



# eBulletin

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# eitin

**Grey Court School | 24 January 2025**

*"...a school where all pupils flourish" - Ofsted 2024*



**Cover photo** taken at the Faraday STEM Challenge of Kamal and Sethiel

#KeepInTouch

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**The Uniform Shop**

**Thursdays 3:15-4pm**

**Contact:  
sniss@greycourt.org.uk**

**NOTE:**  
The Uniform Shop will be closed on 6 February

Grey Court JustGiving QR Code

# MOGOS



## 2025



# AUDITIONS

**WED 29TH & THURS 30TH  
JAN 2025**



SCAN ME

**MUA 3.00PM - 5PM  
SCAN TO BOOK YOUR  
AUDITION SLOT**



SCAN ME

# FILM

## *Exhibition*

Bring your friends and family and join us in celebrating the hard work of our Year 13 Media students by viewing their projects and short films



**THURSDAY 30TH JANUARY**

6PM - 7:30PM

SIXTH FORM BUILDING





News KS3+KS4

# Year 7

And just like that we are halfway through our half-term. We had a wonderful celebration of the Lunar New Year this afternoon in the Dinex, run by Miss Nair where so many of our Year 8 and 9 students were able to enjoy time together with craft activities and food to celebrate the occasion.

Assembly this week came from the very talented company, Open 2 Music, who came to visit us and showcase their talents and drum up interest in the company that so many students have benefited from. We will be emailing out their flyer for any interested people.

We have seen an increase in trainers being worn to school, with the misunderstanding that they are wearing them because of a fixture or an extracurricular club after school that require trainers. To clarify, students attending any club during the school day or after school still need to wear uniform (including school shoes). If they attend a morning club, they can come to school in their PE kit, but will have time to change into their uniform straight after, before morning registration time begins. They should only wear PE kit all day if they have PE or the Daily 1k that day.

And finally, our Year 7 Boys Football 'A' squad face Teddington in the Borough cup final this Friday, so we wish them luck and hope they can create a wonderful memory so early on in their Grey Court careers.

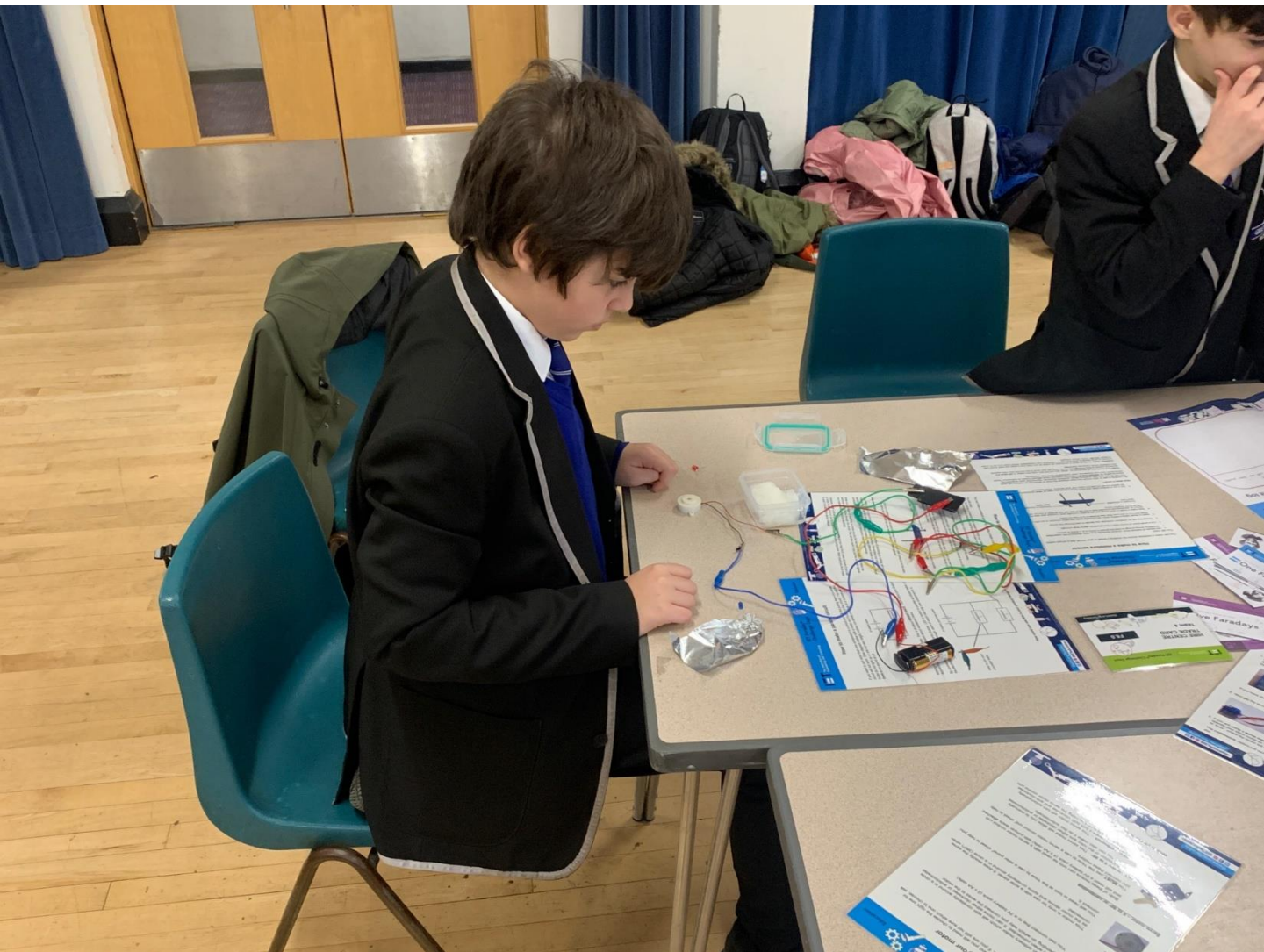
Mr Ridley



# STEAM

## Faraday Challenge

Mr McCormick



On Friday 17 January, six valiant STEM clubbers walked forth into the breach, well Tiffin Girls school, to face down the mighty Faraday Challenge.

Tasked with creating a novel engineering solution to the problem of sustainable energy and battery usage, the Year 7s settled on creating an automatic sensor for an umbrella that is attached to a wheelchair which senses when it is raining.

The Faraday Challenge required students to act as engineers by:

- Identifying and understanding a problem that exists
- Planning a solution to solve the problem
- Purchasing resources on a limited financial and time budget
- Working around issues that arise

- Monitoring and recording their progress
- Presenting their ideas

Kanishka bravely stepped forwards as project leader for the team, delegating tasks, keeping record of progress and challenges, and holding the team accountable for their decisions. An excellent leader listens to and includes all members of the team, utilising their strengths. Kanishka was an outstanding leader.

Working to a budget is evermore important, and having a maths whizz keeping track of 6 team members is hard to find. Thankfully, Aneya stepped up to the plate and hit the ball out of the park. Diligently recording all transactions under challenging circumstances and ensuring decisions have been thoughtfully considered, Aneya delivered under budget!

Electronics expert Aren worked hard on the circuitry needed to detect rain and operate the motor attached to the umbrella. Consistently impressing the judges with his knowledge of circuits there was nothing our electronics man couldn't do. A future in engineering awaits this young lad.

Clashes of personality. Conflicting ideas. Every team faces difficulties. But only the great teams have a "glue gal". A team member who includes everyone, is calm in the eye of a storm, makes everyone feel a million bucks. Our "glue gal" was Daniela. No better "glue gal" in all the land



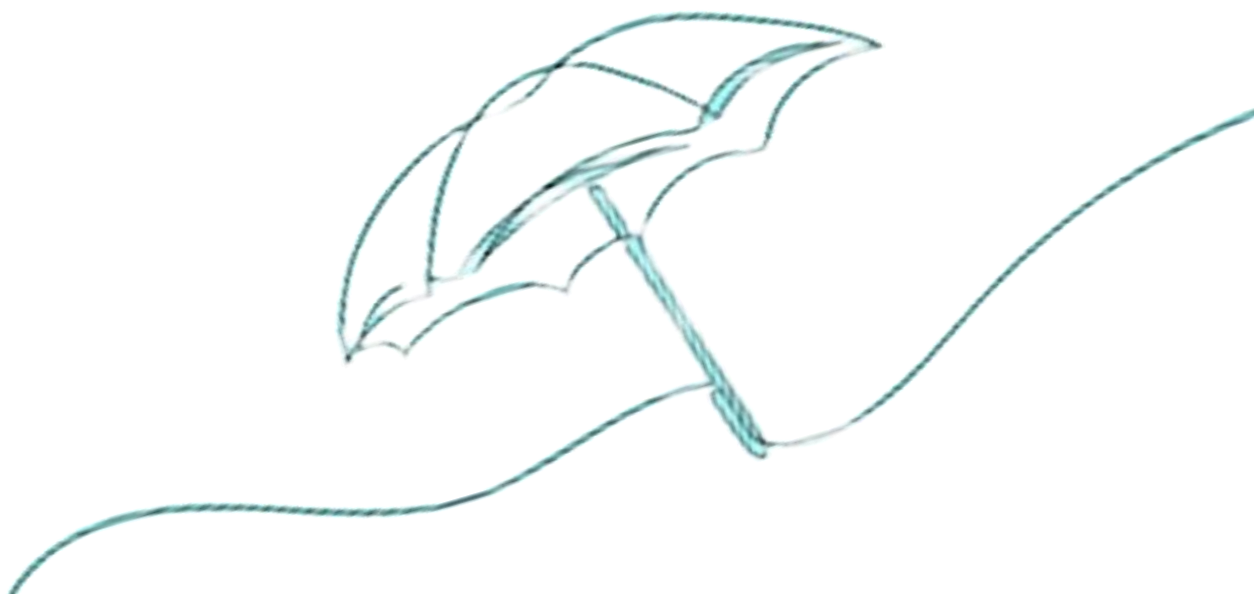
Not everyone has a way with words that Sethiel does (I certainly don't). Being a good engineer gets you a job, communicating to investors and managers keeps you a job. When I get on Dragon's Den, I know who to call: the man behind the script, the wizard of words, the specialist of soliloquies.

When things go wrong, and all around are losing their heads, you need a spark. A candle in the gloom. A radiance in the murk. Kamal the bundle of energy he will keep you going. Nothing gets this man down (except singing in a presentation).

Our intrepid team of Year 7 STEM Clubbers went away engineering novices, up against 5 teams of Year 8s. Our team returns VICTORIOUS\*. A victory no one saw coming. This rag-tag bunch combined their strengths to become a single unit, moving as one, battling foes 1 year their senior. Nothing daunted them.

\*The team were disqualified for being too young, but will return next year to avenge this injustice.





# Year 8

A big congratulations to Year 8 for another great week. A special shoutout goes to 8 Beech for their impressive efforts during *Enterprise Week*. Next week, it's 8 Cedar's turn, and we're looking forward to seeing what they bring to the challenge!

This week in PDW, students explored the topic of grooming. The session focused on identifying warning signs and understanding how online groomers might act to persuade someone they are someone else. This important discussion equips students with the knowledge to stay safe online.

Our assembly this week looked at positive behaviour- what it looks like and how it can help students excel in their Gradu8 challenges. Students were encouraged to think about how their actions influence others and how positive choices can make a difference for themselves and those around them.

## **Shoutout to 8 Maple!**

A huge well done to 8 Maple, who are learning how to juggle for their *Develop* challenge. They've really been *throwing themselves* into it and we're impressed with the progress so far. Luckily, they have the expert guidance of Mr. Santos, who we hear is a juggling master (or so he claims)! Here are some photos of Karl, Josh, and Kaloyan showing off their skills.

Ms Saccheri











The Cat Rescue Mission  
or Angels for a Cat



One day in late September Philippa and her friends, Indie and Daniel, were on their way home from school, when Philippa saw a little cat, which had almost no voice. Philippa, as an animal lover, convinced Indie and Daniel to come with her to check on the cat. They soon realised that the little, almost deaf, cat needed help!!! So Philippa called me and the rescue mission began.

Philippa was so determined and left almost no space for discussion. She said: *"Mum, this cat needs our help!!! Maybe she lost her way, or she is abandoned, or she is ill.... She will not survive alone in the woods. And mum, we already have a name for her.... We named her Milly!!!"* She was so serious that I felt there was no point in arguing with her. I took a really deep breath and rang our neighbour to organise some cat food through her. Two minutes later the trio came around the corner; Daniel pushing their bikes, Indie next to Philippa who had her arms protectively around the little cat, and the cat looking at me!!!

Brilliant, I thought to myself, already seeing that I was in trouble. As I have a cat allergy I didn't allow the cat into our house. That was a No Go!!! So the feeding started outside. We took a few photos of the cat, put them on Nextdoor and rang the nearby vet. But nobody got back to us. My husband came out and said with a big smile and rolling his eyes, "your cup of tea..." as he went to an appointment. Wonderful....

So, as Daniel had to go home (by now he wanted to convince his parents to adopt the cat), I decided to go to our vet to check if the cat was chipped. Indie convinced her mum to allow her further on the cat-rescue mission. The cat went into a little cage without any problems. She seemed to feel that we wanted to help her. So I drove the two girls and the cat, "Milly", to our vet on Richmond Hill. Dr Aiz is by far the best vet I know. He really checked her out with a lot of care and said to the girls that they had done very well and probably saved the cat's life!

He discovered that she was chipped and found the owner. The cat's name in the database was Lilly .... But sadly the vet couldn't reach the owner. So we had to leave the cat with the vet, hoping that somebody would come and pick her up. Philippa was almost crying, but Dr Aiz reassured her that he would take good care of Milly. The girls were allowed to see Milly/Lilly's rescue place.

That evening the owner contacted my neighbour over Nextdoor .... She hadn't changed the details on the database, but had photos proving that it was her cat. Her name was actually Pip!!! In a way really unbelievable I thought to myself. Pip found Philippa and knew she would help. The new owner was so happy and thankful and picked her cat up from the vet the next day!!! What a journey! I was very proud of the kids that they had started the rescue mission – or – the Angels for a cat! **Mrs Zoeller**

SHES HOME AND SAFE 🥰🥰🥰🥰🥰  
THANK YOU ALL FOT YOUR KINDNESS AND  
CARING IT MEANS ALOT 💕💕💕💕💕

My 20yr old cat is missing 😞

Her name is Pip she's extremely frail and frail looking, she's a mixed colour cat and has ginger black and brown fur with a half ginger chin . She's a bit deaf and a little blind too

I'm extremely worried about her and is quite poorly she's been missing since last night 17th Sep 24 .

She is missed very much

This is a older photo but she's still looking the same just skinnier



# Year 9

Another great week from Year 9 with lots of achievements. The students behaved fantastically in their important PDW sessions - the year team was very proud at their maturity. They also took on board key messages during their assembly on low-level disruption - this showed to us that the vast majority of the year group are doing fantastically and gaining lots of achievement points. Finally, Mr Jacob congratulated a group of Year 9 students that performed excellently on their computing assessments - lots of prizes were given!

Well done Year 9 and enjoy your weekend.

Ms Sutcliffe



# Year 10

Week 3/6 is now complete! This week in assembly students were delivered an assembly by Ms Weston about goal setting and new year's resolutions. Although GCSE's seem a long way off, it is important to remember that every day is a part of that journey and it is not always an easy one. Therefore, resilience and hard work is key, even at this stage in the year! Please also be aware that students have been reminded that they are to use the bathroom at lunch and break times, not during their lesson time unless absolutely necessary. With a few more weeks to go until an activity day and a break, we encourage our students to stay focused, organised and motivated until the very end!

Ms Woods

Y10

# Year 11

Year 11s are in full swing with interventions. Attendance at these sessions has been amazing, and I'm glad to see the cohort taking full advantage of them. The Mock Results Day almost felt like the real day! The students were buzzing and celebrating what has, so far, been a successful year. However, I need students to remember not to become complacent and to remain focused. There is still plenty of time to increase grades and solidify content.

It goes without saying that work completed outside of school must increase. Students should take it upon themselves to revise content, complete exam questions, and work through past papers. If they are struggling with this, they must have a conversation with their teachers so they are clear on what needs to be done to make progress.

A huge congratulations to the following people for being awarded tutor awards:

Ash - Laura  
Beech - Archie  
Cedar - Maya  
Elm - Sophie  
Maple - Stanley  
Oak - Che  
Rowan - Izzy  
Willow - Indie

Mr Khan



# LAMDA CLASSES

AT GREY COURT  
SCHOOL EVERY  
SATURDAY  
MORNING  
9.30AM - 11AM.

- Improve speech, performance and confidence skills
- Boosts reading, vocabulary and social skills
- Progress towards an end of year exam!



"My daughters have gained tremendous confidence thanks to the LAMDA lessons organised by Elizabeth Samuels Drama School. Working towards an exam has taught them that preparation is key and given them the responsibility to own their achievements. Couldn't be happier with this valuable course. Thank you again!"  
**Celine (parent)**



Visit [www.elizabethsamuelsdrama.com/grey-court-richmond](http://www.elizabethsamuelsdrama.com/grey-court-richmond) or contact [info@elizabethsamuelsdrama.com](mailto:info@elizabethsamuelsdrama.com) to book a trial class!

# Stars of the week

Year	Name	Subject	Reason
7O	Emilija Southall	History	Excellent progress in the subject
8A	Harry Nicholas	History	Excellent engagement in class
9A	Mohammed El Haddad	History	Excellent progress in the subject
10A	Gustav Alpsten	History	Excellent engagement in class
11M	Leo Sarasini	History	Excellent test results
12B	Martha Davies	History	Excellent progress in the subject
13G	Jack Kenny	History	Excellent test results
7R	Theo Leung	Geography	Excellent progress in the subject
9C	Claire Chung	Geography	Excellent engagement in class
11W	William Pitt	Geography	Excellent engagement in class
12D	Mia Mcgregor-Wood	Geography	Excellent contributions
13B	Jack Crane	Geography	Excellent progress in the subject
7R	Nina Alijevic	Religious Studies	Excellent assessment grade
8E	Demid Getmanov	Religious Studies	Excellent engagement in class
9R	Noah Thompson-Morton	Religious Studies	Excellent assessment grade
10R	Deeba Zamani	Religious Studies	Excellent engagement in class
11A	Henry Bolland	Religious Studies	Excellent progress in the subject
10B	Elena Bell	Politics	Excellent engagement in class
11B	Noah Cervantes	Politics	Excellent progress in the subject
12C	Amaani Akbar-Qadri	Politics	Excellent progress in the subject
13G	Jack Kenny	Politics	Excellent contributions
12G	Millie Dodds	Philosophy	Excellent progress in the subject
13D	Louis Wykes	Philosophy	Excellent progress in the subject
10O	Lora Hoxha	Health & Social Care	Excellent engagement in class
11C	Myla Aihevba	Health & Social Care	Excellent classwork
12C	Isabel Burrows	Health & Social Care	Excellent progress in the subject
13D	Cakil Ozerturk	Health & Social Care	Excellent progress in the subject
12E	Livi Slader-Heys	Sociology	Excellent classwork
13G	Tabitha Dwyer	Sociology	Excellent progress in the subject
12C	Elsie Hobson	Psychology	Excellent engagement in class
13B	Lauren Jackson	Psychology	Excellent engagement in class
12F	Maria Djukic	Economics	Excellent progress in the subject
13B	Zoe Lam	Economics	Excellent progress in the subject
12G	Velina Grantcharova	Criminology	Excellent engagement in class
13A	Joshua Tong	Criminology	Excellent engagement in class

13 January to 17 January

# Attendance matters

“Eighty percent of success is showing up” - Woody Allen

Year Group	Attendance %
Year 7	<b>98.2%</b>
Year 8	<b>96.2%</b>
Year 9	<b>96.3%</b>
Year 10	<b>96%</b>
Year 11	<b>95.7%</b>

Tutor Group	Attendance %
7 Cedar	<b>100%</b>
8 Maple	<b>97.9%</b>
9 Elm	<b>98.8%</b>
10 Ash	<b>98.8%</b>
11 Ash	<b>99.3%</b>

Buy  
Books!

FRIDAY SUNDAY  
14<sup>TH</sup> UNTIL 16<sup>TH</sup>  
FEBRUARY

Support  
Independent  
Bookshops

Meet new  
people

Discover  
new things

Have a  
Bookish  
Adventure!

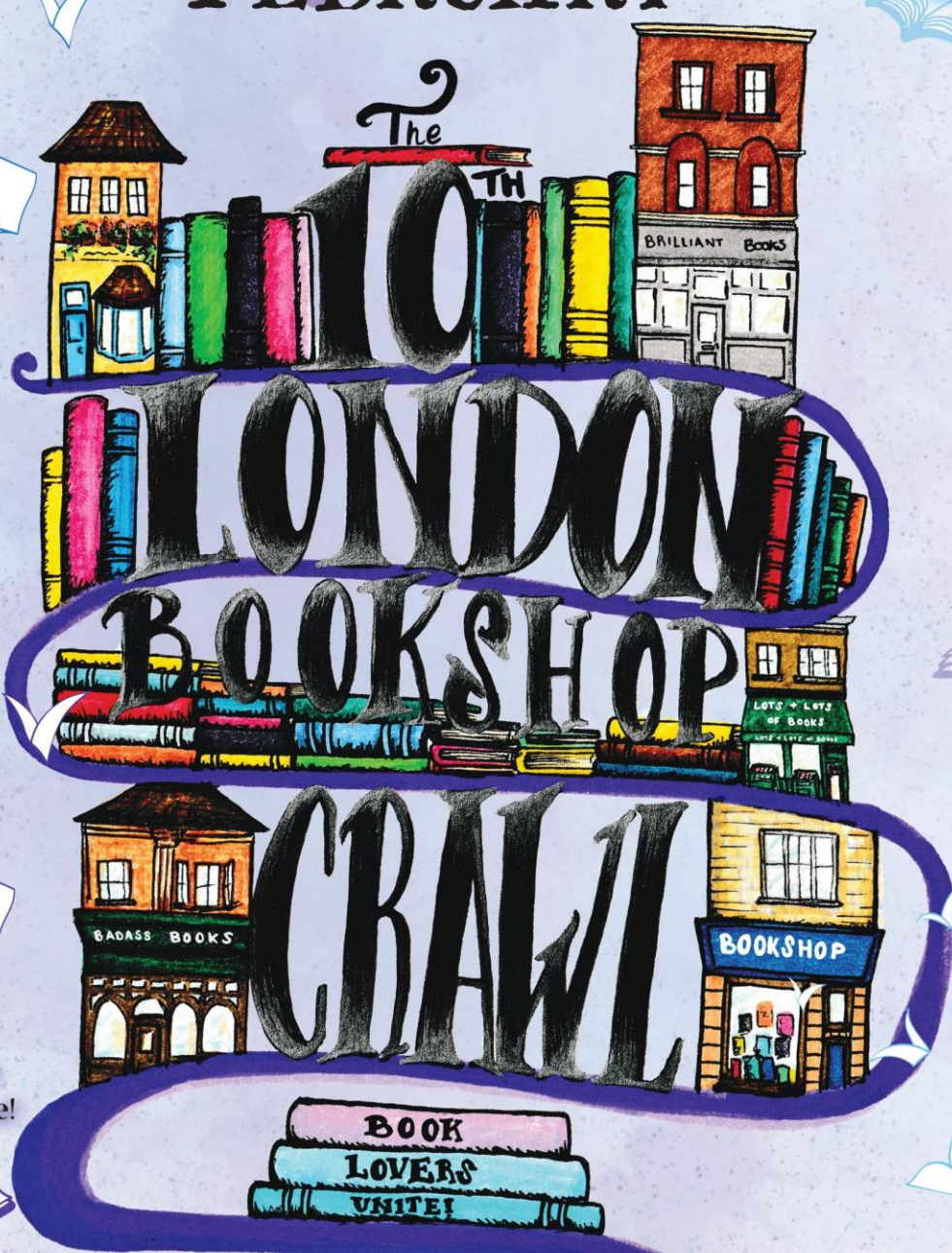
Group Bookshop Crawls,  
Author Signings,  
Big Bookish Quiz,  
Book Swap & more!



Programme, Welcome pack  
and downloadable route  
maps at  
[www.bookshopcrawl.co.uk](http://www.bookshopcrawl.co.uk)

#LondonBookshopCrawl

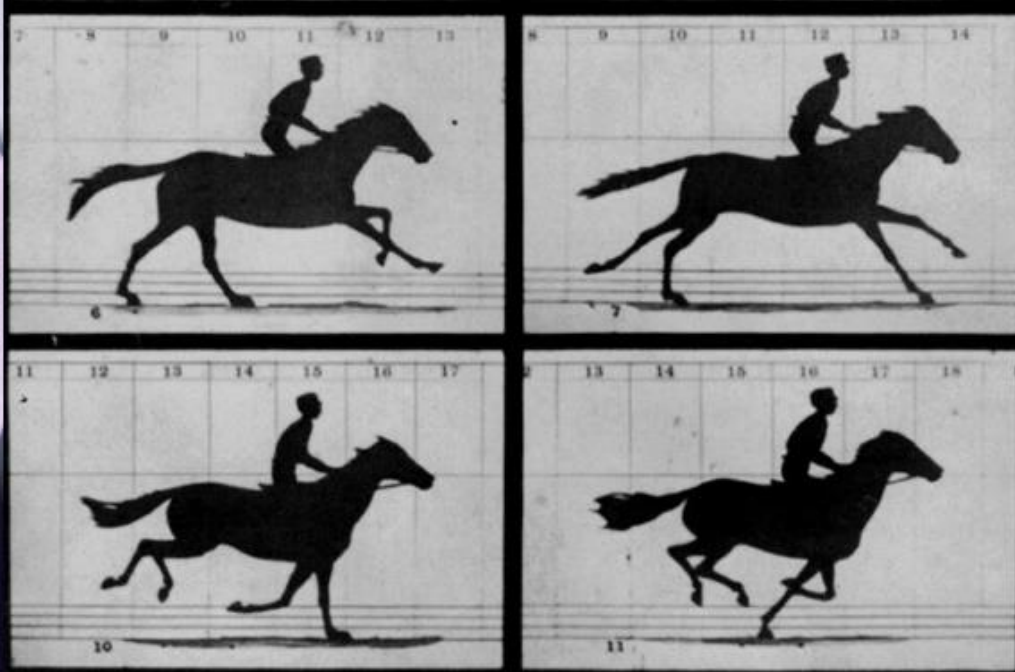
Scan here  
to find out more





# Clubs

*Extracurricular*  
timetable



**Grey Court School Spring 2025  
Photography for Y7-10 (& DofE)  
Thursday 3.10 - 4.10pm**

**Muybridge - Film Making -Teddington Lock  
Collage - Stop Motion- Portraits -  
Phoneography & Ghosts**

**9 Weeks from Thursday January 16th**  
**Course Fee £90 includes Canon Dslr cameras**

Please email [clickschools@gmail.com](mailto:clickschools@gmail.com)  
to book your place. More details  
[www.clickphotographyworkshops.com](http://www.clickphotographyworkshops.com)

Grey Court is keen to ensure this opportunity is open to all students. Should you wish for your child to take part but may need financial assistance, please contact Ms Price by email [vprice@greycourt.org.uk](mailto:vprice@greycourt.org.uk)

Click Photography Workshops is run by award-winning photographer Philip Hollis & Sheridan Morley, former Nikon UK Fashion Photographer of the Year



# DRAWING MATTERS



'Drawing Matters' is run by experienced practicing artists, Stuart Simler and Tahira Mandarino, who bring with them a broad range of skills from Fine Art and Ceramic backgrounds at BA, MFA (Hons) This course is for all pupils who have an interest in Art and especially drawing, which is an important part of childrens creative development. We encourage freedom of expression alongside learning new techniques and skills.

**Dates & Times: 2025**

**13th Jan -24th March: Mondays 3.15 - 4.15pm**

**Cost: £104.00 - 9 weeks**

**No class: 17th or 24th Feb**

**Year Groups: 7-10**

**Grey Court**

## **How to apply:**

If you would like to book a place for your child on these classes please email: Stuart: [stuartsimler@mac.com](mailto:stuartsimler@mac.com)

**Payment terms** BACS: Company name: Raw Ground Arts Limited  
Sort: 40-26-12 Account: 32189860

Cheques made payable to: Raw Ground Arts Limited and sent to:  
56 Cedar Avenue | Twickenham | TW2 7HE

**We look forward to welcoming your young artist onto the course.**

**Stuart & Tahira**

\*For terms and conditions please visit: <https://www.rawgroundarts.com/drawing-matters>



**RG A**

[www.rawgroundarts.com](http://www.rawgroundarts.com)

**LONDON**

# PIANO SMASHERS

Mr Allchurch

You already may know that one of our Grey Court drama teaching alumni (the very much missed Mr Page) co-wrote a play a couple of years ago called The Piano Smashers. You may not know however, once having completed the script, that Mr Page approached me to work out how an almost proless one-person show involving the physical destruction of a piano could be brought to life, in only the imagination of the audience, through the use of music and sound.

Mr Page, presumably envisioning some technological sound trickery that I may have up my sleeve, started the conversation something like this:

Mr Page: "Miles, I've written a play where we need the music to be made from the sound of a piano being violently destroyed... oh... and also... the sound of a piano being dropped from a crane. I think you're the person that can do this".

The conversation of course *immediately* continued something like this:

Mr Allchurch: "Well, we're definitely violently destroying and dropping a piano then aren't we?!"

Mr Page: "Really?"

Mr Allchurch: "Trust me..."

Why would I spend hours upon hours of time trying to digitally recreate in software the sound of strings discordantly colliding and wood splintering in the great cacophony you only get to experience when the music, tension and weight of an acoustic piano finally gets to harmonise with the inevitable conclusion of its destiny, when combined with gravity, a floor and maniacs like myself and Mr Page?

So... a summer or two ago Mr Page and I did this:

<https://bit.ly/pianosmashers>







## **Compulsory DofE Training Sessions for all Bronze Participants and any Silver Participants who did not complete the Bronze Award last academic year.**

Compulsory DofE training sessions begin on Thursday 30 January (next week).

The first session is First Aid and all future training sessions in the calendar must be completed to attend the expeditions. Please make sure your child has Google Classroom notifications turned on and please ensure that all dates are in your personal calendars to avoid potential conflicts between commitments.

If there are any issues and students are genuinely unable to attend on the day, a parent/carer should contact the appropriate leaders, explaining the circumstances by email.

All tents need to be available and ready to use for the camp set up training session. To ensure fairness and remove barriers to participation, we do have a limited supply of tents available for students to borrow, but priority is given to those who may face financial barriers to participation. Please email us at the earliest opportunity if the group that your child is in does not have enough tents to cover the size of the group. The tents should be the same ones they will be using for the expeditions.

Similarly suitable food, plates, bowls and cutlery need to be brought to school for the cooking session (we only provide the fuel and Trangiers/pans to cook with).

Resources and equipment needed for upcoming sessions are outlined in the calendar previously shared in October (attached again below for your convenience). The DofE Expedition Kit List resources page is also linked below

Please direct any questions regarding the **Bronze Award to both** Mr Allchurch ([mallchurch@greycourt.org.uk](mailto:mallchurch@greycourt.org.uk)) and Ms Mannion ([dmannion@greycourt.org.uk](mailto:dmannion@greycourt.org.uk)) as we will be able to respond more quickly when contacting both of the Bronze Team.

Any questions regarding the **Silver Award** should be directed to Mr Nair ([snair@greycourt.org.uk](mailto:snair@greycourt.org.uk)).

**Please note:** the calendar dates in the first column are the Mondays that each week begins on... **All sessions are on the THURSDAY of each week.**

The Assessed Silver Expedition will take place during the Summer Term Activities Week.

### [Important DofE Training Dates](#)

<https://www.dofe.org/shop/expedition-kit-main/>

# Sen and the Art of Mini-Bus Maintenance

Mr Clements

## Sen-sational

The DT and computing faculty were aghast last Monday during morning briefing when the chair normally taken by Mr Sen Nair for the last 1564 consecutive working days was vacant! Murmuring of “Where’s Sen?” “What’s happened?” and “Mr Nair - he dead?” emanated around his workroom as staff pondered the unthinkable. However, readers will no doubt be relieved to hear that the man whose minimalistic public persona makes Liam Nesson’s turn in “Taken 2” look positively animated, was in fact alive and well! By 3pm the Sen-meister had been spotted in the building twirling a pair of keys! When quizzed it was revealed that he had in fact been taking his advanced minibus driving test. The reason for such devotion to duty was to transport students to the Duke of Edinburgh expeditions he helps to run. The Sen-sei of course passed with aplomb!

## The Jaguar

Talking of wonderful attendance, I am presently the temporary custodian of two year 7 classes who fill my classroom with their ideas and energy and are very rarely - if ever ill! Such is the esteem I hold them in, that I have christened each class the 556th and 557th favourites that I have ever taught! As a reward we have studied Ted Hughes’ poem “The Jaguar”, a text I normally reserve for my A-level students. A shout out to Sidney, Daniela, Sofia, Bailey, Arun, Lily, Hannah and Mario who have provided sublime readings of this text that would make the Romantics proud!

## House Kendo

I was delighted to welcome Dr Alan Thompson - a poet of fiscal studies - into the embrace of the Roman house this week. Dr Thompson, who amongst his many achievements was once the captain of the British Kendo team, has declared himself to be “delighted, honoured and humbled” to be part of the Roman Empire. Indeed, he has vowed to help the Emperor continue his inexorable march towards a third title in four years.

Mr Thompson’s signing - has fatefully - coincided with a new House competition I have added to the calendar - Staff inter house Kendo! Ms Price, Aztec champion, Mr Jacob and Sir Gordon Walker - notice is served - iron your loincloths!

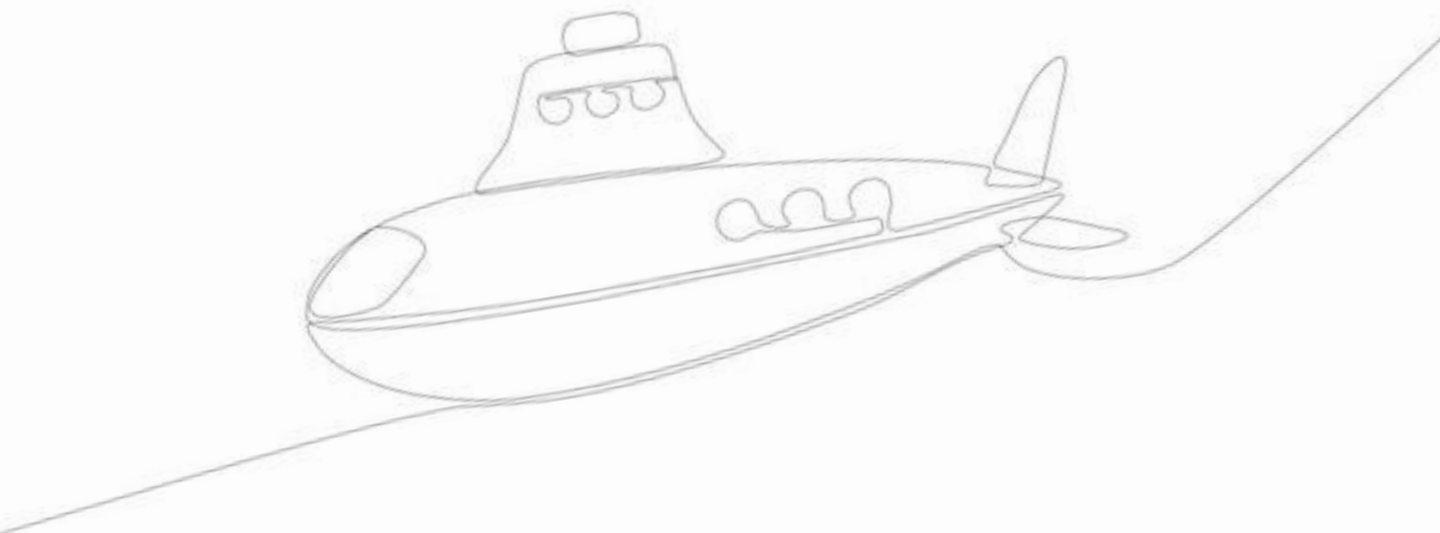


## **Rank Scholarship**

Well done to year 13 student, and aspiring vet, Carlo Tilman, for his work this year as a Rank scholar. Carlo was nominated in 11 for this prestigious programme - where talented future leaders - receive mentoring from entrepreneurs and academics sponsored by the Rank organisation. Older readers may remember the logo of this company featuring a man in a lincloth banging a gong! Carlo has been praised by the Rank team for his work on cyber bullying campaigns and his contribution to numerous community events. For my part, I have really enjoyed seeing Carlo become increasingly articulate and grow in confidence. He is a wonderful role model to students from the lower school.

## **Comsubtant Gundry**

A final thank you to Mr Gundry, for organising a Sixth Form Talk from Imperial college for both his chemists and members of our medical society which amongst other matters - encouraged students to solve real-world problems in areas such as energy, the environment, and healthcare. It is important that aspiring doctors develop their skills in oracy and problem solving and are regularly exposed to high level academic discourse. There is also the matter of raising awareness of the range of jobs and opportunities across the STEM spectrum. Mr Gundry, is a man who has adopted both the attire and the furrowed brow of a Cold War submarine commander, such is the seriousness with which he takes his craft. As a teacher he should be commended for his consistent dedication to his Grey Court duties of promoting academic excellence. His work often goes under the radar





Wellbeing  
**Wellbeing**



## This week

- Year 7** What is/is not a crime, and what happens when you commit one?
- Year 8** What happened to Breck Bednar?
- Year 9** Vaginal health
- Year 10** What is unconscious bias and how can we tackle it?
- Year 11** RS/Computing

## Next week

- Year 7** How can 11 people go to jail for 1 murder – Joint Enterprise
- Year 8** How can we recognise bias and fake news?
- Year 9** How can we keep a penis and testes healthy?
- Year 10** What are micro-aggressions?
- Year 11** What is stress?

# 2025

Happier January 2025

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

6 Take five minutes to sit still and just breathe

7 Learn something new and share it with others

8 Say positive things to the people you meet today

9 Get moving. Do something active (ideally outdoors)

10 Thank someone you're grateful to and tell them why

11 Switch off all your tech at least an hour before bedtime

12 Connect with someone near you - share a smile or chat

13 Take a different route today and see what you notice

14 Eat healthy food which really nourishes you today

15 Get outside and notice five things that are beautiful

16 Contribute positively to your local community

17 Be gentle with yourself when you make mistakes

18 Get back in contact with an old friend

19 Focus on what's good, even if today feels tough

20 Go to bed in good time and allow yourself to recharge

21 Try out something new to get out of your comfort zone

22 Plan something fun and invite others to join you

23 Put away digital devices and focus on being in the moment

24 Take a small step towards an important goal

25 Decide to lift people up rather than put them down

26 Choose one of your strengths and find a way to use it today

27 Challenge your negative thoughts and look for the upside

28 Ask other people about things they've enjoyed recently

29 Say hello to a neighbour and get to know them better

30 See how many people you can smile at today

31 Write down your hopes or plans for the future



ACTION FOR HAPPINESS

Happier · Kinder · Together



EMOTIONAL HEALTH SUPPORT SERVICES HELP FOR CHILDREN AND FAMILIES

Please click the [link](#) for information, resources, and services to help support young people and their families

# What Parents & Educators Need to Know about

# TIKTOK

AGE RESTRICTION  
**13+**  
(Certain features are restricted to over-18s only)

## WHAT ARE THE RISKS?

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

## AGE-INAPPROPRIATE CONTENT

While TikTok's Following feed only displays videos from familiar creators, For You is a collection based on a user's previously watched clips. Most of these videos will probably be inoffensive, but the app *could* potentially show something unsuitable. If children then engage with this content, more like it will follow. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.

## BODY IMAGE AND DANGEROUS CHALLENGES

According to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One extreme example of the latter was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against TikTok over the tragic deaths of their children.

## IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £9.99 to an eye-watering £99; while that may not sound appealing, the app still generated £7.9 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a fake birth date.

## CONTACT WITH STRANGERS

With more than 1.5 billion users globally, the potential for contact with strangers on TikTok is high – especially as accounts created by over-16s (or young people using a fake date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables anyone to download or comment on them.

## MISINFORMATION AND RADICALISATION

Although the short videos on TikTok tend to be more frivolous than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 15-year-olds use TikTok as a news source – so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.

## ADDICTIVE DESIGN

With its constant stream of eye-catching videos, TikTok can be addictive to young brains. In 2024, UK children spent an average of 127 minutes per day on the app: that's twice as much as in 2020. Excessive use can interfere with young people's sleep patterns – often leading to irritability – and distract them from other, healthier activities. The instantly skippable nature of bite-size videos may also impact children's ability to maintain focus.

## Advice for Parents & Educators

### ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.

### DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.

### BLOCK IN-APP SPENDING

If a child is using an iPhone or Android device to access TikTok, you can alter their settings to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.

### READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

## Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/tiktok-2025>



"It was amazing  
and I didn't want  
it to end!"

Aaron  
Turtle Opera participant  
2023

## JOIN OUR FREE MUSIC & DRAMA PROJECT FOR YOUNG PEOPLE ON THE AUTISM SPECTRUM

Four days of workshops with a professional composer and director, creating your own stories and music for an informal performance. A specialist team from Turtle Key Arts will support the group, enabling fun and friendships!



FOR **11 TO 15** YEAR OLDS



Dates **Tue 18 - Fri 21 Feb**



Time **11:00am til 3:30pm**



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South Kensington  
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**APPLY NOW!** Free  
Limited spaces available

**COMPLETE  
THE STEPS  
TO JOIN.**



Scan the **QR code** to reach  
the registration page.



Submit the **online form** and  
we'll send you a reply.



Call us on **020 8964 5060**



Email **ellie@turtlekeyarts.org.uk**

# AfC 'Helping teens with...' series

Achieving for Children's mental health support teams are delivering a series of webinars for parents of secondary-aged children and young people. The 'Helping teens with...' series of webinars covers a range of common difficulties experienced by children and will aim to share evidence-based strategies to help parents and carers with these difficulties. In the third and fourth columns of the table, you will find the sign-up links.

[Support for Parents 'Helping teens' series](#)

## Space to Grieve

### **Volunteering Opportunity**

Are you passionate about children, and keen to develop the breadth of your skills? Join a fantastic team of volunteers offering one to one psychological support to bereaved children in the Richmond borough.

Deadline for applications: 14 February 2025

To find out more visit <https://space2grieve.org.uk/volunteer/>

## Support for Young Carers

If you are a young carer and you would like to talk to someone in school, please speak to your SSO and they will assist you. Alternatively please see the links below.

**Richmond:** <https://www.richmondcarers.org/services/services-for-young-carers/>

**Kingston:** <https://www.kingstonyoungcarers.org.uk/>

### **Know your rights:**

<https://carers.org/know-your-rights-young-carers-guide/know-your-rights-young-carers-guide-overview>

### **Young Carers Futures Hub - Support with careers**

<https://carers.org/young-carers-futures-hub/young-carers-futures-hub>

# Support for Parents

Please see details below of 3 groups that will be running this term for parents and carers of adolescents:

## **TRIPLE P TEEN**

This group is for parents and carers of adolescents with mild to moderate challenging behaviour. Topics include encouraging appropriate behaviour and managing problem behaviour

Saturday 1 and 8 March. Venue to be confirmed but will be in Kingston borough 10am-2pm for 2 consecutive weeks

## **TEEN LIFE**

A 6 week parent group for parents and carers of children aged 10-16 years with a diagnosis of ASD. Sessions include Understanding Autism, Understanding Autistic identity, Stress and Anxiety, Health and Wellbeing and Puberty.

Starting Thursday 27 February at The Moor Lane Centre, Moor Lane, Chessington, KT9 2AA

9.45am-12.15pm for 6 consecutive weeks

## **123 MAGIC**

For parents and carers of children up to 7 years of age with a diagnosis of ADHD or on the pathway to diagnosis or who display challenging behaviour. The course will include information on 'What is ADHD?' It will provide simple tools for parents to control unwanted behaviour, encourage appropriate behaviour and strengthen your relationship.

Starting Thursday 27 February at Chessington Children's Centre, Buckland Road, Chessington, KT9 1JF  
10am-12pm for 5 consecutive weeks

Attendance to all sessions is required

For more information and to register interest in any of the above courses, please contact Karen Williams

[karen.williams@achievingforchildren.org.uk](mailto:karen.williams@achievingforchildren.org.uk)



**Happy New Year from the whole team at ADHD Embrace. And to kick off 2025, we thought it would be nice to share our plans for the year ahead....**

The past year has undoubtedly been a tough one. The rising cost of living continues to place pressure on families, while waiting times for assessment and diagnosis remain long. The ongoing medication shortages persist as a major challenge and schools are still struggling to provide adequate support for pupils with ADHD. Not the cheeriest way to start a New Year's message, we admit!\

### **Is there any good news for our ADHD community?**

Yes, there are definitely reasons to feel hopeful! More people have come forward to share their experiences with ADHD, increasing awareness and understanding of the condition across society.

For the first time, there's been national-level recognition of the challenges faced by those with ADHD when in December 2023, the NHS launched [a new national taskforce](#) to improve care for people living with the condition. We are thrilled to share that ADHD Embrace has been invited to be part of this taskforce, ensuring that our community will be directly represented at a national level. This is a big step forward in securing the recognition and support that our community needs.

### **And locally, what changes have there been for Richmond & Kingston families?**

We collaborate closely with a variety of groups where we share feedback and the needs of our community. Our Executive Director represents ADHD Embrace on the Kingston Autism and ADHD Strategy Partnership Board, the SEND Voluntary Forum led by the Council as well as having a close relationship with Achieving for Children and CAMHS.

### **What will ADHD Embrace be doing in 2025?**

We're excited to continue developing our Youth Courses where we work directly with children and young people and we have a fantastic schedule of expert-led webinars lined up for the year ahead.

We'll also carry on delivering support in schools and reminding families in Richmond & Kingston about the free one-to-one advice available from our Family Support Worker, Claire. You can book her sessions [here](#).

In addition, we're continuing our work with professionals through our Teacher Webinars. Our [Annual Review](#) has the full details of how we work to support you every day.

### **Our message to the ADHD Embrace community in 2025....**

Keep being supportive – to your children, to us, and to fellow parents! We hope to meet as many of you as possible in 2025. If you'd like to help us fundraise, consider participating in a challenge event – we often secure access to sold-out events, so do get in touch [here](#). Finally, we are delighted to announce that we've secured tickets for London Marathon 2026! More information to follow.

Most importantly, we wish you all a positive, happy year ahead. Here's to a 2025 filled with the best for our children and young people – and remember, we're here to support you every step of the way.

Click [here](#) to book and find out more about our events.

## **\* NEW\*\* course for young people: ADHD Study Skills Hub for GCSE and A-Level Students**

### **Why has ADHD Embrace organised this course?**

For many students, and especially those who experience challenges when it comes to the key executive functions required for exam preparation (planning and organising), this course will give them the tools and support to enable them to succeed at what can be a very stressful time.

**When is it?** Three week course, once a week starting on the 29th January 2025 - 5pm-6pm for GCSE students and 6:15pm to 7:15pm for A-level students.

It will be run over three sessions of an hour each on the following dates:

- Wednesday 29th January
- Wednesday 5th February
- Wednesday 12th February

**What is the objective:** To support students in building self-esteem, confidence, and effective learning strategies as they prepare for GCSEs and A-Levels. It will cover:

### **Session 1:** Discovering Your Values and Strengths

In this session, students will explore what drives them and identify their natural strengths. Developing self-awareness lays the foundation for greater confidence and resilience when facing challenging tasks.

### **Session 2:** Mastering Revision Techniques

This practical session introduces strategies for effective exam preparation. Students will learn to create a versatile revision framework that applies to all subjects, offering a structured path through the study process.

### **Session 3:** Identifying Motivation and Planning Ahead

Focused on motivation and mindset, this session encourages students to set goals and plan ahead. By deciding on key steps in advance, students will feel ready to begin their revision journey with confidence and a clear sense of direction.

**How do I find out more info & book?** Click [here](#).





# Sixth NEWS Form

# Year 13



## Parents' Evening

Date: Thursday 6 February

Time: 4pm to 7pm

Please note that for students who take a Social Science subject (Psychology, Sociology & Economics) there will be additional appointments on Wednesday 5 February, as staff cannot see all of the students in one evening. Students and parents will be made aware of which evening their class has been allocated to next week.

The following classes will have parents evening on Wednesday 5 February:

Psychology: 13A/Py1

Sociology: 13C/So1

Economics: 13D/Ec1

This will be a remote event, so all appointments will be virtual.

The online booking system will open on Thursday 30 January at 8.00am and will close on Wednesday 5 February at 6.00pm.

Please find a guide below on how to manage the booking system.

[School Cloud Booking Guide](#)

You can find a list of questions and answers relating to appointments here: [Q&A](#).

If you have any concerns about how to book, or if you would like us to book the appointments for you if you are unable to, please contact [ouluduzatakan@greycourt.org.uk](mailto:ouluduzatakan@greycourt.org.uk).

## How to Guide for Booking Appointments

The unique web address for our Parents' evening is <https://greycourt.schoolcloud.co.uk>

Once you have clicked on this you will be required to enter the following information. Please note that the information we require is the information that you submitted to us and the information we have on our school system:

- Title
- First Name
- Surname
- Email address you want to be contacted on
- Your child's first name, surname and date of birth

You then need to [follow this step by step guide to making appointments](#) with teachers. If you would prefer, please watch [this video](#).

## UCAS update

75 students have heard from all five of their university choices and should be thinking about selecting their firm and insurance choices. Universities often hold open days which are great for helping to make a decision about choices. If you need any help and advice about which courses to choose please come and see Ms McNicol or Ms Moore and they can guide you through the process.

The following students have accepted their offers: Virginia Corellas, Sophie Elsdon, Daniel Evans, Jemima Hughes-Jarvis, Kyryl Vishtal



## Stars of the Week

All the BTEC students who sat external exams in January - you conducted yourself brilliantly in the exams!



# EPQ Update

There are now two more weeks working independently on final versions of essays or artefacts and completing log books and folders. On Activity Day, students will be given an introduction to creating their final presentations on their EPQ. This is in front of a small audience of their peers and will last about 10 minutes (including a Q and A session). Presentations should be completed in February so that final folders can be handed in by the beginning of March. This avoids any clash with preparation for Easter mocks.

# Oxbridge Update

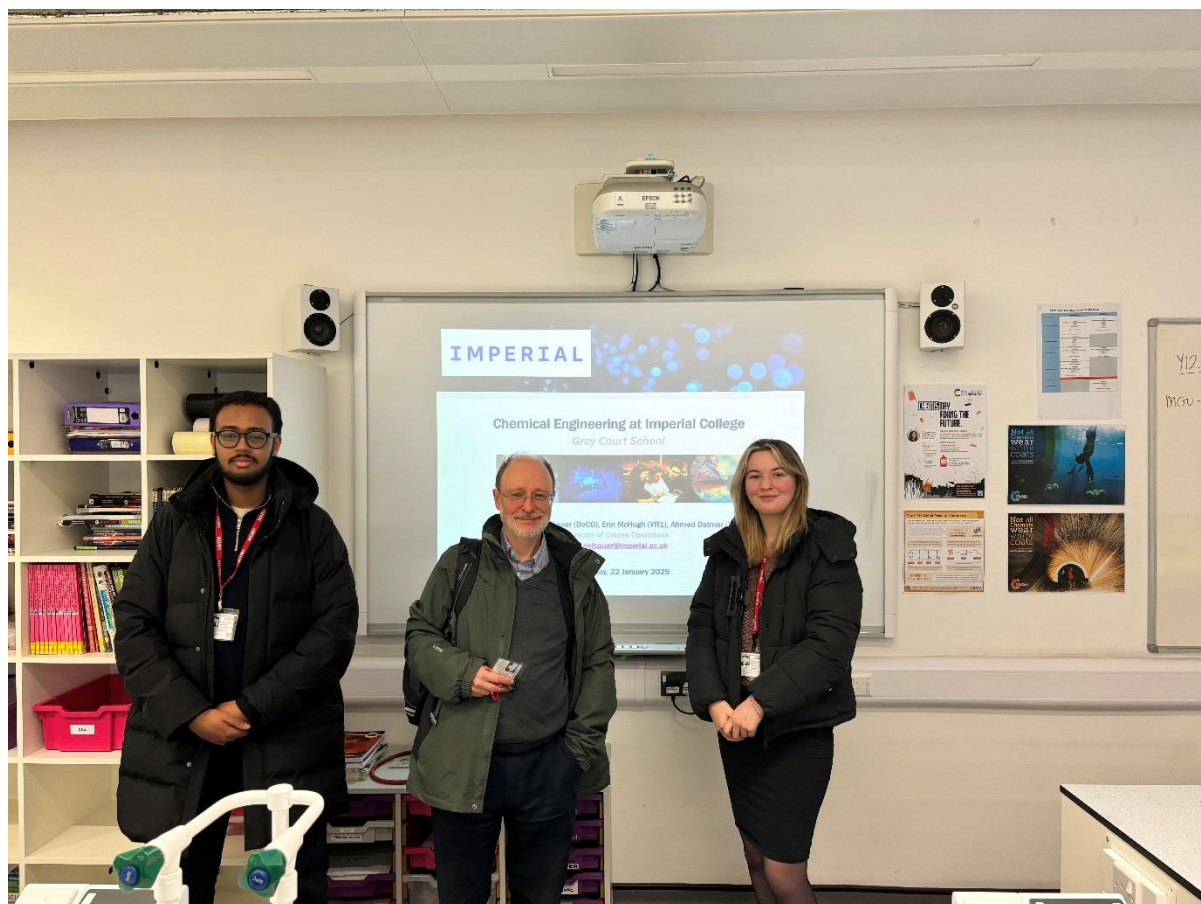
Our new year 12 Oxbridge group will be set up on Google classroom next week. An initial meeting will take place when results from the google form have been collected.

# Year 12

It's been a busy start for 2025 for our year 12s, well done to all of them for completing their trial exams, BTEC exams and the 8 hour Criminology Assessments. They were incredibly mature, demonstrated a great work ethic and resilience during this time.

The results of their trial exams will inform the new wave of academic licences and parents/students will be contacted if a student's academic licence is removed or been granted.

# Guest Talk on Chemical Engineering with Dr Andreas Kogelbauer from Imperial College London



Mr Gundry

We were fortunate to have Dr Andreas Kogelbauer, Director of Course Operations, Senior Lecturer, and Departmental Senior Tutor from the Department of Chemical Engineering at Imperial College London, visit our Year 12 chemistry students for an insightful and engaging talk on the subject of chemical engineering. Accompanied by two of his undergraduate students, Erin and Ahmed, Dr Kogelbauer offered a unique perspective on the course, the career opportunities within the field, and the experience of studying at one of the world's top universities.

The session began with an introduction to chemical engineering, a discipline that combines chemistry, biology, physics, and mathematics to solve real-world problems in areas such as energy, the environment, and healthcare. Dr Kogelbauer, Erin, and Ahmed shared their personal experiences and the pathways they took to get to where they are today, giving our students a glimpse into both the academic and professional sides of the field.

The talk also highlighted the broad range of career opportunities available to chemical engineering graduates, from working in industry to pursuing further research or even in business and finance. Erin and Ahmed provided a first-hand look at life as an undergraduate at Imperial, discussing their studies, challenges, and what they enjoy most about the course.

We are extremely grateful to Dr Kogelbauer, Erin, and Ahmed for taking the time to come in and share their expertise with our students. It was an enlightening experience that provided valuable insights into both the subject of chemical engineering and what it's like to study at Imperial College London. We hope that the session inspired some of our students to consider this exciting and dynamic field for their future studies and careers.

# Mark Evison Foundation

On Monday, year 12s heard from the Mark Evison Foundation, whose mission is to promote the personal development of young people through the undertaking of challenges. During the assembly they have invited year 12 students to think of a project they would like to undertake which is personally challenging. Applications are self-designed.

On Thursday 30 January, the Mark Evison Foundation will return to the sixth form to discuss the process with year 12 students who are interested in applying.

As I said to the students, opportunities like this are rare, an organisation willing to fund a project of their choosing and enable them to grow, such projects develop confidence, strength, resilience and breadth, as applicants take independent ownership of something they are keen to do.

<https://www.markevisonfoundation.org/>

The website also highlights the year 13 groups who achieved success last year, showcasing their remarkable accomplishments.



Grey Court School 2024  
Nela

## Building a House

*Their story, in their words...*

For my Mark Evison foundation project, I created an architectural model of a possible future house. It was inspired by more modern architectural styles and classical greek architecture including a balcony, varied floor lengths and electrical components (fairy lights) in order to make it look as realistic as possible.

I created this using model making materials such as plywood, foam boards, and acetone sheets from a model shop. There were a couple difficulties when creating the model such as working with the plywood and carefully cutting out the foundation.

It was essential that the foundations were accurate and after multiple times using a utility knife I was able to cut it out successfully. I also found that when attaching the lights to the ceilings of the model, they were very bright and were creating small dots of light that could be seen through the materials.

[home](#) / [the foundation](#) / [awards](#) / [events](#) / [donate](#) / [about](#) / [contact us](#)



# Work Experience

This week year 12 have been given additional details about organising their work experience placement in July. Work experience week is 30 June - 4 July and this can include university summer schools and other related activities e.g. the Valencia trip. Many universities offer summer schools early in July and for some students an academic experience is a great way of building their personal statement.

**Once the student has spoken to an employer and agreed a placement, this needs to be added to the Unifrog placements tool** as this is where all the information is kept and shared between the student, employer, parent/carer and the school. A short video to show this step by step: <https://cdn.unifrog.org/video/n193u79dee/720.mp4> **The deadline for this to be completed by student, employer, parent and school on the Unifrog system is: 28th March 2025**

Please look through the recent presentation so you can see the update the students received: [PDW WEX Update Jan 2025](#) and students can access the weekly opportunities bulletin where we will advertise placements.

Please speak to or email Ms Corrighan if you have any questions  
[bcorrighan@greycourt.org.uk](mailto:bcorrighan@greycourt.org.uk)

## Weekly Opportunities Bulletin

### 24/01/2025 Sixth Form Careers Opportunities

This is your personalised information bulletin about:

- Work experience - we post all the opportunities we have with companies in this bulletin too
- Careers talks
- University tasters/summer schools
- Apprenticeships

Students should be accessing this via Google classroom every Friday to keep informed of what they can access to help them build their experience and explore their career options.



# SPORTS

News

# Congratulations

Congratulations to the U14s who continued their great start to the Borough League with a 4-1 win vs Christ's. A hat trick from Harrison S and one for Alex W-O in an excellent team performance! (team featured in the photo)

Also, congratulations to the U16 girls basketball team who won the Borough League, and to the U18 boys football team with their recent win: Grey Court 8, Turing House 0. Goals - Rory M (4), James R (2), Leo D and Jamie B.



# Taym Al-Rawi

## Boys Player of the Month



It has been a fantastic month for **Taym Al-Rawi** at Grey Court. He continues to excel in his PE lessons, recently winning the 9a Inter House cross country event. Taym is maturing as a rugby player, he is extremely talented with ball in hand with his speed and power and is a key player for the u14 team. He has also represented the u15 team this year as well.

Taym is also a superb athlete and was part of the winning U14 Indoor athletics team at Lee Valley. He won the individual 300m in 39.58 seconds (New PB) and then ran an impressive 3rd leg for the record breaking 4 x 200m relay team (1m 37 seconds). Taym is looking forward to the Rosslyn Park 7s comp in March where is hoping to score many tries and the upcoming athletics season where he wants to run 38.7 in the 300m.

Well done, Taym

# Evie Archer

## Girls Player of the Month



**Evie Archer** won the Year 8/9 Borough Cross Country race which is an outstanding achievement, this has secured her place in the Middlesex team for next year's competition. Evie has also competed in the U15 Cross Country team for the English Schools Competition. She also competes in the Met League for XC in the U15 age group and has finished 4th in the 4.5km event, beaten only by girls a year her senior. Evie was a key member of the U14 Indoor Athletics team who placed 4th in the B final last week. Evie won her event 2 weeks in a row with a solid time of 2:22 for an 800m race.

Hockey is also one of Evie's strongest sports and she has been involved in the Hockey Mentors Project; a non-profit CIC that helps junior performance hockey players from state schools and/or ethnic minorities fulfil their potential. Evie has had matches and training sessions against top schools including Repton, Ipswich and St Bede's. She has also been selected to represent London North in Hockey, no easy feat. This involves monthly training sessions and matches against other counties. On top of this, Evie is a very talented GA in netball and co-captain of the U14A netball team. She is a play-maker in attack as well as holding very good shooting stats this season.

# Geraint Dutton

**Geraint Dutton** has had an outstanding month, excelling both on the sports field and in the classroom. Representing the school in both football and rugby, Geraint's talent and dedication have been clear to see. He was a key player in the football team's fantastic success, helping them secure victory in the Borough League. In rugby, Geraint's contributions were equally impressive, playing an important role in the team's journey to a second-place finish in the Middlesex Plate competition. His commitment, teamwork, and skill have made him an essential part of both squads.

In addition to his sporting achievements, Geraint has shown an excellent attitude in his scholarship lessons. His focus, hard work, and positive mindset make him a standout student. He consistently gives his best effort, engages actively in lessons, and is always ready to support and inspire his peers.

Congratulations, Geraint, on being named Scholar of the Month! Your achievements on and off the field have been great, and we look forward to seeing all that you accomplish next!



# Maya McCorrison



## Girls Scholar of the Month

It is with great pleasure that we celebrate **Maya McCorrison** as our Sports Scholar of the Month. Maya has consistently demonstrated excellence in every aspect of her sporting life, earning her this well-deserved recognition.

Maya exemplifies what it means to be a true team player. Whether on the field or court, she consistently puts the needs of the team above her own, always encouraging and supporting her teammates to reach their full potential. Her collaborative spirit and selfless attitude are a testament to her outstanding character and commitment to fostering a positive, inclusive team culture. This was highlighted in a recent U12B football tournament where she shone as a leader and team player for her team who is learning the game.

Maya leads by example, inspiring others through her work ethic, discipline, and perseverance and steps up in high-pressure moments, providing guidance and motivation when it matters most. Her ability to remain calm, focused, and determined has been a huge asset to every team she's been part of.

In addition to her leadership and teamwork, Maya's all-round sporting ability is truly remarkable. She has excelled across multiple sports, consistently pushing her limits and achieving top results.

**Well done Maya!**

# U14 Athletics Squad

## Boys Team of the Month



The team of the month for December is awarded to the U14 Indoor Athletics team who were crowned Lee Valley Champions on Wednesday 4 December. 61 schools entered the competition at the group stages so this is an unbelievable achievement. The 4 x 200m relay team (Joshua, Sergio, Taym and Grindan) also broke a 10 year record at the competition clocking 1m 37 seconds.

The U14 Team: J Gilbert, I McHardy, G Abrahams, S Beroldo, T Al-Rawi, S Ribeiro, A Barikor



What a start to the Athletics season it has been! Our U14 Girls Athletics Squad has made 3 trips to Lee Valley to compete at the Lee Valley Indoor Athletics Competition against some fantastic teams from London, Essex and Hertfordshire.

The team qualified in 3rd place during the first round of the competition, with stand out performances on the track. Along came the semi final, the team just missed out on the A final but qualified in 1st place for the B final. The final took place on the 4th December. Daisy (60m), Ruby (300m) and Evie (800m) won their events which took the team into a strong position at the start. All of the team performed well on the day but they finished 4th in the B final.

Many of the members of the team got PBs in their events which is excellent and sets them up for a good summer of athletics, we can't wait to see what they do out on the track and field next year! Well done to Daisy, Olivia, Laila, Beatrice, Ruby, Daisy and Evie.

# *Blast from the Past*

Grey Court is throwing it  
back to the Noughties.

We are looking for dancers or gymnasts to audition  
for our Gym and Dance show which will be taking  
place on Tuesday 1st April.

*We would like you to pick a song from the years  
2000-2010 as our theme this year is Blast from the  
Past.*

Auditions will be taking place in the small gym  
at 3:00pm on Monday 27th January.

Please ensure you have signed up on the [google form](#)  
which was also posted on google classroom.

Please speak to Miss Parr if you have any questions.



CLICK [HERE](#) to sign up to audition

poor food

Our Neighbour

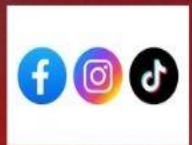
*What's on ...*

# FOOTBALL TRAINING @ HAM YC

Wednesdays 3–5pm @ Ham Youth  
Centre, TW10 7PL

Saturdays 12.30–2.30pm @ Kew and  
Ham Football Ground, TW10 7RU

Speak to Ben or Paul for more info.



# HALF TERM @ HAM YC



## Poetry Workshop with Poet Lisa Jennings

Let out your inner lyricist in this nurturing and inspiring space.

Monday 17th & Tuesday 18th Feb 3-5pm

## Multi Sports, gaming, art, cooking

Normal youth club open at this time

Monday 17th & Tuesday 18th 3-7pm

## Eco Day in Ham Lands

To all you eco warriors!  
Get out in nature learn about local wildlife.

Also help us defeat the evil brambles to encourage the biodiversity of this beautiful area!

With charity Lets go Outside and Learn

Friday 21st February 1-4pm



Contact Ben Skelton  
to book a place

[ben.skelton@achievingforchildren.org.uk](mailto:ben.skelton@achievingforchildren.org.uk)

Ham Youth Centre.  
Ham Close,  
TW10 7PL





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# RICHMOND NETBALL CAMP



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**17TH, 18TH, 19TH FEBRUARY**

**GREY COURT SCHOOL**  
HAM STREET,  
RICHMOND UPON THAMES, TW10  
(INDOORS)

**9.00AM - 12NOON**  
SCHOOL YEARS 4-10  
(SPLIT AGE GROUPS)

BOOK HERE



 [www.netballcoachuk.com/camps](http://www.netballcoachuk.com/camps)

# Cooking Up



**Introductory session 17 Feb**

**Course dates: 17 March, 24 March, 31 March**

**3.30pm**

The Children's Centres are delighted to be working with Cooking Up to deliver family cooking sessions for children aged 8 years plus. During these sessions you will make a meal for four people to take home and enjoy with your family, learn culinary skills and how to prepare simple and healthy meals on a budget. Please scan the QR code to book your place or email

[richmondcc@achievingforchildren.org.uk](mailto:richmondcc@achievingforchildren.org.uk).



Ham Children's Centre,  
Ashburnham Rd,  
Richmond  
TW10 7BG



**achieving  
for children**

# JUNIOR NETBALL COACHING

NETBALL FOR ALL



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**SATURDAY SESSIONS**

**TURING HOUSE SCHOOL**

10-11AM 7-11 YEARS OLD

11AM-12PM 12-16 YEARS OLD

Website:  [www.netballforall.co.uk](http://www.netballforall.co.uk)

E-mail: [info@netballforall.co.uk](mailto:info@netballforall.co.uk)




# MIXED ADULTS NETBALL


A SOCIAL, WELCOMING LEAGUE  
**TUESDAY EVENINGS**

Turing House School, Twickenham, TW2 6LH

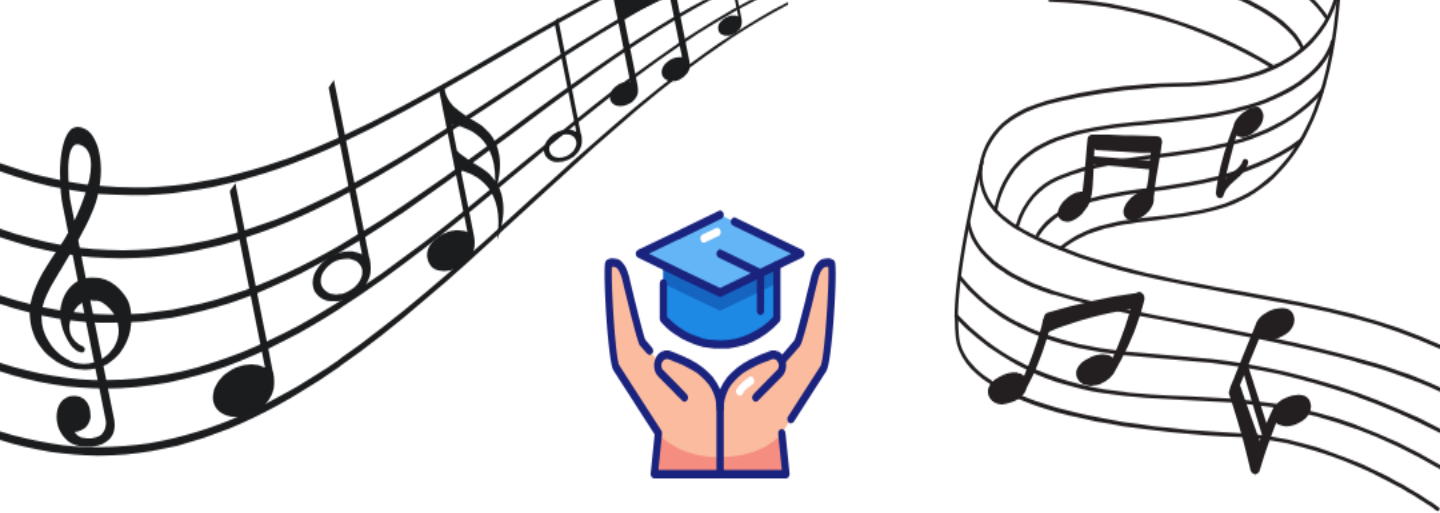
FORM YOUR TEAM OR SIGN UP AS AN INDIVIDUAL!



 [info@netballforall.co.uk](mailto:info@netballforall.co.uk)

 [netball\\_4all](https://www.instagram.com/netball_4all)

 [netballforall.co.uk](http://netballforall.co.uk)



# Youth Academic Support and Empowerment Workshops

Meet new people and develop skills at our Academic Support and Arts and Music Workshops

Open to young people aged 11-17 from refugee and ethnic minority backgrounds

**Ham Youth Centre, Richmond,  
TW10 7PL**



For more information please email [jemima.hodgkinson.acaa@gmail.com](mailto:jemima.hodgkinson.acaa@gmail.com)  
or call [0208 572 0300](tel:02085720300)





# Youth Empowerment Workshops and Social Club

**Meet new people and build a safer community at our  
Youth Empowerment Workshops and Youth Social Club**

**Open to young people aged 18-25 from refugee and  
ethnic minority backgrounds**

**Ham Youth Centre, Richmond,  
TW10 7PL**



For more information please email  
[jemima.hodgkinson.acaa@gmail.com](mailto:jemima.hodgkinson.acaa@gmail.com)  
or call [0208 572 0300](tel:02085720300)

# The best way to learn music



Free trial lesson • Inspirational teachers • Affordable prices

OPEN  MUSIC

# 'Open 2 Music' at Grey Court!

'Open 2 Music' is an instrumental music service providing tuition in schools since 2007 and we are honoured to be at Grey Court this Spring term!

**\*\* FREE TASTER LESSONS \*\***

**Weeks Commencing  
20th & 27th January!**

We offer all pupils **Free Taster Lessons**, so if your child is interested in starting then please get in touch to register your interest, we will then book your child in for their **Free Taster Lesson!**

### **Learning goes far beyond music**

Many research studies show learning to play an instrument can help build self-esteem, as well as increasing feelings of well-being and reducing feelings of stress and anxiety.

Choose from the instruments below and we will contact you to arrange a FREE lesson. If you would like to continue with lessons after that, prices are:

One-to-One	20 mins	£13
One-to-One	30 mins	£18

**GUITAR    PIANO    VOCALS    DRUMS**

Book now via our website:

**[www.music-in-education.co.uk](http://www.music-in-education.co.uk)**

**BOOK A FREE TASTER LESSON TODAY!**



# SONG WRITING AND PERFORMANCE SKILLS MENTORING SESSIONS

with **Janette Mason**, Artist In Residence, composer, producer and arranger.  
& **Juliet Roberts**, songwriter, vocalist and soul music Diva.



**1<sup>st</sup> & 2<sup>nd</sup> March**

**2–5pm**

**The Exchange,  
Twickenham**



Join these two outstanding industry professionals for a weekend of mentoring sessions exploring song writing, story-telling, song structure, melody and harmony plus performance skills including vocal and mic technique.

Followed by in an informal concert at:

**The Exchange Cabaret Room**  
**2<sup>nd</sup> March, 7-9pm.**

Bring along an original song for constructive feedback plus the tools to develop your music and artistry **or** if you prefer, bring along a cover song to perform and get help with your performance skills.

**Everyone is welcome.**

There will also be an opportunity to perform live with **AYRA** – Janette and Juliet's original nu- soul project at their headline Concert for **International Women's Day on March 8th.**

Limited number of spaces so please book in advance.

- Workshop dates 1st & 2nd March, 2–5pm
- Informal concert open to friends and family 2nd March, 7-9pm
- Open to all ages and standards
- Fee £95 for two days (see QR Code above)

**For more info please contact:**  
**janette@janettemason.com**

## AUDITION CLUB

### BETWEEN JANUARY - MARCH 2025

For aspiring young musicians studying at London secondary schools.

Audition Club is a free workshop with Royal Academy of Music students on audition tips and insight, when applying to a music school or a conservatoire, or studying music at university.

The session will include:

- Information on audition preparation, stage presence and confidence
- Information about our Saturday school Junior Academy and applying for / studying at the Royal Academy of Music
- The opportunity for one student to gain feedback on their audition piece.
- An open Q & A with Academy students around personal experiences of auditions and managing nerves.

Previous participants of Audition Club have often gone onto our other free programmes which include Jazz Club, Composers Club, and Percussion Club.

A code will be offered to all those who participate in Audition Club to be able to audition for Junior Academy for free (Discount of £40) and get expert feedback on their audition.

**The session is intended to take place within your school setting** and is best suited for 12- to 18-year-old who have a strong interest in studying music. The session is approximately 1 hour, with flexible dates across the spring and summer terms. Please bear in mind that the deadline for applying to junior Academy is 1<sup>st</sup> March 2025\*\* (for a Sept 2025 start).

Once confirmed we can organise a date for the session to take place and give you more information about the workshop.

If you have any questions or would like more information and to book a place, please email [participation@ram.ac.uk](mailto:participation@ram.ac.uk)

#### Further Notes

\*We are happy to work around the school day, and find a time and date that works for you

\*\*There is potential for a later admissions cycle for those who are ex-participants of Audition Club, ask us for more information.

## SPRING COMPOSERS' CLUB 2025

*For aspiring young composers studying at London secondary schools.*

Session 1: Sunday 19<sup>th</sup> January, 11am-5pm

Session 2: Sunday 16<sup>th</sup> February , 11am-5pm

Course to include:

- Two intensive day long sessions at the Royal Academy of Music for 12 young composers.
- A series of engaging composition tasks, led by Royal Academy of Music teaching staff and research students.
- The chance to collaborate with leading Academy instrumentalists, who will perform and record the new pieces written during the course.
- Learn more about writing for instruments through demonstrations and interaction with performers.
- An open Q & A session offering information on studying composition at degree level and career options for professional musicians.

For further information and to book please contact us on [participation@ram.ac.uk](mailto:participation@ram.ac.uk)

Participants will be accepted on a first-come first-served basis as recommended by their teachers or local music authority.

**Application deadline: Tuesday 3<sup>rd</sup> December 2024**

We recommend that participants are between 14-18 years old (i.e. currently studying GCSEs or A-Levels) and are working at grade 5 level or above (or have an equivalent understanding of staff notation).

The Royal Academy of Music's Widening Participation team are working to increase inclusivity across the conservatoire sector and are keen to hear from ethnically diverse applicants.

## SPRING JAZZ CLUB 2025

*A free opportunity for aspiring young Jazz Musicians 14–17-year-olds.*

Dates: Saturdays February 8<sup>th</sup> 15<sup>th</sup> 22<sup>nd</sup> , 2pm-5pm

Location: St Marks Church and Royal Academy of Music

Course to include:

- Working with leading musicians from the London jazz scene and Junior Jazz tutors Matt Anderson and Gareth Lockrane
- Developing skills in small-group improvisation, including playing by ear, interpreting written music/lead sheets, and developing rhythmic, harmonic, and melodic language.
- Meeting like-minded young musicians from across London and beyond.
- Exploring a broad range of repertoire from across the jazz tradition, with a wide stylistic remit.
- Learn about how to take musical interests further, with advice on auditioning for programmes like the Academy's Junior Jazz

For further information and to book please contact [participation@ram.ac.uk](mailto:participation@ram.ac.uk) with the instrument that you play and previous music experience.

### **Application deadline 3<sup>rd</sup> December 2025**

We recommend that participants are currently working at ABRSM / Trinity Guildhall at Grade 5 level or above.

The Royal Academy of Music's Widening Participation team are working to increase inclusivity across the conservatoire sector and are keen to hear from ethnically diverse applicants.



## GRADE 6 THEORY CLUB

*Seven sessions focused on developing understanding and confidence in preparation for the Grade 6 Music Theory exam, led by Junior Academy General Musicianship teacher, and leader of the "Springboard to Grade 5 Theory" Summer programme, Poppy Beddoe.*

Session Dates: **February 23<sup>rd</sup> at the Royal Academy, February 26<sup>th</sup> (online), 5<sup>th</sup> March (online), 12<sup>th</sup> March (online), 19<sup>th</sup> March (online) 26<sup>th</sup> March (online) and 30<sup>th</sup> March at the Royal Academy**

Sessions to include:

Small group sessions with a skilled musicianship teacher from the Royal Academy of Music's Junior Academy that will take place in person / online after school

The opportunity to consolidate your Music Theory skills and receive individual feedback on your progress.

Support in working towards Grade 6 Theory exams, preparing for GCSE/A-Level exams and/or developing core skills to support composition.

### Requirements:

Participants must be between **12- 17 years old** and working at **ABRSM Grade 4/5** in Music Theory. We are keen to encourage young people from groups that are currently under-represented in classical music, particularly those who are ethnically and culturally diverse.

The sessions will take place online and in person at **Royal Academy of Music, Marylebone Road, London NW1 5HT**. The session is free of charge and travel costs can be reimbursed (receipts will be required).

To express your interest or for more information, please contact the Participation Team on [participation@ram.ac.uk](mailto:participation@ram.ac.uk). Places are limited so please apply early.

**Application deadline: Tuesday December 3<sup>rd</sup>**

# BARNES YOUNG MUSICIAN OF THE YEAR 2025

## WOODWIND MASTERCLASS

**6th  
February  
2025**

5-7PM

IBSTOCK PLACE SCHOOL



SCAN THE QR CODE  
TO APPLY  
deadline to apply:  
20 January

[barnesmusicfestival.com](http://barnesmusicfestival.com)



Scan to apply to the  
**Barnes Young Musician  
of the Year Competition**  
deadline to apply:  
24 February

**Barnes Young Musician Final**  
Adjudication - 16 March, 12pm,  
OSO Arts Centre, Barnes  
Adjudicator Ben Goldscheider

# BARNES YOUNG MUSICIAN OF THE YEAR 2025

## STRINGS MASTERCLASS

**10th  
February  
2025**

5-7PM

ST PAUL'S GIRLS' SCHOOL



SCAN THE QR CODE  
TO APPLY  
deadline to apply:  
20 January

[barnesmusicfestival.com](http://barnesmusicfestival.com)



Scan to apply to the  
**Barnes Young Musician  
of the Year Competition**  
deadline to apply:  
24 February

**Barnes Young Musician Final**  
Adjudication - 16 March, 12pm,  
OSO Arts Centre, Barnes  
Adjudicator Ben Goldscheider



# BARNES YOUNG MUSICIAN OF THE YEAR 2025

## BRASS MASTERCLASS

**11th  
February  
2025**

5-7PM  
ST PAUL'S SCHOOL



SCAN THE QR CODE  
TO APPLY  
deadline to apply:  
20 January

[barnesmusicfestival.com](http://barnesmusicfestival.com)



Scan to apply to the  
**Barnes Young Musician  
of the Year Competition**  
deadline to apply:  
24 February

**Barnes Young Musician Final**  
Adjudication - 16 March, 12pm,  
OSO Arts Centre, Barnes  
Adjudicator Ben Goldscheider

**BARNES  
MUSIC  
FESTIVAL**



St Paul's School

FOUNDED 1559

**BARNES  
YOUNG  
MUSICIAN  
of the YEAR**

# BARNES YOUNG MUSICIAN OF THE YEAR 2025

## PIANO MASTERCLASS

**13th  
February  
2025**

5-7PM

HARRODIAN SCHOOL



Scan to apply to the  
Masterclass  
deadline to apply:  
20 January

[barnesmusicfestival.com](https://barnesmusicfestival.com)



Scan to apply to the  
**Barnes Young Musician  
of the Year Competition**  
deadline to apply:  
24 February

**Barnes Young Musician Final**  
Adjudication - 16 March, 12pm,  
OSO Arts Centre, Barnes  
Adjudicator Ben Goldscheider

# BARNES YOUNG MUSICIAN OF THE YEAR 2025

## ORGAN MASTERCLASS

26th  
March  
2025

AFTERNOON  
ST MARY'S BARNES



SCAN THE QR CODE  
TO APPLY  
deadline to apply:  
20 January

[barnesmusicfestival.com](https://barnesmusicfestival.com)



Scan to apply to the  
**Barnes Young Musician  
of the Year Competition**  
deadline to apply:  
24 February

**Barnes Young Musician Final**  
Adjudication – 16 March, 12pm,  
OSO Arts Centre, Barnes  
Adjudicator Ben Goldscheider

## Please find below details of two public consultations on the admission arrangements for 2026/27

### 1. Christ Church CofE Primary, Kingston

In accordance with the School Admissions Code, please follow [this link](#) to the draft admissions arrangements for entry to Christ Church CE Primary School, Surbiton in September 2026. The consultation period lasts from **Friday 20<sup>th</sup> December 2024 to Friday 31<sup>st</sup> January 2025 inclusive** and all responses must be received within this time period. In your response, please include your full name, title and contact details. Responses can be sent by:

#### Post to:

The Admissions Committee  
Christ Church CE Primary School  
Pine Gardens  
Surbiton  
KT5 8LJ

#### Email to:

[office@ccp.rbksch.org](mailto:office@ccp.rbksch.org) (with the subject 'Admissions Arrangements Consultation 2026-2027')

The change proposed is:

- Church attendance (at least fortnightly) over a period of one year prior to application having previously been two years.
- Clarification on how 'proximity' is calculated and how joint care arrangements are decided for 'home' address.

The Consultation Admissions Policy and Arrangements for 2026-2027 are available on [the school's website](#)

### 2. St Richard Reynolds Catholic High School, Richmond

The Governing Body of St Richard Reynolds Catholic College is consulting on a small change to its admissions arrangements for 2026/27 to St Richard Reynolds Catholic High School.

Governors propose extending the definition of a sibling applicant to include those having a sibling currently attending the school and a sibling who formerly attended the school.

The proposed admission arrangements for 2026-2027 are available on [the school's website](#).

The consultation will run from **Tuesday 17th December 2024 to Tuesday 28th January 2025**. If you have any comments on the proposed arrangements, please submit them by email to [consultation@srrcc.org.uk](mailto:consultation@srrcc.org.uk) or in writing to: The Clerk to the Governing Body, St Richard Reynolds Catholic College, Clifden Road, Twickenham TW1 4LT



# FREE\* CANOE-FIT COURSE & EASTER CANOEING CAMP

FREE\* CANOEING INSPIRED FITNESS CLASSES RUN EVERY THURSDAY FOR 10 WEEKS FROM THE 23RD JANUARY 2025, 18:00-19:00.

THIS COURSE IS FOR CHILDREN 12-14 FROM THE LOCAL WEST LONDON AREA.

THIS IS A UNIQUE & EXCITING OPPORTUNITY TO EXPERIENCE AND PARTICIPATE IN THE OLYMPIC SPORT OF CANOEING.

THIS COURSE IS FOLLOWED BY A FREE\*\* 4 DAY ON WATER EASTER CANOEING CAMP FROM THE 7TH- 10TH OR 14TH-17TH APRIL 2025

## Course location;

Team Keane Watersports,  
The Old Pumping Station, Pump Alley  
Brentford, TW8 OAP

GRATEFULLY FUNDED THROUGH THE PEOPLES HEALTH TRUST, PADDLE UK & THE NATIONAL LOTTERY COMMUNITY FUND

## TEAM **K** EANE WATERSPORTS SCHOOL

To sign up please email  
[admin@teamkeane.com](mailto:admin@teamkeane.com)  
or

Scan the QR code below to book on straight away.

spaces are limited so dont delay and book your place today.



\*Enrolment to this funded course is subject to a £20 Registration fee

\*\*Eligibility for the FREE Canoeing Camp is upon completion of 80% of the Canoe Fit Course.





# FREE\* ROWFIT COURSE & EASTER ROWING CAMP

10 WEEKS FREE\* ROWING INSPIRED FITNESS CLASSES RUN EVERY TUESDAY AFTER SCHOOL FROM THE 21ST JANUARY 2025, 18:00-19:00

FOLLOWED BY A HEAVILY SUBSIDISED\*\* 4 DAY ON WATER EASTER ROWING CAMP FROM THE 7TH- 10TH OR 14TH-17TH APRIL 2025

To sign up please email  
[admin@teamkeane.com](mailto:admin@teamkeane.com)

or scan the QR code below to book on straight away.  
 spaces are limited so dont delay and book your place today.



\*Enrolment to this funded course is subject to a £20 Registration fee

\*\*Eligibility for the Subsidised Rowing Camp is upon completion of 80% of the Row Fit Course and living in or going to school in the London Borough of Hounslow.

GRATEFULLY PART FUNDED THROUGH THE PEOPLES HEALTH TRUST, SPORT ENGLAND & THE NATIONAL LOTTERY COMMUNITY FUND



Whether you want to get fit or try something new, this is an exciting opportunity to start your journey here

Are you inspired by the incredible success of the GB Olympic Team at Paris last year and fancy giving it a go yourself!  
 You never know where it could lead!

This FREE\* course is aimed at children aged 12-14 from the local West London area to provide a unique & exciting opportunity to experience and participate in the sport of rowing.

This course is being provided in partnership with Brentford Boat Club and Team Keane Sculling School

**Course location;**  
 Brentford Boat Club,  
 The Old Pumping Station, Pump Alley  
 Brentford, TW8 0AP

**TEAM KEANE**  
 SCULLING SCHOOL

