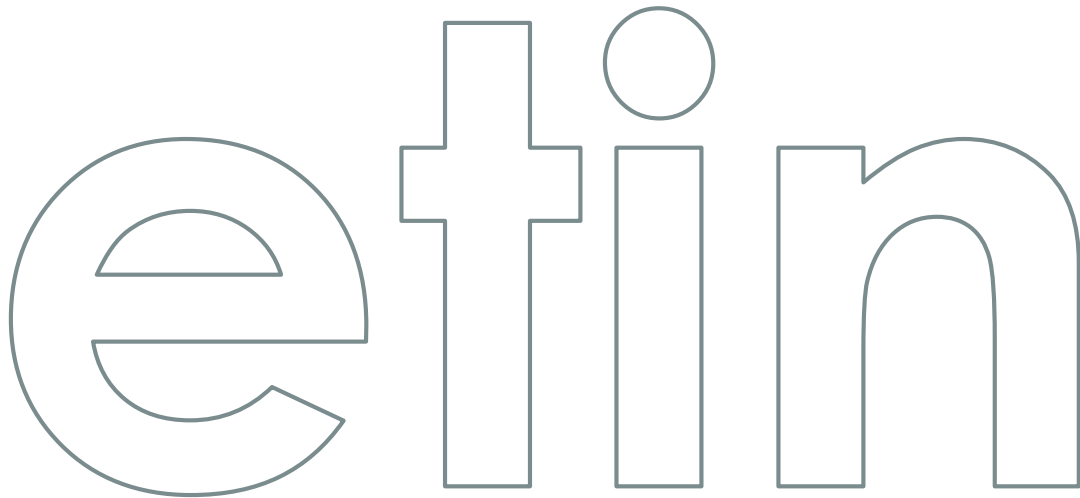




# eBulletin

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**Grey Court School | 27 June 2025**

*"...a school where all pupils flourish" - Ofsted 2024*



**Cover photo:** Grey Court Staff preparing for their football challenge

#KeepInTouch

[24-25 Term Dates](#)

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[Education Fund](#)

[ScoPay](#)

[Weekly Menus](#)



Grey Court JustGiving QR Code

**The Uniform Shop**

**Thursdays 3:15-4pm**

**Contact:  
sniss@greycourt.org.uk**

# Grey Court Staff Football Marathon for Tackle Africa

Could you play a full 90? How about a full 720?

On July 19, six Grey Court teachers are kitting up for the Brighton Football Marathon to raise money for Tackle Africa. The 6-a-side tournament, in the gruelling Sussex summer sunshine, is a whopping 12-hours long with no breaks. While teachers across the country are putting their feet up on the first day of summer, we will be lacing our boots, kicking off at 7am and playing until 7pm.

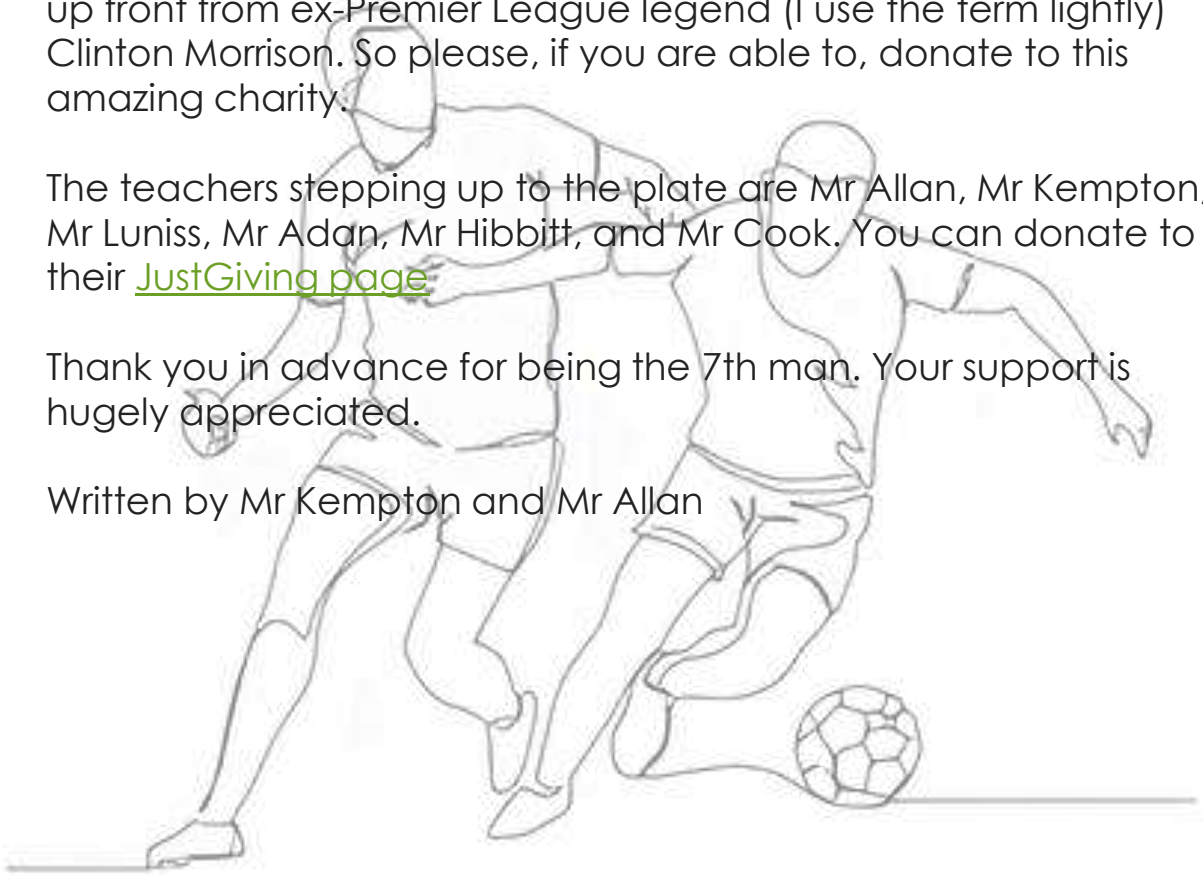
We're doing this for an incredible cause at an event that raised more than £45,000 last year to help young lives in sub-Saharan Africa. The charity, Tackle, delivers HIV and Sexual and Reproductive Health and Rights services to young people on football pitches across the continent.

If we manage to raise enough money for the charity, the organisers of the event will provide bonuses to help us out along the way, including a team physio, energy drinks and even a stint up front from ex-Premier League legend (I use the term lightly) Clinton Morrison. So please, if you are able to, donate to this amazing charity.

The teachers stepping up to the plate are Mr Allan, Mr Kempton, Mr Luniss, Mr Adan, Mr Hibbitt, and Mr Cook. You can donate to their [JustGiving page](#)

Thank you in advance for being the 7th man. Your support is hugely appreciated.

Written by Mr Kempton and Mr Allan





## Liberal midsummer extravaganza is blessed with a touch of Frost

- Mr Clements

As part of my elevated position as Deputy Head Teacher I was tasked with accompanying Sarah Olney, the Liberal MP for Richmond Park to our wonderful Mid-Summer's multicultural event on Wednesday.

Organised by the inspirational Ms Nair, (our EAL lead) a member of staff whose skillset, is perhaps underrated (she was a notable documentary film maker prior to her time at Grey Court), the evening was a celebration of Ham's diversity in terms of the migrations of its people, plants and creatures over the centuries. Entitled, rather poetically " a bend in the river," I would describe it as a cross between a courtly masque, a community fayre and the Jaipur literary festival!

In her capacity as MP for Richmond Park, Ms Olney has been a visitor to our environs many times over the years, most recently at the election hustings we held last June. On this occasion Ms Olney performed with the understated sense of confidence and clarity that has characterised her career to date.

The evening commenced with a gentle stroll down Ham avenue to the gates of Ham house where I was informed the masque would begin with a performance by the Russell school choir. I had been informed that the schedule would be slightly more free form after this point as "children would jump out from behind trees and provide performances that I was to interpret." This duly occurred, as Grey Court VPA students provided a series of vignettes about enslaved people, butterflies and migrant integration into the area, as a crowd of onlookers applauded, whilst dodging local joggers and parents from the German school hurrying home on cargo bikes!

We then proceeded to journey into the environs of the school and watched a series of ecologically themed documentaries that ranged from the work of Ham lands volunteers to the preservation of the "little owl's" habitat (and mating call) within the school's grounds. These shorts were interspersed with community related oral histories that included the journey of a Myanmarese refugee to the haven that is Grey Court and school front desk matriarch's, Ms Saunders, photo album of Ham post war Ham highlights!

Ms Olney, who had earlier in the day tabled a question in Parliament, regarding the funding shortfall for local services in Kingston and Richmond, and has been a keen advocate for community cohesion over the years, was suitably impressed. Indeed, Ms Olney revealed that she had links to Grey Court via one of her young speech writers whose team was terrorised by a certain Declan Rice, when he played in the local school leagues!

Having discussed the art of speech writing and her experiences of having to juggle support for her children's education with the considerable responsibilities of being a working MP, we then indulged in the highlight of any multi-cultural festival: the home cooked food which had been charitably provided by local staff and parents. My own eternal thanks go out to Fadosa and Nadira, our baristas for saving me a sizable portion of their specialty Somali green spiced curry! After a photocall with Mr Rhodes, Ms Olney returned home to look after her own children!

For my part, I was left to discuss semantics with Penelope Frost, Richmond's excellent mayor, who had also graced our event with her presence. When I enquired about the form of address that was appropriate for a Mayor, she informed me that it should be: "Madame Mayor" or "her worshipful, the Mayor of Richmond Upon Thames counsellor Penny Frost."

Suitably educated, and inspired by Ms Nair's wonderful event, I have tabled a motion that all SLT in need of assistance in relation to the school's timetable should now greet Ms Price with the denominator: "her worshipful timetabler extraordinaire, the honourable Vicki Price." I will now hide in a bend in the river as I wait for her response!



M  
K S 3 + K S 4  
G  
W  
S

# Year 7

Mr Ridley

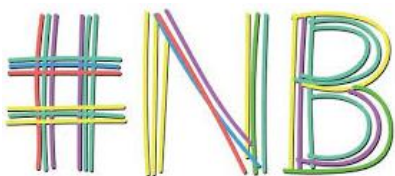
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In what has been another jam-packed week, we have enjoyed the more relaxed uniform rules due to the weather, which is due to continue next week too! Students need to have their water bottles on them and sun cream applied each day.

We had a group of 20 students who went on a Beautiful Minds trip run by Achieving for Children, to experience some new activities and they threw themselves into Skateboarding and Rock Climbing and also took part in a Mental Health awareness workshop, where they were taught how to help friends that might need some support. Thank you to AFC, Mrs Shore and Mr Kisby for facilitating the trip.

We also had an impressive amount of our VPA scholars taking part in our Multicultural evening. The event was an amazing success and I hope all that attended thoroughly enjoyed the food, activities and atmosphere of the celebration.

One item to mention is the issues surrounding the green opposite Grey Court after school. We are seeing extremely large groups of Year 7 students congregating together and this has led to a rise in anti-social behaviour and other incidents. I would encourage parents and students to ensure they are moving on from the green and not getting caught up with any poor choices that are being made.



If your child is attending an appointment during the school day, please remind them to hand their phone to Miss Innocent in Attendance on the morning of the day of their appointment. Alternatively, phones may be left at home.

# Y7

## Year 7 Trip to Heatham House









# Year 8

Ms Saccheri

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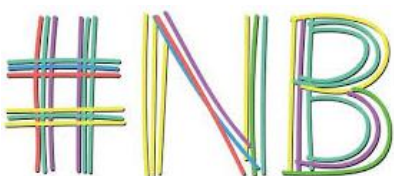
Thank you for your time attending Parents' Evening this week. If you have any follow-up questions or didn't get a chance to raise something, please don't hesitate to get in touch with the relevant subject teachers.

This week's assembly was delivered by Mr Holt, who shared insights into the role of the Armed Forces. He spoke about what military life can involve day-to-day and offered a fascinating glimpse into his own experiences in the Navy.

Year 8 continue to shine in sport, with several students earning medals at the Youth Games event over the weekend- fantastic effort and congratulations to everyone who took part! In other sporting news, we are extremely proud to hear that Mai L has been selected to represent GB at a gymnastics event in Switzerland later on this year.

Congratulations to those who competed in the South West London STEM Challenge Day- especially Charlotte C and Jasmine H for winning the event and progressing to the finals next year! A brilliant achievement.

And finally, a big well done to Harriet B and Jaden J, who led the way in the Achievement Points Challenge this week. With our final celebration assembly just around the corner, now's the time for everyone to push that little bit further to earn those top awards.



A reminder to all parents that the year 8 HPV vaccinations will take place on Thursday 3 July.



# Thames Water Interschool Debate Competition

On Friday 20 June, a group of intrepid year 8s blew the competition out of the water at the Thames Water interschool debate competition held at Kingston Hill University campus. The whole oracy voyage started in March when a group of year 8 students took part in three whole day training sessions to develop their debating skills. They were able to keep their heads above water and impressed both the trainers from Debate Mate and the representatives from Thames Water. Their focus was the development plan for Teddington Lock, giving the whole process an important local focus. After their impressive presentations in the workshops, they headed to the interschool event with some confidence in their abilities. The competition was fierce but our team weathered the storm: out treading the opposition and delivering a devastating closing summary - literally taking the wind out of the opposing team's sails! The judges were impressed with the way our students used the information, highlighting cost-effectiveness and the level of disruption to the local area: this turned the tide in our favour. We cruised back to HQ with medals, a gold cup and a reservoir of quiet confidence.

- Ms Fincham and Mr Johnson



"In one drop of water  
are found all the secrets  
of the oceans."

- Kahlil Gibran



# STEM



## South West London STEM Challenge Day

On Tuesday, twelve year 8 students participated in the South West London Stem Challenge Day. They were all paired with students from other schools and they had to work together on three group challenges - they all performed very well.

Congratulations to Charlotte Choi and Jasmine Huthart who won the overall challenge day and would now proceed to the finals which will be held in January next year. They were up against some very strong competition, from a few private schools and other well known schools in the area.

All students were extremely well behaved and conducted themselves with respect and overall they had an exciting day.

To view the day through pictures [click here](#)

# Year 9

Ms Sutcliffe

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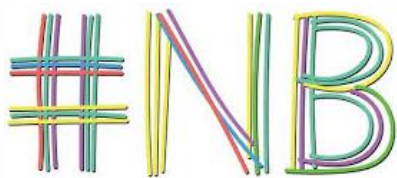
This week, Year 9 have shown real maturity and focus as they power through their End of Year Assessments - no panic, no drama, just calm heads and cracking on. An excellent effort all round. A special shout-out to Milly and Clare, who top the conduct leaderboard this week - well done both!

We are also incredibly proud of the students who took part in the school's Multicultural Evening. From food to performances, Year 9 brought culture and confidence to the event - thank you for representing the year group so brilliantly.

With the heat still hanging around, a reminder: please make sure students are bringing water bottles to school. They can refill them at break and lunch to stay hydrated and focused. Sun + stuffy classrooms = sleepy brains, so make sure water levels are topped up.

Here's to another great week ahead - and fingers crossed for a breeze!

OPTION CHOICES



Year 9 parents/carers and students will have received a letter confirming their options choices for Year 10. If you have not received this letter by Monday 30 June, please contact Ms Price ([vprice@greycourt.org.uk](mailto:vprice@greycourt.org.uk))



*This week in* Science

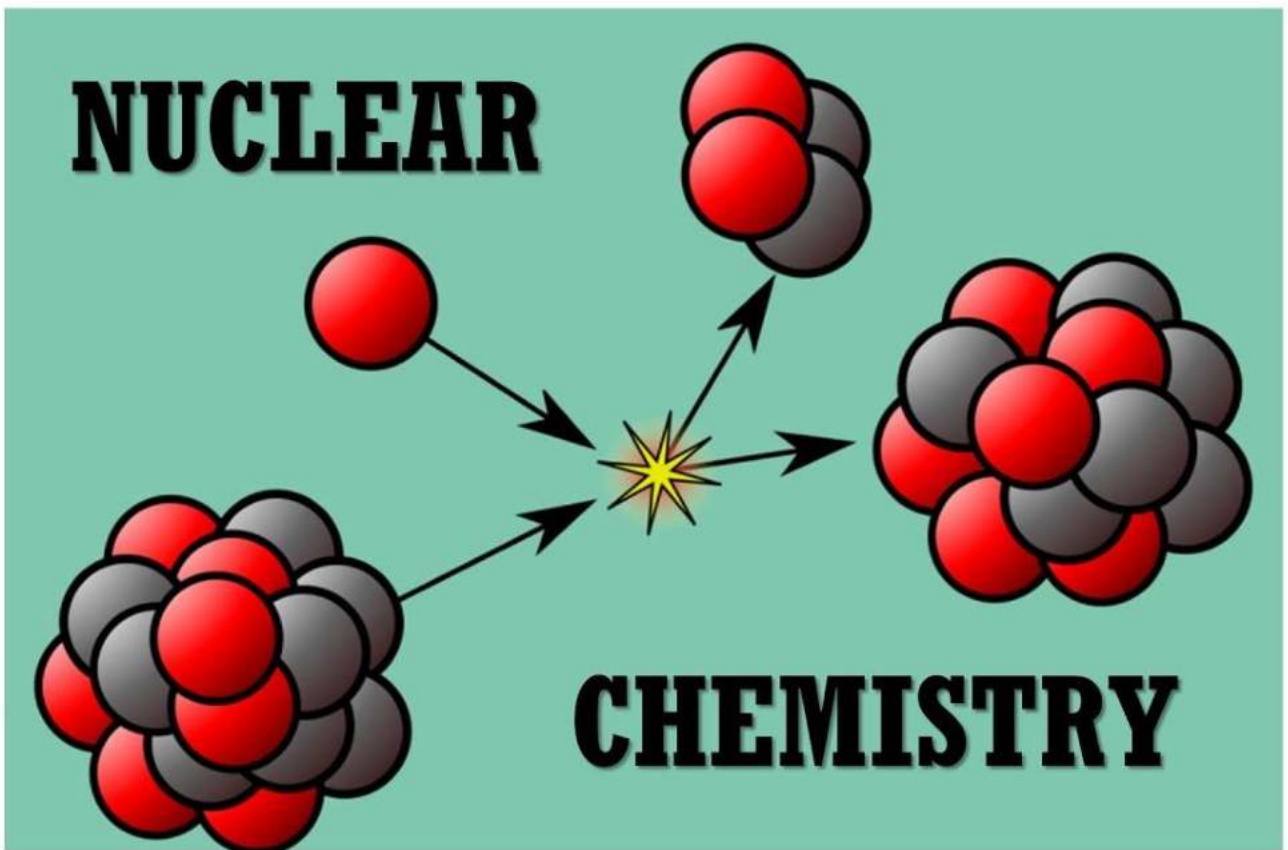


## Digging Deeper

# Fuels and the climate crisis

- Mr Gundry

Every now and then, you come across someone who really makes you stop and think. That happened to me earlier this week when I watched an interview with Dr Tim Gregory on LBC. Tim is a nuclear chemist and science communicator, and he was talking about the role nuclear energy could play in solving the climate crisis. I'll be honest: I've always been pro-nuclear, but watching how he explained it - clearly, passionately, and with proper scientific grounding - filled me with hope that there are still passionate scientists out there trying to fix the damage our species has caused. We often teach energy as a physics topic. But when you scratch the surface, it's clear that chemistry underpins almost every part of the conversation. This is a much more interdisciplinary challenge. Whether we're talking about combustion reactions, carbon dioxide emissions, life cycle assessments, or metal extraction, the science students learn across KS3 and KS4 is exactly the science needed to understand the future of energy. The basics are familiar: we burn fossil fuels like coal and gas to generate electricity.

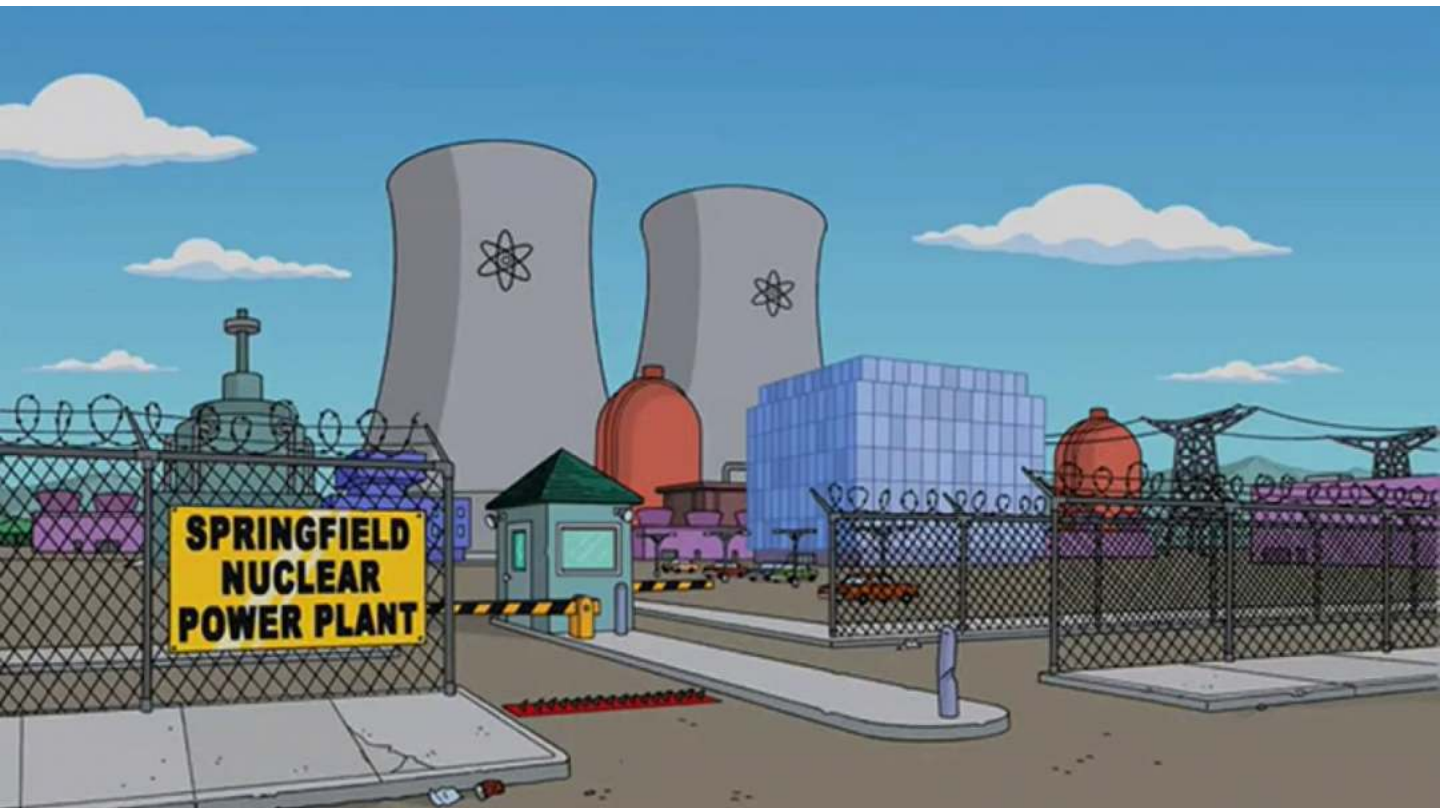


That combustion releases energy, but also a lot of carbon dioxide, which traps heat in the atmosphere. Unsurprisingly, this has been a key issue driving a massive push for renewables. Wind, solar, and hydro offer electricity with much lower emissions during use, and for many people, that's the end of the story.

Even the greenest energy systems rely on chemical processes with environmental consequences. Solar panels need metals like silver, cadmium, and tellurium. Wind turbines use rare earth elements. Electric vehicles depend on lithium-ion batteries, and lithium mining is a process that consumes vast amounts of water, damages ecosystems, and raises serious ethical questions. The extraction of metals used in renewable technologies is chemically intensive and energy-demanding. Just like with fossil fuels, there are trade-offs.

So when Dr Gregory argues that nuclear should be a bigger part of our energy mix, he's not dismissing renewables - he's asking us to think more deeply. Nuclear power doesn't involve combustion. Instead, it uses nuclear fission: splitting large atoms like uranium-235 to release energy. The process produces no carbon dioxide, and the amount of fuel required is tiny compared to coal or gas. In fact, when we compare the lifecycle emissions (not just during operation, but including mining, building, and decommissioning) nuclear comes out about the same as wind and almost four times better than solar.

Many people don't know, but we already have five operational nuclear plants in the UK. These currently generate roughly 15% of the country's electricity, and other than one site, all are scheduled to close by 2028. That impending loss is why nuclear is back in the headlines. Enter Sizewell C. In June 2025, the UK government committed over £14 billion to build this next-generation atomic plant in Suffolk. It's expected to supply around 7% of national electricity once operational, and be the first major new plant since 1995.



Many are very happy about this announcement, and many are concerned.

Of course, public concerns about nuclear power aren't irrational. The word 'nuclear' carries emotional weight: disasters, radiation, waste. But as Dr Gregory points out, it's a bit like people being scared of flying. Air travel is far safer than driving, yet far more feared. In the same way, nuclear energy has one of the best safety records of any energy source; however, the rare, high-profile incidents stick in people's minds. People are also quick to dismiss nuclear power because of the radioactive waste it produces. But we've developed reliable, long-term storage methods, from vitrification (effectively turning waste into glass) to deep geological disposal, that make the risks far smaller than most people realise. And when you compare it to the damage caused by burning fossil fuels or the environmental cost of large-scale lithium and rare earth mining, the impact of nuclear waste is often far less concerning than the alternatives.

What really struck me about the interview wasn't just the science, though that's excellent, but the way he talked about his job. He clearly loves being a chemist. He communicates ideas clearly, admits where things are uncertain, and shows how science connects to the real world. It's the kind of interview I'd love every student to watch. It will not tell you what to think, but it shows how to think... like a scientist: how to balance evidence, ethics, and impact.

Whether you support nuclear power or not isn't the point. The point is to understand the chemistry behind energy decisions: the emissions released, the materials mined, the waste produced, and the trade-offs we're willing to make. That's what makes chemistry powerful and essential.

You can watch the interview [here](#). I really do recommend watching it.

# NeuroSpark London UK Brain Bee 2025 Synaptic Essay Comp



We are delighted to invite students to participate in two upcoming flagship events organised by NeuroSpark London: the UK Brain Bee 2025 and the Synaptic Essay Competition 2025. Both competitions offer unique platforms for students to explore neuroscience, develop critical skills, and gain recognition for their academic excellence.

## UK Brain Bee 2025

NeuroSpark London is proud to be the official organiser of this year's UK Brain Bee (UKBB). The UKBB is a national neuroscience competition for secondary school students aged 13–18. Designed to inspire curiosity about the brain and nervous system, it encourages young minds to explore neuroscience and consider careers in medicine, biology, and related fields. The UKBB tests knowledge across key neuroscience disciplines, based on a study guide derived from Eric Kandel's *Principles of Neuroscience*. No prior neuroscience knowledge is required and all questions are based on the provided study guide which can be found on our official website. The national winner will represent the UK at the International Brain Bee (IBB) in the United States, typically held in November. More details can be found at <https://www.thebrainbee.org/>

The competition is open to all secondary school students aged 14 to 18. Participation in the preliminary round is completely **free of charge** and consists of a 40-minute online multiple-choice examination. Successful candidates will progress to the final round, which will take place at Imperial College London in September 2025. All registered participants will receive access to a comprehensive study guide to assist with their preparation. Interested students can register via the official sign-up form at <https://forms.gle/uGo3XLmZ3Y92qR4U9>. Please note that all registrations must be completed by the deadline of **31 July 2025**.

Please find the information booklet [here](#), and to find out more details, please visit [www.ukbrainbee.com](http://www.ukbrainbee.com)

## Synaptic Essay Competition 2025

This year, we continue to invite students to explore any topic in neuroscience from brain-computer interfaces to the neuroscience of proprioception. Beyond traditional biology and medicine, we encourage interdisciplinary thinking, and last year's entries included fascinating essays on robotics, AI, and even neuroethics!

Participating offers students a chance to:

- Strengthen their UCAS personal statements with a recognised achievement
- Develop critical thinking and communication skills beyond the classroom
- See their work published in Synaptic Magazine

## Key Details:

Submissions open now | Eligibility: All secondary school students (Years 9–13) | Submission is completely free! [Information booklet](#) with guidelines, submission link ([here](#)), and a preview of last year's Synaptic Magazine ([here](#)).



Ms Campbell

FOOD  
*What's cooking?*

# This Week's Food Highlights

A shorter update this week, but no less exciting. We shine a spotlight on year 7 and their culinary craft producing a deli salad, from their own design work

## June Spotlight

Seasonal produce really starts to take off this month, with bright skies coming, seasonal produce is booming. Cherries are available at their freshest, most nutritious and flavoursome. With Wimbledon just around the corner strawberries are at their peak, add lashings of cream for a sweet treat.

If you want to fill your fridge with some more seasonal produce here are some more local fruits and vegetables to enjoy as the days become warmer; raspberries, gooseberries, redcurrants, tayberries, apricots, nectarines and peaches, asparagus, broad beans, new potatoes including Jersey Royals, peas, beetroot, radishes, and other ingredients such as Elderflowers and Samphire.

[Elderflower Spritz](#) to keep cool during this current wave of heat, Miss Campbell approved.

Elderflower Spritz



# Sustainable Gastronomy Day – 18 June

*Source: Michelin Guide*

**Sustainable Gastronomy Day was first observed on 18 June 2017, led by the UN General Assembly, UNESCO and the Food and Agriculture Organisation (FAO).**

But what is sustainable gastronomy?

Gastronomy can be described as the style of cooking of a particular region; a cultural expression of the world's natural and cultural diversity.

Sustainability, meanwhile, considers how to carry out processes in a way that is not wasteful of natural resources – and that can be continued into the future without any detrimental effects.

Sustainable Gastronomy, therefore, takes into account where ingredients are from, how they are produced and the methods by which they are delivered to local markets and, ultimately, our plates.

## Sustainable Gastronomy in 2024

Despite growing awareness of sustainability in recent years, tangible progress has been insufficient. The global food system continues to place unsustainable pressure on critical natural resources such as oceans, forests, and soils. Compounding the issue is the alarming fact that approximately one-third of all food produced worldwide is wasted. This loss extends beyond the food itself, encompassing the waste of money, labour, energy, and essential inputs like seeds, water, and animal feed used in its production.

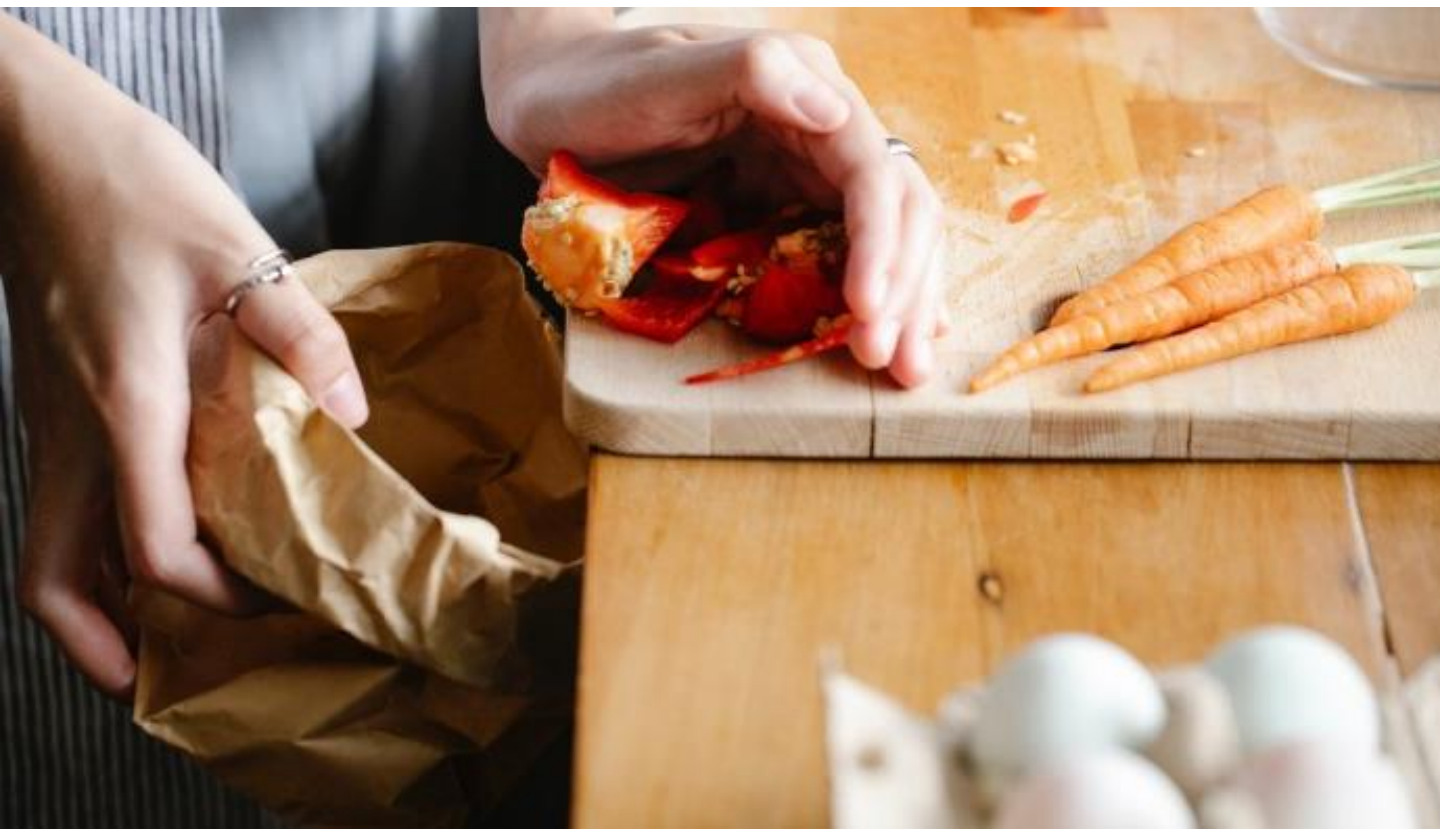
The Covid-19 pandemic brought renewed attention to the value of local, seasonal food systems, as global supply chains faced severe disruptions. In response, smaller, independent producers emerged as vital players in maintaining food availability. This shift highlighted the importance of supporting local agriculture and embracing self-sufficiency—an approach that remains just as relevant and necessary today as the world navigates ongoing environmental and economic challenges.

Looking ahead, it is essential for food producers to adopt more responsible practices in managing natural resources. However, the role of consumers is equally critical. Making thoughtful choices in how we select, prepare, and consume food can significantly contribute to sustainability efforts. When individuals align their actions toward a shared goal, the collective impact can be greater than expected.

# How can you help at home?

- Support local producers
- Eat seasonal produce
- Avoid food waste
- Keep culinary traditions alive

A waste of food is a waste of resources. To find out more, read the [full article](#)



# Year 7 Deli Designs Come to Life

Year 7 students recently transformed their deli salad designs into impressive culinary creations. Following a lesson focused on nutrients and daily nutritional requirements, each student designed a balanced deli salad incorporating all key nutrients. This practical application allowed them to bring their theoretical knowledge to life in a creative and engaging way.

The enthusiasm in the classroom was evident as students took pride in preparing and presenting their dishes. Their excitement and dedication resulted in thoughtful presentation and a clear demonstration of growing culinary skills. It was a rewarding opportunity for them to showcase what they had learned throughout the term.

As Year 7 approaches the end of their first year in Design and Technology, they can celebrate the successful completion of a 12-week rotation through graphics, textiles, and food. The DT and Computing departments are proud of the students' achievements and look forward to sharing highlights from the year before the term concludes.





THINKING HARD  
QUESTIONS

COLOUR CHART  
COLOURS  
SALAD & FRUIT  
VEGETABLES  
BAKERY &







Dish: Croque Monsieur  
Skills: Practising  
Skills: Practising  
WWW: 1  
EB: 1  
NB: 1



IMPACT ON LEARNING

How can you challenge yourself in this lesson and beyond?  
How do you know your own and your teacher's expectations?

What type of learner are you?  
How do you learn best?  
What can you do to improve your learning?

Caution  
Dishwasher tablets  
Washing up liquid  
Food waste bins  
Bin hoes





"No one should ever, looking in a philosophy, not a recipe - unless it's really as that it is obvious. So I'm not just looking from how to look, it is looking from a philosophy and your class with them."

"A fit, healthy body. That is perhaps the best feature of a student."

"Those that think that is not important have never been truly hungry."

"Take the moment. Remember all those women on the Titanic that survived the disaster ship."

"Cooking is a cultural revolution that life is not out of nature. It is a manifestation of human transcendence."

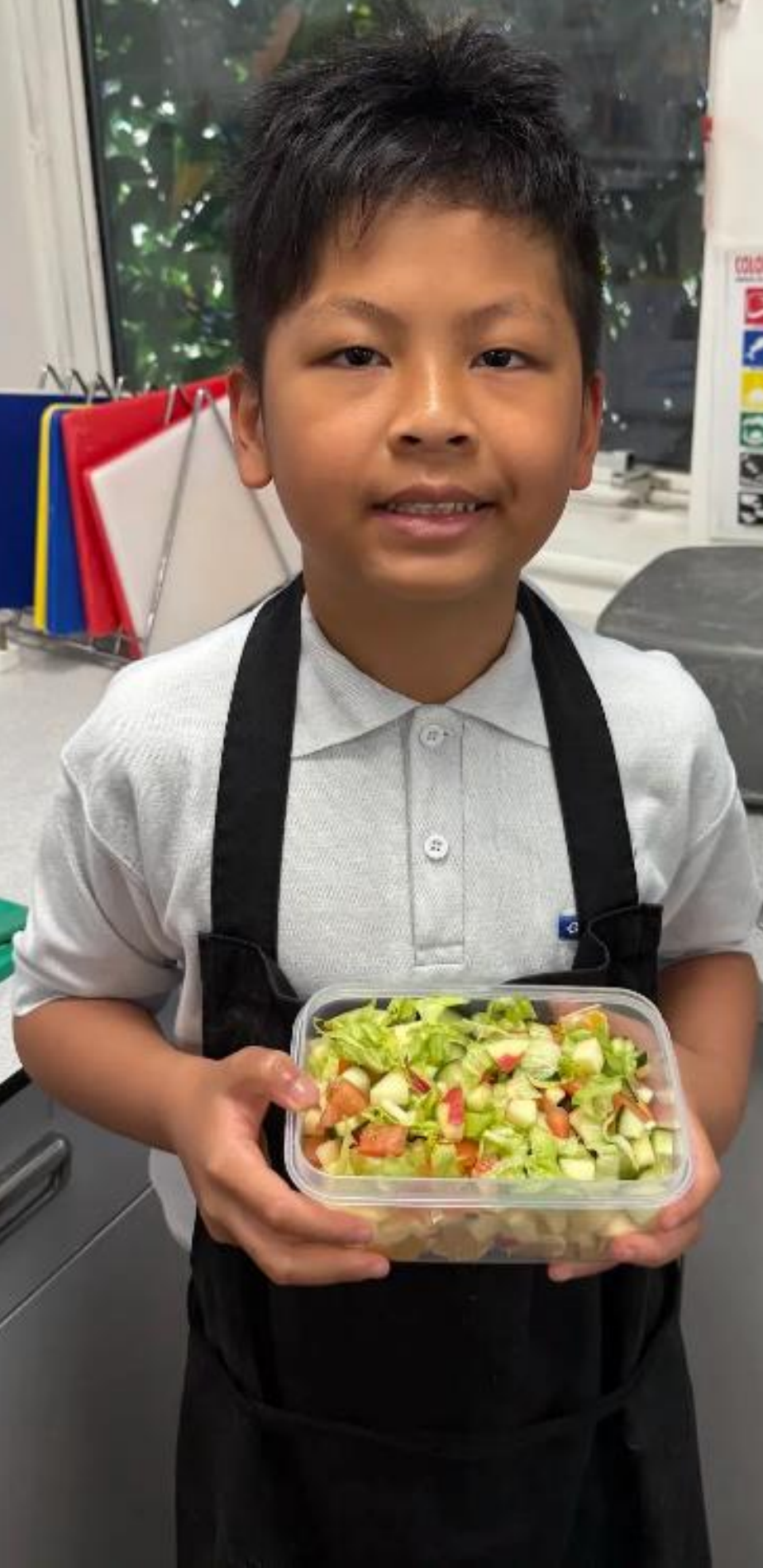
"Remember don't come into it, once you put the chef's jacket on."



QUESTIONS

COLOUR CODED CUTTING BOARDS

-  RAW MEAT
-  RAW FISH
-  COOKED MEAT
-  SALAD & FRUIT
-  VEGETABLES
-  BAKERY & DAIRY










16 June to 20 June

*matters*

"The more that you read,  
the more things you will  
know. The more that you  
learn, the more places you'll  
go." - Dr Seuss

Year Group	Attendance %
Year 7	<b>96.3%</b>
Year 8	<b>95.8%</b>
Year 9	<b>97.2%</b>
Year 10	<b>94.1%</b>

Tutor Group	Attendance %
7 Ash	<b>99.4%</b>
8 Rowan	<b>100%</b>
9 Oak	<b>99%</b>
10 Rowan	<b>99%</b>



# Clubs

*Extracurricular*  
timetable



# Careers

*with Miss Corrighan*

# Year 10 Experiences of the Workplace

Meaningful experiences of work support young people to build the skills, knowledge and behaviours needed in the workplace. At Grey Court, most students will do an in-person work-experience week in year 12 and the lower years take part in a range of experiences of the workplace.

A small group of students (20) will be attending a week's work placement during 30 June - 4 July, we hope they have a positive week and enjoy the experience. The rest of the year group will experience a workplace trip or be participating in the Duke of Edinburgh Award.

A work-related trip will take place on Wednesday 9 July, which includes Sky Media, Kingston Uni Engineering, Richmond College and Hopscotch Marketing. On Thursday 10 July there is an aspirational trip to the University of Sussex, where students will learn about Higher Education. And, finally, on Friday 11 July, students will be rewarded with a trip to Thorpe Park.



# Careers

## Post-16 Options

**For Year 10 students and parents** you can start to explore the local options as we encourage students to make 2-3 applications to post-16 providers. **The Grey Court Sixth Form open event will be held in November 2025** and more information on the courses on offer can be found: [Application and prospectus](#)

Most of the college and sixth form open events are in the Autumn Term but **Esher College** is the last one to have their open evening - Monday 30 June - they host one event a year so you can sign up now if you are in year 10: [Open Events and Tours – Esher Sixth Form College](#) Applications open on 1 July and close on 30 September 2025 for students who will start in September 2026.

**Parents/Carers** - please see below for sources of help in navigating post-16 options:

- [Complete University Guide Choosing the right A Levels](#)
- [Further and Higher Education Career Tips for Parents - Talking Futures](#)

## Careers Opportunities

Support your child in trying out different experiences like weekend or summer jobs, internships, volunteering, or job shadowing. These opportunities provide hands-on insights into what they enjoy—or don't—and help them develop valuable transferable skills for the world of work. We want to ensure we are promoting a range of opportunities for our students to explore their career ideas. **This bulletin is produced exclusively for YOU!**

This includes;

- **Work experience & taster sessions**
- **Careers events & talks**
- **University events e.g. summer schools and open days**
- **All the latest apprenticeships**

**Sixth formers should be accessing this on a weekly basis and is posted on their Google classrooms.** Please see this week's opportunities bulletin so you can check out all the latest news: [27/06/2025 Sixth Form Careers opportunities](#)



**We are currently recruiting for the following roles at our Ham Close development in Richmond:**

**PLUMBING APPRENTICE**

Must be a Richmond resident, have a valid CSCS card and have a previous NVQ L2 qualification – [Job description](#)

**ELECTRICAL APPRENTICE**

Must be a Richmond resident, have a valid CSCS card and have a previous NVQ L2 qualification – [Job description](#)

**SOCIAL VALUE & COMMUNITY TRAINEE**

Can reside in any borough but **MUST** be willing to travel to various London sites including in Hounslow, Haringey, Dagenham, Southwark, Hackney and Barnet. Job description and application through this link [Trainee Social Value & Community Coordinator - Hill Group UK](#)

Trade roles will start early August, and the social value role will start in September.

All applications should be made via [residents@hill.co.uk](mailto:residents@hill.co.uk), quoting the Ham Close site.

For the social value role, applications must be made online, and queries can be sent to [residents@hill.co.uk](mailto:residents@hill.co.uk).

**Salma Khan**  
**Social Value and Community Manager**



Wellbeing

# 2025

# June

Joyful June 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Decide to look for what's good every day this month

2 Say positive things in your conversations with others

3 Re-frame a worry and try to find a helpful way to think about it

4 Take a photo of something that brings you joy and share it

5 Think of 3 things you're grateful for and write them down

6 Get out into green space and feel the joy that nature brings

7 Do something healthy which makes you feel good

8 Find joy in music: sing, play, dance, listen or share

9 Ask a friend what made them happy recently

10 Bring joy to others by doing something kind for them

11 Eat good food that makes you happy and really savour it

12 Write a gratitude letter to thank someone

13 Take a light-hearted approach. Choose to see the funny side

14 Share a happy memory with someone who means a lot to you

15 Look for something to be thankful for where you least expect it

16 Speak to others in a warm and friendly way

17 Take time to notice things that you find beautiful

18 Look for something good in a difficult situation

19 Get outside and find the joy in being active

20 Rediscover and enjoy a fun childhood activity

21 Send a positive note to a friend who needs encouragement

22 Watch something funny and enjoy how it feels to laugh

23 Create a playlist of uplifting songs to listen to

24 Bring to mind a favourite memory you feel grateful for

25 Show your appreciation to people who are helping others

26 Make time to do something playful, just for the fun of it

27 Be kind to you. Do something that brings you joy

28 Notice how positive emotions are contagious between people

29 Share a friendly smile with people you see today

30 Make a list of the joys in your life (and keep adding to it)





## **Self Harm and Suicidal Thoughts**

This webinar is intended for parents and carers who want to learn more about how to support a young person who may be self-harming or having suicidal thoughts. It includes information on the nature and causes of self-harm, and practical ideas about how to support a young person when facing this problem and what help is available.

**To book, click below**

[Online event: 1 July 2025 at 6pm-7.15pm](#)

[Online event: 3 July 2025 at 9am-10.15am](#)

*The webinar is 60 minutes long, with 15 minutes at the end for questions and answers. Please have a pen and paper handy.*

## **'Helping Teens with...' series Feedback Questionnaire**

The MHST are now planning the series of webinars for the next academic year. Please can you complete the [feedback questionnaire](#) so that they can make these as relevant as possible

# **Kingston and Richmond Youth Council**

## **Crime and Safety Survey for Young People**

We, the Youth Council, have been working with Kingston Safer Partnership, and Richmond Community Safety in developing our **Crime and Safety Survey for young people**.

We know that crime and safety is an important issue for young people, and we would be grateful for your help and support.

**The survey is live from Tuesday 20 May until Monday 21 July**

[Click on the link](#) to view a very short promotional video and you can access the survey link [here](#) or you can use the QR code on the next page.

As always, we really appreciate your support.

Thank you - Kingston and Richmond Youth Council



# KINGSTON & RICHMOND YOUTH COUNCIL



## CRIME & SAFETY SURVEY

Burglary



HACKING



Your responses  
are **CRUCIAL!**

Find the survey here:



The Kingston and Richmond Youth Council have  
already started making a difference:

- social media campaigns
- other podcasts to reduce stigma
- surveys to investigate problems young people may face in the boroughs

Contact us at:

[info@kingstonrichmondyouthcouncil.org.uk](mailto:info@kingstonrichmondyouthcouncil.org.uk)

@afc\_kryouthcouncil on Instagram



# Sixth NEWS Form

# Year 12

## CONGRATS

### **A HUGE Congratulations to All Year 12s!**

We want to extend a massive well done to all our Year 12 students who sat their trial exams. The entire Sixth Form team has been incredibly impressed by your maturity, punctuality and dedication throughout the exam period.

You approached this important step with focus and determination and that hasn't gone unnoticed. Keep up the fantastic work as you move forward. We're proud of you!

## SPORTS DAY

Sports day will be held during Period 5-6 on Wednesday 16 July.

Students will need to bring sports kits on that day and it would be great if everyone was in their house colours. Pupils have been able to sign up for events this week and can still do so. The house prefects are taking a lead role in organising participation and so please see them if you'd like to compete!

As an inclusive event there are some unusual events such as speed puzzle solving, interhouse giant Jenga and EAFC, along with sports day classics such as the egg and spoon race and tug of war. This is always a really fun way to end the year and we're looking forward to seeing the students celebrate together.

[Please complete this following Google form if you would like to participate.](#)

# EPQ

Students who want to participate in the drop down day on the 8 July need to ensure the initial application is completed by the 4 July at the latest.

# Oxbridge

Students should aim to work on a second draft of their UCAS questions prior to the UCAS Focus Day on the 10 July.

## YEAR 12 ACTIVITY DAYS

JULY  
**9**

### WEDNESDAY: UCAS ENHANCEMENT DAY

All Year 12 students will get the opportunity to explore a top gallery or museum, an inspiring experience that will enrich their learning and give a powerful boost to their UCAS personal statements!

STUDENTS TO  
PLAN THEIR  
OWN DAY.

JULY  
**10**

### THURSDAY: UCAS FOCUS DAY

Students will dedicate the day to working on their UCAS applications, focusing on refining personal statements, researching universities and completing all relevant sections of the form.

START: 9:00  
END: 15:00

JULY  
**11**

### FRIDAY: THORPE PARK

£26 must be paid on Scopay by the end of the day on Wednesday 18th June.

START:  
RICHMOND  
STATION 8:30

END: 'CHECK  
OUT' 15:00



# Work Experience

30 June - 4 July

We are nearly there! We had a work experience briefing this week to help students plan ahead for the week of work experience or summer schools. They have arranged some fantastic placements!

It's important they really do take this seriously and prepare before they go and parents/carers can also access the information: [WEX Pre briefing 2025](#)

Students have all the information on Unifrog and parents/carers can access this as you will have been sent a permission email. Students should be contacting their placements now to say they are looking forward to the week and see if there are any last arrangements. Students will be phoned or visited by staff that week and they will complete an evaluation form.

Please speak to Ms Corrighan [bcorrighan@greycourt.org.uk](mailto:bcorrighan@greycourt.org.uk) if you have any questions at all and we hope it will be a great week with lots of positive feedback.

# Y13 Year 13 Introduction to Clearing



Are your students feeling unsure about **Clearing**? This webinar will walk them through everything they need to know – from what Clearing is and how it works, to tips for staying calm and confident when speaking to universities. They'll hear directly from **university reps and a student** who found their perfect course through Clearing.

[Share the sign up link with your students](#) (10 July)

# SPORTS News



# Borough Sports

## Girls Results

We are incredibly proud to share the fantastic achievements of our students at this year's Borough Sports event! The day was packed with impressive performances and brilliant team spirit, and our girls made the school proud across all year groups. The **Year 7 girls** team secured a strong **third place**, showing huge promise for the years ahead. The **Year 8 girls** delivered an outstanding performance and were crowned **Borough Champions!** Our **Year 9 team** also impressed, finishing in a superb **second place**, and the **Year 10/11 girls** rounded off the day with a commendable **third place** finish.

Our girls teams combined across the year groups were the overall winners!

There were standout individual performances, all of these were crowned Borough Champions in their events. Some even beat the Borough Records!

- Emily Fine - Year 7 800m
- Daisy Baxter - Year 8 Long Jump and 100m (Record Breaker)
- Ruby Rock - Year 8 300m (Record Breaker)
- Laila Talbot Smith - Year 8 200m (Record Breaker)
- Daisy McClune- Langdon - Year 8 Discus
- Daisy Baxter, Beatrice Mitchell, Ruby Rock & Laila Talbot Smith - Year 8 4X100M Relay (Record Breakers)
- Tia Garrard - Year 10/11 High Jump and the 300m (Record Breaker)
- Sara Altun - Year 10/11 Discus
- Charlotte Vermeulen - Year 9 Javelin (Record Breaker)
- Sydney Cross - Year 7 Discus
- Freda Potts - Year 7 Shot Put
- Elen Dutton – Year 10/11 Shot Put (Record Breaker)

The day was not only competitive but also filled with smiles, encouragement, and an incredible sense of school pride. With sunshine overhead and such strong performances from across the board, it was a truly enjoyable and memorable event. Well done to all students who participated!

- Ms Parr

# Borough Sports Boys Results

The Grey Court Boys athletics teams achieved outstanding success at the recent Borough event held on Wednesday 18th June at St Mary's. We secured overall victories in the Year 7, Year 8, Year 9, and combined Year 10/11 categories. Our teams demonstrated exceptional talent and teamwork, earning an impressive 27 first-place finishes across the various events.

Adding to this triumph, six Borough records were broken by our athletes:

- Lucas Simon - Year 8 300m
- Grindan Abrahams - Year 9 100m
- Joshua Gilbert - Year 9 200m
- Avery Barikor- Year 9 800m
- Sergio Ribeiro, Grindan Abrahams, Joshua Gilbert, Sebastiano Beroldo - Year 9 4 x 100m
- Sergio Ribeiro - Year 9 Long Jump

This remarkable achievement highlights the strength of Grey Court's athletics programme and sets a high standard for the future.

Congratulations to all involved, we are very proud of you.

- **Mr Willmore**

# London Youth Games Results

**Girls** - Team Richmond Overall Gold

**Daisy** - Gold 100m 12.72, Bronze Long jump 4.52m

**Ruby** - Bronze 800m new pb 2.23

4x100m **Laila, Ruby, Daisy** - Gold 51.87s

**Daisy M** came 7th in shot put

**Chloe** came 5th in javelin

**Boys** - Team Richmond - silver











LONDON YOUTH GAMES  
21  
#THISISLYG

LONDON YOUTH GAMES  
21  
#THISISLYG

TEAM  
RICHMOND



# Congratulations



**Tolworth Gymnastics Club**

19h · 🌐

...

Congratulations to Mai who has been selected to represent GB at an Under 13 4-way competition in Switzerland, in November.

Mai sadly could not compete at the British Championships this year due to an injury, but her incredible results from the English Championships have held up for her to still get amazing opportunities in her final Aspire year.

This is her first international assignment and is great motivation as she now builds back all her routines and adds in her upgrades.

#TGCstrong 🇬🇧



Congratulations to **Mai Lannhult** who has been selected to represent Great Britain at under13 4-way competition in Switzerland in November.

Well done, Mai!



# Congratulations

**Congratulations to Charlie Morgan who competed in multiple events at the SE London Regionals held in April at the London Aquatics Centre, with solid performances that secured his place at Nationals**

Regionals – 1500m freestyle, 800m freestyle, 400m freestyle, 200m freestyle, 200m back freestyle, 50m back, 4X 100m medley relay, 4X 200m freestyle relay and 4X 100m freestyle relay

**Charlie has also qualified for both the British and English Nationals to be held in Sheffield at the end of July.**

British Nationals– 1500m and 800m, and 4X 200m relay

English Nationals– 400m and 200m

Charlie is also currently training for the regional open water SE London Regional National Qualifier that will be held on 6 July at London Docklands. This is a 3K open water race, where the top 4 age group swimmers will qualify for the 5K open water nationals in Sheffield at the end of July.

Throughout the season, Charlie has been part of the performance 1 squad at Teddington Swim Club, training 17 hours a week and is also on the Swim England Development Programme.

Well done, Charlie!



# Congratulations

Congratulations to **Millie Morgan!**

## **Swimming**

Millie qualified for three races at regionals (this was her first experience of swimming at this level) with solid performances all round. She will build on this experience for next year.

Regionals (April/May 2025) – 800m, 1500m, 400m

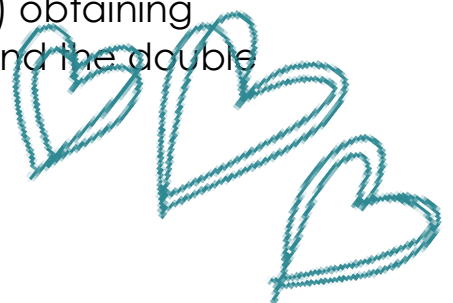
Millie is also currently training for the regional open-water SE London Regional National Qualifier, which will be held on 6 July at London Docklands. This is a 2K open-water race, where the top 4 age-group swimmers will qualify for the 3K open-water nationals in Sheffield at the end of July.

Throughout the season, Millie has been part of the performance 2 squad at Teddington Swim Club, training 14 hours a week (not sure where she gets the energy from with all her other sports).

## **Trampolining**

Millie has had to reduce her trampolining time recently due to swimming, but has still done very well.

Millie took part in the Trampolining London Open (8 June) obtaining silver in trampolining and the double mini trampoline.





# WIMBLEDON 2025

Our ball boys and ball girl





# Wimbledon 2025

Congratulations to Jad Azawi, James Houlding, Josie Bryant, and Thomas Cope who are our Wimbledon ballboys/girl for the next fortnight.

They had a chance to get used to the grass this week at the Wimbledon Qualifying Tournament. The school are very proud of their dedication, perseverance and determination to improve throughout the ten-month process.

Mr Murphy





Alize CORNI

Victoria JIMENEZ







COURT 17

	POINTS	1	2	3
EX		2	4	
KLEIN		6	6	

18



# Louis Muffi Scholar of the Month

A huge congratulations to **Louis Muffi**, who has been named this month's Scholar of the Month for his fantastic efforts both in sport and in the classroom.

Louis has had an excellent month, showing real dedication to his athletics training. He has worked particularly hard in the sessions run by Mr Allan, always giving his best and looking to improve. His determination and effort paid off in the best way possible when he competed in the Borough Championships. Louis ran an outstanding race in the 1500m, finishing first and earning the title of Borough Champion for his age group. To top off his success, Louis also won the 1500m at Sports Day, once again demonstrating his talent, focus, and determination. A brilliant achievement that shows what hard work can lead to!

Alongside his sporting success, Louis has also shown an excellent attitude towards his scholarship work. He has been focused, motivated, and willing to push himself to improve in every area.

Well done Louis, your hard work, commitment, and positive attitude have been noticed. We're really proud of you and excited to see what you achieve next!



# Sydney Cross Sports Scholar of the Month

**Sydney Cross** has truly earned her title as Sports Scholar of the Month for June. A standout all-round athlete, she has thrown herself into a wide range of sports this year. From football, rugby, and athletics to cricket, rounders, NFL Flag, and tennis, Sydney demonstrates not only versatility but also a consistently high level of performance across the board.

What sets Sydney apart is her ability to boost team morale. She strikes the perfect balance between fun and professionalism, bringing infectious energy to every team she's part of. Her teammates are uplifted by her encouragement and drive, and she consistently motivates others to bring their best to both training and competition.

Whether she's on the pitch, court, or track, Sydney embodies what it means to be a true team player. Her commitment, positive attitude, and all-round excellence make her the perfect recipient of this award this month.

Well done, Sydney!



# Chloe Clements Performer of the Month

**Chloe Clements** has earned this month's Performer of the Month as she has had an outstanding season and demonstrated exceptional commitment and maturity throughout.

She has featured in 14 fixtures, with the majority played in the age group above, showing her adaptability and determination. Chloe scored an impressive 9 goals across the season, but none more memorable than her strike in the Surrey Cup Final against Surbiton — a truly special moment, as very few teams manage to score against such strong opposition. Her goal was not only technically brilliant but also crucial, epitomising her impact on the pitch this year.



# Charlie Tong Player of the Month

This season marked a breakthrough in Charlie's 400m career, starting with a victory at the Surrey Championships where he ran 48.31, earning a 2nd place national ranking. Following this performance, he was selected to represent Great Britain at the prestigious Loughborough International, finishing 7th overall with a time of 48.70.

In June, Charlie claimed the title at the South of England Championships with a time of 48.45. At the Middlesex Championships, he delivered a standout performance, winning the 400m in 48.04, which not only secured the national No.1 ranking, but also placed him among the top 20 times of all-time in the UK for this event. He managed to squeeze in Borough Sports, where he took the gold medal and helped the team to win the Yr10/11 Boys title, Overall Boys title and Overall Winners title for Grey Court.

Charlie concluded the month with another strong run of 48.35 to win the 400m at the Cunliffe Cup, representing Middlesex.

These performances reflect consistent progress and competitiveness at both national and international levels. We wish him all the best in the ESAA National Championships on 11th/12th July. Well done!



# Boys Athletics Team Team of the Month

The Grey Court Boys athletics teams achieved outstanding success at the recent Borough event held on Wednesday 18 June at St Mary's. We secured overall victories in the Year 7, Year 8, Year 9, and combined Year 10/11 categories. Our teams demonstrated exceptional talent and teamwork, earning an impressive 27 first-place finishes across the various events. Adding to this triumph, six Borough records were broken by our athletes:

Lucas Simon - Year 8 300m

Grindan Abrahams - Year 9 100m

Joshua Gilbert - Year 9 200m

Avery Barikor- Year 9 800m

Sergio Ribeiro, Grindan Abrahams, Joshua Gilbert, Sebastiano

Beroldo - Year 9 4 x 100m

Sergio Ribeiro - Year 9 Long Jump

This remarkable achievement highlights the strength of Grey Court's athletics programme and sets a high standard for the future.

Congratulations to all involved, we are very proud of you.



# Girls Athletics Team Team of the Month

We're thrilled to announce that our Junior Girls Athletics Team has been named Team of the Month.

It's been an outstanding season for the team, who have impressed at every stage of all competitions they have taken part in. They kicked things off with a brilliant win at the Middlesex round, proving themselves as a force to be reckoned with scoring 420 points. They followed this up with a fantastic 2nd place finish at the Regional Final, securing their spot among the top teams in the country.

Now, they're heading to the National Finals in Chelmsford on Saturday 5th July, where they'll represent the school on a national stage. We couldn't be prouder! This is the first time Grey Court has had 2 teams in the National Finals.

Their success is a testament to their teamwork, dedication, and relentless hard work. Every member of the squad has shown commitment and composure, both in training and in competition, and their results speak for themselves. A big shout out to Erin for performing so well at the last minute too!

We wish them the very best of luck in the National Finals! Well done girls!





# In the Foot

What's happening ...

# RUSSELL ROCKS SUMMER FESTIVAL

RUSSELL



**FRIDAY 27TH  
JUNE  
5PM - 8PM**



**BEER,  
WINE AND  
COCKTAILS**

**SUMMER FAIR  
GAMES AND FACE  
PAINTING  
(CASH ONLY)**

**ENTRY:  
ADULTS £12  
KIDS £6  
FAMILY TICKET  
(2 ADULTS + KIDS) £29**

**HOTDOGS,  
SNACKS AND  
ICE LOLLIES**



**TICKETS INCLUDES INCLUDES FOOD FROM DIBA PERSIAN  
RESTAURANT (VEGGIE OPTION AVAILABLE)**

**ENJOY THE SUMMERTIME VIBES AT THE RUSSELL SCHOOL ANNUAL MUSIC FESTIVAL  
PERFORMANCES BY STUDENTS WITH SUPPORT FROM PARENT BAND, HAM RADIO**

**BUY TICKETS HERE:**



use code SCHOOL50 for  
50% off first consultation

**gibson lane**





# Richmond Carers Centre

Young Carers Service

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**Young Carers Support Line 020 8867 2383**

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**The Richmond Carers Centre - Young Carers Service supports young carers aged 5-18 living or caring in the London Borough of Richmond-upon-Thames with advice, information and emotional support. For those young carers registering with us we can also offer:**

- mentoring programme in schools or at the centre
- holiday activity programme
- after school groups
- careers guidance and advice
- peer support
- bespoke projects and events
- signposting and referrals to other organisations
- regular service and information updates

---

[youngcarers@richmondcarers.org](mailto:youngcarers@richmondcarers.org)  
[www.richmondcarers.org](http://www.richmondcarers.org)



---

**CARERS  
TRUST**





# Who is a young carer?

A young carer is someone under the age of 18 who provides help and support, both physical and emotional to a parent, sibling or family member who could not manage without their help. This could be due to physical or mental illness, addiction or disability.

**As a result of accessing support through Richmond Carers Centre - Young Carers Service, young carers strongly agreed or agreed that:**

- 90% feel more confident about being a young carer
- 90% feel more positive and happy
- 96% feel safe and listened to when attending young carers activities
- 97% have had fun and enjoy attending young carers activities

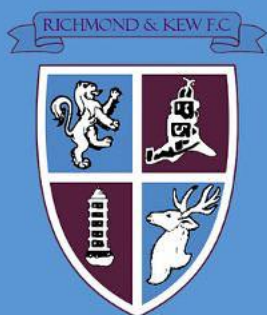
**Of those asked, 100% of young carers would recommend our service to other young carers and their families**

*Source: Richmond Carers Centre: Young Carers Impact Report 2023*



Richmond Carers Centre supports  
equality of opportunity.  
Registered Charity No 1092459  
Company no. 4412793





**New for  
2025/2026**

# **Richmond and Kew FC's JPL U16 Girls**

Professional coaches for training and matches

Excellent facilities

Pathway to women's football, the first team plays in Tier 6,  
and a new U23 development team

**Trial dates: June 28<sup>th</sup>  
10am - 12pm  
Register via details below**

**[richmondandkewJPL@gmail.com](mailto:richmondandkewJPL@gmail.com)**

**07802 436422**

RTT x BalletBoyz Presents

# CONNECT, COMMUNICATE, CREATE. **B**

SPOKEN WORD - MOVEMENT - THEATRE

## FOR BOYS WHO:

Are aged 11-14 and would like to socialise and connect with others and themselves, through movement and physical expression.

At the end of the project, participants will perform on stage at Richmond Theatre and get an opportunity to watch one of our shows for free.

Sign Up Here:



If you have any questions, please email Richmond Theatre's Creative Learning Producer [richmondcreativelearning@atgentertainment.com](mailto:richmondcreativelearning@atgentertainment.com)



LOCATION:  
RICHMOND THEATRE &  
BALLETBOYZ STUDIO

MON 28 JUL - FRI 1 AUG



# INTRODUCTION TO GIRLS RUGBY

SUNDAY 29 JUNE 2025 | RICHMOND ATHLETIC GROUND



Designed as the perfect introduction to the world of rugby, this taster day invites girls aged U12 to U18 to step onto the pitch, develop new skills, hear from the women who play, and discover what makes Richmond Rugby so special.



# SCHEDULE

**10:00**

**Complimentary Refreshments**

**10:15 - 10:55**

**Welcome talk from Deborah Griffin OBE, first female and next President of the RFU**

**Followed by presentation on:**

- 1. The opportunities rugby leads to in sport**
- 2. Richmond's community spirit and how to get involved**
- 3. The importance of Player safety, health and wellbeing**

**Book signing with Jessica Hayden, author of "The Red Roses: Behind the Scenes with the England Women's Rugby Team"**

**11:00 - 12:15**

**Skills rotation delivered by England International legends  
Fiona Pocock and Abi Chamberlain**

**12:15 - 13:00**

**Bar open for refreshments**



**SCAN TO SIGN UP**



# RICHMOND CANOE CLUB

## Discover the Joy of Paddling with Richmond Canoe Club

Richmond Canoe Club offers an exciting and supportive environment for juniors to get active on the water, build confidence, and learn new skills. With expert coaching, a strong focus on safety, and a friendly team spirit, our **after-school paddling sessions** and **summer paddle camps** are perfect for young people looking to try something different and fun. Whether your child is a complete beginner or already loves the outdoors, they'll find a place to thrive at the club.

Find out more and sign up here: [richmondcanoecub.com/novices/juniors](https://richmondcanoecub.com/novices/juniors)

# BRENTFORD COMMUNITY BOAT HOUSE

## 2025 SUMMER EVENTS JOIN US ON THE WATER



### 24th May – Big Paddle Clean Up

Join us for a volunteer-led event with London Kayak School to clean up our rivers and riverbanks. Open to all ages – a great way to help protect the environment and this beautiful blue space!



### 21st June – Brentford Canal Festival

Celebrate with a free opportunity to try boating and paddling on the river Thames and the River Brent!



### 28th June – Brentford Sprints Regatta

Come and enjoy this fun racing event for local children on the River Thames with a BBQ and stalls!



### 5th July – Cornish Gig Open Day

Come down and try rowing a traditional Cornish gig boat! Hosted by West London Gig Club.



### 23rd August – Sponsored Row

Join in with our sponsored row to Kingston to raise funds for our new Community Boat House!



### 20th September – The Great River Race & Open Season Celebration

Support our teams in the Great River Race and celebrate the start of the 2025/26 boating season at Ferry Wharf

FOR MORE INFORMATION AND TOWAYS GET INVOLVED  
VISIT

<https://bcbh.org.uk/>

# JUNIOR HOLIDAY ROWING CAMPS


2025

BRENTFORD, WEST LONDON

BEGINNERS, INTERMEDIATE  
AND ADVANCED

**BOOK  
NOW**

- ▶ **MAY 1/2 TERM CAMP**
- ▶ **SUMMER HOLIDAY CAMPS**
- ▶ **PROFESSIONAL COACHING  
FOR KIDS AGED 11-18**
- ▶ **10:00-15:00 EACH DAY**
- ▶ **4 DAY CAMPS- £250**  
**5 DAY CAMP- £300**
- ▶ **SUBSIDISED PLACES AVAILABLE  
SUBJECT TO ELIGIBILITY**

07472457799 

WWW.TEAMKEANE.COM 

ROWING@TEAMKEANE.COM 

SCAN HERE  
TO BOOK





BRENTFORD COMMUNITY  
**BOAT HOUSE**

# MAY 1/2 TERM CAMP SUMMER HOLIDAY CAMPS

## HALF TERM PADDLESPO RTS CAMPS

BRENTFORD, WEST LONDON

PROFESSIONAL COACHING  
FOR KIDS AGED 10-18

10:00-12:00 &  
13:00-15:00  
EACH DAY

£10 PER 2HR  
SESSION



07472457799

WWW.BCBH.ORG.UK

MIRANDA@TEAMKEANE.COM



**Scan  
Code  
to  
Book**

Supported through



London Borough  
of Hounslow

SUBSIDISED PLACES AVAILABLE  
SUBJECT TO ELIGIBILITY

# PADDLE<sup>UK</sup>



NETBALL  
**COACH**  
UK

# RICHMOND NETBALL ACADEMY



Weekly sessions  
in term time



Qualified  
coaches



Confidence  
building



Indoor & outdoor  
venue

*Netball Coach UK Academies provide a structured netball coaching programme, delivered over 10 weeks. Led by experienced coaches, NCUK Academies develop junior players' skills, game sense and confidence to strengthen their netball knowledge and ability at school and club.*

**GREY COURT SCHOOL,  
HAM,  
RICHMOND UPON THAMES,  
TW10 7HN**

**TUESDAY**

5.00-6.00: SCHOOL YEARS 3-5

6.00-7.00: SCHOOL YEARS 6-9

BOOK AT:



[www.netballcoachuk.com](http://www.netballcoachuk.com)



# RICHMOND NETBALL CAMP



*Open to players  
of all abilities*



*Qualified  
coaches*



*Fun and  
friendly*



*Outdoor  
venue*

**MAY HALF TERM**  
THURSDAY 29<sup>TH</sup> & FRIDAY 30<sup>TH</sup> MAY

**SUMMER CAMP**  
24<sup>TH</sup>, 25<sup>TH</sup>, 28<sup>TH</sup>, 29<sup>TH</sup>, 30<sup>TH</sup> JULY

**PRE-SEASON CAMP**  
MONDAY 26<sup>TH</sup> & TUESDAY 27<sup>TH</sup> AUGUST

**GREY COURT SCHOOL, TW10 7HN**

**9.00AM - 12NOON**  
SCHOOL YEARS 3-10



# LAMDA CLASSES

AT GREY COURT  
SCHOOL EVERY  
SATURDAY  
MORNING  
9.30AM - 11AM.

- Improve speech, performance and confidence skills
- Boosts reading, vocabulary and social skills
- Progress towards an end of year exam!



"My daughters have gained tremendous confidence thanks to the LAMDA lessons organised by Elizabeth Samuels Drama School. Working towards an exam has taught them that preparation is key and given them the responsibility to own their achievements. Couldn't be happier with this valuable course. Thank you again!"

**Celine (parent)**



Visit [www.elizabethsamuelsdrama.com/grey-court-richmond](http://www.elizabethsamuelsdrama.com/grey-court-richmond) or contact [info@elizabethsamuelsdrama.com](mailto:info@elizabethsamuelsdrama.com) to book a trial class!

**NOW IN  
HAM**



# NEW SCHOOL

# STAGECOACH RICHMOND

**Venue:** Grey Court School  
Ham Street Ham Richmond  
Upon Thames TW10 7HN.

Giving children and young people the Creative  
Courage to stand up on stage and stand up for  
others for over 35 years.

 [stagecoach.co.uk/richmond](https://stagecoach.co.uk/richmond)

 07824 999414

 [richmond@stagecoach.co.uk](mailto:richmond@stagecoach.co.uk)

**ENROL TODAY**



**TRAFALGAR  
ENTERTAINMENT**

Stagecoach Performing Arts schools are operated under franchise and are independently owned by their Principals. Stagecoach and Creative Courage are the only  
registered trademarks of Stagecoach Performing Arts Limited.



# GIRLS GROUP



Where young women get Ham Youth Centre to themselves!  
Come and try new activities, make friends and have fun.  
Art, sports, cooking, discussions, fashion, media,  
trips, and loads more.

We will also be doing lots to support your emotional wellbeing.



**EVERY  
MONDAY**

**STARTS AT 3PM - 6PM  
HAM YOUTH CENTRE, HAM  
CLOSE, TW10 7PI**

**YOUTH CLUB FOR YOUNG WOMEN 11+**



An open  
- minded safe  
space



**achieving  
for children**

For more details contact:

Ben Skelton

E: [Ben.skelton@achievingforchildren.org.uk](mailto:Ben.skelton@achievingforchildren.org.uk)

T: 020 8288 0916

Follow us..





# *The Independence Cup*

*An International Polo Exhibition*  
4<sup>th</sup> & 5<sup>th</sup> of July

COME FOR THE POLO  
STAY FOR THE PARTY  
CHAMPAGNE • CHUKKAS • CELEBRATION

AMERICAN BBQ | POP-UP BARS | LIVE MUSIC | CLASSIC CARS | SHOPPING VILLAGE | PERFORMING ACTS | DJ SETS | PONY RIDES | FACE PAINTING

*This is the summer social you won't want to miss!*

LEARN MORE & BOOK NOW



WWW.HAMPOLOCLUB.COM

Get ready for  
**THE MAGIC  
OF MARZAMEMI**

# MARZAMEMI FESTIVAL

A slice of Italy brought to Richmond with live music & DJs, Italian banquets & food stalls, curated design & shopping and plenty of FREE fun for the kids.

**5th - 6th JULY**  
**Old Deer Park**



## MUSIC LINE UP

Italian Radio Society  
Mr Ben  
Super K  
Emily Rawson  
Leo SAX  
Gracie  
Molto Soul Duo  
DJ Fabrizia  
Roberta Cutolo

Pasta Evangelists  
Napoli on the Road  
Arancino of Sicily  
Dolce VyTA  
The Oyster Society  
Cento Uno  
Sicilian Pride  
Crazy for Pasta  
Etna Coffee  
Indegno  
Fredo's Frose  
Bricco Bacco

## CHEF STAGE

Giuseppe Federici  
Francesco Mattana  
John Alberti  
Matteo Manzotti  
Bray Cured



**PASTA**  
EVANGELISTS





FREE ENTRY



LATCHMERE PRIMARY SCHOOL

SUMMER  
FAIR



SUNDAY 6TH JULY 2025

12.00 PM TILL 3.00 P.M

BOUNCY CASTLE • 70 FT OBSTACLE COURSE • FOOTBALL DARTS  
TOTAL WIPE-OUT • MOVE IT! SPORTS COACHING • CHILDREN'S TOMBOLA  
BOTTLE TOMBOLA • DECORATE-A-BISCUIT • JOLLY JAM JARS  
YEAR 6 STALLS • BASKETBALL • LUCKY DIP • HOOK A DUCK • BOOKS &  
TOYS • CAKES AND BAKES • BAR LATCH • BBQ • ICE CREAMS • GRAND  
RAFFLE....AND SO MUCH MORE!



PRE-ORDER YOUR TOKENS ON THE LSPA WEBSITE

WE LOOK FORWARD TO SEEING YOU THERE!



## Ham Lands – gravel pits to nature reserve



**Ham Lands hasn't always been the wonderful open space it is now. Come and hear the history of Ham Lands in a 10 July talk at Grey Court School by Sir David Williams.**

There was some opposition to the Wates estate built on "the pits" in the 1960s. But there was unanimous opposition in Ham to further building from all the local associations and political parties. The battle was finally won in 1983.

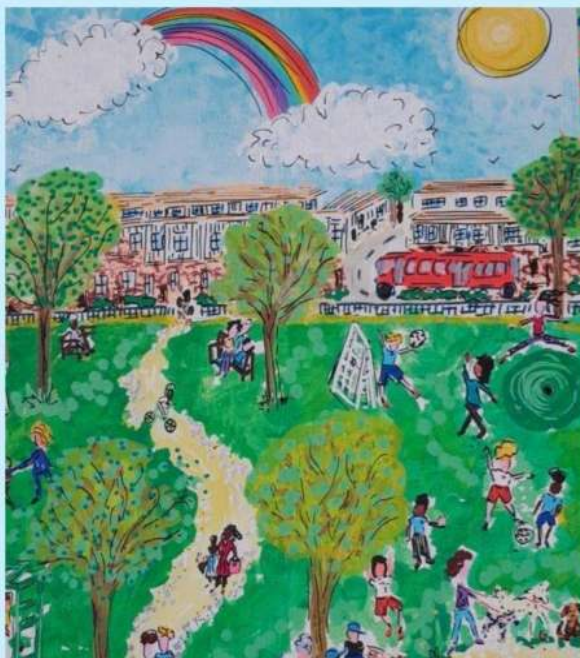
David was a Ham councillor for 40 years, chaired the Ham Lands Action Committee in 1983 shortly before becoming Leader of Richmond Council. Hear first hand the story of the successful campaign by the whole community in Ham.

Hear also about the ever improving local space we have now, supported by a wide group of volunteers from the local community and Grey Court school.

Don't miss this important local talk at **Grey Court school at 7.30 pm on Thursday 10 July**. Use the Sandy Lane entrance. Adults £3, under 19s free. Bring cash if you can and pay at the door.

*Talk sponsored by Ham and Petersham Association and Amenities Group*

# LATCHMERE REC Art Competition



## **WHAT YOU NEED TO DO**

**Produce an A4 piece of artwork (portrait – tall not wide) inspired by your visits to the Rec.**

## **HOW TO ENTER**

**Write your name, contact number and age (if under 18) on the reverse of the poster.**

**If under 16, please provide the name and contact phone number of parent/guardian.**

## **WHERE TO DROP OFF YOUR ENTRY**

**Tandems Café on the Rec**

## **CLOSING DATE**

**7 July 2025**

## **PRIZES**

**For under 7s, 8-12, 13-17, Adults**

**Your artwork with your name printed on the top will be displayed behind the Magic Door on the Rec by Tandems Café and on our web/social media sites.**

**Prizes donated by Parade's End Books and Folar.**

**Winners announced at 'Music on the Rec' on 12 July 2025.**

# MUSIC ON THE REC



**FoLaR**

Friends of Latchmere  
Recreation Ground

## LOCAL MUSICIANS

**Sign up to play at  
MUSIC ON THE REC**

**All ages welcome  
(speakers, mics and drums  
on site)**

**5**

**JULY 2025**

**12**

**JULY 2025**

**Contact:**

**hello.folar@gmail.com**

**Sponsored by**

**gibson lane**



# FAMILY FUN & GAMES

## **VOLUNTEERS NEEDED!**

**FREE Family Games on the Rec**  
**Every Saturday**  
**14 June - 13 September**  
**2-4pm**

**We're looking for enthusiastic adults and students (15+) to help run these fun, free sessions for local families**

- ✓ **Equipment and training provided**
- ✓ **Flexible - just 2 or 3 sessions**

**Join our fantastic team of volunteers and make a difference to Latchmere Recreation Ground this summer!**

**Interested? Email us at:**  
**[hello.folar@gmail.com](mailto:hello.folar@gmail.com)**

Royal Botanic Gardens

# Kew



## Earthwise summer youth programme

A **free** week-long programme exploring the importance of our planet's precious biodiversity and what can be done to protect it.

If you're aged **14–17**, join young people from across London for a unique opportunity to **conduct your own research** using the 'living laboratories' of Kew Gardens, **be inspired** by our world-leading experts, and learn what is being done to **prevent extinction**.

### Dates for Earthwise 2025

**4–8 August**

**11–15 August**

For more information, visit [kew.org/earthwise](https://www.kew.org/earthwise) or contact [youth@kew.org](mailto:youth@kew.org).

The deadline for applications is **2 June 2025**.



# GIRLS GOLF ROCKS

LEARN TO  
PLAY GOLF  
IN A WAY  
THAT

**ROCKS**

Open to all girls  
aged 7-17

- £45 for six hours of activity
- No equipment required
- No experience necessary

**STRAWBERRY  
HILL GOLF CLUB  
(TW2 5SD)**

[www.shgolf.co.uk](http://www.shgolf.co.uk)

**All Day Camp One:  
Friday 8th August  
at 9:30am - 4:30pm  
(for ages 7-14)**

**All Day Camp Two:  
Thursday 14th  
August  
at 9:30am - 4:30pm  
(for ages 10-17)**

[www.rocksandrookies.played.co/programmes/girls-golf-rocks](http://www.rocksandrookies.played.co/programmes/girls-golf-rocks)



**BOOK  
NOW!**

# Dreamcatcher Film Camp

PRESENTS

16<sup>TH</sup>  
ANNUAL

## Film Making Camp

Twickenham 2025

Camps run Monday to Friday July to September

### Make a Film In 5 Days

- ◆ Storytelling, Scripting.
- ◆ Shooting.
- ◆ Directing, Presenting.
- ◆ Sound.
- ◆ Lighting, Set Dressing.
- ◆ Editing



#### SCRIPTING

*Students will learn to take a story from initial idea, through treatment and step outline, to a finished script for their final film. Story structure, plot outline, character development, tension, conflict building and resolution will be explored as they are used in filmmaking.*

#### SHOOTING

*Students shoot with digital HD cameras and equipment used during the week includes, but is not limited to Camera Jibs, Tripods, 3 Axis Digital Gimbals, Boom Poles, Wireless Mics, Steadicam etc., and play each of the working roles in a short Tv/film production.*

#### DIRECTING

*Students will be introduced to the language and practice of filmmaking. They will discuss shooting plans for their film. Students will find that directing the camera concerns more than just where to place the camera. Through hands-on demonstrations, they will learn how camera movement, visual arrangement and editing patterns not only depict the action but also express the underlying drama.*



[www.dreamcatcherfilmcamp.com](http://www.dreamcatcherfilmcamp.com)

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