

Bulletin

Friday, 26 February 2021

Dear Grey Court Community

Activity Day will be held on Wednesday, 3 March. An overview of the activities can be viewed on page 2 and page 25 of this bulletin.

World book day takes place on Thursday, 4 March. Ms Fincham and Mr Johnson have put together a fun-filled programme—details can be found at the end of this bulletin.

KS3 Science Over the next two weeks there will be a focus in KS3 science lessons on careers and diversity within STEM (science, technology, engineering and maths). Details can be found within the bulletin, and there is also a Y7 careers' competition.

House pancake competition winners announced Students flipped a stack of pancakes. Well done to all the competition entrants and congratulations to the winning house: Spartan! Take a few minutes to have a look at the delicious creations.

Cricket equipment Should you have any cricket equipment which you aren't using anymore, the PE department be delighted to take ownership of it. We are focussing on our cricket this summer and any additional cricket equipment will be extremely helpful. Please drop it off at reception.

Lastly, should you have any concerns about your child please contact my PA who will make arrangements for you to have a conversation with me.

Kind regards—Chris Rhodes

"Going above and beyond for every child, every day." Chris Rhodes, Headteacher



**EVERY CHILD,
EVERY DAY
ACADEMY
TRUST**



Songwriting Competition Win a prize £1000!

Powerjam, the local not-for-profit band project, is offering young songwriters and bands ages 12-17 the chance to win a professional recording and release worth £1,000!

Students resident in or attending schools in Richmond, Kingston and Hounslow boroughs are invited to send their original songs to: contact@powerjambands.com.

No entry fees.

Deadline for submissions 31 March 2021.

Full details of the competition can be found on Powerjam's [website](#).

Stay creative and productive during lockdown!

#KS3 STEM CHALLENGE

The Bright Ideas Challenge

Enter and you could win £10,000 for the school. Shell are looking for students creative solutions to power future cities

The Bright Ideas Challenge is designed to spark young people's curiosity in science and engineering and to help deliver the curriculum in a fun and engaging way. We've also aligned the resources to careers strategies across Great Britain, making it even easier for teachers to provide quality STEM careers inspiration in the classroom and remotely.

Click [here](#) for information on how to register.

Competition closes on Friday, 21 May 2021.

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Please support the Crowdfunding Project for an outdoor Table Tennis Table at Elm Road Park. The aim is to raise £800. Click [here](#) to donate.

Activity Day

3 March 2021

See below for information on the morning activities. In the afternoon, all students will be involved in the Tanzania Challenge charity run.

Students in school will follow the same activities in the morning. They will be dismissed at 2pm following the charity run and should make sure they have appropriate clothing/trainers for this.

Year Group	Morning Activity	Information for students
7	English book cover design	See email from Ms Rose
8	Gradu8 develop challenge - learning a new skill	See assembly and emails from Mr Ridley and tutors
9	Options tasters videos	See information from Ms Price
10	Option B GCSE Enhancement sessions	See information from your Option B teacher
11	Phone interviews for Sixth Form, PDW session, Year Book	See information from Ms Weston
12 + 13	Super curricular enhancement sessions	See information from Ms Higham

To Tanzania and back?

On activities day (next Wednesday) there will be both a house and a school Tanzania challenge. Can we, as a collective, walk/run/trot/gambol or cycle 15,000 KM which is the distance to Tanzania and back? This equates to about 10KM for each of us. If you feel that you are unable to cover all of this distance school staff will also be competing in their houses so we should be able to cover this metaphorical distance in a day.

I have put together a PowerPoint and a loom video promoting the activity (click [here](#)). When you have completed it please post a screenshot of your distance from an App such as Strava onto your house classroom. It will be set as an assignment.

The house with the most entries will win 100 points. Prizes will also be given to the staff member, house leader, form and child from each year that completes the most significant distance.

We would then like you to make a voluntary donation of £1 to the Livingston Tanzania Trust via parent pay. I have outlined our historical (and hopefully future) associations with the Trust on the loom/PowerPoint.

I would very much appreciate it if you could enthusiastically compete in this activity. We want you to get out, generate some endorphins, have fun, work as a collective and raise some money for a charity that promotes sustainability and education.

Thanks
The Emperor of Rome

Roman House News

Dear mighty Roman Legions - the results of the pancake competition are now in and I have sent heralds around all the far flung corners of our Empire to announce that once again the Roman Legions have triumphed. Many thanks for flipping pancakes en masse and uploading your results.

The outcome was very appetising to all of us and I will feast on a roasted boar tonight in triumph. However, we must not rest as Senator Gundry's science competition is in progress and an announcement is forthcoming about a run to Tanzania and back!

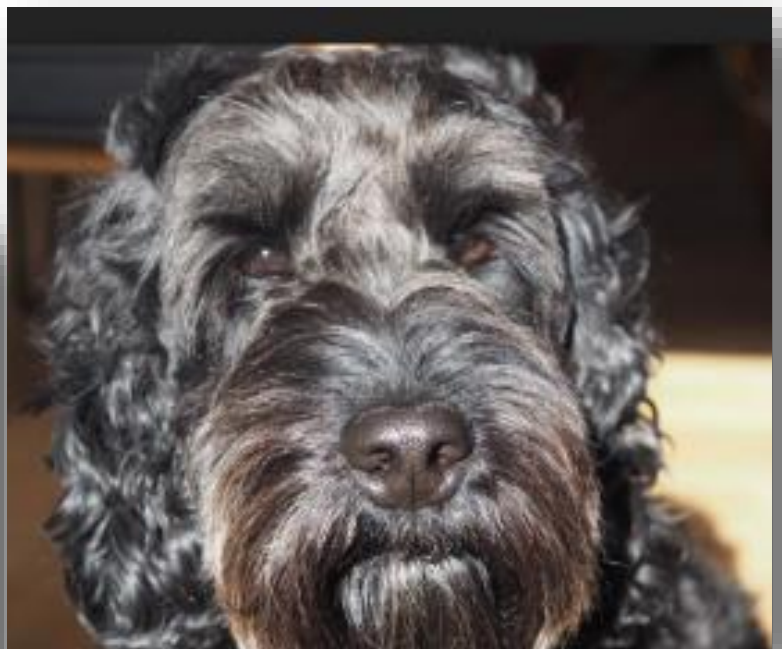


Pictured are **Mariia Plakhotnuik's** (8 Willow) amazing equestrian themed pancake and **Yasmin Dempster's** (7 Elm) chocolate themed pancake palace which was posted alongside the following description: "Hi, here are my pancakes! I chose chocolate pancakes filled with Cadbury's chocolate pudding dessert and whipped cream with blueberries. And then I topped it off with more whipped cream, Terry's chocolate orange pieces and chocolate sauce. It's delicious! Hope you like it!

#RomansRule

And in a double Roman whammy we also emerged victorious from "the secret Life of pets" competition. Romans - the result for the Secret Life of Pet competition is in and I am pleased to announce that once again WE Romans rule the world! Yes, we won! We are obviously a nation of pet lovers. Many thanks for your efforts - please feed your pets extra treats tonight. I'm just off to take my lions for a walk, but I will celebrate our achievement in the eBulletin this week!

Romansssssss!!!!!!! Please feast your eyes on Rosalind Dawson's (10 Elm) chameleon and Saskia Hollins' (7 Willow) dog who is very pleased with the success of Roman House!



So I am pleased to announce that if we take the last two rounds into account the standings are:

Secret Life of Pets

100 Roman	75 Aztec	50 Spartan	25 Trojan
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Pancake Competition

100 Roman	75 Trojan	50 Spartan	25 Aztec
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Two Round Totals

200 Roman	Trojan 100	Spartan 100	Aztec 100
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...and thank you to Mr “friend of all Romans” Wilmore for awarding the Empire with a 500 point “double” success bonus!

...so to conclude what did the Aztecs invent? Chocolate? And the Trojans? A wooden horse and Hector Bellerin? And the Spartans? Blisters after running all those marathons!

We Romans invented straight roads, underfloor heating and toga parties!

So to TANZANIA AND BEYOND! GO ROMANS.

Emperor Clematis Maximus Pointus



Y7 Poetry Performance Competition

Congratulations to the following students who are winners of the Y7 Poetry Performance competition: **Alex Van Dyk, Lily Burnett, Dion Gjocaj, Nathan Winter, Philline Zoeler, Ned Lipton, Harry Elsdon, Baraka Katuga, Maria Maso** and **Anna Wild**.

They all received a £5.00 voucher from Amazon.

Well done! Ms Rose

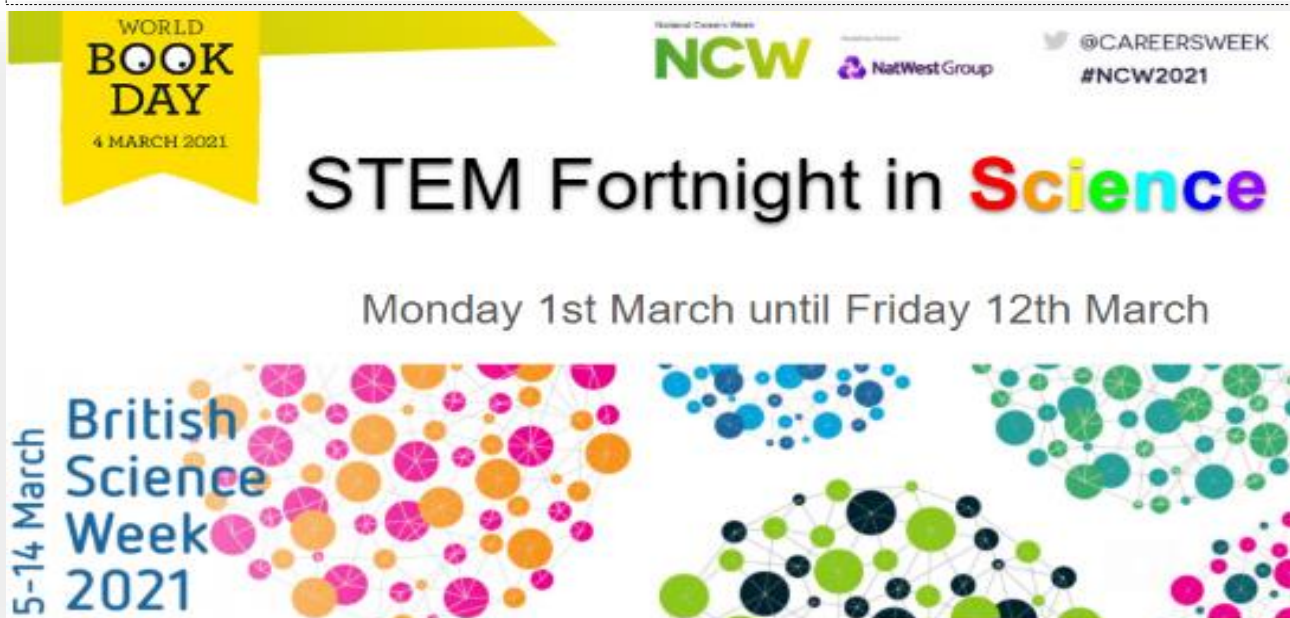
#KS3 Science

Over the next two weeks, there will be a focus in our KS3 sciences lessons on careers and diversity within STEM (science, technology, engineering, and maths).

Students in KS3 and KS4 were shown [this assembly](#) during tutor time this week, and it details information on the science House competition, as well as pointing out the STEM related talks at a careers event happening this weekend.

There is also a STEM careers fair taking place next week, and students in KS3 will have time set aside in some of their science lessons to be able to attend, however the fair is fully interactive and can be accessed online at any time. STEM Ambassador Q&A sessions run from 10-11am and 2-3pm each day.

Mr Gundry



STEM AMBASSADORS ILLUMINATING CAREERS

1 - 5 March 2021: virtual careers event



From 1 - 5 March, as part of National Careers Week, the STEM Ambassador Programme is running an online virtual careers fair in partnership with AECOM and the STEM Ambassador Hub at the Science and Industry Museum.

25 national employers will be showcasing careers in a variety of sectors from healthcare to engineering, and finance to research. STEM employers include: Public Health England, BBC, RAF, JustEat, IBM, Google, AECOM and more. This is a fantastic chance for students to be inspired and meet STEM Ambassadors from a wide variety of STEM organisations, with an exciting opportunity to chat live and ask their questions and gain insight into careers in STEM industries.

The virtual environment will be split into five zones to help students find your way around and navigate their career choices:

Building the Future

Digital

Energy and the Environment

Lifestyle and Health

Travel and Security

Students will be sent a link to the online careers fair next week, where they will be able to watch videos, explore challenges and try out activities from a wide range of employers. Talk to STEM Ambassadors, people already working in these jobs, who can give you a better picture of how you might pursue your ideal career.

Students in KS3 will have time set aside in some of their science lessons to be able to attend, however the fair is fully interactive and can be accessed online at any time. STEM Ambassador Q&A sessions run from 10-11am and 2-3pm each day.

FOOD+ NUTRITION

We had an overwhelming response to the Pancake House Competition and, as always, we had a tough time whittling down some winners. Thank you to all those who entered and submitted their photos. Mrs Anjum and I looked over all the entries and we are pleased to announce the following results. Points will be allocated accordingly!

1st place: **Philline Zoeller** for Spartan
2nd place: **Kaela Clark** for Trojan
3rd place: **Aleeza Bilal** for Aztec
4th place: **William Pitt** for Roman

Winners will get their prizes when we return to school. An additional 100 points go to Roman house for the most number of entries! A special mention to Ms Bowie for submitting two entries for her house (though I have a sneaky suspicion her and Mr Clements were in cahoots to try and win). Well done and look out for more house competitions in the future.

Another difficult choice in selecting our superstar chefs this week. However...

Chefs of the Week this week are:

Lily Huddart (Y9)
Ben Sansbury (Y9)
Gabriel Olalekan Kadir (Y10)

Pancake Competition

First place: Spartan
Philline Zoeller



Second place: Trojan
Kaela Clark





Third place: Aztec: **Aleeza Bilal**

The last day of term was a hive of activity, with some of our Y11s cooking their dishes for their NEA coursework. We also had Y8 and Y9 completing the pancake challenge during their screen break - see the photos for the results! We really look forward to welcoming our students back to their Food and Nutrition lessons soon.

This week, Mrs Anjum discusses fast food which I think is a great topic in light of the news that lockdown restrictions may be lifting and restaurants will soon be opening again! The use of food delivery services such as Deliveroo and Just Eat have massively increased over the past year. We eat lots of fast food in the UK, which isn't always optimum for health, so remember that moderation is key!

- Ms Clark



Fourth place: Roman: **William Pitt**









Pannkakstårta
(traditional Swedish pancake)
Maja Hehir 8C















Fast Food

Our lifestyle has changed regarding the way we eat. In this modern time, eating fast food has become a daily norm that people really relish and find comfort in. Fast Food is time saving, available nearly everywhere, offers a variety of options and of course is at your doorstep. Fast food is an easily prepared type for mass production, processed and actually designed for commercial resale. It is served in restaurants, takeaways, and snack shops with preference placed on quick sale and minimum table service. Fast food was originally created for busy and urban commuters, travellers and workers who either don't or have less time to sit and eat their food. Most fast food places use either pre-cooked meals/snacks or frozen.

Fast food is a commercial term limited to food sold in restaurants or takeout, drive through and delivery. In 1860 in Britain the first fast food shop of fish and chips opened, while the drive through restaurant popularised in 1950 was in the United States. By 1910 there were over 25000 fish and chips shops across Britain and by 1920 more than 35000 shops. The UK has also adopted fast food from other cultures such as pizza, kebabs and curry. In recent years healthy options have also emerged in the fast food sector. However, fast food is typically loaded with calories, salt, and sugar and unhealthy fats often enough in one meal for the entire day. It always tends to be low in nutrients, fibre and may lack fruits and vegetables which add essential vitamins in our diet. Fast food is also known to contain stimulating chemicals, which are addictive, such as MSG, which is typical in Chinese cooking especially. Eating fast food has been linked to cardiovascular diseases, colorectal cancer, obesity, high cholesterol, insulin resistance conditions and depression. It is very difficult to follow a healthy diet when you are regular on fast food or eating out due to work or lack of time to cook. Fast food menu is tricky when you are watching calories. It is a challenge to find a healthy and well balanced meal with low calories and high fibre.

This doesn't mean that one needs to crave and avoid takeaway or fast food entirely. When you are hungry and on the run or you have no other choice apart from fast food, it is best of all, convenient, tasty, cheap, quick and filling. While it's okay to indulge craving every now and then, to stay healthy you should avoid making it a regular habit. Keep in moderation, both how often you visit and what you order. Go for food which is high in protein and fibre, keep your eye on portion size, go for zero calorie drinks, and to choose to add or replace certain things with salad or grilled vegetables etc. The fast food industry has grown tremendously during the past several years. It is changing our eating habits and so does the lifestyle. Eating out is popular but bearing in mind home cooked is always going to be more nutritious and healthy.

Take Care of your body. It's the only place you have to live—Jim Rohn





The week in Art



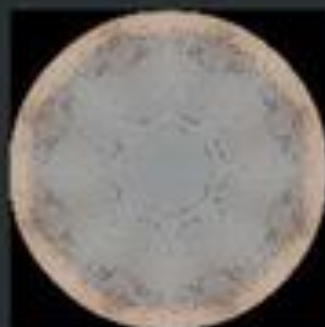
Sofia
Lily
Koyuki
Jannat
Sofia



Adobe Spark



Tatiana
Stanley
Obell
Micah
Che
Mania
Aydin



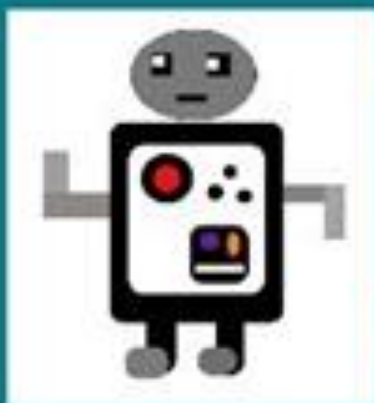
Adobe Spark



Charlotte
Reuben
Diren
Niamh



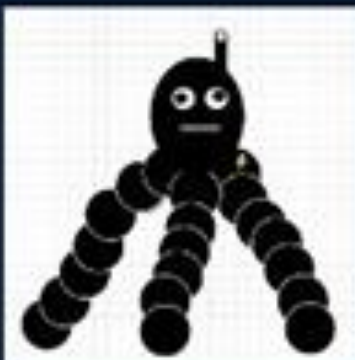
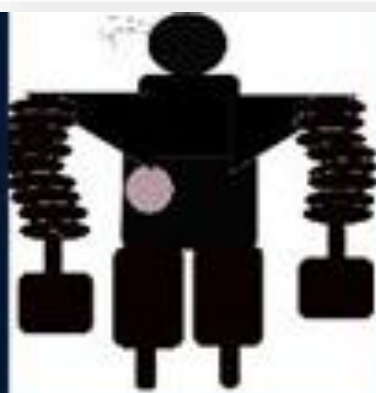
50 Adobe Spark



Robby
James
Yohanna
Niah
Katharina
Aanya



50 Adobe Spark



Mathew
Lucy
Jack
Fabio
Carmela
Alfred

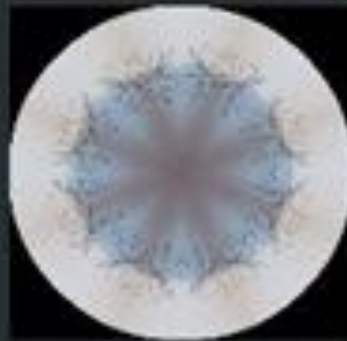
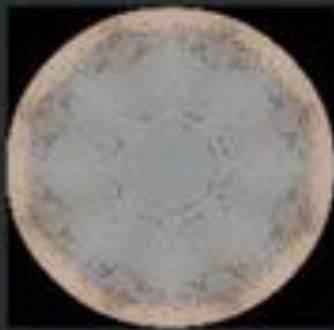
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Victoria
Sarah
Rayhan
Pablo
Izzy
Hayden



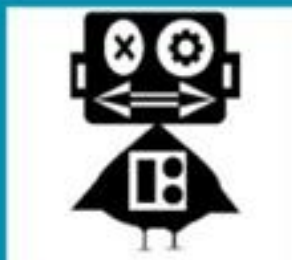
Adobe Spark



Tatiana
Stanley
Obell
Micah
Che
Mania
Aydin



Adobe Spark



Felix
Filip
Lulu
India
Tobias
Elmante



Adobe Spark



Olivia
Millie
Juliette
Jacob
Hanna



Adobe Spark

As part of the activity day Y11 pupils who have applied for a place at Grey Court Sixth Form will be interviewed over the phone by a Grey Court staff member. A list of interview times has been emailed to you by Ms McNicol.

The interview will consist of a number of questions. I have posted them below alongside suggestions for how students might answer each question and an example answer.

Y11 Sixth Form Interviews

Wednesday, 3 March

1. Could you TELL me about a piece of schoolwork you are proud of? How did this work challenge you and how did you respond to the challenge? Students should ideally talk about a piece of work that MIGHT be related to ONE of the subjects they intend to study with us - We want to see if students can zoom in on a challenge and then explore how they responded to it. Example: Hi Sir - I had to make a short trailer for creative media. I chose to shoot a Roman epic similar to my Dad's favourite film "Gladiator." A significant challenge I faced was to film a crowd scene as epics tend to be on a grand scale. I overcame this challenge by shooting the chariot sequence on Sports day when we had the whole school out on the field. I therefore had to develop my skills of persuasion/coercion/bribery by getting Mr Wilmore to add a chariot race to sports day.

2. Tell me about a highlight from your personal statement. Students should be able to recall what they have written on their personal statement and to develop their answer so they can explain or describe a particular skill they have polished e.g organisation/tactics/problem solving. It is advisable that students re-read their personal statement the night before their interview so they can synchronise their answers with the document the interviewer has in front of them. Example: I stated on my personal statement that I had won a chess competition for my local scouts group in October. This was a significant feat because the Scout leader I played from Ham pack was an unofficial grand master. I therefore prepared by watching several episodes of the "Queen's gambit" and read up on the Chigorin defence which I applied...and won. The fact that I can think in a logical and strategic manner and engage in wide reading highlights that I have an aptitude for mathematics, a subject I'd like to study at A-level.

3. Could you tell me about a job or career you would like to pursue in the future? Students are advised not to say "Nothing - or I don't know." If a student has decided on a career field they should state it. If they are unsure they should instead speculate about careers they may be interested in based on their own interests and experiences. A student will impress the listener if they can provide any evidence of research/trips or experiences that they have engaged with in preparation for their career. Example - I am interested in a career in biomedicine and so I have accessed a dozen online lectures from Kew gardens where they discussed homeopathic treatments based on some of the plants Kew cultivates.

Which subjects do you wish to take at Grey Court? At this point students should choose **FOUR** subjects (with the fourth likely to be a reserve - except for students who look as if they will mainly achieve grade 8-9 across the board) Encourage students to show a passion for the subjects they want to study and to give examples of trips, reading, watching, listening or work they have completed that proves they have an interest in the subject. Students should also have read the prospectus and have matched the subject requirements up with the grades they achieved in their last mock examination. Example - I LOVE English literature and I'm an avaricious reader. I read at least a book a month in my spare time. For example, last month I read Patricia Higsmithe's "The talented Mr Ripley" which is a psychological thriller - I have noted that crime fiction forms part of your A-level syllabus?

Whilst we are not looking for perfection, prior preparation and answers that demonstrate a level of thought and engagement are generally indicators of aptitude for the subject and for sixth form study. It will also provide a chance for students to practise interview skills which is preparation for future job and university interviews. This should engender a sense of confidence in the long term!

It is always enjoyable to engage with Y11 students in an interview situation and the day is always fun and stimulating for the Sixth Form team! Please see it as something to look forward to rather than be anxious about!

Mr Clements

The following video from "Netsixthform" provides a useful overview on advising parents about student sixth form choices: <https://vimeo.com/514740342>

Sixth Form

Activities' Day

3 March

Please note the arrangements for Activities' Day next week. We are aiming for students to complete one activity per period in order to allow them to access a range of different activities. Students can select whether they would like to have a complete screen break or not, depending on what skills they want to develop.

There will be a number of pre-recorded talks available in period 4 with professionals from the not for profit sector who have answered questions that students had written which will set the scene for a fundraising opportunity that the whole school will be taking part in in the afternoon.

More details will be given out to students at the beginning of the week via their tutors.

Please note that the only exception to this is the Y12 Art and Photography students who will be sitting their mock exam, however they are more than welcome to access any of these opportunities during any enrichment session. Click [here](#).

Anna-Maria Costeanu - truly in Vogue!

'I have been doing gymnastics for 11 years and I have been competing all around Europe, representing England. As well as acrobatic gymnastics I am also a self-taught contortionist and hand balancer and this is what you can see in Vogue's 'Pic of the day'. Before lockdown I had a professional photoshoot with a photographer called Julia Fullerton-Batten, which was one of the best experiences I've ever had: there was a whole camera crew around, a lot of costume changes and I was styled by a famous hairdresser. It was a full day of taking photos from 9am-10pm with a few breaks. Being in Vogue was a shock - Julia's photographs have ended up in Vogue before but I didn't know that mine would too! It's a huge privilege to be able to have one of my dreams come true so early. I hope to have more opportunities in the future when the world goes back to normal.'

#S4S

Well done to Hannah English, Adhil Mohammad and Naomi Yan Wilgerden who successfully completed the virtual wex programme hosted by Richmond and Wandsworth Environmental team. This took place in the February half term and feedback from the students was really positive. Naomi said 'It was really useful, it gave a lot of insight into how the council is managing highway schemes, engineering and planning applications in relation to the environment and sustainability, I found that there was so much that happens behind the scenes'.

For more work experience opportunities visit: [S4S work experience sign in](#)

Oxbridge Update from Miss Fincham

After our success this academic year, with three students on their way to Oxbridge, we start afresh with the current Y12. So far, I have 17 students signed up to my Oxbridge classroom to start preparations for the applications process. Currently we are working on our super curricular record to prepare for writing a draft UCAS personal statement. Super curricular involves academic work which takes your knowledge and thinking above and beyond the requirements of the A level curriculum and shows that you are a student who is preparing yourself for the rigours of a highly academic degree course. Students should be: listening to Podcast and TED talks; attending on-line lectures and sourcing reading material from first year degree courses linked to their subject choices.

Following recent Y12 mock results and parents' evening, if there are other students who wish to join the group then they should email me directly and I will add them to the classroom. At this stage there is no obligation to ultimately put in an Oxbridge application if you eventually decide this is not for you. You must be aware that the average offer for Humanities is A*AA and Sciences A*A*A - so you must be working towards this level of achievement.

Stars of the week

Ella Trousdale and Juliette Kelly - who have been accepted on programmes for A level students run by Homerton College Cambridge. This will certainly add an excellent feather in their UCAS application cap and introduce them to the joys and expectations of University study.

Opportunities are shared at the beginning of each week with Y12 and Y13 but just to highlight a few upcoming career events, please click [here](#).

Careers @ Grey Court

By Ms Corrighan, Head of Careers & Ms Holmes, Careers Coordinator



Next week is National Careers week and we have various activities going on virtually as well as we hope to raise the profile of talking about future careers and options at home.

Just some of the activities happening:

Y7 will be working on the 'dream job' competition.

A poster for the 'YEAR 7 COMPETITION'. At the top left is the '10 National Careers Week 2021' logo. The title 'YEAR 7 COMPETITION' is in large blue letters. Below the title is a photo of four diverse students wearing different hats (hard hat, astronaut helmet, cowboy hat, crown). Above the photo is the text 'MY DREAM JOB'. Surrounding the photo are five thought bubbles with questions: 'What are the main tasks?', 'Salary and any benefits?', 'Why it is your dream job.', 'Qualifications needed?', and 'Skills required for the job?'. Below the photo is the text 'Create an A4 poster of your dream job'. At the bottom left, it says 'DEADLINE FOR ENTRIES FRIDAY 5TH MARCH'. At the bottom right is a Venn diagram with three overlapping circles labeled 'PASSION: Stuff You Love To Do', 'TALENT: Stuff You're Good At', and 'Career: Stuff Someone Will Pay You to Do'. An arrow points from the intersection of all three circles to the text 'Dream Job'.

Y9 have their Careers and options activities on Wednesday where they will explore their GCSE options and have access to careers videos which have been filmed specifically for our students. Students will have access to all these videos throughout the options process.

Y11 have their GC sixth form interviews this week - good luck Y11!

Students have a tough time making choices for their future. We would like to bring your attention to this Careers Day that students and parents/carers can attend if they are interested and to book a place:

[GT Scholars Careers Summit](#)

#ThankYou

Thank you to all the volunteers who contributed to making videos for our Y9 careers event. We have had alumni, parents/carers, staff and other contacts who have all supported this and we are lucky to have some fantastic resources to share with our students.

Apprenticeship Opportunities click [here](#)

#Wellbeing

February Wellbeing Calendar

Click [here](#) to download

Due to their popularity, Mind is extending their programme of free workshops to help parents build their children's mental resilience



The pandemic is taking its toll on everybody's mental health and especially our children.

Recovery and Wellbeing
Wednesday, 3 March, 7-9pm
Click [here](#) to register

Recovery is not a solo or linear journey, it's a family process. Learn how to safeguard your own wellbeing through the ups and downs. The session includes 5 ways to wellbeing and practical activities.

As well as these two workshops for parents, they also offer specialist courses and services for any child that is finding this time particularly difficult:

The Reach programme for 14-18 year olds that offers three stand-alone, six week courses that include:

Anger management
Anxiety management
Low mood and self-esteem

Peer mentoring offers young people aged 11-18 up to eight sessions with a trained volunteer to support them with short term goals and help reduce low levels of anxiety or feelings of loneliness.

For more information please email:
youth.service@rbmind.org

Information for young people aged 11-18

Mind have developed a set of resources for young people, to ensure young people and their families can access the information they need to live mentally healthy lives. Click the links for additional information:

[Young people and coronavirus](#)
[Supporting your teen's wellbeing](#)
[Understanding your feelings](#)
[Finding support](#)

If you identify as LGBTQ+, or support someone who does, read our info on [LGBTIQ+ mental health](#).



Worried about something that's happened online?

With many children and young people still learning from home, the internet remains hugely valuable for education, entertainment and keeping in touch with family and friends. Most people online will be genuine and supportive. But some may try to manipulate or force young people into sexual activity.

Therefore, it is vital to continue to raise awareness of what to do if something goes wrong online.

Signpost young people to this [article from our 11 to 13s website](#) and for parents and carers [article for parents and carers](#).



Team Ground Force

Team Ground Force aka 'Charlie and his angels' hard at work getting the school grounds ready for the return of our students



The team working in the allotment over the half term break

NEVER
UNDERESTIMATE
THE HEALING
POWER OF A QUIET
MOMENT IN THE
GARDEN.

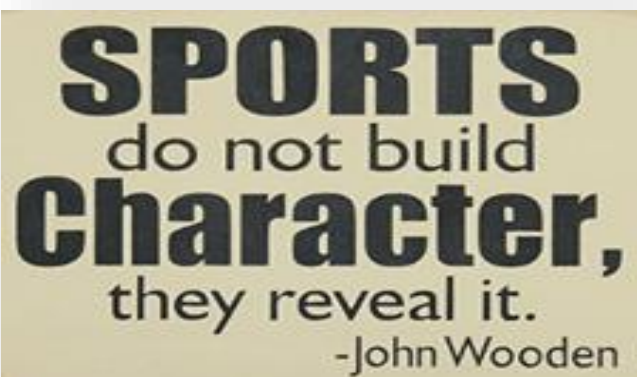
Sports Stag

Sports' Fitness Challenge

[Watch](#) Xavier Mtandabari in Y8 completing the FIFA PE fitness challenge

London Youth Games are launching a Virtual Dance Event this Saturday (27 February).

Please see the flyer at the end of the bulletin.



Brentford FCCST latest Socccercise Video

We would love to see your creations so please post your videos by tagging @brentfordfccst, [on our official twitter or Instagram page!](#)

Please click on the link and have a go!
<https://www.youtube.com/watch?v=nGC5dbWt3EY>

LONDON YOUTH GAMES

London Youth Games have launched their Virtual Inclusive Games which all young Londoners can take part in! The Games is 8 weeks long and has 3 new challenges every week. The LYG Virtual Inclusive Games are open to all young Londoners. To participate, simply complete the challenges and submit your scores via our website to earn points for your borough.

Challenges will be released every Tuesday, Wednesday and Thursday at 9.00am. You will have until Sunday at 6.00pm to complete the challenges and submit your scores. Individual prizes are also up for grabs. Share videos of your challenge attempts on social media using #ThisIsLYG to be in with a chance of winning the weekly MVP award and some Nike swag.

To upload scores, go to: <https://www.londonyouthgames.org/virtual-games/lyg-virtual-inclusive-games/> and open up which week it is 'Week One' this week. You will see the video of the challenge and where to upload.

To see the new daily challenge, please visit our twitter page or check the LYG website.

As always, any questions, please email Daniel.hayden@richmondandwandsworth.gov.uk

This week is Cricket! As always, all challenges can be found on our Twitter: <https://twitter.com/TeamRichmondLYG> and here: <https://www.londonyouthgames.org/virtual-games/lyg-virtual-inclusive-games/>

The keepy up challenge does not require a bat, if you have a book or cooking tray you can do it with those!

Any questions, please do not hesitate to ask lets hope to see Richmond back in the top 3 this week!

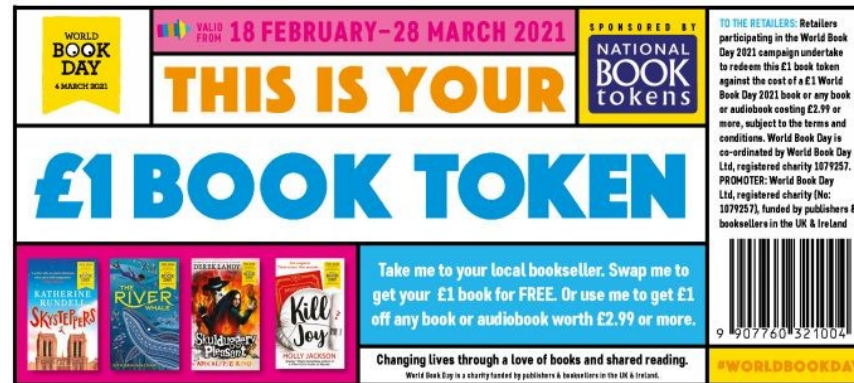
WORLD
BOOK
DAY

4 MARCH 2021

World Book Day

March 4th 2021

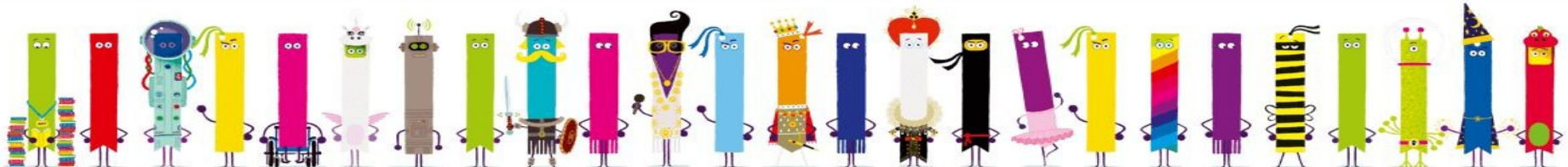
Claim your Book Token. Can be used online and instore



#ReadingsPower

#WorldBookDay

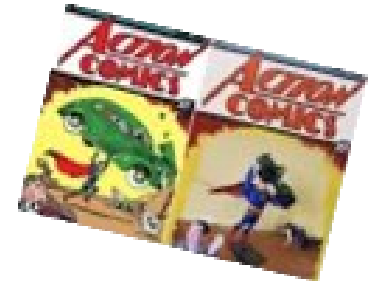
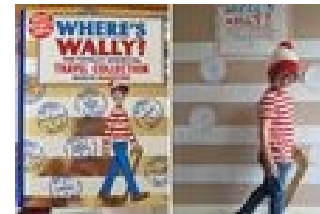
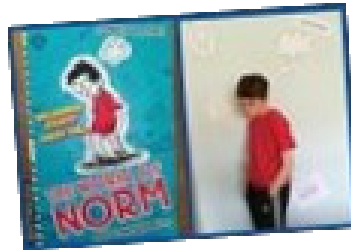
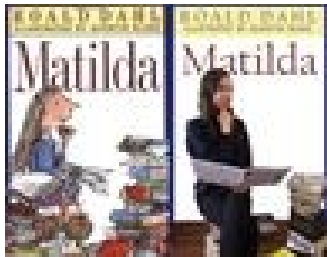
#WBD2021



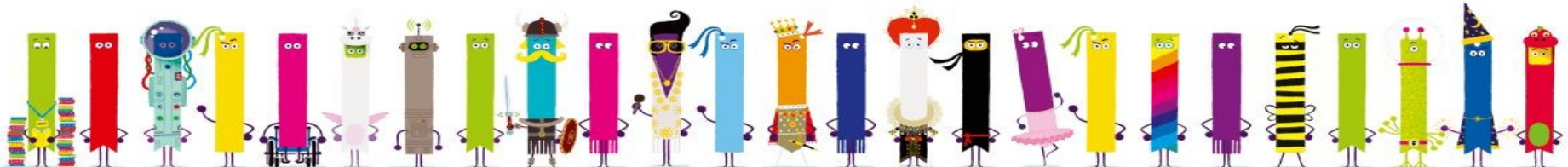
Fancy Dress & Recreate A Book Cover

Prizes for the best fancy dress and best front cover recreation.

- Dress up as your favourite fictional character for the day. Your teacher is going to love it when you attend their lesson dressed head to toe as Gandalf, or The Grinch, or even Gangsta Granny.
- Recreate a book cover. Here are some examples:



Submit your pictures and front covers to djohnson@greycourt.org.uk



WORLD
BOOK
DAY

4 MARCH 2021

Competition

Design a Nation

One lucky winner's design will be made into a real li
across bookshops nationwide in time for Christmas!

To take part, your pupils simply have to make their

Natio

age ca

[HOW TO ENTER](#)



Nathan, 8



Serena, 7



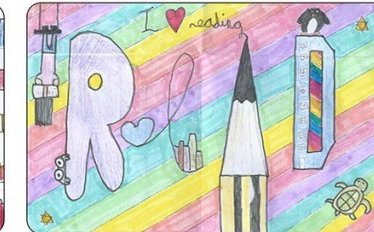
Nathan, 8



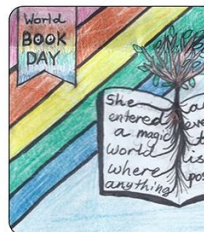
Serena, 7



Samia 10



Poppy, 11



Iona, 12



Nathan, 8



Serena, 7



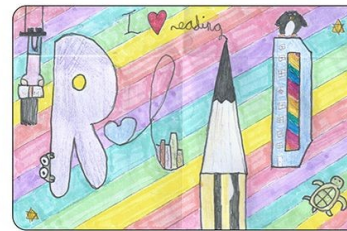
Ammee, 17



Napatsorn, 14



p. Samia 10



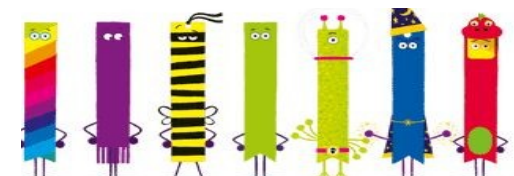
Poppy, 11



Ammee, 17



Napatsorn, 14



WORLD
**BOOK
DAY**

4 MARCH 2021

Share A Story Live

The good people at WBD have put together free live events for you to stream. You can watch them by clicking on the pictures, or by going on to the World Book Day YouTube channel. Make sure to visit each page before the event to post your questions to the author or illustrator.

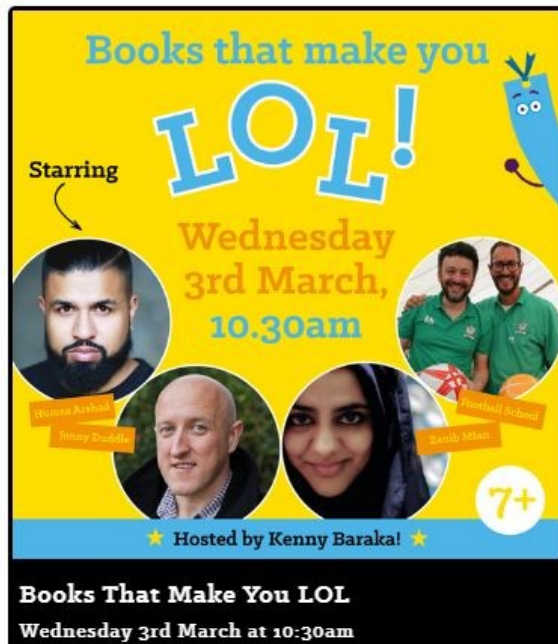
Books that make you **LOL!**

Starring

Wednesday
3rd March,
10.30am

Hosted by Kenny Baraka!

Books That Make You LOL
Wednesday 3rd March at 10:30am



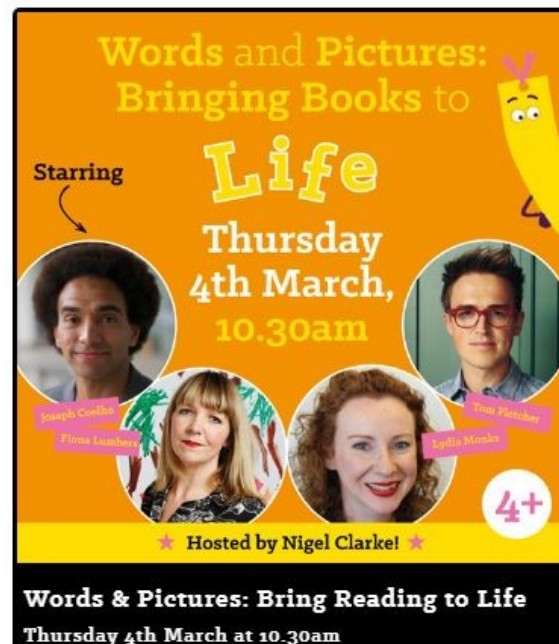
Words and Pictures:
Bringing Books to **Life**

Starring

Thursday
4th March,
10.30am

Hosted by Nigel Clarke!

Words & Pictures: Bring Reading to Life
Thursday 4th March at 10.30am



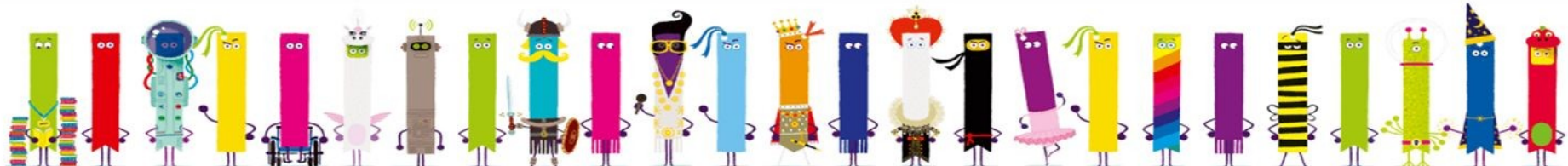
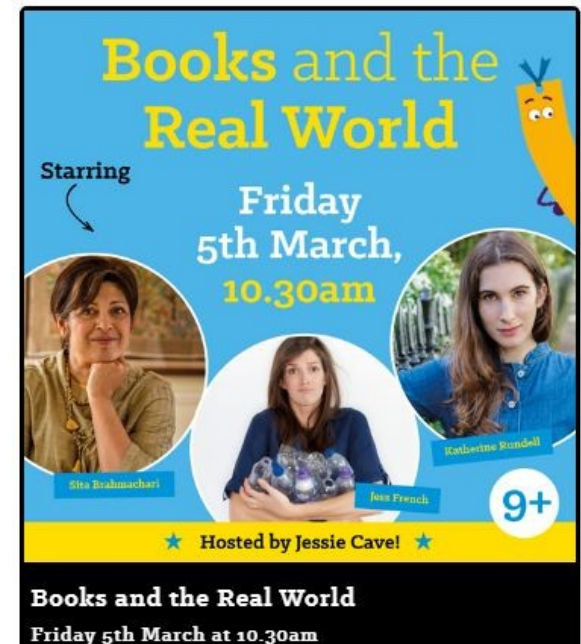
Books and the **Real World**

Starring

Friday
5th March,
10.30am

Hosted by Jessie Cave!

Books and the Real World
Friday 5th March at 10.30am



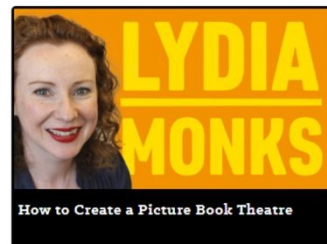
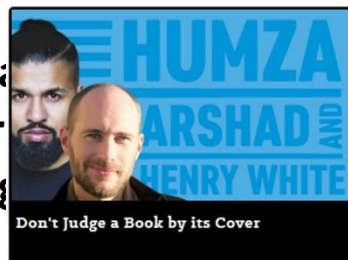
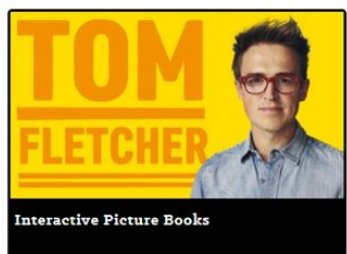
WORLD
BOOK
DAY

4 MARCH 2021

Author & Illustrator Academy

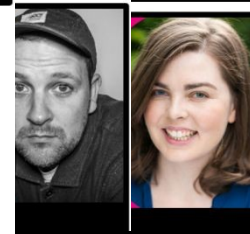
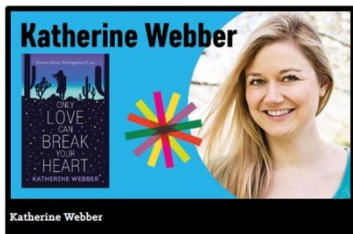
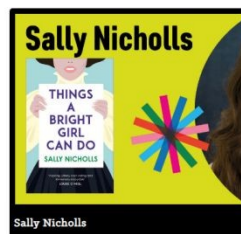
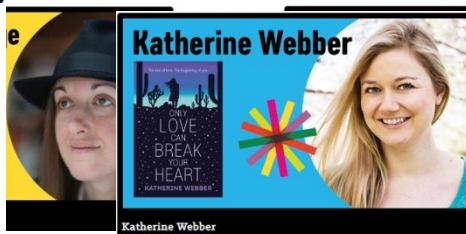
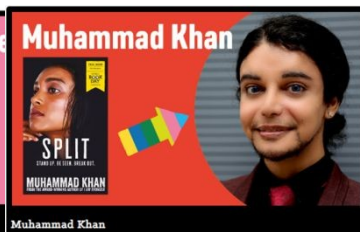
Free workshop videos from authors and illustrators with downloadable activities, resources and more. The lessons are perfect for home learning.

Each lesson is a complete package to go with each video



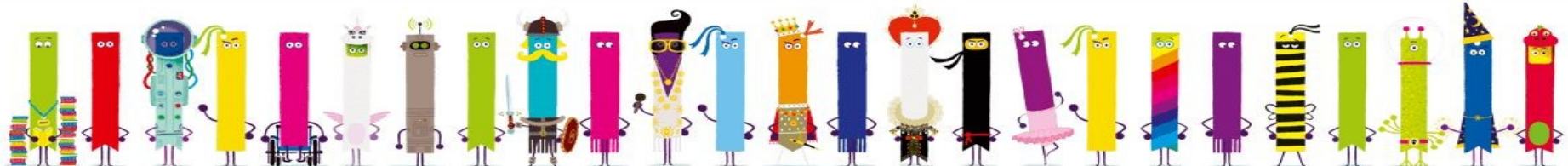
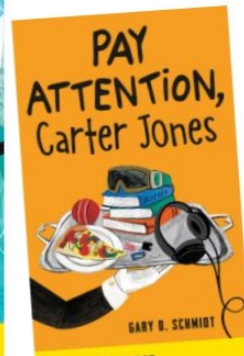
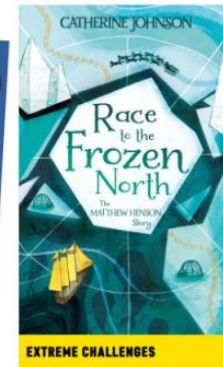
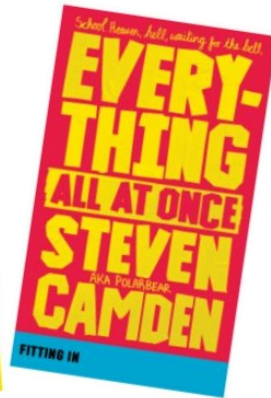
Podcasts

An incredible array of authors talking about various literary topics including what **#ReadingIsPower** means to them.



The Power List

From books to help you find your voice to stories that stay with you long after the final page. Empowering you. Feeding your soul. Building your empathy.



WORLD
BOOK
DAY

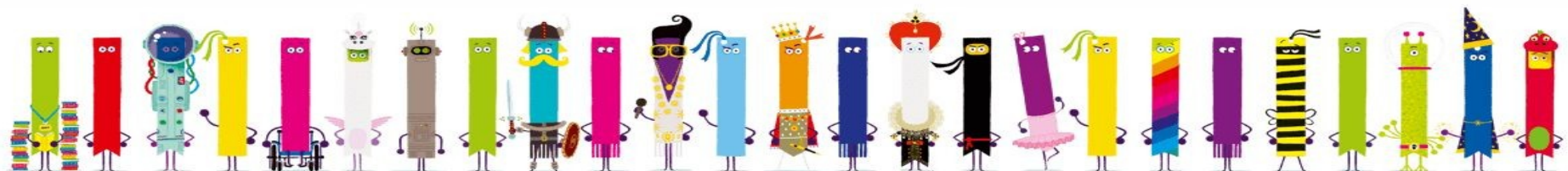
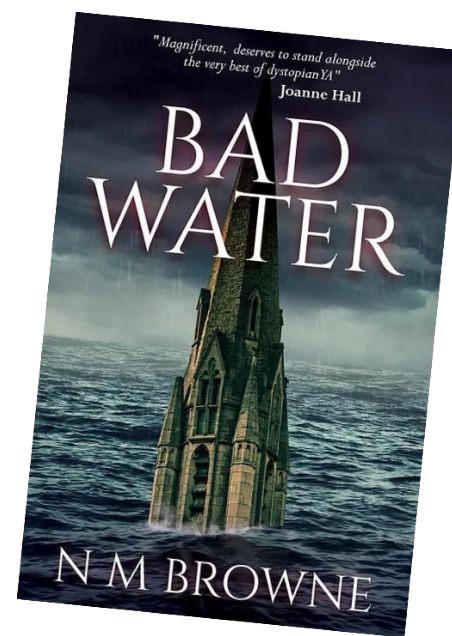
4 MARCH 2021

Fear to Fiction

Nicky Browne, local author, talks about her recent release, *Bad Water*, as well as giving hints and tips in a workshop of how to turn your biggest fears into a bestseller. Grab a pen and paper.



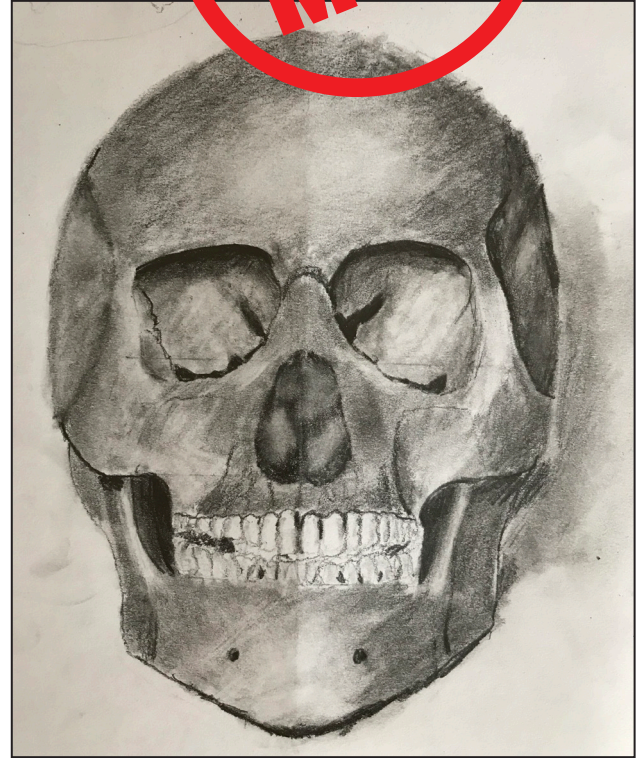
Writer, poet, teacher, book-doctor.



DRAWING MATTERS

Online Workshops Spring term 2021

**Even
More**



'Drawing Matters' is run by experienced practicing artists, Stuart Simler and Tahira Mandarino, who bring with them a broad range of skills from Fine Art and Ceramic backgrounds at BA, MFA (Hons). This course is for all pupils who have an interest in Art and especially drawing, which is an important part of young people's creative development. Drawing is not only a skill but an expression that connects us to our environment, develops a sense of wellbeing and helps us to reduce anxiety. We encourage freedom of expression alongside learning new techniques and skills.

We will be using the zoom platform and will send out information about each workshop before hand to allow for each student to prepare.

DATE & TIMES: **Thursday** 14th January - 11th February 2021 3.40pm - 4.40pm blk 1
25th February - 25th March 2021 3.40pm - 4.40pm blk 2

YEAR GROUPS: Yrs 7- 9 / Students passionate about art (GreyCourt)

COST: £40.00 - 5 classes per block

How to apply:

If you would like to book a place for your daughter or son please email Tahira confirming payment:

tahiramandarino@icloud.com

Grey Court School is keen to ensure this opportunity is open to all students. Should you wish for your son / daughter to take part but may need financial assistance, please contact Ms Price by email:

vprice@greycourt.org.uk

Payment terms BACS: Company name: Raw Ground Arts Limited

Sort: 40-26-12 Account: 32189860

Cheques made payable to: Raw Ground Arts Limited and sent to:
1 North Lane Teddington TW11 0HJ

We look forward to welcoming you onto the workshops.

Tahira and Stuart



RG A

www.rawgroundarts.com
LONDON



March Membership Events

Throughout March we will be holding a series of events for new and existing Richmond PCF Members. All parents who care for a child or young person aged 0-25 years with a Special Educational Need or Disability (SEND) can become members.

Register here to start accessing your exclusive Richmond PCF Member benefits:

<https://www.richmondpcf.org.uk/membership>

Membership is FREE - if you register before March 31st 2021 you will be sent a participation pack to enjoy at one of our Member Events – choose from a **luxury treat hamper** to enjoy at our virtual Meet and Eat quiz event or a **yoga and wellbeing kit** to use at one of our online yoga sessions! Places are limited so please don't wait to register.

If you would like to know more about Richmond Parent Carer Forum please visit us at <https://www.richmondpcf.org.uk> If you have problems registering or any other query please email us at information@richmondpcf.org.uk You can also follow us on Facebook <https://www.facebook.com/richmondpcf> or Twitter <https://twitter.com/RichmondPCF>

Meet & Eat

Thursday 18th March 1.00 - 2.30pm or Friday 26th March 8.00 - 10.00pm

Tuck into your treat hamper and join us via Zoom for an informal catch up with new and existing PCF members. We'll be hosting an on-line quiz and attendees will be entered in our free prize draw!

Training in SEND Law

Tuesday 16th March 9.30am – 3.00pm

A rare opportunity to access IPSEA training in SEND law, the programme is specifically tailored to help parents understand and navigate the SEND legal framework.

Yoga and Relaxation

**15th March 1.00pm – 2.00pm, 23rd March 1.00pm – 2.00pm,
17th March 8.00pm – 9.00pm or 22nd March 8.00pm – 9.00pm**

With a choice of morning and evening sessions and led by a qualified instructor, our yoga classes are a gentle way to get moving and de-stress. Suitable for absolute beginners and experienced yogis.

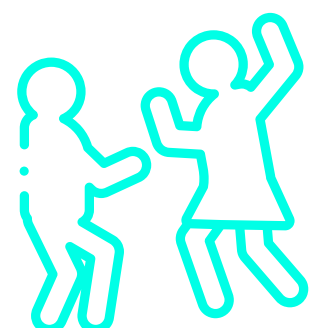


OPEN VIRTUAL GAMES

LYG VIRTUAL DANCE

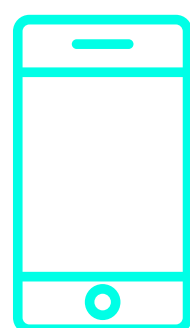
 **Saturday 27th February – Friday 9th April**

London Youth Games are launching a Virtual Dance event to give all young Londoners the opportunity to stay active, represent their borough and express themselves during the pandemic.



FORMAT:

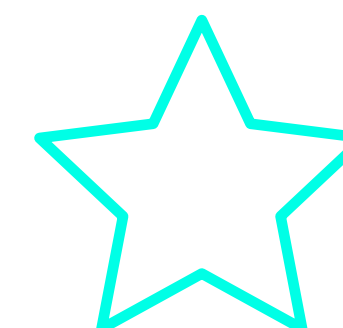
- LYG Virtual Dance will run for six weeks, with each week dedicated to a different style of dance including Street, Latin, Contemporary and Bollywood.
- A tutorial video for the week will be shared every **Saturday at 10am** on the LYG website and social media channels, set by a dance professional sharing their favourite moves and inspiring young Londoners to create their own routines.
- Participants have until **Friday at 12pm** to confirm their participation in that week's style via the LYG website.
- Throughout the week there will be other fun dance activities for young Londoners to get involved in.
- To find out more information on how to get involved in the event, please visit:
www.londonyouthgames.org/virtual-games/



ENTRY SUBMISSIONS:

- a) Participation - Anyone who has taken part in the week's style submits their information to LYG via website and earns a point for their borough. No video evidence required.
- b) MVP (Most Valuable Player) awards – For a chance to win that week's MVP award, participants must submit a video of their dance routine (maximum 1 minute). A MVP panel will select their video of the week, based on creativity, effort and enthusiasm.

All participants are encouraged to tag **@ldnyouthgames** and use **#ThisIsLYG** when sharing videos on their social media channels.



RESULTS:

- A leaderboard will be shared to show the engagement in each borough, so it is important to let LYG know you have taken part to help move your borough up the leader board.
- The MVP winners will be announced for each week and will receive prizes.

