eBulletin

Contents

3 #KeepInTouch

4 A Place in the Bend of a River
- Ms Nair

6 KS3+KS4 News

8 A Golden Afternoon at the Palace
- Miss Casey

15 This Week in Science
Digging Deeper: Why Water Treatment Matters
- Mr Gundry

20 Careers with Miss Corrighan

25 Celebrating the King's School Partnership
- Mr Clements

27 Stars of the Week

28 Attendance Matters

29 Extracurricular Clubs Timetable

33 Wellbeing

38 Sixth Form News

42 Sports News

69 What's happening…

etin

Grey Court School | 20 June 2025

"…a school where all pupils flourish" - Ofsted 2024

Cover photo: Ham Avenues

24-25 Term Dates

School Events

Sports TT

Sport SOCS

Extracurricular TT

Education Fund

ScoPay

Weekly Menus

Grey Court JustGiving QR Code

#KeepInTouch

The Uniform Shop

Thursdays 3:15-4pm

Contact:
sniss@greycourt.org.uk

A Place in the Bend of a River

A Secret History of Ham

Grey Court School, Sandy Lane entrance
Wednesday 25 June from 6.30pm

Did you know that the river Thames didn't always flow through Ham?
Do you know who were the first people to settle here and how they got here?
Do you know how Ham got its name ?

The students at our school have been collaborating with many local partners to create "A Place in the bend of a River, (A Secret History of Ham), a multi-media promenade storytelling show which seeks to answer these questions and tells the story of how our unique community evolved. We are participating in Richmond Arts and Ideas festival and are the only school to have been selected.

To explore the festival's theme, 'cultural reforesting', our EAL and VPA students have been exploring how our community has evolved, listening to stories, documenting student responses, interviewing lifetime residents and local plant, bird, bat and animal experts, writing poems, creating sound pieces, recording migration stories of students and teachers and weaving connections between past and present to create a show which asks What can we learn from the past ? And how can we connect with our community?

We have uncovered a treasure trove of fascinating local stories. Here's a taste:

The Dysart family, which owned Ham House and the bulk of the local land in 1626, leased it to farmers who grew fruit and vegetables. Ham then became a centre for market gardening, even supplying Covent Garden market.

What is now Ham Lands was originally a dumping ground for rubble after WWII, but with the rubble came many rare and unusual plants, creating a habitat for many migrating birds and butterflies, some of which come each year from as far away as Africa.

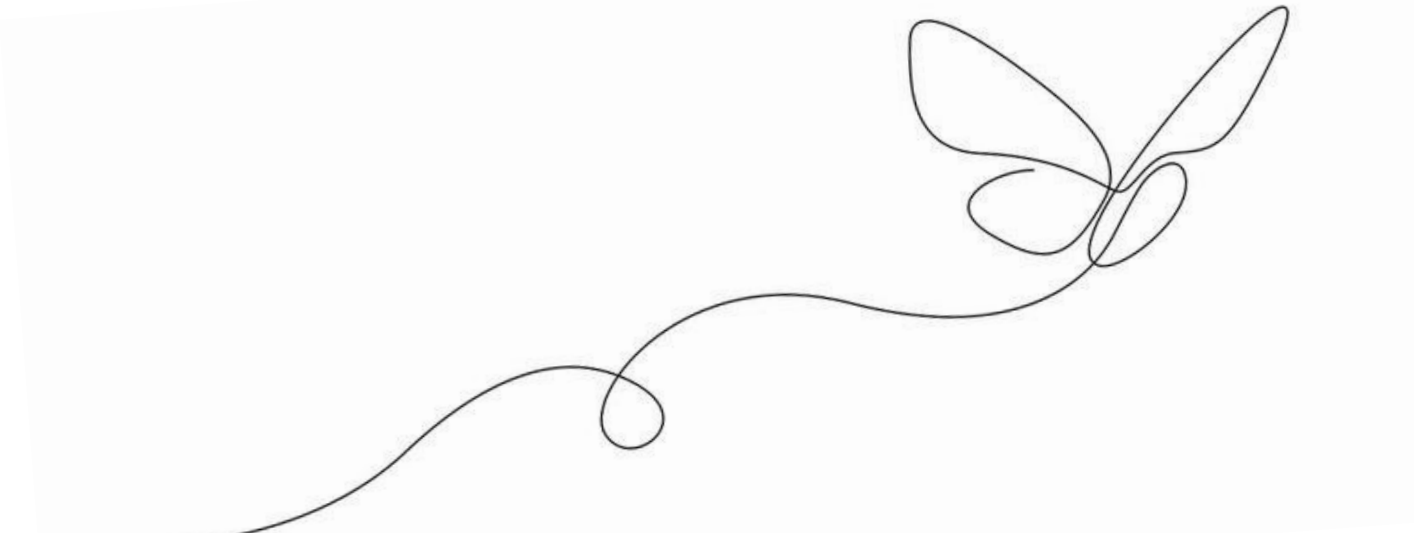
In the 1950's, when new housing was built for East Enders whose homes had been bombed, their migration created a new influx of people. This led to the building of Grey Court in 1956. In the late 1970's, local conservationists fought to prevent Ham Lands being built on and we now have Ham Lands, a 182-acre nature reserve.

It took the collective energy of many people to shape our verdant little corner of the world. Grey Court students have collaborated with local historians, Jill Lamb and Gordon Elsden, local residents and conservationists, the Russell school, Ham House, Friends of Ham Lands, Ham Youth Club, Let's go Outside and Learn and the Green School Project, to understand and celebrate this history.

Ham House and Ham Youth club worked with students from the school on a project called 'Blossom' where our students created poems which will be included in the show.

The story of Ham and how it has evolved is a story about the ebb and flow of migrating people, plants and animals. In our little microcosm, we have some answers to how we can connect with nature. Come join us on a walk as we travel back in time to excavate and reclaim the past to ask: How can we help our children cherish and connect with what we have here? And how can we ensure future generations grow and thrive?

Preeya Nair
EAL Coordinator



KS3+KS4 NEWS

Buckingham Palace Garden

The final details for your Gold Award celebration event

HRH The Duke of Edinburgh KG KT OCVO
requests the pleasure of the company of

Miss Elizabeth Casey

at a celebration event for young people who have achieved
a Gold Duke of Edinburgh's Award
in Buckingham Palace Garden
on Monday 19th May 2025.

Dress: Suit, jacket and tie, dress or a smart alternative. Uniforms may be worn.

A Golden Afternoon at the Palace

- Miss Casey

On a crisp, sun-kissed mid-May morning, I found myself standing in front of the gilded gates of Buckingham Palace, dressed in my best dress and clutching the gold invitation that had arrived days earlier. The embossed words, "HRH The Duke of Edinburgh KG KT GCVO requests the pleasure of the company of Miss Elizabeth Casey at a celebration event for young people who have achieved a Gold Duke of Edinburgh's Award in Buckingham Palace Garden", shimmered in the light, still barely believable. This was the culmination of some of our students dedication, resilience, and adventure—the final recognition of the Duke of Edinburgh's Gold Award.

I joined a line of similarly nervous but excited young people, each of us beaming with pride. Some wore hiking boots, a nod to the expedition that had tested their grit through rain, midges, and blisters. Others held photos of the communities they had volunteered with or projects they had led. They were a tapestry of different backgrounds, but they shared a common story: we had challenged ourselves and grown because of it.

Security was tight but friendly, and before long we stepped into the garden—an expanse of manicured lawns, blooming tulips, and the gentle murmur of a military band beneath a white pavilion. The palace loomed behind us, grand yet strangely welcoming, as if it, too, was smiling at our arrival.

We wandered among the stands of tea and cupcakes, garden games, satellite stages of guest speakers: Roman Kemp, JB Gill, Harry Clark, Alistair Petrie to mention a few, the air scented with flowers and freshly cut grass, and the buzz of excited conversation danced in every direction.

Then came the moment we'd all been waiting for. The royal guests stepped onto the West Terrace and everyone instinctively stood for the National Anthem. Prince Edward, Duke of Edinburgh himself, amongst others made their speeches about how "The award is about growth—and it sounds like you've truly discovered what you're capable of." That sentence struck me. For a moment, the grandeur of the palace faded, and all I could think about were the long hikes, the planning sessions, the moments of doubt, and how far our students had come.

Making his way through the crowd, the Duke was warm and curious, asking about volunteering and what students had learned through the award, he nodded thoughtfully as student after student excitedly regaled their adventures of body and mind. This was an inspirational sight and sound in itself and made me feel abundantly proud of what the Grey Court DofE team facilitate for our students.

As the afternoon sun dipped lower in the sky, and the tea cups clinked one final time, I looked around the garden—this garden I'd seen a thousand times in pictures but never imagined walking in. It was more than a reward; it was a symbol of how far our young people can go with perseverance, purpose, and just a bit of mud on their boots.

When I left the palace grounds, stepping back through the gates into the busy London street, I felt a little taller. Not because of the prestige, but because I had lived a story worth telling—and it had led me to a golden afternoon I would never forget.

Ella Trousdale and Juliette Kelly

James Williams - DofE Gold Award Recipients

In Spring of this year, I finally received my Duke of Edinburgh Gold Award certificate. It was the end of a long road for me, and it felt good to finally achieve it. I'd like to share some of the highlights with you, in the hope that it will encourage you to also achieve a Duke of Edinburgh Award at whatever level (hopefully sticking with it to the end of gold!).

I was fortunate in getting a lot of support to complete my DofE Bronze and Silver awards while in years 10-12. However, Gold would prove to be more challenging; by the end of Year 13 I still hadn't completed the Award due to having a lot of other commitments at the time. While you have until the age of 25 to complete the required sections, by the time I left Grey Court in 2022 I had only completed two out of five. Despite the deadline, I was able to finish it with the help from Miss Casey at Grey Court. In fact, continuing with my DofE helped define the structure and focus of my subsequent Gap Year.

With the range of activities you can do for your DofE, the only limit is your own imagination. In my example, from the end of 6th Form in 2022 to starting University in 2023 I passed my driving test (skills section), created promotional social media posts for a local charity (volunteering section) and got to experience the beauty of North Wales (residential section) all while meeting a range of amazing people. The only thing left to do is attend the Buckingham Palace reception for Gold Award recipients.

What was my favourite part of the award? For me it had to be the opportunity to visit some of the most picturesque parts of the UK as part of the expeditions. These were amazing experiences and since then I have developed a love of hiking and being outdoors, which I guess was at least part of the intention when The Duke of Edinburgh created the award.

If you take away one thing, it's that you have time, so don't feel like you have to rush it. There's a lot to do for the Gold award in particular, but with that comes a lot of options. Other than looking amazing on your CV, I had a great time, developed some really useful skills, and made a bunch of new friends - It's definitely worth it!"

Year 7

Mr Ridley

We had the annual Borough Sports on Wednesday and our Year 7 team's first experience of it as a Grey Court student. It was a fantastic day with podium finishes for so many of our young athletes, as well as 10 Gold medals. 5 for the boys and 5 for the girls teams. The Year 7 Boys took first place and the girls came third, only 10 points behind the winners, LEH. Both teams made a huge contribution to us winning the Overall Competition to be crowned Borough Champions again! Well done to all those that took part.

The temperature has risen and is due to stay high for the next week or so. Please ensure students are bringing in a refillable water bottle and apply sun cream.

Students have been warned in assembly, that anyone found having water fights or bringing water pistols onto school site will be sanctioned with senior detentions.

My assembly was on Growth Mindset, where people are encouraged to adopt a perspective of progress, rather than the end result. I am hopeful students can see set-backs or barriers as a part of their learning and development and not something to shy away from, merely used to support their progress.

Year 8

Ms Saccheri

A big congratulations to all of our Year 8 students who competed in Borough Athletics this week- we saw some fantastic performances and impressive results across the board!

With the warm weather set to continue next week, we encourage all students to bring in a large water bottle to stay cool and hydrated throughout the day.

This week, Mr Allchurch delivered an eye-opening assembly on hearing health, focusing on the risks of listening to loud music through headphones. He shared some practical advice on how to protect our ears- including the use of volume-limiting headphones.

Just a reminder that Parents' Evening is on Tuesday 24th June- please ensure that appointments have been booked with teachers.

And finally, well done to Mariella P, Kate M, and Daniel P, who topped the achievement points leader board this week. It was a very competitive week, with lots of students earning high totals so well done to the rest of the year group for your efforts

Year 9

Ms Sutcliffe

As the sun blazes and the temperatures rise, so too does the effort from our Year 9s. A big well done to everyone for getting stuck into their End of Year Assessments this week. The focus, maturity, and determination on display have been impressive. A quick reminder: once assessments are done, students should have a reading book or revision material to keep them occupied.

This week's top conduct champions are Okan C, Natalia B, and Willow S! Fantastic attitudes, brilliant behaviour, and effort that's not going unnoticed. You're setting the bar high - well done!

As always, thank you for your support from home - especially during these warmer weeks when the lure of the sun can make concentration that little bit harder. Year 9 are pushing through with style (and hopefully sun cream).

Stay cool and have a great weekend!

Year 10

Ms Woods

The first four trial exams are complete and the Year 10s have done fantastically so far! These exams will help teachers to inform them of the students progress, but also prepare our students for their real GCSE exams so they know exactly what to expect next year.

A reminder that students must have a black biro, clear pencil case/wallet and water bottles must be clear with absolutely no writing on it. The weather is warm so this is more essential than ever.

Wishing our students all the best with the remainder of their exams next week, where we hope to see the exquisite conduct most are showing so far!

Science *This week in*

Digging Deeper
Why Water Treatment Matters

- Mr Gundry

A new report from the University of York has revealed that trifluoroacetic acid (TFA), a type of PFAS or "forever chemical", has been found in almost every river they tested in the UK. These chemicals are by-products of industrial processes and fluorinated pesticides used in agriculture. They don't break down easily. Instead, they build up in the environment and are now being detected in the water we rely on.

That makes understanding how we treat water more important than ever. In Year 10, students learn that making water safe to drink involves three key stages:
Sedimentation – large insoluble particles settle out in tanks
•Filtration – finer solids removed by passing through sand/gravel
•Chlorination – chlorine kills microbes that survive filtration
These processes are highly effective for producing potable water (water that is safe to drink). But they were never designed to remove dissolved substances like PFAS.

Public debate often focuses on the use of adding chemicals like fluoride, which is only added to water in some UK regions and at carefully controlled levels that support dental health. In contrast, PFAS chemicals like TFA are widespread, unregulated, and not added intentionally... yet receive much less public attention. This highlights the importance of understanding what our treatment processes can and can't remove, and the role chemistry plays in tackling emerging risks.

What Are PFAS — and Why Do They Matter?

PFAS (per- and polyfluoroalkyl substances) are a group of over 10,000 synthetic chemicals known for their water-resistant and non-stick properties. TFA, the chemical found in this study, is a persistent by-product of pesticide use and industrial gases, often carried into rivers through rainwater and runoff.

These so-called 'forever chemicals' are highly persistent, mobile, and can accumulate in food chains to potentially harmful levels. While TFA itself is less studied, other PFAS have been linked to:

- increased risk of certain cancers,
- liver damage,
- fertility issues,
- and toxicity in wildlife.

Professor Alistair Boxall, from the University of York, commented:
"Sadly, I am not at all surprised by these results. TFA is a very mobile chemical that doesn't seem to be removed by drinking water treatment systems, so it is likely that levels in drinking water will be similar to those we found in some of the rivers."
Currently, there is no practical or affordable way to remove TFA from the environment, leading to growing concern among scientists about the long-term impact on human health and ecosystems.

Potable vs Pure Water: What's the Difference?

This issue highlights a key distinction from the GCSE course:

- Potable water has been treated to make it safe to drink, mainly by removing solids and killing bacteria.
- Pure water, like that used in science labs, has had nearly all substances removed, including dissolved salts and chemicals.

While potable water is safe for everyday use, it may still contain trace chemicals like PFAS, which are only removed using more advanced processes not used in everyday water treatment. Water treatment is central to public health and environmental protection. This research shows that while our drinking water meets current safety standards, there's always more to understand and improve.

Further Reading:
BBC News: Forever chemicals found in UK rivers
University of York: 'Forever chemical' research

NeuroSpark London
UK Brain Bee 2025
Synaptic Essay Comp

We are delighted to invite students to participate in two upcoming flagship events organised by NeuroSpark London: the UK Brain Bee 2025 and the Synaptic Essay Competition 2025. Both competitions offer unique platforms for students to explore neuroscience, develop critical skills, and gain recognition for their academic excellence.

UK Brain Bee 2025
NeuroSpark London is proud to be the official organiser of this year's UK Brain Bee (UKBB). The UKBB is a national neuroscience competition for secondary school students aged 13–18. Designed to inspire curiosity about the brain and nervous system, it encourages young minds to explore neuroscience and consider careers in medicine, biology, and related fields. The UKBB tests knowledge across key neuroscience disciplines, based on a study guide derived from Eric Kandel's Principles of Neuroscience. No prior neuroscience knowledge is required and all questions are based on the provided study guide which can be found on our official website. The national winner will represent the UK at the International Brain Bee (IBB) in the United States, typically held in November. More details can be found at https://www.thebrainbee.org/

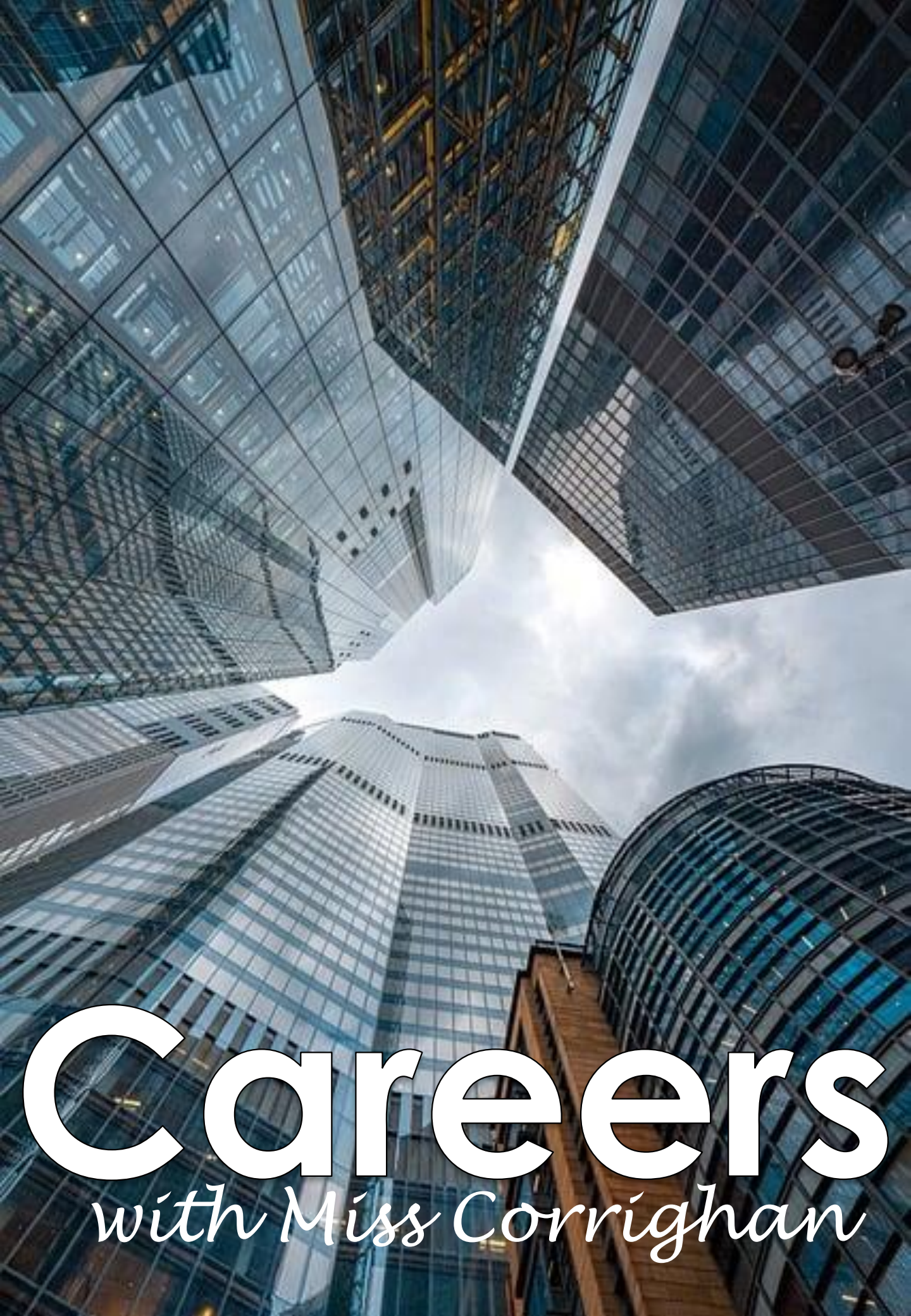
The competition is open to all secondary school students aged 14 to 18. Participation in the preliminary round is completely **free of charge** and consists of a 40-minute online multiple-choice examination. Successful candidates will progress to the final round, which will take place at Imperial College London in September 2025. All registered participants will receive access to a comprehensive study guide to assist with their preparation. Interested students can register via the official sign-up form at https://forms.gle/uGo3XLmZ3Y92qR4U9. Please note that all registrations must be completed by the deadline of **31 July 2025**.

Please find the information booklet here, and to find out more details, please visit www.ukbrainbee.com

Synaptic Essay Competition 2025
This year, we continue to invite students to explore any topic in neuroscience from brain-computer interfaces to the neuroscience of proprioception. Beyond traditional biology and medicine, we encourage interdisciplinary thinking, and last year's entries included fascinating essays on robotics, AI, and even neuroethics!

Participating offers students a chance to:
- Strengthen their UCAS personal statements with a recognised achievement
- Develop critical thinking and communication skills beyond the classroom
- See their work published in Synaptic Magazine

Key Details:
Submissions open now | Eligibility: All secondary school students (Years 9–13) | Submission is completely free!
Information booklet with guidelines, submission link (here), and a preview of last year's Synaptic Magazine (here).



Careers

with Miss Corrighan

Year 7 Careers Event

We wanted to highlight this great event that took place on Friday 6 June. Thank you to our amazing volunteers: Darran (Games Design), Amy (Graphic Design & Branding), Eghosa (Software Engineering), Andy (Architect) and Tom (GP) who came in to share their career paths with the students. We were extremely proud to see Eghosa, who attended Grey Court sixth form and is now working as a Software Engineer at Google, he has some great advice for the year 7s as they progress through Grey Court. The volunteers also spoke about the impact of AI on their roles and how they are using this.

Year 7 asked some fantastic questions, showing their excellent communication skills, well done to all the students who spoke. Thanks to Miss Shore who helped to organise the students and ensure the smooth running of the event (and Teddie the dog as her sidekick!).

Year 10 Experiences of the Workplace

Meaningful experiences of work support young people to build the skills, knowledge and behaviours needed in the workplace. At Grey Court, most students will do an in-person work-experience week in year 12 and the lower years take part in a range of experiences of the workplace.

A small group of students (20) will be attending a week's work placement during 30 June - 4 July, we hope they have a positive week and enjoy the experience. The rest of the year group will experience a workplace trip or be participating in the Duke of Edinburgh Award.

A work-related trip will take place on Wednesday 9 July, which includes Sky Media, Kingston Uni Engineering, Richmond College and Hopscotch Marketing. On Thursday 10 July there is an aspirational trip to the University of Sussex, where students will learn about Higher Education. And, finally, on Friday 11 July, students will be rewarded with a trip to Thorpe Park.

King’s Wimbledon - Aspirations Groups Year 9-11

We had the final King’s aspirations trip on Friday, with year 9 and 10 students attending King’s Wimbledon to take part in sessions on new subjects e.g. Philosophy, Greek and Economics.

Throughout the year, the students have been engaged and taken part in a range of activities including trips to the Globe Theatre to see Macbeth, West End trip to see Witness for the prosecution, King's College London University trip and lots of activities at King’s Wimbledon to stretch and challenge our students. Well done to all of them and we look forward to the programmes continuing next year. Good luck to the graduating year 11s, we wish you all the best in whatever is next for you.

Post-16 Options

Many year 11s will attend the Grey Court induction day on Wednesday 25 June and students attending other colleges or sixth forms need to make sure they know about the enrolment process which takes place after GCSE results day (Thursday 21 August). Enrolment is when the students actually confirm their college or sixth form placement. It is vital you know this information so you don't miss out on any placements.

For Year 10 students and parents you can start to explore the local options as we encourage students to make 2-3 applications to post-16 providers. ***The Grey Court Sixth Form open event will be held in November 2025*** and more information on the courses on offer can be found: **Application and prospectus**

Capel Manor College - is a London college that ***offers land and animal based courses***. They have campuses in Gunnersbury Park and all over London. Their next open Day is this **Saturday 21 June 10am-3pm**. It's their final Open Day of the academic year, and they would love for our students to join them! The event will take place between 10am and 3pm across all five of their campuses. It's a fantastic opportunity to learn more about their courses, meet their dedicated team of tutors, explore their facilities, and attend insightful subject talks. Find out more here

Most of the college and sixth form open events are in the Autumn Term but **Esher College** is the last one to have their open evening - Monday 30 June - they host one event a year so you can sign up now if you are in year 10: Open Events and Tours – Esher Sixth Form College Applications open on 1st July and close on 30 September 2025 for students who will start in September 2026.

Careers Opportunities

Support your child in trying out different experiences like weekend or summer jobs, internships, volunteering, or job shadowing. These opportunities provide hands-on insights into what they enjoy—or don't—and help them develop valuable transferable skills for the world of work. We want to ensure we are promoting a range of opportunities for our students to explore their career ideas. **This bulletin is produced exclusively for YOU!** And includes:
Work experience & taster sessions | Careers events & talks
University events e.g. summer schools and open days | All the latest apprenticeships

Sixth formers should be accessing this on a weekly basis and is posted on their google classrooms. Please see this week's opportunities bulletin so you can check out all the latest news: 20/06/2025 Sixth Form Careers opportunities

Celebrating the King's School Partnership

- Mr Clements

This year Grey Court has celebrated nearly 20 years of its long-standing partnership with the prestigious King's School in Wimbledon. A quirk of fate, in the form of Mr Bhumbla's paternity leave, had meant that I was tasked by Mr Rhodes with having more of an oversight in what some commentators have called "the jewel in the crown of state/private partnerships."

Indeed, when I discussed these matters in Mr Rhodes' oak-panelled office, I was struck by the esteem with which he himself held the school's relationship with Kings. Certainly, his speech had almost Churchillian overtones as he regaled me with tales of his early days at Grey Court as the school's earnest "gifted and talented" coordinator. Once a week, he would deliver a motley crew of Grey Court scholars in an old battered mini-bus to this hallowed institution. that counts Nobel prize winner Sir Edward Hamilton, the acclaimed author Hanif Kureishi and the Olympian Imani-Lara Lansiquot as some of its alumni.

Many of these students would go on to become key members of our first sixth form cohort, many more have since graduated from prestigious universities and a scattering have returned to Grey Court as LSAs or even as teachers. Such an aside, of course, allowed me to reveal that I had even been the beneficiary of an early state school partnership! Back in the years of John Major's government the School's football association appeared to have an arrangement with several notable independent institutions whereby Cup finals would be played on their grounds! I vividly remember an afternoon in early 1991 when my own school team graced the fields of Lancing college, whose gothic revival chapel cast long shadows in the late-spring sun across an immaculately manicured pitch.

Still it is clear that the public private relationship has come a long way since those halcyon days! Throughout the Autumn and Spring terms King's now send a reciprocal mini-bus of besuited sixth formers to our Clematis laden halls to coach our own students in rugby, mathematics and philosophy. What is initially striking about the arrangement is the considerable financial, organisational and cultural commitment displayed by King's in terms of sixth form numbers, teaching input and their investment in the cultural capital of our students.

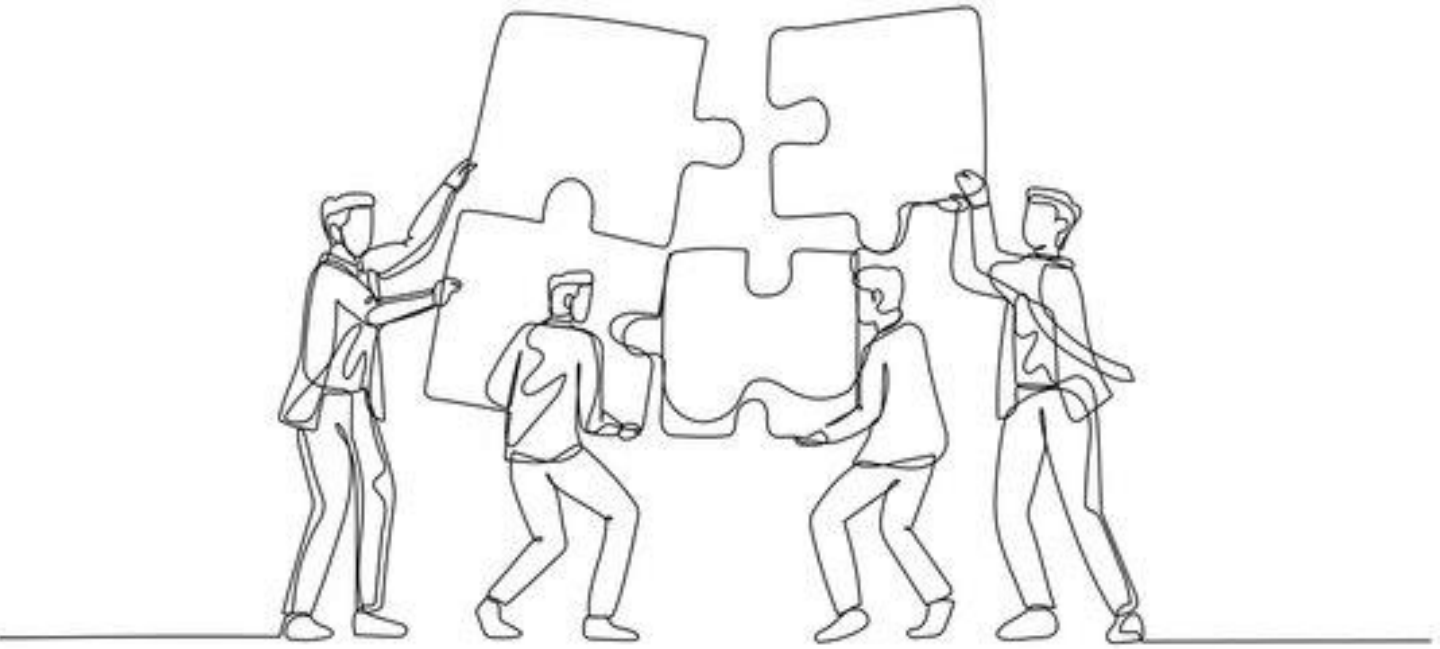
Take rugby for example, a coach alongside two sizable prop forwards will arrive each week, with some balls and a stack of Oreos to meet the needs of 20 hyper-active year 7s who have been corralled by Ms Shaw and Mr Ridley! Rugby aficionado, Teddy Button, sums up their experience perfectly, "I liked how the boys let us play loads of tag-rugby - it was so much fun and the kicking competition each week has really improved my range. I've also won more Oreos than anyone can possibly consume in a weekend!"

On a more cerebral level, a class of Camus reading year 8s have benefitted from two terms of critical thinking exercises where they have mused over a different philosophical scenario each week. Zoya Malik, a particularly thoughtful year 8, views the tuition as highly beneficial on account of her new found ability to "view a problem from several different perspectives and to work through different scenarios in order to solve it." Finally, the one-to-one mathematics tuition provided every Friday afternoon by the King's mentors has definitely all added up for Victor Shul, who praised the subject knowledge and approachability of his mentors: "they have just made maths really clear to me," was his enthusiastic response.

Alongside the human factor provided by the partnership is a programme of careers and culturally immersive activities financed by King's that has been adeptly curated by Ms Corrighan. This has included a trip to the Globe theatre to see Macbeth, subject tasters in Wimbledon in Engineering and computing, a Creative workshop on Disney's Imagineering concept and a Politics trip featuring a Q&A with an MP.

Moreover, aside from the access to keen minds and culturally significant ideas that the scheme provides, it is the reciprocality of human connections that is most striking. At Grey Court we want all of our students to develop the innate confidence to feel they can compete with their peers across both the state and private sectors.

Correspondingly, the King's programme is underpinned by a commitment to foster an ethos of social awareness and respect for difference. Watching both sets of students interact over a mathematical problem, a philosophical conundrum or a beautifully flighted rugby ball every Friday afternoon has reinforced my belief that the Grey Court King's partnership is a meeting of true minds.



Stars of the week

Year	Name	Subject	Reason
7M	Benjy Dempster	English Literature	Excellent contributions
10W	Lano Karim	English Literature	Excellent progress in the subject
11W	Miraan Jawed	English Language	Excellent progress in the subject
8B	Lili Hellmann	English Literature	Excellent engagement in class
9E	Willow Ireland	English Language	Excellent engagement in class
12B	Martha Davies	English Literature	Excellent engagement in class
7A	Kanishka Kurra	Accelerated Reader	Outstanding achievement
8C	Liya Darling	Accelerated Reader	Outstanding achievement
10E	Heidi Phillips	Creative Media	Excellent group work
12B	Abeer Anand Sahai	Creative Media	Excellent contributions

Attendance matters

9 June to 13 June

"Your time is now, don't waste it"
- Unknown

Year Group	Attendance %
Year 7	**97.1%**
Year 8	**95.9%**
Year 9	**96.6%**
Year 10	**94.9%**

Tutor Group	Attendance %
7 Beech	**100%**
8 Maple	**99.1%**
9 Cedar	**99%**
10 Rowan	**98.1%**

Clubs

Extracurricular

timetable

KS3
SPANISH&
FRENCH
CLUB
FRENCH
EVERY TUESDAY
12:30 —
1:00 PM
L7
EVERY TUESDAY
12:30 pm in L7

FOR Y10

SPANISH

GRAMMAR

GRAMMAR CLUB

Y10

EVERY TUESDAY

3:00 - 3.30

IN L7

Year 7 – Year 9

MATHEMATICS Challenge CLUB

3 – 4 Every Wednesday in M5

- Opportunity to experience Maths in a different environment!
- Work in a team to solve puzzles, riddles and challenging problems!
- Opportunity to represent Grey Court in National Competitions!
- Refreshments provided!
- Please speak to Mr Lunniss or Mr Edmonds for more information.

UKMT

United Kingdom Mathematics Trust

JACK PETCHEY FOUNDATION

COUNT ON US

Secondary Maths Challenge

In partnership with The Maths Zone

Wellbeing

2025

June

Joyful June 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Decide to look for what's good every day this month	2 Say positive things in your conversations with others	3 Re-frame a worry and try to find a helpful way to think about it	4 Take a photo of something that brings you joy and share it	5 Think of 3 things you're grateful for and write them down	6 Get out into green space and feel the joy that nature brings	7 Do something healthy which makes you feel good
8 Find joy in music: sing, play, dance, listen or share	9 Ask a friend what made them happy recently	10 Bring joy to others by doing something kind for them	11 Eat good food that makes you happy and really savour it	12 Write a gratitude letter to thank someone	13 Take a light-hearted approach. Choose to see the funny side	14 Share a happy memory with someone who means a lot to you
15 Look for something to be thankful for where you least expect it	16 Speak to others in a warm and friendly way	17 Take time to notice things that you find beautiful	18 Look for something good in a difficult situation	19 Get outside and find the joy in being active	20 Rediscover and enjoy a fun childhood activity	21 Send a positive note to a friend who needs encouragement
22 Watch something funny and enjoy how it feels to laugh	23 Create a playlist of uplifting songs to listen to	24 Bring to mind a favourite memory you feel grateful for	25 Show your appreciation to people who are helping others	26 Make time to do something playful, just for the fun of it	27 Be kind to you. Do something that brings you joy	28 Notice how positive emotions are contagious between people
29 Share a friendly smile with people you see today	30 Make a list of the joys in your life (and keep adding to it)					

ACTION FOR HAPPINESS

Happier · Kinder · Together

AfC *'Helping teens with…' series*

Self Harm and Suicidal Thoughts

This webinar is intended for parents and carers who want to learn more about how to support a young person who may be self-harming or having suicidal thoughts. It includes information on the nature and causes of self-harm, and practical ideas about how to support a young person when facing this problem and what help is available.

To book, click below
Online event: 1 July 2025 at 6pm-7.15pm
Online event: 3 July 2025 at 9am-10.15am

The webinar is 60 minutes long, with 15 minutes at the end for questions and answers. Please have a pen and paper handy.

'Helping Teens with…' series Feedback Questionnaire

The MHST are now planning the series of webinars for the next academic year. Please can you complete the **feedback questionnaire** so that they can make these are relevant as possible

Kingston and Richmond Youth Council

Crime and Safety Survey for Young People

We, the Youth Council, have been working with Kingston Safer Partnership, and Richmond Community Safety in developing our **Crime and Safety Survey for young people.**

We know that crime and safety is an important issue for young people, and we would be grateful for your help and support.

The survey is live from Tuesday 20 May until Monday 21 July

Click on the link to view a very short promotional video and you can access the survey link here or you can use the QR code on the next page.

As always, we really appreciate your support.

Thank you - Kingston and Richmond Youth Council

Kingston & Richmond Youth Council

Crime & Safety Survey

Your responses are **CRUCIAL !**

Find the survey here:

The Kingston and Richmond Youth Council have already started making a difference:

- social media campaigns
- other podcasts to reduce stigma
- surveys to investigate problems young people may face in the boroughs

Contact us at:
info@kingstonrichmondyouthcouncil.org.uk
@afc_kryouthcouncil on Instagram

LONDON BOROUGH OF RICHMOND UPON THAMES

achieving for children

ADHD Embrace™

Supporting families and professionals

News and Events

Click here to read the latest news and to book events like the one highlighted below:

Post-diagnosis session – Online

25 June 2025
7:00 PM to 9:00 PM Europe/London

Are you the parent/carer/relative of a recently diagnosed child or teenager? If so, then our Post Diagnosis workshop provides you with the opportunity to develop an understanding of ADHD, it's impact on brain function and to explore holistic approaches for managing the condition, both medical and non-medical.

Sixth Form News

Year 12

TRIAL EXAMS

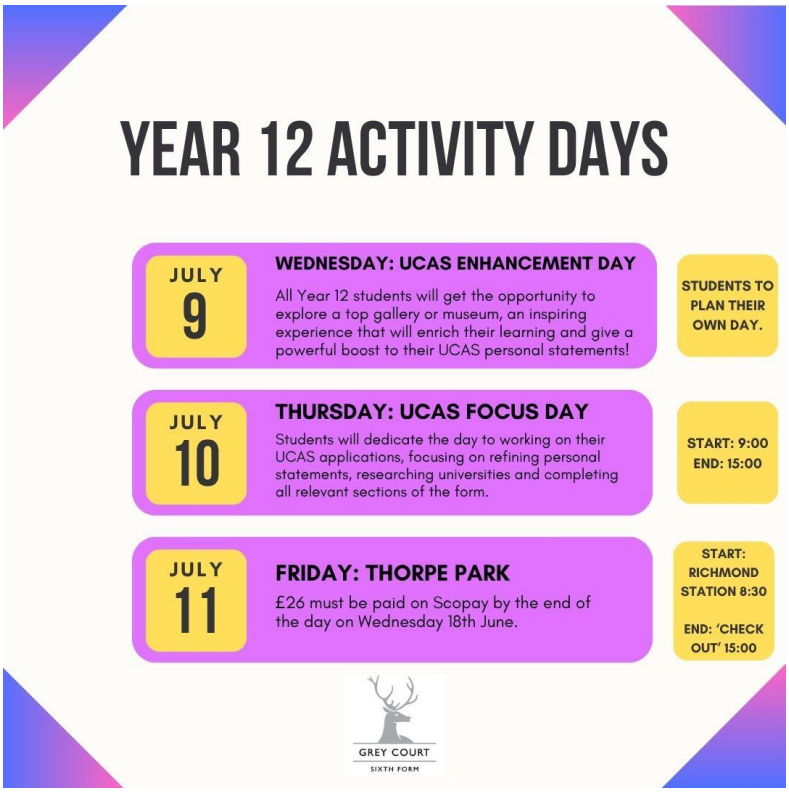
18 June - 27 June

These results will be used to give predicted grades for UCAS applications. A reminder that students will be given the grade above what they achieve in their trial exams. For example, BCC will become ABB.

Students will have a final attempt at improving their predicted grades for UCAS in September. Students are only allowed to pick one set of results, either the summer trial exams, or the September trial exams. They cannot mix and match.

Year 12 Trial exam booklet Summer 2025
Year 12 Trial Exam Timetable 2025 V2

ACTIVITY DAYS



26th May Half Term				
2nd June	3rd June	4th UCAS Discovery Day	5th June	6th June
9th June	10th June	11th June **Lower School Sports Day: day finishes end of P3.**	12th June	13th June
16th June	17th June **End of P6 WEX BRIEFING**	18th June Trial exams	19th June Trial exams	20th June Trial exams
23rd June Trial exams	24th June Trial exams	25th June Trial exams	26th June Trial exams	27th June Trial exams
30th June WEX	1st July WEX	2nd July WEX	3rd July WEX	4th July WEX
7th July	8th July **EPQ drop down day**	9th July Activity Day	10th July Activity Day	11th July Activity Day
14th July **Summer Celebration Assembly P6**	15th July	16th July **Enrichment: Sixth Form Sports Day**	17th July	**18th July Last Day! (Half Day)**

EPQ

Once exams have finished, students who want to take part in the EPQ need to ensure they have completed the initial application. This will ensure them a place on the drop down day on the 8th July.

Oxbridge

Once exams have been completed, Oxbridge students should continue to work on their personal statement redraft in preparation for the UCAS day in Activity week.

Work Experience

30 June - 4 July

We are nearly there! We had a work experience briefing this week to help students plan ahead for the week of work experience or summer schools. They have arranged some fantastic placements! It's important they really do take this seriously and prepare before they go and parents/carers can also access the information: WEX Pre briefing 2025

Students have all the information on Unifrog and parents/carers can access this as you will have been sent a permission email. Students should be contacting their placements now to say they are looking forward to the week and see if there are any last arrangements. Students will be phoned or visited by staff that week and they will complete an evaluation form.

Any students who are on the bursary should speak to Mrs McNicol about money for travel that week. You need to do that as soon as possible to get that organised.

Please speak to Ms Corrighan **bcorrighan@greycourt.org.uk** if you have any questions at all and we hope it will be a great week with lots of positive feedback.

SPORTS News

SPORTS News

Middlesex Athletics Results

What an incredible day last Saturday was! Our athletes delivered a truly mammoth performance, bringing home an impressive 10 Middlesex Champion titles along with a host of other fantastic finishes. See below for the full rundown of our Middlesex Champions and high placings:

Middlesex Champions:
• ABRAHAMS, Grindan - U15 200m
• ARCHER, Evelyn - U15 1500m
• BARIKOR, Avery - U15 800m
• CAMPBELL, Robert - U17 Hammer
• GARRARD, Tia - U17 300m and Long Jump
• GILBERT, Joshua - U15 Shot
• MCHARDY, Ifan - U15 Pole Vault
• TONG, Charlie - U17 400m
• WURSTER, Alexander - U15 Hammer

Top Finishers (2nd - 5th place):
• Tobias Cooper - 2nd in U15 Hurdles
• James Bullock - 2nd in U17 Discus
• Olivia Green - 2nd in U15 Hammer
• Sergio Ribeiro - 2nd in U15 Long Jump
• Sebastiano Beroldo - 3rd in U15 Long Jump
• Dylan Jones - 2nd in U17 Triple Jump
• Thomas Barry - 4th in U17 1500m
• Euan Roberts - 2nd in U15 1500m
• Andrew Roberts - 4th in U15 1500m
• Ektor Tsallis - 2nd in U15 Javelin
• Daisy Baxter - 4th in U15 Long Jump and 3rd in U15 100m
• Laila Talbot Smith - 5th in U15 200m
• Ruby Rock - 4th in U15 800m
• Odile Furminieux - 2nd in U17 Long Jump
• Taym Al-Rawi - 2nd in U15 300m"

Congratulations

Congratulations to Tia on her double success at the Middlesex Championships on Saturday 14 June. Tia won the U17 300m and U17 long jump

congratulations

Excellent performances by Avery and Ifan who have been crowned U15 800m and Pole Vault Middlesex champions

Congratulations

Congratulations to Robert who won the Middlesex u17 Hammer competition on Saturday 14 June

Congrats

Superb runs by Charlie and Evie on Saturday (14 June) in the Middlesex Champs. Charlie is U17 400m champion and Evie U15 1500m champion

Congrats

Superb performances by Joshua and Alex who won the Middlesex U15 Shot and Hammer on Saturday 14 June.

Well done

Well done to Tobias and James who both finished 2nd in the Middlesex Championships. Tobias was runner up in the U15 hurdles and James in the U17 Discus.

Year 7 Winners

Borough Athletics

Year 7+8 Winners

Borough Athletics

GC
GREY COURT
SCHOOL
GC
GC

Year 9 Winners

Borough Athletics

Year 9 Winners

Borough Athletics

Year 10 Winners

Borough Athletics

Year 10 Winners

Borough Athletics

U13 rounders

Wins for our U13 rounders and u15 cricketers!
Well done, all!

U15 cricketers

congratulations

Congratulations to **Lucas Galant Draysey** for his outstanding performance at the South East London Regional Championships, held from 26 April to 5 May

Gold in the 400m Freestyle with a lifetime best of 4:05.74 — the fastest time of the entire Championships

Silver in the 800m Freestyle, clocking a personal best of 8:43.50

Silver in the 200m Freestyle with a PB of 1:54.58, making him the fastest in his age group and narrowly missing out to a 19-year-old

Bronze in the 4x200m Freestyle Relay.

Lucas has qualified for the British Nationals (Aquatics GB Next Gen Championships) from 19-25 July, and for the English Nationals (National Summer Meet) from 29 July-3 August, in the following events:

•50m Freestyle – 25.39s
•100m Freestyle – 54.45s
•1500m Freestyle – 17:23.64

Well done, Lucas — a fantastic set of results and an exciting summer ahead!

Rowing

Sofia Evans

Congratulations to **Sofia Evans** who continues to excel with Walbrook Rowing Club in Teddington. Since joining the club last September, she's been training regularly as part of the J14 girls coxed quad (WJ14 4+), and the crew has had an absolutely phenomenal season.

Sofia rows in seat 2, which is part of what's called the "engine room" (seats 2 and 3). These are the power seats — strong rowers who provide the bulk of the boat's strength and drive. They don't need to steer or set the rhythm, so their job is to focus purely on power and consistency. It's a demanding role, and she's stepped up to it brilliantly.

The squad has won every local, regional, and national event they've entered this year — both head races and regattas — making them arguably the top J14 girls' crew in the country at the moment. Their wins include the most

Elston
NATIONAL SCHOOLS REGATTA
HUDSON
SPORTING ELITE USA
ALLMARKONE

competitive junior rowing events in the UK:

- **Junior Sculling Head** (The Scullery)
- **Junior Sculling Regatta**
- **National Schools' Regatta** – racing against the top rowing schools and clubs
- **Junior Inter-Regional Regatta (JIRR)** – where they were selected to represent the Thames West region and won their event

There is one more major event this season: the **British Rowing Junior Championships** (18–21 July), which the crew is now training hard for — currently 5 to 6 sessions per week — with the goal of finishing their season on a high. If successful, they'll have gone undefeated throughout the 2024/25 year, which is an extraordinary achievement at any level.

In addition to quads, Sofia has also dipped her toes into racing **doubles** this season, and with equal success — winning both of the events she's entered in this category as well.

Well done, Sofia!

Player Month

Olivia Green

Olivia Green has earned this month's player of the month title for her outstanding achievements in athletics.

A dedicated hammer thrower and hurdler, Olivia continues to impress with her strength, speed, and unwavering commitment. At the English Schools Track and Field Cup Round 1, she delivered an excellent performance—throwing an impressive 34 meters in the hammer throw and clocking a swift 12.9 seconds in the hurdles.

Olivia also performed well at the Essex's Cup in the Hurdles and Shot. Her hard work and determination shine through in every training session and competition, and we're excited to see how she continues to progress throughout the season.

Well done, Olivia!

Wai Sze Shum Month

Congratulations to **Wai Sze Shum** who is our Scholar of the Month for May.

Wai Sze is a fantastic example of what our Scholarship programme is all about; she's dedicated, a true leader, and of course, talented. Her sporting talents spread across many different sports - most notably her aptitude for long distance running where she has performed for the school in many Cross Country and Athletics events across the year.

Wai Sze also has a talent for tennis and she is currently our #1 seed in our Year 7 Squad and produces good performances consistently in her matches.

Most of all, Wai Sze has a fantastic work ethic and is always a joy to teach. Her engagement with teachers and her collaboration with other students is something she should be very proud of.

Well done Wai Sze!

U19 Mixed Floor & Vault Regional Champions

Team of the Month

The U19 Mixed Floor and Vault Regional Champions travelled to Stoke-on-Trent to compete in the National Finals against schools from across the country. On Sunday morning, we headed over to Fenton Manor to watch the early session and support our competitors. The U19 team competed in the afternoon. James, Will, Lily, and Frankie took to the floor, performing outstanding routines. James, Will, Lily, Frankie, and Max all competed on the vault, each scoring over 14.9 out of 16. Lily and Shakur were fantastic cheerleaders and photographers throughout the weekend. Unfortunately, Lily C was unable to compete on the day due to an ongoing injury.

The team placed ***3rd in the country*** in the U19 Mixed category. It has been fantastic to get our Sixth Formers involved with the elite gymnastics teams and competitions this year—we hope this continues.

Mazhar Yahsi

Mayer of the Month

Since returning from the Easter break, **Mazhar Yahsi** has truly hit the ground running with his achievements in athletics. Identified in the first week as a very able athlete, he has embraced every opportunity with enthusiasm, energy, and a willingness to push himself to try new athletics events and get better at every opportunity.

Mazhar has shown exceptional promise in the field events, launching the discus a long way before moving on to what has proved to be his best event so far, the javelin, where he continues to shine in training and competition. Mazhar even asked if he could have a go at HJ at training and flew over 1.30m with ease with his first ever jump - that proves he is a talented all-rounder and has great potential to one day be a multi-event athlete.

Mazhar threw a fantastic 24.96m in the Javelin and ran a brilliant leg in the relay at the first round of the ESAA at Lee Valley, to build on his 21.10m in Chelmsford and 14.08 in the 100m at the St Benedict's event. Despite being given the afternoon off training the following day after the ESAA competition, Mazhar chose to be back out on the field, spikes on and javelin in hand, working to better his personal best. His commitment to improve and excellent work ethic will serve him well in future competitions. Well done so far, Mazhar - keep working hard, you're just getting started!

Alex Vermeulen Scholar Month

Alex Vermeulen has had an impressive month, showcasing his athletic abilities in both cricket and football. His dedication and consistent performance have made him a valuable player in multiple sports.

In cricket, Alex has represented both the U13s and U15s teams, demonstrating his versatility and skill. He has consistently contributed by scoring runs and taking wickets, playing a crucial role in the team's success. A highlight of his month was achieving a hat trick against St James Senior Boys School, an outstanding achievement that reflects his hard work and talent.

Alex has also excelled in football, particularly during the Butlins Football Tour. In the final match of the tournament, he scored a remarkable half-volley goal from the edge of the box, finishing the tournament on a high note for his team.

In addition to his sporting success, Alex has maintained a positive attitude and strong work ethic in his Scholar lessons. His commitment to both academics and athletics sets an excellent example for his peers.

Well done, Alex, on being named this month's Scholar of the Month! Your achievements are truly commendable.

ESSA Junior + Intermediate Teams

The team of the month for May is awarded to both our **Junior and Intermediate ESAA athletics teams**.

They were both victorious in the Middlesex first round at Lee Valley On Tuesday 13 May.

The Junior team finished with 418 points with Zach S winning his 100m and long jump. Lucas S won his 300m in 41.4 seconds and Liam E Hagger won his 1500m in 4:49.4.

The Inter boys team scored 491 points and were108 points clear of 2nd place. Some of the outstanding performers were: Grindan 22.1, for the 200m, James B, 37.5 for the 300m, Robert C, 41.28m in the hammer and Ifan M, 2m 50 in the pole vault.

Both teams have now qualified for the Regional Finals in June.

Well done!

What's happening ...

In the 'hood

Saturday 21 June

From 9am-12pm or until skip is full (whichever comes first)

Down Road, Teddington

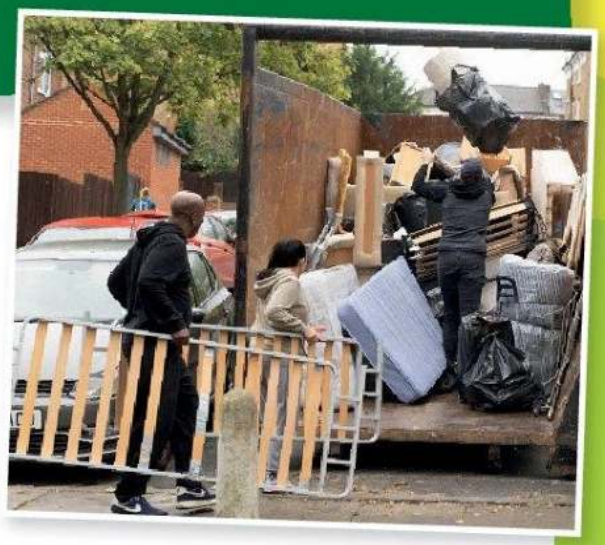
(adjacent to St Mark's Church)

MEGA SKIP DAY

Get rid of your unwanted items for FREE

LONDON BOROUGH OF RICHMOND UPON THAMES

Usually there is a charge for bulky waste collections. On 21 June, there will be a free Council mega skip near you.



How the mega skip works:

- Max six items per household
- Come early! Skip available until it's full or 12 noon, whichever comes first
- We recycle items collected
- Skips only for Richmond upon Thames residents. Please bring proof of residency (e.g. driving licence or utility bill).

We won't accept

- ✗ building rubble
- ✗ paint and dangerous chemicals
- ✗ weapons

We accept

- ✓ furniture
- ✓ smaller electrical appliances
- ✓ black bags (1 bag = 1 item)

Read the full list of what we do and do not accept on our website.

Come down to chat

We'll have people there to talk about tips on recycling and the Richmond Furniture Scheme's work to upcycle unwanted items and distribute back into the community.

Give your items a new home

Could your unwanted items be repaired or donated to a new home? Scan the QR code to find convenient ways to do both.

Our partners

- Richmond Furniture Scheme
- RHP

Find out where you can donate, share or repair your items locally and sign up to news alerts:
www.richmond.gov.uk/mega_skip_days

CLIMATE ACTION Richmond

Designed and produced by Richmond and Wandsworth Design & Print. wdp@wandsworth.gov.uk TC/93776.25 21 June
Photo credit: boschettophotography and Grassetto

RUSSELL ROCKS SUMMER FESTIVAL

FRIDAY 27TH JUNE
5PM - 8PM

BEER, WINE AND COCKTAILS

HOTDOGS, SNACKS AND ICE LOLLIES

SUMMER FAIR GAMES AND FACE PAINTING
(CASH ONLY)

ENTRY:
ADULTS £12
KIDS £6
FAMILY TICKET
(2 ADULTS + KIDS) £29

TICKETS INCLUDES INCLUDES FOOD FROM DIBA PERSIAN RESTAURANT (VEGGIE OPTION AVAILBLE)

ENJOY THE SUMMERTIME VIBES AT THE RUSSELL SCHOOL ANNUAL MUSIC FESTIVAL PERFORMANCES BY STUDENTS WITH SUPPORT FROM PARENT BAND, HAM RADIO

BUY TICKETS HERE:

HappyKids DENTAL
use code **SCHOOL50** for 50% off first consultation

gibson lane

RTT x BalletBoyz Presents

CONNECT, COMMUNICATE, CREATE.

B

SPOKEN WORD - MOVEMENT - THEATE

FOR BOYS WHO:

Are aged 11-14 and would like to socialise and connect with others and themselves, through movement and physical expression.

At the end of the project, participants will perform on stage at Richmond Theatre and get an opportunity to watch one of our shows for free.

Sign Up Here:

If you have any questions, please email Richmond Theatre's Creative Learning Producer

richmondcreativelearning@atgentertainment.com

ATG Creative Learning

richmond theatre trust

LOCATION:
RICHMOND THEATRE &
BALLETBOYZ STUDIO

MON 28 JUL - FRI 1 AUG

Richmond Rugby

INTRODUCTION TO GIRLS RUGBY

SUNDAY 29 JUNE 2025 | RICHMOND ATHLETIC GROUND

Designed as the perfect introduction to the world of rugby, this taster day invites girls aged U12 to U18 to step onto the pitch, develop new skills, hear from the women who play, and discover what makes Richmond Rugby so special.

SCHEDULE

10:00

Complimentary Refreshments

10:15 - 10:55

Welcome talk from Deborah Griffin OBE, first female and next President of the RFU

Followed by presentation on:

1. The opportunities rugby leads to in sport
2. Richmond's community spirit and how to get involved
3. The importance of Player safety, health and wellbeing

Book signing with Jessica Hayden, author of "The Red Roses: Behind the Scenes with the England Women's Rugby Team"

11:00 - 12:15

Skills rotation delivered by England International legends Fiona Pocock and Abi Chamberlain

12:15 - 13:00

Bar open for refreshments

SCAN TO SIGN UP

METROPOLITAN POLICE

MORE TRUST | LESS CRIME | HIGH STANDARDS

MET ENGAGE

Community crime-fighting

Sign up now to tell us what matters most to you.

MET ENGAGE

Community crime-fighting

METROPOLITAN POLICE

We're transforming the Met to become a service that truly delivers for you.

Through our new platform Met Engage you can get to know your local officers, help shape how we police your local area and have direct access to key information and advice.

This isn't just a platform for us to tell you what we're doing in your area, it's an opportunity for you to tell us what's concerning you most so we can take action on the things that truly matter to you.

Our service will be tailored to your community.

Sign up today to tell us about the issues affecting you most, receive tailored crime prevention advice and updates on our activity in your area.

metengage.co.uk

The Strength School

Our club structure includes a mix of fun individual and group exercises and challenges designed to not just develop strength, motor skills and athleticism but also maximise continued participation and enjoyment within sport and exercise.

You can check out more at the link below:
https://fmfitnessclub.com/strengthschool

If you are interested in signing up for the next block of The Strength Club at Grey Court School then please click the link below to register your space before we get fully booked.

If you have any further questions about the club please feel free to email Freddie on
freddie@fmfitnessclub.com

The Strength School Mission
To help reduce the growing obesity and declining activity levels of kids within the UK, by building confidence with movement patterns, educating them how to improve their understanding of strength, health & fitness and inspiring them to maintain an active life as they get older.

RICHMOND
CANOE CLUB

Discover the Joy of Paddling with Richmond Canoe Club

Richmond Canoe Club offers an exciting and supportive environment for juniors to get active on the water, build confidence, and learn new skills. With expert coaching, a strong focus on safety, and a friendly team spirit, our **after-school paddling sessions** and **summer paddle camps** are perfect for young people looking to try something different and fun. Whether your child is a complete beginner or already loves the outdoors, they'll find a place to thrive at the club.

Find out more and sign up here: richmondcanoeclub.com/novices/juniors

BRENTFORD COMMUNITY BOAT HOUSE

2025 SUMMER EVENTS
JOIN US ON THE WATER

24th May – Big Paddle Clean Up

Join us for a volunteer-led event with London Kayak School to clean up our rivers and riverbanks. Open to all ages – a great way to help protect the environment and this beautiful blue space!

21st June – Brentford Canal Festival

Celebrate with a free opportunity to try boating and paddling on the river Thames and the River Brent!

28th June – Brentford Sprints Regatta

Come and enjoy this fun racing event for local children on the River Thames with a BBQ and stalls!

5th July – Cornish Gig Open Day

Come down and try rowing a traditional Cornish gig boat! Hosted by West London Gig Club.

23rd August – Sponsored Row

Join in with our sponsored row to Kingston to raise funds for our new Community Boat House!

20th September – The Great River Race & Open Season Celebration

Support our teams in the Great River Race and celebrate the start of the 2025/26 boating season at Ferry Wharf

FOR MORE INFORMATION AND TO WAYS GET INVOLVED VISIT

https://bcbh.org.uk/

JUNIOR HOLIDAY ROWING CAMPS

2025

BRENTFORD, WEST LONDON

BEGINNERS, INTERMEDIATE AND ADVANCED

BOOK NOW

- MAY 1/2 TERM CAMP
- SUMMER HOLIDAY CAMPS
- PROFESSIONAL COACHING FOR KIDS AGED 11-18
- 10:00-15:00 EACH DAY
- 4 DAY CAMPS- £250
  5 DAY CAMP- £300
- SUBSIDISED PLACES AVAILABLE SUBJECT TO ELIGIBILITY

07472457799

WWW.TEAMKEANE.COM

ROWING@TEAMKEANE.COM

SCAN HERE TO BOOK

BRENTFORD COMMUNITY
BOAT HOUSE

May 1/2 Term Camp
Summer Holiday Camps

Half Term Paddlesports Camps

Brentford, West London

Professional coaching
For kids aged 10-18

10:00-12:00 &
13:00-15:00
each day

£10 per 2hr
session

07472457799

WWW.BCBH.ORG.UK

MIRANDA@TEAMKEANE.COM

Scan Code to Book

Subsidised Places Available
Subject to Eligibility

Supported through

The Health Lottery

people's health trust

London Borough of Hounslow

PADDLE UK

NETBALL COACH UK

RICHMOND NETBALL ACADEMY

Weekly sessions in term time

Qualified coaches

Confidence building

Indoor & outdoor venue

Netball Coach UK Academies provide a structured netball coaching programme, delivered over 10 weeks. Led by experienced coaches, NCUK Academies develop junior players' skills, game sense and confidence to strengthen their netball knowledge and ability at school and club.

GREY COURT SCHOOL,
HAM,
RICHMOND UPON THAMES,
TW10 7HN

TUESDAY
5.00-6.00: SCHOOL YEARS 3-5
6.00-7.00: SCHOOL YEARS 6-9

BOOK AT:

www.netballcoachuk.com

NETBALL COACH UK

RICHMOND NETBALL CAMP

Open to players of all abilities

Qualified coaches

Fun and friendly

Outdoor venue

MAY HALF TERM
THURSDAY 29TH & FRIDAY 30TH MAY

SUMMER CAMP
24TH, 25TH, 28TH, 29TH, 30TH JULY

PRE-SEASON CAMP
MONDAY 26TH & TUESDAY 27TH AUGUST

GREY COURT SCHOOL, TW10 7HN

9.00AM - 12NOON
SCHOOL YEARS 3-10

www.netballcoachuk.com/camps

Elizabeth Samuels
Drama School

LAMDA CLASSES

AT GREY COURT SCHOOL EVERY SATURDAY MORNING 9.30AM - 11AM.

- Improve speech, performance and confidence skills
- Boosts reading, vocabulary and social skills
- Progress towards an end of year exam!

"My daughters have gained tremendous confidence thanks to the LAMDA lessons organised by Elizabeth Samuels Drama School. Working towards an exam has taught them that preparation is key and given them the responsibility to own their achievements. Couldn't be happier with this valuable course. Thank you again!"
Celine (parent)

Visit www.elizabethsamuelsdrama.com/grey-court-richmond or contact info@elizabethsamuelsdrama.com to book a trial class!

NEW SCHOOL

STAGECOACH RICHMOND

Venue: Grey Court School
Ham Street Ham Richmond
Upon Thames TW10 7HN.

Giving children and young people the Creative Courage to stand up on stage and stand up for others for over 35 years.

ENROL TODAY

stagecoach.co.uk/richmond

07824 999414

richmond@stagecoach.co.uk

STAGE COACH

TRAFALGAR ENTERTAINMENT

Stagecoach Performing Arts schools are operated under franchise and are independently owned by their Principals. Stagecoach and Creative Courage For Life are registered trademarks of Stagecoach Performing Arts Limited.

GIRLS GROUP

HAM YOUTH CLUB

Where young women get Ham Youth Centre to themselves!
Come and try new activities, make friends and have fun.
Art, sports, cooking, discussions, fashion, media,
trips, and loads more.

We will also be doing lots to support your emotional wellbeing.

EVERY MONDAY

STARTS AT 3PM - 6PM
HAM YOUTH CENTRE, HAM CLOSE, TW10 7PI

YOUTH CLUB FOR YOUNG WOMEN 11+

An open – minded safe space

achieving for children

For more details contact:
Ben Skelton
E: Ben.skelton@achievingforchildren.org.uk
T: 020 8288 0916

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COME FOR THE POLO
STAY FOR THE PARTY

CHAMPAGNE · CHUKKAS · CELEBRATION

AMERICAN BBQ | POP-UP BARS | LIVE MUSIC | CLASSIC CARS | SHOPPING VILLAGE | PERFORMING ACTS | DJ SETS | PONY RIDES | FACE PAINTING

This is the summer social you won't want to miss!

LEARN MORE & BOOK NOW

WWW.HAMPOLOCLUB.COM

Get ready for

THE MAGIC OF MARZAMEMI

MARZAMEMI FESTIVAL

A slice of Italy brought to Richmond with live music & DJs, Italian banquets & food stalls, curated design & shopping and plenty of FREE fun for the kids.

5th - 6th JULY
Old Deer Park

MUSIC LINE UP

Italian Radio Society
Mr Ben
Super K
Emily Rawson
Leo SAX
Gracie
Molto Soul Duo
DJ Fabrizia
Roberta Cutolo

Pasta Evangelists
Napoli on the Road
Arancino of Sicily
Dolce VyTA
The Oyster Society
Cento Uno
Sicilian Pride
Crazy for Pasta
Etna Coffee
Indegno
Fredo's Frose
Bricco Bacco

CHEF STAGE

Giuseppe Federici
Francesco Mattana
John Alberti
Matteo Manzotti
Bray Cured

PASTA EVANGELISTS

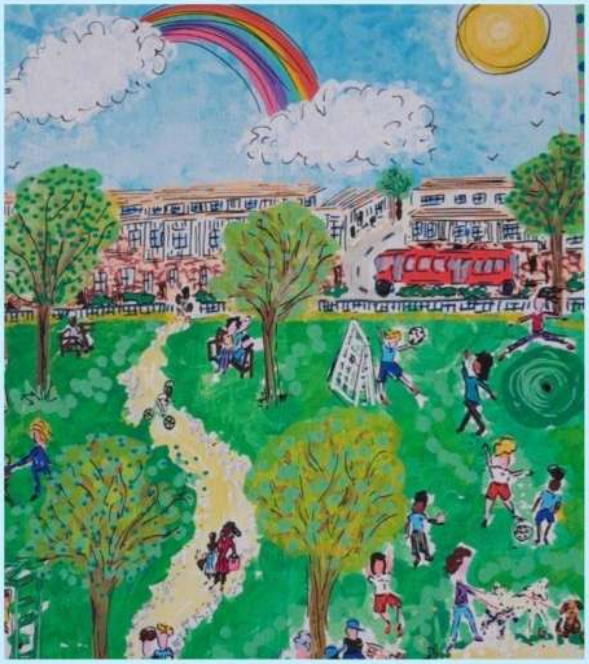
Dolce VyTA

Napoli ON THE ROAD

London ONE RADIO

LATCHMERE REC
Art Competition

FoLaR
Friends of Latchmere Recreation Ground



FoLaR
Friends of Latchmere Recreation Ground

WHAT YOU NEED TO DO

Produce an A4 piece of artwork (portrait – tall not wide) inspired by your visits to the Rec.

HOW TO ENTER

Write your name, contact number and age (if under 18) on the reverse of the poster.
If under 16, please provide the name and contact phone number of parent/guardian.

WHERE TO DROP OFF YOUR ENTRY

Tandems Café on the Rec

CLOSING DATE

7 July 2025

PRIZES

For under 7s, 8-12, 13-17, Adults
Your artwork with your name printed on the top will be displayed behind the Magic Door on the Rec by Tandems Café and on our web/social media sites.
Prizes donated by Parade's End Books and Folar.
Winners announced at 'Music on the Rec' on 12 July 2025.

MUSIC ON THE REC

FoLaR
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LOCAL MUSICIANS

Sign up to play at MUSIC ON THE REC

All ages welcome (speakers, mics and drums on site)

5 JULY 2025

12 JULY 2025

Contact:
hello.folar@gmail.com

Sponsored by

gibson lane

FoLaR
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THE ROYAL BOROUGH OF KINGSTON UPON THAMES

FAMILY FUN & GAMES

VOLUNTEERS NEEDED!

FREE Family Games on the Rec
Every Saturday
14 June – 13 September
2–4pm

We're looking for enthusiastic adults and students (15+) to help run these fun, free sessions for local families

✓Equipment and training provided
✓Flexible – just 2 or 3 sessions

Join our fantastic team of volunteers and make a difference to Latchmere Recreation Ground this summer!

Interested? Email us at:
hello.folar@gmail.com

Earthwise summer youth programme

A **free** week-long programme exploring the importance of our planet's precious biodiversity and what can be done to protect it.

If you're aged **14–17**, join young people from across London for a unique opportunity to **conduct your own research** using the 'living laboratories' of Kew Gardens, **be inspired** by our world-leading experts, and learn what is being done to **prevent extinction.**

Dates for Earthwise 2025
4–8 August
11–15 August

For more information, visit **kew.org/earthwise** or contact **youth@kew.org**.

The deadline for applications is **2 June 2025**.

GIRLS GOLF ROCKS

LEARN TO PLAY GOLF IN A WAY THAT ROCKS

- £45 for six hours of activity
- No equipment required
- No experience necessary

Open to all girls aged 7-17

STRAWBERRY HILL GOLF CLUB (TW2 5SD)
www.shgolf.co.uk

All Day Camp One:
Friday 8th August
at 9:30am - 4:30pm
(for ages 7-14)

All Day Camp Two:
Thursday 14th August
at 9:30am - 4:30pm
(for ages 10-17)

BOOK NOW!

www.rocksandrookies.played.co/programmes/girls-golf-rocks

RESPECT IN GOLF

ENGLAND GOLF

Dreamcatcher Film Camp
PRESENTS

16TH ANNUAL

Film Making Camp

Twickenham 2025
Camps run Monday to Friday July to September

Make a Film In 5 Days

- Storytelling, Scripting.
- Shooting.
- Directing, Presenting.
- Sound.
- Lighting, Set Dressing.
- Editing

SCRIPTING

Students will learn to take a story from initial idea, through treatment and step outline, to a finished script for their final film. Story structure, plot outline, character development, tension, conflict building and resolution will be explored as they are used in filmmaking.

SHOOTING

Students shoot with digital HD cameras and equipment used during the week includes, but is not limited to Camera Jibs, Tripods, 3 Axis Digital Gimbals, Boom Poles, Wireless Mics, Steadicam etc., and play each of the working roles in a short Tv/film production.

DIRECTING

Students will be introduced to the language and practice of filmmaking. They will discuss shooting plans for their film. Students will find that directing the camera concerns more than just where to place the camera. Through hands-on demonstrations, they will learn how camera movement, visual arrangement and editing patterns not only depict the action but also express the underlying drama.

DREAMCATCHER FILM CAMP

www.dreamcatcherfilmcamp.com

Contact@dreamcatcherfilmcamp.com

St Mary's University
Waldegrave Road
Twickenham
TW1 4SX
www.dreamcatcherfilmcamp.com

Pre-season training begins:
Wednesday 2nd July 6.30pm - 8pm
LIARFC, Hazelwood Drive,
TW16 6QU

LONDON IRISH
Under 14s (2025-26)

Pre-season training open to all local players...for **free!**

Pre-season begins!

- **July** - every Wed evening
- **Aug** - every Wed and Sun
- Progress from base fitness & games through to more Rugby specific as we prepare for the season ahead

A bit about London Irish

- Club for all with vibrant atmosphere
- Tours, Social events, Charity events
- A team play Surrey league 1
- B team play Surrey league 5

Contact us to register interest

Matthew Keen (Head Coach)
mkeen518@gmail.com
07725 337 138