

t people will never forg



EBU  
eBulletin



# Contents

- 3 #KeepInTouch
- 4 Lunar New Year Celebrations at Grey Court  
Ms Nair
- 7 Activity Day Programme
- 11 KS3+KS4 News
- 15 Attendance
- 16 Extracurricular Clubs Timetable
- 17 Open2Music Timetables
- 19 Crouching Tiger, Downward Dog!  
Mr Clements
- 21 VPA News
- 23 Wellbeing
- 31 Sixth Form News
- 40 Sports News
- 48 What's happening...

# eitin

**Grey Court School | 31 January 2025**

*"...a school where all pupils flourish" - Ofsted 2024*



**Cover photo** taken during our Lunar New Year Celebrations

#KeepInTouch

[24-25 Term Dates](#)

[School Events](#)

[Sports TT](#)

[Sport SOCS](#)

[Extracurricular TT](#)

[Education Fund](#)

[ScoPay](#)

[Weekly Menus](#)



Grey Court JustGiving QR Code

**The Uniform Shop**

**Thursdays 3:15-4pm**

**Contact:  
sniss@greycourt.org.uk**

**NOTE:**  
The Uniform Shop will be closed on 6 February

# Lunar New Year Celebrations at Grey Court

We have a flourishing community of Cantonese/Mandarin speakers at Grey Court, with a total of 73 students from Hong Kong. Richmond invited families from Hong Kong to settle in the borough, and it now has one of the largest Hong Kong communities in the country, with over 500 students joining local schools. Families are attracted here partly due to our high performing state secondary schools.

We celebrated Lunar New Year on 23 January with 70 students from Year 7 and 8. Many of these are Cantonese speakers, or come from other countries in Asia that celebrate Lunar New Year. They were joined by a group of year 7 students studying Mandarin. Local artists Sukki and Jimmy Wong, who both recently relocated to the UK, volunteered their time to run a paper cutting workshop, assisted by 9 parent volunteers who ran a spring couplet activity.



Lunar New Year symbolizes reunion, prosperity and new hopes for the future. Incredibly complex, the Chinese zodiac calendar is a 12-year cycle represented by 12 animals: Rat, Ox, Tiger, Rabbit, Dragon, Snake, Horse, Goat, Monkey, Rooster, Dog and Pig. This New Year, which starts on 29th January, is the year of the Wood Snake which symbolizes transformation, growth and introspection. Your personal zodiac animal is determined by the year you were born, so 2025 will welcome plenty of baby Snakes. Children born in the last lunar calendar year were Dragons, while those born on or after the Lunar New Year in 2026 will be Horses, and so on.





**2025**  
**LUNAR NEW YEAR**

The school has done a lot to help these families feel welcome. Working with the borough, we have conducted parent and child surveys, hosted a session for parents in collaboration with a local Charity, Kingston Beats, to understand their needs and concerns, and worked hard since then to address them. Our Hong Kong students are doing exceptionally well and are a credit to the school.

Last November, we organised a musical event with performers from Hong Kong for students from Hong Kong and year 7 music VPA students, which was very well received.

Sukki and Jimmy Wong will soon be running an anime workshop at the school; watch this space for more information! Meanwhile, Happy Lunar New Year dear parents, and may this coming year be filled with light and happiness.

**Preeya Nair**  
EAL Coordinator

# Activity Day

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**Year 7**      A Band: Environment Day  
                  B Band: Zoo

**Year 8**      A Band: St Paul's  
                  B Band: Leeds Castle

**Year 9**      Careers and Options Day

**Year 10**     Option Subject Activities

**Year 12**     Unifrog/IDEA and team building

**Year 13**     Revision and Wellbeing

---



**14 February**



mind

We recently held a fundraising day for Mr Santos who is running the London Marathon in April to raise money for the charity Mind

If you would like to donate, please click the [justgiving link](#)

Photo taken on a run in New Zealand



# ***Blast from the Past***

Grey Court is throwing it  
back to the Noughties.

**Come along to watch our fantastic  
gymnasts and dancers perform!**

Tuesday 1st April at 7pm

Doors open at 6:30pm

£5 for children

£8 for adult

Payment available on Scopay or on the door



# LAMDA CLASSES

AT GREY COURT  
SCHOOL EVERY  
SATURDAY  
MORNING  
9.30AM - 11AM.

- Improve speech, performance and confidence skills
- Boosts reading, vocabulary and social skills
- Progress towards an end of year exam!

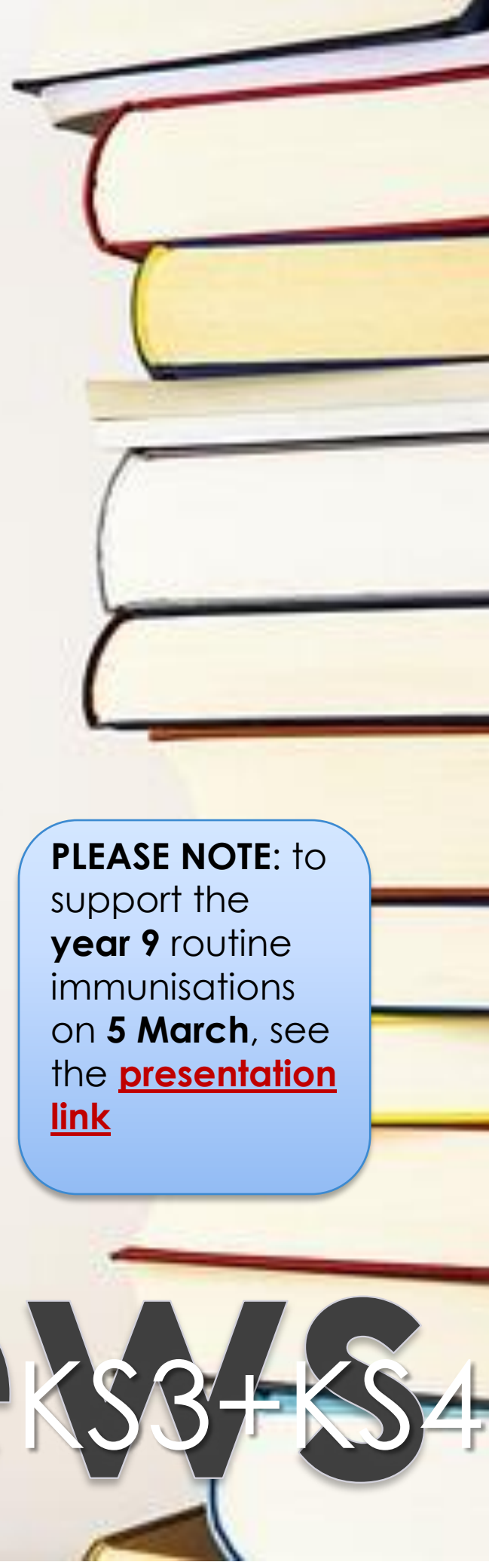


"My daughters have gained tremendous confidence thanks to the LAMDA lessons organised by Elizabeth Samuels Drama School. Working towards an exam has taught them that preparation is key and given them the responsibility to own their achievements. Couldn't be happier with this valuable course. Thank you again!"

**Celine (parent)**



Visit [www.elizabethsamuelsdrama.com/grey-court-richmond](http://www.elizabethsamuelsdrama.com/grey-court-richmond) or contact [info@elizabethsamuelsdrama.com](mailto:info@elizabethsamuelsdrama.com) to book a trial class!



**PLEASE NOTE:** to support the **year 9** routine immunisations on **5 March**, see the [presentation link](#)

# News

## KS3+KS4

# Year 8

A big well done to 8 Cedar this week! Led by Ms Gibbons, the tutor group have been keeping the books balanced and giving the other A band forms a real run for their money in their *Enterprise Week*. Next up are 8 Elm who our final tutor group taking on the challenge this side of half term. Let's see if they can raise the bar (and the profits) even higher.

This week's assembly was delivered by Mr. Von Sun and focused on *Holocaust Memorial Day*. Students reflected on the importance of remembering past tragedies, honouring those affected, and learning from history to help build a more compassionate and inclusive future.

In PDW, students explored "*Can you trust everything you see on TikTok?*". The session highlighted the dangers of misinformation and the harm it can cause online, encouraging students to think critically before believing or sharing content.

Ms Saccheri



# Year 10

This week, some of the Year 10 students received their exam entries for Summer 2025 - this is often the students who are taking a language early or are in a BTEC subject. It is crucial that you check these with your child before they return them to school - students should also be signing the letter to confirm it is correct. Things to check for include:

- Name:** The legal name must be used (no shortened versions of the name).
- Date of Birth**
- Correct tiers** for: Mathematics, Science, and Languages.
- All subjects** are listed in the statement of entries.

These need to be completed and handed back to their form tutors by Monday. This week in assembly Mr Von Son delivered an emotional reminder of the Holocaust and why we remember those who died, of which students listened and engaged with really well. A reminder that next Friday students can wear their own clothes and donate £2 to the Natasha Allergy Foundation. A fantastic week for most - let's keep the momentum going until half term now!

Ms Woods

Y10

# Year 11

Well done, Year 11, for another great week of intervention attendance. The rooms were packed, and I know the students are working hard across the board. Next week, we will revert to the Week A timetable, so it's important that students reference the timetable I've posted on Google Classroom.

This week, students received their exam entries for Summer 2025. It's crucial that you check these with your child before they return them to school (students should also be signing the letter). Things to check for include:

**Name:** The legal name must be used (no shortened versions of the name).

•**Date of Birth**

•**Correct tiers** for: Mathematics, Science, and Languages.

•**All subjects** are listed in the statement of entries.

A huge shout-out to the following students who were nominated by their tutors for the tutor award:

- Ash - Pola
- Beech - Alkinoos
- Cedar - William M
- Elm - Matilda
- Maple - Diana
- Oak - Philine
- Rowan - Austin
- Willow - Matilda D

As always, if you have any questions, please do not hesitate to get in touch!

Mr Khan



20 January to 24 January

# Attendance matters

"You can't achieve your dreams if you don't show up to chase them"

Year Group	Attendance %
Year 7	<b>96.3%</b>
Year 8	<b>95.9%</b>
Year 9	<b>94.8%</b>
Year 10	<b>94.7%</b>
Year 11	<b>94.4%</b>

Tutor Group	Attendance %
7 Oak	<b>98.1%</b>
8 Beech	<b>99.4%</b>
9 Rowan	<b>98.2%</b>
10 Ash	<b>99.4%</b>
11 Ash	<b>97.9%</b>



# Clubs

*Extracurricular*  
timetable

# Open2 Music Timetables



Monday

Tuesday

Wednesday

Thursday

**NOW IN  
HAM**



# NEW SCHOOL

# STAGECOACH RICHMOND

**Venue:** Grey Court School  
Ham Street Ham Richmond  
Upon Thames TW10 7HN.

Giving children and young people the Creative  
Courage to stand up on stage and stand up for  
others for over 35 years.

 [stagecoach.co.uk/richmond](https://stagecoach.co.uk/richmond)

 07824 999414

 [richmond@stagecoach.co.uk](mailto:richmond@stagecoach.co.uk)

**ENROL TODAY**



**TRAFALGAR  
ENTERTAINMENT**

Stagecoach Performing Arts schools are operated under franchise and are independently owned by their Principals. Stagecoach and Creative Courage are the only  
registered trademarks of Stagecoach Performing Arts Limited.

# Crouching Tiger, Downward Dog!

## Mr Clements

Now that the first chapter of the year - January - is about to fold in upon our community like a sleeping swan pose; it is time for me to admit that, for the first time in my life, I have managed to stick to a New Year's resolution: in this case to take up yoga!

This extended display of durability and mental resilience has been a pleasant surprise to me as I would previously have described myself as resolutely irresolute in my capacity to stick to resolutions. When I proudly relayed this noble character trait to my wife - she said with absolute certainty, "Yes, you are spineless."

And right there dear reader is the root of my new found decisiveness: a bad back - or to put it technically - a fragmented vertebrae - which over the last few years has started to limit my appearance on a five-a-side pitch alongside my mobility. So much so that I was overtaken by a seventy year old playing walking football on the adjacent arena, the last time I graced New Malden GOALS' 4G pitches!

This Christmas, having devoured my Arsene Wenger annual (a yearly gift from my mum), I was reminded how the great man prolonged the football careers of the famous back four of Adams, Winterburn, Dixon and Bould by insisting that they took up yoga. And so before I could whisper, "Staff well-being" into the wind chimes hanging outside my office, I was invited by none other than Mr Williams, Grey Court's finance guru, into the flexible embrace of the school's weekly yoga dojo.

The yoga collective is sinuously led by Sarah, who also runs yoga classes for students across the school as part of Ms Mercer's innovative mindfulness programme. On entering the hallowed confines of the temple of suppleness, with the loose limbed gait last demonstrated by the tin man in the *Wizard of Oz*, I was urged to stand at the front by Nadira and Fradosa, our Somali sixth form baristas. Apparently, a Somali proverb states that, *the wise man must always stand at the front of a yoga class so the wiser woman can laugh at him making a fool of himself.*

As the class filled with Charlotte, our cheery lab technician, Ms Thomas - our fundraising sage and several female members of the science department, who immediately adopted stretchy poses, I naturally turned my head towards Mr Williams for some male reassurance. Refusing to meet my imploring gaze, he adopted an annoying Warrior III stance, went cross-eyed and pointed towards our instructor.

The session began, and after a few looseners, where I exhibited the flexibility of London's Tower bridge, Sarah moved around and adjusted our positions. She stared at me for a while and pronounced - "there is no judgement in this room," before moving on. At this point, I was tempted to put my hand up and say, "Could I have an achievement point?"

However, I couldn't as I was having to concentrate on following an exhausting series of instructions in which I had to transition into a menagerie of animals: camels, lions, swans, pigeons - my own crouching tiger - and several dogs. In fact, so exhausting was the whole ordeal - especially when breathing exercises were thrown into the mix - that I eventually started spasming and hyperventilating before collapsing into a pose I will christen the floundering fish.

The immersion lasted for an hour at which point we were encouraged to lie on the floor in a child's pose and sleep. So wonderful was this segment that I am considering requesting its inclusion for an extended sojourn next week. However, whilst we were told to "Push invasive thoughts out of our minds" - this was only so the mind could be cleared in order to "Find a place to love your family."

"Love my family? But my children are deeply annoying," I thought, rather invasively. In fact it was my daughter who had caused this predicament in the first place when I had put my back out by reaching down to pick up her my little pony (Princess Cadence as I recall) when she was 7!

And so as January nears its end I can safely say that my fixed mindset about yoga is no more - my mind like my body - is becoming more flexible in its thinking, thus proving that, with the help of an expert teacher, and some very supportive colleagues, you can teach a downward dog, new tricks.



# VPANews





## Wicked on Stage - VPA Scholars and GCSE Music

On Wednesday, we took VPA Scholars and GCSE Music students to see *Wicked the Musical*. We study 'Defying Gravity' from *Wicked* at GCSE, so it was great for the students to see how it fits in to the wider musical and to experience it performed live.

Check back next week for reviews from the VPA Scholars to find out what they thought!

Thank you to Mr Millar, Ms Johnson, and Ms Brown-Duthie for coming on the trip and to Miss Cowper for organising.



Wellbeing

# 2025

Happier January 2025

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Find three things to look forward to this year

2 Make time today to do something kind for yourself

3 Do a kind act for someone else to help brighten their day

4 Write a list of things you feel grateful for and why

5 Look for the good in others and notice their strengths

6 Take five minutes to sit still and just breathe

7 Learn something new and share it with others

8 Say positive things to the people you meet today

9 Get moving. Do something active (ideally outdoors)

10 Thank someone you're grateful to and tell them why

11 Switch off all your tech at least an hour before bedtime

12 Connect with someone near you - share a smile or chat

13 Take a different route today and see what you notice

14 Eat healthy food which really nourishes you today

15 Get outside and notice five things that are beautiful

16 Contribute positively to your local community

17 Be gentle with yourself when you make mistakes

18 Get back in contact with an old friend

19 Focus on what's good, even if today feels tough

20 Go to bed in good time and allow yourself to recharge

21 Try out something new to get out of your comfort zone

22 Plan something fun and invite others to join you

23 Put away digital devices and focus on being in the moment

24 Take a small step towards an important goal

25 Decide to lift people up rather than put them down

26 Choose one of your strengths and find a way to use it today

27 Challenge your negative thoughts and look for the upside

28 Ask other people about things they've enjoyed recently

29 Say hello to a neighbour and get to know them better

30 See how many people you can smile at today

31 Write down your hopes or plans for the future



ACTION FOR HAPPINESS

Happier · Kinder · Together



It is **Great Mental Health Day** in London on Friday 31 January and **Children's Mental Health Week** from 3 -7 February. Please find links to resources below:  
<https://thrivedn.co.uk/great-mental-health-day-in-london/local-support/?borough=richmond-upon-thames>  
<https://thrivedn.co.uk/great-mental-health-day-in-london/training-and-webinars/>

**EMOTIONAL HEALTH SUPPORT SERVICES HELP FOR CHILDREN AND FAMILIES**  
Please click the **link** for information, resources, and services to help support young people and their families

# 10 Top Tips for Parents and Educators

## SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

### 1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.



### 2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.



### 3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.



### 4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.



### 5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.



### 6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.



### 7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.



### 8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.



### 9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.



### 10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.



## Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



#WakeUpWednesday

The National College



"It was amazing  
and I didn't want  
it to end!"

Aaron  
Turtle Opera participant  
2023

## JOIN OUR FREE MUSIC & DRAMA PROJECT FOR YOUNG PEOPLE ON THE AUTISM SPECTRUM

Four days of workshops with a professional composer and director, creating your own stories and music for an informal performance. A specialist team from Turtle Key Arts will support the group, enabling fun and friendships!



FOR **11 TO 15** YEAR OLDS



Dates **Tue 18 - Fri 21 Feb**



Time **11:00am til 3:30pm**



V&A Museum  
South Kensington  
London SW7 2RL

**APPLY NOW!** Free  
Limited spaces available

**COMPLETE  
THE STEPS  
TO JOIN.**



Scan the **QR code** to reach  
the registration page.



Submit the **online form** and  
we'll send you a reply.



Call us on **020 8964 5060**



Email **ellie@turtlekeyarts.org.uk**

# AfC 'Helping teens with...' series

Achieving for Children's mental health support teams are delivering a series of webinars for parents of secondary-aged children and young people. The 'Helping teens with...' series of webinars covers a range of common difficulties experienced by children and will aim to share evidence-based strategies to help parents and carers with these difficulties. In the third and fourth columns of the table, you will find the sign-up links.

[Support for Parents 'Helping teens' series](#)

## Space to Grieve

### **Volunteering Opportunity**

Are you passionate about children, and keen to develop the breadth of your skills? Join a fantastic team of volunteers offering one to one psychological support to bereaved children in the Richmond borough.

Deadline for applications: 14 February 2025

To find out more visit <https://space2grieve.org.uk/volunteer/>

## Support for Young Carers

If you are a young carer and you would like to talk to someone in school, please speak to your SSO and they will assist you. Alternatively please see the links below.

**Richmond:** <https://www.richmondcarers.org/services/services-for-young-carers/>

**Kingston:** <https://www.kingstonyoungcarers.org.uk/>

### **Know your rights:**

<https://carers.org/know-your-rights-young-carers-guide/know-your-rights-young-carers-guide-overview>

### **Young Carers Futures Hub - Support with careers**

<https://carers.org/young-carers-futures-hub/young-carers-futures-hub>

# Support for Parents

Please see details below of 3 groups that will be running this term for parents and carers of adolescents:

## **TRIPLE P TEEN**

This group is for parents and carers of adolescents with mild to moderate challenging behaviour. Topics include encouraging appropriate behaviour and managing problem behaviour

Saturday 1 and 8 March. Venue to be confirmed but will be in Kingston borough 10am-2pm for 2 consecutive weeks

## **TEEN LIFE**

A 6 week parent group for parents and carers of children aged 10-16 years with a diagnosis of ASD. Sessions include Understanding Autism, Understanding Autistic identity, Stress and Anxiety, Health and Wellbeing and Puberty.

Starting Thursday 27 February at The Moor Lane Centre, Moor Lane, Chessington, KT9 2AA

9.45am-12.15pm for 6 consecutive weeks

## **123 MAGIC**

For parents and carers of children up to 7 years of age with a diagnosis of ADHD or on the pathway to diagnosis or who display challenging behaviour. The course will include information on 'What is ADHD?' It will provide simple tools for parents to control unwanted behaviour, encourage appropriate behaviour and strengthen your relationship.

Starting Thursday 27 February at Chessington Children's Centre, Buckland Road, Chessington, KT9 1JF  
10am-12pm for 5 consecutive weeks

Attendance to all sessions is required

For more information and to register interest in any of the above courses, please contact Karen Williams

[karen.williams@achievingforchildren.org.uk](mailto:karen.williams@achievingforchildren.org.uk)



**Happy New Year from the whole team at ADHD Embrace. And to kick off 2025, we thought it would be nice to share our plans for the year ahead....**

The past year has undoubtedly been a tough one. The rising cost of living continues to place pressure on families, while waiting times for assessment and diagnosis remain long. The ongoing medication shortages persist as a major challenge and schools are still struggling to provide adequate support for pupils with ADHD. Not the cheeriest way to start a New Year's message, we admit!

### **Is there any good news for our ADHD community?**

Yes, there are definitely reasons to feel hopeful! More people have come forward to share their experiences with ADHD, increasing awareness and understanding of the condition across society. For the first time, there's been national-level recognition of the challenges faced by those with ADHD when in December 2023, the NHS launched [a new national taskforce](#) to improve care for people living with the condition. We are thrilled to share that ADHD Embrace has been invited to be part of this taskforce, ensuring that our community will be directly represented at a national level. This is a big step forward in securing the recognition and support that our community needs.

### **And locally, what changes have there been for Richmond & Kingston families?**

We collaborate closely with a variety of groups where we share feedback and the needs of our community. Our Executive Director represents ADHD Embrace on the Kingston Autism and ADHD Strategy Partnership Board, the SEND Voluntary Forum led by the Council as well as having a close relationship with Achieving for Children and CAMHS.

### **What will ADHD Embrace be doing in 2025?**

We're excited to continue developing our Youth Courses where we work directly with children and young people and we have a fantastic schedule of expert-led webinars lined up for the year ahead.

We'll also carry on delivering support in schools and reminding families in Richmond & Kingston about the free one-to-one advice available from our Family Support Worker, Claire. You can book her sessions [here](#).

In addition, we're continuing our work with professionals through our Teacher Webinars. Our [Annual Review](#) has the full details of how we work to support you every day.

### **Our message to the ADHD Embrace community in 2025....**

Keep being supportive – to your children, to us, and to fellow parents! We hope to meet as many of you as possible in 2025. If you'd like to help us fundraise, consider participating in a challenge event – we often secure access to sold-out events, so do get in touch [here](#). Finally, we are delighted to announce that we've secured tickets for London Marathon 2026! More information to follow.

Most importantly, we wish you all a positive, happy year ahead. Here's to a 2025 filled with the best for our children and young people – and remember, we're here to support you every step of the way.

Click [here](#) to book and find out more about our events.

# \* **NEW\*\*** course for young people: **ADHD Study Skills Hub for GCSE and A-Level Students**

## **Why has ADHD Embrace organised this course?**

For many students, and especially those who experience challenges when it comes to the key executive functions required for exam preparation (planning and organising), this course will give them the tools and support to enable them to succeed at what can be a very stressful time.

**When is it?** Three week course, once a week starting on the 29 January 2025 - 5pm-6pm for GCSE students and 6:15pm to 7:15pm for A-level students.

It will be run over three sessions of an hour each on the following dates:

- Wednesday 29 January
- Wednesday 5 February
- Wednesday 12 February

**What is the objective:** To support students in building self-esteem, confidence, and effective learning strategies as they prepare for GCSEs and A-Levels. It will cover:

### **Session 1:** Discovering Your Values and Strengths

In this session, students will explore what drives them and identify their natural strengths. Developing self-awareness lays the foundation for greater confidence and resilience when facing challenging tasks.

### **Session 2:** Mastering Revision Techniques

This practical session introduces strategies for effective exam preparation. Students will learn to create a versatile revision framework that applies to all subjects, offering a structured path through the study process.

### **Session 3:** Identifying Motivation and Planning Ahead

Focused on motivation and mindset, this session encourages students to set goals and plan ahead. By deciding on key steps in advance, students will feel ready to begin their revision journey with confidence and a clear sense of direction.

## **How do I find out more info and book?**

Click [here](#).





# Sixth NEWS Form

# Year 13



## Parents' Evening

Date: Thursday 6 February

Time: 4pm to 7pm

Please note that for students who take a Social Science subject (Psychology, Sociology & Economics) there will be additional appointments on Wednesday 5 February, as staff cannot see all of the students in one evening. Students and parents will be made aware of which evening their class has been allocated to next week.

The following classes will have parents evening on Wednesday 5 February:

Psychology: 13A/Py1

Sociology: 13C/So1

Economics: 13D/Ec1

This will be a remote event, so all appointments will be virtual.

The online booking system will open on Thursday 30 January at 8.00am and will close on Wednesday 5 February at 6.00pm.

Please find a guide below on how to manage the booking system.

[School Cloud Booking Guide](#)

You can find a list of questions and answers relating to appointments here: [Q&A](#).

If you have any concerns about how to book, or if you would like us to book the appointments for you if you are unable to, please contact [ouluduzatakan@greycourt.org.uk](mailto:ouluduzatakan@greycourt.org.uk).

# How to Guide for Booking Appointments

The unique web address for our Parents' evening is <https://greycourt.schoolcloud.co.uk>

Once you have clicked on this you will be required to enter the following information. Please note that the information we require is the information that you submitted to us and the information we have on our school system:

- Title
- First Name
- Surname
- Email address you want to be contacted on
- Your child's first name, surname and date of birth

You then need to [follow this step by step guide to making appointments](#) with teachers. If you would prefer, please watch [this video](#).

# Tutor Time

This week during tutor time, students have been looking at:

[Tackling exam stress](#)

[Budgeting](#)

# Year 12

## Mark Evison Foundation

On Thursday 30 January, the Mark Evison Foundation returned to the sixth form to discuss the process with year 12 students who are interested in applying.

Students have now been invited to put forward their proposals for funding from the [Mark Evison Foundation](#). This was set up by Mark's family, after he was fatally injured in Afghanistan and is designed to give students the opportunity to plan and prepare for a project, trip or challenge of their own design. We have had a record number of students put their names forward, and the follow-up meeting with the Foundation gives students a chance to talk through and firm up their ideas.

<https://www.markevisonfoundation.org/>







# Star of the Week

Our Star of the Week is the fantastic **Dzhamilia Khabibullina** 12G.

Congratulations on securing a place on the 3 Day School of Veterinary Science - University of Liverpool Virtual Work Experience!

# UCAS



## Headline Figures

The UCAS deadline has passed and all year 13s who wanted to apply met the deadline and submitted an application. Eight students have accepted their offers by making a firm and insurance choice of university. Thirty eight students have had responses from all of their chosen universities, the majority of whom have had offers from all five of their choices. 115 students have had at least one offer and seven students are waiting to hear from any of their choices. This is a real credit to the hard work that went into their applications.

## What Comes Next?

Once you have heard from all five courses you applied to you should choose a firm choice and to put in an insurance choice of university. Sounds scary but you have a deadline of 6 June to accept your choices so there is plenty of time for making decisions. [Click here](#) if you have any questions about accepting your offers.

When you are making your choices you should base your decision for your firm choice on the course you most want to study. When choosing an insurance choice it should be a course that has made you a lower offer (but you are still happy to go to that university). This will mean that if you miss your grades for your firm choice you will still be given a place at your insurance university and won't have to go through the Clearing process in August.

## UCAS Extra

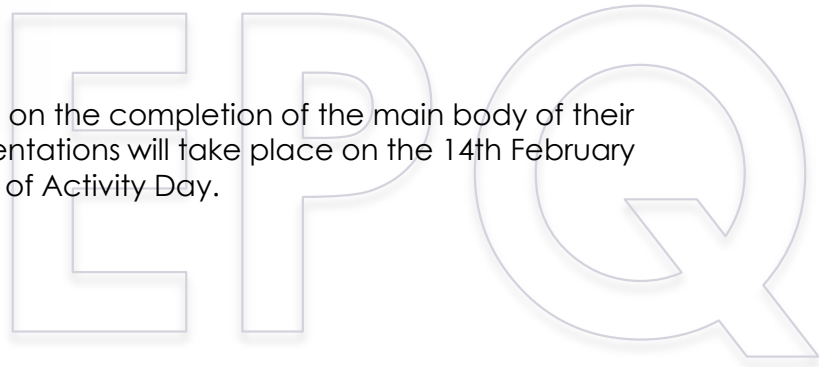
Extra opens on 28 February and it allows you to add another course choice if you have received decisions from all five courses, weren't accepted, or if you declined the offers you received.

If you did not use all your choices in your initial application, you don't need to use Extra, you can just sign in to your application and add another choice, as long as it's before 4 July, and you have not accepted or declined any offers.

Please come and talk to Ms Moore or Ms McNicol before turning down any offers you have been made and using UCAS Extra. It may be that contacting a university and asking to change your course will be a better way of making a change than using Extra. Or waiting for Clearing in August might be a more effective way of getting a place on your preferred course.

# EPQ Update

This week students are working on the completion of the main body of their projects. Preparations for presentations will take place on the 14th February all day in the sixth form as part of Activity Day.



## Oxbridge Update

Students who are interested in making an application have been asked to fill in a google form. An initial meeting will take place on Wednesday 5th February, during enrichment, to outline the requirements and expectations of the process.

## Year 12 Work Experience

Well done to James Alleyne, Nicole Tahir and Lucy-Jo Nicholas who are the first students to record their placement on Unifrog.

Our work experience week takes place **30 June - 4 July**. All students will be out of school and will be doing a work experience (in person or virtual) or a university summer school. Students can additionally do work experience across the year but all students will have to have something sorted for that week.

**Once the student has spoken to an employer and agreed a placement, this needs to be added to the Unifrog placements tool** as this is where all the information is kept and shared between the student, employer, parent/carer and the school. A short video to show this step by step: <https://cdn.unifrog.org/video/n193u79dee/720.mp4> **The deadline for this to be completed by student, employer, parent and school on the Unifrog system is: 28 March 2025.** Contact Miss Corrighan if you have any questions [bcorrighan@greycourt.org.uk](mailto:bcorrighan@greycourt.org.uk)

We have reminded students any new placements will be advertised in the weekly opportunities bulletin posted on google classroom. This is the Grey Court personalised information bulletin about:

- Work experience
- Careers talks
- University tasters/summer schools
- Apprenticeships

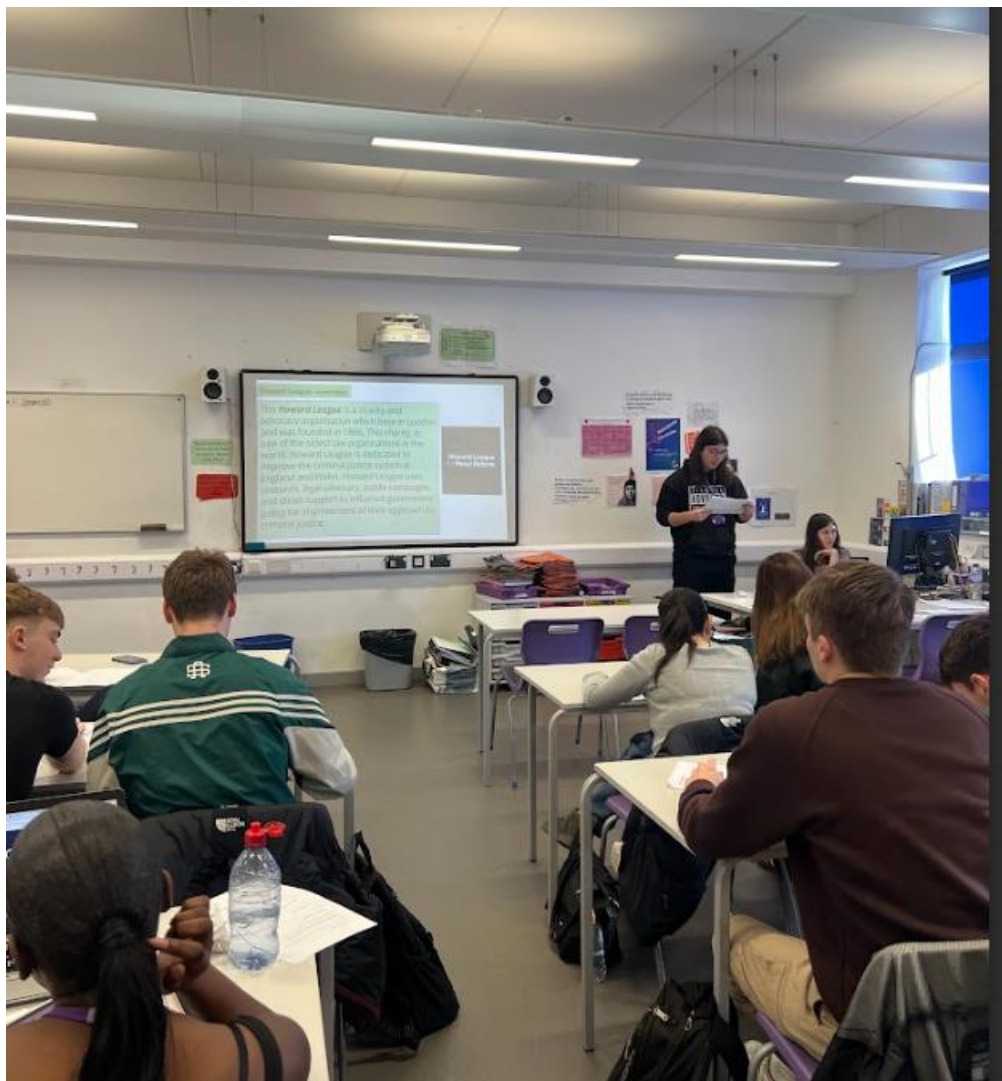
Students should be accessing this via Google classroom every Friday to keep informed of what they can access to help them build their experience and explore their career options. [31/01/2025 Sixth Form Careers opportunities](#)

# Y13 Criminology Presentations

This week one of the Year 13 criminology students put in a lot of effort into researching charities focused on supporting offenders and prison reform. They explored the aims of these charities, their success rates, funding, and shared some inspiring success stories. Their work demonstrated a genuine interest in understanding the impact of these organisations and the challenges they face. It was clear that the students were committed to learning about important social issues, and they presented some valuable insights into how these charities are making a difference. Each group were given the task of researching into one of the following charities, creating a google slide presentation and a hand out for their fellow students to complete during their presentation:

- NACRO
- Bounce Back Project
- Trailblazers
- Prison reform Trust
- Howard League
- The Prison Advice & Care Trust (Pact)
- Women in Prison







GYMNASTICS SQUAD

GYMNASTICS SQUAD

*Our Elite Gymnasts wearing their new jumpers ahead of our Girls Floor and Vault competition today*

**SPORTS**  
News





Our year 10s enjoyed another cheerleading lesson, all groups managed to get into a prep stunt



The U15s played in the borough basketball tournament yesterday winning 2/4 of their games with only a squad of 5!! Well done all

# Lily Schaeufler

Girls Player of the Month



Lily and her synchronised skating team won **gold** at the British championships in the Pre-Mixed Age category in January. They were in a huge group of 13 teams so this was a very big achievement! Lily took to the podium as vice-captain of her team and also with the trophy from her own event. The medals and trophy were presented to the team by Robin Cousins, the 1980 Olympic men's figure skating champion who is now president of British Ice Skating, very exciting! Huge well done to Lily and good luck for the rest of the season.

# Ella Angel

## Girls Scholar of the Month

January's Sport Scholar of the Month goes to **Ella Angel**.

Ella exemplifies everything we value in a Sports Scholar. Her technical and tactical understanding of football stands out during matches and training, where she consistently makes smart plays and performs at a high level.

Beyond her exceptional sports performance, she is an excellent leader and regularly dedicates time to mentoring other students and this translates across multiple sports and activities.

Her infectious enthusiasm spreads to every sport she participates in, whether it's leading warm-ups or problem solving game strategies. Ella's combination of athletic talent, leadership ability, and genuine passion for sports makes her an outstanding choice for Sports Scholar of the Month.

Congratulations Ella!



## Girls Team of the Month

Congratulations to our U13 girls football team on being named Team of the Month! This outstanding recognition is thoroughly deserved after an incredible run of performances. The team has shown remarkable consistency, winning every single game in their division - a testament to their skill, dedication and teamwork.

Their journey wasn't without challenges, particularly in their hard-fought match against St RR, but the girls rose to every occasion. They carried this momentum forward to face Waldegrave in what proved to be an exciting final showdown.

What makes this team truly special is not just their talent on the field, but their exceptional team spirit. These young athletes work tirelessly for one another, approaching every match with determination and a hunger to win. Their positive attitudes and unwavering commitment to excellence make them wonderful ambassadors for our football program.

Well done, girls - you should be incredibly proud of your achievements!



# Ethan Carlton

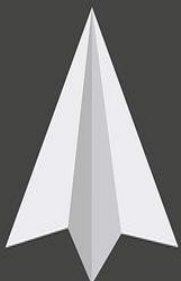
## Boys Scholar of the Month

**Ethan Carlton** has had a fantastic month, making an impact both on the sports field and in the classroom. As a key player in the successful U12 football team, he has contributed to their strong performances with skill, dedication, and teamwork. His commitment to sport doesn't stop there, Ethan has also made a promising start to his winter nets cricket training, showing great potential as he sharpens his skills ahead of the summer season. With his talent and determination, we're excited to see how he performs when the cricket season arrives.

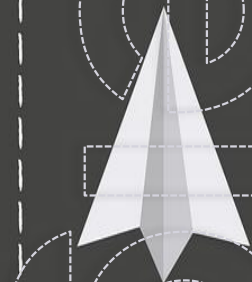
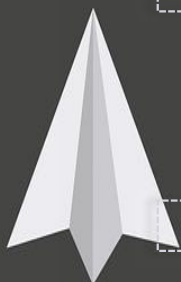
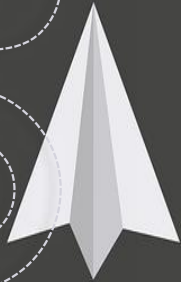
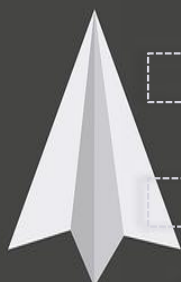
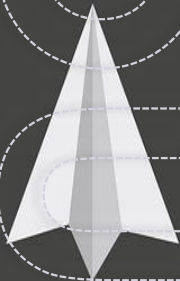
Beyond his sporting success, Ethan has shown a great attitude in his scholarship lessons. His focus, hard work, and enthusiasm make him a valued member of the group, always striving to improve and support those around him.

Congratulations, Ethan, on being named Scholar of the Month! Keep up the hard work, and we look forward to seeing all you achieve in the months ahead!





Our feet



Our feet  
are  
big  
and  
strong



What's on ...

A MONTHLY CONCERT SERIES

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presents

KINGSTON  
UNDER CURRENTS



THE REPORT

WOODY WASEY



13 FEB

19:30-21:00 £10 TIX

FUTURE DATES

10 APRIL | 8 MAY  
12 JUNE | TBD JULY  
14 AUGUST



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IN PARTNERSHIP WITH



# JUNIOR NETBALL COACHING

NETBALL FOR ALL



**SATURDAY SESSIONS**

**TURING HOUSE SCHOOL**

10-11AM 7-11 YEARS OLD

11AM-12PM 12-16 YEARS OLD

Website:  [www.netballforall.co.uk](http://www.netballforall.co.uk)

E-mail: [info@netballforall.co.uk](mailto:info@netballforall.co.uk)




# MIXED ADULTS NETBALL


A SOCIAL, WELCOMING LEAGUE  
**TUESDAY EVENINGS**

Turing House School, Twickenham, TW2 6LH

FORM YOUR TEAM OR SIGN UP AS AN INDIVIDUAL!



 [info@netballforall.co.uk](mailto:info@netballforall.co.uk)

 [netball\\_4all](https://www.instagram.com/netball_4all)

 [netballforall.co.uk](http://netballforall.co.uk)

# JOIN THE Super 1s



All disabilities welcome  
Ages 12-25

CHALLENGE YOURSELF  
BE MORE ACTIVE  
IMPROVE YOUR SKILLS  
MAKE NEW FRIENDS

## Free inclusive cricket sessions!

### WHEN:

Fridays  
5pm - 6pm  
(Starting 17 January 2025)

### WHERE:

Dormers Wells Leisure Centre,  
Dormer's Wells Lane,  
Southall UB1 3JB

### CONTACT:

Daisy Meadowcroft  
daisy.meadowcroft@middlesexccc.com

[www.lordstaverners.org/super1s](http://www.lordstaverners.org/super1s)



**LORD'S TAVERNERS**  
Empowering young people through cricket

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MIDDLESEX  
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COMMUNITY

**Berkeley**  
Foundation



**SIGN UP HERE!**

# PLAY CRICKET FOR RICHMOND BOROUGH IN THE 2025 LONDON YOUTH GAMES

We're looking for the best U13 cricketers to represent Richmond Borough in the 2025 London Youth Games indoor cricket competition.

This is open to players who either live, or go to school, in Richmond Borough and who were under 13 on 1st September 2024.

Selection is open to all **boys** up to, but not including, county level.

Selection is open to all **girls** up to, and including, county level.

We'll be running training sessions from the start of February for four weeks in the run-up to the London Youth Games.

The training sessions are free and will be led by experienced ECB coaches.

Please see the flyer on the next page – this has further information and details of how to register.

If you have any questions, please contact myself or Dan Hayden (copied) from RUTC.

[ian@taborsportscoaching.com](mailto:ian@taborsportscoaching.com)

[Daniel.hayden@richmondandwandsworth.gov.uk](mailto:Daniel.hayden@richmondandwandsworth.gov.uk)



# PLAY CRICKET FOR RICHMOND BOROUGH IN THE 2025 LONDON YOUTH GAMES

## ELIGIBILITY

Training and selection is open to all girls and boys that live, or go to school, in the borough of Richmond-Upon-Thames. Players need to be under 13 as of 1st September 2024 i.e. Year 8 and below.

Players should already have played cricket either at school or club and be of a good ability.

## AVAILABILITY

Players that are selected for the final squad, need to be available on 8th and 23rd March 2025.

## TRAINING DATES & TIMES

Friday 7th, 14th and 28th February

Friday 7th March

18:00 – 19:00 – Girls' training

19:00 – 20:00 – Boys' training

## VENUE

Richmond Upon Thames School  
(Indoor sports hall)  
Egerton Road, Twickenham, TW2 7SL

This is a great chance to represent Richmond Borough in the 2025 London Youth Games U13 Girls' and Boys' indoor cricket tournament!



## REGISTER HERE:



## COST

There is no charge for the training.

## COACHES

Training will be led by experienced ECB cricket coaches with extensive experience of coaching girls' and boys' cricket.

## MORE INFO

Contact : [londonyouthgames@richmond.gov.uk](mailto:londonyouthgames@richmond.gov.uk)  
Or email: [daniel.hayden@richmondandwandsworth.gov.uk](mailto:daniel.hayden@richmondandwandsworth.gov.uk)

# THE TWEEN TRIBE

**Award winning kids club: Ages 10-13 only!**

**FEB HALF TERM! Use code Greycourt for £5 off!**

**20 FEB: Cable car, arcades, climbing wall.**



**A brilliant  
holiday  
concept**

*Richmond & Twickenham Family Hub*

London trips for older children in need of bigger adventures

**[www.thetweentribe.co.uk](http://www.thetweentribe.co.uk)**

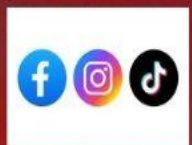
**Join our mission to get tweens off screens & having fun in the  
real world!**

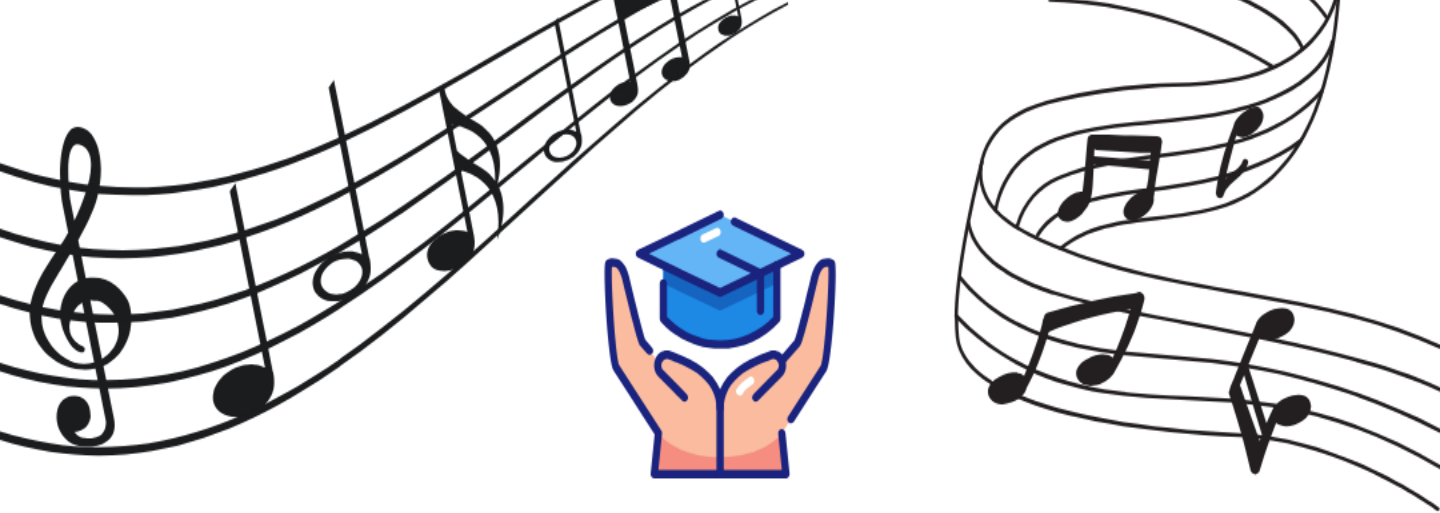
# FOOTBALL TRAINING @ HAM YC

Wednesdays 3–5pm @ Ham Youth  
Centre, TW10 7PL

Saturdays 12.30–2.30pm @ Kew and  
Ham Football Ground, TW10 7RU

Speak to Ben or Paul for more info.





# Youth Academic Support and Empowerment Workshops

Meet new people and develop skills at our Academic Support and Arts and Music Workshops

Open to young people aged 11-17 from refugee and ethnic minority backgrounds

**Ham Youth Centre, Richmond,  
TW10 7PL**



For more information please email [jemima.hodgkinson.acaa@gmail.com](mailto:jemima.hodgkinson.acaa@gmail.com) or call [0208 572 0300](tel:02085720300)





# Youth Empowerment Workshops and Social Club

**Meet new people and build a safer community at our  
Youth Empowerment Workshops and Youth Social Club**

**Open to young people aged 18-25 from refugee and  
ethnic minority backgrounds**

**Ham Youth Centre, Richmond,  
TW10 7PL**



For more information please email  
[jemima.hodgkinson.acaa@gmail.com](mailto:jemima.hodgkinson.acaa@gmail.com)  
or call [0208 572 0300](tel:02085720300)

  
**acaa** | Afghanistan  
&  
Central  
Asian  
Association

FRIDAY SUNDAY  
14<sup>TH</sup> UNTIL 16<sup>TH</sup>  
FEBRUARY

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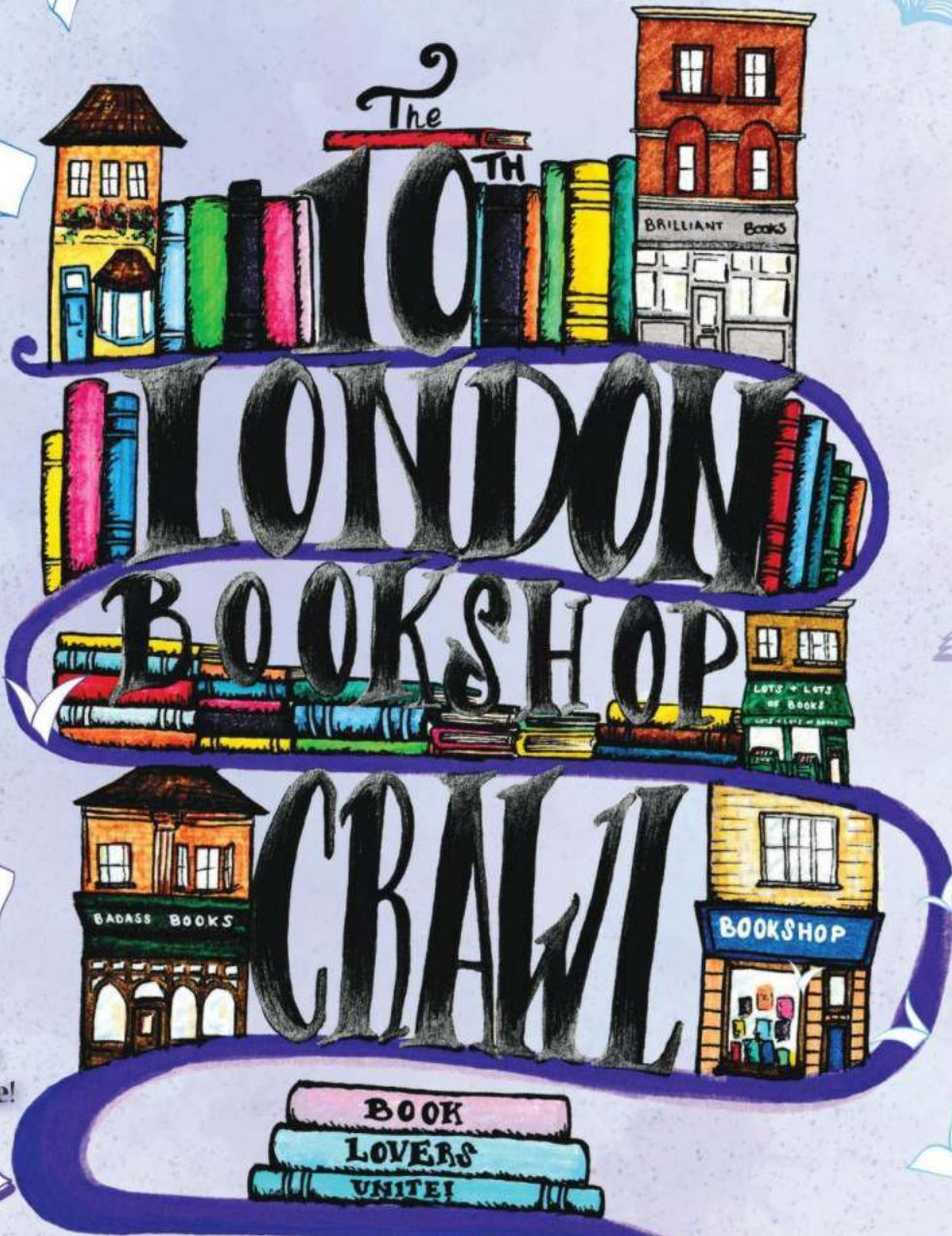
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Programme, Welcome pack  
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maps at  
[www.bookshopcrawl.co.uk](http://www.bookshopcrawl.co.uk)

#LondonBookshopCrawl

Scan here  
to find out more



# HALF TERM @ HAM YC



## Poetry Workshop with Poet Lisa Jennings

Let out your inner lyricist in this nurturing and inspiring space.

Monday 17th & Tuesday 18th Feb 3-5pm

## Multi Sports, gaming, art, cooking

Normal youth club open at this time

Monday 17th & Tuesday 18th 3-7pm

## Eco Day in Ham Lands

To all you eco warriors!  
Get out in nature learn about local wildlife.

Also help us defeat the evil brambles to encourage the biodiversity of this beautiful area!

With charity Lets go Outside and Learn

Friday 21st February 1-4pm



Contact Ben Skelton  
to book a place

[ben.skelton@achievingforchildren.org.uk](mailto:ben.skelton@achievingforchildren.org.uk)

Ham Youth Centre.  
Ham Close,  
TW10 7PL





# RICHMOND NETBALL CAMP



*Open to players  
of all abilities*



*Qualified  
coaches*



*Fun and  
friendly*



*Indoor &  
outdoor*

**FEBRUARY HALF TERM**  
17TH, 18TH, 19TH FEBRUARY

**EASTER HOLIDAYS**  
7TH, 8TH, 9TH APRIL  
14TH, 15TH, 16TH APRIL

**GREY COURT SCHOOL**  
RICHMOND UPON THAMES,  
TW10 7HN

9.00AM - 12NOON  
SCHOOL YEARS 4-10



# Cooking Up



**Introductory session 17 Feb**

**Course dates: 17 March, 24 March, 31 March**

**3.30pm**

The Children's Centres are delighted to be working with Cooking Up to deliver family cooking sessions for children aged 8 years plus. During these sessions you will make a meal for four people to take home and enjoy with your family, learn culinary skills and how to prepare simple and healthy meals on a budget. Please scan the QR code to book your place or email

[richmondcc@achievingforchildren.org.uk](mailto:richmondcc@achievingforchildren.org.uk).



Ham Children's Centre,  
Ashburnham Rd,  
Richmond  
TW10 7BG



**achieving  
for children**

# Richmond Rugby Holiday Rugby Camps



During February half-term, we will be running our usual rugby holiday camps

The dates are as follows:

Monday 17 February – Wednesday 19 February for U5's to U10's

Wednesday 19 February – Friday 21 February for U11's – U16's

Please see below the link.

<https://richmondcommunity.ticketco.events/uk/en/e/richmond-rugby-holiday-rugby-camps>



# FREE\* CANOE-FIT COURSE & EASTER CANOEING CAMP

FREE\* CANOEING INSPIRED FITNESS CLASSES RUN EVERY THURSDAY FOR 10 WEEKS FROM THE 23RD JANUARY 2025, 18:00-19:00.

THIS COURSE IS FOR CHILDREN 12-14 FROM THE LOCAL WEST LONDON AREA.

THIS IS A UNIQUE & EXCITING OPPORTUNITY TO EXPERIENCE AND PARTICIPATE IN THE OLYMPIC SPORT OF CANOEING.

THIS COURSE IS FOLLOWED BY A FREE\*\* 4 DAY ON WATER EASTER CANOEING CAMP FROM THE 7TH- 10TH OR 14TH-17TH APRIL 2025

## Course location;

Team Keane Watersports,  
The Old Pumping Station, Pump Alley  
Brentford, TW8 OAP

GRATEFULLY FUNDED THROUGH THE PEOPLES HEALTH TRUST, PADDLE UK & THE NATIONAL LOTTERY COMMUNITY FUND

## TEAM **K** EANE WATERSPORTS SCHOOL

To sign up please email  
[admin@teamkeane.com](mailto:admin@teamkeane.com)  
or

Scan the QR code below to book on straight away.

spaces are limited so dont delay and book your place today.



\*Enrolment to this funded course is subject to a £20 Registration fee

\*\*Eligibility for the FREE Canoeing Camp is upon completion of 80% of the Canoe Fit Course.





# FREE\* ROWFIT COURSE & EASTER ROWING CAMP

10 WEEKS FREE\* ROWING INSPIRED FITNESS CLASSES RUN EVERY TUESDAY AFTER SCHOOL FROM THE 21ST JANUARY 2025, 18:00-19:00

FOLLOWED BY A HEAVILY SUBSIDISED\*\* 4 DAY ON WATER EASTER ROWING CAMP FROM THE 7TH- 10TH OR 14TH-17TH APRIL 2025

To sign up please email  
[admin@teamkeane.com](mailto:admin@teamkeane.com)

or scan the QR code below to book on straight away.  
 spaces are limited so dont delay and book your place today.



\*Enrolment to this funded course is subject to a £20 Registration fee

\*\*Eligibility for the Subsidised Rowing Camp is upon completion of 80% of the Row Fit Course and living in or going to school in the London Borough of Hounslow.

GRATEFULLY PART FUNDED THROUGH THE PEOPLES HEALTH TRUST, SPORT ENGLAND & THE NATIONAL LOTTERY COMMUNITY FUND



Whether you want to get fit or try something new, this is an exciting opportunity to start your journey here

Are you inspired by the incredible success of the GB Olympic Team at Paris last year and fancy giving it a go yourself?  
 You never know where it could lead!

This FREE\* course is aimed at children aged 12-14 from the local West London area to provide a unique & exciting opportunity to experience and participate in the sport of rowing.

This course is being provided in partnership with Brentford Boat Club and Team Keane Sculling School

**Course location;**  
 Brentford Boat Club,  
 The Old Pumping Station, Pump Alley  
 Brentford, TW8 0AP

**TEAM KEANE**  
 SCULLING SCHOOL



# SONG WRITING AND PERFORMANCE SKILLS MENTORING SESSIONS

with **Janette Mason**, Artist In Residence, composer, producer and arranger.  
& **Juliet Roberts**, songwriter, vocalist and soul music Diva.



**1<sup>st</sup> & 2<sup>nd</sup> March**

**2–5pm**

The Exchange,  
Twickenham



Join these two outstanding industry professionals for a weekend of mentoring sessions exploring song writing, story-telling, song structure, melody and harmony plus performance skills including vocal and mic technique.

Followed by in an informal concert at:

**The Exchange Cabaret Room**  
**2<sup>nd</sup> March, 7-9pm.**

Bring along an original song for constructive feedback plus the tools to develop your music and artistry **or** if you prefer, bring along a cover song to perform and get help with your performance skills.

**Everyone is welcome.**

There will also be an opportunity to perform live with **AYRA** – Janette and Juliet's original nu- soul project at their headline Concert for **International Women's Day on March 8th.**

Limited number of spaces so please book in advance.

- Workshop dates 1st & 2nd March, 2–5pm
- Informal concert open to friends and family 2nd March, 7-9pm
- Open to all ages and standards
- Fee £95 for two days (see QR Code above)

**For more info please contact:**  
**janette@janettemason.com**