### DON'T RISK SUFFERING FROM

FOMO

# **GFEST** is tomorrow!

GEt YOUF tiCkEtS NOW - it is 110t to 100 late: www.pta-events.co.uk/greycourtschool/

Join us on Saturday, 18 September, for what promises to be a fantastic day filled with live music, food, fun-filled activities, stalls, competitions, a raffle all kicking off with a ColourFunRun at 2pm (gates open at 1.30pm) and finishing at 7.30pm. There's something for all ages so bring the whole family.

Cake Competition

Prizes:1st - £50, 2nd -£20, 3rd - £10

Get your bake on!

### HIGHLIGHTS INCLUDE:

It's a Knock Out inflatable obstacle course, Sumo Wrestling, Beat the Goalie, Sponge the Teacher, second hand school uniform and sports kits sale, a Bar, Sports' Clubs, Football Competitions, Waffles, Silent Disco, Zumba Dance, Cake Competition, Raffle, BBQ, live performances from our talented students, Masked Singer Staff Competition...complete with animal outfits, Modern Dance, Sheen Sports, Comedy with Addy Van de Borgh, all accompanied by live music from past & present pupils, and the fabulous "5-day-weekend".



### GFEST

### SPORT TASTER SESSIONS

The PE Department are offering free taster sessions in Tennis, Basketball and Cricket so please come along on Saturday at the following times. Siblings of all ages are welcome to join in.

**Cricket** 2.45pm meet in the Sports Hall **Cricket** 2.45pm meeting on the Hard courts **Tennis** 2.45pm meet at the Tennis Courts

### **Football tournament for Boys and Girls**

Y7-Y8 at 3pm

Y9-Y10 at 4pm

Please make sure you bring your shin pads and football boots if you want to take part.

### THE POPULAR CYCLE COACH WILL BE HOSTING A

**Cycle Coach stall** - two elements to the stall

- 1) **Virtual racing** (1k time trial) for students and adults. PE staff will set their times over 1k and students/adults will have the opportunity to beat the time (Top Gear style leaderboard). £2 entry. There will be a 1st, 2nd and 3rd prize.
- 2) **Workshop** (service and bike wash). £5 to service your bike (normally £50 in shops) indexing gears, adjusting brakes etc (no parts provided). They will also provide bike wash service for £3.

We will also be holding a raffle with loads of amazing prizes to be won! £1 a ticket

## Contents

Page	
4-5	Shout outs, Extracurricular Club News
	Charity Art Auction
6	'Owling Success by Ms Thomas
8-9	KS3+KS4 News
10-14	Food + Nutrition
15-17	Ham Fair Art Competition
18	Community Languages GCSE
19	PDW
20-23	Keeping an "Open" Mind about Success by Mr Clements
24-25	Wellbeing
26-28	Sixth Form
29-31	Careers
32-36	Sports' Stag Notices
37-44	Flyers

# SCHOOL MENU

We are pleased to offer a full canteen service again to our students.

Please click here for the full menu





# SHOUT OUTS

**Alfie Charman's** band Elastic Parade played recently at St Margaret's fair and received a great reception from the crowd.

# Extracurricular

# Club Timetable

Click here to download

# AFTER SCHOOL CYCLING CLUB

# THE CYCLE COACH WHITE JERSEY AWARD

Our after school cycling club is open to Y8/Y9 Pupils. This club will start on **Monday, 27 September - 7.15 to 8.15pm.** 

There are only 14 places available on the course. Please click **here** to read more about the club, and reserve your place.

# Charity Art Auction 13 October 2021 Click here for all the details and an overview of the pieces on auction

# CLUB NEWS



Thank you to everyone who turned up to the first Gloves Up Boxing Community session last saturday; it was a great success. This will be held again this Saturday at 11am in the school gym. It will be an hour session packed full of energy so come along, invite your friends and family. Let's go!

For further details please email <a href="mailto:Mattdasilv@gmail.com">Mattdasilv@gmail.com</a>



W.C. Fields first coined the phrase "Never work with children or animals" after being upstaged by one or both during his Hollywood career.

Working with the former in a school setting is a given but, on Monday morning this week, news of an animal in distress reached the staff room.

A low flying tawny owl - gliding beneath the cricket net canopy - had become entangled by its talons, ending up suspended bat-like, upside down.

Apart from providing a brief diversion to the year 10 boys' softball session, our feathered friend was clearly in distress and attracting the attention of opportunistic magpies and jackdaws. Cue a frantic call to the RSPCA and some imaginative thinking.

Not fancying myself in the Tippi Hedren role in "the Birds", I decided teamwork (aka delegation) was the order of the day and summoned the very capable Adrian from our site staff who arrived with a ladder and a calm demeanour (while I'd procured 2 pairs of gardening gloves and a pillow from the First Aid room).

# An 'owling success



A couple of strategic snips of the net (sorry, Mr Willmore) and Andy the owl could be brought indoors (still in the pillowcase) to recuperate in my office.

By morning break, our feathered friend was alive, well and on his way to the RSPCA animal base in Buckinghamshire, and the animal rescue office reassured me that the owl should make a full recovery.

The only casualty was the pillowcase. What a way to start the week!

Ms Thomas, Director of Development







Details to follow via email next week.





# #KS3+KS4

### KS3 Maths Surgery

Year Group: 7, 8 and 9

Day: Thursdays

**Time**: 03.00pm to 03.30pm

Venue: M5

**Teacher**: Mr Lee

Our Y7s have settled in very well to their new surroundings at Grey Court. Last week we spoke about our Y7 ethos in assembly - which revolves around the idea of 'Positivity'. We split this into three sections: thinking positively, acting positively and speaking positively.

**Thinking positively** - students should feel proud to be at Grey Court. They should be resilient and use their initiative to overcome and issues they have.

**Acting positively** - students should take advantage of all the opportunities that they have at Grey Court. They should get involved as much as possible. They should have high standards of their own behaviour in lessons and around school.

**Speaking positively** - students should be respectful to others in the way they speak. They should be accepting of others differences and above all - be kind!

### ORIGAMI CLU3

Year Group: 7,8 and 9

**Day:** Tuesdays

**Time:** 03.00pm to 03.30pm

Venue: M4

Teacher: Ms Bozzard Hill

This Saturday we have our school GFest. It promises to be a fantastic day and I am delighted to see so many Y7 students participating and attending. There are still tickets available so if you haven't got yours yet please try and come down!



Mr Day

# TARS OF THE WEEK

Tutor	Name	Reason
А	Amelie C	For always being a smiley and happy member of the form.
В	Milo C	For having excellent uniform and showing superb resilience and initiative.
С	Josh B	For a fantastic start to Grey Court and excellent uniform.
Е	Charlie L	For making a very positive start to Grey Court and getting involved in clubs.
M	Luka D	For promptly collecting and dropping of the register each morning and afternoon.
0	Kai H	For always being polite and showing kindness and empathy to his classmates.
R	Grace B	For showing excellent levels of resilience and using her initiative this week.
W	Idris I	For being a fantastic and committed register monitor.

### Y7 FOOD CLUB will start

on Tuesday, 21 September. Tutors have signed students up on a first-come first-serve basis. If your child is attending, please ensure they bring a container to take home their food. This also goes for all of their Food and Nutrition lessons.



It has been wonderful to welcome classes back since the summer break. We have got stuck in to practical work straight away, with a flurry of activity in the food room. Students have made a brilliant start, but we wanted to recognise the following as Chefs of the Week:

Benn Povey - 8 Elm Grace Ouvaroff - 9 Maple Indie-Peters Sutherland - 8 Willow Well done to your super skills in the

kitchen!

One of our Y10 groups had a chef visiting from School Food Matters this week, equipping them with some skills they can use in their GCSE course and the others were asked to cook their 'signature dish' with some brilliant results.

**Y11** have begun researching their NEA work, which will help them generate a range of dishes that they will cook and be assessed on over the coming months.

We have also had some wonderful entries for the cake competition for GFEST - come down and see for yourself tomorrow!

### Food + Nutrition

Ms Clarke











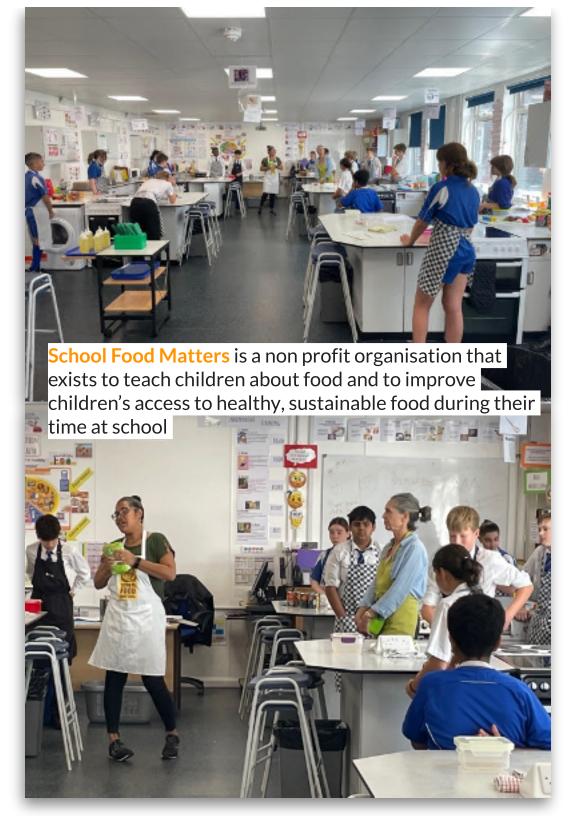


















### Ham Fair Annual Art Competition

On Saturday, 11 September, Grey Court Art students from years 7, 8, 9 and 10 had their artwork displayed at Ham Fair and entered for the Annual Art Competition. Our students won in the 12-13 and 14-15 age categories and we also had several 2nd and 3rd places (listed below).

### Age 12-13

First - Taylor Rumney

Second - Isabella Flint

Third - Luke Sankey, Zipporah Mackenzie Rosen, Amaani Aubar-Qadri

### Age 14-15

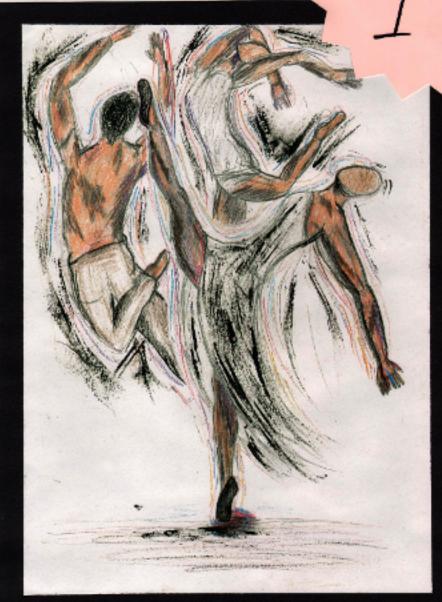
First - Angel O'Malley

Second - Adam Nagy, Liberty Kausmally Rattagan

Third - Ned Thomas, Felix Allen

Congratulations to Taylor and Angel and pop in to A2 to see a display of all the successful artist entrants.

Age 12-13 7 st





### **Community Languages GCSEs**

If your child speaks and writes a second language fluently at home, they may want to consider taking an additional GCSE in Community Languages this academic year.

These languages include: Arabic, Biblical Hebrew, Chinese, French, German, Greek, Gujarati, Italian, Japanese, Persian, Portuguese, Russian, Spanish, Turkish and Urdu. The exam board we use is Pearson Edexcel.

The students will need to complete a mock exam at Grey Court in November and you will be provided with detailed information by email. There will also be a cost attached to your child's exam entry.

If they are interested in taking the exam and if you haven't been in touch yet, please send a confirmation email to Ms Song (osong@greycourt.org.uk) with your child's full name, tutor group and the language they are taking by 31 October.

Exam Board: Pearson Edexcel

Arabīc

Biblical Hebrew

Chinese

French

GERMAN

Greek

GUJARATI

Italian

Japanese Persian

**Portuguese** 

Russian

SPANISH

Turkish

Urdu



### Y7 The Grey Court Mindset

This week: Transition

Next week: Trust and Gossip

### Y8 - UK Political Parties and Government

This week: What is the Westminster Government?

Next week: What is Local Government?

### Y9 - Looking after your body

**This week:** Why is it important to look after your teeth?

Next week: Periods, the menstrual cycle and PMS

### Y10 - Starting GCSEs and Healthy Relationships

This week: What are coercive and controlling relationships?

Next week: What are coercive and controlling relationships?

### Y11 - Careers

This week: Researching courses

Next week: Applying to Grey Court Sixth Form

### Emma Raducanu - Keeping an "Open" mind about success

### by Mr Clements

Like many sports fans last weekend I was swept up in the "against the odds" triumph of teenager Emma Raducanu in this year's US open. Playing as a qualifier ranked 366 in the world before the tournament and with doubts about her age, mental health and preparation, she stormed to victory, winning the title without dropping a set at 18. As such, according to sports writer Jonathan Liew she became, "the first qualifier to win a major title in the Open era, the youngest slam winner since Maria Sharapova, (and) the first woman to win a major at only her second attempt."

A force of nature in terms of her talent, mental strength and physicality then? Well, yes - she is a sporting titan deserving of our admiration and adoration - but many factors that have contributed to her success can both be adopted by aspiring students and should also remind us that she is not so different or far removed from - a "typical" Grey Court teenager. This means ALL of us are capable of achieving seemingly incomprehensible success with the right combination of factors.

Firstly, her schooling obviously played an important part in her rise to success and that school system was a "state" one. Indeed, the students interviewed from Bickley Primary school, her alma mater - to which she has returned to present prizes at sports day - couldn't have been further removed from the stereotype I had envisaged of blazer wearing prep school types who are coached at exclusive lawn tennis clubs! In fact-they resembled the kind of kids from our feeder schools who visit Grey Court in their school sweatshirts for summer taster days. So - with our own tennis club embedded within Grey Court's grounds and recent tennis team victories over Harrodian and KGS - if a state school pupil has risen to be the best in the world - why shouldn't we start to believe that one of Ms Garrard's proteges might achieve a similar feat?

This means ALL of us are capable of achieving seemingly incomprehensible success with the right combination of factors.

Secondly, like most of us - teachers and pupils alike - we are bound by having experienced failure, anxieties, doubts, fears and set-backs. Raducanu, remember, was pictured suffering from stomach cramps and hyperventilating before she pulled out of Wimbledon in the summer. This caused commentators such as John McEnroe to observe that "perhaps the occasion was a little too much." I think his point is - that sometimes an occasion really is too much - but rather than being perceived as a problem or a weakness, her example, emphasises that anxiety is natural, that failure is only temporary, and that with time and self-awareness doubts and fears can be conquered.

Much has also been made of Raducanu's diverse background and heritage - as well as her "British multiculturalism" with everyone from Gary Linker to Nigel Farage chipping into a sometimes febrile debate. However, rather than becoming caught up in political grand-standing I admire that fact that Raducanu is comfortable to move between cultures and identities which appear as blurred, adaptable and fluid as her twitter profile which states:

london|toronto|shenyang|bucharest. At its best Grey Court is a school that aspires to be so fluid and accepting and I hope that all of our students will follow Raducanu's lead.

Raducanu noticeably also attributes the "tough love" she received from both her parents and her coaches as a significant factor in her high achievements - describing them as "very-hard-to-please." I heard a similar sentiment echoing from Mr Lee's room only this week, as he reminded his year 11 maths class that by the time the next generation of Grey Court Wimbledon ball boys and girls would be gracing the manicured pastures of the lawn tennis club - their exams would be over - so they had better do their homework! High standards are achieved through high expectations and so as a community it is important that we emphasise that our expectations are of Grand Slam proportions but give the students the tools and the love and support to help them succeed.

Finally - Radacanu's outstanding a-level results of an A in economics and an A\* in mathematics highlights both her determination and work ethic - themselves key drivers of performance - but also her capacity to balance sport and academic study. This has meant prioritising study over sport at certain points of the year, but also developing strategies to "switch off." She admits to playing multiple sports in her youth, to listening to rap and jazz and visiting Formula 1 races and cloud sculptures on her days off. But perhaps most reassuringly, the pictures of her enjoying herself in a glitzy dress at a post- event "Met" ball emphasises that she is not afraid to party AFTER she has given everything to achieve her ambitious goals.

So in summary - Emma Raducanu should deservedly be praised for being a down-to-earth girl who in many ways is just like one of us. However, she should also be feted as an out-of-this-world superstar whose highly evolved skill set we should all seek to emulate. If we can adopt some of her skills it will mean success isn't as much a case of "against all odds" as "odds on" and that I think would be rather "Ace."

Unprecedented in the world and having recently collected her A-level results, hailing Britain's newest sporting star, Emma Raducanu, has put her stunning success at the US Open down to her "very hard-to-please parents", who she said had given her the mental strength to succeed.

The Twitter bio of Emma Raducanu, whose victory in the US Open on Saturday has sent much of the UK into an extended state of joyful delirium, contains only four words: london|toronto|shenyang|bucharest.

Sadiq Khan, the mayor of London, tweeted that Raducanu – who was born in Canada to a Chinese mother and a Romanian father – reflected "London's story", writing: "Here in London, we embrace and celebrate our diversity. And if you work hard, and get a helping hand, you can achieve anything."

"A girl who has one Chinese parent, one Romanian parent and was born in Canada but came to Bromley at the age of two is such a normal story in this country, and one that we should be proud of."

Raducanu appeared to suffer stomach cramps and be hyperventilating before pulling out at 0-3 down in the second set. It was later confirmed she had withdrawn with breathing problems, but post-match McEnroe drew parallels with Naomi Osaka, who withdrew from the French Open and Wimbledon because of depression and anxiety. "I feel bad for Emma, obviously," said McEnroe. "It appears it just got a little bit too much, as is understandable, particularly with what we've been talking about over the last six weeks with Osaka not even here.

"I think the confidence comes from just inner belief," Raducanu tells October's edition of Vogue. "My mum comes from a Chinese background, they have very good self-belief. It's not necessarily about telling everyone how good you are, but it's about believing it within yourself. I really respect that about the culture.

Raducanu says she likes "a little bit of rap, but sometimes it makes me sleepy so I won't listen to it pre-match. I quite enjoy something with a beat, but I also love jazz. I think it's a really cool vibe, love to switch off to some jazz music." And when she played a WTA event in Chicago just before the US Open, Raducanu revealed her love of architecture, finding time to visit "the Bean", Anish Kapoor's CloudGate sculpture, in the city between matches.

Mental health can be fragile. But Raducanu's secret seems to be to embrace everything, from culture to food, friends and family to travel, music to Formula One.

Leylah Annie Fernandez 6-4, 6-3 in a match of the highest intensity to win the title without dropping a set

After starting the summer ranked 366th and the 12th-ranked British player, Raducanu is now the world No 23. Her career earnings at the beginning of the summer stood at \$35,185 yet she has earned \$2,500,000 (£1.8m) in three weeks.

"work rate and determination"

# WELLBEING

### 10 top tips to make family life more harmonious

Please find the link to a free webinar on advice and support for parents of teenagers.

Date: Tuesday, 21 September at 6.00pm.

**Booking**: information can be found via this link; www.trybooking.co.uk/BDSZ

**THINK U Know** - Our <u>parents and carers website</u> has been recently updated and provides advice and guidance on a number of topics such as sharing images, social media, live-streaming, gaming and more.

### The Education Hub

For Mental Health Resources for Children

For useful links and sources of mental health support so that children and young people,parents, and carers click here

### **BBC Bitesize**

Parents' Toolkit

For top tips, expert advice and fun activities to help you support your child's wellbeing and learning, click here





### MHST Workshop

### Separation anxiety

Does your child or young person really struggle to separate from you when they go to school? Following lockdown, a lot of children and young people are finding it hard to separate from parents and caregivers. The MHST will be running a live 90 minute workshop on separation anxiety for parents/carers. The aim of this workshop is to help you identify anxious behaviours, think about what maintains these and provide you with some ideas on what you can do to help your child or young person overcome these challenges.

The MHST will be running one workshop over 6 dates (please note, it will be the same workshop offered on each date). Please book your tickets for one workshop using the Eventbrite link below.

Tuesday, 21 September 2021 (9.30am - 11am): click here Wednesday, 22 September 2021 (5.30pm - 7pm): click here Friday, 24 September 2021 (12pm - 1.30pm): click here Monday, 27 September 2021 (12pm - 1.30pm): click here Tuesday, 28 September 2021 (5.30pm - 7pm): click here Thursday 30 September 2021 (9.30am - 11am): click here

For further information, please read this leaflet.

I'm shy, but I'm not clinically shy. I don't have social anxiety disorder or anything like that. I more have a gentle shyness. Like, I have a little trouble mingling at parties.

# #SixthForm

# STARS OF THE WEEK

**Shahad Qassab** for supporting all the new students who have joined us from the Keep.

**Katie Fibbins** for already showing a clear work ethic and fantastic attitude to Y13.

**Oliver Piers** for being the first of the cohort to have his UCAS application ready!

**Morike Oladeji** for being the star knitter at the wellbeing enrichment club

### **UCAS Forms**

Well done to the vast majority of Y13s who are working hard on their UCAS forms. All forms should now be at a stage of finalising personal statements and adding course choices. When they are ready to submit, students will go through the 'Pay and Send' step. There is a payment of £26 (Bursary students will have this cost met from their fund). Once this step is completed, the form comes to us so we can add references and predicted grades - we then send it to UCAS.

Students who submit their forms the soonest will be rewarded with the fabulous prize of a curly wurly!

### A couple of frequent errors on forms:

Student Funding should be '02 UK, Chl, IoM or EU student finance services'

Area of Permanent Residency and Student Support Arrangements should both be the borough you live in - Richmond, Kingston etc - NOT Surrey.

Y13s should see Ms McNicol if they need any advice about choices or anything else UCAS related.

We hope to be handing out the curly wurlys very soon.



# Y12: 35 Hour Challenge

We are launching the famous 35 Hour Challenge for all Y12 students starting on 21 September and finishing on 5 October. This challenge is run to get our new sixth formers into the habit of studying for their subjects outside of lessons. Students should be studying for 15-20 hours per week outside of their taught lessons. Students will be set an assignment on Classroom and students should record all independent tasks completed, explaining the activity and the outcome.

An example of the sorts of tasks and how they should be recorded are:

Example: 21 September 3.30-4.30pm	Took notes from Chp 3 of my history textbook.	2 pages of notes with key words highlighted
Example: 22 September 10.30pm	Watched 'Newsnight' on BBC2. Excellent report on Donald Trump's foreign policy.	Will use example of Trump speech in my next Politics essay.
Example: 23 September 11am	Worked with Jennifer on producing a colour coded mind map for last Biology topic, also filled in the Biology reflection sheet based on the last lesson.	I will use the mind map to revise for the January mock

Students who do not complete a 35 hour challenge will not be considered for the much coveted 'Academic License' as they will not yet be demonstrating the appropriate level of A Level working.

### Y13 Assessment Overview

Click here to download the assessment overview

### Miss Fincham's Oxbridge Update

It is extremely important that we move these applications forward in the next fortnight as deadlines are fast approaching. If students have not had their updated personal statement checked they need to send this to me as a matter of urgency. They must ensure all other aspects of their UCAS form is complete. This includes their other 4 university choices. Our school deadline for this to be submitted to us is the 24 September. This is because we need the three week turnaround time to check every aspect of the application before it can be sent on to UCAS.

Students have already been provided with details as to how to apply to sit the pre-interview assessments which take place at the beginning of November. These will be sat at Grey Court but need to be officially applied for. This must also be done before the end of September. Please ensure that the correct paperwork is submitted as explained clearly by the exams' officer in the post on our Oxbridge Google classroom.

### Miss Fincham's EPQ Update

Students who have completed all three stages of the application process are now accepted onto this AS course. Taught sessions will take place during enrichment and are a compulsory part of the qualification. Students will be divided into three teaching rooms where they will be expected to work for the duration of the double lesson. If they are going to be absent for a specific reason then they must email Miss Fincham so this can be noted on the official EPQ register. Individual mentors will be confirmed shortly.

Work hard in silence, and let the success be the noise.



### Careers @ Grey Court by Ms Corrighan (Head of Careers)

Grey Court provides a Career programme for all students. For more information on the Careers programme at school please visit: <u>Careers at Grey Court</u>

### Y11

College/Sixth Form

**Capel Manor College** 

courses

Specialises in Animal & Land based

In PDW this week you were looking at researching courses. Looking on websites and attending open events is a great way to find out more. Please see below for open events and details for the most popular options for our Y11 students:

Open event date, time & Registration link

Sat 9th October 10am-3pm Capel Manor Open events

Applications open Oct/Nov 2021

Grey Court Sixth Form	11th Nov 2021 - to be decided if in person or virtual. For information from 2020 event: Open evening 2020	
Kingston College	Dates TBC - Information from their May 2021 event: <u>Kingston</u> <u>College Virtual Open Event</u> . Applications open October 2021	
Richmond upon Thames College (Twickenham)	Sat 16th Oct 11am-1pm, Weds 20th Oct 5-8pm & Tues 9th Nov 5-8pm (Virtual events) <u>Richmond College courses</u> Applications open October 2021	
Esher College	They have cancelled their July open event and are now offering tours in July & Sept. Book: <u>Esher Open Events</u> Applications are open NOW and close on Monday 4th October 2021	
Nescot College (Epsom)	Weds 22nd Sept 4.30-7.30pm: Nescot Event Registration Applications open October 2021	
BRIT School (Croydon)	Weds 29th Sept - 6pm - sign up: <u>Virtual Open Evening</u> Applications are open NOW and close in November 2021	

### Sixth form opportunities

Every week we produce an opportunities bulletin for our sixth formers which shows a range of careers, work experience, university and apprenticeship opportunities. Please see this week's <u>bulletin</u>

### APPRENTICESHIIP OPPORTUNITIES

**Way2Work** is a professional UK based Apprenticeship training provider offering apprenticeship vacancies and full-time job opportunities for young people aged 16-24 with local employers who value and encourage them to achieve their full potential. For more info contact: <a href="mailto:way2work@achievingforchildren.org.uk">way2work@achievingforchildren.org.uk</a>

We have varied Apprenticeships opportunities in business administration, customer service, childcare, team leading, management and teaching assistants. Please see below our current vacancies which might appeal to any of your school leavers:

### **Business Administration**

AfC Safety & Premises Management, Twickenham

Parker Car Service, Isleworth

ClimateFM Ltd, Richmond

### **Customer Service**

Ace Aesthetics, Richmond

Darell Primary School, Richmond

AfC SEND, Kingston

### **Teaching Assistants**

Lovelace Primary School (KS1), Chessington

Lovelace Primary School (KS2), Chessington

### **Early Years Practitioner**

Scamps, Teddington

### **Labour Market Information (LMI)**

Part of our careers programme is to inform our students and parents about the Labour Market. This is important when thinking about future careers and jobs.

### For the most recent bulletin please read:

london\_lmi\_bulletin\_september\_2021.pdf

### And some top news:

### The Gaming industry

This is a growing industry with jobs up by 20% this year alone and expected to continue to grow to 2025.

### **Greggs expansion plans**

500 jobs are to be created as it expands across the UK. Fifty new shops are due to be opened by the end of this year.

### **Opportunities for pilots**

Ryanair hopes to recruit 2,000 more pilots over the next three years and will be prioritising existing pilots for promotion to captain grades, giving aspiring pilots an opportunity to join as cadets next year.

# Higher and Degree apprenticeships prove more popular than degrees in pandemic year

UCAS data has shown that over the last twelve months applications for degree and higher apprenticeships have increased by a quarter in the last twelve months, whereas university applications have increased by four per cent.

# **Sports' Stag**

Autumn Sports'
Timetable
Click here







1st Aztec, 2nd Spartan, 3rd Roman, 4th Trojan



Yll A band interhouse Danish Longball competition winners

1st Roman, 2nd Spartan, 3rd Aztec, 4th Trojan



An excellent first team training session with our gymnastics squad this week, supported this year by our new coach Ellie from

### @BrentfordFCCST #gcgymnastics



@GordonsPEDept 17-15 in a true nailbiter! Their fantastic defending and persistent efforts to never give up was key. Well deserved player of the match was Neve R, playing GA & GD. Well done! #gcnetball

### CONGRATULATIONS. HARRIET!



Harriet Wiltshire (Y11) won the Richmond Run Fest on Sunday and has now been selected to represent the Borough of Kingston to run the mini mile at the London Marathon on Sunday, 3 October. She has been really dedicated to her running during her time at Grey Court, and she thoroughly deserved the win on Sunday as well as selection for the Mini Marathon Mile.

### **Richmond Rugby Community**

Richmond Rugby are continuing their FREE community offerings this school term.

They are as follows:

### **Youth Fitness**

Years: 7-13

Days: Tuesday and Thursday Time: 5-6pm in term time

To register: Click here

### **Parent & Child Fitness**

**Days: Every Saturday** 

Time: 9-10am

To register: Click here

### **Youth Club**

Years: 7 & up

Days: Wednesday to Friday Time: 4-6pm in term time To register: Click here

### **Over 55 Walking Rugby**

**Days: Every Thursday** 

Time: 10am

**Email:** 

communitydept@richmondfc.co.uk

### ANNOUNCING

A brand-new session at **Gunnersbury Park Sports Hub** called: **3Play**.

3Play is designed to allow children the opportunity to experience games that will challenge and encourage problem solving and decision making. The 3Play environment will encourage and allow players to express themselves, developing their creativity and imagination in possession. They will experience mixing with children both older and younger than themselves, which enhance their social skills and provide a physical challenge in a safe environment.

**When**: Thursdays 5:30-7pm **Who fo**r: School year 3 to 6

**Venue**: Gunnersbury Park Sports Hub (session located inside the sports hub)

### First two sessions free!!!!

Further information can be found on our booking page below or please feel free to contact Peter Prickett directly (pprickett@brentfordfccst.com).

Booking page: <a href="https://www.brentfordfccst.com/event/autumn-3play/">https://www.brentfordfccst.com/event/autumn-3play/</a>





Grey Court Staff presents.

# the MASKED SINGER



COME and the SUPPORT and vote for your favourite act
MR Rhodes is in!

# **G-Fest - Saturday 18th September**

Race for loved Ones 2.5km - Starts 2pm (warm-up 1.45pm)

Raising money for 'Children Cancer and Leukemia Group' and 'Momentum' (dress in yellow)



Students can collect a sponsorship form from the PE department/their PE teacher





### G-Fest - Race for Loved Ones

### Saturday 18th September - 2pm Sponsorship form - 2.5km

Name:	Form:	

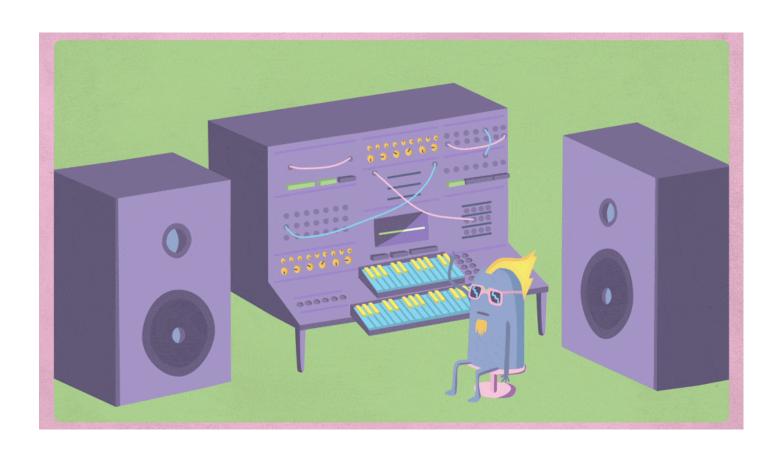
Name	Address	Amount
	TOTAL	£







# KS3 Music Tech Club Thursdays 3pm-4pm in the Ingenium



Learn to make music on a computer with state of the art, industry standard software. Record your own instrument, singing or rapping, make your own beats, or play the keyboards.



# U14 BOYS OPEN DAY

Join Teddington RFC U14 (Year 9) Boys for an Open Day on 19th September 2021 at 12:30pm in the picturesque setting of Bushy Park for an introductory rugby session and club BBQ.

All levels of playing ability are welcome – no previous rugby experience is required. The Open Day is for boys in Year 9 at school and will be led by our qualified coaches who will deliver the session through fun rugby-based games.

Rugby is the perfect sport for developing lasting friendships, leadership skills, confidence, teamwork, strength and fitness levels.

For any questions and to pre-register your interest please email TRFCU14@gmail.com

The Open Day is **FREE** and will be held at Teddington RFC Bushy Park Clubhouse, Dora Jordan Road (access via NPL Gates Queen's Road), Teddington, TW11 0EA

# HAM YOUTH CENTRE FREE ACTIVITIES FOR YOUNG PEOPLE FOR 11 TO 19 YEAR OLDS

· MAKE NEW FRIENDS

· CHAT TO FRIENDLY YOUTH WORKERS

EXCITING NEW DEVELOPMENTS
AT HAM

Fully equipped gaming lounge with Play Stations, gaming chairs and gaming PCs

New art studio run by professional artists and fashion designers



### WHAT'S ON AT HAM YOUTH CENTRE?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FOOTBALL TRAINING	HAM IN SESSION MUSIC		HAM IN SESSION MUSIC	HAM IN SESSION MUSIC
3.00 to 5.00pm	3.00 to 6.00pm		3.00 to 6.00pm	3.00 to 6.00pm
THE HANDMADE CLUB	THE HANDMADE CLUB	THE HANDMADE CLUB		THE HANDMADE CLUB
3.00 to 5.00pm	3.00 to 5.00pm	3.00 to 5.00pm		3.00 to 5.00pm
	JUNIIOR YOUTH CLUB	YOUTH ORCHESTRA	PARKOUR	AFTER SCHOOL DROP IN
	4.00 to 6.00pm	3.30 to 5.00pm	3.00 to 6.00pm	3.00 to 5.00pm
GOOD4GIRLS	GAMEJAM	SENIOR YOUTH CLUB	DUKE OF EDINBURGH'S AWARDS	
5.00 to 7.00pm	6.00 to 8.00pm	5.00 to 7.00pm	6.00 to 8.00pm	

**Football training:** Open to all, coached by Brentford Football Club. We hope to form a team and enter inter youth club tournaments.

GameJam: come and try out new state of the art gaming lounge. Take part in workshops on coding and game design.

Good4Girls: Exciting new project for young women focusing on emotional wellbeing, trying new things and having fun.

**Ham in Session:** Come and use our state of art music studio where tutor Zad can teach music production, guitar, drumming and studio recording.

Handmade Club: Work with professional artists in textiles, painting, fashion design and printing on fabric.

**Parkour:** Tuition from expert coach, Jason - learn to precision jump and cat leap with our range of specialist equipment.

TAG Youth Club: Independent charity working with young people with disabilities. www.tagyouthclub.org.

**Youth clubs:** Open access youth club where young people decide our programme of activities - art, cooking, sport, trips, games, filmmaking, drama and lots more. (Juniors: Years 6 to 8, Seniors: Years 9+)

**Youth orchestra:** We have a selection of instruments available - come and learn with musicians Firas and Micka who are looking to form a small orchestra for performances and concerts.

For more info contact Ben Skelton

T: 020 8288 0916

E: ben.skelton@achievingforchildren.org.uk





# THIS GIRL CAN

### **CALLING ALL GIRLS IN YEARS 7 & 9**

At Teddington Athletic we believe there has never been a more important time for our football club to play its part in supporting women and girls to be physically, socially and emotionally well.

It's a chance for you to make new friends, get fit and become part of your local community in a fun and engaging way. The club currently has 13 girls' teams who participate in the Surrey County Women & Girls League.

The club delivers weekly training sessions which take place on a Friday evening at 6.30 pm and is delivered by FA qualified coaches.

Home matches are played at Bushy Park.

Interested in joining a team? Please contact Samantha Roff Girls Football Development Manager at tafcgirls@gmail.com

www.teddingtonathleticfc.com