

Grey Court PE Department Extra-Curricular Timetable Autumn 1 2026

	Breakfast/Lunch Time Clubs				After School Clubs (15:15-16:15)					
	Gym	S/Hall	Field/Richmond Park	Tennis Courts	Gym	Sports Hall	Main Field 1	Main Field 2	Netball Courts	Tennis Courts
M o n d a y	KS3/4 Boxing Club L.A Boxing (£) 7.15-8.15am (Starts 28th Sept)	Year 7 Basketball Spartans (£) 7.15-8.15am (starts 5th October)			Karate Club(£) Dave Clarke 3.15-4.15pm (starts 14th Sept)		Year 7, 8 & 9 Boys Rugby Union JHL/LPA/ Rosslyn Park FC/MCL/MCD 3.15-4.15pm (starts 7th Sept)	Elite Running Club CAL 3.15-4.15pm (starts 7th Sept)	Senior Netball Training Year 9, 10 & 11 3.15-4.15pm (starts 7th Sept) CPA/EPI/MJB/Ne tball Coach	
T u e s d a y	Elite 1st Squad Gymnastics Training (£) Brentford Gymnastics 7.15-8.15am (Starts 8th Sept) CPA	Year 7 Boys Basketball Training Spartans 12:25-12:55pm (starts 8th Sept)	U15 Girls Football 7.15-8.15am Be Sports (Starts 8th Sept)	Year 7-11 Tennis Team Training Sessions Mark Fynn 12.15-12.55pm (starts 15th Sept)		KS3/4 Volleyball Club MCD 3.15-4.15pm (Starts 15th Sept)		Strength Fitness Club (£) 3.05 - 4.05pm (starts 15th Sept) Freddie Myers Paid Club		Teddington Hockey Club Academy sessions Yr7/8/9 Girls & Boys <i>Teddington School</i> 5-6pm (Starts 15th Sept) Teddington Hockey Club
		Year 7 & 8 Girls Football 7.15-8.15am NAN & EPI (Starts 15th Sept)	Year 10/11 Elite Boys Football Squad Training Brentford FC/SWI 7.15-8.15am (Starts 8th Sept)							
W e d n e s d a y	All Years Sports Triathlon (£) Mark Klein & TEM 7.30-8.15am (starts 16 th Sept)	Year 8 Elite Boys Football Squad Training Be Sports 7.15-8.15am (starts 9 th Sept) MJO	Elite Strength & Conditioning (£) (Selected Year 8/9/10 students) Freddie Myers 7.30am - 8.15am (starts 16th Sept) (Fitness Suite)			Year 12/13 Basketball Spartans 1:05-2:15pm (Starts 9th Sept)	Year 12/13 Rugby Union Rosslyn Park JMU 1.15-2.15pm (Starts 16th Sept)	1st Team Football Training Be Sports/SWI 1.05-2.15pm (Starts 9th Sept)	1st Team Netball Training 1.15-2.15pm CPA (starts 9th Sept)	Year 7 & 8 Tennis Training (£) 3.15-4.15pm (starts 9th Sept) Mark Fynn
	Elite 2nd Squad Gymnastics Training (£) 7.15-8.15am (Starts 9th Sept)	Year 8 B/C/D/E Football Training 7.30-8.15am ARI/JHL (starts 9 th Sept)				Year 8/9/10 Mixed Basketball Spartans 3.15 – 4.15pm (starts 9 th Sept)	Year 10/11 Boys Rugby Union JHL/LPA/JMU 3.15-4.15pm (Starts 9 th Sept)			
T h u r s d a y	Novice Gymnastics Training Brentford Gymnastics 7.15-8.15am (Starts 10th Sept)	Year 8 – 11 Boys & Girls skill development for Basketball Academy Group Spartans/MJB 7.30-8.15am (starts 10 th Sept)	Running Club MCD/CAL/HBA/MCL 7.30-8.15am (starts 10 th Sept)		Judo Club (£) Dave Clarke 3.15pm-4.15pm (Starts 17th Sept)		Year 7 Boys Football Training Be Sports/JMU/MCD/SWI /JHL/Abdi 3.15-4.15pm (Starts 10th Sept)			
F r i d a y	Year 7 & 8 Darts club JMU 7.30-8.15am (starts 11th Sept)		Year 9 Elite Boys Football Squad Training Be Sports 7.15-8.15am (starts 11 th Sept)				Wimbledon BBG Training JMU Open to year 9/10 15:15 - 16:15 pm (Starts 18th Sept)			

