



BRILLIANT  
eBulletin

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# etinin

**Grey Court School | 24 April 2026**

*"...a school where all pupils flourish" - Ofsted 2024*



**Cover photo: Grey Court School allotment**

#KeepInTouch

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**The Uniform Shop**

**Thursdays 3:15-4pm**

**Contact:  
sniss@greycourt.org.uk**

Grey Court JustGiving QR Code



A dark blue poster for a 'Quiz & Curry Night' event. At the top, two large yellow lightbulbs are shown from the side, with a string of small white lights hanging between them. The main title 'QUIZ & CURRY NIGHT' is written in a large, glowing yellow-outlined font. Below the title, there are two horizontal white lines. The date 'FRI 8 MAY' is written in a bold, yellow-outlined font. Underneath the date, the event details are listed in a simple white font: 'Doors open 6.45pm', 'Quiz starts 7.30pm', 'Teams of up to max 8 people', and 'Fully licensed bar'. At the bottom, there are two more horizontal white lines, followed by the ticket price 'Tickets: £18 per person' in white. The website URL 'www.pta-events.co.uk/greycourtschool' is at the very bottom in white.

# QUIZ & CURRY NIGHT

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**FRI 8 MAY**

Doors open 6.45pm

Quiz starts 7.30pm

Teams of up to max 8 people

Fully licensed bar

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Tickets: £18 per person


[www.pta-events.co.uk/greycourtschool](http://www.pta-events.co.uk/greycourtschool)




# GREY COURT ALLOTMENT PLANT SALE

SATURDAY 16th MAY | HAM LIBRARY | 10am until 12pm


GORGEOUS GREENERY & LOVELY BLOOMS - DON'T MISS OUT!




Mint




Vinca



Foxgloves




Verbena  
bonariensis




Rhubarb




Garlic




Spider plants



Raspberries




Common  
Thyme



Peas



Convolvulus



Sisyrinchium

Support Local Gardeners on  
association with the Ham United Group Plant Sale



NEWS  
#4\$3

# Mr Kempton runs the Manchester Marathon

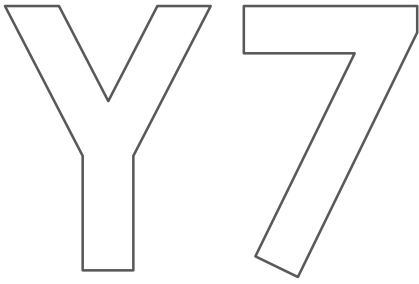




Thank you to everyone who donated to my [fundraiser for the Alzheimer's Society](#) last week, your support means a lot and helped push me over the finish line in the tough moments on Sunday. I finished it in 3 hours 17 minutes - it's amazing what you can do when you're not throwing up!

After two marathons in one month, that's me done for a little while! However, Running Club continues before school on Thursdays at 7:30am for all year groups and all abilities. It's the best season for it: what better way to start the day than a 5km jog through sunny Richmond Park?

- Mr Kempton



This weekend will be busy for our Y7 students as we are sure they will be doing plenty of revision for their end of year assessments taking place next week! Just a reminder that the schedule of assessments is on their form's Google classroom and the revision booklet was sent by email.

As a parent, as well as supporting them with their revision, you can support your child by ensuring that they are well-rested for their assessment week. We wish them the best of luck!

A reminder that blazers are still required to be worn around the school even though the weather is getting warmer! Uniforms were impeccable these past two weeks so keep it up everyone!

Last Friday, the Y7s had a very fun tutor challenge held by Maple! They played 4 corners in the small gym which is an elimination game until only 1 student is left. One person stands in the middle and spins around with their eyes closed. All the players choose one of the 4 corners and run to it. Then the person in the middle opens their eyes and points to a corner. Anyone in that corner is eliminated. The Y7s worked really well together, they played several rounds and Ms Newton Dunn had to urge them to leave on time as they were having so much fun! Shouvik won for Ash and Aaran came 2nd for Beech!

Looking forward to Rowan holding their tutor challenge next!

**- Ms Gilly**

Acting Head of Year



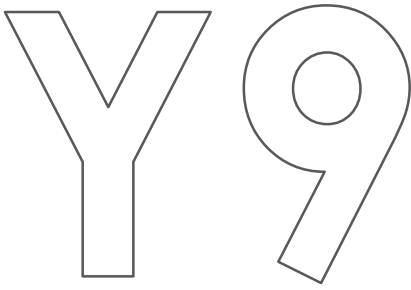
A big shout-out goes to our conduct point champions: Almus, Dries, and Wilf. A brilliant achievement and thoroughly deserved.

This week's assembly, led by Mrs Angus, focused on Earth Week and sustainability. Students explored how small changes can make a big difference - from reducing waste to thinking more carefully about how we use resources.

Looking ahead, a key date for the diary: assessment week is next week. Please do check the timetable with your child so they know when each assessment is taking place. Good luck to everyone!

**Ms Sutcliffe**

Head of Year



Another fantastic week for the Y9 students.

In assembly this week we were lucky enough to hear from Mr Paterson from the Geography department on the topic of Earth Day. Mr Paterson spoke to the students about the origins of Earth Day, and its focus on environmentalism and sustainability. The assembly focussed on everyday choices which students can make that have an impact on the environment.

At the assembly we focussed on two key areas for Y9s for the rest of the term - attendance and behaviour. Attendance has generally been excellent in the year group since Y7 - but we spoke of the importance of ensuring high attendance over the next few weeks with exams looming. Now the weather is nice, we hope that it is slightly easier for students to get himself sofa bed in the morning and ensure they are in lessons. Behaviour has been excellent since we have returned from Easter - but we emphasised the importance of this over the next few weeks as we prepare for a very important set of end of year exams.

**Mr Day**

Phase Leader

# Y10

We held our Parents' Evening this week. Thank you to all parents and carers who attended. If you were unable to attend virtually, please contact subject teachers to arrange a call so you can have these important conversations.

Congratulations to Tate Lawler (10R), who won the tutor competition and took home the £5 voucher.

The following students were nominated by their tutors for a tutor award:

Tate Lawler  
Ayah Mahmoud  
David Seeds  
Eva Mayhew-Wilcox  
Grace Hogg  
Morten Smith  
Chloe Clements  
Milly Anstey

All nominees will receive a small treat. The range of reasons for these nominations was very impressive. Congratulations to all and keep up the amazing work!

A gentle reminder to parents and carers to please top up lunch accounts ahead of next week. This would be greatly appreciated.

**Mr Khan**  
Head of Year



This week for Year 11 was kicked off with an assembly for Earth Day - raising awareness as to how we can all be more sustainable in our day-to-day to protect our planet. This week has shown progress in students punctuality and engagement with their final lessons before Passport to Success starts.

A huge shout out to the Creative Media students who are now done with their course! The KS4 team and Ms Howell are so impressed with your readiness for the exam - fingers crossed the best results yet.

With Art, Languages and Textiles, we wish you all the best with your exams next week.

Please note you should have received a letter with information on ROA, Leavers Hoodies and Prom. Please note that you can still make payments for prom if you have not done so already. It should be a really lovely evening and send off for all our Year 11 students.

**Ms Woods**

Head of Year

# Passport to Success and Mr Nair's Proverbs

- Mr Clements

Next Wednesday will mark the yearly juncture where Mr Gordon Walker will deliver his Churchillian passport to success assembly and I will provide a motivational speech and some words of wisdom to guide the students as they move towards the finishing strait of their GCSE experience. As this is the 12th year of my tenure at Grey Court, last month in search of inspiration, I revisited some eBulletins of yesteryear which Mr Sen Nair, keeps under lock and key in the catacombs under his technology classroom.

On reading my study mantras, I was struck by the confident mystical persona I had adopted over the years. In fact it was not unlike the performative videos by Ancient Tai Chi grand masters with corrugated six packs and wispy beards whose adverts keep interrupting my YouTube viewing. "Even unfit over-53 year old men like you can transform their bodies in 7 weeks," I kept being told. So clear sighted, so certain, I thought!

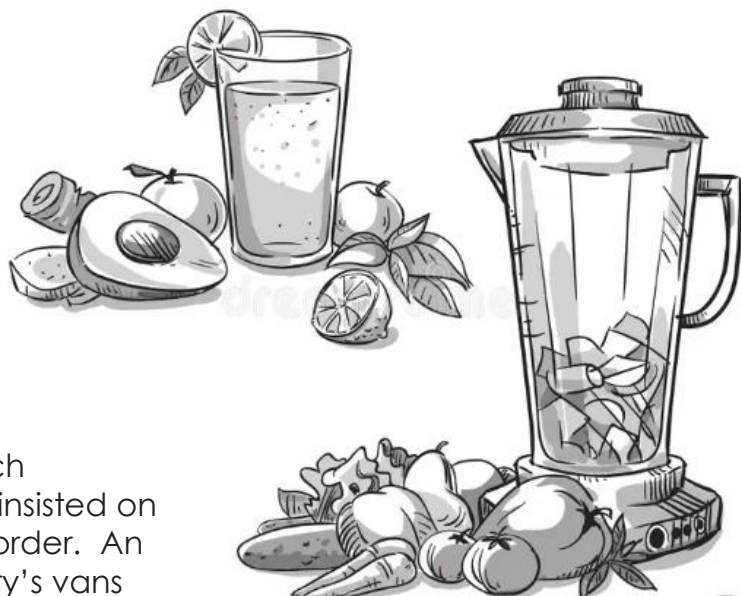
Anyway, I read out some of my past performance mantras to Mr Nair, who happened to be squeezing some hot coals in his palms, as I spoke. He responded by slowly raising an eyebrow, flicking out his tongue (with which he caught a passing grasshopper) before opining: "The fool in the forest only sees trees."

Perplexed - and slightly cross-eyed at this point, I decided to build in some of my "wise" mantras to the revision programmes being adopted by my own 16 year old son: the results have been truly enlightening!

**Intersperse your revision programme with short intense bouts of exercise. This will prove enervating and build physical and intellectual resilience.**

On reading this mantra my son suggested dual membership of the kind of exclusive blue ribbon triple oiled gym with a Swedish masseur and beautiful people, favoured by Mr Jacob. I opted for the free park gym down the end of my road favoured by a couple of alcoholics and a fox. We both opted for a pull-up routine. My 16 year old knocked out 10; I aimed for a demi-pull-up but succeeded in dislocating my right shoulder before collapsing on the ground. The fox looked at me pitifully; my son looked unimpressed.

**Provide your children with nutrient rich brain fuel in the form of avocados, blueberries and mangoes - rather than the refined sugars contained in sweets - in order to enhance memory, reduce anxiety and boost the immune system.**



This mantra was met with so much enthusiasm from my son that he insisted on taking charge of the Sainsbury's order. An hour later, a caravan of Sainsbury's vans chugged up the hill and deposited enough exotic fruit to feed the attendees of one of Jay Gatsby's extravagant Long Island parties for a week. In the Clements' household this investment did in fact fuel a natural sugar induced 48 hour revision marathon. However, I have since defaulted on my mortgage, had to enforce a subsistence diet on the family for the remaining 29 days of the month and now may have scurvy.

### **Create a bespoke revision plan based around your performance priorities.**

We both agreed that this was nicely alliterative and proceeded to design a plan around Arsenal's remaining league, F.A Cup, Champions league and Carabao Cup fixtures with colour coding in the form of the home and away strips. This appeared to take up 33 out of the remaining 66 days before the exams. Rest days had also been built in with trips to "Goals" in Tolworth and New Malden.

On viewing this "passport to success" family blueprint, my wife exclaimed (unfairly I thought) that "I had lost sight of the big picture." I replied with Mr Nair's line that, "the fool in the forest only sees the trees."

I have since been relegated to the triple burden of taking the bins out, feeding the cat and stacking the dishwasher. I am now a wiser and humbler man. My son is upstairs revising with his mum.

# Stars of the Week: Humanities

Year	Name	Subject	Reason
7	<b>Dhairya Patel</b>	History	Excellent classwork
8	<b>Kamal Magsud</b>	History	Excellent engagement in class
9	<b>Henry Makepeace</b>	History	Excellent contributions
10	<b>Megan Crane</b>	History	Excellent test results
12	<b>Pearl Hand</b>	History	Excellent progress in the subject
13	<b>William Marston</b>	History	
7	<b>Rose Al-Khirsan</b>	Geography	Excellent progress in the subject
8	<b>Erin Brenner</b>	Geography	Excellent engagement in class
9	<b>Erin Wild</b>	Geography	Excellent engagement in class
10	<b>Claire Chung</b>	Geography	Excellent progress in the subject
11	<b>Gaia Ravizza</b>	Geography	Excellent progress in the subject
12	<b>Sophie Robinson</b>	Geography	Excellent homework
13	<b>Pallav Shekhawat</b>	Geography	Excellent classwork
7	<b>Bella Clark</b>	Religious Studies	Excellent engagement in class
8	<b>Wallis Mckinley</b>	Religious Studies	Excellent assessment grade
9	<b>Dylan Kerr Elliott</b>	Religious Studies	Excellent contributions
10	<b>Josie Tanner</b>	Religious Studies	Excellent engagement in class
11	<b>Fereshta Najib</b>	Religious Studies	Excellent engagement in class
11	<b>Oscar Ballantine</b>	Politics	Excellent contributions
12	<b>Zinnia Croxford</b>	Politics	Excellent progress in the subject
13	<b>Zoya Ahmed</b>	Politics	Excellent progress in the subject
12	<b>Aara Anjum-Smith</b>	Philosophy	Excellent progress in the subject
13	<b>Millie Dodds</b>	Philosophy	Excellent progress in the subject

**Attendance Matters**  
13 April to 17 April 2026

Year Group	Attendance %
Year 7	<b>96.1%</b>
Year 8	<b>96.6%</b>
Year 9	<b>94.9%</b>
Year 10	<b>95%</b>
Year 11	<b>92.3%</b>

Tutor Group	Attendance %
7 Elm	<b>98.8%</b>
8 Cedar	<b>97.6%</b>
9 Ash	<b>99.1%</b>
10 Elm	<b>97.5%</b>
11 Willow	<b>95.3%</b>

Introducing the Grey Court  
2026 Musical...

ROALD DAHL'S  
**Matilda**  
THE MUSICAL JR.

2-3 July 2026



Sign up to audition here -  
vocal auditions via Google Classroom





Wellbeing

# Support

## MHST Parent Information Leaflet (Summer)

General information about AfC MHST services, including the links to the Helping with... Parent webinars (topics chosen by parents)




## 100 Miles in May Challenge!

### **Step Into Spring: Take on the 100 Miles in May Challenge!**

Spring has arrived - bringing longer days, lighter evenings, and the perfect excuse to get outside and get moving. Fair warning: side effects may include rosy cheeks, clearer heads...and a quiet sense of smugness.

We're inviting you to take on the **100 Miles in May Challenge** - your way. Walk it, run it, mix it up - no pressure, no stopwatch, just 100 miles across the month and a very good reason to get outside.

Sign up [here](#)

An illustration at the top of the page shows a white house with a brown roof and two windows, floating upside down in a dark blue, stormy sea. Rain is falling diagonally across the scene. In the background, there are green trees and some falling leaves, suggesting a scene of nature being overturned.

# when your whole world turns upside down

when someone dies it can feel overwhelming,  
but you don't have to go through it alone.

space2grieve offers free, confidential, one-to-one bereavement support  
for children and young people living in Richmond borough.

We also offer support for parents and carers who live in Richmond borough through  
our 'Parenting Through Grief' sessions and our one to one support service  
for bereaved adults.

Our friendly, highly-trained volunteers are here to listen, understand,  
and help you find your way forward.

Call us on 0751 937 6363  
or email us at [cypsupport@space2grieve.org.uk](mailto:cypsupport@space2grieve.org.uk)  
to see how we can support you.





# 12 May

- Year 7** Cannabis and alcohol
- Year 8** Gradu8 careers challenge
- Year 9** What to do if you find out your friends are taking drugs
- Year 10** Challenging harmful language
- Year 11** Safety during the summer – music festivals



Careers  
with Miss Corrighan

# Careers

## Summer Term

Year Group	Topic
Year 7	There will be a careers event for year 7 in June where students will hear from people from the world of work.
Year 8	Gradu8 Careers challenge where students use <a href="#">Unifrog</a> to research into their career ideas and this year they have developed real world skills in their enterprise challenge.
Year 9	Year 9 have now chosen their options and can continue to use careers resources such as <a href="#">Unifrog</a> and <a href="#">BBC Bitesize Careers</a> resources
Year 10	We will be having a series of assemblies, PDW sessions and activities. Students will be starting to think about their post 16 options with talks from Miss Corrighan (Careers Adviser) and Kingston college. In activities week, the students will be taking part in work experience taster days, a University visit and a trip to Thorpe Park. A small cohort (25 students) take part in work experience and also Duke of Edinburgh Award (70 students)
Year 11	If anyone still needs support with their post-16 options, they can contact Miss Corrighan and she will be in school on GCSE results day (Thursday 21 August) to help any students with their results and options.
Year 12	All students are participating in work experience or a summer school w/c 29 June, which is a really important part of their sixth form experience. They will also be exploring university and apprenticeship options this term.
Year 13	If anyone still needs support considering their post-18 options, please get in touch. The sixth form team and Miss Corrighan will be in on results day (Thursday 14 August) to support any students with their results and options. Please sign up via the alumni website to stay in touch: <a href="https://www.futurefirsthub.org.uk/register/grey-court-school">https://www.futurefirsthub.org.uk/register/grey-court-school</a>

If parents/carers have any questions about the process please email Miss Corrighan [bcorrighan@greycourt.org.uk](mailto:bcorrighan@greycourt.org.uk) and students can see Miss in school, her office is on the KS4 corridor.

# Careers

## Post 16-Options

**If you are in year 11, there's still time to apply to colleges. If you are in year 10 you might be starting to look into the range of options available.**

The summer term is a good time to start considering post-16 options and there are a range of option days coming up.

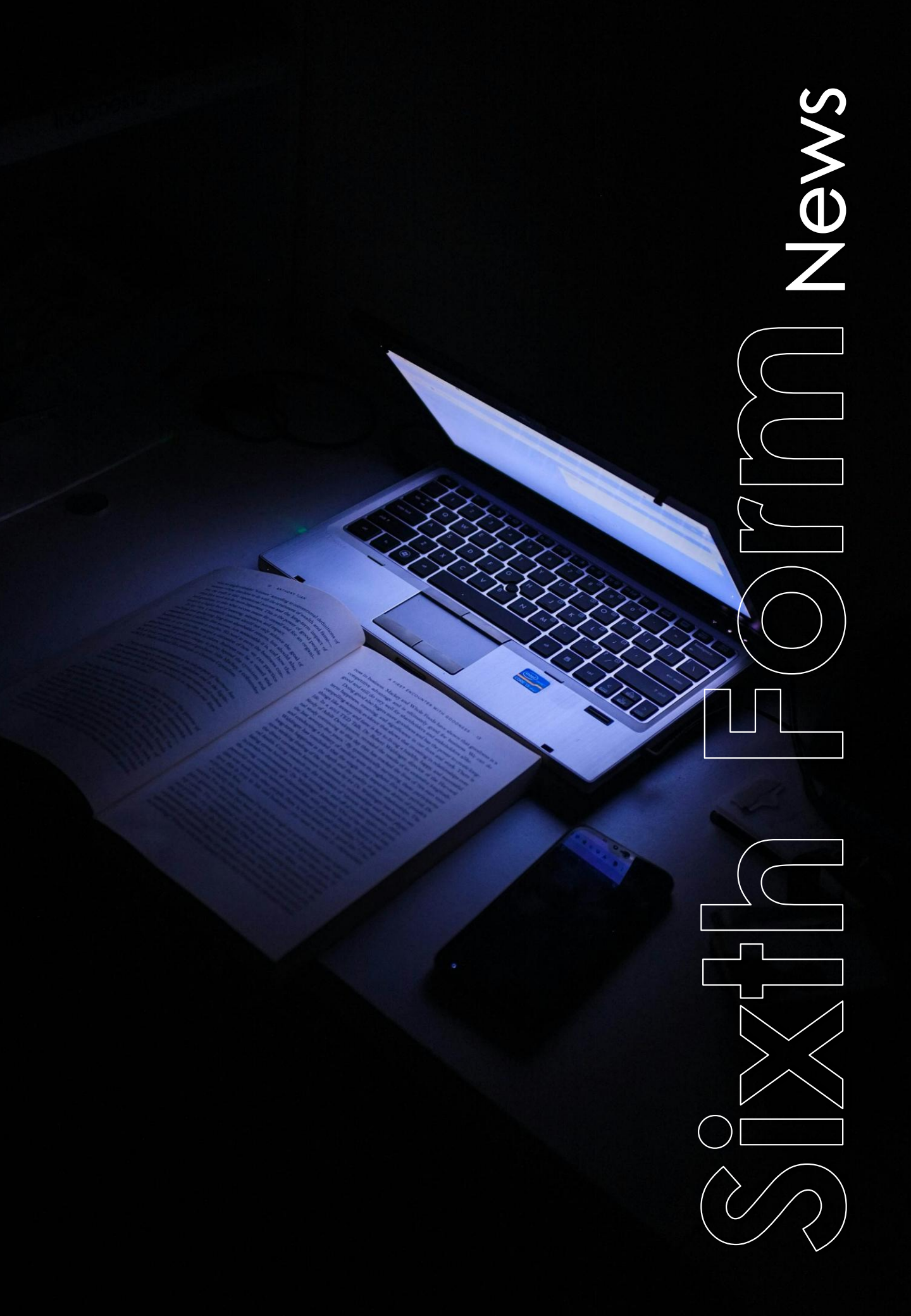
<b>Grey Court School</b>	<a href="#">Grey Court Sixth Form</a> has their open day in November and offer a range of A-level and BTEC level 3 courses for students to choose from.
<b>Kingston College</b>	Kingston College has their open day on Friday 19 June from 11am to 1pm (for year 11s) and more in the autumn term
<b>NESCOT</b>	NESCOT has their open day on Wednesday 13 May from 4.30pm to 7.30pm. They have courses in animal care, construction and much more.
<b>Esher College</b>	Esher College has their open day on Wednesday 8 July from 4pm to 8pm. There is only one per year and applications are early. Please see their website for more details.
<b>Richmond upon Thames College</b>	Richmond upon Thames College (Twickenham) has their open event on Tuesday 16 June from 4pm to 7pm. At this event students will be able to speak to the college's teachers, have a tour of the college, meet the principal, and speak to their IAG and careers team to discuss options available for post-16 study. Both year 10 and 11 students are welcome to attend this event. <a href="#">Click here to book your visit</a>
	<b>NEW COURSE ALERT!</b> Richmond upon Thames College have added a Level 3 Patisserie Course to the 2026/2027 academic year. For more information about this course, please see the link: <a href="#">7133-03 Level 3 NVQ Diploma in Professional Cookery - Patisserie and Confectionary (C3DPPF)   Richmond Upon Thames College</a>

# GC Careers Opportunities Bulletin

We encourage sixth form students, parents, and carers to access our weekly [GC Careers opportunities bulletin 24/04/2026](#). This bulletin includes work experience, career talks, university open days/tasters, apprenticeships, Unifrog resources, events etc. Engaging with these resources is a fantastic way for students to explore future paths and to build a competitive profile for university and apprenticeship applications.

## Talking Futures

[Talking Futures](#) is an essential resource designed to guide parents and carers through the diverse educational pathways available today. By offering practical conversation starters and clear information on options - such as apprenticeships and technical qualifications - it provides a valuable foundation for understanding the evolving education landscape.



# Sixth Form News

# Y12 Year 12

## Higher Education Evening Thursday 14 May 2026

We will be starting the university application process soon with our year 12s. The UCAS and Unifrog websites have excellent university research tools which all year 12s should be using to look at the myriad of courses offered by universities and start to narrow down their choices. Parents might find our [Higher Education Booklet](#) helpful when supporting with this. Please sign up to open days, to help inform your decisions.

## Work Experience + Summer Schools

Well done to all the students who have secured placements or summer school acceptance - you have done amazingly well and the last few students are now getting confirmations and getting organised. Congrats to all the students this week who were accepted on to the Eton Summer school and previously the King's Wimbledon business summer school.

Work experience week takes place 29 June-3 July 2026 for year 12 and all students MUST have something planned for that week. To confirm the placement, students must input the information on the **Unifrog Placements** tool. This will confirm with the employer the placement. See this step by step guide of how to add on your placement: [Unifrog - adding a placement .pdf](#) Please speak to Miss Corrighan [bcorrighan@greycourt.org.uk](mailto:bcorrighan@greycourt.org.uk) if you have any questions or still need support finding a placement.

## Sixth Form Opportunities

The **Sixth form opportunities bulletin - includes work experience, university tasters, careers talks, apprenticeships and more:** [GC Careers opportunities bulletin 24/04/2026](#)

This is posted weekly on Google classroom and all students should be accessing this. For any year 13s looking at apprenticeships please do check out the apprenticeship section.

# EPQ + Oxbridge

Oxbridge students have been uploading their draft paragraphs to answer the UCAS questions. They will receive feedback through the assignment to work on a second draft before activities week. This week all Oxbridge students were involved in the Talk the Talk workshop all day in the main school library. This was to develop their skills in talking about their own achievements in preparation for possible Oxbridge interviews.

# Year 13

## Exams + Study Leave

**Year 13 students' last day is on Friday 9 May. During this day they will have a leavers assembly.** Study leave starts on Monday 11 May. However, all A-Level teachers will be available during their normal year 13 lesson time, and a large number of teachers will continue to teach right up until the exam in their subject. Students are of course welcome to study at school during this time and they have exclusive use of the Pavilion area if they wish to use it. A small number of students will not be granted study leave, an email will be sent to both parents and students. If students do not receive this email then they have been granted study leave.

# UCAS

## What comes next?

Once you have heard from all five courses you applied to you should choose a firm choice and to put in an insurance choice of university.

The deadline for confirming firm & insurance choice depends on when the students received their last offer. For some of our students, the deadline is **6 May 2026** if students received their last decision on or before 31 March 2026. The deadline is on **3 June 2026** if they received their last decision on or before 13 May 2026

Many students will have received invites to Offer Holder Days. This is the best way of helping students choose the best course and university for them. You should look at not just the university but the city or town where it is located. Consider factors such as whether you like the set up of a campus university or a university spread across a city. Think about where you might live in the second year when you will not be living in university accommodation. You might want to think about whether there will be opportunities for part time work to help supplement your living expenses. Check out transport to and from university - how long will it take you to get there and arrive in time for your 9.00am lecture? How long will it take to get back to your family home and how much will it cost? What social activities does the student union offer?

When you are making your choices you should base your decision for your firm choice of the course you most want to study. When choosing an insurance choice it should be a course with a lower offer (but you are still happy to study). This will mean that if you miss your grades for your firm choice you will still be given a place on your insurance course and won't have to go through the Clearing process in August.

Please see this [UCAS guide](#) to accepting offers.

Extra has now opened. It allows you to add another course choice if you have received decisions from all five, and weren't accepted, or if you declined the offers you received.

Please come and talk to Ms Duncan or Ms Tanner before turning down any offers you have been made and using UCAS Extra. It may be that contacting a university and asking to change your course will be a preferable way of making a change to UCAS Extra.

UCAS  
EXTRA

Student  
Finance

Full-time undergraduate 2026 to 2027 applications are now open! It's quick and easy to apply, it should take less than 30 minutes. To make sure you get your funding in place for the start of your course: new students should apply by 31 May 2026. Use this link to start your application [Student Finance England](#). If you have any questions about student finance look at the UCAS pages [Student Finance - Everything you need to know](#).

During PDW last week, year 13 students went through student finance. This application needs to be completed at home with parents/guardians. The deadline for applications is on **Friday 15 May 2026**.

[Student Finance PDW 2026](#)

# Y13 Sign up ALUMNI

*Don't lose touch with us!  
We would like you to sign  
up to our Alumni Portal*

**By joining, you'll gain access to:**

**Community:** Keep up to date with fellow student leavers and school activities

**Mentorship:** Giving you the opportunity to act as a mentor to current students but to also seek advice from other alumni

**Networking opportunities:** the Hub connects you with former students working in various fields, meaning it's a great place to expand your professional network! We often write references for former students for jobs, internships and more

**School events:** Volunteer and take part in events at your old school

**Signing up takes 2-3 minutes via the [website](#).**

1. Visit: [Grey Court School - Alumni/Friend registration](#) OR [Future First Hub](#)
2. Scroll down to where it says 'Don't have an account? Join now!'
3. Type in your school name
4. Click register
5. From there you will need to fill out further details about yourself
6. Make sure to fill out the details correctly, if you're unsure, just ask!

**Remember: Don't use your school email, you won't have access to it once you leave!**

Please sign up as "current student" - this will change to "alumni" when you have left school!



*Join Us For a Memorable Night*  
**YEAR 13 PROM**  
*Class of 2026*

*THURSDAY 30TH APRIL 2026 - 7 PM- 10PM*

*THE WHARF, TEDDINGTON*

*£35 SCOPAY*





SPORTS  
News



**Wednesday 22 April:** A special thank you to Dylan, James and Max for their massive contributions to the football team over the past 7 years. Brilliant to win the cup in your final game!

**Thursday 23 April:** excellent victory for the u15 cricket team in the league. Jenson picked up four wickets!





**Wednesday 22 April:** Excellent victory for the U18 tennis team today in the Rootham Shield



**Friday 17 April:** Superb end-of-season football matches for our 12A, B, C, D teams. Three wins and one loss. Well done, boys!

# Player of the Month

# Tia Garrard

Tia Garrard has delivered an exceptional and resilient performance, demonstrating not only her athletic ability but also outstanding determination and mental strength under pressure.

Competing at the Glasgow Multi Events Championships, Tia took on the demanding five-event schedule consisting of the 60m hurdles, shot put, high jump, long jump, and 800m, all completed within a single day. She made an immediate impact, achieving two personal bests with an impressive 11.75m in the shot put and a time of 9.18 seconds in the hurdles. These performances placed her 2nd overall out of 27 competitors from across the UK, highlighting her strong competitive form.

Despite consistent performances in the high jump and long jump, Tia entered the final event, the 800m in 3rd place. Showing remarkable courage, she pushed through the event to finish the competition, ultimately placing 4th overall and narrowly missing the podium by just 8 points. While the result did not fully reflect her capability, achieving two personal bests under such conditions is a testament to her quality and perseverance.

Tia then faced an even greater challenge at the Under Armour Next Camp, a highly selective and intensive training environment. Over two days, she completed approximately 25 hours of rigorous physical and mental testing alongside nine other elite athletes. The camp assessed stamina, speed, endurance, and mental resilience, with only four athletes selected for sponsorship.

As a result of her outstanding effort and determination, Tia was successfully awarded an Under Armour sponsorship, an incredible achievement that provides access to elite-level support including coaching, nutrition, therapy, and professional development resources.

Overall, this period highlights Tia's exceptional talent, resilience, and competitive mindset. Her ability to overcome adversity and perform at a high level makes her a truly deserving Player of the Month and marks her as a rising athlete with significant potential for future success.

## [A reminder to follow Tia's Journey!](#)

Season 10 of UA NEXT London is here. Over 1,000 athletes applied - just 10 made it to camp. 10 athletes, one camp, just 4 contracts on the line. This is where performance meets pressure. This is where London's next generation is built.

# Player of the Month Toby Lander

Congratulations to Boy's PE Player of the Month, Toby Lander. Toby's main sport is rugby and he played an instrumental role at fly half for the rugby team in their fixtures before half term. Since Christmas, his attention has turned to Rugby Sevens and this month, Toby has secured his position as a regular starter, contributing to the team's strong performances in fixtures against Hampton, finishing third in the Middlesex Cup and second at last week's Danes Hill tournament. With his excellent skill set and strong defensive capabilities, Toby will be heavily relied upon this Friday when the boys represent Grey Court at the Rosslyn Park National 7s competition. With an eye for a gap and pace to go with it, we look forward to seeing Toby threaten some of the best schools in the country. Toby plays his club rugby for Richmond and narrowly lost out by one score to Battersea Ironsides in the Surrey Waterfall Cup last weekend - Toby was again a standout performer. Away from rugby, Toby has started training at Kingsmeadow with Kingston AC & PH twice a week, which has involved plyometrics, sprints and fitness. There is no doubt this level of hard work and dedication has benefitted his rugby in recent weeks and we look forward to seeing Toby's development when we move into the outdoor Athletics season after the Easter break.

Well done on a fantastic month, Toby - keep working hard towards fulfilling your potential!

# Scholar of the Month

## LUCY

Lucy has proudly represented Grey Court across football, basketball, rugby, and volleyball, showing fantastic commitment and enthusiasm in every sport she takes part in. As a member who has played for both the U12 and U13A football teams, Lucy consistently demonstrates determination, skill, and a real passion for the game, always giving her very best for her team.

Across basketball, rugby, and volleyball, Lucy's versatility as an athlete really shines. She approaches each sport with confidence and energy, embracing new challenges and continually working to improve her performance.

Her strong teamwork, positive attitude, and willingness to support others make her a valued teammate in every environment.

Beyond her sporting achievements, Lucy is a wonderful role model. She leads through her effort, encouragement, and commitment, always showing great sportsmanship and respect for her teammates and coaches. Her dedication to representing the school across so many sports truly reflects the spirit of our Sports Scholarship programme. A fantastic ambassador for Grey Court sport, Lucy should be incredibly proud of all she has achieved.

**Well done, Lucy!**



# Team of the Month Gymnastics



Well done to our Elite Gymnastics Squad who have all taken part in a variety of competitions over the month of March.

Firstly, we had the National Milano Finals in Stoke on Trent. Our Gymnasts travelled up, went for the Traditional Nando's before competing against the strongest Schools Gymnasts in the country. We had 3 teams at the competition, all of them did extremely well. U13- 9th, U16- 9th and U19- 6th in the country!! The U16 team placed 3rd for the Mixed Combined Total Scores with Alleyns School.

Next, we had Zara, Layla C and Uzay compete at the London Regional Tumbling competition. This was our first time competing here and it was great to give our gymnasts another opportunity to show off their skills. Uzay was crowned London Regional Champion!! Zara and Layla placed 6th and 7th in the region.

Finally, we had two teams compete at the Floor and Vault B team competition at Putney High School. For many, this was their first time competing for Grey Court at a Regional competition. We are still awaiting the results!!! Everyone performed exceptionally well on the day.

You can catch the Gymnasts in the Gym and Dance Show!

# Team of the Month

## U18 Football Team



The U18 boys football team have had a brilliant season. They have played 14, won 10 and lost 4 in all competitions, scoring an incredible 63 goals. Charlie Tong leads the race for the golden boot with 18 goals in 15 appearances, followed closely by James Russell who has bagged 11 goals in 14 appearances.

The Year 13 students, Tolga, James, Dylan, Max and Mal, have set the standard with their performances this season and with additional quality across the park provided by the Year 11 and 12 students, the boys will be confident going in to the Final against Richard Challoner, who we have played twice already this season, winning one and losing one.

Congratulations on a great season!

What's happening ...





# GIRLS CRICKET

ON HAM COMMON



## Girls Cricket on Ham Common

For complete beginners to future international stars

**Free Taster  
Session  
Tuesday  
28<sup>th</sup> April**

**Girls only group sessions (Yr2–Yr11)**  
Tuesday 5pm-6:30pm from 21<sup>st</sup> April

**All Stars (Reception–Yr3)**  
Fridays 5pm-6pm from 24<sup>th</sup> April

**Girls Only  
Pizza &  
Cricket  
12<sup>th</sup> May**

**Bring a friend and come  
and join the fun!**

**League & friendly matches throughout the summer  
+ Indoor winter sessions November – March**

**£55 for annual membership or weekly sessions for £5  
All Stars - £55 for 8 sessions**

**Contact:**

[info@hamandpetershamcc.co.uk](mailto:info@hamandpetershamcc.co.uk)  
[www.hamandpetershamcc.co.uk](http://www.hamandpetershamcc.co.uk)





COME & TRY

CRICKET

with

HAM & PETERSHAM CC



# Summer Cricket on Ham Common

May  
Half Term  
Cricket  
Camp

## Group Sessions

- Tues 5:00pm – **Girls Group**
- Tues 6:30pm – **U13s, U14s, U15s & U16s**
- Thurs 6:00pm **U10s, U11s & U12s**
- Friday 5:00pm – **All Stars (5 to 8 yr olds)**
- Friday 6:00pm – **U8s & U9s**

League  
Cricket

All  
Girls & Boys  
Welcome

All girls & boys welcome

£55 Annual Membership

Girls  
Cricket

Contact:

[info@hamandpetershamcc.co.uk](mailto:info@hamandpetershamcc.co.uk)  
[www.hamandpetershamcc.co.uk](http://www.hamandpetershamcc.co.uk)

Free  
Taster  
Session





# OLD KINGSTONIAN JUNIOR SUMMER HOCKEY

**SCHOOL YEARS 3-11 \* ALL LEVELS WELCOME**  
**SKILLS TRAINING \* SMALL SIDED GAMES**  
**FIELD PLAYERS & GOALKEEPERS**

**WEDNESDAYS @ TIFFIN GIRLS' SCHOOL**  
**22 APRIL - 1 JULY 2026**

**SCHOOL YEARS 3-6: 18:00 - 19:00**

**SCHOOL YEARS 7-11: 19:00 - 20:30**

**SCHOOL YEARS 3-6: £76 / 7-11: £88**

**(TIFFIN GIRLS' SCHOOL, RICHMOND RD, KT2 5PL)**

**Book via our website [www.okhockey.com](http://www.okhockey.com) or  
use the QR Code**



**CONTACT US**



**@oldkingstonianhc**



**<https://www.okhockey.com>**



## **RICHMOND MAY FAIR**

EST. 1970

*Saturday 9<sup>th</sup> May 2026 • 10am – 5pm*

Dear fellow Richmond residents and friends,

**Oscars of London & Be Richmond proudly sponsor The Richmond May Fair, returning on Saturday 9<sup>th</sup> May 2026 from 10am-5pm on Richmond Green. Everyone is welcome – please come & join in the fun – check out the flyer below!**

Old favourites like the vintage funfair and dog show return, along with over 200 stalls, the craft marquee and a variety of food and drink. Local bands, schools and various performance groups will provide free entertainment throughout the day on the Riverside Radio stage.

With charities, artisans, businesses and schools all represented, the May Fair is a showcase for all that Richmond has to offer and plays an important role in helping local charities promote their work and raise much-needed funds.

Visit the May Fair website [www.richmondmayfair.co.uk](http://www.richmondmayfair.co.uk) to see all the fun and follow us on Instagram and X @richmondmayfair. If you would love to help volunteer, please sign-up to a slot here [www.richmondmayfair.co.uk/volunteer-sign-up](http://www.richmondmayfair.co.uk/volunteer-sign-up) and local dog owners can pre-register for the popular dog show at [www.richmondmayfair.co.uk/dog-show](http://www.richmondmayfair.co.uk/dog-show) We look forward to seeing you at the Fair!

**The Richmond May Fair Committee**

# RICHMOND MAY FAIR

est. 1970

SAT 9TH MAY

10AM-5PM

RICHMOND GREEN TW9 1LX

Thank you to our primary sponsors

**OSCARS**  
OF LONDON

  
**Be Richmond**  
live | work | explore



**VICTORIAN FUN FAIR**  
**CHARITY & SMALL BUSINESS**  
**STALLS • DOG SHOW**  
**FABULOUS FOOD & DRINK**  
**CRAFT FAIR**  
**ENTERTAINMENT**  
**& MORE...**



[WWW.RICHMONDMAYFAIR.CO.UK](http://WWW.RICHMONDMAYFAIR.CO.UK)

Thank you to our other key sponsors



**KNELLER HALL**  
SCHOOL

**DROP-IN**

Sponsoring our Dog Show

PETPEOPLE  VETS



# Ham Open Gardens

**SUNDAY 17 MAY  
12-5**

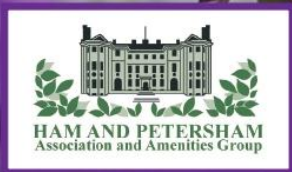
*Tickets : £12 in advance*

[www.hamandpetersham.com/hog26](http://www.hamandpetersham.com/hog26)

*or £15 on the day at Ham Pond*

**A family-friendly event**

**Under 16s free!**



*Proceeds to local charities*

**SCAN  
TO BUY  
TICKETS**





DUST OFF YOUR INSTRUMENT FOR OUR...

# FAMILY ORCHESTRA DAY



**SATURDAY 13<sup>TH</sup> JUNE 2026**

**10-11.30AM, ST RICHARD REYNOLDS AUDITORIUM**

**TICKETS: £8 DONATION (CONCESSIONS FREE)**

**REGISTER BY 15.5.26**



- BRING YOUR ORCHESTRAL INSTRUMENT AND JOIN SRCC ORCHESTRA MEMBERS TO PLAY SOME MUSICAL CLASSICS!
- ALL AGES AND ABILITIES WELCOME, FROM BEGINNERS TO EXPERIENCED PLAYERS
- PLEASE BRING YOUR OWN INSTRUMENT
- NO PREPARATION REQUIRED - WE'LL BE PLAYING ACCESSIBLE CLASSICS
- SHEET MUSIC LINKS AND FURTHER DETAILS WILL BE EMAILED TO YOU AFTER REGISTRATION
- ALL NON-SRCC UNDER-18S MUST BE ACCOMPANIED BY AN ADULT FOR THE DURATION OF THE EVENT



NETBALL  
**COACH**  
UK

**RICHMOND  
NETBALL  
ACADEMY**



Weekly sessions  
term time



Qualified  
coaches



Confidence  
building



Outdoor  
venue

*Netball Coach UK Academies provide a structured netball coaching programme, delivered over 10 weeks. Led by experienced coaches, NCUK Academies develop junior players' skills, game sense and confidence to strengthen their netball knowledge and ability at school and club.*

**GREY COURT SCHOOL,  
RICHMOND UPON THAMES,  
TW10 7HN**

**TUESDAY 5.00-6.00PM  
SCHOOL YEARS 6 - 10**

**SUMMER TERM: 21 APRIL - 30 JUNE**

**COACHING TEAM**



Emma Toft



Miss Parr



# 'Open 2 Music' at Grey Court!

'Open 2 Music' is an instrumental music service providing tuition in schools since 2007 and we are honoured to provide lessons at Grey Court!

**\*\* FREE TASTER LESSONS \*\***

**Weeks Commencing  
20th & 27th April!**

We offer all pupils **Free Taster Lessons**, so if your child is interested in starting then please get in touch to register your interest, we will then book your child in for their **Free Taster Lesson!**

## **Learning goes far beyond music**

Many research studies show learning to play an instrument can help build self-esteem, as well as increasing feelings of well-being and reducing feelings of stress and anxiety.

Choose from the instruments below and we will contact you to arrange a FREE lesson. If you would like to continue with lessons after that, prices are:

One-to-One	20 mins	£14
One-to-One	30 mins	£18
Group 2	30 mins	£12 per pupil per lesson

(Group lessons for Guitar & Vocals only)

**GUITAR    PIANO    VOCALS    DRUMS**

Book now via our website:

**[www.music-in-education.co.uk](http://www.music-in-education.co.uk)**

**BOOK A FREE TASTER LESSON TODAY!**



# SUMMER TERM @



**FRIDAYS  
4PM**

**ARTS AND  
CRAFTS**

**GAME DESIGN**

**THURSDAYS  
3PM**

**TUESDAYS  
4PM**

**GROUP  
DRUMMING**

**STREET DANCE**

**MONDAYS  
4PM**

**WEDNES  
DAYS  
3PM**

**DUNGEONS  
AND DRAGONS**

**TO BOOK EMAIL:**

**HAMYOUTHCENTRE@ACHIVEINGFORCHILDREN.ORG.UK**

# SUMMER TERM @



WEDNES  
DAYS  
3PM

FOOTBALL  
TRAINING

CLASSICAL  
MUSIC TUITION

SATURDAYS  
12.30PM

WEDS AND  
SAT

GYM  
INSTRUCTION

MUSIC  
STUDIO OPEN

TUES/  
WEDS/  
THURS/FRI

MONDAYS  
4PM

BAKING AND  
COOKERY

TO BOOK EMAIL:  
[HAMYOUTHCENTRE@ACHIVEINGFORCHILDREN.ORG.UK](mailto:HAMYOUTHCENTRE@ACHIVEINGFORCHILDREN.ORG.UK)

# London Youth Games 2026

Below is some key information and important deadlines coming up for the London Youth Games (LYG) 2026.

**Volleyball** (Boys & Girls): 27 April 2026

**Tennis:** Applications open

**Girls Football, BMX & Kayak:** Ongoing

## **Sports on Offer**

Basketball (Boys & Girls)

Trials 25–26 April; qualifiers in May; finals in July

Volleyball (Boys & Girls):

Trials from 1 May; competition on 30<sup>th</sup> and 31<sup>st</sup> May

Girls Football (U13 & U15):

Open sessions from 6 May; events 13–14 June

Tennis (Mixed Teams):

Host trials start from 2 May; qualifiers 6 June; finals 14 June

BMX:

Event is on Sunday 7 June, Hayes BMX Track

Kayak (Slalom & Sprint):

Trial TBC, Event is on Sunday 7 June, Fairlop Outdoor Activity Centre

## **Registration**

Students can register their interest via the Richmond Council website:

[https://www.richmond.gov.uk/services/sports/london\\_youth\\_games](https://www.richmond.gov.uk/services/sports/london_youth_games)

Students must meet the relevant eligibility criteria for each sport. Early registration is encouraged due to trial dates and limited squad spaces.

# Together we make the **COMMUNITY SAFER**

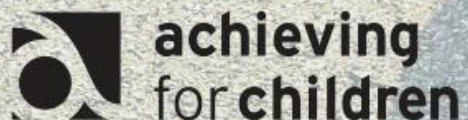
## **Keeping children safe from drugs and gangs**

## **Interactive workshop**

**Monday 11 May, 11am to 12.30pm**

**The Powerstation Youth Centre,  
121a Mortlake High Street, SW14 8SN**

**[Click for tickets](#), or  
scan the QR code**



Delivered to you by Crying Sons in collaboration with Achieving for Children and Parent Carer Champions Network (PCCN)

## Knowledge and awareness are power

Supercharge your skills and make a positive impact on your community. Help keep children and young people safe.

**Interactive sessions:** Say goodbye to boring lectures. We make learning fun and engaging!

**Real-world insights:** Get street-smart knowledge that you won't find in textbooks.

**Empowerment:** We're here to boost your confidence and equip you to face life's challenges head-on.

- **Honest and open talk about gangs:** better understanding of the reality around gangs.
- **Local drug market:** understand what's happening in your neighbourhood and London when it comes to drugs.
- **County lines:** we'll break down what county lines mean
- **Spotting the signs of grooming:** learn how to recognize grooming and protect yourself and your friends.
- **Exploitation:** find out what exploitation is and how you can fight against it.
- **Tackling violence against women and girls:** let's stand together against violence. Learn how.
- **Escape the grip of gangs and serious violence:** discover techniques to break free and stay safe.
- **The power of words:** understand why language matters and how it can shape your world.

# Together we make the **COMMUNITY SAFER**

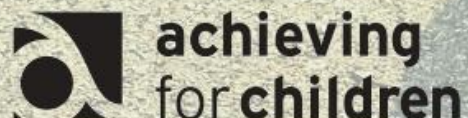
## **Keeping children safe from drugs and gangs**

## **Interactive workshop**

**Thursday 21 May, 10.30am to 12pm**

**Kingsnympton Youth and Community Centre,  
Kingston KT2 7RW**

**[Click for tickets](#), or  
scan the QR code**



Delivered to you by Crying Sons in collaboration with Achieving for Children and Parent Carer Champions Network (PCCN)

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- **The power of words:** understand why language matters and how it can shape your world.

# Together we make the **COMMUNITY SAFER**

## Keeping children safe from drugs and gangs

## Interactive workshop

Friday 19 June, 10.30am to 12pm

The Old Malden Family Hub. Lawrence  
Avenue, New Malden, KT3 5NB

[Click for tickets](#), or  
scan the QR code



Delivered to you by Crying Sons in collaboration with Achieving for Children and Parent Carer Champions Network (PCCN)

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- **The power of words:** understand why language matters and how it can shape your world.

# PROTECTING YOUNG MINDS

## SAFEGUARDING WORKSHOP FOR PARENTS ON HARMFUL ONLINE SPACES



A two-hour,  
interactive workshop  
designed to help  
parents build  
confidence around  
online safety and  
digital wellbeing.

### KEY TOPICS WE'LL EXPLORE:

- Understanding harmful online influences and groups
- Warning signs a young person is engaging in harmful online activity
- Understanding parental controls
- How to hold difficult conversations
- How to access support

For more information email:  
[kanika@groundswell.world](mailto:kanika@groundswell.world)



**SCAN QR CODE OR [CLICK HERE TO REGISTER NOW](#)**

Date: Fri 8th May  
Time: 10:30AM-12:30PM

Location:  
Online via Google Meet



**GROUNDSWELL  
PROJECT**

[groundswellproject.org](http://groundswellproject.org)



# Monday Champions Cafe

Powerstation Youth Centre

121a Mortlake High Street, London SW14 8SN

A collaborative initiative bringing the communities together. Free wellbeing activities, courses, workshops and refreshments for parents. Community food supplies, warm welcoming environment, confidential support, professional advice and an opportunity to socialise.

## PCCN Monday Champions Parents' Cafe\*

11am to 1pm

Mondays term time only

## PCCN Monday Champions Community Cafe

1.30pm to 3.30pm

Mondays except Bank Holidays



\*PCCN Parents' Cafe is open to all Richmond parents of children aged 0 to 18 (up to 25 if a child has SEND).

This is a free session for parents. The wellbeing activities, refreshments, advice and our welcoming smiles are a complimentary provision.

The sessions are run as **parents only** drop-in **sessions** to ensure a restful and confidential environment; regrettably we are unable to accommodate children.

Join us when you like, no need to commit to lengthy and regular attendance or reserve your place.

Membership registration is required on your first visit only.

For any further enquiries or advice please contact:

E: [sanya.walker-batson@achievingforchildren.org.uk](mailto:sanya.walker-batson@achievingforchildren.org.uk)

T: 07761 448348



achieving  
for children

## \*PCCN Monday Champions Parents' Cafe

11am to 1pm

Mondays Term time only

Parent Carer Champions Network Cafes provide an interactive, safe, welcoming and non-judgmental one-stop-shop service for all parents across Richmond and Kingston.

The Monday Champions Parents' cafe is a warm, inclusive, confidential space where Richmond parents can connect, relax, and recharge. Start the day with a focus on wellbeing and self care, then enjoy a cuppa brew and light refreshments, speak with like-minded people or obtain professional advice.

**11.15am to 12pm Wellbeing moments for parents**

**12pm to 1pm Parent group coffee, cake, and a cuppa chat**

We champion parental wellbeing, self care and enhancement of parenting skills strategies. A network of professionals and volunteers provide support and advice on parenting, benefits entitlement assessments, skills development, pathways into meaningful employment or further study.



---

## PCCN Monday Champions Community Cafe

1.30pm to 3.30pm

Mondays except Bank Holidays

The **Monday Champions Community Cafe** is a wonderful jovial experience where the community comes together to eat, bond, share worries, challenges and achievement aspirations for the future. The focus is on community spirit, befriending, health and wellbeing whether it's around food and nutrition, local affordable activities or healthy lifestyles. Membership registration is required on your first visit only.

**1.30pm to 2.45pm Richmond Food Bank - with voucher**

**1.30pm to 3.30pm PCCN Fresh surplus food share - without voucher**

**1.30pm to 3pm PCCN Community Cafe and Partners' drop-in advice sessions**

We provide a friendly inclusive space to enjoy refreshments, socialise, exchange information and opportunities to volunteer. **Richmond Food Bank** provides long life food goods and requires a voucher for collection, capped at once a month.

**PCCN Fresh Surplus Food Share** provides free fresh and ambient foods for collection weekly to Richmond residents who need it. **PCCN Partner drop-in advice sessions** provide support and advice on health, housing matters, benefits entitlement assessments, cost of living support, skills development and pathways into meaningful employment.

We work with local and national organisations such as **City Harvest** Charity, Richmond Housing Partnership (**RHP**), **Ruils**, Mortlake Community Association (**MCA**), Department for Work and Pensions (**DWP**) work coaches, **BelinaGRoW**, **SWLeap** and many more.



# Together Thursdays Pilates classes

**At the Parent Carer Champions Network Café**

Start the day with a wellbeing activity, then enjoy a cuppa brew and light refreshments, speak with like-minded people or obtain professional advice.

**Thursdays, 9.15am to 10.15am**

**16, 23, and 30 April    7, 14 and 21 May  
4, 11, 18 and 25 June    2, 9, and 16 July**

**Kingsnympton Youth and Community Centre  
Kingsnympton Park, Kingston KT2 7RW**

This is a free activity for Kingston parents.

Yoga mats are supplied, just bring yourself and wear comfortable clothing.

Suitable for all levels and open to all parents of children aged 0 to 18, up to age 25 if a child has SEND.

This is a **parents only** session.

Regretfully, we are unable to accommodate children.

Registration is required on the first visit only.

**For enquiries, please contact Sanya via WhatsApp: 07761448348**  
or email: [sanya.walker-batson@achievingforchildren.org.uk](mailto:sanya.walker-batson@achievingforchildren.org.uk)

# Together Thursdays

**Kingsnympton Youth and Community Centre  
Kingsnympton Park, Kingston KT2 7RW**

## Thursdays Term time only

A collaborative initiative bringing the communities together.  
**Free** wellbeing activities and refreshments for parents.  
Community food supplies, workshops, lunch, warm welcoming environment, confidential support, professional advice and an opportunity to socialise.

**Achieving for Children  
Parent Carer Champions Network (PCCN)  
Parents' Cafe\***  
**9.15am to 12pm**

Contact: Sanya, Parent Champion Network Coordinator  
WhatsApp me: 07761 448348 or  
Email: [sanya.walker-batson@achievingforchildren.org.uk](mailto:sanya.walker-batson@achievingforchildren.org.uk)



**Migrant Advocacy Service (MAS)  
Community Lunch Club**  
**12.15pm to 2.30pm**

Contact: Nadia M'Chaar, Community Outreach Coordinator  
Phone: 020 3488 0638 or  
Email: [info@migrantadvocacyservice.org.uk](mailto:info@migrantadvocacyservice.org.uk)

More information overleaf



## **PCCN Parents Cafe** 9.15am to 12pm

Parent Carer Champions Network Cafes provide an interactive, safe, welcoming and non-judgmental one-stop-shop service for all parents across Kingston and Richmond.

The Together Thursdays Parents cafe is a warm, inclusive, confidential space where Kingston parents can connect, relax, immerse and recharge. Start the day with a wellbeing activity, then enjoy a cuppa brew and light refreshments, speak with like-minded people or obtain professional advice.

- **9.15am to 10.15am Pilates class**
- **10.15am to 11.45am Parent group coffee, cake, and a cuppa chat**

We champion parental wellbeing, self-care and enhancement of parenting skills strategies and provide support and advice on benefits entitlement assessments, skills development, pathways into meaningful employment or further study, and opportunities to volunteer and share specialist or life skills and lived experiences.

Open to all Kingston parents of children aged 0 to 18 (up to 25 if a child has SEND). This is a **free** session for parents. The pilates class, activities, refreshments, advice and our welcoming smiles are a complimentary provision. The sessions are run as **parents only** drop-in **sessions** to ensure a restful and confidential environment; regretfully we are unable to accommodate children. Join us when you like, no need to commit to lengthy attendance or reserve your place. Membership registration is required on your first visit only.

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## **MAS Community Lunch Club** 12.15pm to 2.30pm

The **MAS Community Lunch Club** is a wonderful jovial experience where the community comes together to eat, bond, share worries, challenges, achievements and aspirations for the future. The focus is on health and wellbeing whether it's around food and nutrition or healthy lifestyles.

- **12.15pm to 12.45pm Community Fridge surplus food share**
- **12.30pm to 1.15pm Workshops and expert guest talks**
- **1.15pm to 2.30pm Delicious freshly cooked lunch for the community**

We provide a friendly inclusive space to eat healthily, socialise and learn new skills.

**Community Fridge Surplus Food Share** provides free fresh and ambient foods for collection, to Kingsnympton and Kingston wide residents.

**Workshops and expert guest talks** topics range from cooking, information on health and wellbeing to arts and crafts and advice on cost of living support. **Trained advisers** attend this session most weeks. **Community Lunch** serves a selection of delicious home cooked food influenced by a variety of world cuisines, followed by tea and cakes. Opportunities to volunteer and share specialist or life skills and lived experiences.

MAS Community Lunch Club is open to all of the community in Kingsnympton Park and Kingston residents, everybody is welcome, children must be supervised by a responsible adult at all times. Join us when you like, no need to commit to lengthy attendance or reserve your place. Membership registration is required on your first visit only.



# Fabulous Fridays

## Yoga Classes

**At the Parent Champions Café  
in New Malden, Kingston**

**Complimentary coffee, cake and chat social  
available after each class**

**Fridays, 9.30am to 10.30am**  
**17 and 24 April, 1, 8, 15 and 22 May**  
**5, 12, 19 and 26 June, 3, 10 and 17 July**

**The Old Malden Family Hub**  
**Lawrence Avenue**  
**New Malden KT3 5NB**

This is a free activity for Kingston parents.

Yoga mats are supplied, just bring yourself  
and wear comfortable clothing.

Suitable for all levels and open to all parents of children  
aged 0 to 18 years, up to age 25 if a child has SEND.

**The yoga class and the cafe is a parents only session.**  
Regretfully, we are unable to accommodate children.

Registration is required on first visit only.

For enquiries, please contact Sanya via WhatsApp: 07761 448348  
or email: [sanya.walker-batson@achievingforchildren.org.uk](mailto:sanya.walker-batson@achievingforchildren.org.uk)

# Fabulous Fridays

# Parent Carer Champions Network

**The Old Malden Family Hub, Lawrence Avenue, New Malden KT3 5NB**

A warm, inclusive space for Kingston parents to connect, relax, and recharge.

## **Fridays (term time only)**

A space where everything is complimentary, including the welcoming smiles. Start the day with a wellbeing activity, then enjoy a cuppa with light refreshments whilst speaking with like-minded people or obtaining professional advice.

**9.30am to 10.30am Yoga**

**10.30am to 12.30pm Parent group coffee, cake and cuppa chat**

**Parent Carer Champions Network (PCCN) provide an interactive, safe, welcoming and non-judgmental "one-stop-shop" for all parents across Kingston and Richmond.**

**From championing parental wellbeing and enhancement of parenting skills strategies to providing support and advice on housing matters, benefits entitlement assessments, skills development and pathways into meaningful employment.**

Open to all parents of children aged 0 to 18 years, up to age 25 if a child has SEND. This is a free activity for Kingston parents.

The Yoga class, activities, refreshments, advice and our welcoming smiles are a complimentary provision.

The sessions are run as parents only to ensure a restful and confidential environment. Regretfully, we are unable to accommodate children.

Membership registration is required on your first visit only.

**For enquiries, please contact Sanya, Parent Champions Coordinator via  
WhatsApp: 07761 448348 or email:**

[sanya.walker-batson@achievingforchildren.org.uk](mailto:sanya.walker-batson@achievingforchildren.org.uk)

Voice In A Million

# VIAM Musical Theatre Camp

JULY 27TH-JULY 31ST 2026



All members of our team are fully DBS checked, ensuring a safe and secure environment for every child attending the camps. In addition, we have TWO registered chaperones on site at all times, providing dedicated supervision and pastoral support throughout the day. Your child's safety, wellbeing and enjoyment are our absolute priority, so you can feel confident that they are in caring and experienced hands while they learn, grow, and shine.

9:00am-4:00pm for only £200 for the full course, Sibling fee £180.00!!

**voice\_in\_a\_million** 

[www.voiceinamillion.com](http://www.voiceinamillion.com)  
Email: [team@voiceinamillion.com](mailto:team@voiceinamillion.com)  
TEL: 01932 210124  
The Old Fire Station  
Corrie Road, KT15 2HS

**Venue:** Cecil Hepworth PlayHouse  
Hurst Grove  
Walton-On-Thames KT12 1AU



Scan the QR-Code on the back to sign up!

# About Us :

## Jo Garofalo – Co-Founder & Creative Director

Jo trained at Laine Theatre Arts and has performed extensively across the UK and internationally, including the West End and tours. With over 20 years' experience producing music and television content alongside her husband, she has worked with world-renowned artists. As Co-Founder and Creative Director of Voice in a Million for the past 17 years, Jo brings exceptional industry knowledge, creativity, and a passion for developing young performers.

## Neil Shrimpton – Musical Director

Neil is a classically trained pianist and composer, graduating from the London College of Music with a postgraduate diploma in composing for film and television. With a diverse career as a performer, teacher, and musical director, Neil has led Voice in a Million as Musical Director for 17 years. He is responsible for conducting the mass choir, developing harmonies, and producing all musical arrangements, bringing outstanding musical expertise to every performance.



## The Team:



Creative Assistant:  
Abi Johnston



Creative Assistant:  
Kai Patel



Trainee Assistant Production Manager:  
Savannah Johnson



Scan me! 

Scan the QR code to  
sign up today!

For any further details:  
[www.voiceinamillion.com](http://www.voiceinamillion.com)  
Email- [team@voiceinamillion.com](mailto:team@voiceinamillion.com)  
Tel: 01932 210124

Don't forget to register and join us at Wembley VIAM2027

Please note our courses are  
fully accessible for children  
and young people with  
neurodiverse conditions





**TOP-RANKED CLUB**  
for teams entering  
& reaching the  
**CVL Semi-Finals**  
this Season!

*Girls*

# TEAM TRYOUTS

NATIONAL + LOCAL LEAGUE

## U10 GIRLS

**Saturday 16th May - 11am-12pm**

Current School Years 3+4

- AND -

**Sunday 24th May - 11am-12pm**

Current School Years 3+4

## U14 GIRLS

**Wednesday 6th May - 5.15-6.45pm**

Current School Years 7+8

## U12 GIRLS

**Thursday 14th May - 5-6pm**

Current School Years 5+6

## U16 GIRLS

**Thursday 21st May - 5-6pm**

Current School Years 9+10

All Spartans Team Tryouts are at **Tiffin Boys' School, KT2 6RL**

*Let's go Spartans Girls!*

SIGN UP ONLINE - [spartansbasketballacademy.com](http://spartansbasketballacademy.com)





**TOP-RANKED CLUB**  
for teams entering  
& reaching the  
**CVL Semi-Finals**  
this Season!

*Boys*

# TEAM TRYOUTS

NATIONAL + LOCAL LEAGUE

## U10 BOYS

**Monday 18th May - 5-6pm**

Current School Years 3+4

- AND -

**Saturday 23rd May - 11am-12pm**

Current School Years 3+4

## U16 BOYS

**Saturday 16th May - 9.30-11am**

Current School Years 9+10

- AND -

**Wednesday 20th May - 5.30-7pm**

Current School Years 9+10

## U12 BOYS

**Wednesday 13th May - 5.15-6.45pm**

Current School Years 5+6

- AND -

**Sunday 17th May - 8-9.30am**

Current School Years 5+6

## U18 BOYS

**Tuesday 12th May - 5.15-6.45pm**

Current School Years 11+12

- AND -

**Sunday 17th May - 9.30-11am**

Current School Years 11+12

## U14 BOYS

**Saturday 16th May - 8-9.30am**

Current School Years 7+8

- AND -

**Tuesday 19th May - 5.15-6.45pm**

Current School Years 7+8

All Spartans Team Tryouts are at  
Tiffin Boys' School, KT2 6RL

*Book one tryout place only!*

SIGN UP ONLINE - [spartansbasketballacademy.com](http://spartansbasketballacademy.com)





# HALF TERM **CAMP**

GAMES - SKILLS - COMPETITIONS - PRIZES

GREY COURT  
26-29 MAY  
10-3



SIGN UP ONLINE - [spartansbasketballacademy.com](http://spartansbasketballacademy.com)

