impacts of social media on our personal well-being.

We look forward to a fantastic half term with Year 8 and can't wait to see achievement points adding up in the lead-up to our first celebration assembly of the year!

Ms Saccheri





# Year 10

Year 10 had a fantastic activities day at the end of term, engaging in different activities including self defence, consent workshop, online safety, team games and multiple external speakers. Hopefully we are all well rested and ready for the next few weeks in the lead up to Christmas holidays with anti bullying week approaching and GCSE subjects deep into their content. Students are expected to maintain their high expectations of themselves and take all opportunities possible so that we can celebrate them at the end of term!

Ms Woods

Y10

# Year 11

As you are aware, the students have completed their Maths and English papers last week. Last Tuesday was used as a drop down day for students to catch up on various subjects. Attendance was exceptionally high across both days. Well done Year 11! Now that these are over, and teachers are busy marking the papers, the students can turn their attention to the trial exams starting on the 26th November. During this exam season, the students will be examined, centrally, across all subjects.

I have sent out the revision booklet which contains vital information about exam regulations, the contents of the papers and specific exam arrangements. If you have any questions, please contact subject teachers or, alternatively, send me an email and I will do my best to support you.

Mr Khan

Y11





Ms Campbell

Food  
What's cooking?

# Chef *of the week*

Whilst I was unable to get a photo of the final outcome, Chef of the week goes to **Elen Dutton** for her take on an alternative brownie recipe using alternative proteins and products, you can find the recipe below as this is also recipe of the week!

# Recipe *of the week*

Test your kitchen skills by trialling alternative protein products. A fun fact, tofu is a really good product suitable for replacing egg within a recipe, so our year 10 students got a little creative in the kitchen this week. The conscious kitchen recipe is a plant based recipe, not using egg, oil and it's completely flour-less!

[Conscious Kitchen Avocado Brownies](#)

If you can't face swapping out the core ingredients for alternatives, use this recipe instead for super fudgy brownies.

[Dr Oetker Avocado Brownies](#)



# KS3

## *Update*

In key stage 3 we continue with our food rotations, welcoming two new cohorts of year 8 for their time in the T5 kitchen. Building on their prior knowledge and developing core skills further, with more complex links to food science, food provenance and food choice.

Year 7 made their very own deli salad inspired from their designs they did before the half term, and continued to develop knowledge on sensory analysis and evaluation.

Another week and another new set of year 9 food students come crashing in with a bang, fajitas all around.

# KS4

## *Update*

Year 11 have finally handed in their NEA 1 coursework, which is a massive weight off their shoulders as they breeze through year 11 at high speed.

No rest for year 11 as they have begun their NEA 2 coursework, this coursework focuses on their knowledge of nutrition, and food preparation. This coursework will continue all the way through to the end of the spring term. A large piece of work but it seems there are some smiles and positivity now that 'food science' is out of the way.

Keep up the good work year 11.

# Grey Court take the temper test at Cadbury's

It is that time of the year when our year 10 cohort head to Cadbury's world in Birmingham, and all the planning in the world could not remove the typical rush hour traffic enroute back to school.





[illegible]









CADBURY'S  
CHOCOLATE

This model of the cart featured in the Bournville Selection T.V. advert of 1976 was made by Mr. Bert Smith formerly of the Gardeners Dept. and presented to Sir Adrian Cadbury.

*Bournville Selection*

Bournville Selection was launched in 1976 and withdrawn in 1982.

Students were able to see food production and processing, with demonstrations from the Cadbury chocolatiers, whilst also learning about the history of chocolate, sustainability and Fairtrade. Sleeves were rolled up and our students got the chance to temper chocolate the old fashioned way and I have now been told I need to run a chocolate workshop in lesson and who am I to say no....nothing to do with the treats the students are keen for me to try.







# 500 Years of Chocolate

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519

1519



Chocolate WORLD





# 500 Years of Chocolate

1519

1560

1578

1515

1540

1567

1729

1800-1900

1900-1950

1950-2000

What I'm going to do  
the first chocolate  
made by hand, in the  
year 1500.

Chocolate  
the first chocolate  
made by hand, in the  
year 1500.

Chocolate  
the first chocolate  
made by hand, in the  
year 1500.



Freddo was doing the rounds to the delight of some students....and staff.

It was a wonderful day despite the delays and non-stop activities but all students behaved extremely well. Well done year 10.











*This week in*  
**Science**

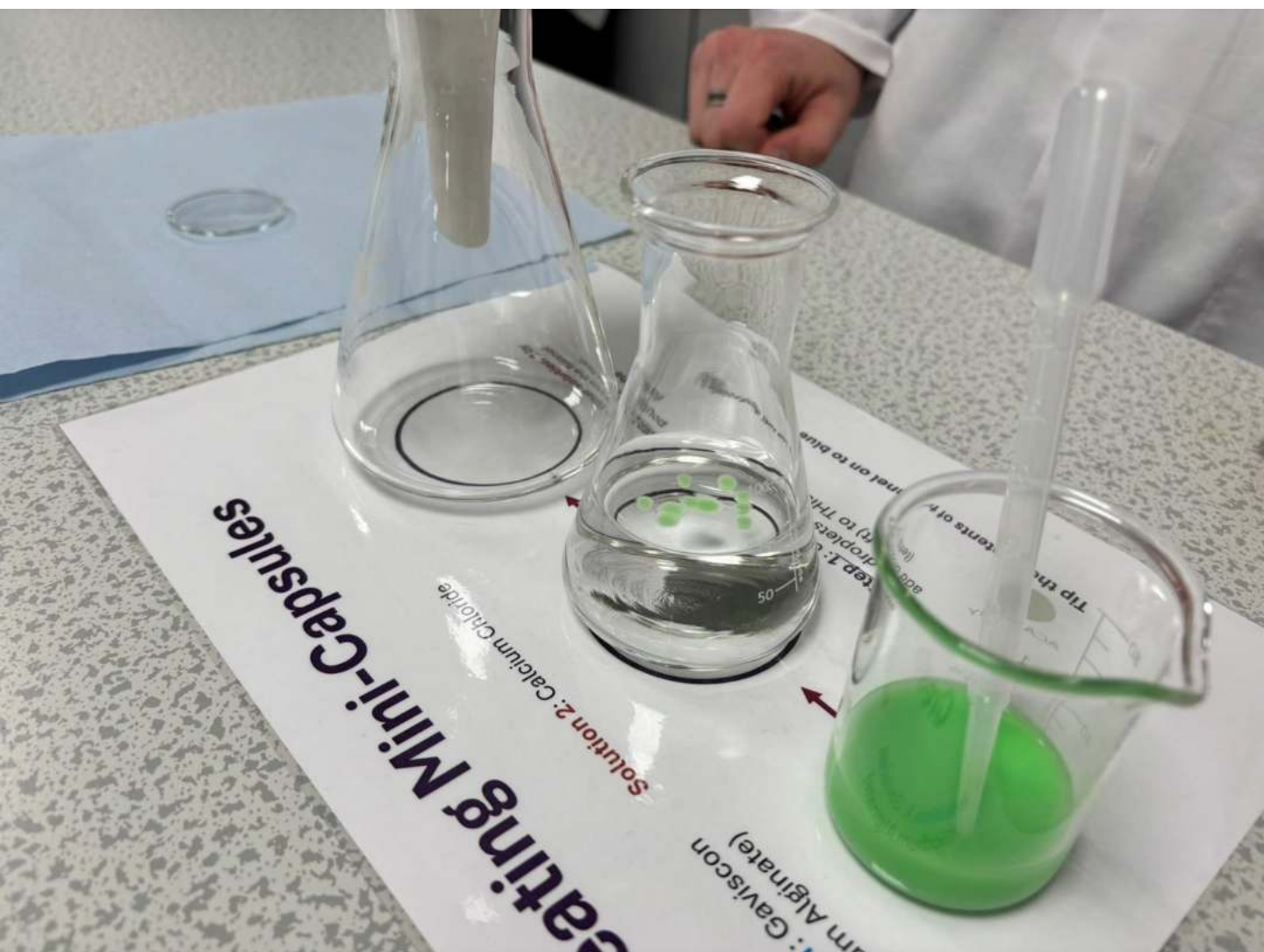
# King's College London Chemistry Trip

Mr Gundry

Last week, a group of our sixth form chemistry students from years 12 and 13 attended the prestigious Daniell Lecture at King's College London. The Daniell Lecture series, named in honour of John Frederic Daniell, has a rich history dating back to 1995. Daniell, appointed King's College London's first Professor of Chemistry in 1831, pioneered electrochemical methods that laid the foundations for modern physical chemistry. His invention, the Daniell Cell, marked a revolutionary advancement in electrochemistry and remains a staple in chemistry education worldwide. Today, the Daniell Lectures continue his legacy, featuring distinguished speakers to inspire the next generation of scientists with topics at the forefront of chemical research.







We began our experience with a lab tour, where students engaged in a hands-on mini-experiment involving the creation of gel beads from Gaviscon. By simply immersing it in a calcium salt solution, students saw how this method could be linked to advanced drug delivery techniques—a fascinating demonstration of how chemistry evolves to meet real-world needs.

The event continued with an inspiring talk from Esmé Shepherd, a current PhD candidate at King's, who shared her journey into chemistry research. Her story highlighted resilience and perseverance, showing that success in science isn't solely a matter of innate talent but is built through dedication and overcoming challenges. This message resonated strongly, reminding students that the path to achievement is rarely perfect and that setbacks are part of growth.



The highlight of the day was a powerful lecture by Professor Rebecca Goss from the University of St Andrews. Professor Goss explored the modern history of chemistry, sharing insights into sustainable molecule creation and the ground-breaking work her lab is undertaking to address pressing global challenges. Her talk was a rallying call to the next generation, encouraging students to rise to the challenges of our time, just as past scientists have done. She referenced figures like Alexander Fleming, whose discovery of penicillin revolutionised medicine by providing the world's first effective antibiotic; Rosalind Franklin and her use of X-ray crystallography, which enabled us to understand the structure of DNA; and Fritz Haber and Carl Bosch, whose ammonia production method supports global agriculture and food security to this day.

In her closing remarks, Professor Goss emphasised that chemists are urgently needed to tackle today's challenges in food security, healthcare, sustainability, and beyond. Our students left inspired and engaged, with a renewed sense of how chemistry can change the world. We hope this event has ignited a passion for science and a drive to make a difference among our future scientists.

**Mr Gundry**  
Head of Chemistry





# Climate Science

Mr Gundry

In a concerning development for climate science, recent projections indicate that 2024 is almost certain to become the warmest year on record, with global average temperatures likely to exceed  $1.5^{\circ}\text{C}$  above pre-industrial levels for the first time in a calendar year. According to the European Copernicus Climate Change Service, the year's temperatures are set to reach approximately  $1.55^{\circ}\text{C}$  above pre-industrial levels, driven by human-caused climate change and intensified by the El Niño weather pattern. This symbolic breach of the  $1.5^{\circ}\text{C}$  threshold is a stark reminder of the immediate need to address global warming, highlighting the urgency of this week's COP29 summit in Azerbaijan.

The Paris Agreement, adopted by nearly 200 countries in 2015, aimed to limit warming to no more than  $1.5^{\circ}\text{C}$  to avert the most severe impacts of climate change. However, recent findings suggest that human-driven warming may already be closer to this threshold than previously believed. A study using Antarctic ice cores, published this week in *Nature*, proposes a revised baseline that indicates warming of approximately  $1.49^{\circ}\text{C}$  has already been reached. While individual years exceeding the threshold do not mean the Paris goal has been broken—since the agreement tracks long-term averages over two decades—each breach brings the world closer to a sustained exceedance, intensifying climate impacts globally.





The effects of rising temperatures are felt across the globe. This summer, India experienced its longest recorded heatwave, while other regions have seen storms grow more intense, heatwaves become hotter, and rainfall events become more extreme. Stabilising global temperatures by achieving net-zero emissions is the only viable solution to prevent even more extreme weather events and climate-related disasters.

This year's COP29 meeting in Azerbaijan offers a critical opportunity for world leaders to commit to actionable strategies that curb greenhouse gas emissions. However, this conference has faced controversy: the COP29 executive was recorded discussing potential oil and gas deals, allegedly using his position to promote fossil fuel investments through Azerbaijan's state-owned energy company. Many climate scientists and former UN officials have condemned these actions as contradictory to COP's mission, with some calling for COP29 to serve as an "alarm call" for governments worldwide to take swift, decisive action on climate.

These events underscore the urgency of ensuring that COP meetings remain focused on climate goals. As the potential future becomes ever clearer, so too does our responsibility to act. We encourage our students to consider the role of science in addressing global issues and to think critically about the steps needed to curb climate change for future generations."

This is my summary of these three articles that came out this week

<https://www.nature.com/articles/d41586-024-03655-0>

<https://www.bbc.co.uk/news/articles/crmzvdn9e18o>

<https://www.bbc.co.uk/news/articles/c1dpxnxvv2go>



## Romans pull off an Italian job as rivals fail to “blow the bloody doors off!”

# Romans

After a year's hiatus on account of Ms Price's refusal to captain her own Aztec team citing “excessive blisters from filling in CPOMs logs” the staff house-five-a-side competition made a welcome return last week.

As an expectant crowd of upwards of 500 cheering students gathered in the Autumn gloom, the smart money was on a Roman victory parade...and the legions were not disappointed!

With Mr Rhodes, keen to officiate as part of his recovery from an Achilles tendon injury sustained whilst queuing for Oasis tickets and Mr Bashford condemned to the knackers yard, newly anointed Trojan captain, Mr Gordon Walker declared that “he would crash his wooden horse into the Roman party.” However, as soon as the game kicked off the crowd became aware that the Roman thoroughbreds of Bapty, Ceprero Santos, Lunnis, Centuario Da Silva and Clementino were up against a rather lame pantomime horse!

Bapty, having turned down an invite to a dinner party in Dulwich, set the early tempo snapping into tackles enthusiastically as Trojan midfield playmaker, Johnson, metronomically splayed passes onto the adjacent rugby pitch. With Cepero Santos (who draws his lineage from Roman Tarragona) making frequent incursions into the opposition penalty box, it was left to the unfortunate Johnson, to fell him, giving away a clumsy penalty. Da Silva duly dispatched the ball into the net and the game ended 1-0, as the Trojan supporters waved their white handkerchiefs in disgust!

The second game of Le Tournoi, featured Aztecs versus Spartans and culminated in a penalty shoot-out with Aztec goalie, Mr Holt, diving to his right to pull off a remarkable save. When congratulated, he declared that a Year 7 Aztec supporter, positioned just behind the goal, had “called it.”





The third place play off between Trojans and Spartans was a largely undistinguished affair that was momentarily enlivened by Mr Ridley dropping his shoulder before turning and producing a delicate chip that went in off the bar. Mr Ridley appeared enraptured, until I reminded him that when I trained as a gladiator in the regional amphitheatres of Pelugia, there was no third place play off for the losers. He seemed rather perturbed by this and trudged off to baby yoga.

And so to the final: Romans versus Aztecs. With our midfield buoyed by the deft touch of Ms Maldonado, a Chelsea youth prodigy, the XG was clearly in our favour. In fact with the Aztecs rarely getting beyond the half way line I was tempted to exchange my pipe and slippers for a fresh victory toga as Da Silva put us one up. Momentarily, the Aztec empire appeared as if it might strike back, following a mazy run by the otherwise muted Murphy. However, perhaps blinded by the beauty of his own calves, he took a touch too many and before the crowd could bay "Reducer" he was number jacked by Lunnis!

A quick pass back to a talented - if underworked - Roman goalie, facilitated a sweeping move up the pitch involving Da Silva to Cepero Santo to Maldonado to Lunnis. Gooooooooaaaaaalllll! Gazzetta Italia, Nessun Dorma! Totò Schillaci, Peroni Azzurro: a Chilaca moment of poetry Virgil would have been proud of!

The crowd went wild and I addressed them with the phrase: if you find yourself alone, riding in the green fields with the sun on your face, do not be troubled. For Romans we have now won, Sportsday and Le Tournoi: THE DOUBLE!

They looked baffled.

Roman Tournament Stats: Roman XG:3.2, Possession 85%, Total passes 203, shots on goal 11, shots conceded 0, tackles won 23.

Legionaries of Le Tournoi: the Bapty/Maldonado double pivot.

Best Pre-Pre-assist: Clementino

# *Some* Activity

Activity Day 23 October 2024

# Day *Photos*





# Y8 St Paul's Cathedral









# Y9 B band Newlands Corner



Activity Day 23 October 2024





# Y9B Newlands Corner

Red Kite Spotted by Mr Allchurch and Aiden Savornin-Cornish





# Y9 A Band Box Hill





# Y12 Apprentice Day















MAY  
MEMORIAL  
LIBRARY &  
WORKERS'  
SCHOOL





# Fragrance Shop



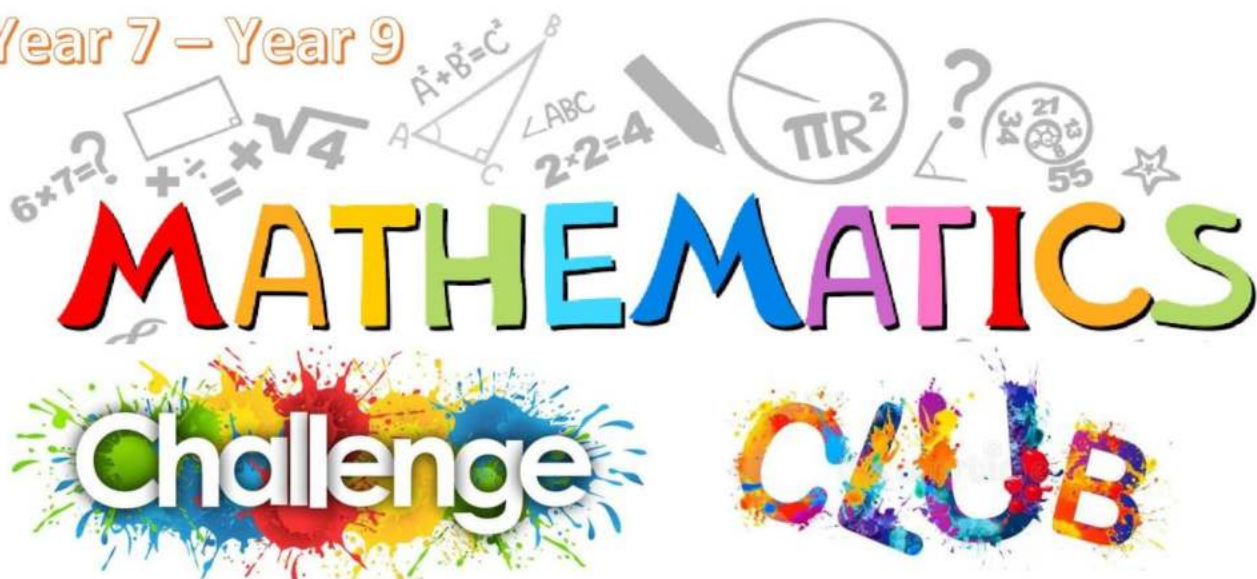
# Clubs

*Extracurricular*  
timetable





Year 7 – Year 9



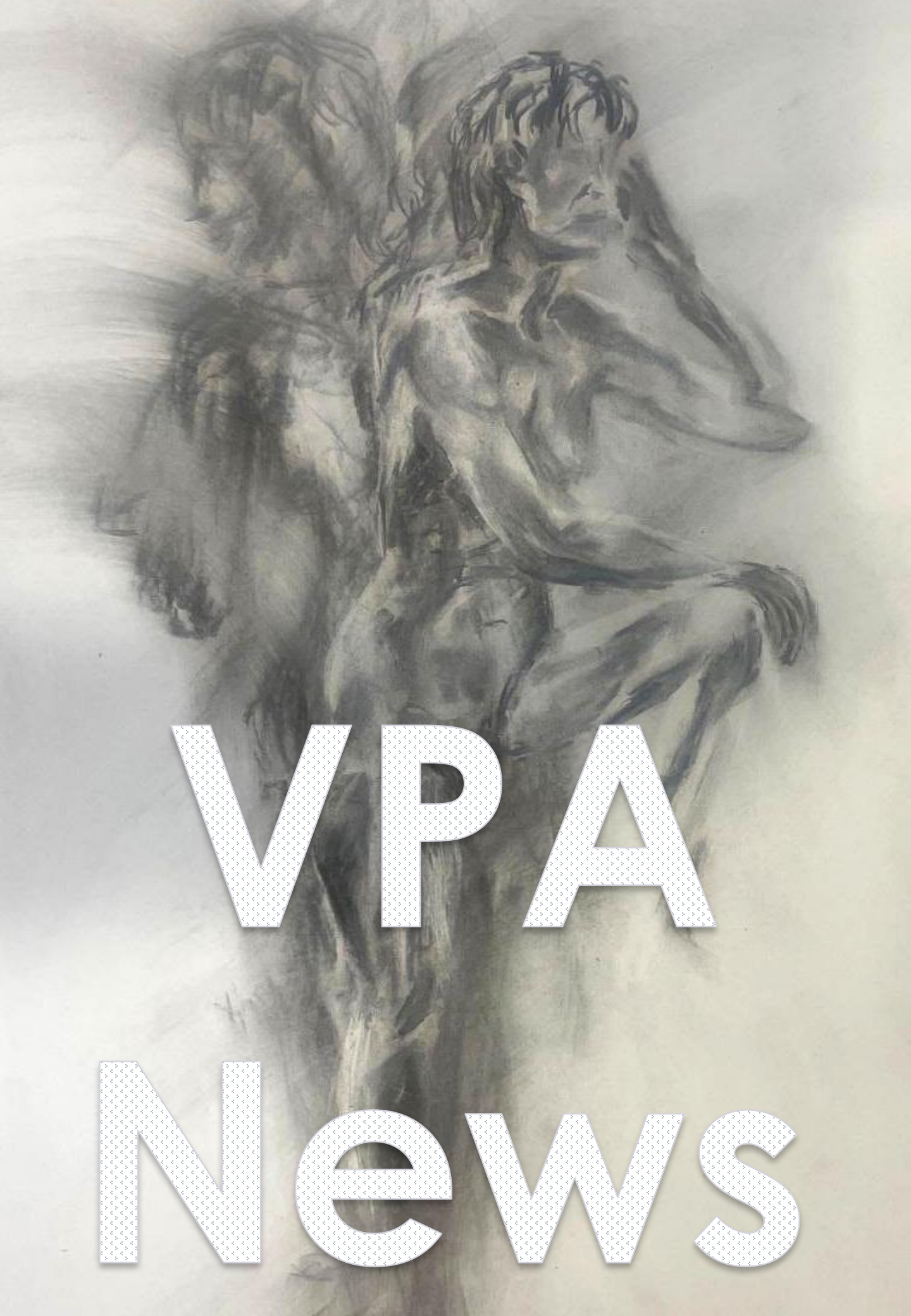
3 – 4 Every Wednesday in M5

- Opportunity to experience Maths in a different environment!
- Work in a team to solve puzzles, riddles and challenging problems!
- Opportunity to represent Grey Court in National Competitions!
- Refreshments provided!
- Please speak to Mr Lunniss or Mr Edmonds for more information.



United Kingdom  
Mathematics Trust





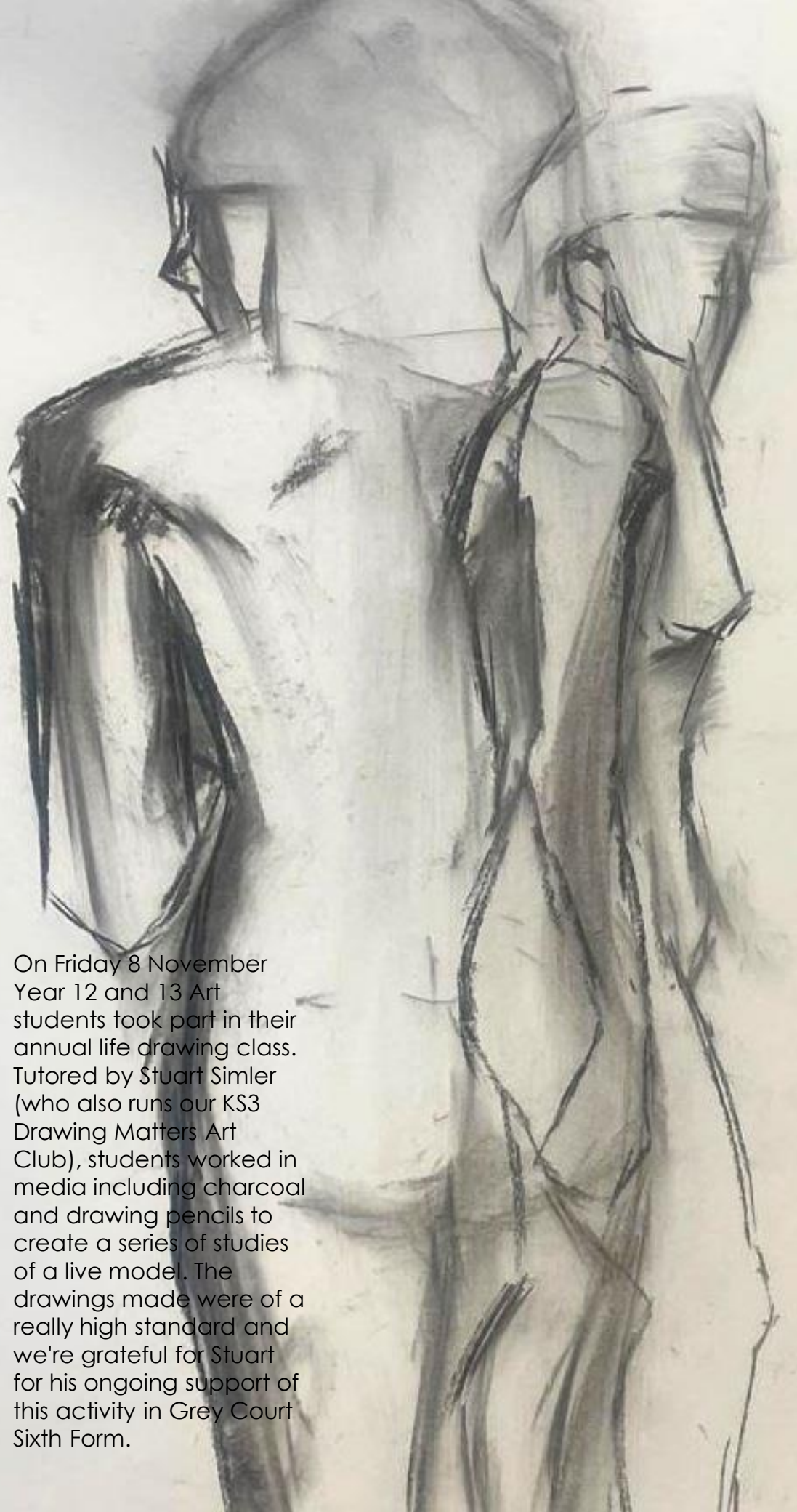
VP A

News



*Life Drawing*

On Friday 8 November Year 12 and 13 Art students took part in their annual life drawing class. Tutored by Stuart Simler (who also runs our KS3 Drawing Matters Art Club), students worked in media including charcoal and drawing pencils to create a series of studies of a live model. The drawings made were of a really high standard and we're grateful for Stuart for his ongoing support of this activity in Grey Court Sixth Form.

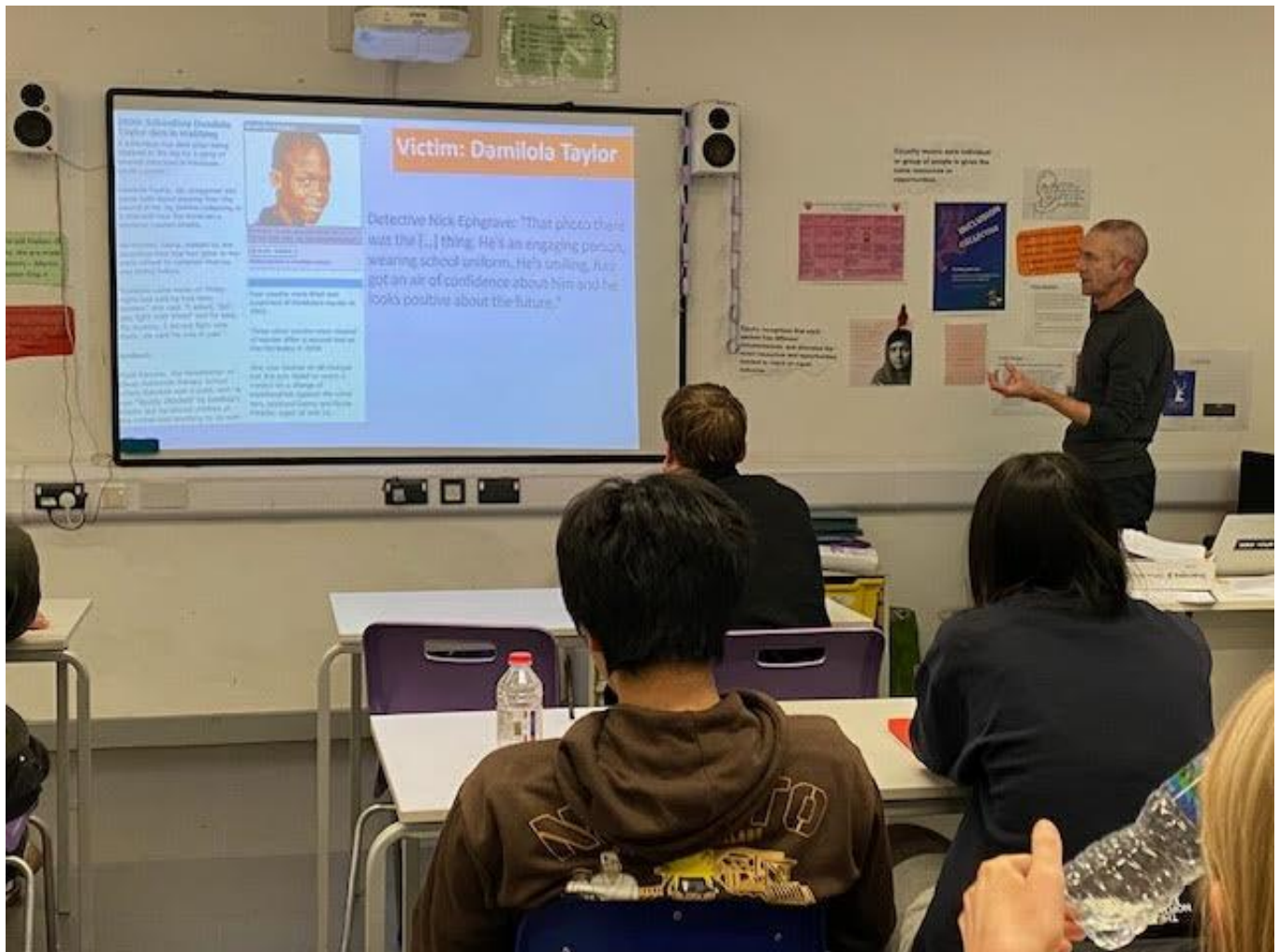


# Imaging Science

## John Smith

On Monday 11 November John Smith attended Grey Court Sixth Form to speak about his career and experiences in Imaging Science. He presented to Photography, Psychology, Criminology and Sociology Year 12 and 13 students about his career working in forensic science as a photographer and a number of high profile court cases he was involved in. As a Senior Lecturer in Imaging Science at Westminster University John is incredibly experienced in his field and the talk was fascinating. Grey Court Sixth Form really looks forward to working with him in the future and is hugely grateful for his time in coming to speak to us.

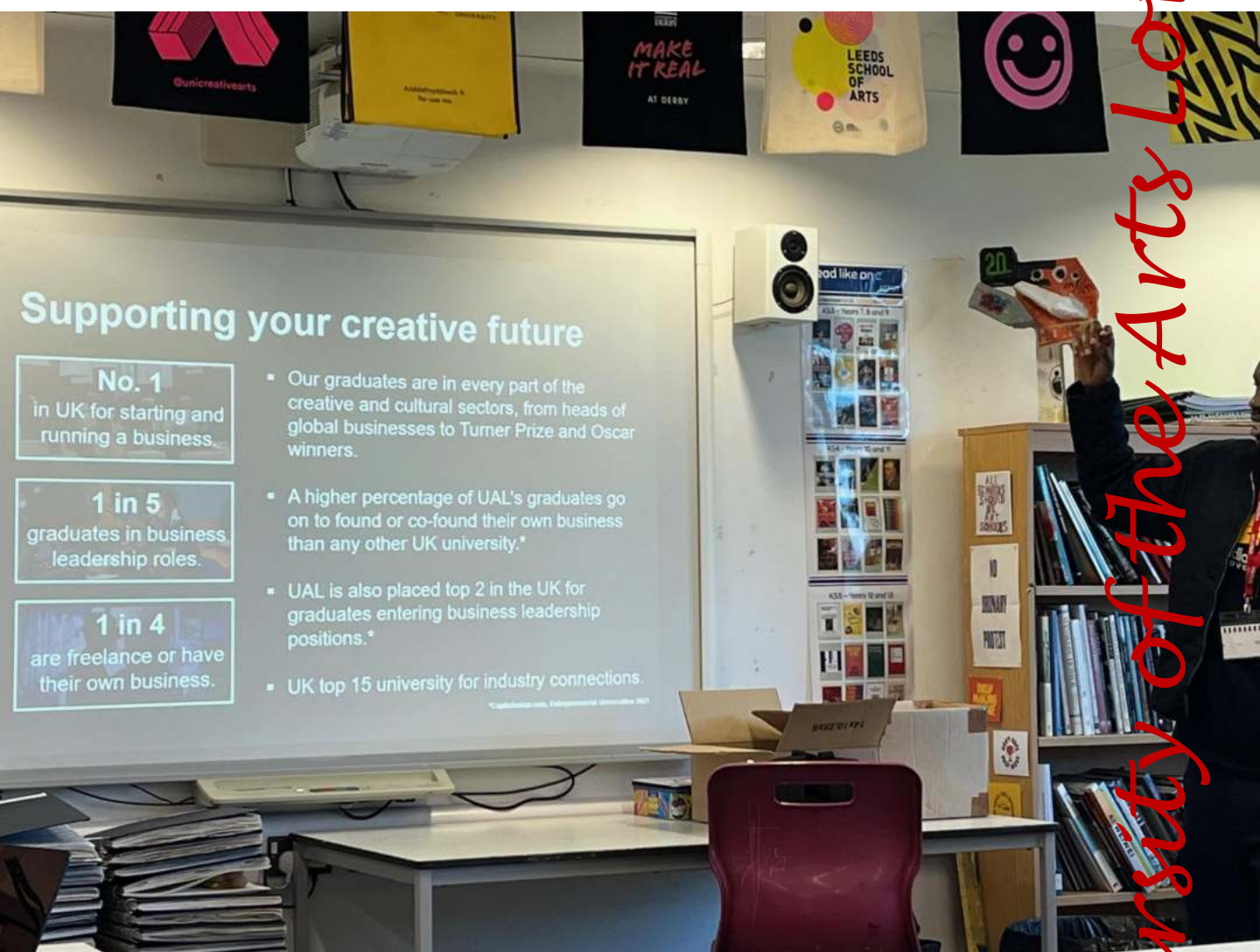
Many thanks to Miss Bowie for arranging the event.





On Wednesday 13 November UAL came on their annual Grey Court sixth form visit to talk about creative courses and the innumerate opportunities at the UK's no 1 creative arts university.

Upcoming event details are shared below and the talks presented have been shared with all Grey Court Sixth Form students via Google Classroom.



Special thanks to Student Recruitment Officer Ezekiel Sokan for travelling out to meet us again- we loved seeing you!

University of the Arts London

# Events

## UAL Upcoming Events

### **London College of Fashion: virtual open events →**

Fashion Media and Communication: Thursday 14 November, 5pm - 6pm

Fashion, Textiles and Accessories: Friday 15 November, 5pm - 6pm

### **Wimbledon College of Arts: open days →**

BA Acting and Performance: Saturday 16 November, 11:30am - 1:45pm

BA Costume for Theatre and Screen: Saturday 15 November, 10am-1pm

BA Costume for Theatre and Screen: Saturday 15 November, 12pm-3pm

BA Theatre Design: Saturday 16 November, 1pm-4pm

BA Art Direction and Visual Effects: Saturday 16 November, 1pm-4pm

BA Technical Arts for Theatre and Screen: Saturday 16 November, 1pm-4pm

### **Central Saint Martins: subject taster workshops →**

BA Graphic Communication Design: Wednesday 27 November, 1pm-2.30pm.

BA Culture, Criticism and Curation: Wednesday 27 November, 1pm-3pm.

BA Fashion Communication: Histories and Theories: Wednesday 27 November, 1pm-3pm.

BA Jewellery Design: Wednesday 27 November, 1pm-3pm.

BA Fashion Communication: Histories and Theories: Wednesday 4 December, 1pm-2pm (online).

BA Performance: Design and Practice: Wednesday 4 December, 1pm-2.30pm.

### **London College of Communication: open days →**

Design School: Saturday 30 November, 10am - 1:30pm

Media School: Saturday 30 November, 10am - 4:30pm

Screen School: Saturday 30 November, 10am - 3pm





## ***VPA Scholarship: A Night at the Opera***

We were offered last minute tickets to see an opera, *The Elixir of Love* by Donizetti, at English National Opera and the VPA Scholars jumped at the chance. For many of them, this was their first time seeing live opera, so we looked at opera in my lesson this week and discussed the similarities and differences with musical theatre (our current topic). It was an absolute pleasure for me to be able to share an art form I love and to see their reactions. Check back next week for their reviews!

I am extremely grateful to Mr Allchurch and Miss Yates who gave up their evenings to come along on this trip at such short notice. Well done to the VPA Scholars for their excellent behaviour and focus throughout the performance - they were some of the best behaved people there and were fantastic ambassadors for Grey Court!

**Miss Cowper**







## ***VPA Scholars of the Month - November***

At the start of the year, the VPA Scholars were set a variety of challenges, ranging from completing graded exams on musical instruments to performing in shows outside of school. We will be celebrating the success of different students each month.



**Miss Cowper's  
Scholar of the  
Month**

### **Leyla Lioutyi - Art / Music**

Leyla has shown herself to be an excellent VPA Scholar and has successfully auditioned for Grey Court Voices, revealing a fantastic singing voice. Her enthusiasm in lessons is clear to see and her answers are insightful and well considered. Well done, Leyla!

### **Joshua Lam - Art / Drama**

Joshua has worked incredibly hard so far this year and perfectly embodies the spirit of the VPA Scholarship by working hard across all subjects and trying his hardest at everything. He has shown particular enthusiasm and commitment in his art lessons and gives his all to every task he is given. Well done, Joshua!



**Ms  
Brown-Duthie's  
Scholar of the  
Month**





## *VPA Scholars of the Month - November*



**Mr Allchurch's  
Scholar of the  
Month**

### **Toni Arts - Music / Art**

Toni is a dedicated and enthusiastic student who has achieved extremely impressive results in quizzes for Mr Allchurch, showing an excellent understanding of microphones and cables already. She is enthusiastic in all Scholarship lessons and is heavily involved in this month's Scholarship showcase, where she is both showing artwork and playing a Grade 2 Piano piece. Well done, Toni!

### **Alice Bell - Drama / Art**

Alice has already shown herself to be an accomplished actor and her enthusiasm, commitment and engagement both in lessons and clubs cannot be faulted. She represented Year 7 at the Remembrance Day event with aplomb, reading beautifully as part of this celebration. Well done, Alice!



**Ms Johnson's  
Scholar of the  
Month**





# THE MAYOR & LEADER OF RICHMOND UPON THAMES CHRISTMAS CARD COMPETITION

The Mayor & the Leader of the Council are searching for budding artists to design their annual Christmas cards.

Winners will have their designs made into real cards and will also be invited to have tea with the Mayor & Leader!

Closing date - Monday 18th Nov 2024

For more details on how to enter please visit the website [www.richmond.gov.uk/mayor](http://www.richmond.gov.uk/mayor)





# ART CLASSES FOR CHILDREN

[www.art-k/class-kingston](http://www.art-k/class-kingston)

[kingston@art-k.co.uk](mailto:kingston@art-k.co.uk)

07385890738

67 Park Road, Kingston upon Thames, KT2 6DE







Wellbeing  
Wellbeing



# Nov 2024

## New Ways November 2024

MONDAY



4 Sign up to join a new course, activity or online community

11 Choose a different route and see what you notice on the way

18 Connect with someone from a different generation

25 Use one of your strengths in a new or creative way

TUESDAY



5 Change your normal routine today and notice how you feel

12 Find out something new about someone you care about

19 Broaden your perspective: read a different paper, magazine or site

26 Try out a different radio station or new TV show

WEDNESDAY

6 Try out a new way of being physically active

13 Do something playful outdoors - walk, run, explore, relax

20 Make a meal using a recipe or ingredient you've not tried before

27 Join a friend doing their hobby and find out why they love it

THURSDAY



7 Be creative. Cook, draw, write, paint, make or inspire

14 Find a new way to help or support a cause you care about

21 Learn a new skill from a friend or share one of yours with them

28 Discover your artistic side. Design a friendly greeting card

FRIDAY

1 Make a list of new things you want to do this month

8 Plan a new activity or idea you want to try out this week

15 Build on new ideas by thinking "Yes, and what if..."

22 Find a new way to tell someone you appreciate them

29 Enjoy new music today. Play, sing, dance or listen

SATURDAY

2 Respond to a difficult situation in a different way

9 When you feel you can't do something, add the word "yet"

16 Look at life through someone else's eyes and see their perspective

23 Set aside a regular time to pursue an activity you love

30 Look for new reasons to be hopeful, even in tough times

SUNDAY

3 Get outside and observe the changes in nature around you

10 Be curious. Learn about a new topic or an inspiring idea

17 Try a new way to practice self-care and be kind to yourself

24 Share with a friend something helpful you learned recently



ACTION FOR HAPPINESS

Happier · Kinder · Together



# PDW

## This Week

Year 7	What is 'Democracy' and how does the Media threaten it?
Year 8	What is Instagram vs Reality?
Year 9	Performance from a boyband covering key PSHE topics such as Mental Health
Year 10 A Band	How can we value diversity and tackle radicalisation and extremism?
Year 10 B Band	What counts as an extremist group?
Year 11	Personal Statements

## Next Week

Year 7	Who are the main UK Political Parties and what do they believe?
Year 8	How can we identify eating disorders?
Year 9	UniFrog careers
Year 10 A Band	What counts as an extremist group?
Year 10 B Band	What is the 'dark world of incels'?
Year 11	How does Porn encourage unrealistic expectations and experiences?



# I Wish I'd Known

A workshop for parents and carers about young people, drugs and decisions

from the Daniel Spargo-Mabbs Foundation

Drug and alcohol awareness workshop for parents and caregivers in Kingston.

**Wednesday 27th November 2024**

**6:30pm**

**Online via Zoom**

Become more aware of drug-related issues and what you can do to help your children stay safe. You can also ask confidential questions before the workshop via an online survey and during the session itself.

Click [here](#) or scan the QR code to sign up.



THE ROYAL BOROUGH OF  
KINGSTON  
UPON THAMES



**DSM** foundation

The drug education charity



SCAN ME

# AfC

## *'Helping teens with...' series*

Achieving for Children's mental health support teams are delivering a series of webinars for parents of secondary-aged children and young people. The 'Helping teens with...' series of webinars covers a range of common difficulties experienced by children and will aim to share evidence-based strategies to help parents and carers with these difficulties. In the third and fourth columns of the table, you will find the sign-up links.

### Support for Parents 'Helping teens' series



### Looking after your child's mental health

As parents and carers, there are ways we can support our children to give them the best chance to stay mentally healthy.

Encouraging and guiding a child to think about their own mental health and wellbeing are vital skills you can teach them from a young age.

Find out how you can help a child to have good mental health, including knowing how to talk to a child about their mental health, and when to spot signs they might be struggling. Plus get self-care tips for you, to help you look after your mental health while caring for others, and find out how to get more support if you, your child or your family need it.



**stem4i**, teenage mental health charity, is passionate about helping children and young people thrive. We are very aware of the impact of social media and the pull of the online world on young people, their families and their mental health. We are also aware that there is so much advice out there and that it can often be confusing.

For that reason, our expert clinical team decided to put together a short course that parents and carers can access in their own time: Screen Smart Parenting - The 5 Ps Digital Family Pledge.

The course covers:

- Persuasive design, what it is and how the online world is designed to keep everyone glued to their screens
- Development and use of devices at different ages.
- How to create a realistic and balanced digital plan for the whole family (booklet and template included!).

To access the training, simply go to <https://training.stem4.org.uk/courses-for-parents-carers/>

## Screen Smart Parenting The 5 Ps Digital Family Pledge



Join our expert speakers in our new on demand course, as they discuss:

- Persuasive design, what it is and how the online world is designed to keep everyone glued to their screen
- Development and use of devices at different ages.
- How to create a realistic and balanced digital plan for the whole family (booklet and template included!).

<https://training.stem4.org.uk/courses-for-parents-carers/>

## Online Parenting Courses - Family Lives

Being a parent has never been easy. There are no manuals for it, and previous generations may not be able to provide the insight you're looking for. The family unit is more dispersed than ever, with some families existing hundreds of miles from what may be called a 'core unit'. The rapid pace of societal change in the UK rapidly outstrips the knowledge of the immediate past. The result is that many parents may find themselves lost in a maelstrom of contradictory advice. For adults, time has never been more compacted. Family Lives has produced a series of online parenting courses, to make this challenge a little easier. If interested please follow the link below:

<https://www.familylives.org.uk/how-we-can-help/online-parenting-courses>

Family Lives offers a confidential and free\* helpline service for families in England and Wales (previously known as Parentline). They can be contacted on **0808 800 2222** for emotional support, information, advice and guidance on any aspect of parenting and family life. Their website is also a rich source of useful support and advice.



We all know how important exercise is for our physical wellbeing as well as our mental health, and here at ADHD Embrace, we especially encourage being active for our ADHD community. Parents and caregivers know well how energetic our children can be! And as kids grow into teenagers, maintaining an active lifestyle remains essential for both their physical and mental well-being. Many young people with ADHD have a natural talent for sport although we recognise that many find a structured clubs and sports don't always suit their needs. However, finding something to do - regardless of what it is - is so important.

Did you know that exercise based video gaming (exergaming) can help too? In a recent pilot study at Kingston University, it was shown to improve concentration as well as maintain fitness levels. You might ask, what's wrong with just getting out there and engaging in regular exercise outside in the fresh air? Of course there's nothing wrong with that and in fact it should be actively encouraged, but often children with ADHD can find traditional forms of exercise tiring and boring or they struggle to fit in as part of a team with rules and boundaries to consider and remember. Exercise-based video gaming has proved to be an engaging alternative and can be tailored to suit the ADHD mind.

To find out more about this project and all things exercise, Dr Stone Hsieh, Senior Lecturer in Biological Psychology, will be talking about an innovative study he is running in this field in a webinar for us soon. Book [here](#).

We have got lots of fundraising news this week and are really excited to share that London Landmarks 2025 is now sold out so apologies to all those who asked for a ticket but missed out - get in touch if you would like to take part in any of our [challenge events later in the year](#).

Click [here](#) for Upcoming Events





Sixth Form  
News

# Year 12

## Open Evening

Many thanks to all of the volunteers who helped out at Sixth Form Open Evening last week. I was absolutely delighted to see so many Year 12 students helping with their subjects, or marshalling visitors. Every single one of them represented the school in a mature, warm and enthusiastic way, and visitors got a really good sense of what Sixth Form is like here.

## PDW

### *Lateral Thinking Talk*

On Wednesday, 6 November, during PDW, our Year 12 students had the privilege of hearing from guest speaker Sarah Tucker, who presented on the topic of lateral thinking. Sarah encouraged students to reflect on the question, "What does success mean to you?" and provided insights into how they can think more creatively and adopt a growth-oriented mindset.





# Y12 Apprentice Day

On the day before half term, our Year 12 students embarked on an exciting "Apprentice Day" in London, tackling a series of creative and challenging tasks. These included activities such as: "Visit Pye Corner and take a photo of three team members beneath the Golden Boy statue. What historical event does this spot mark the end of?" and "Capture an artistic selfie from the viewing platform at the Switch gallery, while holding a postcard purchased from the gallery."

All 30 teams embraced the competition, submitting photos and videos as evidence of their completed tasks. Both the tutors and I were highly impressed by the students' organisational skills, attention to detail, and maturity as they navigated London independently.

I am pleased to announce that the winning team for Apprentice Day, who will each receive a Nando's voucher, includes: Alice Hartmann-Olandesi (Team Leader), Yasmeen Omary, Sophia Montenegro, Beatrice Andreatta, Elsie Hobson, and Aditi Sharma. Congratulations to them all!



# Academic Licences

The w/c Monday 18 November, academic licences will be starting for Year 12 students. There will be a small number of students who will not gain their academic licence. For the students who have gained their licence, it's important they are aware of the following:

- **All students need to be in on a Monday as it's assembly day**
- **All students must attend all PDW sessions**
- **All students must attend all supervised study sessions**
- **Students only need to be in registration if they have a P1/2 or P5/6 or Twilight**
- **No PM reg on a Wednesday due to enrichment**

Ms Duncan  
Head of Year 12

## Year 13 Stars of the Week

Ivan received a lovely email from Royal Holloway, praising him for his excellent personal statement on his UCAS form. He wrote about what he learned on his work experience placement and the tasks he undertook. Here is an extract from the email:

'These examples of your character have given us absolute confidence that you will thrive at the School, to reach your fullest potential. Your strong profile is a testament to your proactive attitude and business mindset, and we believe you will make a valuable academic and social contribution to Royal Holloway.'

We also received a really positive email from Zineb's recent work experience placement on a trading floor:

*"It was a pleasure having Zineb on the desk – she was very engaged, asked thoughtful questions, and demonstrated impressive independence given our busy environment. We would be delighted to see her apply for the 2026 Insight Programme."*



# Miss Fincham's EPQ Update

This week, our visitors from the Royal Literary Fund returned to support students with planning their essays and artefact reports. Students should now be working through the draft production phase of their project; creating either their essay or their artefact. This is worth 20 out of the 50 marks as is at the heart of the qualification. Students need to plan carefully to manage this alongside preparation for their mock exams and come to an agreement with their mentor for a date to submit their draft for feedback.

# Miss Fincham's Oxbridge Update

Offers for interviews are starting to come in. Congratulations to those who have been called so far. Students need to inform Miss Fincham as soon as possible when the university contacts them. This is so we can support them in their final interview preparations and how to balance this with the expectations of the upcoming mock exams.



## UCAS Stars of the Week

There are 23 students who have heard from all of their five choices of universities, the majority of whom have received five offers. Students have applied to a lot of exciting courses ranging from Aviation Management to Korean Studies. Students who have received offer from all five universities include:

Poppy Gurner-  
Flaherty

Virginia Corellas

Yacine Saidi

Blazevic Nina

Thomas Foden

Henry Pidduck

Thomas Parry

Tia Latim

Edward Stone

Luke Walker

Yu Chen

Alexander Szyda

Isabelle Southard  
Woodard

Georgina Good

Yael Erasmus

Aarya Somani

Jake Heathcote

Tameem  
Abdallah

Sofia Sehgal

Jemima Hughes-  
Jarvis

# Trial Exams

Tuesday 26 November - Tuesday 10 December

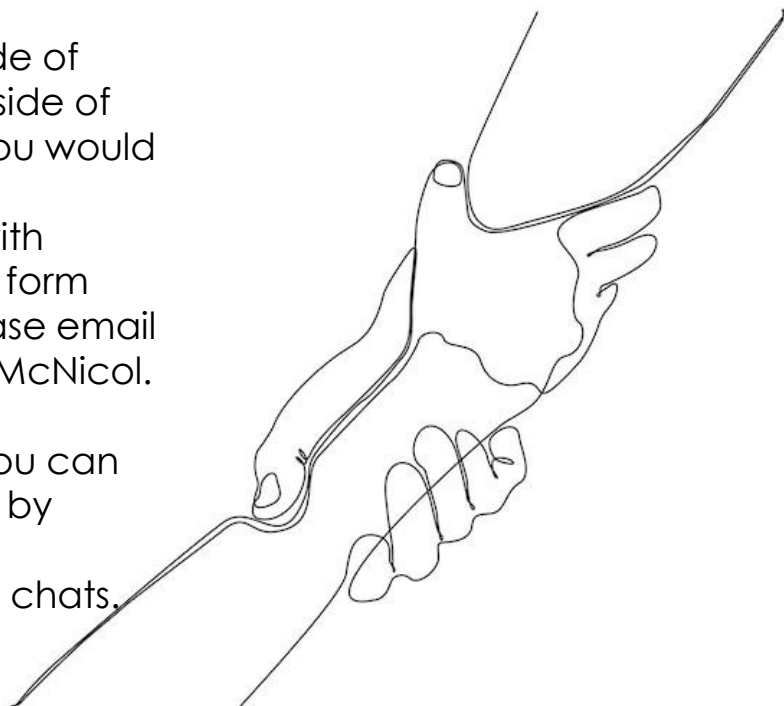
During assessment fortnight, students will be on exam leave. These exams will take place in the main hall with external invigilators. While we are aware that this may cause stress and anxiety for students, it is important that they experience formal exam conditions, as this allows them to familiarise themselves with the set up and also provides teachers and students with vital data regarding their progress.

[Year 13 exams timetable](#)

[Year 13 exams booklet](#)

## Accessing Support

Remember your tutor, Ms McNicol, Mrs Moore, and Ms Duncan are available to talk to if you have any worries or concerns. However, we recognise you may want to talk to someone outside of school and outside of your family. If you would like to have an appointment with Abbie, our sixth form counsellor, please email or speak to Ms McNicol. Below is a list of organisations you can contact online, by phone, via text message or live chats.





# Accessing Support

Off The Record	Talkofftherecord.org	Online counselling and support
The Mix	0808 808 4994	Open every day from 13:00-23:00 for 1:1 support and guidance
Relate	0300 100 1234	Live chat and counselling
Kooth	kooth.com	Online support for young people Monday-Friday 12:00-22:00 Saturday-Sunday 18:00-22:00
Childline	0800 1111 childline.org.uk	1:1 counselling and support, advice and information
Samaritans	116 123 <a href="mailto:jo@samaritans.org">jo@samaritans.org</a>	Support for young people in crisis
Shout 85258	Text SHOUT to 85258	Free, confidential, 24/7 text messaging support service for anyone who is struggling to cope
CALM	Phone 0800 58 58 58 daily 5pm to midnight thecalmzone.net	CALM is the Campaign Against Living Miserably. It provides a mental health helpline and web chat
Cruse Bereavement Support	Freephone helpline 0808 808 1677 <a href="http://www.hopeagain.org.uk">www.hopeagain.org.uk</a> Email: <a href="mailto:hopeagain@cruse.org.uk">hopeagain@cruse.org.uk</a>	Cruse offer face-to-face, telephone, group, email, web and young persons' support for people who have experienced loss or the death of a loved one
The National Sleep Helpline	03303 530 541	The National Sleep Helpline helps anyone with sleep issues. The helpline is available from 7pm to 9pm, Sunday to Thursday
Youth Zone	1 <sup>st</sup> Floor, Ancient House, Central Kingston, KT1 1JS  <a href="mailto:youth.service@rbmind.org">youth.service@rbmind.org</a>  07568 227 688	Wellbeing drop-in centre for young people aged 12-25  Free WiFi Free charging Activities and more

# Careers with Miss Corrighan

## Sixth Form Opportunities

Please find our weekly opportunities bulletin [15/11/2024 Sixth Form Careers opportunities](#) which shows a range of careers, work experience, university and apprenticeship opportunities. These opportunities are great to add to their experience and help students think about the future. We would especially like to draw attention to the **amazing apprenticeship opportunities in the bulletin - BBC, British Airways, Unilever and more companies offering degree & higher apprenticeships.** APPLICATIONS OPEN NOW!!!

## Year 12 Work Experience Summer 2025

This week we launched the summer 2025 work experience with year 12. Please see the attached presentation which gives all the vital information:

### [WEX student launch 2024](#)

Key things to note but please reference to the PowerPoint:

- It takes place 30 June - 4 July 2025.
- All year 12 will take part in a work experience or summer school that week. It can be in person or virtual.
- It is the students responsibility to organise this but the school will offer support - we are preparing our students for the world of work so they need to treat this as if they were searching for a job.
- In PDW this week students looked at CVs and this is the first step in presenting themselves to employers.
- All year 12 are expected to attend the Friends and Founders event on 4th December.



# Grey Court School

## Friends and Founders Evening

Wednesday 4 December 2024  
6:15pm to 8:15pm

This is our tenth annual networking evening for our Year 12 students. This offers the opportunity for all Year 12 students to meet and network with a wide variety of organisations and employers to discuss future career plans and potential work experience placements for the summer. All Year 12 students are expected to attend and take part in this activity. The evening will provide the chance for students to present their ideas to our outside guests who are drawn from Grey Court Alumni and other school contacts we have developed over the years. The expectation is that students take this evening as a serious opportunity to make contacts and they will be expected to dress as formally as they would for a job interview and to bring their CVs. **Students will be expected to arrive at 6.15pm** for a short briefing and then the networking event will run from 6.30-8.15pm.

The focus of their discussions could centre on some of these suggested questions:

- What qualifications/subject choices enabled you to gain entry to your career?
- What kind of work experience do I need to gain in order to get a head start in your industry? Could you help me to find a placement for July 2025?
- What skills and qualities do I need to develop to gain access to this career path?
- What does a good CV look like? Can you think of any applications that have really stood out?
- How can I best sell myself in an interview?
- Are there any groups, societies or social networks that I should join that will help me in my career?
- What does a typical work day involve?
- What are the opportunities in this sector looking like now and in the future?
- What are the salary scales in this sector?

If you have any questions about the evening please see the Sixth form team or Miss Corrighan who is organising the event.

## Year 12 Students are expected to attend

# Sports



# News

Excellent 6-0 victory for the u12 football team this week.



# Leo Mandzi BMX Racing



BMX





BMX





I started doing BMX racing when I was 10 years old even though I got my first BMX bike when I was 5 years old with a helium filled 5 floating above it for my birthday. After I got that bike we moved back to my home country Slovakia where I started doing pump track which is BMX racing but on a smaller track and is judged by the time you get for doing two laps around the track. I was third nationally in this discipline but then covid struck and most tracks were closed during this time period. In this time we decided to move back to the UK which is when I started doing BMX racing. I started in the intermediate racing category but was moved up to experts by the first month of attending training sessions. During this first month I was signed up to a club race where I got first and won my category in the intermediate section. I soon started training 2 times a week with a coach and twice a week on my own. This helped me improve my skills which included wheelies, manuals, nose manuals and jumps.

After the first year I started racing regionally in the south England region. I had a few rough races coming 16th, 20th, 10th, 14th, and 15th. Overall that season I came 15th in my age category. Because I did 5 races that year I could now race in the nationals the next year.

Nationals have riders coming to the races from Scotland, Wales, Ireland and England just to race in one race. These events usually have 100's of riders in each category Trying to get onto the next round. These races come in this order: quarterfinals(top 32 riders) semi-finals( top 16 riders) and A and B finals( the A final being the top 8 riders and the B final being the other 8 riders in the semi-finals). In this race I came 26th out of 54 riders making me qualify for the world championship which was happening in France but my parents decided not to go. The next year came and I was consecutively coming top 12 in all my races. In the nationals I came 22nd qualifying me for the world championship the next year in Glasgow. I couldn't attend this race because I was away in Slovakia competing in the nationals in Slovakia in which I came 2nd. This year I came in top 16 throughout all my races but had a few injuries on the way not letting me train during those months. I had a broken wrist twice a knee injury which together cost me 5 months without any BMX. During this time I did gravel biking improving my endurance and sprints. I started doing 20 km every day in Richmond park which I still do every single day. This allowed me to stay in shape and come back into old training sessions as usual. After a period of 5 months I came 12th in the south regional finals in Gosport.

**Leo Mandzi, Year 9**

BMX



# Swim

## Swimming Results

### *Congratulations*

#### Charlie Morgan (Y10)

During the weekend of the 2 November, Charlie qualified and swam in the South East Winter Regionals, for a single age category U16. This is a great achievement as Charlie is 14 years old.

His results were: 1500m – Time 17.02 (PB of 34.37 sec) – place 5<sup>th</sup> in U16 (2<sup>nd</sup> 14 year old)

800m – Time 8.51 (PB of 21.37 sec) – place 5<sup>th</sup> in U16 (1<sup>st</sup> 14 year old)

#### Millie Morgan (Y8)

Millie trains 9 times a week on top of her other sports

Recent Results – long distance meet Harts gala.

1500m – time 20.55 and 800m – time 10.51 – 1<sup>st</sup> places in 12 year old category.

Millie has also been selected for the Swim England Middlesex Development Programme.

Both Charlie and Millie have qualified for the Welsh Winter National Championships which take place on 5 to 8 December.



Superb performances by our u14 athletics teams this week at Lee Valley. The A team finished 1st and the B team 4th. Both have qualified for the semi finals



A great win! On to the Borough Final



A great day for our Year 8/9 Indoor Athletics team. Fantastic performances on the track and field events.







DATE  
October '24

The Surrey Tennis Quarterly is all about sharing the *best* news from across the County

EDITION  
No.4

## SURREY TENNIS

# QUARTERLY

### GREY COURT SCHOOL'S TENNIS SUCCESS

Grey Court School, a state school with a strong tennis tradition, offers year-round tennis clubs that are well-attended and actively encouraged by the PE staff. The school also benefits from a strong partnership with Ham & Petersham Tennis Club, which further supports its tennis programmes.

Grey Court regularly organises Red and Orange Mini Tennis Festivals for primary schools in the Richmond Borough, with older students taking on the role of scorers. The school also hosted a Play Your Way to Wimbledon event for both boys and girls, with the winners advancing to the Surrey Tennis Finals, which they thoroughly enjoyed.

This summer, both the girls' and boys' teams achieved fantastic results. The Girls 14U team reached the semi-finals of the Surrey Festival tier 2 and narrowly lost in the match tiebreak. The Boys 16U team,

competing in tier 1, secured wins against top schools including St Paul's, Whitgift, and Reeds, before losing a close tiebreak in the final. In Surrey's premier 18U schools event, the Rootham Shield, Grey Court reached the semi-finals, finishing among the top four schools in Surrey.

Surrey Tennis is hopeful for increased participation from state schools in its programmes for 2025. A special thank you to the coaches who continue to provide invaluable support.





# Mario Bostan

## Boys Player of the Month

Mario Bostan is player of the month for his performances for the U12 Football team. Some highlights are Mario scoring a hatrick in the 4-3 victory away to Hampton Boys at the beginning of the month. He also scored a vital goal in the National Cup first round fixture against Rutlish, a game we went on to win 4-2.

Mario managed to score all 4 of our goals in the 4-2 victory over St Richard Reynolds in the league, as well as another 4 against Orleans Park, which helps to take his tally to 14 goals in 5 games! Well done on a fantastic run of form and your contributions to the team.



# Bella Keane

## Girls Player of the Month

**Bella Keane** has been selected as reserve for the Great Britain freestyle kayaking team to go to Germany to compete at the World Championships.

She was also recently selected to race in Greece in the High Knee Canoeing event at the Greek International Regatta.

Bella exhibits remarkable talent in her field and leads by example in all her PE lessons by bringing great energy and a positive attitude.

Well done Bella, we wish you the best of luck in Germany!





# Pascal Barikor

## Boys Scholar of the Month

Pascal Barikor has had an outstanding October, solidifying his place as one of our top athletes across multiple sports. His impressive dedication and skill have shone through, marking him as a standout student both on and off the field.

Pascal's achievements this month include an incredible 3rd place finish at the ESAA Junior Cross Country. In football, Pascal has been equally impressive, scoring 3 goals in 3 games and firmly establishing himself as a first-choice player for the team. His consistent performances and attacking skills have been key to the team's success.

What's even more remarkable is Pascal's rapid rise in rugby. Having only started playing in September, he has already earned a place as a starter in the A team. His quick adaptation and commitment to learning a new sport have been great to see.

Alongside his sporting accomplishments, Pascal's attitude and knowledge in his Scholar lessons on athletics has been outstanding. His hard work, focus, and positive approach make him a role model for his peers.

Well done, Pascal, for being named October's Scholar of the Month! Keep up the fantastic work!



# Cross Country Teams

*Junior and Intermediate*

## Boys Teams of the Month



The Boys Junior and Intermediate Cross Country teams were in action in the first round of the Cross Country Cup. The teams performed brilliantly and won both age groups to qualify for the Regional Finals on 7 November.

For our Juniors, some highlights were Robert in 2nd place, Pascal in 3rd, Liam in 4th and Ed in 7th. In the Intermediate team, Tom came 4th, Euan was 6th, Ifan 8th, Andrew 10th and Avery 13th.

Well done to both squads and good luck in the Regional finals.



# U14 Netball Squad

## Girls Team of the Month



The **U14 Netball Squad** have not had the best success in tournament play in the last couple of years at GC, narrowly missing out on making the Borough Tournament Finals at U13 level and losing by 1 goal to LEH at U12 in the final having been leading throughout. This year the girls were determined to play their best netball after a great start to the season and an excellent performance at the Middlesex County Netball Qualifiers the week prior where they finished 3rd in their table and just missed out on qualifying for the County Finals. The team had a strong start, beating Orleans Park 4-3, Twickenham 13-0, Waldegrave 9-3 and St Richard Reynolds 9-6 to finish top in their group. They then met LEH in the semi final and playing some of their very best netball, beat them 6-2 to reach the finals. We then faced Orleans Park again and were ready for a tight match. With GC p 4-2 at half time, OP made a strong comeback in the second half but GC were able to keep the lead and finished 7-6 and **BOROUGH CHAMPIONS!!**

Huge congratulations to the squad!!

Our new  
book

*What's on ...*





HAM & PETERSHAM  
**RIFLE & PISTOL**  
EST. SINCE 1906  
**CLUB**

# **FIREWORKS & BARBECUE**

## **Saturday 16 NOV 24**

From **18.30** onwards  
Fireworks circa **20:30**

**Free entry. Food & drinks at reasonable prices.**

No food or drink to be brought on site!

*Gourmet* **burgers**  
**sausages**  
**VEGGIE option!**

**Venue**

The Ranges, Ham Street Ham, Richmond, Surrey, TW10 7RT

**CAR PARKING AVAILABLE**

Please keep pets indoors!!





# HOOPZ INCLUSIVE BASKETBALL

Hoopz are fun, **friendly, inclusive basketball sessions that support children with additional needs to play the brilliant game of basketball!**

- > Learn key basketball skills
- > Play team games with creative competition
- > Experienced coaches with additional training in disability inclusion
- > Smaller group sizes = high coach-player ratio
- > Social stories for venues and activities
- > Open to children aged 10-14 in either mainstream or special education



**DAY:** Saturdays (Commences 9<sup>th</sup> Nov, 2024)

**TIME:** 10:00-11:00 AM

**VENUE:** Waldegrave School, Fifth Cross Rd, Twickenham, TW2 5LH

**BOOK:** Info via QR Code

In partnership  
with:



Access  
Sport



**CONTACT:** [office@knightsbasketball.co.uk](mailto:office@knightsbasketball.co.uk)

[richmondknightsbasketball](https://www.richmondknightsbasketball.com)

Scan here for further  
info and bookings.

designed by  
**BRANDEER**





# NEW FLYERZ HOCKEY

Pan-Disability hockey sessions, incorporating all neurodiversities,  
wheelchair/frame users, visual impairments and the deaf.

No experience needed. All equipment provided.

FOR AGES 8-ADULT

## JOIN US!

Every Sunday

4:30pm-5:30pm

Teddington School, Broom Rd,  
Teddington, TW11 9PJ

For more information contact  
[THCFlyerz@gmail.com](mailto:THCFlyerz@gmail.com)



Access  
Sport

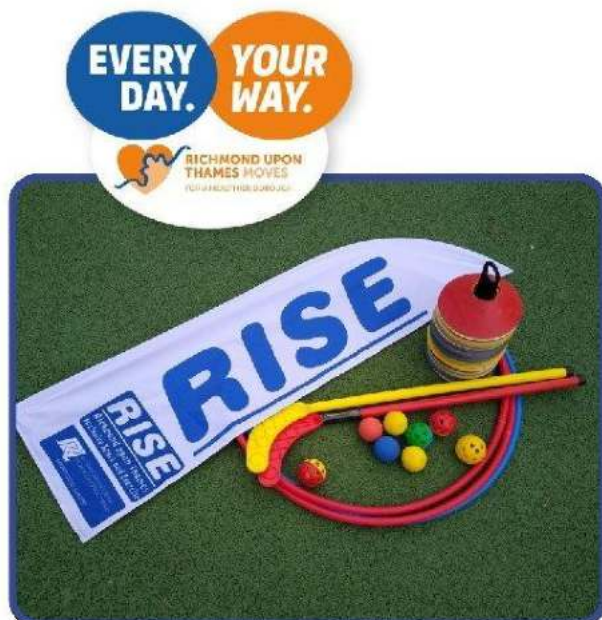


LONDON  
HOCKEY

**We run a range of inclusive and disability specific sport and physical activities across the borough for children, young people and adults.**

**Regular activities include:**

**Dance**  
**Cycling**  
**Football**  
**Multi-sports**  
**Canoeing**  
**Basketball**  
**Swimming**



**For more information or to see our most up to date programme please visit:**

**[www.richmond.gov.uk/rise](http://www.richmond.gov.uk/rise)**

**Phone:** 020 8831 6134 **Text:** 07773 040219

**Email:** [rise@richmond.gov.uk](mailto:rise@richmond.gov.uk)







# Hampton Wick Royal Cricket Club

Hampton Wick Royal CC has a thriving juniors section that caters for children aged 5 upwards.

This year we have set up a girls section and are looking to grow it. We have entered the Middlesex softball league and Surrey hardball league for girls and hosted a Surrey SMASH event at the club, with a number of clubs from across Surrey attending.

HWRCC won both the u10s and u11s events.



All ages and standards are welcome.

Training takes place on Sundays 10am-12pm, starting 12<sup>th</sup> Jan.

HWRCC have kindly waived all girls' memberships this year!

Bushy Park  
off Park Road  
Hampton Wick,  
Kingston-upon-Thames  
Surrey KT1 4AZ  
<https://hwrcc.co.uk/>

For more information in joining the girls section contact James Watson  
[j.watson@heathfield-jun.richmond.sch.uk](mailto:j.watson@heathfield-jun.richmond.sch.uk)



## **Dance Direction Classes at The Hawker Centre**

**We offer BBO Ballet & Musical Theatre  
IDTA Modern, Jazz, Tap & Acro classes  
Exams, Competitions & shows**

**Dance Direction is a well established and respected  
studio run by Debby Tomlinson, teaching in  
partnership with Meryl Moreth**

**We also run classes in our studio in Surbiton aswell as  
have successful, ongoing partnerships with the  
Surbiton and Kingston YMCA to provide dance  
classes to children of all ages and adults too.**

**For more information contact:  
[debby@dancedirection.net](mailto:debby@dancedirection.net)**

**[www.dancedirection.net](http://www.dancedirection.net)**





# PLAYERS REQUIRED FOR TEDDINGTON RFC U12 BOYS SQUAD

Players of all abilities welcome to join one of SW London's most welcoming and vibrant community rugby clubs.

TEDDINGTON  
RUGBY



First class coaching

Make and build friendships for life

Fun and enjoyment  
(for players and parents alike!)

Develop and improve skills

Improve fitness

Develop team skills and communication

End of season rugby tour to France

Training on Tuesday evenings @ Udney Park, Teddington 6.30 - 7.30pm.  
Matches (Surrey League) on a Sunday morning.

For further details please contact: **Garry Dempster**  
garry\_dempster@yahoo.com or call 07891 382009



# St Richard's Christmas fair

## Saturday 23rd November, 10am–2pm

*Gift ideas*

*Craft stalls*

*Hot lunches*

*Home-made cakes*

*Mulled wine & mince pies*

*Music from the school choir & local ukulele band*

*Raffle, tombola and kids' lucky dip*

## Free admission – cash and cards welcome



# Dramacube

# MUSICAL THEATRE WORKSHOP



**2 hours of singing,  
performing & festive fun  
for 6-12 year olds!**

**SAT 30TH NOV**

**2pm - 4pm**

**The Cabbage Patch  
67 London Road, Twickenham  
TW1 3SZ**

**BOOK AT**  
**DRAMACUBE.CO.UK/CHRISTMAS-WORKSHOPS**



**a taste of**  
**Twickenham**

PROUDLY PART OF  
**HAVE YOURSELF A  
LOCAL, LITTLE TWICKMAS!**







# PANTO PROJECT

This year's  
Panto is:  
**Beauty and  
the Beast**

Create your own  
**Pantomime!**

**Winter 2024**  
**Richmond  
Theatre**

## DATES AND TIMES

4th November 16:30 - 18:00  
11th November 16:30 - 18:00  
18th November 16:30 - 18:00  
25th November 16:30 - 18:00  
2nd December 16:30 - 18:00  
7th December 14:00  
9th December 18:00

## ★ ACTIVITIES ★

Script writing  
Prop design  
Devising  
Costume design  
Improvising  
Performing



How to  
**Register?**



Scan this QR Code if you want to take part!



In Partnership with:

**Richmond Theatre Trust**







**THE GOLF  
GROOVE**



Scan the QR code to find out more  
and to book your 25% off.

2nd floor, Wimbledon Quarter  
**SW19 8YA**

We would love to offer all Grey  
Court School pupils and  
parents, 25% off bookings at  
The Golf Groove.

Here at The Golf Groove we  
have fantastic games for  
complete novices and larger  
groups, looking for a fun  
competitive day out.

## **12 INDOOR GOLF BAYS**

---

## **BAR & LOUNGE**

---

## **OUTDOOR TERRACE**

---

For more experienced players, try  
your hand at a few holes on some  
of the world's most famous golf  
courses, while enjoying a drink  
and bite to eat.





AT THE GOLF GROOVE





## THE IDEAL VENUE FOR YOUR CORPORATE EVENTS

Our venue can accommodate up to 300 guests, and we offer various package options to suit your preferences along with our golf bays and all the fun activities we have available.



More info: <https://www.thegolfgroove.com/christmas>





# FESTIVE FOOD



From 1<sup>st</sup> November we're serving up our hand-crafted Christmas menu, with the perfect mixture of festive favorites, such as mini mince pies & pigs in blankets, and great finger food to enjoy while you play.



More info: <https://www.thegolfgroove.com/christmas>





## TIS THE SEASON OF GAMES

Bored of board games? This Christmas take game time to the next level with our spectacular selection of fun & interactive simulator games. From bullseye, to scrapyard challenge, there's something for everyone of all abilities. Ensuring your night is a competitive one, that you'll be talking about until the new year.



More info: <https://www.thegolfgroove.com/play>





# CHRISTMAS PACKAGES

Our Christmas packages are the best way to enjoy the festive season and to take the stress out of organising.

Our packages include a selection of festive food, drinks to get the party started and of course, time in our simulators. Packages start from as little as £60pp.



More info: <https://www.thegolfgroove.com/christmas>







## CHRISTMAS CHILL BAR & LOUNGE

When all the competitive fun and partying gets too much, chillout in our bar & lounge and catch up with friends. Or looking for the party to continue outside the simulators? Then our stunning bar area with our party playlist is the perfect place to be.



More info: <https://www.thegolfgroove.com/christmas>





The Golf Groove,  
2nd floor, Wimbledon Quarter  
4 Queens Road, London  
SW19 8YA  
[www.thegolfgroove.com](http://www.thegolfgroove.com)



the\_golfgroove

 02038 699920

 [info@thegolfgroove.com](mailto:info@thegolfgroove.com)