

eBulletin

Friday 1 July 2022

WITH 2



Contents

3	Key Dates
4	Staff doing it for themselves... and others
6	The Notice Board School calendar Events 2022 GCSE, GCE & BTEC Summer Exam Timetable Extracurricular Club Timetable Summer Sports' Timetable The School Menu PA Appeal: GoFundMe: Digital Screens for Science
7	KS3 News
8	Ham Fair Art Competition Y7 Artwork
12	Year 7 + Year 8 Parents' Drinks Evening
13	Year 7 Careers' Competition
14	PDW
15	Summer Activity Week Please note the final details in the link provided
19	GCSE Art Exhibition
23	KS4 News Year 11 Prom
27	Refugee Week by Mr Clements
28	Jack Petchey Achievement Award Winners featuring Ewan Board
33	Wellbeing
38	Sixth Form News
41	Careers' Update
42	Sports' News
49	Flyers

Key Dates for your Diary

July		
Monday 4 July	Queen's Platinum Jubilee School Public Holiday	No School
Wednesday 6 July	Year 6 Parents' Information Evening	5:30pm to 7:30pm
Wednesday 6 July	Sports' Celebration Dinner	The German School 6pm to 10:15pm
Thursday 14 July	School Production: Legally Blonde	6:30pm
Friday 15 July	School Production: Legally Blonde	6:30pm
Tuesday 19 July	School closes: Summer holidays	12:00pm
August		
Thursday 18 August	A Level Results' Day	
Thursday 25 August	GCSE Results & Sixth Form Enrolment	Internal applicants
Friday 26 August	Sixth Form Enrolment	External applicants
September		
Tuesday 6 September	Term starts for Year 7 and Year 12	10:30am
Wednesday 7 September	Term starts for all (except Year 13)	08:25am
Thursday 8 September	Term starts for Year 13	
Friday 16 September	Band Night & Disco	6pm to 10pm

Staff doing it for Themselves... and Others



Matheus Cantuario Da Silva (second from the right)

Watch the action!



The fight was taken at one week notice for a semi-professional bout. Mattheus had to lose 8kg within that time to make weight, so he had a very tough 5 days leading up to the fight. The bout was a majority decision draw. Mattheus decided to take the fight at such short notice because he wanted to inspire others to take risks, and show that you can do anything if you put your mind to it. At Grey Court School, he uses boxing to help students find a positive outlet and make new friends whilst learning a new skill. He also holds a boxercise session for staff once a week. Feedback is that the session is a great workout, and staff feel energised afterwards.



Above: **Faraz Khan** (Physics teacher) can be seen using Grey Court Drama studio for the team's rehearsals last week. The routines were key to the team's success at the UK Bboy Championships World Finals. They won and are now World Champions of the UK's most prestigious international Breaking event.

Watch the action!



Above: **Faraz Khan** (standing on the right) and the team. Photo taken after they had won.

Congratulations!

School Calendar

21-22 Term dates

22-23 Term dates

23-24 Term dates

Events

2022 GCSE, GCE & BTEC Summer Exam Timetable

EXTRACURRICULAR CLUB TIMETABLE

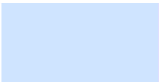
Summer Sports' Timetable

The School Menu

Breakfast Club

Daily from 7:45am to 8:15am

THE NOTICE BOARD

PA 
Appeal 
GoFundMe

Digital Screens
for Science 

CLEAR YOUR CUPBOARD...

If you have **any Grey Court uniform** that your child no longer needs, please consider donating it to **The Uniform Shop**. Contact Ms Niss (sniss@greycourt.org.uk)

Year 7

Mr Day

Another fantastic week for our Y7s. We have been lucky enough over the last few months to use the field at lunch times for football and other activities. It has been great to see all the students playing together. The football has been hotly contested - and there seems to have been some adaptations of the rules from regular football (!!). However, at the same time students have played in good spirits and inclusively - making sure everyone is getting involved.

We are looking ahead to the last few weeks of term, which goes very fast! Rehearsals for *Legally Blonde*, the school production, are ramping up, and I am pleased to see so many students from Y7 involved - whether it be on stage or set production / lighting. We have our activity days to look forward to as well as our final Y7 celebration assembly.

It is at this time of year we begin to look to our next crop of Y7s. This week, already we have hosted a Welcome Event (for students coming from a school on their own), VPA scholarship afternoon and the SEN tea party. Y7 students have helped out at all of them and I have been very impressed by their maturity and behaviour throughout. Next Wednesday, we welcome 250 Y6 students ready for next year. It only seems like yesterday that our current Y7 started - times flies!

Year 8 + 9

Mr Ridley

We continue to see problems concerning online behaviour creeping into school life. Inappropriate content sharing, cyberbullying and abuse are a national issue for our young people and although the age for most of the social media apps is 13+, this is due to data collection laws, rather than if they are mature enough to use the app.

Thinkuknow.co.uk has a handy quick guide to **social media** and how we can support our young people navigate their way safely through the social media minefield.

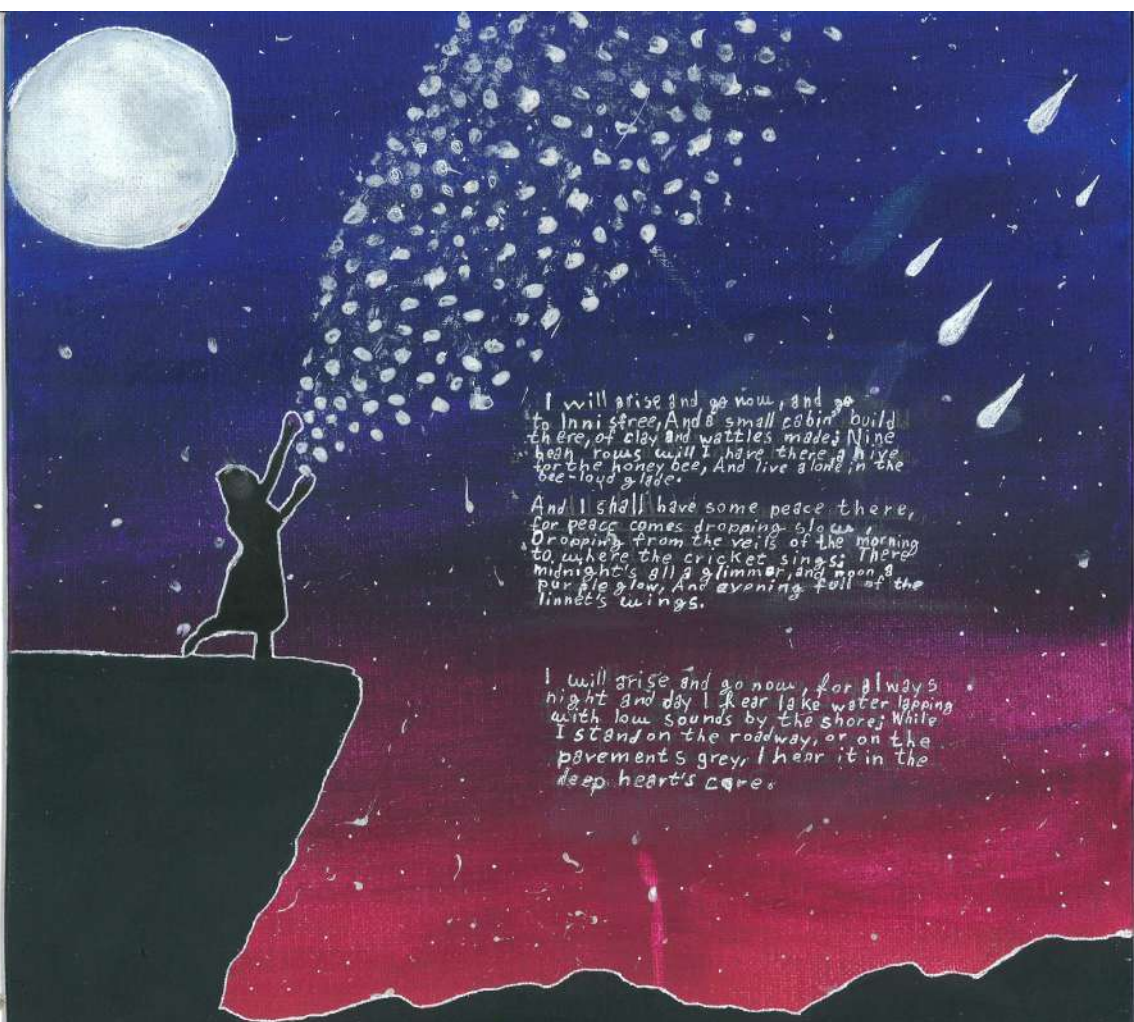
Year 9 Option Allocations

Year 9 students and parents/carers will receive a letter, via email, confirming options allocations for year 10. If, for some reason, you have not received this by Wednesday 6 July, please contact Ms Price (vprice@greycourt.org.uk)

Y7

Ham Fair Art Competition

On Saturday, 11 June Grey Court Art Department entered year 7 artwork for an art competition run by Ham Fair. We are pleased to announce the 'Highly Commended' entries- shown here- from those entered. Many thanks to Ms Gask for organising the work to be entered. Opportunities to see more KS3 Grey Court artists publicly are coming up at the Petersham Summer Show and Grey Court Sports Celebration Evening. We look forward to seeing you there!





I Wandered Lonely as a Cloud- William Wordsworth

I wandered lonely as a cloud
That floats on high o'er vales and hills
When all at once I saw a crowd,
A host of golden daffodils;
Beside the lake, beneath the trees
Fluttering and dancing in the breeze

Continuous as the stars that shine
And twinkle on the milky way,
They stretched in never-ending line
Along the margin of a bay:
Ten thousand saw I in a glance,
Tossing their heads in sprightly dance.

The waves beside them danced; but they
Out-did the sparkling waves in glee:
A poet could not but be gay,
In such a jocund company:
I gazed—and gazed—but little thought
What wealth the show to me had brought.

For oft, when on my couch I lie
In vacant or in pensive mood,
They flash upon that inward eye
Which is the bliss of solitude;
And then my heart with pleasure fills,
And dances with the daffodils.

Kyna Deshwal



The Pike- Amy Lowell

In the brown water,
Thick and silver-sheened in the sunshine,
Liquid and cool in the shade of the reeds,
A pike dozed.

Lost among the shadows of stems

He lay unnoticed.

Suddenly he flicked his tail.

And a green-and-copper brightness

Ran under the water.

Out from under the reeds

Came the olive-green light,

And orange flashed up

Through the sun-thickened water.

So the fish passed across the pool,

Green and copper

A darkness and a gleam.

And the blurred reflections of the willows on the opposite bank

Received it.



Year 7 & 8 Parents' Drinks Evening

It was wonderful to finally host our year 7 and 8 parents and carers to Grey Court last Friday for a welcome evening. Various lock-downs have delayed this opportunity for both year groups, and it was wonderful to be able to welcome so many parents to school for the chance to have a catch up over refreshments. The evening served as a reminder that the Grey Court community is made up of more than just students and staff. Parents, carers and siblings also contribute to the beating heart of Grey Court and that was very evident last week.

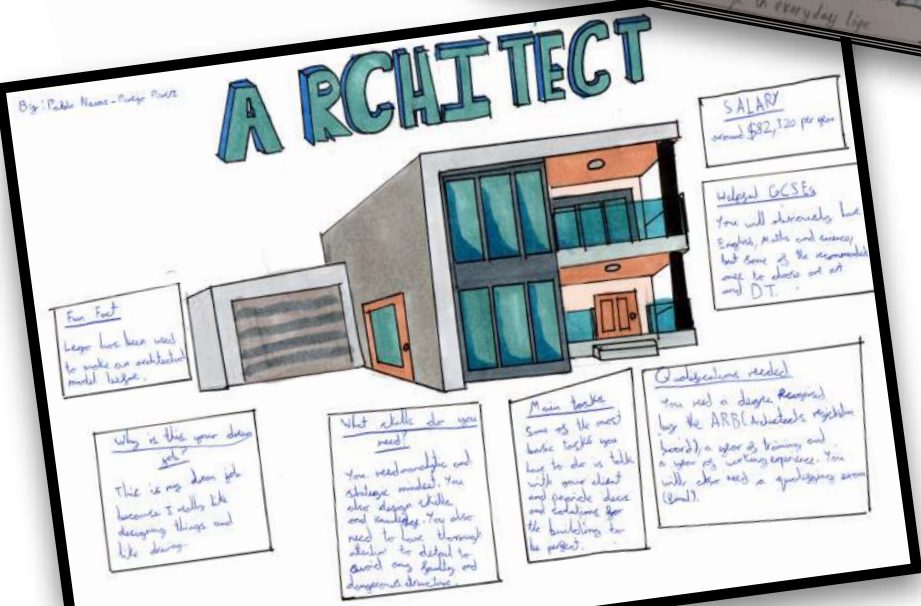
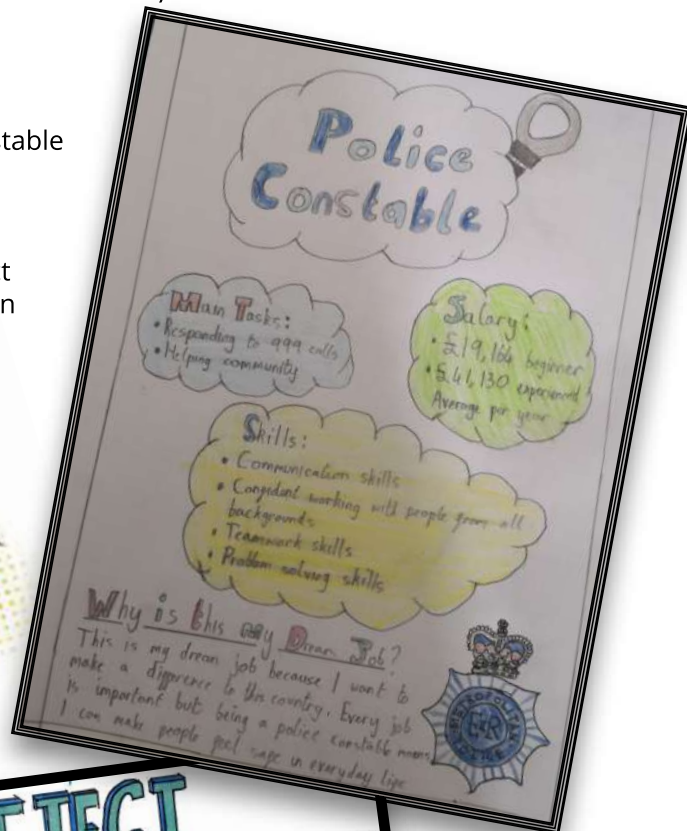
Thank you to those who attended; we hope you had an enjoyable evening.

Year 7 Careers' Competition

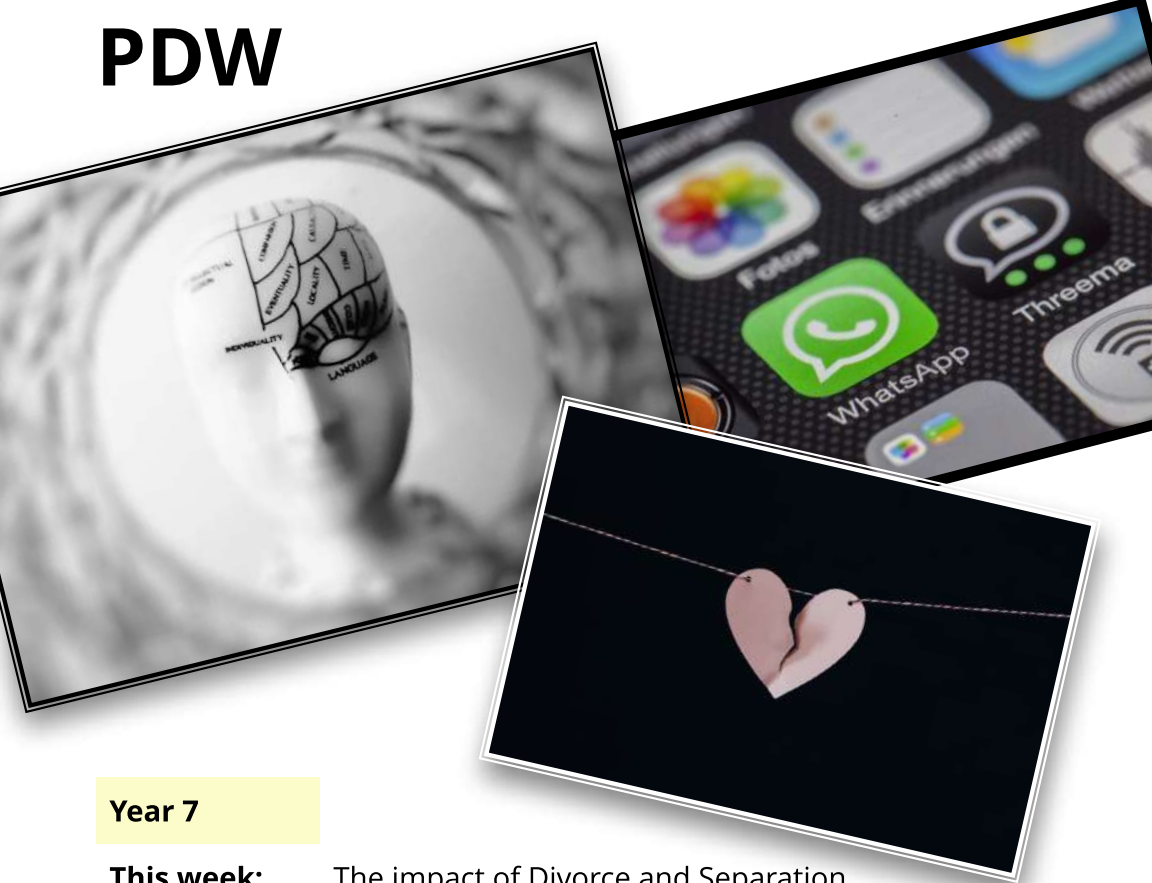
In May, we launched our Careers' Competition for year 7 to submit posters about their dream careers.

Congratulations to the following students who have won and received vouchers from Pret a Manger, who came in to talk to our students in May.

7A - Gryffin Stone - Car Designer
 7M- Coco Mtandabari - Lawyer
 7B - Oscar Ballantine - Police Constable
 7O - Max Hunt - Game Designer
 7C - Luca Grima - Physiotherapist
 7R - Deeba Zamani - Doctor
 7E - Pablo Navas-Parejo - Architect
 7E - Moujan Rezaei - Heart Surgeon



PDW



Year 7

This week: The impact of Divorce and Separation

Next week: Family Conflict

Year 8

This week: Media Messages

Next week: Confronting Comparisons

Year 9

This week: What will your GCSEs mean to you?

Next week: Note-taking and organisation

Year 10

This week: What is Neurodiversity

Next week: What is Autism and how is it a superpower?

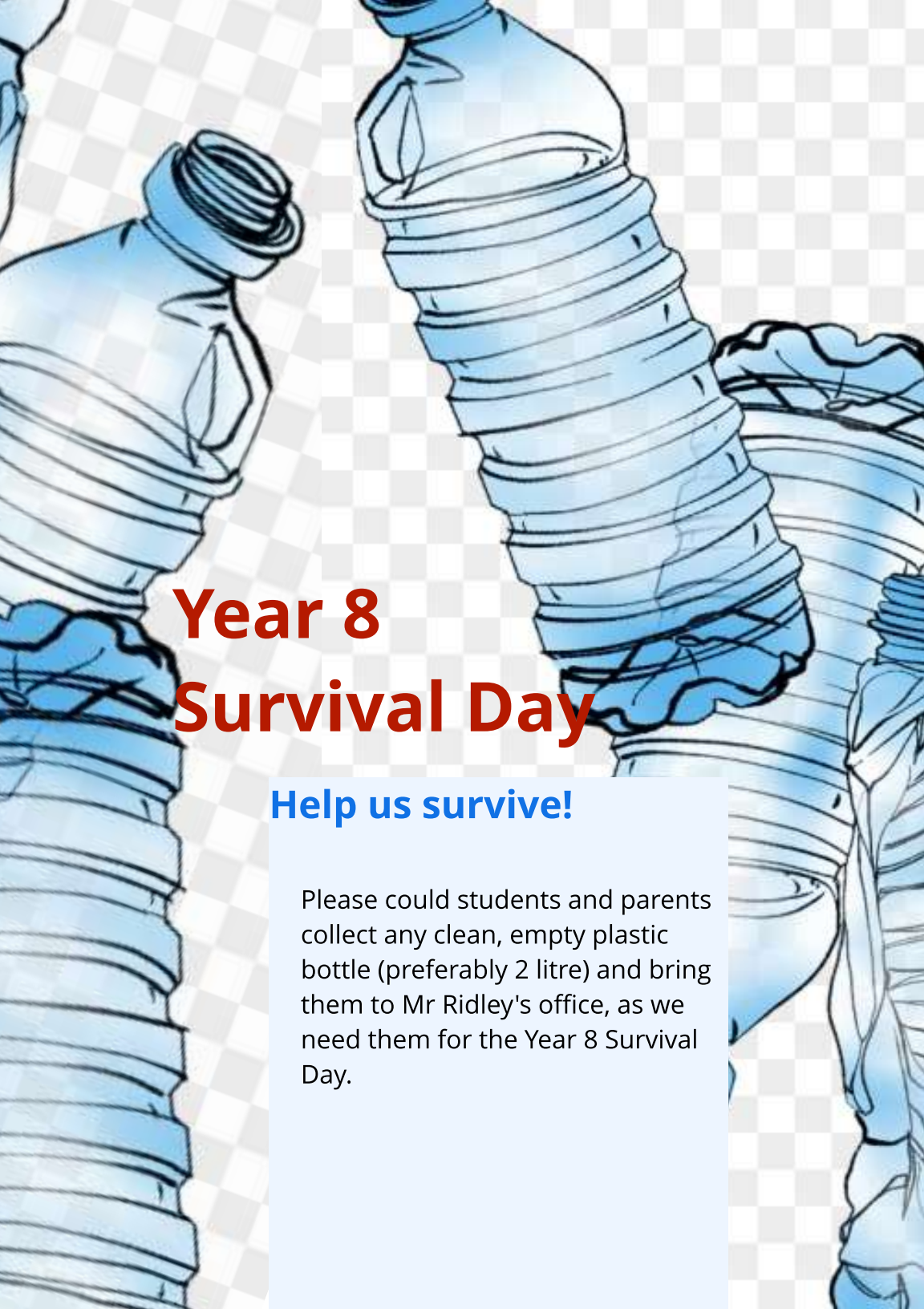


Summer Activity Week

Activities per year group:

Y7

Day	Activity
Monday 11 July	A band - Geography field trip to Seven Sisters Country Park B band - visit to Portsmouth Historic Dockyards
Tuesday 12 July	Indian Culture Day in school
Wednesday 13 July	B band - Geography field trip to Seven Sisters Country Park A band - visit to Portsmouth Historic Dockyards
Thursday 14 July	Normal school day
Friday 15 July	Normal school day
NB!	Final details

The background of the entire page is a light gray and white checkerboard pattern. Overlaid on this are several blue plastic bottles, drawn in a simple, sketchy style with black outlines. One bottle is in the upper left, another in the upper right, and a third in the lower right. The bottles are of varying sizes and orientations, some appearing to be stacked or leaning against each other.

Year 8 Survival Day

Help us survive!

Please could students and parents collect any clean, empty plastic bottle (preferably 2 litre) and bring them to Mr Ridley's office, as we need them for the Year 8 Survival Day.

Y8

Day	Activity
Monday 11 July	Survival Day and Bushcraft Challenge
Tuesday 12 July	Y8 camping trip or Kew Gardens Visit
Wednesday 13 July	Y8 camping trip or Chinese Culture Day
Thursday 14 July	Normal school day
Friday 15 July	Normal school day
NB! Final details	

Y9

Day	Activity
Monday 11 July	Bowling and Ice Skating at Guildford Spectrum
Tuesday 12 July	Hub Challenge and Alternative Sports (in school)
Wednesday 13 July	Visit to Leeds Castle
Thursday 14 July	Normal school day
Friday 15 July	Normal school day
NB! Final details	

Y10

Day	Activity
Monday 11 July	Visit to Sussex University
Tuesday 12 July	Employer Challenge Day in school
Wednesday 13 July	Visit to Thorpe Park
Thursday 14 July	Normal school day
Friday 15 July	Normal school day
NB! Final details	

GREY COURT PA PRESENTS:

Band Night

5 DAY WEEKEND
BETTY & THE RABBITS
DJ JONNIE B

SEPT
16

6 - 10 PM

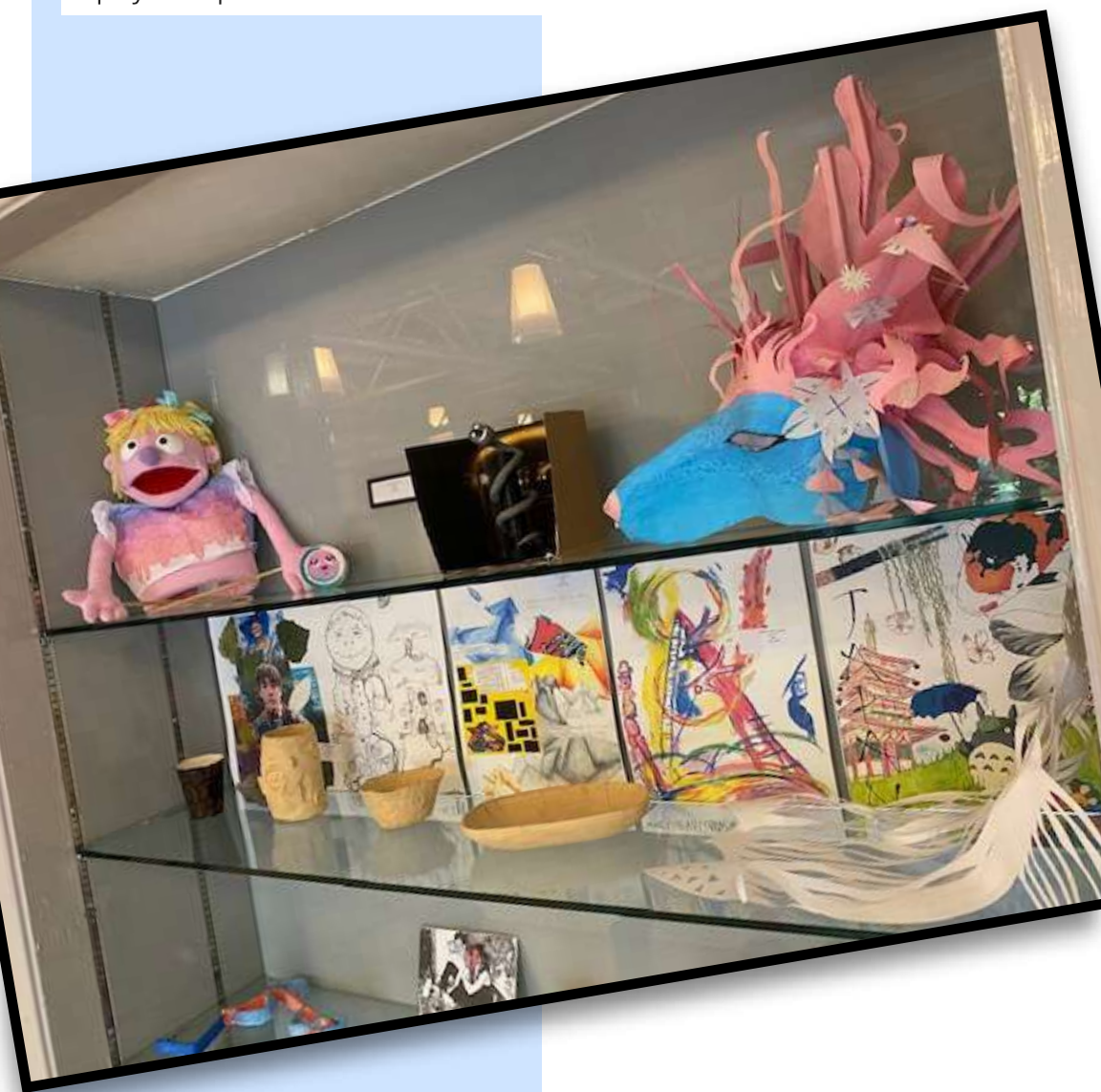
BBQ & FULLY
LICENSED BAR

£5 Adults
£3 Children

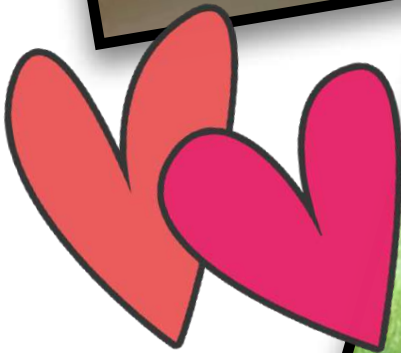
TICKETS: WWW.PTA-EVENTS.CO.UK/GREYCOURTSCHOOL

GCSE Art Exhibition

On Thursday 23 June, the Art and Design Department were delighted to present their first GCSE Art exhibition for two years celebrating the achievements of the 2022 GCSE Art, Craft and Design cohort. Parents arrived to piano music, drinks and saw the exhibition as part of the Record of Achievement celebrations. It was a great opportunity to get to thank the students and staff for all their hard work in challenging circumstances and the display looked fantastic. If you missed the show, do pop into The Atrium before the end of the year as a number of pieces remain on display to inspire our artists of the future.









GREY COURT

LEGALLY BLONDE

The Musical



Thursday 14th July, 18:30

Friday 15th July, 18:30

Tickets: Adult - £7

Child/Student - £5

Music and Lyrics by
Laurance O'Keefe and Nell Benjamin

Book by Heather Hach

Based on the novel by Amanda Brown
And the Metro-Goldwyn-Mayer motion picture



Original Production by Hal Luftig, Fox Theatricals, Dori Berinstein, James L. Nederlander, Independent Presenters Network, Roy Furman, Amanda Lipitz, Broadway Asia, Barbara Whitman, FWPM Group, Ruth Hendel, Cheryl Wiesenfeld, Hal Goldberg, David Binder, James D. Stern, Douglas L. Meyer, Stewart F. Lane, Bonnie Comley, Robert G. Bartner, Michael A. Jenkins, Albert Nocciolino and Warren Trepp; Produced in association with MGM Onstage, Darcie Denkert and Dean Stolber

Legally Blonde JR. is presented through special arrangement with
and all authorized materials are supplied by
Music Theatre International, New York, NY
(212) 541-4684 mtishows.com

Poster by Lucy Sinatra

Year 10 Trial Exams

Well done to year 10 for completing their trial exams. This experience will hold them in good stead as they embark on their year 11 journey in the next academic year.

Record of Achievement (ROA)

We were delighted to host our Record of Achievement (ROA) last Thursday for the first time in three years. It was a fantastic occasion with over 600 people attending. There were tears of joy, sadness, relief and delight during the ceremony. The tutor speeches were particularly emotional. Events like this don't happen on their own and a huge thanks and special mention to Ms Weston and Ms Comrie and our student support officers, Ms Illet and Ms Smith, finally a very special mention to our fantastic site team who made the whole event possible. Click [here](#) for some magical moments!

And...

*last night the prom was held at the
DoubleTree Hotel...*







*Clemo's angels
at Casino Royale...!*



Spinning
wheels...

... and
pensive
moments

Refugee Week

by Mr Clements

Refugee inspired training regime helps Weston to avoid a supermare during Roman Relay so that Herne Hill Harrier doesn't have a mountain to climb!

If you have been up with the lark this week in and around Richmond Park, you may have spotted Roman Legionnaires extraordinaire, Ms Weston and Ms Comrie hill climbing in preparation for the staff relay. The Roman anchors for the 1st and fourth anchor legs of the relay have been putting together several training montages of their efforts for the Grey Court twitter feed with the intent of knocking "Richard Jacob off his perch." Inspired by the extreme distances and physical endurance of refugee journeys the determined duo have been putting the hours and miles in to beat the clock.

Inspired by Weston's efforts, Herne Hill Harrier U14 sprint champion, Ms Comrie, who professes "never to trust anyone with a double barrelled first name" has been actively promoting the Refugee Week with her talented Year 7 English class. They have been collating a multimedia choral montage of refugee stories into verse in aid to support and remember the importance of inditing positive literature on those seeking refuge. Luca Grima, Edith Plowman and Zaynden Casimir have written some touching pieces on what it means to them.

"We must help and appreciate refugees. They are much more than families fleeing conflict. They are much more than people living in tiny, temporary huts. They are much, much more.

Refugees require our helping hand to help them up and lead them into a place with the opportunity to pursue their dreams. Their ambitions. We must celebrate refugees. They bring: culture, passion; the list is endless.

Let's stop the hate, they have already felt enough. Let's just show Refugees some LOVE.
By Luca Grima

Refugee week is a UK-wide festival celebrating the contributions, creativity and resilience of refugees and people seeking sanctuary. Through a programme of arts, cultural, sports and educational events alongside media and creative campaigns, Refugee Week enables people from different backgrounds to connect beyond labels, as well as encouraging understanding of why people are displaced, and the challenges they face when seeking safety.

As part of Refugee Week our inaugural literary festival will provide a platform for wit, dance, poetry and repartee in the Sixth Form drama studio. We hope some of Comrie's year 7 proteges will read their inspirational pieces on the night.

The English society's extravaganza will run from 7:00-8:30pm on Thursday 7 July 2022. Tickets for parents cost £5.98 and £3.28 for Grey Court students. They are available here: [Eventbrite - Tim Moore evening](#). Refreshments will be available in the intermission!

Jack Petchey Achievement Award

Winners

Ewan Board

Ewan Board (7R) was nominated by Mr Allchurch because he has been involved in every single school production in 2022, joining our much older team of students as part of the sound and lighting team.

Ewan began by being in charge of triggering the sound effects and backing music; he was so enthusiastic and competent that he also took over elements of the mixing desk automatically. He has absorbed the knowledge like a sponge and exhibited skills beyond that of his age.

In one week he helped set up the Gym and Dance Show with the sixth form students; confidently doing the job without the support of staff

He now has more knowledge about lighting and lighting desks than the teacher! He now shows the teacher how to use the lighting equipment!

The £250 award money was spent on three strip lights to be used for Visual and Performing Art Faculty concerts and performances.

Neve Rugette

Neve Rugette (8W) was nominated by Mr Wilmore because she is an outstanding basketball player. She is extremely dedicated and trains five times a week with Richmond Knights - a total of eight hours. Neve also plays for the under 13 and under 14 Grey Court School teams.

Her Richmond Knights side reached the National finals competition in Manchester. Neve was selected to attend the under 14 England talent programme and as she excelled at the trials she was picked for the England under 14 basketball squad. Neve was also selected to participate in the Junior NBA Europe and Middle East selection camp in Rome in May. This is a superb achievement as only one person could be chosen from the NBA pathway.

Her next goal is to represent England under 15s and her aspirations are to play professional basketball at the highest level.

The £250 award money was spent on an electronic basketball scoreboard.

Jack Petchey Achievement Award winners are young people who have gone above and beyond to achieve – perhaps when others thought they might fail. Awards mean different things to different people. The Achievement Awards are not solely for academic achievement – they may be used to recognise a personal triumph for someone who has faced a challenge, a young person who has pushed themselves outside of their comfort zone or it may be an opportunity to recognise the outstanding efforts of a team player.

A young person is nominated by their peers in their school or youth organisation. An important part of the scheme is the involvement of young people in selecting the award winners for their hard work and efforts. We want young people to recognise and celebrate the success of their peers.

Ewan Board

the back story

As Mr Bashford was doing his usual request for Jack Petchey Achievement Award nominations, Mr Allchurch immediately jumped at the opportunity to put forward our Year 7 student Ewan "the legend" Board. Ewan has been involved in every single school production this academic year, joining our much older sixth form students as part of the sound and lighting team.

Ewan began this journey by being in charge of triggering the sound effects and backing music for the Christmas Panto and was so enthusiastic and competent that he also took over elements of the mixing desk automatically. He has absorbed the knowledge like a sponge and exhibited skills beyond that of his age. He helped set up the Gym and Dance Show with the sixth form students, confidently doing the job without the support of staff.

He now has more knowledge about lighting than Mr Allchurch and had to show him how to use the lighting desk!

We were all delighted yesterday to see Ewan unpack, and turn on, the three LED lighting bars he eagerly donated to the school using his award money, while preparing for the school's end of year musical *Legally Blonde*. If you want to see Ewan "the legend" Board operate his new lighting equipment on the 14 and 15 July, tickets are available via Scopay.



Sheer joy!



Skye Swift

Skye Swift (11W) was nominated by Mr Willmore. Skye is a dedicated all-round athlete that trains and competes in the School Basketball Academy as well as the Under 16 Netball squad. She trains most mornings before school as well as most evenings for school and club sports. As Under 16 Netball captain, she has led her team to the Borough Playoffs which they won convincingly, the final of the Borough Tournament and the third round of the Sisters N Sport National Netball Plate. In the Borough Tournament, Skye's excellent leadership was noted throughout the day on and off the court.

As a basketball player, Skye plays for the Richmond Knights and spends many weekends at tournaments across the county and the South East. She competes at top level. Skye is always one of the hardest working players at Academy training, pushing herself in the fitness testing and training sessions. The team have not lost a game all season, winning the Borough League, Borough Tournament and convincingly making their way through the playoff rounds of the London Youth Games competition to the grand finals in London. The team were crowned LONDON CHAMPIONS! They played exceptionally well in the semi and in the final and the cherry on top was the school being awarded a special "kindness" award for sportsmanship and good conduct to players, referees and officials. Skye was a huge part of the reason why this was awarded to us.

The £250 Award money was spent on an electronic basketball scoreboard.

Katrina Killey

Katrina Killey (8M) was nominated by Ms Clark. Katrina lives with two disabled brothers; one is older and the other younger and a mother who also has a disability. Katrina has had to become fiercely independent from a young age and take on more responsibility for family duties as well as childcare and supervision at times. She rarely comes first when there are competing needs.

Her school work, homework and performance in school clubs and activities are almost entirely achieved under her own steam.

£250 Award money was spent on specialist equipment for the Food Technology Department.

Edward Bachelor

Edward Bachelor (11A) was nominated by Mr Ridley. This season Ed was promoted to the pre-season academy for the London Irish rugby squad, making the final 40 from 280 boys. This 40 was then cut down again to just 15, which Ed made it into as well. He trained with the under 17 age group.

More players were added to the London Irish squad in December, increasing the competition. A further cut was made to get into the Under 17 academy squad, 40 boys were narrowed to 25, and Ed made that squad too.

A superb achievement considering he has joined players who are a year older than him.

The £250 award money was spent on match day rugby balls.

The Achievement Awards are primarily about recognising those who put in the effort and do their best.

Sir Jack Petchey CBE

Lucy-John Sinatra

Lucy-John Sinatra (12C) was nominated by Ms Bowie. Lucy-John is an exceptional artist and photographer who has gone above and beyond her course commitments in 2022. She has reworked Grey Court School's fantastic new house shield designs which will appear on every KS3 and KS4 planner in the new academic year. Within this Lucy has worked and responded as a professional digital graphic designer, taking critique and feedback and adapting the designs accordingly throughout the making process. She also helped the PE Department by photographing the Gym and Dance show.

Her most recent commission was to create a Grey Court School 'Legally Blonde' logo for the summer production. This will again be completed outside her courses, in her own time.

The £250 Award money was spent on a photography workshop with a Vogue photographer.

Holly-Anne Sheahan-Lambert

Holly-Anne Sheahan-Lambert (12C) was nominated by Ms Maybey. Holly-Anne has been an intrinsic part of photographing school events. She is proactive, always seeking the next opportunity to assist with events and supporting departments. These have included PE for the Gym & Dance where she took some outstanding images during rehearsals and the evening event. Holly-Anne is constantly assisting VPA with productions and events inside and outside of school hours including the MOGOs, *Legally Blonde* production and has already signed up for GFest.

The passion, drive and technical ability Holly has shown has been incredible, with other members of her class following her lead and also assisting with events.

Other members of staff have been incredibly impressed with her professionalism, sending edited photographs to departments that are used regularly in newsletters.

The £250 award money was spent on sketchbooks, film and a salt printing kit for the Photography Department.

Ella Trousdale

Ella Trousdale (13A) was nominated by Mr Page. Outside of her school studies Ella is extremely active with the Air Cadets and has been promoted to the rank of Corporal which makes her the most senior in her unit. She has represented the cadets in athletics and swimming and has won a host of medals (five golds and a silver).

She has flown a glider with the cadets and a Cessna 152 and has now applied for a Pilot Scholarship. She has represented the Air Cadets at the Remembrance Day Parade, at The RAF museum for the Lancaster Challenge, and has led junior cadets in an orienteering weekend on the South Downs.

Alongside the Cadets she has achieved a BTEC CVQO in Teamwork and Personal Development, volunteered at Ham Youth Centre for her GOLD DoFE and tutored lower school students for their Drama work.

As if this wasn't enough Ella has also continued with singing lessons and completed Grade 8 Ballet.

The £250 Award money was spent on a Yamaha sound mixing desk to be used in VPA productions.



Wellbeing



ADHD and Self-Harm: How to Help the Girls Who Suffer Most

Recent studies paint a sobering picture of possible outcomes for girls with ADHD, especially when untreated. Young women with ADHD are more likely to have unplanned pregnancies, engage in self-harm, and face a host of other risks. These findings should serve as a wake-up call for parents and clinicians because [timely intervention can make an enormous impact »](#)

“Our findings of extremely high rates of cutting and other forms of self-injury, along with suicide attempts, show us that the long-term consequences of ADHD in females can be profound,” says head researcher, UCSF psychologist [Stephen Hinshaw, Ph.D.](#), author of the 2014 book [The ADHD Explosion](#).

Taken as a whole, these findings are a wake-up call for both parents and clinicians, and they underscore the fact that, even as girls with ADHD mature and appear less symptomatic, they continue to suffer silently, says clinical psychologist [Ellen Littman, Ph.D.](#), who has worked with girls and women with ADHD for more than 30 years.

Quote of the Night

Popcorn is prepared in
the same pot, in the same
heat, in the same oil and
yet... the kernels
do not **POP** at the
same time. Don't compare
your child to others.

Their turn to
is coming!

Pop



YOUNG MINDS Government's Mental Health Plan

In April, the Government announced it wants to make a 'mental health and wellbeing cross-government plan' that will transform the support we receive for our mental health over the next ten years.

They have promised to publish the plan by the end of the year and they are now asking for people's views on what should be included.

They want to hear your experiences to make sure the plan covers all the things that can impact your mental health, from things like school, college and university to social media and the NHS.

We have come together with mental health charity 'Mind' to tell the Government what change needs to happen. We are carrying out a survey for young people aged 11-25 and we want to hear your **thoughts**.



Keeping your Child Safe

Please take the time to watch this **webcast** from Achieving for Children which gives advice on keeping your children safe with regards to alcohol and youth gatherings.

Click [here](#) for more information and to book

Events

Meet-ups

Our meet-ups are friendly and informal and allow parents to meet others, share experiences and enjoy the outdoors.

1 July 9:30am - Bushy Park

Post-diagnosis Courses

Has your child recently had a diagnosis of ADHD? Do you want to learn about ADHD and how best to support your child?

Webinars

Resilient Children - how to help your ADHD child deal with life's knocks

13 September, 2022 8pm Zoom

All children will experience change and failure. For them to cope, they need to be resilient and flexible. This webinar will give parents solutions and strategies to help them deal with setbacks, pick themselves up, try again and bolster their self-esteem.

Kew Run - Air 10k

8 sponsored spaces have been taken for the Kew Air 10k on Saturday 10 September 2022 - we only have 2 left! [Email](#) us to secure one of them. We welcome runners and walkers - all we ask is that you fundraise at least £200.

Family Day

Our family day on Sunday 11 September 2-4pm **is now open for booking**. This is a free day out in Marble Hill Adventure Playground (for the older children) and the One O'Clock Club (for the little ones). There will be drinks, cake, lollies and much more. It will be an opportunity for our families to have some fun and meet each other and the ADHD Embrace team.

Book your One-to-One

If you need specialist, one to one help for your child with ADHD, we are here to help. Claire, our Family Support worker, can support you with many areas of struggle including family dynamics, managing behaviour & emotions, mental health, organisation & executive function, all types of school issues, ADHD treatment, understanding ADHD, pre-ADHD diagnosis support. She is taking bookings for September now. This is a free service, available to Richmond & Kingston families only. Limited spaces.

Sixth Form Induction Day

7 July 2022

We are inviting all of our prospective year 12's to our induction day on Thursday 7 July from 9:15am to 1pm. Applicants should go to the main school dinex hall via the Sandy Lane entrance gate (there will be plenty of signposts and people to direct applicants). They will receive a welcome pack including details of personalised subject taster sessions.

After a short welcome speech from the sixth form team, applicants will proceed across to the sixth form block and spend time in tutor groups. Please note these will not necessarily be the tutor groups they will be in when they start in September. Applicants will meet tutors and fellow prospective classmates to experience what happens in our daily tutor sessions.

Brunch will be served before they move on to individual subject taster sessions. We hope our induction day will give applicants a flavour of what life at Grey Court Sixth Form is like and will help them make an informed decision when choosing your sixth form.

YEAR 12 WORK EXPERIENCE

4 TO 8 JULY

Next week is work experience (or summer school placements) for year 12 students and we just wanted to let you know the arrangements.

- Students have been given a [pre briefing](#) in enrichment which reminded them of the expectations and to contact their employers to make the final arrangements.
- Employer checks have been carried out and emailed by the school to let them know our expectations.
- Staff will either be calling or visiting students in their placements next week to check on progress and employers have been asked to write a reference.
- Students will also be asked to reflect on their experience with an assignment on Google Classroom.
- All students have access to their own work experience form via Google Classroom which has the work placement details.
- If any students are unwell that week they must contact their employer directly to let them know.
- Any issues on Monday 4 July please email Miss Corrihan: bcorrihan@arevcourt.org.uk and she will be in touch, as the school is closed. Tuesday - Friday the school is open as normal.

We hope it's a really positive experience for our year 12s as they have worked so hard to secure these placements.

Finally, students are expected back in school on Monday 11 July and term ends on Tuesday 19 July at lunchtime.



STARS OF THE WEEK

A huge well done to all of year 12, who conducted themselves in an exemplary fashion during their trial exams. Students have arrived on time, with the correct equipment and have approached the exams in a mature and calm manner.

Miss Fincham's Update

EPO

Once exams are finished, students should be starting their EPO research plan for the summer and completing the relevant sections of their log books. This is so that they meet the criteria for staying on this AS course into year 13. There will be some time allocated in Activity week for students to prepare their summer research plan and clarify their question ideas.

Oxbridge

Students should have been making some improvements to their personal statements based on the feedback provided by Miss Fincham. Once the exams are completed the focus should move to preparing further for pre-interview assessments, developing their super curricular records and planning for their EPO. There will be some time allocated in activity week for students to further improve their statements and clarify their preparation plan for over the summer break.

EPQ

Oxbridge

EPQ

Oxbridge

EPQ

Oxbridge

EPQ

Oxbridge

EPQ

Oxbridge

EPQ

Oxbridge

EPQ

Oxbridge

EPQ

Oxbridge

Year 10 - Post 16 Options

Activities taking place in the summer term are: year 10 will be taking part in a University trip and employer challenge day on the Monday and Tuesday of activities week. This is to help them think about future options and learn about the world of work.

Esher College has an open evening in July and applications are open from 4 July to the end of September for 2023 entry. Open evening on Tuesday 12 July, 4:30 to 8pm sign up on their website: [Esher Sixth Form College | Open Events](#)

Grey Court Sixth Form and other schools will have open events in the Autumn Term and there will be a careers fair on Wednesday 5 October 2022 at Grey Court. This will be for year 11s to meet with a range of people from different careers and also colleges and Universities will be in attendance.



Careers Update

by Miss Corrighan

SPORTS

News



Boys' Player of the Month

Shakur Roberts



Shakur has enjoyed an outstanding athletics season. He competes in the 200m and Long Jump and has now achieved personal bests in both events. Shakur won two golds at the Borough athletics on Wednesday 22nd June. He ran 22.83 in the 200m and jumped 5.42m in the long jump.

Shakur has also been selected to run the 200m for Middlesex in the English Schools Championships on 7/8th of July in Manchester This is a fabulous achievement and we wish him all the best.

Well done, Shakur!

June '22

Girls' Player of the Month

Nina Blazevic



Nina is an excellent athlete both on the track and the field. She is extremely dedicated and trains regularly, including two interval sessions a week on the track alongside her rowing commitments. Nina finished 1st in the high jump at the English Schools preliminary rounds, clearing a height of 1 metre 39. She also ran superbly in her 300m, with a time of 46.7 seconds. This was then followed up by two more strong performances at the ESAA regional rounds in boiling hot conditions earlier this month. At Borough Sports, Nina proved to be one of the stand out athletes for the Year 10/ 11 team. She dominated her race in the 300m, winning in a personal best time of 46.3 seconds.

Nina was also selected to attend the Middlesex Schools U15/U17 Championships earlier this month (alongside Juliette Croft). Nina has been an instrumental part of our athletics team this term, and we are looking forward to bringing down her times and heights up even more next year. Well done Nina!

June '22

Girls' Scholar of the Month

Julia Allen



It has been a brilliant month for Julia who has competed for the Grey Court athletics team in both the 800m, 1500m and the long jump. She has been a key figure in the Junior Girls athletics team, leading by example at Borough Sports and ESAA fixtures. At sports day, Julia broke the Year 7 girls school record in the 1500m by a huge twelve seconds, front running a time of 5 minutes 41 seconds. She ran the 800m and 1500m in each of the rounds at English Schools, performing well at both events. So far this season Julia has run a PB of 2 minutes 37 seconds over the 800m and jumped 4 meters 45 in the long jump.

The latter of these shattered the Borough sports record, earning Julia a 1st place finish as Borough Champion. Julia was a fundamental part of the winning junior girls' team that dominated the preliminary round of the English Schools, eventually going on to compete at regionals. Julia always arrives to middle distance training and athletics club sessions prepared and hungry to give her best. It is this level of application that has led to her having so much success on both the track and field this term

June '22

Boys' Team of the Month

Athletics Team

It has been a great month for the boys' athletics teams. For the junior boys, they placed 4th in the regional round of ESAA, finishing only 30 points off making the National Finals. The inter boys finished 6th which was also a tremendous achievement, competing against some of the top schools in the South of England. This was a great experience for all of the boys involved and will help in their preparations for next year's competitions. At Borough sports, the boys dominated the event, winning all year groups from Years 7 - 11. This was helped by stand out performances from a number of athletes over both the track and field. In Year 7, Milo Downey jumped a PB of 4 metres 98 to win the long jump. He also brought home the relay team in 1st place, running a superb final leg. In Year 8, Benn Povey took the victory in the 200m running 26.52 seconds. He then followed this up with a PB jump of 5 metres 30 to take the long jump crown. The Year 9 boys had numerous first place finishes over both the track and field. Some of the stand out victories included Max Seddon running 11.74 in the 100m, Josh Harwood-White winning the 800m in 2.07 and Shakur Roberts winning the long jump with 5 metres 45. In Year 10 and 11, the boys took the crown over Hampton by 6 points. There were stand out victories coming from Charlie Bretherton in the 200m in 24.09 seconds, Charlie Richardson in the 800m in 2.05 and Theo Povey in the high jump in 1.74 metres.

June '22



Borough Champions

Girls' Team of the Month

Athletics Team

It has been another strong month for the girls' athletics teams. For the junior girls, they reached the regional round of ESAA, with some strong performances throughout the team. They were unfortunate to have a few key athletes out with injury/ illness that hampered their chances of progressing to Nationals. Nevertheless, there were stand out performances from Lily Burnett in the long jump, Julia Allen in the 1500m and Ella James in the shot. The inter girls also competed well against some very high-level opposition, with great performances Juliette Croft in the 100m, Nina Blazevic in the 300m and Coeretta Townsend in the shot. Reaching the regional round of ESAA was a tremendous achievement for both teams, competing against some of the top schools in the South of England. This was a great experience for all of the girls involved and will help in their preparations for next year's competitions, and another shot at Nationals. At Borough sports, the girls again finished the day as Borough Champions. There were also individual winning year groups in Years 8, 10 and 11. There were a number of strong individual performances over the course of the day. In Year 7, Sara Altun and Honey Stephens won the discus and the javelin respectively, throwing distances of 19.9 and 17.8 metres. In Year 8, there were stand out victories on the track for Matilda Dibb in the 800m in 2.36, Lily Burnett over the hurdles in 13.58 and a jump of 4 metres 48 by Neve Rugette to win the long jump. The Year 9 girls also performed well, particularly on the field, with 1st place finishes from Coeretta Townsend in the shot and Loveday Lea in the discus. The Year 10 and 11 girls finished ahead of LEH by 9 points, with further victories coming from Juliette Croft, Nina Blazevic and Ciara Walker.

June '22

CRICKET CAMPS AT RICHMOND CC



**MONDAYS TO THURSDAYS
25TH JULY - 2ND SEPTEMBER***

10:00 - 12:30 AND 13:30 - 16:00

**£25 HALF DAY
£45 FOR FULL DAY**
SIBLING DISCOUNT AVAILABLE ON REQUEST

**SESSIONS
LED BY FORMER
MIDDLESEX PLAYER
AND DIRECTOR OF
CRICKET**

ADAM LONDON

(*LAST WEEK TUESDAY 30TH AUGUST TO FRIDAY 2ND SEPTEMBER)

Tickets can be booked [here](#)
For a 25% discount, please
use the code: **GreyCourt25**

TO BOOK

VISIT THE BOOKING SITE

tickettailor.com/events/richmondcricketclub

OR EMAIL ADAM LONDON ON

DOC.RICHMONDCRICKETCLUB@GMAIL.COM

**GIRLS AND BOYS OF
ALL ABILITIES WELCOME**

**AGES 4 - 15
(HARDBALL AND SOFTBALL)**



OLD DEER PARK, RICHMOND, TW9 2AZ

Venue: Grey Court School,
TW10 7HN



Email: info@nk-active.com
Tel: 07889347591

For more information please visit
www.nk-active.com

Gymnastics Holiday Camp in Richmond



**Flexible
half day,
full day
or week
bookings!**

**Floor
Vault
Beam
Air Track
Rollers
& Parkour!**



Fun filled holiday camps for children aged 5 - 14 years old!



July & August
Full Day - 8.45 am - 3.45pm
Morning - 8.45am - 11.45am
Afternoon - 12.45pm - 3.45pm

**Full day £40
Half day £22.50**



Sibling and Early bird discounts available!

British Gymnastics qualified coaches



All ages, abilities
boys & girls, and
non-members
welcome!

Queries: thcsummer@gmail.com

Bookings: www.teddingtonhockey.club/hockey-camps

Hockey camps

July Morning Camps:

9.30-12.00

Tues 19th

Wed 20th

Thurs 21st

July Day Camps:

9.30-12.00 12.30-15:00

Tues 26th

Wed 27th

Thurs 28th

August Day Camps

9.30-12.00 12.30-15:00

Tues 9th

Wed 10th

Thurs 11th

Tues 23rd

Wed 24th

Thurs 25th

£25 per am/pm session

£50 Full Day

bring pack lunch

Teddington School,

Broom Road

GIRLS' RUGBY LEAGUE TASTER SESSIONS

ELMBRIGDE RUGBY LEAGUE

We have a wonderful opportunity for secondary school aged girls who would like to try some Rugby League. We are looking for new recruits from years 7 to 11 to have a taste of RL at Elmbridge Eagles Rugby League. Logistics for taster sessions on offer are:

**Venue: Old Cranleighan Sports Club (OCs),
Portsmouth Road, Thames Ditton, [KT7 0HB](#)**

Session 1: Thursday 30 June 7.00pm - 8.15pm

Session 2: Saturday 2 July 10.30am – 11.30am

No experience is required but a desire and open mind to learn one of the most skillful team sports is. Rugby League is played in this region for girls from April to July.

The session on 2 July: 10.30-11.45am will see a guest coach visiting Elmbridge Eagles RL, **Conor Meese. Conor is in his fifth year of working in the England Rugby League performance department (All International teams at all levels), now as the Diploma in Sporting Excellence Manager (DiSE)** and leading on the operations for the England Women's team and at the upcoming World Cup in 2022. As DiSE manager, he runs the Rugby Football League led programme, in which they take on 30 talented female u16 female players each year, with the end goal of creating future England Senior Women players. The Performance Department provide the girls with extensive on field rugby training and off field education, aiming to make them more rounded players, after the completion of the two-year course. Conor also currently coaches the England University Students Women's Team, which sits as part of the female performance pathway, with an opportunity to play representative rugby.

These sessions will lead into games on Saturday 9 July and 23 July: for U12s, U14s and U16s. Anyone interested should contact Kevin@elmbridgerl.com- 07720 805834.

Club Website www.elmbridgerl.com

Directions https://www.elmbridgerl.com/where_we_are

PLAYERS NEEDED!

***Kingston Town FC is recruiting boys
and girls at all ages***



***We're running open training sessions.
Why don't you come down and try out?***

For more information email **kafcsec@gmail.com** and we will arrange for a manager from your child's age group to contact you and arrange a time to visit us

Kingston Town FC is a Charter Standard Community Club that welcomes everyone whatever their skill level, fitness level or gender.

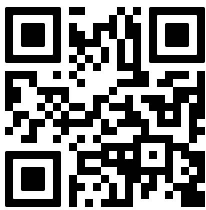
Each team is coached by an FA Level 1 or 2 qualified coach.

Run by volunteers who give up their time to help with coaching, administration and running of the club, we have opportunities for everyone ages 7–18.

kafcsec@gmail.com

kingstontownfc.com





Become a Police Officer in London's Metropolitan Police Service

START YOUR MET JOURNEY TODAY

Find out more about gaining a fully-funded degree or Graduate Diploma as you train to become a Police Officer, all whilst earning a competitive salary of c.£30,000. and making a difference to people's lives.



METROPOLITAN
POLICE



A career like no other

The Metropolitan Police Service is dedicated to keeping London safe. We are looking for people from all backgrounds, with diverse skills and experiences to join; so that we can better represent the communities we serve.

As a police officer, you'll be making a difference to peoples lives, supporting local communities, tackling serious crime and safeguarding those most vulnerable. With two entry pathways to join as a PC, you'll earn a competitive starting salary, whilst also working towards gaining a professional qualification.

Police Constable Degree Apprenticeship (PCDA)

Fully-funded, three-year programme for non-degree holders, leading to a BSc (Hons) degree in Professional Policing Practice on successful completion.

Degree Holder Entry Programme (DHEP)

Fully-funded, two-year programme for degree holders, leading to a Graduate Diploma in Professional Policing Practice upon successful completion.

To find out more about what it takes to be a Police Officer, join our recruitment event(s):

EVENT:

MET Outreach Team/SNT/Cadet in Partnership with Armed Forces Day

WHAT'S AT THE EVENT:

Officers will be on hand to discuss careers opportunities

DATE:

3rd July 2022

TIME:

11:00 am -17:30 pm

ADDRESS:

Battersea Park, London, SW11 4NJ

For more information on recruitment contact an Outreach recruitment lead SWoutreach@met.police.uk or visit www.met.police.uk/newpcs