Our London Marathon superstars! Catch up on

CLUB NEWS

Charity Art Auction 13 October Get your tickets



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MEDICATION AT SCHOOL

If your child has been prescribed any form of medication, please ask them to bring it to First Aid/Reception, in its original packaging. They should not carry any medication in their bags.

*air*TEXT

Air pollution forecasts and daily bulletins for Greater London

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Notices Feed GLORIOUS FOOD school menu

School Calendar

2021-2022 Term Dates: click here

2022-2023 Term Dates: click here

News & Events Calendar

Click <u>here</u>





ur superstars!



Ms Garrard ran the London Marathon in 3 hours 29 minutes! Last year, she ran the London Virtual marathon in 3 hours 37 minutes and raised £2500 for CLIC charity. Word is that she has already signed up for next year! Just a word of warning... be careful running is addictive!

Chuffed beyond words... and THE most amazing experience! - Ms Garrard



Mr Luniss ran the London Marathon in 3 hours 56 minutes, and raised £1707.45 (£2034.56 with GiftAid included) for Momentum and the Grey Court Education Fund.

Charity Art Auction

13 October 2021

Our Grey Court charity art auction is next week. We hope that many of you will take the opportunity to see some of the remarkable works that are being auctioned for charity.

<u>Click here to view the complete catalogue</u>

Proceedings will be in the hands - and gavel - of professional auctioneer, Frances Christie of Sotheby's who has generously donated her time.

The Richmond Golf Club has been a generous community neighbour in hosting this event for us. If you've never taken the opportunity to visit this iconic venue then our art auction provides a perfect excuse. You will feel like Sean Connery's Bond approaching the golf venue in Goldfinger (you know, the one where OddJob decapitates the romanesque statue with his bowler hat) such is the grandeur of the setting. <u>Ticketholders</u> will be met with a welcome drink and canapes while ambient music will be provided by some of our talented Sixth Formers.

Can't attend but still want to bid?

If you like what you see and you want to own an original Sir Quentin Blake, Christian Furr or Axel Scheffler, <u>you can bid online here</u>

Want to grab a collectable artist for pocket money prices?

Half of the lots in the postcard art sale have been produced by professional artists.

The artist will only be revealed when the postcard is sold. The starting price for all postcards is ± 10 .

Bidding for Affordable postcard art can be done here:

We hope you are able to support this truly unique event.

Shout Outs!

A big THANK YOU to all those students and staff that brought in money for their Jeans for Genes Day. It was an absolute pleasure to have seen many students donning multiple denim garments. In total we raised just over £1500 for charities working around the country.



Congratulations to Elianna Cornfield, Thomas Hardman, Cressida Cooper, Rami Al-Rawi, and Morike Oladeji on being selected as Grey Court's first Sixth form Chemistry Prefects.

They can be spotted helping students out in the Chemistry "drop-in" sessions on a Tuesday after school (Lab 1) for Y10 and Y11s (where students can bring homework and classwork they need extra support in), as well as in **CHEMISTRY CLUB** - which will begin after the October half term (more details to follow soon!).



GLUB NEV Extracurricular Club

Timetable

Click **here** to download

KS3 Maths

Surgery

Year Group: 7, 8 and 9

Day: Thursdays

Time: 03.00pm to 03.30pm

Venue: M5

Teacher: Mr Lee

YIO MATHS SURGERY

from Monday, 4 October **Time:** 03.00pm to 03.45pm

Venue: M3

ORIGAMI<mark>CLU</mark>3

Year Group: 7,8 and 9

Day: Tuesdays

Time: 03.00pm to 03.30pm

Venue: M4

Teacher: Ms Bozzard Hill

KS3 Art Club

Day: Thursdays

Venue: A3

Time: 03.00pm

Come and join Ms Maybey every Thursday to develop your skills and use materials you don't get to explore in class.





Drama Club News

by Ms Burton

The Drama Department are absolutely thrilled to announce the huge uptake in drama club from KS3 students. After just two weeks, we have had over 50 students from years 7, 8 & 9 sign up and the energy and enthusiasm in the studio after school on Thursdays have, so far, been electric! In the first week, as we have selection of students across three year groups, we focussed on getting to know each other with a number of games, establishing a fun and positive atmosphere. In week two, we focussed on exploring the key moments from the traditional Sleeping *Beauty* fairy tale, which will be our pantomime story for this year. Drama Club attendees are eagerly awaiting the script for this year's pantomime, which will be adapted and updated for the Grey Court community, as has become tradition over the past 6/7 years. This production is open to students from years 7, 8 & 9 and all students who want to be involved will have a role and lines, no matter what level of experience.



Please be aware that if your child wants to be involved in this year's panto and has not yet signed up to Drama club, there is still time to join us! Just tell them come along to Drama club on Thursdays in the Lower Drama Studio from 3pm and they can be signed up there and then.... OH YES THEY CAN!!

Keep your eyes peeled on the weekly eBulletin also for more information such as cast list, publicity and ticket details for the production! You certainly won't want to miss out on the most heart-warming, entertaining and raucous event of the year!



ORIGAMI CLUB

STARTING FROM: 30th SEPTEMBER

B

3-4pm

EVERY THURSDAY

KS3AR

This term: Create a coral reef through experimental watercolour techniques, illustration and clay!

> A3 Art room Miss Maybey



KS3 Art Club is back! Come and join Ms Maybey every Thursday to develop your skills and use materials you don't get to explore in class. All students from years 7, 8 and 9 welcome - just come along at A3 at 3pm.

Photo of our first session!

#KS3+KS4



#Y7

Mr Day

This week students in Y7 have had their first ever house assemblies.

The house system is an integral part of life at Grey Court. Our four houses are Roman, Spartan, Trojan and Aztec. We run house competitions throughout the year, including the eagerly anticipated house bake off, which Y7 students are encouraged to get involved with as many as possible! Students achievement points also count towards the school house point totals. Y7 tend to be very keen and eager and are vital cogs in the house award system - often winning their house the final award at the end of the year, so it is crucial Y7 try to accumulate as many points as possible!

Next week students have their

ativity days trips. Y7 A band are off to the zoo, whilst B band will be working on environmental day. Activity days are again an important part to our offer at Grey Court. We hope students enjoy their trips next week.

We have just had house assemblies

and students were informed of this year's Sports' Captains. House leaders rallied the troops for a big year as our Inter-House sports competitions kick-off with 5-aside football.

As the weather has turned colder, I would like to remind students and parents that hoodies are not allowed to be worn in school. Please make sure you have a warm coat to wear so that we do not have to confiscate hoodies.

Homework Clubs are up and running and this is a great opportunity to complete homework with support at school. Letters will be sent home if we feel this would benefit particular students.

Activity day is approaching so keep your eyes peeled for information and the timings of the day, so that we don't have anyone missing coaches and having to miss out on the activities.

Exam Invigilators

A great opportunity for flexible work!

We are looking to appoint invigilators on a casual contract for the Internal and Public exams which are held sporadically from December to July. Invigilation will include the distribution and collection of exam scripts, stationery to students, and ensuring the exam rules and regulations are adhered by students and staff at all times. Previous invigilation experience is not essential as training and guidance will be provided.

Shifts from **AM: 8:00-11:30** and/or **PM: 12:30-16:00**. However, flexibility is required for the finish times as exams can be shorter/longer.

Hourly rate £10.50 p/h

Interested applicants, please complete <u>this form</u> to receive an application form.

Closing Date: 20 October 2021

If you have not heard back from the school after submitting your application, please consider your application unsuccessful.



It was 3 weeks ago now that we were able to welcome so many of our families to G-Fest, and what a wonderful day it was. Who can forget the sight of an inflatable hippo, a pair of pandas, a horse, zebra or even a Lion King singing to a packed house!!

While other schools have a signature event in the summer term, we deliberately have ours near the start of the academic year, to enable families to get to know their children's school, meet friends and their families and the staff in a convivial setting. None of this is possible without the amazing efforts of our Parents Association.

Those who came to G-Fest will appreciate how much planning and teamwork went into the occasion.

The PA supports school events throughout the year such as the Christmas show, the summer musical, MOGO awards and multicultural evening and the gym and dance display.

They also put on other events, such as bingo & curry night in November and the outstandingly popular comedy night, in February. Fundraising from these events in the past has:

- Refurbished the library;
- Bought bottle refill stations for each year group around the school site;
- Contributed towards our bike racks;
- bought Chromebooks, and
- Supported the fundraising ambitions for our new sports Pavilion.

Now, the PA needs your support

The next PA meeting is Wednesday 3rd November at 5pm in the school library. Virtual attendance for those unable to attend can also be arranged.

If you have some time to help run a stall at an event or help with the planning of any event, please get in touch.

It is time for the next generation of Grey Court parents to help us keep the wonderful Grey Court magic alive. Please either, email <u>greycourtpa@gmail.com</u> [co-chairs, Lou and Amira will be delighted to hear from you], or

Email our director of development, Maddy Thomas, <u>mthomas@greycourt.org.uk</u>

PA News

Y7 STARS OF THE WEEK

Hani El Sayed Ali for helping with new students from the Keep

Edith Plowman for being a helpful and considerate partner in food and nutrition

Ethan S for being a well-behaved and polite member of the form.

Nikolas M for always a polite, friendly and kind member of the form

Pippa K for being friendly, positive and a kind member of the form

Moujan R for being very involved in extra-curricular clubs and being a role model in tutor time

Daniel H for problem solving and readily getting to school on time

Ned H for always being very organised, hardworking and engaged - both in form and Spanish class

Lily H for alwasy being positive and putting in maximum effort

George R for making an exceptional start to life at Grecy Court and being a role model in tutor

Y8 STARS OF THE WEEK

Yassin Ibrahim for helping with new students from the Keep

Corrado D'orsa for competing in the British Tumbling competition and achieving fourth place!

Rory MacGregor for second place in ESAA Cross Country

Paige Alboni for 100% attendance

Y9 STARS OF THE WEEK

Julia Ciasnocha, Libby Knowles, Kihyeon Lim, Dante Nelson, Agnes Radek, Taylor Rumney, Malak Saleh for stunning designs for their Theatre in Education Company in Drama

Erin Nipper for excellent focus and a very neat book in German

Alex Donnell for excellent progress and contribution to German lessons

Taylor Rumney for excellent engagement and attitude in Spanish - keep it up!

Louie Reynolds for excellent engagement and participation in the last few Spanish lessons - keep it up!

Kelsie Martin for always having a positive attitude in class and working very hard/

Accelerated Reader Stars are chosen because they have excelled at Accelerated Reader, whether it is because they have passed a lot of quizzes, earned a lot of points, or maintained a high average pass percentage. These particular students should be praised and rewarded.

7 Ash: Harry Wright

7 Beech: Oscar Ballantine

8aC: Kimarley Lodge-Williams, **#Y8** Jasper Sguiri

#Y7

8aL: Zeliha Asan, Zac Emmerson, George Fennell, Sophie Robinson, Laura Wise

8aV: Eva Logan-Wilson

8aX: Francis Dewar, Holly Gee, Feliz Hodgkinson-Last, Alessandro Leguel, Pola Lewko, Nidhi Patel, Ali Shahjahan

8bL: Zakaria Selami, Jootveer Soha Alec Georgiev

8bV: Finn Davis, Lars Hesse, Marth Huddart, Indira Peters-Sutherland, Maia Sehgal, Mali Westbrook

AR STARS OF THE WEEK

Book of the Week: Liccle Bit by Alex Wheatle

What's worse than hiding a secret? Liccle Bit's about to find out...

Lemar is the second shortest guy in his year. Everyone calls him Liccle Bit, and his two best friends, McKay and Jonah, never tire of telling him he has no chance with girls. Things aren't much better at home. His mum is permanently hassled, his sister a frustrated single mum and his dad moved out years ago. Liccle Bit wishes he could do something - anything! - to make life better.

When the hottest girl in school starts paying Liccle Bit attention, he secretly hopes he's on a fast track to a first date. Unfortunately, as a new gang war breaks out, he finds himself on a fast track to something much more sinister. South Crongton's notorious gang leader has taken an interest in Liccle Bit. Before he knows what's happening, he finds himself running errands and his life spirals out

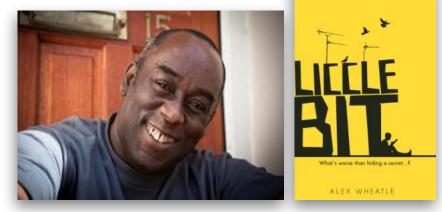
of control. "What a gripping tale of family and friends, love and loyalty … Lemar's voice is so strong and I loved the humour in it too."

- Malorie Blackman, Children's Laureate

Wheatle spent much of his childhood in a Shirley Oaks children's home. He was a founder member of the Crucial Rocker sound system; his DJ name was Yardman Irie. Wheatle was living in a social services hostels in Brixton during the 80s and participated in the 1981 Brixton riots and aftermath. While serving his resulting sentence he read authors such as Chester Himes, Richard Wright, C. L. R. James and John Steinbeck.

He received the London Arts Board New Writers Award in 1999 for his debut novel Brixton Rock.

In the Queen's Birthday Honours 2008, Wheatle was awarded the MBE for services to literature.



YIO STARS OF THE WEEK

Luca Luetchens for second place in ESAA Cross Country

Isla Dempster, Pranay Airy, Sonny Blackburn, Nyle Auguste Bailey, Imogen Hollins, Zac Wilson, Niah Westbrook, Sana Chomoko, Ray Cooper, Jame Fennell, Chloe Hole, Morgan Elliott for excellent engagement and participation in food and nutrition keep it up!

Y11 STARS OF THE WEEK

Kiyan Patel for excellent engagement and participation in the last few Spanish lessons - keep it up!





Mr Gordon Walker

"All good things come to an end", sadly the fantastic form of our Grey Court 1st XV came to an end yesterday. The team comprised of students from Y11, Y12 and Y13 faced stiff opposition from Tiffin Boys. Valiant displays in defence were undertaken and the underdog spirit shone through with a spirited fight back in the second half. The team now has a month to recover, train and come back stronger. Throughout this half term the support that all students have shown for the team has been fantastic, it shows the whole school community at its best.

Y11 Interventions

Our Y11 interventions started on Monday. We offer the best in Borough, in our interventions, no other school provides such a comprehensive offering. Students and parents have received emails outlining the time and location of the interventions, please encourage your children to attend. The full list of interventions is **here**

Activity Day: 15 October

This whole school Activity Day is a Grey Court tradition allowing students to experience new opportunities or enhance their progress in crucial coursework subjects. Both Y10 and Y11 will be in school on the 15 October.

Y10 will have a Life Skills Day. Students should wear PE Kit and arrive at school at 8.30am. They should line up on the playground for assembly. The day will finish at 2.45pm

Y11 have an academic drop down day

which will focus on subjects that have coursework. Students should wear school uniform and arrive at school at 8.45. They need to report to the classrooms designated for them. The day will finish at 1.55pm

INSET Days: 1 and 2 November

INSET Days 1 and 2 November. Y11 students are required to attend school on these days in their school uniform.

Monday, 1 November will be a revision studies day with students benefiting from bespoke revision sessions in English, Maths and Revision Skills. This is designed to support the students as they have Maths and English Trial Exams on **Tuesday, 2 November.** We will inform you and students of the exact timings of each day shortly.



If your child speaks and writes a second language fluently at home, they may want to consider taking an additional GCSE in Community Languages this academic year.

These languages include: Arabic, Biblical Hebrew, Chinese, French, German, Greek, Gujarati, Italian, Japanese, Persian, Portuguese, Russian, Spanish, Turkish and Urdu. The exam board we use is Pearson Edexcel.

The students will need to complete a mock exam at Grey Court in November and you will be provided with detailed information by email. There will also be a cost attached to your child's exam entry.

If they are interested in taking the exam and if you haven't been in touch yet, please send a confirmation email to Ms Song (osong@greycourt.org.uk) with your child's full name, tutor group and the language they are taking by 31 October.

Exam Board: Pearson Edexcel

Arabic **Biblical Hebrew** Chinese French GERMAN Greek GUJARATI Italian Japanese Persian Portuguese Russian SPANISH Turkish Urdu



On Friday,1 October, **twenty-two Y12 and Y13 Art students** took part in their first life drawing class. The workshop was led by life drawing tutor **Lucy Evetts** who specialises in figurative painting and has a post-graduate diploma from the Royal Academy Schools. The quality of drawing and focus from our Grey Court artists was fantastic and the Art Department would like to thank Lucy and our model Jess for working with us.





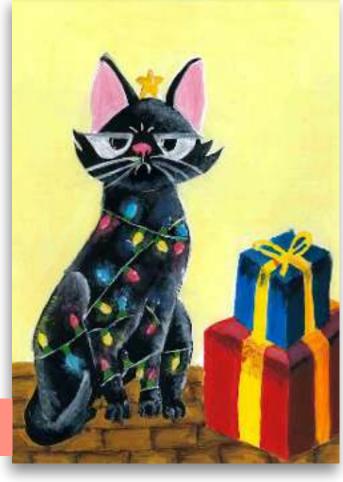




On Wednesday, 6 October, **nine Y13 Art students** took part in a collaborative project with Kingston School of Art entitled 'A question of HE'. Students were asked to verbally respond to the questions 'what is university for?' and 'what should university be for?' and their discussion was recorded. The content will be combined to create an animated response to individual thoughts on what universities are for/should be for which will feature on a dedicated Instagram feed.

Gabrielle Judkiewicz's

Y7 Christmas card design has been selected to appear on the **front cover** of the December 2021 edition of the Ham and Petersham Magazine. The design was hugely popular and we are so pleased that Gabrielle's fantastic work will be seen at such a public level. If you'd like your child to be in with a chance of featuring next year, please see the Y7 seasonal card details that they'll be bringing home from their Art lessons over the next few days.





A Visit to the Globe Theatre

On Thursday a group of students visited the Globe Theatre to see a performance of *A Midsummer Night's Dream*. This opportunity came about through our partnership with King's College Wimbledon. As you can see the students had a fantastic time. A special mention and thanks to Ms Burton for taking them.



"all is mended, that you have but slumbered here while these visions did appear."

> A Midsummer Night's Dream If we shadows have offended (Puck, Act 5 Scene 1)

PDW

Y7 The Grey Court Mindset

This week: Friendship and Empathy

Next week: Resilience

Y8 - UK Political Parties and Government

This week: Devolved Government in the UK

Next week: International Political Organisations

Y9 - Looking after your body

This week: How can you maintain a strong immune system

Next week: Breast cancer, cervical cancer, self-examination and screening

Y10 - Starting GCSEs and Healthy Relationships

This week: What does a safe and positive relationship look like?

Next week: What are the characteristics of an abusive relationship

Y11 - Careers

This week: Unifrog

Next week: Open Events at local Sixth Forms/Colleges

Activity Day

Please click on the links below for additional information about the trips and costs involved.

Year Group	A band	B band	
7	Whipsnade Zoo	Environmental Day	
	Click here for the letter	Click here for the letter	
8	Portsmouth Naval Dockyard Click here for the letter	Windsor Castle Click here for the letter	
9	Box Hill	Newlands Corner	
	Click here for the letter	Click here for the letter	
10	Life Skills Day		
	Click here for the letter		
11	Drop down day for option subjects/personal statements		
	Click here for the letter		
12 + 13	The Apprentice Challenge in London Click here for the letter		

Friday 15 October Activity Day Activity Day

Diversity Group Collective Update

by Mr Clements

Like a free-form jazz collective from Mr Winches' 1970s vinyl collection, the Diversity group is made up of a number of teachers and students who are taking a lead role in promoting tolerance and inclusivity at Grey Court.

Having chaired a particularly idea fluid meeting this week here is a selection of some of the initiatives students and teachers are leading on: In order to encourage Grey Court "arts" students to shatter stereotypes, construct counter-types and develop their own post-colonial meta-narratives, mild mannered music technology teacher, **Mr Allchurch** fired up the "mystery machine" and took a cohort of Y12 and 13 Media, Music Tech, Art and Photography students on a **Creative Careers Trip**

Jaimorquai fan, **Mr Allchurch**, writes that, "It was really good to be able to see and meet people from so many Universities' creative courses under one (very large) roof. The Y13's were able to narrow down the choices they have made in their current applications and the Y12's were able to gain a great insight into potential progression opportunities in preparation for their UCAS applications next year. Fellow Bohemian, **Ms Bowie'**s favourite parts of the trip were the excessive number of prospectuses and tote bags she managed to get back to Grey Court (Several were nearly lost in a post-modern malaise at Canning Station). Thanks to Li Hislop for carrying 'Ms Pegleg' Howell's free goodies back to school and the many students who have come back inspired and excited about challenging cultural hegemonies through pursuing degree courses within the creative industries.

Incidentally, Angel Beauchamp was aided in deciding the better of her first two choices and Steph Tang was seen making the most of her free stress ball in this week's Media lesson. **Sixth Form Literary Magazine** - Not only is Y13 student, **Edie Bing**, finding the time to edit the annual Sixth form literary magazine - whose purpose is to promote Grey Court's diverse set of swirling ideas - but she has also penned a most arresting article for this Christmas' edition entitled: "White Saviours: 20th century American Military intervention in Asia as told through song and dance."

...and thank you to **Ms Randles** for leading several members of the English department on a weekend inset to see Bernardo Evaristo speak at the Southbank as part of the Lit in Colour initiative. This has led to shy, retiring librarian and football 5-a-side general, **Mr Johnson**, attending three **webinars** around promoting diversity in the texts we teach and books we have in the library.

...and the unstoppable **Randles** has then still had the time and energy to form a "collab" with **Ms Hawkins** to promote Black history Month whereby students from Y11 to Y13 are encouraged to read amazing novels by black authors as part of a house competition, that Roman House will inevitably win! <u>Black</u> <u>history House competition</u>

And this in turn has prompted Ms May to facilitate a KS3/Sixth Form history club to promote the work of hitherto silenced voices, that was blessed by Sixth former, **Raisharni Kitson** who delivered a Y7 friendly seminar on **Black gendered language** and has initiated her own **Cultural Appreciation club** in enrichment which this week celebrated the Alasitas festival in Bolivia.

Ms Comrie having had her interests piqued by cultural festivals, has curated a calendar of cultural events which has been adopted by the school and inspired No1 independent woman, Ms Weston to promote International day of the girl via the **Step outside the gender box** initiative which was recommended by a Grey Court parent - thanks! And this example has inspired Year 13 students, **Nivi Nair** and **Anbarin Karime** in their role as **Diversity** representatives to encourage sixth formers to attend a webinar entitled: "a call to action for young feminists" and to develop a Sixth Form multi-cultural Kingston display in preparation for the 2021 census publication. This in turn encouraged Ms Comrie to elect her own diversity representatives from Y10 and Y11 in the form of: Mughda Najib. She asserts that "The International Day of the Girl" focuses attention on the need to address the challenges girls face and to promote girls empowerment. We have the right to a safe, educated and healthy life in order to mature. Achieving equality and women's empowerment is vital for us to improve not only as a school but as a society. Grey Court has formed a group The Equality and Diversity group, as a representative of this I am here to ensure that all genders treat each other equally. This group will further take action for this cause and as a result the pupils of Grey Court will feel free and liberated".





Diversity representative, **Diren Chhabra**, also feels that "Diversity, means bringing people together within a community whilst also ensuring that people can express themselves individually. My generation is the generation to change it all. International day of the girl is a reminder that girls across the world face adversity and yet they persist and succeed. As a rep, I will challenge stereotypes that have made their way within this school, to make sure this success is part of Grey Court". Leo Morjaria believes that "To have a diverse school is extremely important, as it shows that we represent everyone, allowing for all genders and allowing for all races. I think that it's completely necessary for us to include everyone, as it fosters something which is so vital to a student body, which means that we can all include people and challenges which all people face. I believe, in my personal opinion, that to have a diverse school means that everyone of different ethnicities and backgrounds and genders can express themselves in a great way, which is obviously something which many people really have the right to do, and they should have the freedom to do so".





And finally Zoe AVRAMOVIC is committed to the ideal that: "A diverse school environment, such as Grey Court, is vital as it introduces students to different cultures and nationalities that further helps advance our world knowledge of issues different people of different backgrounds face. International day of the girl celebrates women while debating the issues women face on a daily basis, as well as greater societal problems that impact our viewpoints negatively".

Thanks to all the members of the Diversity Collective for leaving me - in the words of Obama - Fired up and ready to Go!

WELLBEING

October Wellbeing Calendar Click here

World Mental Health Day is on 10 October. The overall objective is to raise awareness of mental health issues around the world and mobilise efforts in support of mental health. Please click **here** to find out more.



The ultimate resilience toolkit

Tips & techniques for managing your mental wellbeing in one handy package.

Need a little help to manage your mental wellbeing? Feeling the effects of the challenges of the last 18 months? Welcome to Richmond Borough Mind's Ultimate Resilience Toolkit.

To celebrate World Mental Health Day on 10 October, we are inviting you to join us for an exclusive, interactive and practical workshop, sharing a variety of exercises and resources that can be used in everyday life to build resilience during challenging times, including tips on:

·Engaging a positive mindset

Improving self-confidence and self-awareness

·Managing anxiety and avoiding burnout

·Building positive relationships

·Sleeping well

Nutrition and eating habits for improved mental health

As a result of the Covid-19 crisis, increasing numbers of people are struggling with their mental health. The Ultimate Resilience Toolkit training is free, however, we invite you to make a donation if you can (suggested amount of £10) to help us continue to support our local community.

To see details and register for one of our lunchtime "Ultimate Resilience Toolkit" Workshops, please follow the links below:

<u>Friday 8 October</u> <u>Monday 11 October</u>

We can also provide bespoke training workshops for your team or organisation around a variety of Mental Health and Wellbeing topics.

If interested, please email<u>training@rbmind.org</u>to enquire.

MHST Workshop: Separation anxiety

We recently advertised details of parent/carer separation anxiety workshops being run by the MHST. These workshops were incredibly popular and all spaces were taken in a very short amount of time! Two extra dates have been added at the start of October:

Does your child or young person really struggle to separate from you when they go to school? Following lockdown, a lot of children and young people are finding it hard to separate from parents and caregivers. The MHST will be running a live 90 minute workshop on separation anxiety for parents/carers. The aim of this workshop is to help you identify anxious behaviours, think about what maintains these and provide you with some ideas on what you can do to help your child or young person overcome these challenges.

The MHST will be running one workshop over 2 dates (please note, it will be the same workshop offered on each date). Please book your tickets for one workshop using the Eventbrite link below.

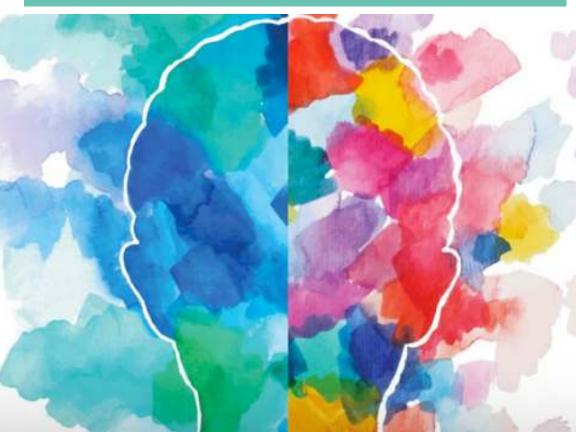
Friday, 8 October (1pm - 2.30pm):

https://www.eventbrite.co.uk/e/mhst-workshop-separation-anxiety-08102021-tickets-178134122957

Monday, 11 October (12pm -1.30pm):

https://www.eventbrite.co.uk/e/mhst-workshop-separation-anxiety-11102021-tickets-178135797967

For further information, please read this leaflet.







COVID-19 UPDATE



There is a lot of misinformation online and for many young people it can be confusing as to why they should consider having the vaccine. We are regularly hearing that young people have questions but don't know who to ask.

The NHS and the Richmond and Kingston Youth Council (made up of young people across the borough) have created a number of tools that can help.

Below you will see links to:

- **A video** where Lydia Roebuck, a young person (15) from Orleans Park School and also the Youth Parliament Member for Richmond, interviews Nic Kane, the lead nurse in the borough for the vaccine rollout.
- **An online website** which has been co-designed with the local Youth Council, presenting the facts around the vaccine and testing for young people.
- A podcast for parents with a GP talking about the vaccine rollout for younger people.
- A recording of a parent Q and A that was held with the lead GP in the borough, regarding the rollout of the vaccine for younger age groups.

Child Exploitation and Online Protection Centre:

National Crime Agency report concerns to CEOP using the "Click CEOP" button

Think U Know

Resources and advice for parents, professionals, children and young people

Netaware

Support for parents and carers from the NSPCC and O2, including invaluable guides to social networks, apps and games

NOS

Provides knowledge parents need to understand online dangers and how best to react should an incident arise.

Childnet

Toolkit to support discussions about online life, set boundaries around online behaviour and find out where to get further help and support.

Common sensemedia

Provide independent reviews, age ratings and other information about all types of media for children and parents

Stop Online Abuse

Report online sexism, homophobia, biphobia and transphobia

Parent Port

Report inappropriate content (on and offline)

Report Harmful Content

Support users over the age of 13 who have already submitted a report to industry regarding harmful content and would like outcomes reviewed

Internet Matters

Provide age-specific online safety checklists, guides on how to set parental controls and a host of practical tips

Uk Safer Internet Centre

Tips, advice, guides and resources to help keep children safe online

Parentzone

Help for parents and carers on how to keep their children safe online

The Lucy Faithfull Foundation

Stopit now resources: Advice, self-help and educational programmes about online abuse (including peer on peer abuse)

Cyber Aware

Internet Watch Foundation

Keeping your children safe online

#SixthForm

UCAS

Ucas Jargon Explained

Running the university applications process every year, sometimes the sixth form team forgets that the language of UCASese is not universally understood. To help demystify the process UCAS have produced a handy guide. Click here and you will be able to outsmart your child <u>UCAS Terms Explained</u>.

UCAS Submission Deadlines

All our Oxbridge and Medical/Dentistry applicants should have submitted their UCAS forms to us so we can add references and predicted grades and then submit on to UCAS. Please bear in mind that it takes us up to 10 school days to turn an application around once a student has clicked on 'Pay and Send' and we are rapidly approaching the 15 October deadline.

All students applying to university should have their applications submitted to us by 19 October.

Alumni Blast

Bella Burnett, now studying Creative Music Technology at Falmouth University

Hi Ms Higham

It's Bella Burnett, hope you're well and you had a nice holiday.

I just wanted to email you to let you know that Uni is really good, but the crazy thing is that with my music course we have a music theory side to it and it's mainly to do with sociology and critical theory and you have to write an essay on music and dominant ideologies. Just thought I'd let you know and that Sociology lessons have become very useful and I really recommend it to anyone as it's so helpful later on.

Also I wanted to say a very big thank you for everything you did and helped me with over those crazy two years. I don't know if I would have made it without you!

Thank you again and hope you have a good school year.

STAR OF THE WEEK

Sam Nesbitt

Sam won the 1st round of the ESAA Cross Country Championships at Harrow School. There were 54 competitors, a superb achievement!

Ms Fincham's EPQ Update

This week students have been working on ethical principles to guide their research and evaluating their source material for bias. They should be acting on feedback on their action plans and developing these on a weekly basis. They should have uploaded evidence of their growing bibliography, making use of the Harvard style of referencing.

ideas clue ::: marketin

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Miss Fincham's Oxbridge Update

Now the assessment week is over, students who have not submitted their application must now make the final push to get these completed. All applications must have been received by UCAS by the 15 October. This is not the student deadline as the school needs several days to process the application. If the application has not been submitted by the date of publication of this eBulletin then it must be completed on Monday as a matter of urgency. Students must now focus on preparing for the pre-interview assessments (if their application required one). They have been provided with links to both Kings Wimbledon and St Paul's to support this preparation. In addition, I am running sessions for our English Literature applicants and Mr Curran is supporting with the physics element of the engineering exams. Students need to be downloading past papers and familiarising themselves with all the requirements. The papers are sat in school in the first week of November. Specific details will be provided by Grey Court exams office



Weekly Opportunities Bulletin: 04/10/21 Opportunities for Sixth Formers

Apprenticeships events

We have been focusing on University applications as these are always very early in the Autumn Term. We would also like to encourage all our students to consider the apprenticeships route. Therefore we are advertising upcoming events that students can tap into, which are in the half term but therefore don't impact on their study time:

RATE MY APPRENTICESHIP - APPRENTICESHIPS EVENT

Did you know that you can earn up to £20K a year straight out of school as an apprentice?

Open to years 12 + 13, this is your chance to find out more about apprenticeships and the opportunities available in 2021/22.

- The line-up includes: Aldi, AstraZeneca, KPMG, Siemens, Vodafone + 10 more
- Speak directly to companies via video or the chat box
- Get the truth about apprenticeships from real apprentices
- WIN £100! Join us on the day to enter our prize draw for one of 5 x £100 vouchers

Link: <u>RMA Virtual Event 2021 - RMA Virtual Event 2021</u> Date: 20-21 October Time: 12.00pm to 06.00pm each day



UK University & Apprenticeships Fair

Our fair is perfectly timed for students in year 13 so they can receive vital application support and can gather the information they need to make important decisions before deadlines, and for students in year 12 who have just started thinking about their post-18 options.

Students can speak directly with a **wide range of exhibitors** including the universities and the National Apprenticeship Service. Webinars timetable:

12:30 - 12:55 CHOOSING A COURSE Presented by Middlesex University

- 13:00 13:25 STUDY IN SCOTLAND
- 13:30 13:55 LIFE AT UNIVERSITY
- 14:00 14:25 CAREERS AND EMPLOYABILITY
- 14:30 14:55 LAW IN ACTION
- 15:00 15:25 STUDENT FINANCE Presented by the University of Kent
- 15:30 15:55 YEAR 13: MAKING YOUR FINAL CHOICES Presented by TBC
- 16:00 16:25 PERSONAL STATEMENT Presented by the University of East

Anglia

16:30 - 16:55 DEGREE APPRENTICESHIPS VS TRADITIONAL DEGREES

Register here: <u>UK University & Apprenticeship Search Virtual</u> Fair Weds 20th October 12-6pm





Careers @ Grey Court By Miss Corrighan (Head of Careers)

Careers' Guidance in school

If any students would like to book an appointment please contact Miss Corrighan (Careers Adviser) who can book you an appointment to discuss your options:<u>bcorrighan@greycourt.org.uk</u>

Applying for Grey Court Sixth Form

Applications are open NOW & close 15 December 2021. For the PDW presentation shown to students on how to apply for Grey Court please see: <u>L3 - Applying for Grey</u> <u>Court 6th Form</u>

Opportunities for students and parents/carers



On Wednesday, 13 October, 6.30-8pm -Hollyfield School are hosting a careers event which Y11 Grey Court students and parents/carers are invited to attend. There will be a range of careers represented as well as colleges and universities. Sectors covered are: graphics, medicine, armed services, construction, law, media & TV, finance, tech, sport, computing, psychology and much more! Miss Corrighan will be there to welcome Grey Court students/parents/carers into the event.

Please see below for **Open Events** and details for the most popular options for our Y11 students

College/Sixth Form	Open event date, time & Registration link
Grey Court Sixth Form	Weds 10 Nov 2021 6.30-8.30pm For information from 2020 event: <u>Open</u> evening 2020
Kingston College	Sat 9th October 10am -1pm <u>Kingston</u> <u>College Open Event</u> Applications open October 2021
Richmond upon Thames College (Twickenham)	Sat 16th Oct 11am-1pm, Weds 20th Oct 5-8pm & Tues 9th Nov 5-8pm (Virtual events) <u>Richmond College</u> <u>courses</u> Applications open October 2021
Nescot College (Epsom)	Sat 16th October 11am-2pm <u>Event</u> <u>Registration · Customer Self-Service</u> Applications open October 2021
BRIT School (Croydon)	Applications are open NOW and close in November 2021
Capel Manor College Specialises in Animal & Land based courses	Sat 9th October 10am-3pm <u>Capel Manor</u> <u>Open events</u> Applications open Oct/Nov 2021

Sports' Stag

Autumn Sports^{*} Timetable

Click here







Congratulations

Congratulations to **Corrado D'Orsa** who finished 4th in the 11-12 year old category at the Great Britain National Tumbling Championships last weekend.



Click on the YouTube video to see Corrado in action!



Well done to our U14 netball team on another borough win, this time 22-11 against SRRCC. Well done to POM Mia #gcnetball

> Massive win for our U16 netball squad in their league match vs @StRRCCollege

34-4 MVP Madi





Hard luck to our U18 Rugby team who were knocked out of the second round of the National Vase on Wednesday. We now look forward to the middlesex competition.

Our U18 football team were in action on Wednesday. Goals from Pichler and Rixon in the loss but some excellent performances from the Y11 boys playing up.



Excellent win for the U15 indoor cricket team on Wednesday. F Stidwell taking a wicket with his first delivery for the school



Great experience at Mini

@LondonMarathon . Well done Harriet finished 30/135 with 9:51 in the Borough Challenge U17G with Team Richmond





A fabulous afternoon of netball on the GC courts, with 4 wins against St Benedicts! well done to our u15 a and b & the u14a and b teams! #gcnetball



Follow Grey Court PE

Boys' Player of the Month



Ricards Misins has been playing ice hockey for 8½ years. He started learning the game at Lee Valley Lions and now plays for Haringey Hounds. They have been South East League Champions for the past 3 seasons. The team also qualified for the National competition and achieved 4th place which was a superb team effort. During this competition, Ricards was awarded the stand out "center forward" award. Ricards was then selected to play for the South East in the GB development tournament against selective teams from the Midlands, North, South West and Scotland). Ricards showed his quality again and was awarded the best forward of the tournament award. During summer Ricards travels around Europe to do International camps and tournaments. During a Luxembourg tournament in 2018/19 his team finished runners up and Ricards got the International sponsored MVP award of the tournament. Ricards has just been selected to attend an England U14 training camp which is an outstanding achievement. Ricards dream is to play International hockey for England and to play in the NHL.

Girls' Player of the Month

Neve Rugette



Neve has had a fantastic start to Y8 representing the school in the U13 Football, Netball and Cross country teams. She was player of the match in the netball match against Gordon's School in the first round of the sisters in sport match and she ran strongly in the first round of ESAA XC Cup at Harrow School, finishing in the top 10.

Neve is a fantastic all round sports woman who excels across all sports. Her real passion and talent is basketball but she clearly has an abundance of talent and skill in many sports. Her attitude and commitment is exemplary and she is a fantastic team player, always encouraging her teammates and setting a good example to always try your hardest.

Boys' Team of the Month

U14 Boys Football Team



The U14 boys football team have enjoyed a fantastic start to the season. The team were victorious at the Ibstock Place 6-a-side competition winning every match whilst playing entertaining football. The team have won all 3 of their 11-a-side matches so far scoring 21 goals and only conceding 2. The majority of this squad were also chosen to represent Richmond in the London Youth Games and they won the Silver medal.

Girls' Team of the Month



The U15 girls' football team had a fantastic start to the season beating Winston Churchill School 11-3 in the first round of the ESFA competition. The first half was very tight with Grey Court going into the half time break only 2-1 up, however shortly after the re-start the team started to play some great football with **Lauren Jackson** controlling the game from midfield and **Piper Lawler** taking her chances. Piper ended up scoring 5 goals!

A great team performance and a special mention to **Macey Cornock** for a superb performance and to **Lauren Jackson** who got player of the match.

A **New Teen Yoga** class starts in November, on Thursday at 5.15pm - 6.15pm at the Garage Studio in East Sheen. See the flyer at the end of bulletin for more details. **Grey Court Students can avail of a 10% discount**



BICYCLE MAINTENANCE COURSE

The Cycle Coach Workshop is a **Beginner Bike Maintenance Course** that will train pupils how to perform preventative maintenance and repairs on their bike.

Workshop Programmes

The Cycle Coach workshop consists of 3-levels, BRONZE, SILVER and GOLD.

Bronze: Preventative Maintenance Silver:Basic Repairs Gold:Advanced Repairs

Note: Pupils that enrol on the Gold programme will also cover the content in the Silver and Bronze programme.

The three different programmes cover a range of pre, during and post ride maintenance activities which will help your pupil look after their bike and reduce the number of visits to the local bike shop.

Our qualified Bike Mechanics will use various forms of delivery to train pupils to understand the mechanics of their bicycle. These delivery methods include, discussions, observations, demonstrations, practicals and videos.

The three Workshop Orogrammes are divided into 4 categories:

Routine Maintenance & Repairs Braking Systems Contact Points (Saddles, handlebars and pedals) Drivetrain (Gears, cassettes, derailleurs etc.)

How does it work?

12 Pupils to 1 Mechanic per programme
Workshops Programmes to be delivered at Grey Court School (after school)
Pupils are encouraged to bring their own bikes although bikes can be provided.
Up to 2.5 hours of bike maintenance and repairs (dependant on programme)
Bike parts will not be provided for pupil's bikes but guidance and support will be given to pupils whose bikes are in need of new parts.

How to enrol: Anyone who is interested can express their interest by filling out this form.



2022 London Youth Games Cross Country Date for your diary

The 2022 London Youth Games Cross Country has been confirmed for Saturday, 20 November, at Parliament Hill. This is to make you aware of the event and be prepared. Final details have not been received yet. Full details will follow as soon as we are informed by London Youth Games.

In order to take part runners will need to complete a 5km Park run between 1 October and 30 October.



Please start registering your runs now, and complete this application form. The more races you take part in, the better chance to run your best time and make the team! Make sure that you fill this out before Saturday, 31 October. Any late entries will not be considered. You must also run your parkrun on or before the 31 October.

If you have any questions, please contact: Dan Hayden, Sports Development Officer Serving Richmond and Wandsworth Councils, 020 8831 6133

Daniel.hayden@richmondandwandsworth.gov.uk www.richmond.gov.uk/www.wandsworth.gov.uk



The Virgin London Marathon are inviting all students to take part in this year's 'London Marathon in schools', all you have to do is complete 2.6 miles before Friday, 22 October.

Up to 500,000, who take part, will receive a free commemorative Virgin Money Giving Mini London Marathon in Schools pin badge.

Complete the **Google Form** once you have completed the distance - you need evidence of completing it. Remember to screenshot a fitness app or sports watch.

Good luck!

Harlequins 'PROJECT RUGBY HUB'

5:30 - 6:45pm Mondays 11th Oct - 15th Nov

London Welsh RFC, TW9 2HN

Free to new players aged 14 & above Scan QR to sign up













Harlequin Amateurs





DEVELOP YOUR SKILLS AND HAVE FUN AT OUR COMMUNITY OPEN SESSIONS. PLAYERS OF ALL ABILITIES WELCOME. OPPORTUNITY TO BE SELECTED FOR THE 2021/22 RICHMOND KNIGHTS TEAMS.

EAST BOROUGH OPEN SESSIONS (CHRIST'S SCHOOL, RICHMOND, TW10 6HW) U10 BOYS & GIRLS (YR3-5): TUESDAYS, 5PM-6/15PM U12 BOYS (YR6/7): TUESDAYS, 6/15PM-7/30PM

EAST BOROUGH OPEN SESSIONS (GREY COURT SCHOOL, HAM, TW10 7HN) U14/16 BOYS (YR8-11): FRIDAYS, 5PM-6:15PM

CENTRAL BOROUGH OPEN SESSIONS (ORLEANS PARK SCHOOL, TWICKENHAM, TW1 388) ALL GIRLS OPEN SESSION (YR4-9): FRIDAYS, 5:30PM-6:45PM

WEST BOROUGH OPEN SESSIONS (WALDEGRAVE SCHOOL, TWICKENHAM, TW2 5LH) U8 BOYS & GIRLS (YR1-3): MONDAYS, 5PM-6:15PM U10 BOYS & GIRLS (YR4-5): WEDNESDAYS, 5PM-6:15PM U12 BOYS (YR6/7): WEDNESDAYS, 6:15PM-7:30PM U14/16 BOYS (YR8-11): WEDNESDAYS, 7:30PM-8:45PM

BOOKINGS & FURTHER INFO: WWW.KNIGHTSBASKETBALL.CO.UK





MONDAY 25 AND TUESDAY 26 OCTOBER

ARCHERY

CAKINI.

FASHION DESIGN

MOUNTAIN BIKING

TABLE TENNIS

MO

BLACK HISTORY MONTH

STREET DANCE

FOR 11 TO 19 YEAR OLDS

- · TABLE TENNIS
- · ARCHERY
- MOUNTAIN BIKING (WEATHER PERMITTING)
- · FASHION DESIGN
- · STREET DANCE
- · BLACK HISTORY MONTH ACTIVITIES
- · BAKING

PLEASE CONTACT BEN SKELTON TO BOOK YOUR PLACE AT: BEN SKELTON@ACHIEVINGFORCHILDREN.ORG.UK

achieving for children

YOGA & MINDFULNESS FOR TEENS

Term time

Thursdays 5.15- 6.15pm

Improve strength & flexibility Enhances resilience & positivity Minimise stress and anxiety **Thursdays 5.15pm - 6.15pm @The Garage Studio, 55 Sheen Lane, SW14 8AB** For more info & to book contact **franklearpinoyoga@gmail.com** www.franklearpinoyoga.com St Mary's University Twickenham London

WRITING & TALKING?

INTERESTED IN

JOIN THE CLUB

It's FREE and 13–16 year olds of all abilities are welcome

Discover your talentsMeet like-minded peopleDevelop new skillsLearn from industry expe

Grow in confidence

Learn from industry experts Find out about careers

At St Mary's University, the 'Writing and Talking' Saturday Club will be all about theatre!

Sign up and join in with others to learn how to move and speak differently, grow in confidence, and apply acting skills in your everyday life.

Priority places will be given to students meeting one or more Widening Participation criteria.

Email: nancy.bentley@stmarys.ac.uk Call: 020 8240 4247 for more information

🌐 saturday-club.org 👘 🎔 🖸 🖪 @natsatclubSMU



NATIONAL

LUB

ATURDAY



Scan the QR code to find the St Mary's University Club



The University Drama School









Page 1 of 3

Frequently Asked Questions - 'Writing & Talking' Saturday Club

The Drama St Mary's Youth Theatre

> What is it?

We will be hosting a free 'Writing&Talking' Saturday Club in 2021-22. At the Club, called the Drama St Mary's Youth Theatre, young people will learn how to move and speak differently, grow in confidence, and apply drama and acting skills in their everyday lives.

To make this happen, Drama St Mary's and the university's Widening Participation team have teamed up with the National Saturday Club network. We're delighted to join the network, and have founded a 'Writing&Talking' Club. As Drama St Mary's is passionate about theatre, our Club takes the form of a Youth Theatre.

Across the UK, the National Saturday Club gives 13–16 year olds the opportunity to study subjects they love at their local university, college or cultural institution, for free. Saturday Club programmes are offered in four subject areas – Art&Design, Science&Engineering, Fashion&Business and Writing&Talking. More information is at <u>www.saturday-club.org</u>

> Who can join the Club?

Any young person aged between 13 and 16 years old can apply to the Saturday Club (**see 'How can I apply?'** below). You certainly don't have to be a fully trained actor to take part – everyone in the Youth Theatre will have different skills and passions. However, everyone will learn a lot about acting, speaking and movement, as well as having a great time making new friends.

First priority for places will be given to young people who **meet one or more Widening Participation criteria**, as both the Saturday Club Trust and the St Mary's Widening Participation team aim to provide fair access to the arts and Higher Education. Some example Widening Participation criteria are listed below, but there are many more:

- students eligible for Free School Meals in the past 5 years

- students who have experienced Local Authority Care

- students from an ethnicity that is underrepresented in Higher Education (this could include Black, Asian and minority ethnic groups, and Gypsy Roma Traveller communities)

Information on our targeting criteria is available at <u>www.stmarys.ac.uk/schools-and-</u> <u>colleges/outreach/targeting</u>. Please contact Nancy Bentley with any questions about eligibility for the Youth Theatre, or to provide any further information you wish to supply with your application.

> Where is it?

The Youth Theatre Saturday Club will be hosted at St Mary's University in Twickenham (address below). The Drama St Mary's department own several on-campus spaces, and we will enjoy using these rehearsal rooms and real theatre spaces each week. About once a term there will be a Masterclass, trip to London or performance that takes place in a different location, or at an unusual date or time – we'll let you know as early as possible. On the first Saturday, there will be signs and people to help you find the Club.

Saturday Club address: St Mary's University, Waldegrave Road, Twickenham, TW1 4SX







> When is it?

The Youth Theatre Saturday Club will take place on 30 Saturday mornings this year. On a normal weekend, it will start at 10am and end at 1pm each Saturday. See the Saturday Club dates below – these are subject to change, but we will let you know as early as possible of any changes.

> How can I apply?

Ensure you apply before Friday 9th October via this link: <u>www.saturday-club.org/join-a-club</u> - just select 'St Mary's University' from the list of options. A parent/ carer will need to support your application, and provide emergency contact details.

You can find out more about the National Saturday Clubs online here: <u>www.saturday-club.org/</u>

You can also see the St Mary's University page on the National Saturday Club website: www.saturday-club.org/club/st-marys-university-writing-and-talking/

> I'm not sure about transport/ making friends... Can you help?

Of course! If you have any concerns about what the Saturday Club Youth Theatre will be like, or how to get here every week, we can probably help and reassure you. If you have any questions at all, please contact Nancy:

Contact: Nancy Bentley - Widening Participation & Outreach Manager

nancy.bentley@stmarys.ac.uk | 020 8240 4247

<mark>Saturday Club dates</mark>	Other key dates	Weeks 1 to 30 'X' means no session is taking place
16/10/2021		1
23/10/2021	Half term weekends	2
30/10/2021		Х
06/11/2021		3
13/11/2021		4
20/11/2021		5
27/11/2021		6
04/12/2021		7
11/12/2021		8
18/12/2021		9
25/12/2021	Christmas	Х
01/01/2022		Х
08/01/2022		10
05/01/2022		11
22/01/2022		12
29/01/2022		13

List of Saturday Club dates for 2021-22 (subject to change)







Saturday Club dates continued:	Other key dates	Weeks 1 to 30 'X' means no session is taking place
05/02/2022		14
12/02/2022	Light to many supplying da	15
19/02/2022	Half term weekends	Х
26/02/2022		16
05/03/2022		17
12/03/2022		18
19/03/2022		19
26/03/2022		20
02/04/2022	Easter Holidays -	X
09/04/2022	Bank Holidays 15 th &	X
16/04/2022	18 th April	Х
23/04/2022		21
30/04/2022		22
07/05/2022		23
14/05/2022		24
21/05/2022		25
28/05/2022	Half term weekends	Х
04/06/2022	2x BH 2nd/ 3rd June	Х
11/06/2022		26
18/06/2022		27
25/06/2022		28
02/07/2022		29
09/07/2022		30