



eBulletin

Contents

- 3 #KeepInTouch
- 4 International Festival
- 12 Grey Court's Garden Make-Over is Bloomin' Marvellous
Mr Clements
- 15 KS3+4 News
- 22 From Richmond to Rome
- 24 Mr Kempton's Fundraising Page
- 28 Wellbeing + PDW
- 33 Sixth Form News
- 38 Sports News
- 50 What's happening...

eitin

Grey Court School | 17 April 2026

"...a school where all pupils flourish" - Ofsted 2024



Cover photo: photo taken at our International Festival

#KeepInTouch

[Term Dates](#)

[School Events](#)

[Sports TT](#)

[Sport SOCS](#)

[Extracurricular TT](#)

[Education Fund](#)

[ScoPay](#)

[Menus](#)

As a special thank you to our musicians for participating in the opening sequence to the six nations rugby, and to help us raise funds for the school, the ITV team has donated a signed England rugby shirt for us to auction. If you are interested in bidding for this unique piece of sporting memorabilia, please click this [link](#) and complete the Google form.



The Uniform Shop

Thursdays 3:15-4pm

**Contact:
sniss@greycourt.org.uk**

Grey Court JustGiving QR Code





International Festival

International Festival

Y12

Our year 12 students recently demonstrated incredible leadership and community spirit by hosting a vibrant International Festival for our year 7 students. The event was a sensory delight, featuring a variety of homemade treats, alongside students proudly donning traditional attire to celebrate global cultures. Beyond providing a day of engaging activities and fun, the cohort's hard work resulted in a fantastic £175 raised for charity. In a thoughtful touch, the year 12 students themselves will choose which causes to support with these funds. It was truly a brilliant effort by everyone involved!

- **Ms Moore**
Head of Year 12



STUDENT

STUDENT

Complex henna designs (full hand) : £3

Other designs can be looked for on Pinterest/Instagram



istan

country with a population of over 43 million
spoken in Afghanistan are Pashto

ful poetry, co





WELSH QUIZ
1. What is the capital of Wales?
2. True or false: there are more sheep than people in Wales?
3. Who is the patron saint of Wales?
4. What does 'Bore da!' mean in Welsh?
5. Name 2 famous Welsh people.

WELSH QUIZ
1. What is the national flower of Wales?
2. How many leeks are there in the Welsh flag?
3. What is the patron saint of Wales?
4. What does 'Bore da!' mean in Welsh?
5. Name 2 famous Welsh people.

For a free Welsh cake, can you pronounce the longest town name in the UK?
<http://llanfairpwllgwyngyllgogerychwilyllluciwppalwrsgarwg>

WELSH QUIZ
1. What is the capital of Wales?
2. True or false: there are more sheep than people in Wales?
3. Who is the patron saint of Wales?
4. What does 'Bore da!' mean in Welsh?
5. Name 2 famous Welsh people.





LEBKUCHEN
HERZEN

to buy &
DECORATE

Germany

Oktoberfest



ON A
FOOD MISSION

THE
KITCHENEERS

ALL TOGETHER BETTER
FOOD FOR SCHOOLS



Grey Court's Garden Make-Over is Bloomin' Marvellous

- Mr Clements

Grey Court's matriarch of all things administrative, the headteacher's amazing PA, Ms Tessa Jansen Van Rensburg, is also a very talented photographer. The beautiful composition that is captured here has inspired me to pen my yearly ode to my favourite glade in the school: the allotment.



Grey Court's cottage style allotment has literally sprung to life over the past year following the influx of a wave of community and parent volunteers who have given this Sylvan glade a much needed green fingered make-over.

A sensory garden has been fashioned from crates, a clematis is whirling its tendrils around the newly mended trellis, the raised beds have been re-engineered and the fruit cage revived. Grey Court's long-serving garden champion and student support officer, Ms Helen Shore, a volunteer allotmenter since 2013, is delighted by the make-over.

"The garden was looking a bit neglected after the covid years especially when the seed bank in our potting shed was raided by some rogue squirrels. However, thanks to our dedicated parent volunteers and a veritable harvest (the collective noun for a group of gardeners) of student helpers, this verdant oasis has been revitalised."

Around 25 enthusiastic students attend allotment club every week engaging in tasks such as woodchip spreading along the paths, pruning the dead hedge, watering the raspberry canes and propagating foxgloves. The allotment experience provides students with friendships, outdoor play, fresh air and a host of horticultural skills. It has even been credited with boosting the confidence levels and sense of belonging of many of the younger students who have struggled with the transition from junior to secondary school.

The allotment project is biodiverse, boosts the well-being of all involved and is sustainable with proceeds from the annual May plant sale in Ham library being used to fund the purchase of next year's batch of seedlings.

In the words of garden architect Ms Shore; "at the end of allotment club volunteers and students may be wet, muddy and sweaty but we all feel bloomin' marvellous!"

Thanks to Sylvia, Helen Erhardt, Helen Shore and our amazing team of parents and staff who regularly volunteer. Our plant sale will take place on Saturday 16 May in Ham library from 10am -12pm. Reserve your *Verbena bonariensis* now!







GREY COURT ALLOTMENT PLANT SALE

SATURDAY 16th MAY | HAM LIBRARY | 10am until 12pm

GORGEOUS GREENERY & LOVELY BLOOMS - DON'T MISS OUT!



Mint




Vinca



Foxgloves




Verbena
bonariensis




Rhubarb




Garlic




Spider plants



Raspberries




Common
Thyme



Peas



Convolvulus



Sisyrinchium

SUPPORT LOCAL ALLOTMENT GARDENING!



S

W

D

Z

4

4

3

Introducing the Grey Court
2026 Musical...

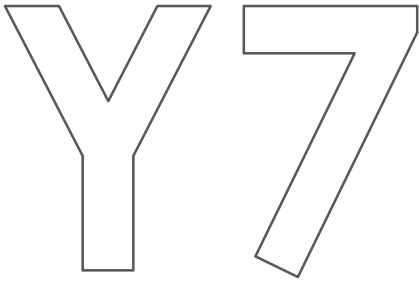
ROALD DAHL'S
Matilda
THE MUSICAL JR.

2-3 July 2026



Sign up to audition here -
vocal auditions via Google Classroom





Ms Gilly here! I am replacing Mr Ridley as Head of Year 7 while he is on paternity leave for the next few weeks. I am delighted to get to know the Year 7s better. I already teach some of them Spanish!

And we're back! The Y7s seem well-rested after a nice Easter break but they also seem happy to be back to school with their friends and be able to play outside in this nice weather!

Just a few reminders for this new term:

Polo shirts are now allowed to be worn but blazers still need to be on under their coat.

Students can now enjoy being on the sports field at lunchtime! If they want to play ball games, they need to bring their own ball.

End of Year assessments are starting on Monday, 27 April. It is a good opportunity for Y7s to show what they have learnt and worked on this past year. Revision booklets were sent out before the Easter holidays so it would be good to look at them with your child to ensure they know what they are supposed to do for each assessment.

- Ms Gilly
Acting Head of Year



Welcome back, we hope you all had a lovely and restful Easter holiday. A big well done to our achievement point champions this week: Elliot, Ted, and Kalani. A fantastic achievement and well deserved.

This week's assembly was led by Mrs Groves and focused on neurodiversity. Students explored the idea that everyone's brain works differently, and that these differences should be understood, respected, and celebrated.

Looking ahead, it's assessment season! A reminder that Maths assessments are taking place next week, followed by full assessment week w/c 27th April. Now is the time for students to get organised, revisit key topics, and make good use of revision materials.

Ms Sutcliffe

Head of Year



We hope that the Y9s had a fantastic break and come back refreshed and ready to tackle their final term in KS3.

Teddington Lock

- Just a quick note to remind any students who cycle over the lock to walk their bikes over. We are pleased that so many students cycle to school, however cycling across the bridge is not permitted. We regularly remind students about this, and anyone found doing so will be given a sanction.

I was grateful to have the opportunity to speak to y9s at the start of assembly this week to set the scene for what is a very important term for Y9. Now that students have chosen their options we now look ahead to the upcoming end of year exams. End of Year exams are always important, but this year they carry additional significance, with results likely to impact sets in core subjects, as well as some GCSE subjects having grade entry requirements. We stressed the importance of focus and good behaviour this term in the lead up to the exams in all subjects.

We discussed that even though a students may not be choosing a subject next year, they should not lower their standards in these lessons for two reasons; 1. This may be the last time they have the opportunity to study these subjects 2. Other student sin the class will be taking the subjects - so we do not want to impact nay others in the class.

In assembly this week were lucky enough to hear from Ms Cook to talk on the topic of neuro-diversity week. The assembly focussed on making the school and inclusive place for everyone and the 'invisible' diversity that we have in the school. Ms Cook spoke about kindness and being aware of everyone in the year group.

Now it is the Summer term students are permitted to wear polo shirts - however all other uniform expectations remain, including students have a blazer with them. The field is now also open at lunch times and it has been great to see students enjoying the facilities, however students were reminded about good behaviour and ensuring no litter is left on the field.

Mr Day

Phase Leader

Y10

Welcome back, Year 10!

It has been really encouraging to see such a strong and focused start to the term. Students have approached their learning with maturity, particularly in preparation for the Maths exam next Tuesday. It has been great to see them using lesson time effectively to revise, practise, and consolidate their understanding ahead of the second core Maths exam of the year. Please do continue to support them with any final preparation at home, as this will help build confidence going into the exam.

Parents' evening will take place next Thursday. Please ensure you attend the appointments alongside your child. These conversations are a valuable opportunity to gain a clear understanding of their progress, strengths, and next steps. They are especially important as we begin to look ahead to the end-of-year examinations next half term, allowing us to work together to ensure every student is fully prepared and supported.

This half term, while we will not be running a tutor group challenge, we will instead be recognising individual students each week. Those nominated by their tutors will receive a small reward, helping to shine a spotlight on students who are demonstrating positive attitudes, effort, and contribution within the school community.

Mr Khan
Head of Year



Year 11 have started the term with a bang with a mock maths and English exam by which all students have studied hard for. A big congratulations to all students in completing these and a reminder to keep the focus now in these last critical weeks.

We are proud of all their hard work so far and can only encourage this to continue whilst seeking exercise, rest and other activities to support their wellbeing.

A reminder that Passport will start Thursday 7th May - all students will receive their individual timetables for this and an assembly to explain how it works.

Thank you for your continued support with the students and helping to keep them organised with the right equipment and uniform also. It is greatly appreciated.

Ms Woods

Head of Year



From Richmond to Rome

Grey Court teachers take on the Rome Marathon

From Richmond to Rome, Mr Santos and I, representing the gladiatorial Grey Court, rushed straight from school on Friday 20 March to the airport and flew out to join 30,000 runners competing in the Italian capital's marathon.

The MFL department's Mr Santos, who was running his second marathon after completing London last year, ran a belter of a race, finishing with a phenomenal time of 3:32, which is seriously impressive, especially having seen him train - I didn't think he had that in him! He can credit his much fitter girlfriend for dragging him round. An incredible effort from the Catalanian, nonetheless. Get that man an Estrella.

My run, on the other hand, wasn't pretty. After suffering from a nasty stomach bug in the week leading up to it, I was touch and go over whether I was going to make it. I - maybe somewhat foolishly - attempted to put my fragile stomach to one side (after desecrating a portoloo on the start line), and gave it a go.

At the half way point, everything was running smoothly: I was flying along, feeling like 2005 Paula Radcliffe weaving through the masses while taking in the roars of the crowds and views of the Colosseum, Vatican City and Piazza Venezia. All was molto bene... until I took an energy gel. Within minutes, Mount Vesuvius erupted inside me as I violently projectile vomited on the side of the road, leaving my mark on the Eternal City.

After a few minutes sat out questioning my life choices and seriously contemplating dropping out, I got up and, against the wishes of the medical team who were shouting something at me in Italian, continued. The second half of my run was agonising and much slower. My stomach was doing back flips. My legs turned to spaghetti. All my energy was left behind in a puddle. I hated every second of it. But somehow, urged on by the spirit of Russell Crowe, finished with a time of 3:51.

Health issues aside, it was a pleasure to train and share the experience with my good friend and colleague. We hope we did Grey Court proud.

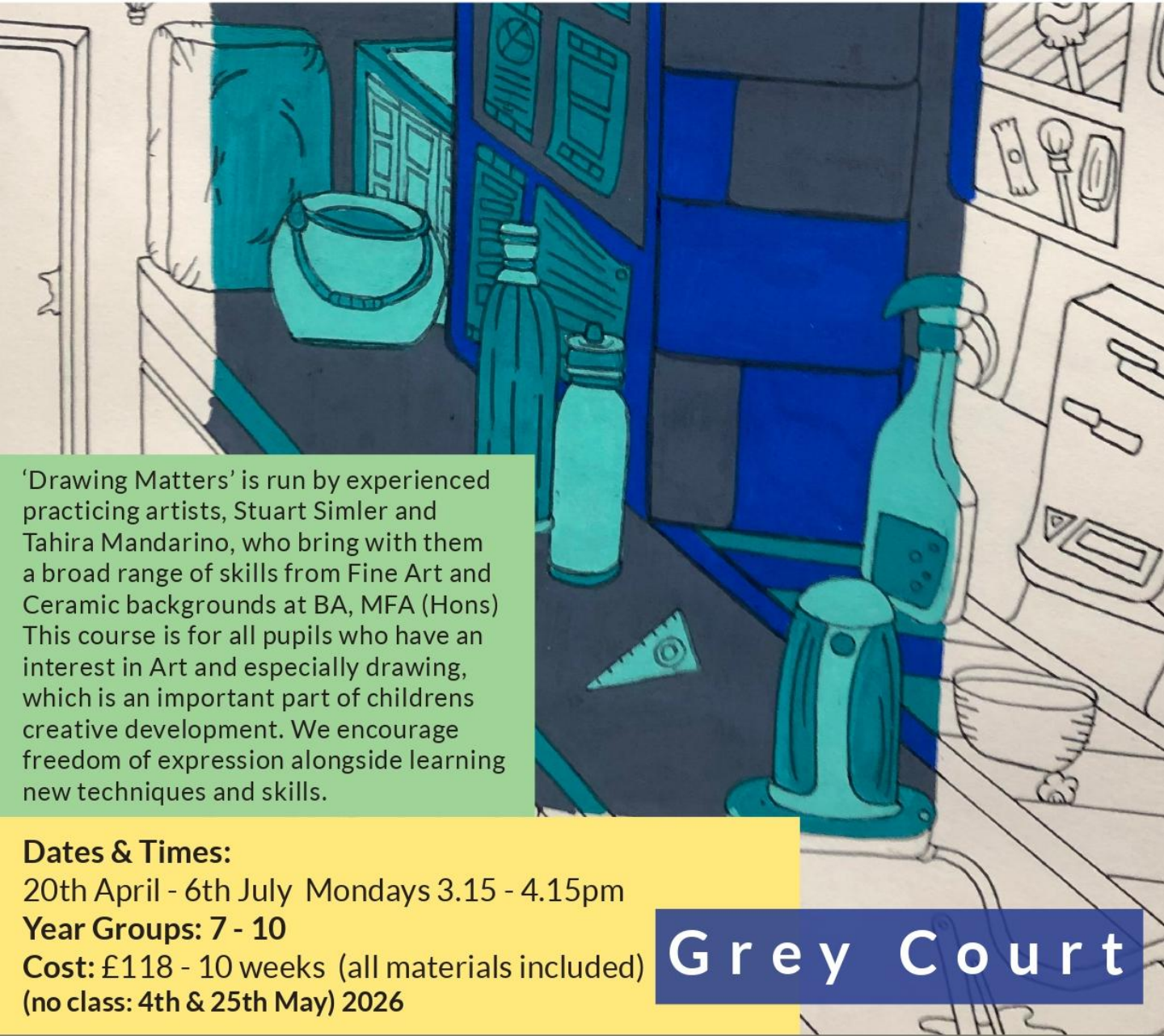
- Mr Kempton

Fundraiser

Mr Kempton is running the Manchester marathon this weekend, and is fundraising for the Alzheimer's Society. If you would like to donate, please click this [link](#)



DRAWING MATTERS



'Drawing Matters' is run by experienced practicing artists, Stuart Simler and Tahira Mandarino, who bring with them a broad range of skills from Fine Art and Ceramic backgrounds at BA, MFA (Hons) This course is for all pupils who have an interest in Art and especially drawing, which is an important part of childrens creative development. We encourage freedom of expression alongside learning new techniques and skills.

Dates & Times:

20th April - 6th July Mondays 3.15 - 4.15pm

Year Groups: 7 - 10

Cost: £118 - 10 weeks (all materials included)
(no class: 4th & 25th May) 2026

Grey Court

How to apply:

If you would like to book a place for your child on these classes please email: Stuart: stuartsimler@mac.com

Payment terms BACS: Company name: Raw Ground Arts Limited
Sort: 40-26-12 Account: 32189860

Cheques made payable to: Raw Ground Arts Limited and sent to:
56 Cedar Avenue | Twickenham | TW2 7HE

We look forward to welcoming your young artist onto the course.

Stuart & Tahira

*For terms and conditions please visit: <https://www.rawgroundarts.com/drawing-matters>

Grey Court School is keen to ensure this opportunity is open to all students. Should you wish for your child to take part but need financial assistance, please contact: Ms. C Bowie: cbowie@greycourt.org.uk



RG A

www.rawgroundarts.com

LONDON

A company who have long partnered with us to run an Art Club is celebrating their ten year anniversary and the Art teacher also has a solo exhibition.



Raw Ground Arts and Drawing Matters - 10 Year Celebration

We are proud to celebrate our 10 Years of Raw Ground Arts with you: 2016-2026

As practicing artists we set out to bring our passion for bringing art to people across different sectors and industries. Our passion is rooted in inspiring people to find their own voice when participating in our workshops. We have always created an open platform where you are invited to be yourself and be open to discovering something new about yourself. We enjoy working with people of all ages and very much love bringing communities together with creativity and diversity.

We began our drawing programme; 'Drawing Matters' which helps young people find their own unique voice and confidence in themselves back in 2016. We run these classes across multiple schools in and around the London and have had the best time meeting the most amazing young people and witnessing first hand how powerful art can be in creating visionary ideas, integrity, wellness and freedom.

Our vision for our next chapter is Nature - we are both rooted in our responsibility to raise awareness about the importance of nature connection and how we can make this accessible to people everywhere.

During 2025 we launched our pilot of; Exchange with Nature, our new project and immersive installation, which brings people closer to the nature that is already nearby. Nature is not far away for us to enjoy, feel and care for. We are excited to expand our reach and make new connections in 2026, sharing new stories and ideas with you and our communities across the country.





THE BEACH

TRILOGY

An exhibition of works centred around three major pieces by artist, **Stuart Simler** - exploring themes of generational memory and urbanism.

THE BEACH Gallery

Opens 17th March - 25th April | PV 19th March 6 - 9

197 Waldegrave Road. Teddington TW11 8LX

**RAW
GROUND
ARTS**



Wellbeing

Support

[MHST Parent Information Leaflet](#)

General information about AfC MHST services, including the links to the Helping with... Parent webinars (topics chosen by parents)



100 Miles in May Challenge!

Step Into Spring: Take on the 100 Miles in May Challenge!

Spring has arrived - bringing longer days, lighter evenings, and the perfect excuse to get outside and get moving. Fair warning: side effects may include rosy cheeks, clearer heads...and a quiet sense of smugness.

We're inviting you to take on the **100 Miles in May Challenge** - your way. Walk it, run it, mix it up - no pressure, no stopwatch, just 100 miles across the month and a very good reason to get outside.

Sign up [here](#)



ADHD Embrace™

Supporting families and professionals

Welcome to your mini guide to what's on and other charity news.

Coincidence, or not, the arrival of the exam season and Stress Awareness Month in April means some children head back to school feeling more anxious. Our [advice clinics](#) can help you put in place strategies to make home a place of calm.

We have a few [upcoming events](#) after Easter that are just around the corner, including the seminar, [Family dynamics and supporting siblings of children with ADHD](#) Wednesday 22 April, and the excellent in-person [Post Diagnosis session for parents](#) Thursday 23 April.

Best wishes,
the Team at ADHD Embrace



Wed 22 Apr | [Suicide and Self-Harm Awareness for Parents](#)

Delivered by Mind, this online session is tailored for parents of neurodivergent young people who want to gain a better understanding of the topic of self-harm and suicide.

Fri 24 Apr | [Express CIC](#)

Delivered by Mind, this session at Express is tailored for parents of neurodivergent young people who want to gain a better understanding of the topic of self-harm and suicide.



12 May

- | | |
|----------------|--|
| Year 7 | Cannabis and alcohol |
| Year 8 | Gradu8 careers challenge |
| Year 9 | What to do if you find out your friends are taking drugs |
| Year 10 | Challenging harmful language |
| Year 11 | Safety during the summer – music festivals |

You're Invited!

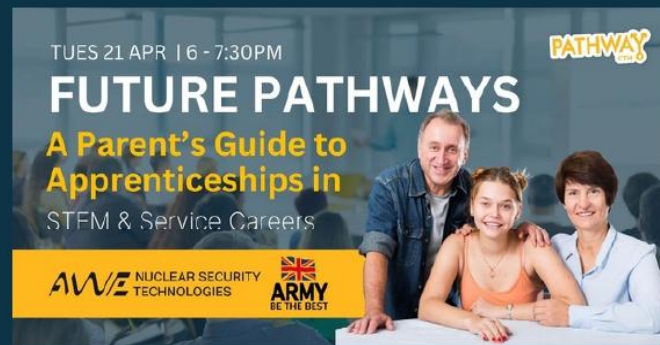


Virtual Event – FREE for Parents & Carers

A Parent's Guide to Apprenticeships in STEM, Service & Careers

Are you wondering what the best future pathway is for your child?

University isn't the only option and this event will help you explore what's possible.



EVENT DETAILS

Tuesday 21st April 2026
6:00pm – 7:30pm
Online (Live)

[Register](#) →

EMPLOYERS INVOLVED



Why you should attend?

- Understand how apprenticeships really work (no jargon!)
- Discover career pathways in STEM, service & professional industries
- Hear directly from top employers about opportunities and expectations
- Learn how to support your child's future choices with confidence
- Get answers in a live Q&A with industry experts

Helping you guide your child's next steps with confidence



STUDENT NEWS



Si Lanka
Sri Lanka is a beautiful island country in South Asia. It is known for its rich cultural heritage, diverse landscapes, and warm hospitality. The island is home to a variety of ancient ruins, including the famous Sigiriya rock fortress. Sri Lanka is also a major producer of tea, which is a significant part of its economy and culture.

Handmade Henna
Handmade henna is a natural dye made from the leaves of the henna plant. It is used to create intricate designs on the skin. Henna is a popular form of body art in many cultures, particularly in the Middle East and South Asia. It is known for its cooling and soothing properties, and it is often used in traditional medicine.

Handmade Henna
Handmade henna is a natural dye made from the leaves of the henna plant. It is used to create intricate designs on the skin. Henna is a popular form of body art in many cultures, particularly in the Middle East and South Asia. It is known for its cooling and soothing properties, and it is often used in traditional medicine.

Eaton College Congratulations! Investment Award Competition

For the first time Grey Court School has entered The Eton College Investment Award. This prestigious competition was usually afforded to top fee-paying schools. Grey Court entered two teams; one team comprised three people whilst the second team only comprised of Ali Shahjahan. We were the only non-fee-paying school out of 50 teams. All other teams comprised 4 people whilst Ali was a single participant. In other words, a team of one. The first knockout involved the elimination of 25 teams, where we still maintained two teams. The final elimination resulted in the last 5 teams. Ali made it to the last 5.

The Investment Award Committee noted in writing that they were very impressed by the quality of Ali's analysis and the strength of his financial reasoning.

The final round that consisted of 5 teams was held at Eton College in person, three professional investors judged the presentations based on the following criteria:

- Investment thesis
- Risk considerations
- Individual stock analysis
- Adjustments and post-mortem

Each presentation was allowed 8 minutes maximum, followed by a 7–8 minutes Q&A; A session with the judges. I am pleased to report that Ali came second. However, the surprises did not stop there, Ali was presented with a gift voucher and a subscription worth £500. In addition, one of the judges who owned a Hedge Fund asked whether Ali would like to attend his office in the City. An offer graciously accepted.

I may add that this was interrupted only by a gracious and extravagant meal at Eton College.

- Dr Thompson
Head of Economics

Y12 Year 12

Higher Education Evening Thursday 14 May 2026

We will be starting the university application process soon with our year 12s. The UCAS and Unifrog websites have excellent university research tools which all year 12s should be using to look at the myriad of courses offered by universities and start to narrow down their choices. Parents might find our [Higher Education Booklet](#) helpful when supporting with this. Please sign up to open days, to help inform your decisions.

Work Experience + Summer Schools

Well done to all the students who have secured placements or summer school acceptance - you have done amazingly well and the last few students are now getting confirmations and getting organised.

The deadline has been extended to 30 April so the last few students we are now working with to secure a placement.

Work experience week takes place 29 June-3 July 2026 for year 12 and all students **MUST** have something planned for that week. To confirm the placement, students must input the information on the **Unifrog Placements** tool. This will confirm with the employer the placement. See this step by step guide of how to add on your placement: [Unifrog - adding a placement .pdf](#) Please speak to Miss Corrighan bcorrighan@greycourt.org.uk if you have any questions at all.

Sixth Form Opportunities

Work experience, university tasters, careers talks, apprenticeships and more: [GC Careers opportunities bulletin 17/04/2026](#)

This is posted weekly on the year 12 and Google classroom and all students should be accessing this. For any year 13s looking at apprenticeships please do check out the apprenticeship section as they include local apprenticeships at Hampton Court Palace and the Royal Parks - worth a look at!

Oxbridge

Oxbridge students need to upload their draft paragraphs to answer the UCAS questions by the 20 April. Next week all Oxbridge students will be involved in the Talk the Talk workshop all day in the main school library. This is to develop their skills in talking about their own achievements in preparation for possible Oxbridge interviews.

Year 13

Exams + Study Leave

Year 13 students' last day is on Friday 9 May. During this day they will have a leavers assembly. Study leave starts on Monday 11 May. However, all A-Level teachers will be available during their normal year 13 lesson time, and a large number of teachers will continue to teach right up until the exam in their subject. Students are of course welcome to study at school during this time and they have exclusive use of the Pavilion area if they wish to use it. A small number of students will not be granted study leave, an email will be sent to both parents and students. If students do not receive this email then they have been granted study leave.

Student Finance

Full-time undergraduate 2026 to 2027 applications are now open! It's quick and easy to apply, it should take less than 30 minutes. To make sure you get your funding in place for the start of your course: new students should apply by 31 May 2026. Use this link to start your application [Student Finance England](#). If you have any questions about student finance look at the UCAS pages [Student Finance - Everything you need to know](#).

During PDW, Year 13 students went through student finance. This application needs to be completed at home with parents/guardians. The deadline for applications is on **Friday 15 May 2026**.

[Student Finance PDW 2026](#)

UCAS

What comes next?

Once you have heard from all five courses you applied to you should choose a firm choice and to put in an insurance choice of university.

The deadline for confirming firm & insurance choice depends on when the students received their last offer. For some of our students, the deadline is **6 May 2026** if students received their last decision on or before 31 March 2026. The deadline is on **3 June 2026** if they received their last decision on or before 13 May 2026

Many students will have received invites to Offer Holder Days. This is the best way of helping students choose the best course and university for them. You should look at not just the university but the city or town where it is located. Consider factors such as whether you like the set up of a campus university or a university spread across a city. Think about where you might live in the second year when you will not be living in university accommodation. You might want to think about whether there will be opportunities for part time work to help supplement your living expenses. Check out transport to and from university - how long will it take you to get there and arrive in time for your 9.00am lecture? How long will it take to get back to your family home and how much will it cost? What social activities does the student union offer?

When you are making your choices you should base your decision for your firm choice of the course you most want to study. When choosing an insurance choice it should be a course with a lower offer (but you are still happy to study). This will mean that if you miss your grades for your firm choice you will still be given a place on your insurance course and won't have to go through the Clearing process in August.

Please see this [UCAS guide](#) to accepting offers.

EXTRA
UCAS

Extra has now opened. It allows you to add another course choice if you have received decisions from all five, and weren't accepted, or if you declined the offers you received.

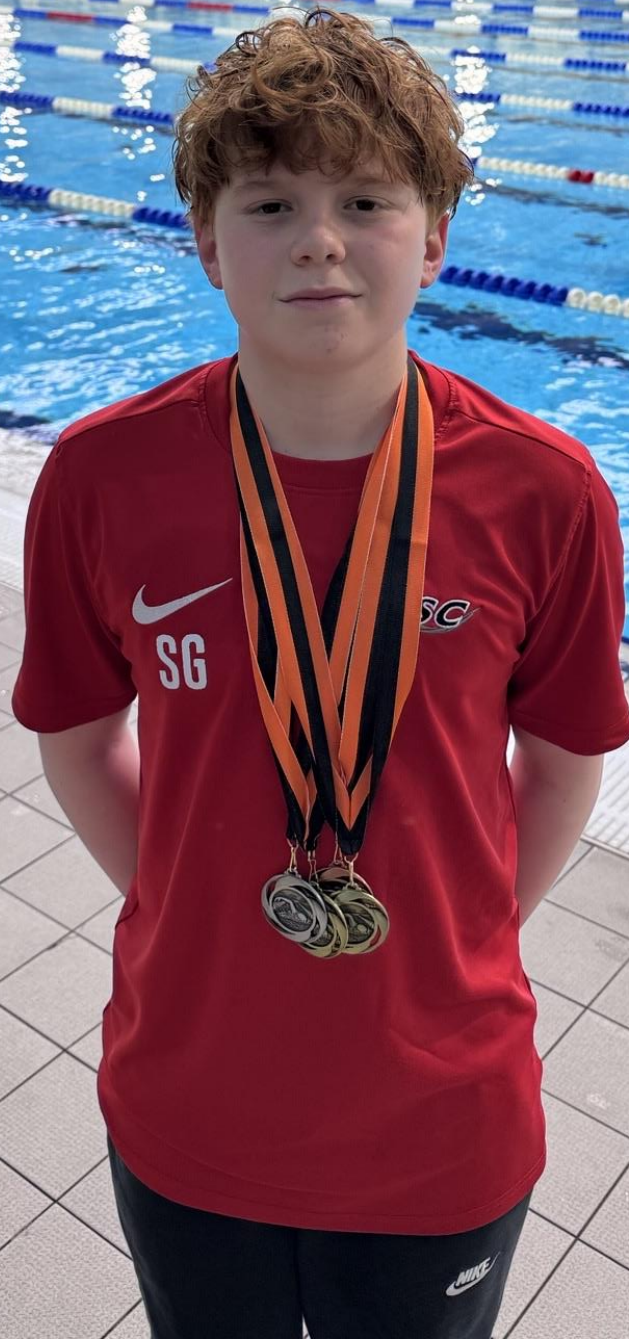
Please come and talk to Ms Duncan or Ms Tanner before turning down any offers you have been made and using UCAS Extra. It may be that contacting a university and asking to change your course will be a preferable way of making a change to UCAS Extra.



SPORTS News

Congrats!

During the weekend of the 21 March, Seb participated in Leeds at the York City National Qualifier...4 events and 4 medals!
Gold (800m free / 400m free) Silver (1500m free) and bronze (200 back)





Congrats!

Congratulations to Joshua Gilbert who won 3 gold medals at the Middlesex Indoor Athletics Champs. He was 1st in the 60m hurdles, Long Jump and Shot.

Superb performances, Joshua

athlet entr

Congrats!

Congratulations to both the year 8 boys and year 9 boys football teams who were crowned Borough League Champions this season. Well done, boys!

Congratulations to **Mai Lannull** who has been selected for the GB Junior squad. This is a great achievement as it is her first junior year and the competition to move to this level is high.

Congratulations to our u18 boys football team who beat Richard Challoner 4-0 on Wednesday 15 April and were crowned Surrey Champions. It was a superb team performance and a great way to finish the season. Our goals were scored by Max S, Che B, and two from Milo D.



Zach Pender raced over the weekend of 21 March at the Kingston Head Race where he and his quad (which includes fellow Grey Court student Morton Smith) came in second! Check out the results!

<https://www.kingstonrc.co.uk/competitions/head-of-the-river>



Congratulations to the u14 boys hockey team who finished runners up in the National State School Championships in Nottingham on Thursday 26 March.

Guest Speakers

Last term, Farai (a Premier League and Championship referee) and Joanna Gibson (a lawyer for the Professional Footballers Association) came in to speak to some of our aspiring referees, as well as some GCSEs and BTEC Sport students about their careers.

- Mr Murphy
Head of Boys PE





Farai Hallam · 1st

On a football pitch somewhere

6d · 🌐

Not often do you go to work with your wife and one of your best mates, so when it happens it's probably quite unique.

It was great spend a morning at **Grey Court School** recently, with students from year 7 through to 13.

I was privileged to hear **Joanna** talk about Law in Sport, some of the interesting pieces of work she gets stuck in to and how her journey shows that you really can do 'it'... Whatever your 'it' is.

I tried to live up to the first half of the double act and spoke with the young people on pressure, making decisions and how to prepare yourself for what may lay ahead.

All of this pulled together by one of our best friends, **Jason**, giving these young people an insight in to two careers that it may be safe to say, aren't the most common.



Player of the Month

Tia Garrard

Tia Garrard has delivered an exceptional and resilient performance, demonstrating not only her athletic ability but also outstanding determination and mental strength under pressure.

Competing at the Glasgow Multi Events Championships, Tia took on the demanding five-event schedule consisting of the 60m hurdles, shot put, high jump, long jump, and 800m, all completed within a single day. She made an immediate impact, achieving two personal bests with an impressive 11.75m in the shot put and a time of 9.18 seconds in the hurdles. These performances placed her 2nd overall out of 27 competitors from across the UK, highlighting her strong competitive form.

Despite consistent performances in the high jump and long jump, Tia entered the final event, the 800m in 3rd place. Showing remarkable courage, she pushed through the event to finish the competition, ultimately placing 4th overall and narrowly missing the podium by just 8 points. While the result did not fully reflect her capability, achieving two personal bests under such conditions is a testament to her quality and perseverance.

Tia then faced an even greater challenge at the Under Armour Next Camp, a highly selective and intensive training environment. Over two days, she completed approximately 25 hours of rigorous physical and mental testing alongside nine other elite athletes. The camp assessed stamina, speed, endurance, and mental resilience, with only four athletes selected for sponsorship.

As a result of her outstanding effort and determination, Tia was successfully awarded an Under Armour sponsorship, an incredible achievement that provides access to elite-level support including coaching, nutrition, therapy, and professional development resources.

Overall, this period highlights Tia's exceptional talent, resilience, and competitive mindset. Her ability to overcome adversity and perform at a high level makes her a truly deserving Player of the Month and marks her as a rising athlete with significant potential for future success.

Follow Tia's Journey and share and like!

[10 Emerging Athletes. 4 UA Sponsorships. The First Test Begins | UA NEXT \\$10 EP1](#) Season 10 of UA NEXT London is here. Over 1,000 athletes applied - just 10 made it to camp. 10 athletes, one camp, just 4 contracts on the line. In Episode 1, we meet a new generation of talent as they arrive at base camp to face their toughest test yet. This is where performance meets pressure. This is where London's next generation is built.

Player of the Month Toby Lander

Congratulations to Boy's PE Player of the Month, Toby Lander. Toby's main sport is rugby and he played an instrumental role at fly half for the rugby team in their fixtures before half term. Since Christmas, his attention has turned to Rugby Sevens and this month, Toby has secured his position as a regular starter, contributing to the team's strong performances in fixtures against Hampton, finishing third in the Middlesex Cup and second at last week's Danes Hill tournament. With his excellent skill set and strong defensive capabilities, Toby will be heavily relied upon this Friday when the boys represent Grey Court at the Rosslyn Park National 7s competition. With an eye for a gap and pace to go with it, we look forward to seeing Toby threaten some of the best schools in the country. Toby plays his club rugby for Richmond and narrowly lost out by one score to Battersea Ironsides in the Surrey Waterfall Cup last weekend - Toby was again a standout performer. Away from rugby, Toby has started training at Kingsmeadow with Kingston AC & PH twice a week, which has involved plyometrics, sprints and fitness. There is no doubt this level of hard work and dedication has benefitted his rugby in recent weeks and we look forward to seeing Toby's development when we move into the outdoor Athletics season after the Easter break.

Well done on a fantastic month, Toby - keep working hard towards fulfilling your potential!

Scholar of the Month

LUCY

Lucy has proudly represented Grey Court across football, basketball, rugby, and volleyball, showing fantastic commitment and enthusiasm in every sport she takes part in. As a member who has played for both the U12 and U13A football teams, Lucy consistently demonstrates determination, skill, and a real passion for the game, always giving her very best for her team.

Across basketball, rugby, and volleyball, Lucy's versatility as an athlete really shines. She approaches each sport with confidence and energy, embracing new challenges and continually working to improve her performance.

Her strong teamwork, positive attitude, and willingness to support others make her a valued teammate in every environment.

Beyond her sporting achievements, Lucy is a wonderful role model. She leads through her effort, encouragement, and commitment, always showing great sportsmanship and respect for her teammates and coaches. Her dedication to representing the school across so many sports truly reflects the spirit of our Sports Scholarship programme. A fantastic ambassador for Grey Court sport, Lucy should be incredibly proud of all she has achieved.

Well done, Lucy!



Team of the Month Gymnastics



Well done to our Elite Gymnastics Squad who have all taken part in a variety of competitions over the month of March.

Firstly, we had the National Milano Finals in Stoke on Trent. Our Gymnasts travelled up, went for the Traditional Nando's before competing against the strongest Schools Gymnasts in the country. We had 3 teams at the competition, all of them did extremely well. U13- 9th, U16- 9th and U19- 6th in the country!! The U16 team placed 3rd for the Mixed Combined Total Scores with Alleyns School.

Next, we had Zara, Layla C and Uzay compete at the London Regional Tumbling competition. This was our first time competing here and it was great to give our gymnasts another opportunity to show off their skills. Uzay was crowned London Regional Champion!! Zara and Layla placed 6th and 7th in the region.

Finally, we had two teams compete at the Floor and Vault B team competition at Putney High School. For many, this was their first time competing for Grey Court at a Regional competition. We are still awaiting the results!!! Everyone performed exceptionally well on the day.

You can catch the Gymnasts in the Gym and Dance Show!

Team of the Month

U18 Football Team



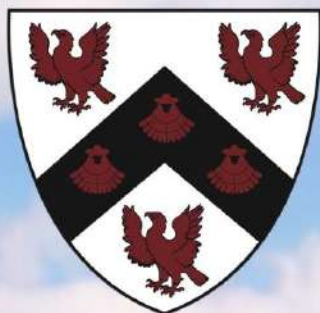
The U18 boys football team have had a brilliant season. They have played 14, won 10 and lost 4 in all competitions, scoring an incredible 63 goals. Charlie Tong leads the race for the golden boot with 18 goals in 15 appearances, followed closely by James Russell who has bagged 11 goals in 14 appearances.

The Year 13 students, Tolga, James, Dylan, Max and Mal, have set the standard with their performances this season and with additional quality across the park provided by the Year 11 and 12 students, the boys will be confident going in to the Final against Richard Challoner, who we have played twice already this season, winning one and losing one.

Congratulations on a great season!



What's happening ...



OLD KINGSTONIAN JUNIOR SUMMER HOCKEY

SCHOOL YEARS 3-11 * ALL LEVELS WELCOME
SKILLS TRAINING * SMALL SIDED GAMES
FIELD PLAYERS & GOALKEEPERS

WEDNESDAYS @ TIFFIN GIRLS' SCHOOL
22 APRIL - 1 JULY 2026

SCHOOL YEARS 3-6: 18:00 - 19:00

SCHOOL YEARS 7-11: 19:00 - 20:30

SCHOOL YEARS 3-6: £76 / 7-11: £88

(TIFFIN GIRLS' SCHOOL, RICHMOND RD, KT2 5PL)

**Book via our website www.okhockey.com or
use the QR Code**



CONTACT US



@oldkingstonianhc



<https://www.okhockey.com>

Ham Open Gardens

**SUNDAY 17 MAY
12-5**

Tickets : £12 in advance

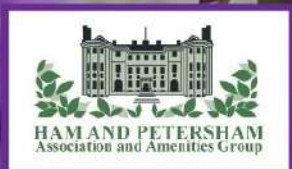
www.hamandpetersham.com/hog26

or £15 on the day at Ham Pond

A family-friendly event

Under 16s free!

**Jazz Band
Teas Cakes
BBQ
Pimms
Beer Tent
and gardens
galore!**



Proceeds to local charities

**SCAN
TO BUY
TICKETS**





NETBALL
COACH
UK

**RICHMOND
NETBALL
ACADEMY**



Weekly sessions
term time



Qualified
coaches



Confidence
building



Outdoor
venue

Netball Coach UK Academies provide a structured netball coaching programme, delivered over 10 weeks. Led by experienced coaches, NCUK Academies develop junior players' skills, game sense and confidence to strengthen their netball knowledge and ability at school and club.

**GREY COURT SCHOOL,
RICHMOND UPON THAMES,
TW10 7HN**

**TUESDAY 5.00-6.00PM
SCHOOL YEARS 6 - 10**

SUMMER TERM: 21 APRIL - 30 JUNE

COACHING TEAM



Emma Toft



Miss Parr



'Open 2 Music' at Grey Court!

'Open 2 Music' is an instrumental music service providing tuition in schools since 2007 and we are honoured to provide lessons at Grey Court!

**** FREE TASTER LESSONS ****

**Weeks Commencing
20th & 27th April!**

We offer all pupils **Free Taster Lessons**, so if your child is interested in starting then please get in touch to register your interest, we will then book your child in for their **Free Taster Lesson!**

Learning goes far beyond music

Many research studies show learning to play an instrument can help build self-esteem, as well as increasing feelings of well-being and reducing feelings of stress and anxiety.

Choose from the instruments below and we will contact you to arrange a FREE lesson. If you would like to continue with lessons after that, prices are:

One-to-One	20 mins	£14
One-to-One	30 mins	£18
Group 2	30 mins	£12 per pupil per lesson

(Group lessons for Guitar & Vocals only)

GUITAR PIANO VOCALS DRUMS

Book now via our website:

www.music-in-education.co.uk

BOOK A FREE TASTER LESSON TODAY!



SUMMER TERM @



**FRIDAYS
4PM**

**ARTS AND
CRAFTS**

GAME DESIGN

**THURSDAYS
3PM**

**TUESDAYS
4PM**

**GROUP
DRUMMING**

STREET DANCE

**MONDAYS
4PM**

**WEDNES
DAYS
3PM**

**DUNGEONS
AND DRAGONS**

**TO BOOK EMAIL:
HAMYOUTHCENTRE@ACHIVEINGFORCHILDREN.ORG.UK**

SUMMER TERM @



WEDNES
DAYS
3PM

FOOTBALL
TRAINING

CLASSICAL
MUSIC TUITION

SATURDAYS
12.30PM

WEDS AND
SAT

GYM
INSTRUCTION

MUSIC
STUDIO OPEN

TUES/
WEDS/
THURS/ FRI

MONDAYS
4PM

BAKING AND
COOKERY

TO BOOK EMAIL:
HAMYOUTHCENTRE@ACHIVEINGFORCHILDREN.ORG.UK



Kingston AC & Polytechnic Harriers

ATHLETICS CLUB EST. SINCE 1985

HOME OF NATIONAL MEDALLISTS AND GB ATHLETES

BECOME A TRACK AND FIELD STAR

TRAIN WITH US
COMPETE WITH US
JOIN US

ALL ABILITIES WELCOME

FROM FIRST STEPS TO
PERSONAL BESTS.

JOIN OUR WELCOMING
COMMUNITY

QUALITY
COACHED
SESSIONS
TUESDAYS
THURSDAYS
SATURDAYS

FREE
TASTER
SESSION
THEN £20
PER MONTH



WEIR ARCHER ATHLETICS & FITNESS CENTRE
KINGSMEADOW, KT1 3PB
(NEXT TO CHLSEA WOMEN'S STADIUM)



COACHING@KINGSTONANDPOLY.ORG

START YOUR FIRST SESSION THIS WEEK

Voice In A Million

VIAM Musical Theatre Camp

JULY 27TH-JULY 31ST 2026



All members of our team are fully DBS checked, ensuring a safe and secure environment for every child attending the camps. In addition, we have TWO registered chaperones on site at all times, providing dedicated supervision and pastoral support throughout the day. Your child's safety, wellbeing and enjoyment are our absolute priority, so you can feel confident that they are in caring and experienced hands while they learn, grow, and shine.

9:00am-4:00pm for only £200 for the full course, Sibling fee £180.00!!

Venue: Cecil Hepworth PlayHouse
Hurst Grove
Walton-On-Thames KT12 1AU

VIAM
VOICE IN A MILLION

voice_in_a_million

www.voiceinamillion.com
Email: team@voiceinamillion.com
TEL: 01932 210124
The Old Fire Station
Corrie Road, KT15 2HS

Scan the QR-Code on the back to sign up!

About Us :

Jo Garofalo – Co-Founder & Creative Director

Jo trained at Laine Theatre Arts and has performed extensively across the UK and internationally, including the West End and tours. With over 20 years' experience producing music and television content alongside her husband, she has worked with world-renowned artists. As Co-Founder and Creative Director of Voice in a Million for the past 17 years, Jo brings exceptional industry knowledge, creativity, and a passion for developing young performers.

Neil Shrimpton – Musical Director

Neil is a classically trained pianist and composer, graduating from the London College of Music with a postgraduate diploma in composing for film and television. With a diverse career as a performer, teacher, and musical director, Neil has led Voice in a Million as Musical Director for 17 years. He is responsible for conducting the mass choir, developing harmonies, and producing all musical arrangements, bringing outstanding musical expertise to every performance.



The Team:



Creative Assistant:
Abi Johnston



Creative Assistant:
Kai Patel



Trainee Assistant Production Manager:
Savannah Johnson



Scan the QR code to
sign up today!

For any further details:
www.voiceinamillion.com
Email- team@voiceinamillion.com
Tel: 01932 210124

Please note our courses are
fully accessible for children
and young people with
neurodiverse conditions



Don't forget to register and join us at Wembley VIAM2027

London Youth Games 2026

Student Participation Opportunities

We are pleased to invite you to support student participation in the London Youth Games 2026.

Registration Process

Students are required to register their interest by completing the online sign-up form, which will be available via the Richmond Council

website: https://www.richmond.gov.uk/services/sports/london_youth_games

Please note the following upcoming deadlines:

Netball (Girls) 16th April

Basketball (Boys & Girls- 22nd April

Volleyball (Boys & Girls) 22nd April

Para Games Swimming (Boys & Girls) – 23rd April

Basketball (Boys & Girls)

- Age group: Year 11 and under old DOB 01/09/2009
- Basketball trial will be held on the 25th of April and 26th April.
- Format: Qualifiers followed by finals, with progression for top teams
- Boys Qualifier: Saturday 23rd May 2026 – UEL Sportsdock, London, E16 2RD.
- Girls Qualifier: Sunday 24th May 2026 – UEL Sportsdock, London, E16 2RD.
- Finals: Sunday 5th July 2026 – QEOP Copper Box Arena, London E20 3HB

Volleyball (Boys & Girls)

- Age group: Under 17- Oldest DOB 01/09/2008
- Volleyball (boys and girls) trial to be confirmed
- Format: Round robin group stages with the top teams progressing to knockout rounds

Matches follow standard volleyball rules, with shortened formats in qualifiers

- Dates: Saturday 30th May 2026 (Boys) & Sunday 31st May 2026 (Girls).
- Venue: UEL Sportsdock, 4-6 University Way, London, E16 2RD.
- Semi Final & Finals will be held at the Copper Box Arena on Sunday 5th July 2026.

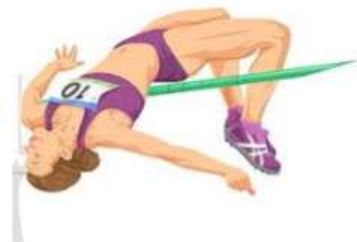
Netball (Girls)

- Age group: Years 7–9 (U14) - Oldest DOB 01/09/2011 and Youngest DOB 31/08/2011
- Netball Trial to be held on 21st April and 28th April Old Deer Park-Tennis Court
- Format: Round robin competition with progression to finals
- Saturday 13th June 2026, Venue: Redbridge Sports Centre, IG6 3HD ,Final: Copper Box Arena – Sunday 5th July

Para Swimming (Boys & Girls)

- Age group: 17 and under
- Open to young people with physical, sensory, or learning impairments
- Participants must be able to swim 25 metres unaided
- Includes individual races and relay events across impairment categories
- Date: Thursday 14th May 2026, Venue: Beckenham Spa Leisure Centre, 24 Beckenham Road, Beckenham, BR3 5JE
- **Competitions:** Male & Female (Compete separately).
- **Eligibility Criteria:** All young people in the following impairment groups are eligible to participate.

- | | |
|-------------|--|
| G1. | Wheelchair user/All four limbs affected |
| G2A. | Ambulant-upper body limbs affected |
| G2B. | Ambulant-lower body limbs affected |
| G3A. | Sensory-Hearing Impairment |
| G3B. | Sensory-Vision Impairment |
| G4. | Severe Learning Disability |
| G5. | Mild Learning Disability |



LYG Richmond Athletic Trials 2026

Monday 11th May
Monday 18 May
From 6pm till 8pm

St Mary's University - Sir Mo Farah Track



100m - 200m - 800m - 1500m - High Jump - Long Jump - Shot
Putt - Javelin - Relay



Please scan
QR Code

Athletes need to meet these criteria :
Live or go school in Richmond
Be in Year 7 or Year 8



Please scan
QR Code



For more information please get in touch:

hnhsportscoaching@gmail.com

