

LUNCH

WEEK 1

EAT WELL
LIVE NICE

ON A
FRESH FOOD
MISSION

MY
LUNCH
MY WAY

THE

KITCHENEERS

w/c – 31/08, 21/09, 12/10, 02/11,
23/11, 14/12, 04/01, 25/01, 15/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	 Halal BBQ Chicken Loaded Mac with Spicy BBQ Drizzle	 Halal Smash Burger with House Sauce & Shredded Lettuce	 Halal Garlic & Thyme Roast Chicken with Dripping Gravy	 Halal Massaman Chicken Curry with Crispy Onion & Lime	Classic Battered Fish Strips
Main 2	 Classic Mac 'n' Cheese with Herby Crumb 	 Hand Shaped Smokey Bean Burger with House Sauce & Shredded Lettuce 	 Cheesy Cauliflower & Red Onion Gratin 	 Thai Pineapple & Chick Pea Red Curry & Lime 	Pizza Slice with Classic Curry Sauce or Chippy Gravy 
Carb	--	Hand Cut Wedges	Skin on Roasties	Coconut Rice	Chips / Fries
Veg / Salad	Summer Crunch Salad	Ranch Drizzle Pink Slaw	Savoy Cabbage & Carrots	Wokked Greens & Beans	Garden Peas / Smashed Peas
Potted	Halal Meatball Marinara Pasta	Halal Katsu Chicken & Rice	Tomato Soup w/ Half Cheese Toastie Combo 	Halal Pasta Bolognese	Halal Chicken Curry Rice / Chips Pot
Hand Held	Halal Hot Honey Chicken Thigh Burger	Mexican Bean Balance Bowl 	Loaded Cheese & Gravy Roasties Pot 	Halal BBQ Pulled Chicken Nachos with Pink Slaw	Halal Ketchup & Crispy Onion Chicken Sausage Hot Dog

SERVED DAILY

Pizza By The Slice
Fresh Toasted Panini
Selection of Filled Breads
Selections of Salads
Freshly Cut Fruit

JACKET CLASSIC

Baked Beans,
Cheddar Cheese
or Beans & Cheese

SPUDS

TOPPED SPUDS

Monday – Halal Meatball Marinara
Tuesday – Pink Slaw & Ranch
Wednesday – Halal Chicken & Gravy
Thursday – Halal Massaman Curry
Friday – Spicy Salmon Crunch

DESSERTS

Monday
Freshly Baked Cookies

Tuesday
Southern Banana Pudding

Wednesday
Cinnamon Apple Crumble & Custard

Thursday
Sticky Toffee Cookies

Friday
Homebakes Selection

MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish



Spiced



LUNCH

WEEK 2

EAT WELL
LIVE NICE

ON A
FRESH FOOD
MISSION

MY
LUNCH
MY
WAY

THE

KITCHENEERS

w/c 07/09, 28/09, 19/10, 9/11,
30/11, 21/12, 11/01, 01/02, 22/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	 Halal Tikka Kofta Style Meatball Massala Curry with Mint Yoghurt	 Halal Flaky Mince & Onion Pie with Gravy	 Halal Lemon & Thyme Roast Chicken Thigh with Gravy	 Halal Hot Sweet & Sour Crispy Chinese Chicken	Classic Battered Fish Strips
Main 2	 Chana Masala - Rich Spiced Chick Pea Curry 	 Cheesy Leek & Onion Puff Pastry Pie 	 Quorn Sausage & Stuffing Wellington with Gravy 	 Edamame & Vegetable Soya Garlic Stir Fry 	Pizza Slice with Classic Curry Sauce or Chippy Gravy 
Carb	Steamed Rice	Chive Mash	Skin on Roasties	Soya Noodles	Chips / Fries
Veg / Salad	Garlic Green Beans	Broccoli & Peas	Roast Parsnip & Green Beans	Wokked Greens & Beans	Garden Peas/ Smashed Peas
Potted	Halal Meatball Marinara Pasta	Halal Katsu Chicken & Rice	Tomato Soup w/ Half Cheese Toastie Combo 	Halal Pasta Bolognese	Halal Chicken Curry Rice / Chips Pot
Hand Held	Cheesey Bean Quesedilla 	Halal Chicken Tikka Roti Wrap with Mint Yoghurt	Loaded Cheese & Gravy Roasties Pot 	Halal Thai Green Chicken Noodles	Halal Ketchup & Crispy Onion Chicken Sausage Hot Dog

SERVED DAILY

Pizza By The Slice
Fresh Toasted Panini
Selection of Filled Breads
Selections of Salads
Freshly Cut Fruit

JACKET CLASSIC

Baked Beans,
Cheddar Cheese
or Beans & Cheese

SPUDS

TOPPED SPUDS

Monday – Tikka Kofta Masala
Tuesday – Halal Katsu Chicken
Wednesday – Cheese, Stuffing & Gravy
Thursday – Halal Bolognese
Friday – Classic Selection

DESSERTS

Monday
Freshly Baked Cookies

Tuesday
Coconut Granola Flapjack

Wednesday
Caribbean Coconut Fruit Crumble

Thursday
Pineapple Chilli Fruit Pot

Friday
Homebakes Selection

MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish



Spiced



LUNCH

WEEK 3

EAT WELL
LIVE NICE

ON A
FRESH FOOD
MISSION

MY
LUNCH
MY WAY

THE

KITCHENEERS

w/c 14/09, 05/10, 26/10, 16/11,
07/12, 28/12, 18/01, 08/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	 Halal Marinated Peri Peri Chicken with Perinaise Dip	 Halal Meatball Marinara Loaded Lasagne	 Halal Sticky & Smokey Roast Chicken with Yorkshire Pudding & Gravy	Halal Kansas BBQ Chicken with Rice	Classic Battered Fish Strips
Main 2	 Veggie Bean Burger with Perinaise Dip 	 Simply Veggie Lasagne 	Southern Baked Halloumi Burger & Wedges 	 Butterbean & Roasted Sweet Potato Dahl 	Pizza Slice with Classic Curry Sauce or Chippy Gravy 
Carb	Spicy Rice	Focaccia	Skin on Roasties	Steamed Rice	Chips / Fries
Veg / Salad	Lemon & Lime Slaw	Garlic Green Beans & Peas	Broccoli & Carrots	Mango Kale Chaat Salad	Garden Peas / Smashed Peas
Potted	Halal Classic Bolognese	Halal Katsu Chicken & Rice	Tomato Soup w/ Half Cheese Toastie Combo 	Mushroom Carbonara & Pasta	Halal Chicken Curry Rice / Chips Pot
Hand Held	Halal Honey Sriracha Chicken Wrap	Halal Pesto Chicken & Cheese Hot Focaccia Sandwich	Loaded Cheese & Gravy Roasties Pot 	Halal Buffalo Style Wings & Wedges Pot	Halal Ketchup & Crispy Onion Chicken Sausage Hot Dog

SERVED DAILY

Pizza By The Slice
Fresh Toasted Panini
Selection of Filled Breads
Selections of Salads
Freshly Cut Fruit

JACKET CLASSIC

Baked Beans,
Cheddar Cheese
or Beans & Cheese

SPUDS

TOPPED SPUDS

Monday – Carbonara
Tuesday – Halal Chicken Katsu
Wednesday – Chicken & BBQ Drizzle
Thursday – Butter Chicken or Bean Dahl
Friday – Spicy Salmon Crunch

DESSERTS

Monday
Freshly Baked Cookies

Tuesday
Old Skool Sprinkle Cake with Custard

Wednesday
Cinnamon Apple Pie & Custard

Thursday
Watermelon Wedges with Lime

Friday
Homebakes Selection

MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish



Spiced



TARIFF

REAL
FOOD
FAST



GREY COURT

SNACKS

Poperchips	£1.89
Fruit Pot	£1.20
Fruit Jelly	£1.00
Homebake	£1.20
Waffle	£1.50
Biscuits	£1.50

DRINKS

Still Water 500ml	£1.00
Radnor Splash Sparkling 330ml	£1.10
Radnor Splash 500ml	£1.40
Radnor Fruits Carton 200ml	£1.20
Viva Milk 200ml	£1.30

MISC

Ketchup Sachet	£0.40
Mayo Sachet	£0.40
Jam	£0.35

MAIN MEAL DEAL

MAIN MEAL + DESSERT
£2.94

MAIN MEAL ONLY
£2.74

SANDWICH MEAL DEAL

SANDWICH* + WATER +
CAKE **£2.94**

SANDWICH* + WATER
£2.64

*NOT BAGUETTE

JACKET MEAL DEAL

JACKET + DESSERT
£2.94



**LOOK OUT FOR THE SAVER BITES SYMBOL ON
THE MENU & ENJOY YOUR FAVOURITE FOODS
IN HALF PORTIONS FOR LESS!**

TARIFF

REAL
FOOD
FAST



GREY COURT — DAILY SPECIALS

MONDAY

TOASTED	English Crumpet	£0.85
PIZZA	Pizza Bagel	£0.90
PANINI	Cheddar Cheese Panini	£2.40
HOT POT 1	Pasta Marinara	£1.80
HOT POT 2	Chimichurri Wedges	£2.25
HOT SANDWICH	Breakfast Patty Muffin	£1.75
SAVER BITES	 Cheddar Cheese Panini — half portion	£1.20
SAVER BITES	 Pasta Marinara — half portion	£1.20

TUESDAY

TOASTED	Toasted Bagel	£1.20
PIZZA	Margherita Pizza 12.5"	£1.50
PANINI	Toastie: Cheddar Cheese & Ham	£2.00
HOT POT 1	Pesto Pasta	£1.80
HOT POT 2	BBQ Chicken Wings	£2.00
HOT SANDWICH	Grilled Bacon Baguette	£2.60
SAVER BITES	 Pesto Pasta — half portion	£1.20

WEDNESDAY

TOASTED	White Toast	£0.50
PIZZA	French Bread Pizza	£1.50
PANINI	BBQ Chicken Panini	£2.80
HOT POT 1	Korean Noodles	£1.80
HOT POT 2	Piri Piri Chicken Wings	£2.00
HOT SANDWICH	Pork Sausage Baguette	£2.60
SAVER BITES	 French Bread Pizza — half portion	£1.00
SAVER BITES	 BBQ Chicken Panini — half portion	£1.40
SAVER BITES	 Korean Noodles — half portion	£1.20

THURSDAY

TOASTED	English Crumpet	£0.85
PIZZA	Margherita Pizza 12.5"	£1.50
PANINI	Ham & Cheddar Cheese Panini	£2.60
HOT POT 1	Mac'n'Cheese	£2.40
HOT POT 2	Hot & Spicy Chicken Wings	£2.00
HOT SANDWICH	Power Slider Burger	£2.00
SAVER BITES	 Ham & Cheddar Cheese Panini — half portion	£1.40
SAVER BITES	 Mac'n'Cheese — half portion	£1.20

FRIDAY

TOASTED	Wholemeal Toast	£0.50
PIZZA	French Bread Pizza	£1.50
PANINI	Toastie: Cheese	£2.00
HOT POT 1	Biryani Rice	£1.80
HOT POT 2	Dirty Nachos	£2.00
HOT SANDWICH	Fish Finger Bap	£2.00
SAVER BITES	 French Bread Pizza — half portion	£1.00
SAVER BITES	 Biryani Rice — half portion	£1.20


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 BITES SYMBOL ON THE
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 PORTIONS FOR LESS!**