



**'London'** by Andreia Pandi

This piece is part of Andreia's Y12 A Level artwork coursework project, and has been entered for a national virtual Art exhibition called 'The Great Exhibition' with Firstsite gallery in Essex.

### Dear Grey Court Community

This has been a busy week: activities' day, World Book Day and Careers' week. The community got fully involved in all activities. Great fun was had by some of the Y8s who dressed up for World Book Day, and the Tanzania Challenge winners (by participation) were Romans! Well done to everyone who took part. Please see some of the fantastic work produced on activities' day. We also saw the launch of our *Grey Court Sixth Form Literary & Artistic Magazine*. The link can be found on page 21 of this bulletin. And, lastly, we are all

looking forward to the students returning to school on Monday.

**Chris Rhodes**  
Headteacher

### PE Spring Extracurricular

**Timetable** The Spring Timetable for PE extracurricular activities can be found in the Sports' Stag section of this bulletin.

### KS3 Extracurricular Clubs

**March 2021** We will publish the schedule of extra-curricular clubs for the remainder of the spring term in next week's eBulletin but will also email this to all students in Y7-Y9 as soon as it is confirmed. As clubs still need to run in bubbles, we remain somewhat constrained by this but will change things around for the summer term so the students get the opportunity to try something different.

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**"Going above and beyond for every child, every day."** Chris Rhodes, Headteacher

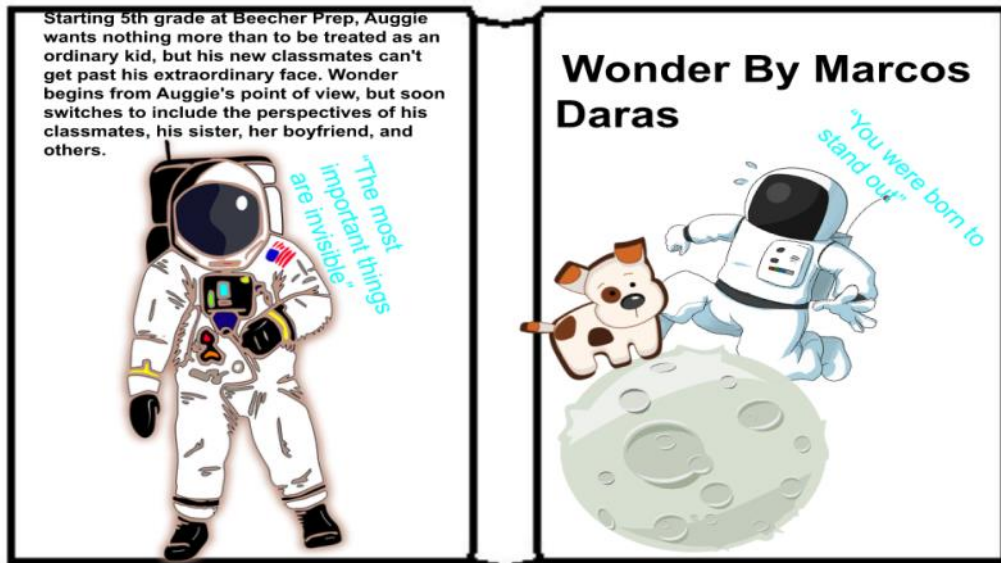


# Activities' Day

#Y7bD

English Book Cover Design

Marcos Daras



Alfie G Miller



# WONDER

Author: Miraan Jawed



A boy that's not like others at all. He is a boy that has treacher collins Syndrome. His one dream is to be a Normal boy so when he walks down The corridor he doesn't get looks

My name is August  
I won't describe what  
I look like. Whatever  
you are thinking its  
probably worse. Y

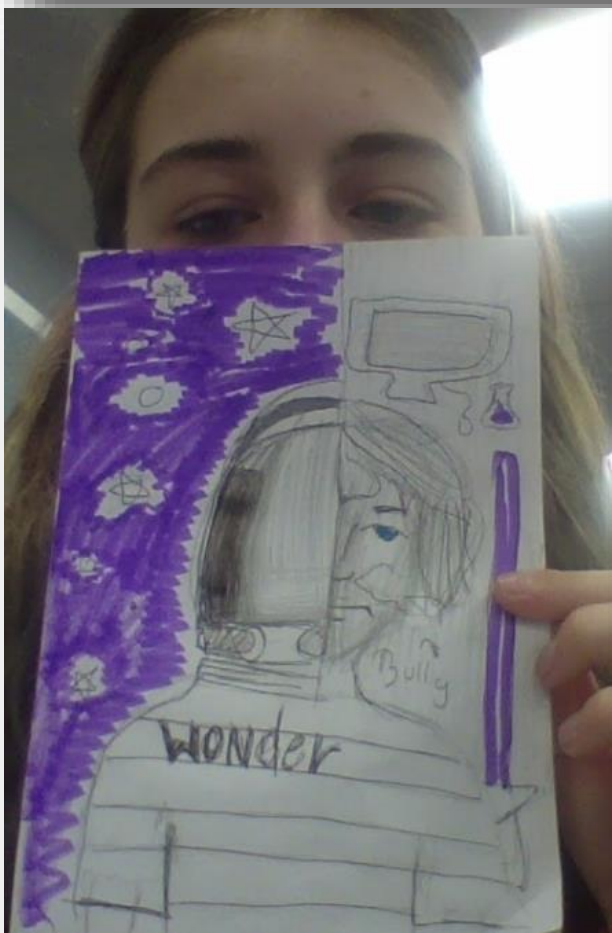
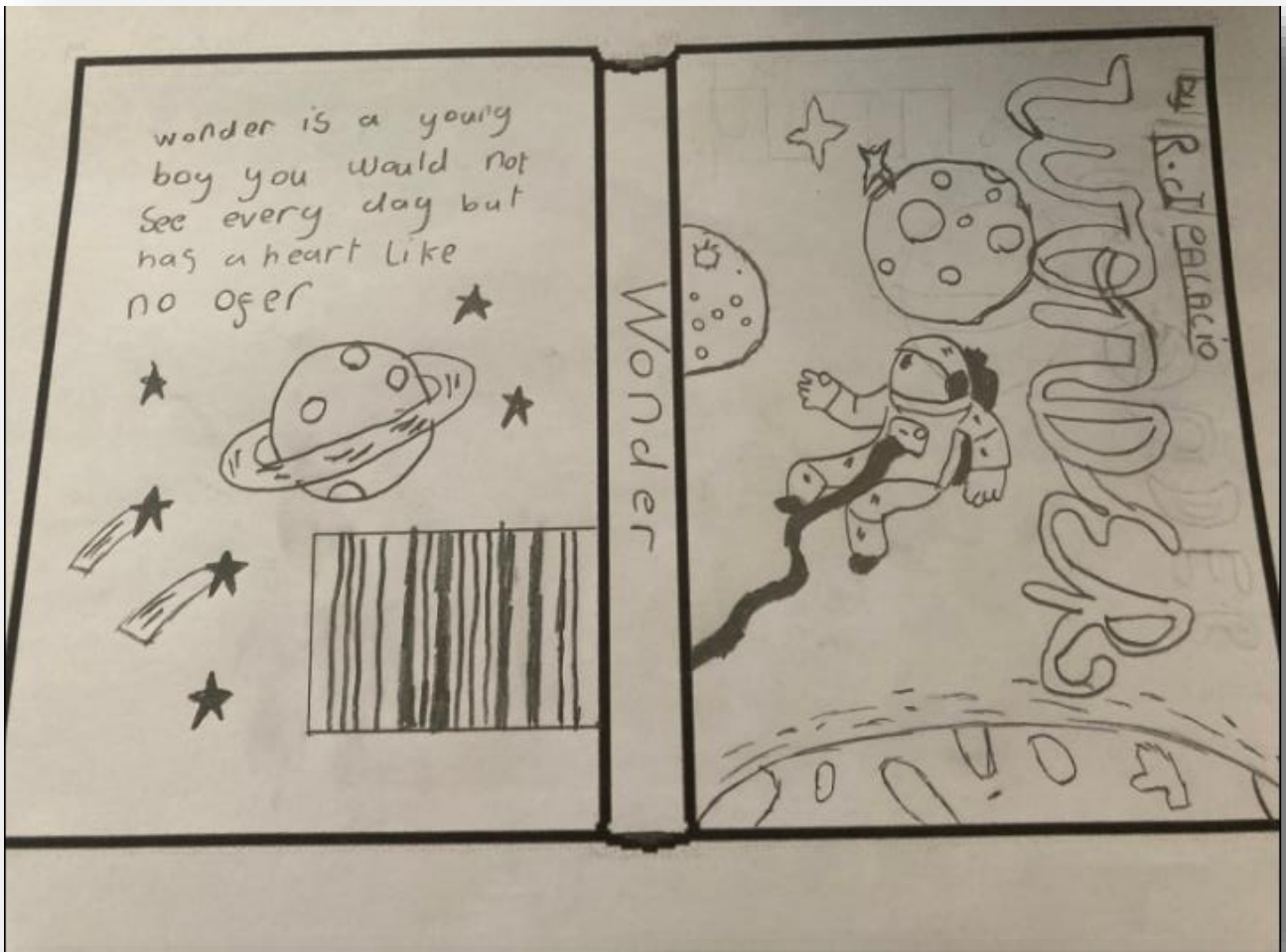
WONDER  
By R. J. Palacio

You can't bleed in  
space you are born  
to stay out



WONDER

R. J. Palacio





Historical Art by Florentine Canty



A delicious cake celebrating some of history's inspirational leaders. By Olivia Castro Doncel

Photo (right) taken by Kin Wah Leung, showing a memorial to victims of a high explosive bomb dropped in the Kingston area during WW2.

The newspaper cutting (right) shows the reporting of this devastating event at the time.

# #Y10B History Activity Day

Students were given options for their Activity Day - various screen break activities such as making historical cakes, making wartime recipes, creating historical art or exploring the history of their local area. If they wanted some further research, we set them a task to research soldiers from their local area who fought in WW1 and WW2.

We've had some fantastic work sent in - well done everyone!

Ms Hawkins (Head of History)



Shortbread made using a WW2 recipe book (so only ration ingredients!) By Tae Joo Han



**V BOMB KILLS FIVE**  
**Number Injured and Houses Demolished**  
**UNSPARING RESCUE WORK**

**Woman's Tragic Discovery on Return From Funeral**  
 When a V-bomb fell on a house in a residential area in Southern England recently, five people were killed, a number of people injured and some houses destroyed. Blast damaged other homes and made some uninhabitable. Among those who lost their lives was a small boy who was walking in the street when the bomb dropped.

**DAUGHTER DEAD**  
 Mrs. Gudgeon had been to the funeral of a friend and while she was away heard the explosion of the bomb, but thought nothing of it. She had the greatest shock of her life when she returned to find demolished the house of her daughter, Mrs. Mason, with whom she lived, and her daughter and grandchild buried under rubble. For over an hour Mrs. Gudgeon stood watching the efforts to reach the trapped people. When the workers succeeded it was found that Mrs. Mason had been killed and her boy, Brian, seriously injured. Buried under the same pile of debris was another young child, Michael Murray, who was also rescued alive, but injured. His cries of "Get me out of here," quickly led the rescuers to where he was trapped and he was finally freed. From another damaged house a five year-old girl was extricated. She had a head injury but at once started to clean a small silver bracelet that dangled from her wrist.

**FIRE PROMPTLY PUT OUT**  
 Several people had narrow escapes from flying glass. C.F. personnel, police and N.F.S. all did rescue work deserving of the highest praise, and passing in soldiers gave valuable assistance. The Vicar of the parish was untiring in comforting the bereaved and made several journeys to hospital in the ambulance, ministering to the casualties. Fire broke out at one house, but was promptly extinguished by the N.F.S. Mr. Wells, a B.R.C. official, was standing outside a sub-post office only 10 or 15 yards from where the bomb fell. "Something hit me on the head—that was the first I knew about it," he said. There was no prior warning at all. He threw himself to the ground wondering what would happen next but beyond the crash of falling masonry and the rising of clouds of dust nothing more happened. Mr. Wells was only slightly injured and quickly set about helping in the work of rescue.

**BLOOD WAS—RED INK**  
 A sub-post office was practically wrecked and at first sight it appeared that the sub-postmaster was badly injured, but what looked like blood over his face and clothes was in fact red ink from smashed bottles in his shop. He was not badly hurt. A doctor, who was on the scene early and late, was picking a way through the debris to find the easiest path for a stretcher case when he heard a voice calling. It was that of 10-year-old Mrs. Rummy. She was buried and pinned down by the legs but she directed the rescuers who came to her aid and seemed quite happy as she was taken to hospital. Rescuers had to crawl under a collapsed floor, by way of an opening that only allowed the men to squeeze through on hands and knees, to rescue two boys.

**ALSATIANS USED**  
 Two trained Alsatian dogs—one all black—were brought to help locate possible buried people. They were taken to the mounds of rubble. They would sniff now and then paw the ground, and after a pause, the rescuers would dig away again. Impressive moments were those when a rescue party would call for silence—for silence to catch the possible sound of someone beneath the debris. Rescue workers all around would cease their labours and it seemed that all were holding their breath whilst those on the particular mound of rubble bent low and strained to hear a noise which would guide them to a rescue.

**300 CHILDREN NEARBY**  
 A few hundred yards from where the bomb fell some 300 children in an elementary school were preparing for the afternoon milk distribution when a crash came—the crash of broken windows and falling pieces of ceiling. A few children received cuts but none was seriously hurt. Mothers who besieged the school were more perturbed than the children.



## Anzac Cookies by Skye Swift

Anzac cookies were established in WW1 as they are made from ingredients that don't spoil easily. Also due to the oats these were very substantial and filling cookies keeping people fuller for longer.

The ingredients include: Flour, Oats, Syrup/honey, Sugar, Desiccated coconut, Butter, Bicarbonate of soda



A huge thank you to all the students and staff who participated (whatever the distance travelled) in this initiative.

I trust that there will be a similarly high uptake for the next house challenge: Greco-Roman wrestling with Mr Wilmore.

## The Tanzania Challenge

has proved a great ideological success - even if we didn't quite make it to Tanzania (more like Alexandria in Egypt) let alone back in time for tea! However, a huge congratulations to all the staff and students who braved a damp drizzle that reminded me of my time spent patrolling Hadrians Wall with the 9th Legion in 45 AD. As the chronicles of the Grey Court house system clearly show, the Romans triumphed once again - in what is becoming - frankly - a procession. Elsewhere, a huge well done to fellow Roman and Sixth Former (Henry Medcalf) for his 64 Km epic, to Y8 for mobilising the most participants and to 9 Willow for being the most active form. And in a worryingly competitive staff event, well done to Ms Stafford Jones for covering the greatest distance (37.5KM) 0.5KM more than your training partner, Ms Hawkins, who rode with you but recorded a distance of 37KM - the bottle of vintage Roman red courtesy of vintner Rhodes' wine cellar - goes to you.

A huge thank you to all the students and staff who participated (whatever the distance travelled) in this initiative.

Staff Winners **Ms Hawkins** and **Ms Stafford-Jones** are all smiles at the end of a

tremendous effort whilst **Mr AllChurch** and **Ms Rudd** get out and about for the first time in a number of weeks - "into the heart of light - the silence!"





### Basics

4,309 KM Covered  
Average = 10.48KM

### Winning House by Participation

Roman 132  
Trojan 101  
Aztec 91  
Spartan 74

### Top Year group by Participation

Year 11 = 28  
Staff = 47  
Year 9 = 47  
Year 10 = 54  
Sixth Form = 62  
Year 7 = 74  
Year 8 = 79

### Highest Participation by Form Group

11 Cedar = 6  
10 Maple = 13  
10 Rowan = 13  
7 Willow = 13  
7 Beech = 14  
8 Willow = 14  
9 Willow = 16

### Greatest distance Covered

#### Staff

Cat Bowie = 15KM (Roman)  
Victoria Scrambler 15.44KM (Roman)  
Rob Hurley = 17KM (Roman)  
Rachel Hill = 19KM (Trojan)  
Leah Howell = 20KM (Trojan)  
Sen Nair = 20KM (Trojan)  
Penny Moore = 20KM (Aztec)  
Emma Crisp 22KM (Aztec)  
Faraz Khan = 24KM (Aztec)  
Richard Clements 33KM (Roman)  
Rebecca Hawkins = 37KM (Trojan)  
Rachel Stafford-Jones = 37.5KM (Spartan)

### Sixth Form

Yashvi Patel = 17.31KM (Aztec)  
Joseph Sparks = 18.26KM (Roman)  
Melik Dudinzski = 20KM (Spartan)  
Toby Skinner = 32KM (Roman)  
Henry Medcalf 64.28KM (Roman)

### Year 11

Edith Johnson = 35.91 KM (Roman)  
Lily Abbott = 42.2KM (Trojan)  
Amelia Gowe 42.2KM (Trojan)

### Year 10

Ximena Harrington To = 20KM (Roman)  
Adam Boauziz = 20KM (Roman)  
Zuko Rob = 40KM (Aztec)

### Year 9

Mohammed Lemma - 15.6 KM (Roman)  
Sofia Guillroy - 19KM (Roman)  
Sofiane Tahir - 20.5 (Trojan)

### Year 8

Dylan Rajapaksa - 15.25KM (Trojan)  
Etienne Walsby = 16.54KM (Trojan)  
Xavier Mtanbari = 16.54KM (Trojan)  
Charlotte Rae = 19.94KM (Trojan)

### Year 7

Uma Cizmic 16.27KM (Spartan)  
Solomon Myhill 17KM (Roman)  
Neve Rugette (17KM (Roman)  
Bade Isik 17.8KM (Roman)  
Alessandro Leguel = 40 KM (Roman)

# Dressing up for World Book Day





**Some light hearted fun whilst dressing up for World Book Day**

In no particular order the photos feature: Tom Faulkner, Lenny Mavale, Taylor Rumney, Elsie Hobson, Richards Missins and Imogen Tillyer and Mr Kisby and Ms Shore





# #Y7 History Castle Project

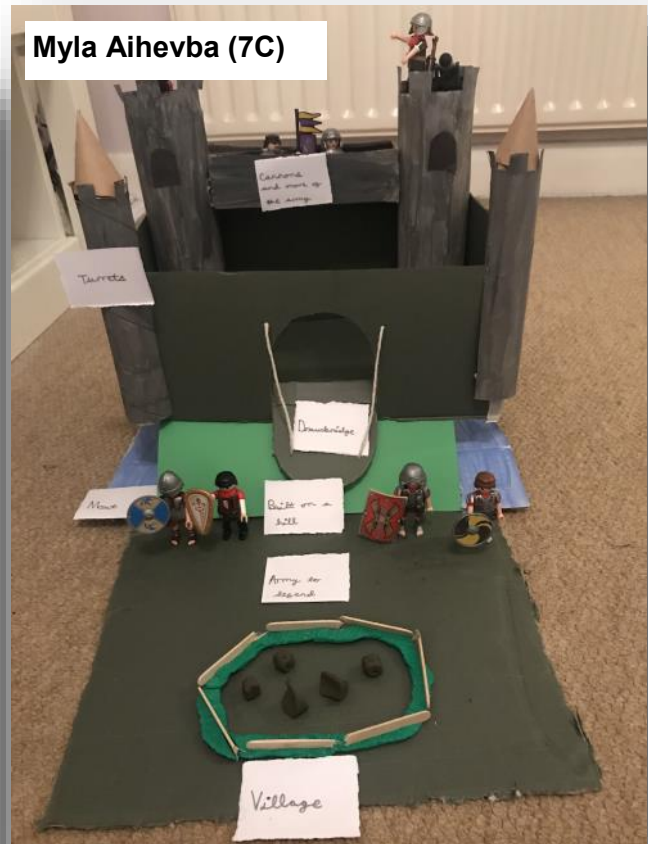
Every year, we set our Y7 students a Castles project as their homework for the Spring half-term. This coincides with their study of Medieval Britain. Students are tasked with completing a booklet and then creating a drawing, model or even a cake to show what they have learnt about Medieval castles.

Despite the difficulties during lockdown, we've had some fantastic projects submitted this year and we are so proud of the effort our Y7 students have put into this work. Here are some examples of the fabulous work we have received.  
Ms Hawkins (Head of History)

Dion Gjocaj (7C)



Myla Aihevba (7C)



Anna Wild (7C)



Alfie Grimshaw(70)



Ane-Katherine Brogaard-Burdock (7M)



Lucan Ray (7M)



Uma Cizmic (7O)



Gabi Judkiewicz (7M)



Philine Zoela (7O)



More information to follow...when you are in school !!

COMING SOON.....G.C. SCHOOL PRODUCTION 2021

"It's time to play the music. It's time to light the lights."

# "Misinformation: The musical"

Written by you!

We need writers to write scenes, performers to perform them (in bubbles, of course). We need set, lights, sound, costume, props, stage management, musicians..

## THE SONG ACADEMY YOUNG SONG- WRITER 2021 COMPETITION

Don't miss the opportunity of celebrating your creativity! There are **only 4 weeks left to enter The Song Academy Young Songwriter 2021 competition.**

If you aged 8-18 and love writing songs, please enter the competition and be part of an inspiring community of young songwriters around the world. Now more than ever it's important for young people to express themselves and be heard.

Click [here](#) for more information.

**CALLING ALL SONGWRITERS**

## WE NEED YOUR HELP!

We need a **scaffolding company** to volunteer to build a set for the school production next term. We will need you to erect and dismantle (full H&S checks etc) and it will be on site for three weeks.

Contact: [rpage@greycourt.org.uk](mailto:rpage@greycourt.org.uk)

## New Kingston and Richmond Youth Voice Podcast

The Kingston and Richmond Youth Council have set up their own podcast channel, called 'Kingston and Richmond Youth Voice Podcast'. In the first episode, Youth Councillor Isabella Topley interviews UK Youth Parliament Member **Joe Crabtree** (ex-Grey Court student) about climate change. Are we doing enough and how can we make a difference?

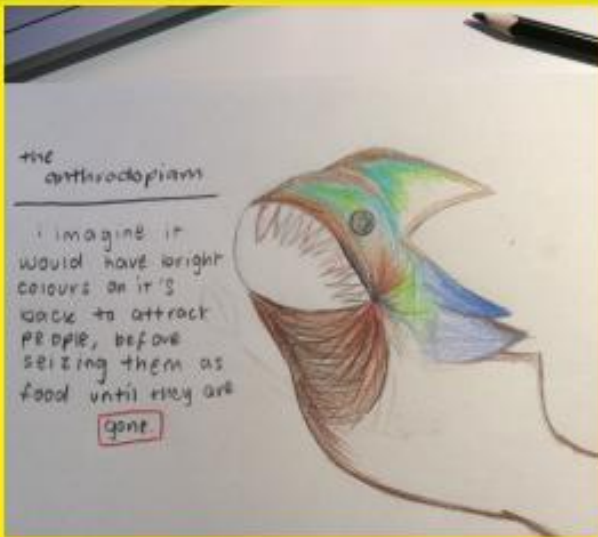
You can listen to the podcast on [Spotify here](#).

# The week in Art



Hareer - Filip -  
Louis - Ali  
Fabian - Charlie  
- Alkinoos

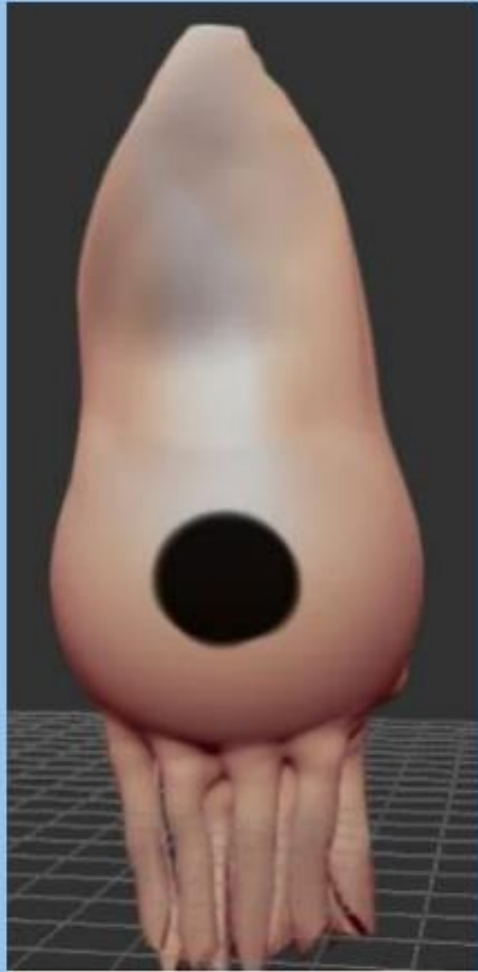




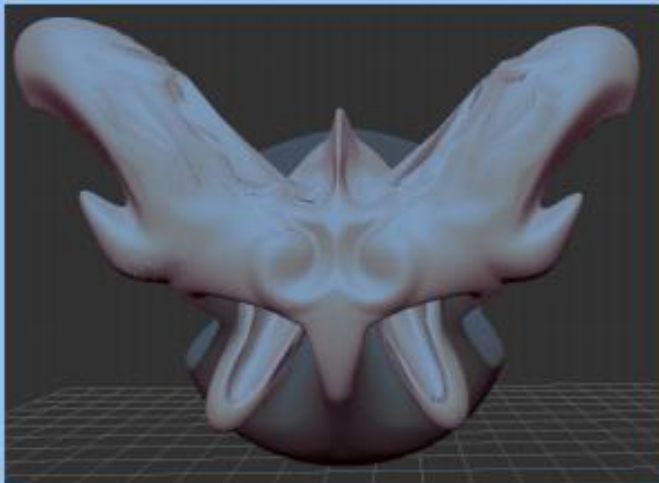
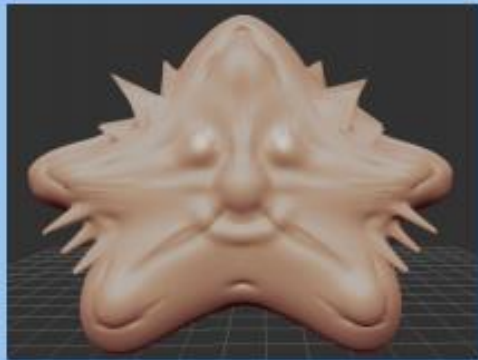
**TATE**  
  
GREY COURT

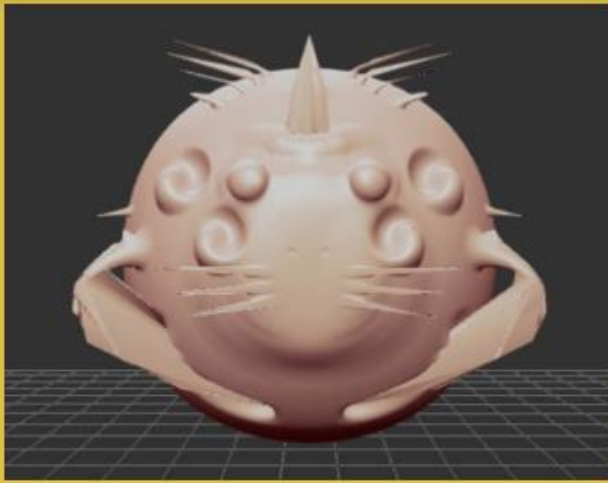
Juliette - Jake  
- Jacob  
Hussein -  
Hannah  
Fawaz - Kane



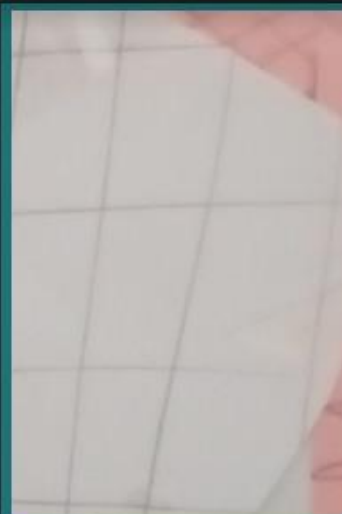
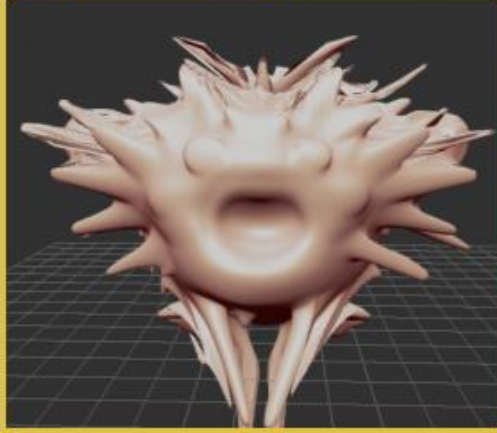
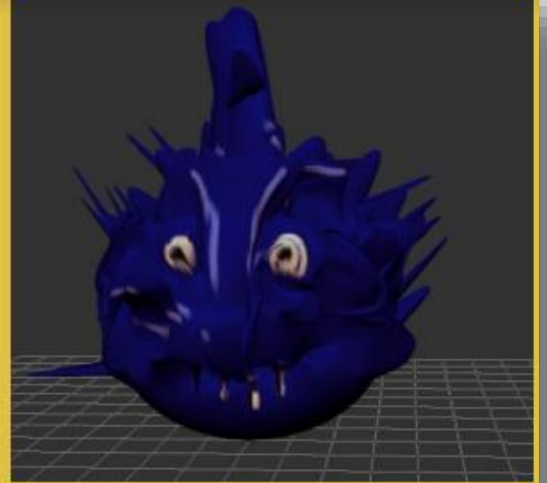


Jack - Georgia -  
George  
Ella - Sam - Millie

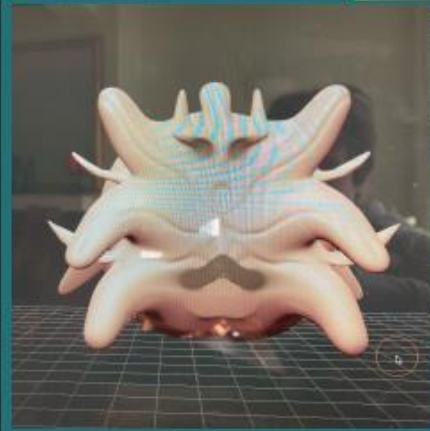




Boris  
Savit  
Lily  
Koyul  
Januar



Tatiana  
Sacha  
Mia  
Joshua  
Jessica  
Jack  
Christina  
Charlotte



PIC-COLLAGE





#Y11  
BTEC



## Music Technology EPs and feedback forms

As part of the final work prepared on the Level 2 Music Technology course, students have worked together to create their own EPs, singles and marketing materials. They have created some outstanding pieces of work and have worked extremely hard to reach such professional standards. The pupils would very much like you to hear them and gain your feedback. The links to their work and feedback forms can be found below. I hope you enjoy adding their new music to your listening rotation.

Please remember to share, like and subscribe!

Thank you, Mr Allchurch

## Beyond Kingston

Finlay Boa, Felix Baker-Jones, Conor Strickland

YouTube channel: <http://bit.ly/3b3Hx1k>

Feedback form: <http://bit.ly/2Ofeq1U>

A screenshot of a YouTube channel page for 'Beyond Kingston'. The page features a search bar at the top, a navigation menu on the left with icons for Home, Trending, Subscriptions, and Library. The main content area shows a video player with a white, snowy forest scene and a 'PLAY ALL' button. Below the player, the channel name 'Beyond Kingston' is displayed with a 'SUBSCRIBE' button. On the right side, a list of three videos is shown: 'Layers - Beyond Kingston' (4:38), 'Reversers Emblem - Beyond Kingston' (3:14), and 'Odd Socks - Beyond Kingston' (3:16). The channel's profile picture is a circular logo with the letters 'BK'.

**Skylight Saga**  
Alex Clayton, Jack Pocock

**YouTube channel:** <http://bit.ly/3b9lpm0>  
**Feedback form:** <http://bit.ly/3r3iKA1>



**Gente en una lata**  
Maya Banarse, Alfie Turner, Owen Croxon

**SoundCloud page:** <https://bit.ly/3nYjpQW>  
**Feedback form:** <http://bit.ly/38iSn1R>

A screenshot of a SoundCloud profile for the artist "gente en una lata". The profile header includes the SoundCloud logo, navigation tabs for Home, Stream, and Library, and a search bar. The profile name "gente en una lata" is displayed with a profile picture. Below the header, two tracks are listed. The first track is "drumaholic liverpudlians" by "gente en una lata", released 3 months ago, with a duration of 2:56, 8 likes, and 25 plays. The second track is "owen" by "gente en una lata", also released 3 months ago, with a duration of 2:59, 3 likes, and 18 plays. Both tracks include a waveform visualization and options to like, repost, or view more.

### Titan E.P.

Stanley Samuels, Joel Ball, Varun Jagannathan, Zakaria Sharif, Felix Collins

YouTube page: <http://bit.ly/37YLouA>

Feedback form: <http://bit.ly/2PiOjru>

The screenshot shows a YouTube channel page for 'TITAN EP'. The channel name is 'TITAN' and it is subscribed to. The main video player shows a video titled 'TITAN EP' with a thumbnail featuring the text 'TITAN BLAZE' and a glowing orange sphere. Below the player, it says '4 videos • 12 views • Last updated on 22 Jan 2021'. To the right, a list of four videos is shown:

- 1. TITAN - BLAZE (3:10)
- 2. TITAN - ASPECT (2:02)
- 3. TITAN - SHINE (0:49)
- 4. TITAN - THUNDER (2:30)

### Kingston State of Mind

Tony Ritchie-Maguire, Oliver Wilson, Daniel Gilbert, Joseph Rycroft

SoundCloud page: <https://bit.ly/3eejyP9>

Feedback form: <http://bit.ly/301ExfE>

The screenshot shows a SoundCloud track page for 'Whoosh' by 'Kingston state of mind' (KTSOM). The track is 4:01 long and was uploaded 7 days ago. It is categorized under '# Hip-hop & Rap'. The page shows 2 followers, 0 following, and 3 tracks. There are buttons for 'Like', 'Repost', and 'More'. At the bottom, there are links to download the app on the App Store and Google Play.

**HUH Productions**

Hartley Lyddon-Hardie, Hailey-Doll Anderson,  
Ugnius Asmena

SoundCloud page: <https://bit.ly/3kES4D6>

Feedback form: <http://bit.ly/383JkkZ>



**DJS**

Dominic Griffiths, Samuel Fletcher, Joseph  
Mamprin



SoundCloud playlist: <http://bit.ly/3uRa2XR>

Feedback form: <http://bit.ly/2Ojzy7k>

# Sixth Form

## Welcome back!

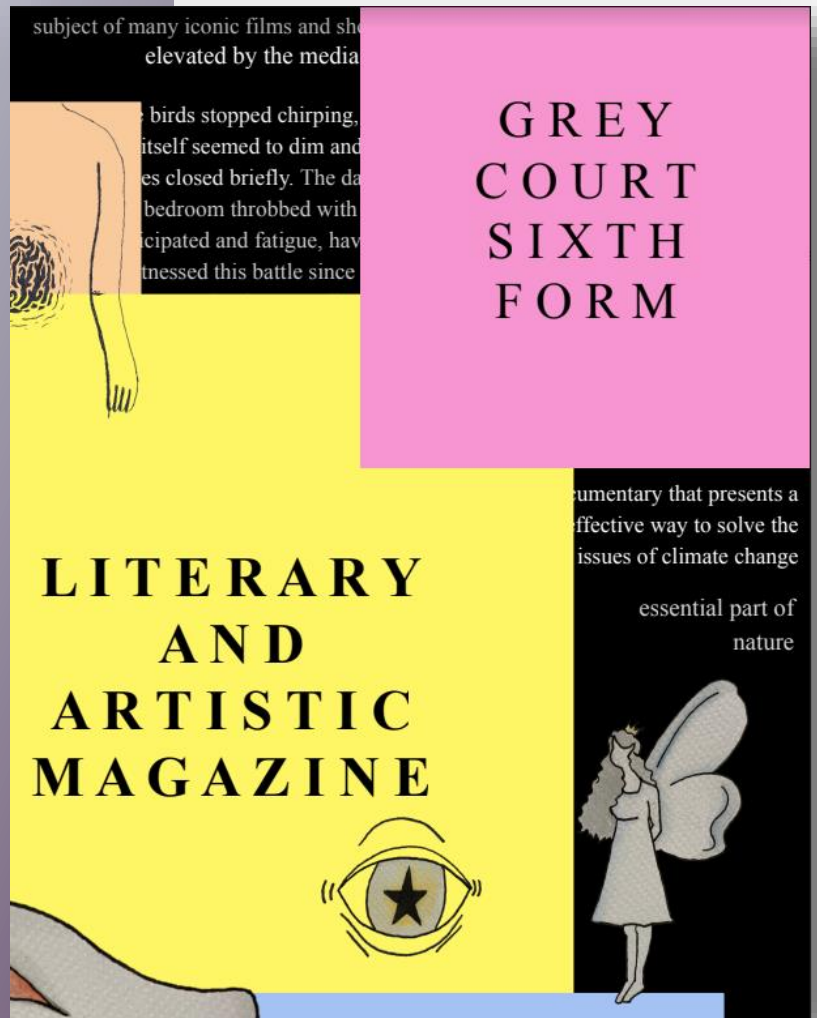
Further to Mr Rhodes' email home on Friday, we are really excited that we will have all students back to school next week. This is what the first week will look like:

**Monday, 8 March:** Students will only be in school for a 15 minute window to take their first COVID test. It is essential that students arrive at the time that was sent home by Mr Rhodes on Wednesday. All lessons for that day will continue remotely.

**Tuesday, 9 March:** Learning online at home as the school will be testing KS3 students.

ALL to be in school from **Wednesday, 10 March** where we will start face-to-face teaching again.

The second test will be in school on the afternoon of **Thursday, 11 March**, and students will leave lessons to have this.



Click [here](#) to download the Sixth Form Literary and Artistic Magazine

Page 32	<b>Eurocentrism and Anti-Semitism in Kids Films</b>	Alana Rodrigues
Page 36	<b>How Does the Lack of LGBTQ+ Representation in the Media Affect Teenagers and Their Identities?</b>	Lara Tabuteau

# Activities Day

The Sixth Formers were treated to personalised talks from Danielle Singleton ([Foreign Commonwealth & Development Office](#)) and Ben Ayliffe ([Greenpeace and Grey Court alumni](#)) who offer an insight into working in the not for profit sector and answer a number of questions that were sent in by our students - we would definitely recommend taking the time to listen!

In the afternoon students took part in the walk to Tanzania with the rest of the school. Hopefully now students have completed the Tanzania [survey](#) with their name, form, house, KM covered and a screenshot of their data and taken the time to make a voluntary donation to the Livingston Tanzania trust via parent pay.

[Here](#) is a link to a video by the Chairman of the Trust (Mr Page's brother!) where he speaks about its work - it even features a cameo from Grey Court School.

## Star of the week

Alice Warrington who recreated the bake off pineapple upside down cake scene with her old Sylvanian families as part of the Activities Day challenges.

[Great British Bake Off—Pineapple Upside Down Cake](#)

## International Women's day

8 March

### There are a few events to celebrate International Women's day next week:

Lancaster uni have offered some lectures for Sociology, media and philosophy:

<https://www.lancaster.ac.uk/study/connect/events/international-womens-day-sociology-and-criminology-online-taster-session> Tues 9th March 4-5.30pm

[International Women's Day: Media and Cultural Studies and Film Studies Online Taster Session, Wednesday 10 March, 4:00pm](#)

[International Women's Day: Philosophy, Politics and Religion Online Taster Session, Thursday 11 March, 4:00pm](#)

To mark International Women's Day on Monday, 8 March 2021, 2-3.30pm, the Royal Air Force (RAF) will be running an exclusive [free webinar](#) for [students](#) in [Years 10-13](#), to explore the incredible apprenticeship and career opportunities available for them. [Register for RAF event](#)

### Nations and Regions: Media Futures is teaming up with the BBC for two virtual sessions to celebrate women in the media on Monday, 8 March.

At 1pm is our [BBC Children's event](#). You can hear from Blue Peter's 39<sup>th</sup> presenter Mwaka Mudenda and Helen Foulkes, Head of BBC Education, overseeing BBC Bitesize, BBC Teach, BBC Food and the BBC's educational campaigns. They will be delving into how they developed their careers in television, the women who inspired them and the pivotal role BBC Education has played during the pandemic.

Then at 4pm don't miss our [BBC Sport session](#). We'll be joined by Pam Melbourne, Assistant Editor Major Events at Radio Sport, and Helen Brown, Assistant Editor at BBC Sport, for a special panel session. They will be discussing what an average day at BBC Sport looks like (if there is one!), their routes into the industry, plus obstacles they have had to overcome on the way.

There have been lots of careers related activities this week and well done to all the students taking part, we hope it has helped you to think about your future options. Just some of the highlights:

**Y7** have been working on producing posters for the 'dream job' competition and we will announce the winners next week.

**Y9** had their Careers and options' activities on Wednesday where they explored their GCSE options and had access to careers videos which have been filmed specifically for our students. Students will have access to all these videos throughout the options process so if parents/carers want to find out more please look at the Y9 careers classroom with your children.

**Y11** have their GC Sixth Form interviews this week. There is a great resource for parents supporting their students through this process: [Advice for Parents 1 - Supporting Students with Subject Choices](#)

#### Want to know more about different careers?

At Grey Court students use the [Start Profile](#) and students and parents can access this at any time to look up different careers or rate their skills, qualities etc and see what careers match up with their profile. Check it out!

#### Upcoming opportunities:

Speakers for schools host a range careers talks so to find out about next week's talks which include talks on healthcare, business, PR and many more: [Upcoming Broadcasts](#)

## Apprenticeship highlights this week:

For more live vacancies visit: [National Apprenticeship Service](#)



**National Audit Office - Accountancy degree apprenticeship, London**

Deadline: 8 March

[NAO Apprenticeship-2021 apply](#)



**IBM - apprenticeships and gap year schemes - Business & IT roles**

[IBM Careers - School](#)

[Leaver - United Kingdom](#)



**Last call for Y11 or Y13! Work in Richmond or Bushy Park**

Deadline: 8 March

[The Royal Parks Horticultural Apprenticeship Scheme apply here](#)



**Unilever, Kingston - Level 3 Business apprenticeship.**

Deadline: 31 March

[Unilever - apply here](#)

Unilever

## Careers @ Grey Court

By Ms Corrighan (Head of Careers) & Ms Holmes (Careers Coordinator)

## #Wellbeing

### March Wellbeing Calendar

Click [here](#) to download

### Anna Freud

National centre for children and families

Reassuring children and young people who are worried about coronavirus: advice for parents and carers. Click [here](#).

## BBC Bitesize Support

Whether you're moving to secondary school, jumping into the world of work, starting a new relationship or just feeling a bit stressed, we've asked those who've been through it to share their wisdom.

Click [here](#)

## Autism Seminars for families

*Now delivered virtually as a webinar on Wednesday, 24 March, from 09.45am to 11.45am*

'Managing Anger' is one of the Autism Seminars for Families which provides information and advice to parents and carers of children and young people with autism.

### The webinar will help families to:

- discuss why children with autism often have challenges with distressed behaviour and anger
- identify a low arousal approach for support through stressful situations

- explore the cycle of anger and possible support strategies
- examine strategies for managing feelings.

### Seminar cost?

The cost is free while the seminars are being delivered as a shortened webinar.

### Book a place

Please complete the registration [form](#) or contact the webinar facilitator below for more information:

**Name:** Jane Pidduck

**Email:** jpid-du2@grandavenue.kingston.sch.uk

**Tel:** 020 8399 5344

A good laugh and a long sleep are the two best cures for anything.

Irish Proverb



## Relate

The relationship people

Parenting teenagers can be challenging and many parents find it hard to adapt to changes in their child's behaviour as they grow up. Here you'll find lots of practical advice on how to deal with common teen issues.

Click [here](#) for more information





## Focus on learning

### What supports pupil engagement?

The past year has seen the home environment increasingly used for working and learning. It has also seen parents take up an additional role of educators. Parenting and teaching are among the most important jobs in the world, however they're not always easy. The good news is that you know your home environment, your teachers know teaching practice and you both share expertise in your children/pupils. The theme of pupil participation has occurred frequently during distance learning so this is a good opportunity to think about some psychological principles which can be used to support engagement at home.

**1. Be aware of your multiple roles.** You are parents and educators and your children are your offspring and home-learners. Families are adaptive but it might take time to adjust to these new dynamics. It may help to provide boundaries to help remind everyone of these changes, such as a daily/weekly routine on the wall. It can be useful to give pupils a say in some of this planning (e.g. *"When do you feel most alert and focused? When do you feel like you need a brain break and how would you like to communicate this/how long should it last?"*)

**2. Be aware of your multiple environments.** Try to separate learning space from family space. You can get creative in the same room by changing the environment, such as using a table cloth to signify the transition between desk/workspace and family table.

**3. Understanding why engagement is good at times and more challenging at other times.** Explore this with your learners and seek their views. For example, ask them to rate their activities on a scale from most to least engaging.

Don't just focus on the difficulties and ask what works with the most engaging lessons – learning is a two way process!

**4. Using mastery goals to increase motivation.** Mastery goals focus on *improvement (developing an ability) rather than performance goals, which compare ability to a set standard (e.g. other learners or a test percentage)*. If a learner is finding something difficult, it can help to shift performance goals to mastery goals:  
**Performance goal:** "I want to get 10/10 on this spelling test".

**Mastery goal:** "I want to be able to improve my spelling score each week".

Suggesting mastery goals and developing them with learners can lead to increased motivation over time. For further information in this area Carol Dweck has some good videos on YouTube.

#### Dr Paul Killerby

Educational Psychologist (HCPC Registered)  
Achieving for Children

(Any questions please refer to Ms Gonyora)



**Raise free donations for Grey Court School when buying a special gift this Mother's Day.** Over 4,500 retailers including notonthehighstreet, M&S, John Lewis & Partners and The Perfume Shop will donate to us for FREE when you shop with them via easyfundraising. If you've not signed to support us yet, it only takes 2 minutes to sign up! Click [here](#)

# Sports Stag

## Spring Extracurricular Timetable

Click [here](#) to download the extracurricular timetable.



**TALENT WINS GAMES,  
BUT TEAMWORK AND  
INTELLIGENCE WIN  
CHAMPIONSHIPS**

# LONDON YOUTH GAMES

London Youth Games have launched their Virtual Inclusive Games which all young Londoners can take part in! The Games is 8 weeks long and has 3 new challenges every week. The LYG Virtual Inclusive Games are open to all young Londoners. To participate, simply complete the challenges and submit your scores via our website to earn points for your borough.

Challenges will be released every Tuesday, Wednesday and Thursday at 9.00am. You will have until Sunday at 6.00pm to complete the challenges and submit your scores. Individual prizes are also up for grabs. Share videos of your challenge attempts on social media using #ThisIsLYG to be in with a chance of winning the weekly MVP award and some Nike swag.

To upload scores, go to: <https://www.londonyouthgames.org/virtual-games/lyg-virtual-inclusive-games/> and open up which week it is. You will see the video of the challenge and where to upload.

To see the new daily challenge, please visit our twitter page or check the LYG [website](#).

As always, any questions, please email [Daniel.hayden@richmondandwandsworth.gov.uk](mailto:Daniel.hayden@richmondandwandsworth.gov.uk)