

Jack Petchey Outstanding Achievement

Indie Keig-Pawooskar

Win Tickets to Wimbledon

Year 7 and 8 Sports' Day Information

13 June

Summer Activity Week

Sign up!

Ham Fair 11 June

Competitions!

Food + Nutrition

Healthy Eating Week

Key Dates

for your Diary

A photograph of two young men standing on a paved path that leads into a lush green landscape. In the background, there is a calm lake surrounded by dense trees and rolling hills under a clear blue sky. The student on the left is wearing a black jacket, a blue scarf, and a yellow race bib with the number '1'. The student on the right is wearing a red jacket, a blue scarf, and a yellow race bib with the number '2'. Both are wearing dark shorts and athletic shoes. A white garden hose is visible in the lower-left foreground.

eBulletin

Friday 10 June 2022

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Key

Dates for your Diary

June		
Monday 13 June	Year 7 and 8 Sports' Day	
Wednesday 15 June	KS5 VPA Exhibition	Sixth Form (5pm to 7pm)
Thursday 16 June	Year 7 Virtual Parents' Evening	Google Meetings
Tuesday 21 June	Year 8 Virtual Parents' Evening	Google Meetings
Thursday 23 June	Y11 ROA & GCSE Art Exhibition Viewing	
Friday 24 June	Year 9 and 10 Sports' Day	TBC
July		
Monday 4 July	Queen's Platinum Jubilee School Public Holiday	
Wednesday 6 July	Year 6 Parents' Information Evening	5:30pm to 7:30pm
Wednesday 6 July	Sports' Celebration Dinner	The German School 6pm to 10:15pm
Thursday 14 July	School Production: Legally Blonde	6:30pm
Friday 15 July	School Production: Legally Blonde	6:30pm
Tuesday 19 July	School closes: Summer holidays	12:00pm
August		
Thursday 18 August	A Level Results' Day	
Thursday 25 August	GCSE Results & Sixth Form Enrolment	Internal applicants
Friday 26 August	Sixth Form Enrolment	External applicants
September		
Tuesday 6 September	Term starts for Year 7 and Year 12	10:30am
Wednesday 7 September	Term starts for all (except Year 13)	08:25am
Thursday 8 September	Term starts for Year 13	
Friday 16 September	Band Night & Disco	6pm to 10pm

THE UNIFORM SHOP

open on Thursdays, 3-4pm

School Calendar

21-22 Term dates

22-23 Term dates

23-24 Term dates

Events

2022 GCSE, GCE & BTEC Summer Exam Timetable

EXTRACURRICULAR CLUB TIMETABLE

Summer Sports' Timetable

The School Menu

Breakfast Club

Daily from 7:45am to 8:15am

CLEAR YOUR CUPBOARD...

If you have **any Grey Court uniform** that your child no longer needs, please consider donating it to **The Uniform Shop**. Contact Ms Niss (sniss@greycourt.org.uk)

THE NOTICE BOARD

PA Appeal GoFundMe

Digital Screens
for Science

Year 7 + 8 Sports' Day Information

13 June

KS3 News

Y7

Mr Day

We hope that students and parents had an enjoyable half-term, as well as celebrating the platinum jubilee - it is amazing that Mr Clements started his weekly column in the eBulletin in the same year as her coronation...!

We have only a short time left in Y7 but students have a lot to look forward to - with activity week, sports day, as well as clubs and fixtures which continue as normal.

Whilst the end of the year is looming, we still have high expectations of our students in Y7. We have our handover meetings with the Y8 team coming up, and it is important that students continue to have high standards of themselves, especially in terms of their organisation and homework. Teachers will continue to keep a close eye on this so we do not let our standards slip!

16 June

Parents' Evening

Y7s have their first parents' evening next Thursday 16 June. You will have received a letter home with details on how to book appointments. You will also receive the end of year report next week ahead of the meeting. If you have any issues, please let us know.

Y8+Y9

Mr Ridley

As we approach the end of the school year, we must remember that this is

also one of the busiest half-terms in the school calendar, so our effort levels must be maintained.

The year 9 students begin their end of year examinations on Monday 20th and should be in the final preparation phase of their revision. Sports' day is upon us and a chance to celebrate our athletic endeavours within school and the friendly rivalry that takes place between the different houses. Our Basketballers, Netballers, Cricketers and Athletes are all still working hard in order to finish the season as best as they can, with our title of Borough Champions on the line at the Borough Sports event on 22 June.

Year 8 Parents' evening is on Tuesday 21 June 2022 from 4:30-7.30pm, please read through the instructions that were linked in the letter that was sent out recently in order to book your appointments.

Our Year 8 Enterprise students will be selling baked goods and raffle tickets all week, so Year 8 students should bring a small amount of change if they wish to buy anything next week.

I would remind students of our expectations on uniform at this time of year; blazers should still be worn unless the class teacher allows students to remove them, but it should be back on when moving between classrooms. Skirts should not be rolled up; they should reach to 2 inches above the knee and no higher. Students that fail to adhere to the uniform policy will be issued a detention.



Congratulations
to

Indie Keig-Pawooskar

Last month, **Indie** was awarded the Jack Petchey Outstanding Achievement Award for Piano by Olympian Donna Fraser OBE. Well done, Indie, on your gold medal.



Win Wimbledon Tickets

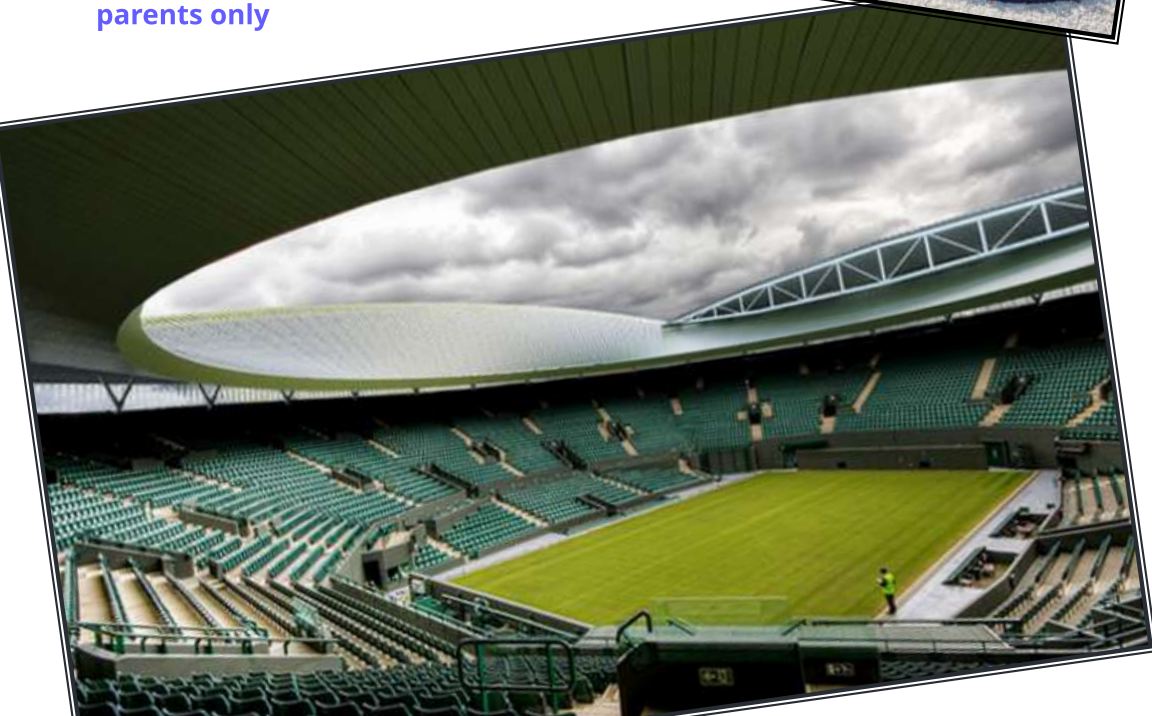


We have **two pairs** of Court One tickets for Tuesday 5 July at Wimbledon. With the option of putting the roof on, you are guaranteed an excellent day of play!

The tickets will be up for a silent auction - complete this Google [form](#) with your bid for one pair of tickets by Tuesday 14 June at 5pm. The two highest bids will each win a pair of tickets and winners will be notified on Wednesday 15 June.

The proceeds of the auction will go towards the PE Department. Please note, there is a reserve price of **£250** for each pair.

Bidding is open to Grey Court School parents only

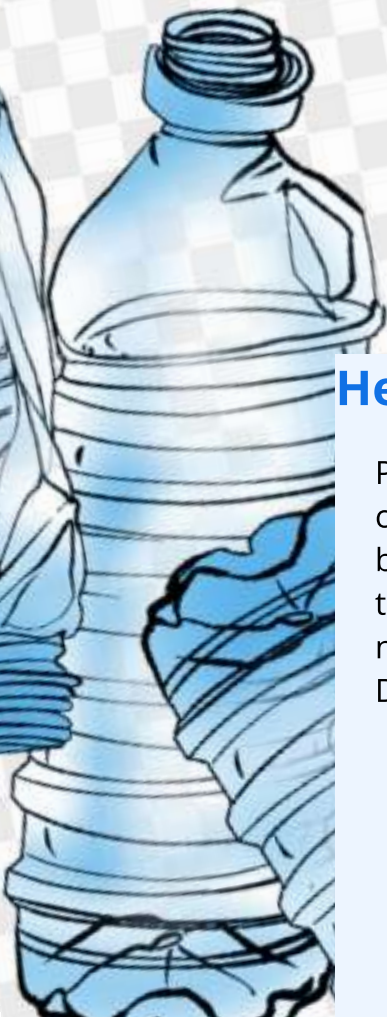


Urgent!

The deadline for payment, plus completion of the Google form, was Friday 27 May. As the timetable is suspended for 3 days, all students take part in the activities programme, so this must be done as a matter of urgency.

Activities per year group:

Year 7 Letter, Year 8 Letter, Year 9 Letter, Year 10 Letter



Help us survive!

Please could students and parents collect any clean, empty plastic bottle (preferably 2 litre) and bring them to Mr Ridley's office, as we need them for the Year 8 Survival Day.

Summer Activity Week



Science Technician Post

An exciting opportunity has arisen in the Science Faculty. We are on the lookout for a new Science Technician. There is an advert and application form available via the school website [here](#) for someone who has experience working in a scientific environment and wishes to pursue a career in this area. That said, we are also looking for someone who doesn't necessarily have the experience but is willing to learn, is a team player, and the school hours fit into their day. This perfectly describes Anne who joined us part time 'many moons ago' whilst her children were students at Grey Court - they have now flown the nest and she wishes to make the most of her new found freedom!

scientist

[sahy-uhn-tistl • noun

(n.) one who gets excited about things that no one else cares about.



If you are interested and would like to discuss the details, please get in touch with Amy Moran, Head of Science at amoran@greycourt.org.uk



Sunrise Walk 2022 @GreyCourtPE
Thank you very much for helping us
run the bake sale and raise £167 for
Shooting Star Children Hospices.

Nicholas and Thomas Pasenciu

 Runkeeper



20.11
km

3:20:20
time

9:58
pace

Food

& Nutrition

Healthy Eating Week

13 - 17 June 2022

The annual Healthy Eating Week will be held from 13 - 17 June, in association with the British Nutrition Foundation. The **BNF** sets a theme every year. This year the theme is 'How to eat well for you and the planet'.

Each day of the Week has a different theme

Focus on fibre - for meals and snacks

Get at least 5 A DAY - put plenty on your plate

Vary your protein - be more creative and choose plant based proteins more often

Stay hydrated - fill up from the tap

Reduce food waste - know your portions

Students are taught these in their Food and Nutrition lessons, but there will be certain tasks that they can complete throughout the week to really make them think about where their food comes from and the impact it has on the planet and their health.



Chefs of the Week

James Houlding (Year 7)

Maia Sehgal (Year 8)

John Guard (Year 8)



Food science was the theme in our department this week. Year 10s investigated the gluten content of different flours in preparation for their NEA1 Food Science Investigation coursework in September, year 9s investigated gelatinisation whilst making Sweet and Sour Chicken, year 8 looked at different raising agents in the making of cheese scones, and year 7 looked at enzymic browning in fruits.

Food Club

Food Club is back up and running in full flow, and we have our annual Bake Off competition coming up - watch this space for details!

GCSE Exams

We would like to congratulate all year 11 students on how well they have handled the exams to date - we know that this can be a very stressful experience.

Students don't have study leave as we believe it does not allow them to maximise their potential. Therefore, they should not leave the school campus at any point during the day. Please refrain from making requests for them to leave the site. We rewrite the entire timetable for year 11 students, so they each receive revision lessons from their teachers before each exam they face.

Please look out for Ms Weston's letter that outlines all the details for Record or Achievement Assembly, the Prom and leavers' hoodies.

Exams

Year 10 students will sit their end of year exams in the weeks of 20 and 27 June. We take these exams very seriously - they provide us with excellent information on each student, and allow us to start targeted interventions with students who need it most.

[This booklet](#) is an extremely important resource for students to engage with. It tells them exactly what they will be examined on and, therefore, what they need to focus their revision on. Please discuss this booklet at home and encourage them to engage in the revision techniques outlined within.

Year 10 End of Year



Grey Court School is pleased to announce

The GCSE Art and Design Exhibition 2022

The private view will take place on the 23rd June 2022 alongside the Record of Achievement ceremony. Refreshments and music will be in the Atrium Gallery from 4pm.



HAM fair

11 June



YOUNG PHOTOGRAPHERS' COMPETITION

This is an opportunity for local young people to demonstrate their creativity and their skill. We are looking for photos that are interesting and artistic.

Each can submit up to 3 photographs that they have taken in Ham or the surrounding area in 2022. These could be of the scenery, wildlife, buildings, pets, flowers, or anything else that makes an interesting picture. There is more to Ham than the swans!

Photographs can be in colour or black and white. They should be printed up to A4 side. Write your name, age and contact telephone number on the back of the photograph. Judging will take in to account the age of the photographer. Gold and Silver Awards (and prizes!) will be given to the photographs that most impress the judge.

Click [here](#) for more information

JUNIOR BAKE OFF

Bring your best bakes to Ham Fair by 12 noon to enter.

There are two competitions for children:

Children under 12: Four decorated fairy cakes with any style or flavours you want.

Children under 16: Any decorated sponge cake of your choice.

Every entry should have a card with your age, name and your parent's contact phone number.

All cakes need to look and taste great to win.



Wellbeing





Executive Function and Children With ADHD Seminar

Regular price: £5.00 (vat included)

WATCH NOW

The seminar will cover essential aspects and in-depth explanations of Executive Function, the brain's management system, including:

- What is executive function and what is its impact if you lack it?
- How do you assess if someone lacks executive function?
- Experiences of children with ADHD and executive function.
- What parents can do to support children with improving executive function?

About the speaker

Victoria Bagnall is an executive function specialist and coach, former teacher and co-founder of Connections in Mind.

Some people describe executive function as "the management system of the brain." That's because the skills involved let us set goals, plan, and get things done.

Heatham House and No Straight Answer present

OUT 'N' ABOUT

A Pride 2022 celebration

Friday 8 July, 2.30pm to 6.30pm

Heatham House Youth Centre, The Venue,
Whitton Road, Twickenham TW1 1BH



PRIDE

Come along and help us celebrate the diversity of the
LGBTQ+ community and commemorate
50 years since the first Pride took place in the UK

The event will host a range of fun and exciting
activities such as fair-ground rides, arts and crafts,
festival make-up, music and
much, much more!



This is a free event for
LGBTQ+ people
aged 11 to 19



**achieving
for children**

What Parents & Carers Need to Know about THE METAVERSE

AGE RATING

Varies per
metaverse
platform

'Metaverse' is a relatively new term to many, however the concept has been around for some time.

Videogames, for example, use many aspects of the metaverse; avatars, digital currency, mini-games, and open communication. A metaverse can also take many forms; Fortnite can be seen as a metaverse, as is Roblox. Put simply, a metaverse is an online environment where people interact, play games and express themselves. Away from traditional videogames, there are newer and more 'dedicated' metaverses such as Decentraland, The Sandbox and Somnium Space which are akin to Second Life.

WHAT ARE THE RISKS?

UNSAFE AREAS

Many metaverse platforms feature little to no moderation. This is due to the decentralised nature of the metaverse - as there is no one company overseeing the platform, users can create and build with freedom. This can be a minefield for younger users as adult material or sensitive topics can feature on a parcel of land seen by everyone.

VOICE COMMUNICATION

The freedom found within creation is also found in communication. Most metaverses use proximity VOIP communication (Voice Over Internet Protocol) and users can approach any other user to start a conversation. It is necessary for avatars to be quite close to another in order to talk and once they are, anything can be said. While a chat box can be moderated, voice chat cannot.

ANONYMITY

As with almost every other form of online interactions, anonymity features heavily within the metaverse. The concept for the metaverse is to live any type of life digitally. This could mean that 'bad actors' (those with malicious intent) can take advantage of others with ease. Reporting and monitoring these users is becoming easier on the more popular platforms, but others struggle to police these situations.

VIRTUAL REALITY

Not all metaverse platforms are VR enabled, in fact less than 10% feature VR interactivity. However, it's always worth monitoring the amount of time younger users spend in virtual reality. A VR metaverse differs greatly to VR gaming in user interaction. Approaching each other in a VR metaverse attempts to represent 'reality' and can result in a greater impact if experiences are negative.

PSYCHOLOGICAL IMPACT

Whether in virtual reality or not, interactions and experiences in the metaverse can often carry more weight because they mimic 'real life'. Oftentimes, due to the freedom in avatar creation, younger users may open themselves up to bullying, prejudice or an unrealistic idea of reality. For instance, female-orientated avatars may find themselves targeted by bullies or inappropriate users.

Advice for Parents & Carers

TRY IT OUT FIRST

This may sound like an obvious tip, but by entering the metaverse and exploring on your own, you'll be able to see what your child might. You can explore the busier areas and even the quiet sections to see what users are building or advertising. You'll also learn first-hand how users communicate with each other. Many metaverse platforms will feature an entry area which showcases the busiest areas. Check them all out and see what's happening.

CREATE AN AVATAR TOGETHER

If you decide on allowing your child into the metaverse, set up their initial avatar together. This way you can ensure the avatar is age-appropriate and keeps their identity private. You can also advise on aspects which may result in attracting bullies or unwanted attention. It will also allow you to see which avatar items cost money, and talk to your child about in-game spending.

LEARN ABOUT NFTS, WALLETS AND CRYPTO

With the metaverse comes Web3 technologies such as NFTs, cryptocurrency and wallets in which to store them. If you have a crypto wallet, do not connect it to your child's metaverse. One simple click could result in loss of cryptocurrency. If you are unsure what these technologies are, try to research them as these terms will appear in the metaverse.

START WITH THE FAMILIAR

There are already metaverse experiences with children in mind; explain to your child what a metaverse is and have them recognise similarities between those and games like Roblox, Fortnite and Minecraft. Unfortunately, there is no 'child safe' metaverse option as yet, though Epic Games and LEGO are currently developing a family safe metaverse.

Meet Our Expert

Daniel Upscombe is a father to two girls, aged 14 and 12. Before Dan began his Web3 metaverse journey, he worked as a videogame journalist and author for a decade; reviewing games, talking to creators and writing about videogame trends. Dan has also written fifteen guide books about Fortnite, Minecraft, Roblox, Apex Legends and Valorant for HarperCollins and Bonnier Books.



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#WakeUpWednesday

What Parents & Carers Need to Know about CROSS-PLATFORM SHARING OF INAPPROPRIATE CONTENT

WHAT ARE THE RISKS?

Creepy characters like Slender Man or Huggy Wuggy. Dangerous online challenges. Songs or videos that aren't suitable for youngsters. When things like these begin trending online, it can be difficult to prevent children accidentally stumbling across them – especially if they use a range of platforms, like online games, social media, streaming sites or messaging apps. A trend can originate in one online space and rapidly spread to other platforms or via chat apps. The frightening Huggy Wuggy character, for instance, first emerged as part of a game on Steam; now there are parody songs on TikTok, videos on YouTube and more than 45,000 results for #huggywuggy on Instagram.

UNSUITABLE VIDEOS AND IMAGES

Anyone can upload footage to a video-sharing platform, which has resulted in clips that appear age-appropriate but actually aren't so innocent. The audience for Peppa Pig, for instance, is very young – but there have been reports of Peppa cartoons with extreme violence spliced into them. Likewise, footage of the razor-toothed game character Huggy Wuggy has been inserted into numerous child-friendly videos (even on YouTube Kids), scaring many young viewers.

INAPPROPRIATE LANGUAGE

On a similar theme, there is always the possibility that user-uploaded video content could include language which really isn't suitable for children. The on-screen imagery may look child friendly, but if your child is wearing headphones, then you'll remain unaware of what is being said: some videos have featured songs containing explicit language or characters graphically describing violence.

COPIES OF LIVE STREAMS

Social media and messaging apps can inadvertently spread extremely harmful content very quickly. Footage of violent attacks (such as the recent Buffalo supermarket shootings) can often be viewed on multiple platforms as people start to share the video. Moderators try to react swiftly to remove upsetting content, but the rate at which it goes viral makes it difficult to prevent the spread completely.

ACCIDENTAL EXPOSURE

Even if your child doesn't have access to social media platforms or video-streaming platforms (where the majority of issues arise), they might still use messaging apps to communicate with family and friends. There is always going to be a risk, therefore, of them seeing something which isn't child friendly: either shared by one of their peers or sent accidentally by a relative.

Advice for Parents & Carers

USE SAFETY FEATURES

Enable safety settings like Google SafeSearch and the optional restrictions on video-sharing platforms like YouTube. Whenever possible, stick to YouTube Kids for young children, as the software will help to filter out unsuitable content. Remember that filters aren't always enough to block all inappropriate material – especially when child-friendly videos have been edited maliciously.

LESS IS BEST

Manage the number of online platforms your child has access to, based on their age and maturity. Just because their friends use a certain game or app, it doesn't mean your child must have it too. Follow the age guidelines for games and apps, and check regularly that privacy settings are in place.

KEEP IT COMMUNAL

Encourage your child to stay in a communal family space when they're watching videos or playing online games on their devices – without headphones, if possible. This will make it far easier for you to keep one eye (and ear) on what they are seeing and hearing while they're online.

AVOID FAN-MADE CONTENT

If your child watches cartoons and shows on YouTube, spend time with them making a playlist of videos that you're comfortable with them watching. Always source videos from official channels, as opposed to fan-made content: you can never be completely confident about material that another user has created or uploaded.

REACT CALMLY

If you hear or see anything unsuitable on your child's device, calmly ask them to turn off the game or video in question. Explain that they haven't done anything wrong, but that you didn't like what you saw or heard and you would much rather they watched or played something else instead.

SUPPORT AND REASSURE

Remind your child regularly that anyone can post anything online – and that not everything online is real. If your child is sent something that scares or worries them, ask them to show you. Watch it alone (to avoid unnerving them further), then praise them for coming to you and talk about what upset them. Recommend a break from their device to do something which helps them feel calm and happy.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at CyberAware, who has developed anti-bullying and cyber-safety workshops and policies for schools in Australia and the UK. She has written various academic papers and carried out research for the Australian government, comparing the Internet use and sexting behaviours of young people in the UK, USA and Australia.



Source: <https://www.scoop.international.com/news/peppa-pig-creator-issues-warning-over-violence-in-video>

What Parents & Carers Need to Know about **DISCORD**

Discord is a free app which allows users to communicate in real time via text, video or voice chat. Available on desktop and mobile devices, it was originally designed to help gamers cooperate – but has evolved into a more general networking platform for a range of online communities, discussing topics like TV series, music, Web3 and more. Discord is organised around closed groups, referred to as ‘servers’. To join a server, users must be invited or provided with a unique link. It’s a space for users to interact with friends, meet others with shared interests and collaborate privately online – but it’s also a place where young people can be exposed to risks if the right precautions aren’t taken.

WHAT ARE THE RISKS?

CYBERBULLYING

Discord's easy accessibility and connectivity, unfortunately, makes it an ideal place for cyberbullying to occur — especially as audio and video streams disappear once they've ended, meaning that bullying could take place without leaving any evidence. Closed groups can also be created, giving young people the opportunity to exclude their peers or send cruel messages without adult oversight.

DIFFICULT TO MODERATE

Like many private communication apps, Discord's real-time messaging can be difficult to control. The system enables content moderation through each individual server – so different groups can set their own rules for what's acceptable, and some groups may not monitor for unsuitable content. Anything that happens in an audio or video stream is also virtually untraceable once the stream has concluded.

INAPPROPRIATE CONTENT

Discord mainly hosts private groups, making it easier for unsuitable or explicit content to be shared on channels. Pornography, racism and inappropriate language can be found in some groups. Server owners are required to add an age-restriction gate to channels where 18+ content is being shared – but this solution isn't foolproof, as the platform doesn't always verify users' ages when they sign up.

ACCESSIBLE TO PREDATORS

On many chat platforms, users can lie about their age or true identity – and Discord is no exception. Predators have attempted to abuse the platform by using it to contact and communicate with underage users – by initially chatting with a child on an age-appropriate channel, for example. While Discord has improved its safety settings, some users will still try to bypass them for malicious reasons.

CRIMINAL ACTIVITY

Discord does have strict Terms of Service and Community Guidelines to protect users – but sadly, not everyone adheres to them. Criminal activity including grooming, hate speech, harassment, exploitative content, doxing and extremist or violent material have all been found on Discord servers over the last two years. In 2020, Discord received almost 27,000 reports of illegal activity on the platform.

Advice for Parents & Carers

REVIEW SAFETY SETTINGS

Discord has a series of safety settings, enabling users to choose who can direct message them or send them friend requests. Your child's experience on Discord will be much safer if the app's privacy and safety settings are configured to only allow messages or friend requests from server members. This will minimise the chances of potential predators from outside the group contacting them.

EXPLAIN AGE FILTERING

While Discord requires users to be at least 13 to sign up, many servers geared towards older users are flagged as NSFW (not safe for work), which indicates they probably contain material that's inappropriate for children. It can be easy to click through settings without properly reviewing them, so ensure your child understands why age filtering is important and that it's there to protect them.

SCREEN OUT EXPLICIT CONTENT

In the privacy and safety settings, Discord users are offered the ability to filter direct messages for inappropriate content; a setting that should be enabled if your child uses the platform. Discord automatically tries to flag images that are explicit, but the setting must be manually enabled for text. If a young user is sent explicit content in a direct message, Discord will scan and (if necessary) delete it.

MONITOR ONLINE ACTIVITY

It's wise to regularly review your child's activity on Discord. This can include checking their safety settings to ensure they're correctly enabled, talking about which servers they've joined and reviewing some of their friends and direct messages. Ask if anything has made them feel uncomfortable or unsafe. Things can change quickly online, so plan routine check-ins and follow up frequently.

DISCUSS GOOD ONLINE BEHAVIOUR

The anonymity offered by the internet often leads people to communicate more openly online and behave differently than they would at school or home. It's crucial to bear in mind, though, that every internet user is still a real person. Talk to your child about the severe and lasting consequences that cyberbullying or exchanging inappropriate material online can have in the real world.

HAVE CANDID CONVERSATIONS

It can sometimes be awkward to discuss topics like grooming, pornography, racism or explicit content with your child – but it's important to ensure they're aware of the harms these things can pose. Talking openly about these subjects is a great way to help your child feel more comfortable about coming to you if they experience an unwanted encounter on Discord (or anywhere else online).

Meet Our Expert

Coral Cripps is a Canadian-born, London-based tech journalist at gmrw3.com: a website specialising in all things Web3, gaming and XR (extended reality). With a focus on brands and culture, she researches and writes about the ways that our current innovations — including the metaverse and Web3 — are impacting people, places and things.



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Sixth Form News

Wellbeing Trip to Kew Gardens

The 'Mind' enrichment sessions culminated in a trip to Kew Gardens where students were expertly guided by Kew Gardens staff on an hour's walk and talk on some of the Gardens' highlights. Among other things we learnt about: the medicinal properties of lime; the inspiration for the whomping willow in the Harry Potter movies and the etymology of the name 'Kew Gardens' (more surprising than you might think!) The weather was kind and we got to experience the well-being properties of time spent in nature - smelling the flowers, listening to the birds and admiring the views. Many students were so inspired by the visit that they have expressed interest in volunteering at Kew in the future or taking advantage of the new young persons' membership option - which at £32 a year seems like excellent value for money. Follow this link for more information on the opportunities available for students

<https://www.kew.org/learning/community-and-access/youth-programmes>

We were lucky enough to have our Jack Petchey award-winning photographer, Holly-Anne Sheehan-Lambert, with us. Holly-Anne took these fantastic photos (below and on the page above) .



Collegium

you said, we did...

The Sixth Form staff met with a group of year 12 students to discuss feedback from their recent Collegium meeting. It was lovely to get to spend some time with them and has definitely opened up lots of opportunities for further collaboration. Some of the issues that we discussed were:

- *Sixth form wellbeing: students were concerned that some of them feel that they are heading towards burnout because of the amount of work that is required for KS5 study.*

We said: The move to year 12 is the biggest 'jump' that students will make in their academic career (far harder than the transition between Sixth Form and University) so it is understandable that there is a big adjustment period and students may feel overwhelmed. Don't forget that there is a team here to support you, including your tutors, heads of year, student support officer and head of Sixth Form. Your teachers are also more than happy to have conversations if you are feeling overwhelmed - remember, they don't know when all the deadlines are for other subjects, but if you tell them then they can support you. If there are any students who are feeling like their levels of burnout/stress need more than that then remember that we have a counsellor on site every Wednesday.

- *The students thought it was important that there is an introduction for external students to get to know teachers and the wellbeing team when they start.*

We did. The plans for the induction day are well underway and it would be great to have the input of current students (both internal and external). The collegium students have been asked to go and have a think about what they think would work best. Currently it seems that the consensus is to keep internal and external students together for induction day but to have a group of year 13 students to meet with them all at the beginning of the year so they can answer any questions and alleviate any worries.

- *Students asked about making more space in the sixth form to relax and have fun.*

We said: We think that it's really important for there to be a mix of work and play in the Sixth Form, however, we have worked hard to cultivate a Sixth Form environment that facilitates study. In part, this is due to the open plan nature of the building which means that relaxing and having fun creates a lot of noise, but also we want students to have a separation between work and play so they are able to leave work behind at the end of the day in order to avoid burnout. There are a number of events that are specifically designed to facilitate wellbeing and relaxation (for example the Kew Garden trip) but also we love that year 13 are opting to use the building as a study space despite being on study leave. Mrs McNicol has also highlighted that Ham Youth Club would love to work with the students and so we have asked the students to think about how they could work with the Youth Club to provide a convenient space for fun and relaxation.

- *We want to be involved in sports day!*

We did: See Mr Taylor's post below about the Sixth Form sports day next week!



Due to overwhelming popular demand there will be an inter house sports day taking place on Wednesday the 15th during enrichment. Pupils are encouraged to dress in their house colours and come together in the spirit of healthy competition! The points won will go towards the whole school house points totals. Well done to the newly elected house captains Beau Jackson, Sami Doyle, Zak Sharif and Thomas Hardman who will take a leading role in the organising and running of sports day.

Pupils will take part in classic events including:

Egg and spoon race
Sack race
Three legged race
Obstacle course



As well as indoor events in the form of:

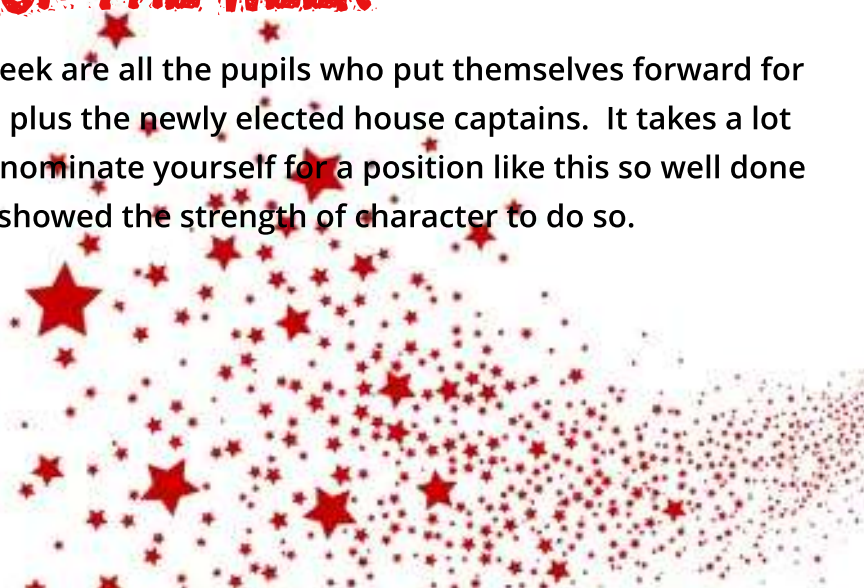
Fifa 22 tournament
Chess competition
Speed knitting



Pupils should arrive ready for an exciting afternoon to give some much needed downtime from their end of year exam preparations.

STARS OF THE WEEK

Stars of the week are all the pupils who put themselves forward for a prefect role, plus the newly elected house captains. It takes a lot of courage to nominate yourself for a position like this so well done to those who showed the strength of character to do so.



X STUDENT ELECTIONS



Nominations are now closed and soon voting can begin for next year's prefect team. Students and teachers will vote for the two senior prefect roles on Thursday 16 June. Well done to the candidates for the high quality videos they have sent in. Videos will be played during tutor time over the next week and candidates will be able to visit form groups to canvass for support.

Alongside the head prefect roles several other prefect roles will be filled, this will be through an interview process after the head prefect elections are finalised.

Work Experience Update

Our students have found some amazing placements and I am really proud of their efforts. We still have some students who haven't submitted their form, please email this by Monday 13 June to Miss Corrighan (bcorrighan@greycourt.org.uk)

Students will have a briefing for work experience on Wednesday 22 June during enrichment. All students should attend. This is to ensure students are fully-prepared for their week at work and understand the arrangements as staff will be doing visits and calls that week to check in on the progress. We hope this will be a really important week for our students to develop their skills and confidence.

Opportunities Bulletin

Weekly careers, university, work experience, apprenticeships (you name it!)

[06/06/2022 Careers opportunities](#)

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the personal statement

Students have started the process of writing their personal statement and the expectation is that all students will complete year 12 with a solid draft and have this uploaded into their UCAS Form. While we are aware that they may not be sure about what they want to study or even if they want to go to university, all students will need some form of personal statement to move on to post 18 study/work. Additionally, as the personal statement is used to support staff when they are writing references it is essential that all students are engaging with this process.

All year 12s have registered with UCAS and should have entered their basic details into the form: Personal Details, Contact and Residency, Nationality, Supporting Information, English Language Skills, Finance and Funding, Diversity and Inclusion, More about You, Education, Employment, Extra Activities. Here is a link to instructions for [Filling in a UCAS Form](#).

Any student who is unsure about whether they want to apply to uni or unsure of what they want to study should make an appointment with Ms McNicol who can talk them through their options.



Guiding you to your future, one tweet at a time...

Government/UCAS Course Search

Information on Applying to University

[Discover Uni](#) is the UK-wide official information, advice and guidance resource on higher education across the UK – designed to help applicants to make the best choices for them. It's a one-stop-shop, containing the latest student data with tools and resources to help students research and apply to university or college. With Discover Uni students can:

[Search and compare courses](#)

What subject? Full-time or part-time? Where should I go? How is the course taught? The amount of information out there can be overwhelming – Discover Uni brings it all together in concise and easy to use pages.

Students want to know how uni will set them up for their life and careers. To help answer these big questions, Discover Uni has the latest data on graduate salaries, what jobs graduates go on to do, and what students think of their courses.

[Find out how to apply](#)

Downloadable resources provide key information on the application cycle including information about clearing.

[Learn about student finance](#)

All students need to understand how their courses are paid for. Discover Uni has all the key information on how university or college are funded across the UK

[Watch student stories](#)

Discover Uni has a range of stories from current university and college students, including apprentices, and mature and current university students, giving prospective students an understanding of what uni or college is really like.

Discover Uni

Oxbridge EPQ

Ms Fincham's Update

EPQ

A reminder that your application has to be in for the **13 June**. Our planning afternoons for EPQ are **Monday 13** and **Tuesday 14 June**. These are very important sessions for developing your project and creating an action plan and a summer research plan.

Oxbridge

Draft personal statements were due in on Monday 6th June and students are currently receiving feedback so they can produce an improved version prior to working on the finer details during Activity week. Please check the classroom for more opportunities to be involved in Oxbridge preparation supported by: King's Wimbledon, St Paul's and Homerton College Cambridge. The letter that was sent home prior to the half term outlines all the expectations and requirements of the application process.

**Oxbridge
EPQ**



GREY COURT SIXTH FORM IS
PLEASED TO ANNOUNCE

The KS5 Visual and Performing Arts Exhibition 2022

JOIN US FOR THE PRIVATE VIEW BETWEEN 5 AND 7PM ON
WEDNESDAY 15TH JUNE IN GREY COURT SIXTH FORM FOR
MUSIC, REFRESHMENTS AND A CELEBRATION OF THE
ACHIEVEMENTS OF THE ART, DRAMA, MEDIA, MUSIC
TECHNOLOGY AND PHOTOGRAPHY CLASSES OF 2022.



SPORTS

News





Well done to our year 7 cricket teams on their performance against [@tiffingirls_pe](#) on Wednesday. Unfortunately we had 2 losses but lots to build on going forward



Well done to our U13 girls basketball team who won their [@jrnba](#) semi final against [@COLA_Trust](#) on the 27 May. We can't wait for the finals! Watch this space.

Sports' Scholar of the Month

April/May 2022



Thomas Barry has had a brilliant term in both his athletics and cricket. His winter net sessions with Mr Willmore are paying off and has been the pick of the bowlers in recent fixtures, bowling consistently well and picking up several wickets along the way. Thomas also competed in the 1500m at Lee Valley and ran a very good time of 5.27. His excellent attendance to cricket training and additional running sessions are an example to everyone, proving that 'practice makes progress'. Thomas will certainly be going into the 1500m race on Sports' Day as one to watch out for...

Well done so far and we look forward to seeing what else you achieve this summer!

Sports' Player of the Month

April/May 2022



Frankie Anderson has trained superbly since the beginning of the athletics season and rightly deserves this award. He has been putting in extra training with our discus coach and his desire to improve is brilliant to see. Frankie performed brilliantly at the first round of the ESAA Track and Field Cup where he achieved PBs in the discus and 200m. He threw 29.34m in the discus and ran 24.1s in the 200m. Frankie achieved 43 points on his own for the team which was a great achievement. His targets for the next round are to throw 32m in the discus and run 24 seconds.

Well done, Frankie!

the BOYS

Sports' Team of the Month

April/May 2022



It has been a superb month for the junior and inter boys' athletics teams. Both dominated the preliminary round of ESAA at Lee Valley earlier this month and have qualified for regionals next month. For the junior boys, they finished a huge 64 points ahead of second place. This was helped by stand out performances from a number of athletes over both the track and field. Rory MacGregor front ran a highly impressive 2.17 in the 800m, coupled with a jump of 4.39 in the long jump. Chris Cato launched a 29.75 metres in the javelin to add to a 27.9 second 200m.

The inter boys were equally impressive, finishing 66 points ahead of Harrodian School in 2nd place. There were a large number of 1st place finishes and PB's, which is a great place to be in at this early stage of the season. Particular noteworthy performances included Max Wyett's 11.6 seconds in the 100m, Frankie Anderson's 24.1 seconds in the 200m and Luca Leutchen's 4.38 in the 1500m. On the field, there were fine performances all round, including a clearance of 1.62m from Theo Povey in the high jump.

**the
BOYS**

Sports' Scholar of the Month

April/May 2022

It has been a fantastic month for **Odile Furminieux** who has competed for the Grey Court athletics team in both the 200m and the long jump. She has been a key figure in the Junior Girls athletics team, not only with her own performances, but also inspiring her team mates to strive for their best performances. So far this season Odile has run a PB of 29.2 seconds over the 200m and jumped 4 meters 10 in the long jump. Most recently, Odile was part of the winning junior girls' team that dominated the preliminary round of the English Schools. They have now booked their place at regionals next month and Odile will be leading a very strong team hoping to qualify for Nationals. Odile always arrives to training sessions ready and motivated to perform. It is this attitude that has led to her having so much success and we look forward to seeing her progress even further this summer.



**THE
GIRLS**

Sports' Player of the Month

April/May 2022



Bade Isik is an excellent basketball player. She is extremely dedicated and trains 3 times a week with Richmond Knights (a total of 5 ½ hours) plus an additional 1 to 1 session on Fridays (1 hour). Bade currently plays for the U13 and U14 Grey Court team and for Knights U14 and U16s. Her U14 team reached the National final four competition in Manchester on April 30th and 1st May, a high achievement reflecting on their hard work all season in the league.

Bade was selected to attend the U14 England talent programme in April (alongside Neve Rugette, previous Player of the Month for September of this year). Bade excelled at the trials and was picked for the England U14 basketball squad. Her next goal is to represent England at U15 and her aspirations are to play professional basketball at the highest level. Well done Bade!

**THE
GIRLS**

Sports' Team of the Month

April/May 2022



It has been a fantastic month for the Junior Girls Athletics team as they convincingly won their ESAA preliminary round by a huge 37 points at Lee Valley. There were notable performances from many of the girls over both the track and field. This included Julia Allen clearing 1.28m in the high jump, Betsy Ireland throwing 21.80 metres in the javelin and Odile Furminieux jumping 3.92m in the long jump. On the track there were also impressive performances from Paris Maciver in the 100m, Lily Burnett over the hurdles and Bade Isik in the 200m. With other girls still to be added to strengthen the team, the girls will continue to work hard in training ahead of regionals next month.

**THE
GIRLS**

**THE
GIRLS**

Sports' Scholar of the Month

March 2022



Sophie James has represented Grey Court across a range of sports this year. She is proving to be a fantastic all-round athlete, representing the school most recently in both football and netball. She has been part of a dominant U12 football team, bolstering a resilient defence that have successfully made their way to the Finals of the Town Cup Vs Surbiton High. Sophie's netball has gone from strength to strength and she has performed very well in recent fixtures, against some tough opponents. Sophie is a superb team player, always listening well during training sessions. She is a competent learner, and is able to successfully transfer isolated skill development during training sessions, into match play in competitions. We look forward to seeing Sophie progress even further into the summer term and the athletics season.

**THE
GIRLS**

Sports' Team of the Month

March 2022



The U16 Girls' Basketball Squad have not lost a game all season, convincingly winning the Surrey Basketball Tournament, the Richmond Borough League and the Richmond Borough Tournament. This meant that they qualified for the London Youth Games, a play off league against other Borough Champions in London. The girls represented Richmond in style, convincingly beating Ursuline High School (Merton) Harris Crystal Palace (Greenwich) and Heston Community School (Hounslow) to reach the final day of competition in East London. Their semi-final match was against Edmonton County (Enfield) who they beat 45-36 to make the championship play off. Here they faced Clapton Girls Academy (Hackney). The squad played some of their best basketball all season with goals scored evenly shared between all players on court, accounting for everyone's skills and making it a full team effort in every quarter. The Final score was 45-12 to Grey Court and the exhausted squad were ecstatic and relieved when the final whistle went and they were crowned London Youth Games CHAMPIONS!! On top of this result, the team were honoured to be given a special 'Respect the Games' award for "good sportsmanship behaviour and all-round great play", voted by other teams at the finals. Well done to all who represented the squad this season, training hard in their Basketball Academy Strength and Conditioning Sessions, fitness sessions and training sessions. A fantastic end to the season!



GIRLS' TEAM TRYOUTS

CVL+NL

2022/23

Join the Spartans 'All Girls' Family!

SCHOOL YEARS 4-11

Saturday 11th June - 2pm at Tiffin Boys' School

Sunday 12th June - 9am at Tiffin Boys' School

Thursday 16th June - 6pm at Tiffin Boys' School

REGISTER ONLINE TO ATTEND

www.spartansbasketballacademy.com/book-now

BOOK NOW!





CVL + NL TEAM TRYOUTS

2022/23

U10s

Sat 11th June - 3pm
Tiffin Boys'

Thurs 16th June - 5pm
Tiffin Boys'

U12s

Weds 8th June - 5pm
Tiffin Boys'

Tues 14th June - 6pm
Tiffin Boys'

U14s

Tues 7th June - 6pm
Tiffin Boys'

Weds 15th June - 6pm
Tiffin Boys'

U16s

Weds 15th June - 5pm
Tiffin Boys'

Fri 17th June - 6pm
The German School

GIRLS

U12s - U16s
Sat 11th June - 2pm
Tiffin Boys'

Sun 12th June - 9am
Tiffin Boys'

Thurs 16th June - 6pm
Tiffin Boys'

U18s

Fri 10th June - 6pm
The German School

Sat 11th June - 10am
Tiffin Boys'

www.spartansbasketballacademy.com/book-now

Tiffin Boys' School - KT26RL The German School - TW107AH





SPARTANS SESSIONS

We have sessions for all abilities - beginners welcome!

SUMMER 2022

BOOK A
SESSION
NOW!

MONDAYS

The Rainbow Leisure Centre, Epsom

4pm - School Years 5-7 - Open

5pm - School Years 7-11 - Open

TUESDAYS

Tiffin Boys' School, Kingston

5pm - School Years 4-11 - 'Girls Only' Open

6pm - School Years 9-10 - Open

WEDNESDAYS

Tiffin Boys' School, Kingston

5pm - School Years 6-8 - Open

FRIDAYS

The German School, Richmond

6pm - School Years 6-11 - Strength + Cond

SATURDAYS

Tiffin Boys' School, Kingston

8am - School Years 4-7 - Open

9am - School Years 8-11 - Open

10am - School Years 11-13 - Open

2pm - School Years 1-3 - Open

3pm - School Years 4-6 - Open

SUNDAYS

Tiffin Boys' School, Kingston

9am - School Years 7-11 - Open

10am - School Years 1-3 - Open

10am - School Years 5-11 - 'Girls Only' Open

11am - School Years 4-6 - Open

Get involved - www.spartansbasketballacademy.com/book-now

The Leading Basketball Academy for boys and girls in Kingston and Epsom -
delivering OUTSTANDING Coaching for the local community since 2016!



Book of the Week

From Onjali Q. Rauf, the award-winning and best-selling author of *The Boy at the Back of the Class*, comes an incredible story about missing histories and the concept of a universal family, told with humour and heart.

Leo and his best friend Sangeeta are the odd ones out in their school. But as Leo's dad is always telling him, it's because they're special. Only thing is, if they're so special, how come they never see anyone who looks like them in their school history books?

Then, on a class trip to a nearby cathedral, Leo's attention is drawn to a large marble slab high above the doors of the hall. Right there, bang in the middle of a list of war heroes, Leo finds himself staring at something incredible: his own name.

Desperate to know who this other Leo was, the two friends embark on a search. And together, they begin to uncover missing stories from the past, ones which they are determined to put back into their rightful place in the pages of history.

Touching on themes of historical racism, *The Lion Above the Door* shines a light on the stories our history books have yet to contain and the power of friendships that can last through generations.

Onjali Q Rauf is the founder of Making Herstory, an organisation mobilising men, women and children from all walks of life to tackle the abuse and trafficking of women and girls in the UK and beyond. In her spare time, she delivers emergency aid convoys for refugee families surviving in Calais and Dunkirk, and supports interfaith projects. She specialised in Women's Studies at the University of Wales, Aberystwyth and Oxford University.



AR Stars of the Week

Accelerated Reader Stars are chosen because they have excelled at Accelerated Reader, whether it is because they have passed a lot of quizzes, earning lots of points whilst maintaining a high average pass percentage. These particular students should be praised and rewarded.

7 Ash

Gustav Alpsten
Emilia Ciasnocha
Franciszek Ciasnocha
Tabitha Lloyd
Charlie Page
Leo Senanayake
Frederick Weatherhead-Pusey

7 Beech

Jenin Abo Zeinah
Tillie Enright
Fereshta Najib

7 Cedar

Isla Reindorp
Harriet Warbrick

7 Elm

Jessica Collins
James Houlding
Moujan Rezaei

7 Oak

Nina Hrcakova
Jenna Stonebridge
Samson Wallis
Kiara Wolf Calleja

7 Willow

Fouad Hamdi
Charlie Morgan
Lyra Wade
Oliver Grad

8aC

Zain Bin-Goulding

8aL

Charlotte Alexandre
Eshwa Haidrani
Cass Lam
Matilda Scrivener
Anna Wild

8aV

Diyana Ansari
Aleeza Bilal
Eva Logan-Willson

8aX

Deborah Kuti
Danilo Pajovic

8bV

James Glanville
Jacob Heller
Martha Huddart
Florence Lavercombe