

# Grey Court School eBulletin

27 January 2023





*Follow us...*

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**Cover Photo:** U13 girls' cricket team taking a well-deserved break at the Middlesex Regional Cricket Tournament on Thursday, ahead of their victorious win.

# SPORTS SHOUT-OUT



Congratulations to **Evelyn Archer** who was crowned the **U13 Girls' Middlesex Champion** with a superb run yesterday. She won by about 50m which highlighted how talented she is.

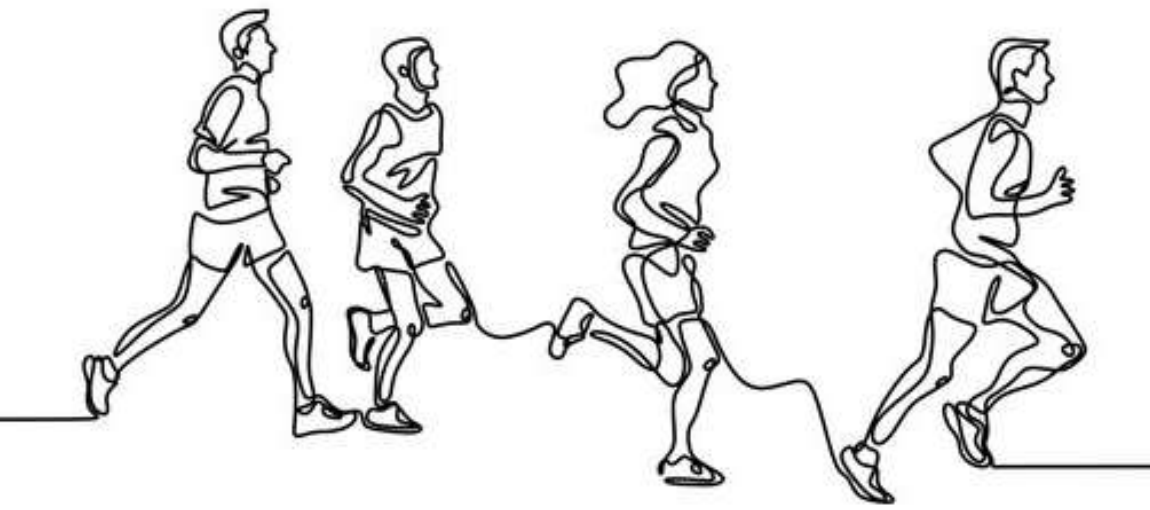
Congratulations to **Avery Barikor** who finished 2nd in the U13 Boys' event, **Euan Roberts** (4th) and **Ifan McHardy** (6th).

Congratulations to **Sam Nesbitt** who finished 3rd in the U18 Boys event.

We are super-proud of all your achievements yesterday.  
- Mr Willmore



**Photo on the next two pages:** Evelyn Archer, U13 Girls' Middlesex Champion and Avery Barikor who finished second in the U13 Boys' event.









RICH HALL



LUKE TOULSON



ELEANOR McDEVITT



ERICH McELROY

Grey Court PA presents:

# Comedy Night

Hosted by Erich McElroy  
of Crack Comedy

Friday 3rd February 2023  
**SOLD OUT!**

Doors open: 7pm

Show starts: 8pm

Licensed Bar  
Strictly over 18s only

TICKETS: £20  
2-person Tapas platters £14

via  
[www.pta-events.co.uk/greycourtschool](http://www.pta-events.co.uk/greycourtschool)

If you have tickets, but can no longer attend, please email [mthomas@greycourt.org.uk](mailto:mthomas@greycourt.org.uk). as we have people who would love to attend.

# The Notice Board

## School Calendar

22-23 Term Dates

23-24 Term Dates

Events

## The Uniform Shop

Open Thursdays

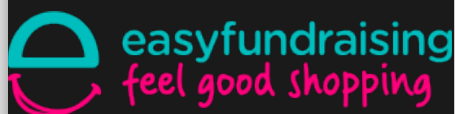
3pm to 4pm

**Note:** The  
Uniform Shop will  
be **closed** on 2  
**February** due to  
Year 12 Parents'  
Evening

PA Appeal

GoFundMe

Digital Screens  
for Science



## Breakfast Club

*open everyday*

The Silver Canteen  
7:45am to 8:15am

## School Menu

Breakfast

Graze Food + Drinks

Weekly Menus





**Extracurricular Timetable**

# Students solve global crisis as Clements eats cookies: Model UN at St Paul's School!

**Last weekend I had the pleasure of spending time with 10 budding Grey Court diplomats as they competed in a Model United Nations conference in the grounds of the prestigious St Paul's Boys School in Barnes, a 500 hundred Year old institution that boasts George Osbourne as one of its alumni.**

Whilst many of their contemporaries spend Friday and Saturday nights munching Nandos glued to Netflix or playing Twister, UN aficionados range across the country recreating geo-political crisis points in many of Britain's elite independent schools. With participants arranged into a series of sub-committees trading favours, muttering aphorisms, forming alliances or calculating the price of salt stocks on the Bolivian exchange market, this mannered dance requires wit, verve, intelligence and niche research.

With an expanded delegation, this year: Jasper Page, Marwa Najib, Linus Keene, Minna Lipton and Oscar Davies represented Armenia; whilst Telman Meheliyev, Chris Kocman, David Locherer, Jack Nekovee Fitzgerald and Seungyun Lee championed Israel. So armed with a knowledge of the Caucus space race and the Israeli-Sunni alliance our champions of global strategy set out to win world domination or at least avert World War 3. Meanwhile their befuddled teacher got lost in an atlas and resorted to looking up "Clemency" in a political dictionary. Delegate reports from master diplomats, Chris Kocman and Seungyun Lee are as follows:

## **Chris Kocman**

*On Friday evening, we all split off into committee rooms, where, after giving our opening speeches, we began debating over amendments to a resolution proposed by Armenia (Marwa). Our committee spent Friday evening debating over two amendments to Armenia's resolution regarding the UN's role in preventing genocide, and on Saturday morning we concluded the debates and voted through the resolution. Following that, we proceeded on to Vietnam's resolution regarding Israel's nuclear weapons- during which I was very vocal as I was the delegate for Israel.*

*Throughout the course of the session, all of the resolution's clauses bar one were either struck entirely, thanks to Norway and Turkey, or amended in such a way that none of the original resolution remained by the end. After a very passionate final speech by me, the resolution was voted through by an overwhelming majority- unfortunately for me. I was informally awarded best couple, along with Points of Order, on account of how many Points of Order I raised throughout the course of Saturday's debates.*

## **Seungyun Lee**

*As a delegate representing the State of Israel in the SPS Model United Nations (MUN) conference, I was assigned to the Committee on the Status of Women (USW). My mandate was to advocate for the position of Israel and actively engage in the discourse surrounding two primary agenda items: The Question of Women's Rights in Afghanistan and The Question of Access to Abortion.*

*One noteworthy aspect of my participation in the conference was my emphasis on the importance of providing education and information to women and girls in rural areas as a means of empowering them to make informed decisions regarding their reproductive health. When the delegate of Afghanistan proposed that this would encroach upon the principle of state sovereignty and contravene the UN Charter's provisions on the right to self-determination, I advanced the argument that the realisation of fundamental human rights should supersede concerns of state sovereignty. Through persuasive diplomacy, I was able to garner support from delegations, including Afghanistan, to include provisions for women's education in the final resolution.*

**So as readers can probably discern from the above - all the Grey Court participants are probably going to fashion the future of governance when they become advisors, economists, international lawyers, generals and diplomats. It was indeed a pleasure supervising them from the comfy armchair of the St Paul's staff room munching on a plentiful supply of free cookies.**

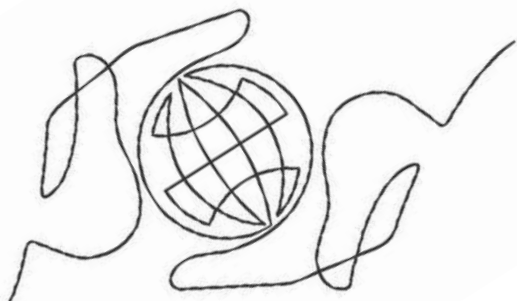
The feat was even more impressive considering we are one of the few state comprehensives that participate in this corridor of power, influence and opportunity. Jack Nekovee-Fitzgerald summed the experience up well when he reflected that:

*"The Model UN was definitely a metamorphic experience in how it transformed my thinking and problem solving skills and widened my outlook on life and society. Using the skill of debating gave me the capability to synthesise wide bodies of complex information, and to exercise creativity and critical thought. I think I performed very well, especially considering this was my first conference. My resolution was submitted and used in the conference, displaying my skill in the written form and also my research, organisation and presentation skills. All in all the MUN was a transformative experience!"*

**I would also like to congratulate one of our team captains, Seungyun Lee, for his nomination as the chair member of the Izmir Model United Nations 2023 conference which will be held in late February.**

Seungyun informs me that this was "thanks to the head of the delegate position he maintained during the conference.

So all in all, Seungyun's victory capped a wonderful weekend where the students championed women's rights, nuclear disarmament and Afghanistan's right to self-determination thus managing to put Grey Court on the model UN map!



**Year 7**  
**Year 8**  
**Year 9**  
**Year 10 History**  
**Year 10 Geography**  
**Year 10 Computing**  
**Year 10 VPA**  
**Year 11**

**Spring Activity Day**



**9 February 2023**

# KS3 and KS4 News



This week Y7s were lucky enough to have speakers from 'Just like Us' coming to speak about their lives and experiences around the topic of LGBT+. We were extremely impressed with the focus and attention the students showed in the talk, tackling some big issues which can sometimes be a bit confusing. I was delighted to hear so many thoughtful and inquisitive questions at the end of the talk, which showed me how well the year group had engaged. A big thank you to Ms Price and Ms James who organised.

A big well done to all those who have continued to take part in extra-curricular clubs this year. I am always amazed to hear all the amazing activities the students are doing in their own time. Just this week alone I have seen students in school at 7:45am for running club, showcasing their talents with LAMDA arts sessions, competing fiercely at chess club, expanding their energy at boxing club and eating popcorn in History film club... and this is just the tip of the iceberg!

A reminder to have a look over the arrangements of activity day which takes place on the last day of term on 9 February.

And finally well done to all the recipients of this week Tutor Awards.

- Mr Day

## Tutor Awards

- |   |                 |                                                                                          |
|---|-----------------|------------------------------------------------------------------------------------------|
| A | <b>Paloma C</b> | For showing fantastic resilience and excellent work in lessons                           |
| B | <b>Andrew</b>   | For being a kind, caring hard working and polite student                                 |
| C | <b>Kara W</b>   | For being a kind and caring member of the form                                           |
| E | <b>Tate L</b>   | For being a proactive member of the form and assigning form reps                         |
| M | <b>Max W</b>    | For representing the form in competitions and being a key player in the weekly quiz!     |
| O | <b>Archie D</b> | For showing an impressive, positive attitude in lessons.                                 |
| R | <b>Adrian L</b> | For being a positive and helpful member of the form.                                     |
| W | <b>Nehir A</b>  | For a fantastic attitude in all subjects, form and her many extra-curricular activities! |

# Year 8

A great week for Year 8 with Maple currently sitting in first place with achievement points this week. During assembly, we were updated with the success of Year 8 and the rest of the school's house points. Please continue to strive to gain these points for your house. Upcoming opportunities include the national writing competition and the three-aside basketball competition and lots more! Half-term is in sight, with many attending the ski trip. Hopefully, you will have your kit list ready to pack, including your snowball disco outfits!

**- Ms Woods & Mr Ridley**

When we strive to  
become better than  
we are, everything  
around us becomes  
better too

- Paulo Coelho



# Year 8 and 9

## Maths Assessments

Year 8 and 9 will be completing a Calculator Maths Assessment on the following dates:

Year 8 A Band: Thursday 23 February, P1

Year 8 B Band: Thursday 23 February, P5

Year 9 A Band: Thursday 23 February, P1

Year 9 B Band Thursday 23 February, P6

**Y8**

**Y9**

These will cover everything that students have studied so far this academic year.

Students have a revision checklist that they can access on their Google classroom, an interactive scheme of work and a specific Mathswatch task to guide their revision.

If a student has any further questions about this assessment they should speak to Mr Lunniss.

It has been another cold and frosty week, and we encourage all students to wear a coat when they are outside.

We have had a lot of enquiries regarding Year 9 options, please rest assured that all information will be sent out in the next upcoming weeks.

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## Parents' Evening

Year 9 Parents' Evening is fast approaching. This will be held on Tuesday 7 February from 4.30 pm to 7.30 pm, and will be online using SchoolCloud. We have asked students to prioritise booking slots with the subjects that they are thinking about taking for their options.

This week in assembly, we were joined by Mr Murphy who highlighted the amazing achievements of the recent inter-house competitions. A huge well done to all students who participated!

Lastly, we hope those students that are attending the Year 9 ski trip are getting excited! Please make sure you have read all information provided and prepare yourself for the trip.

**- Ms Howarth & Mr Ridley**



Half-term is fast approaching and this means so is Activity Day and the Ski Trip! Please ensure your child knows what they are doing for activity day and what they need to bring for school on Thursday 9 February. Mr Jacob is holding a meeting on Thursday 2 February at 2.45pm in the hall for all Year 10 students going on the ski trip with vital information, so please remind your child to attend.

January has been typically very chilly and February looks set to be similar, so please ensure your child is adequately wrapped up with coats and warm outerwear. Our standards remain just as rigorous with our uniform despite the weather!

I was lucky enough to take a group of year 10 students, along with Ms Corrigan, to the fantastic performance of Six! at the theatre this week, organised with the King's College programme. Our students were perfect role models for Grey Court and we all had a wonderful time.



Letters have been sent this week to parents in all years regarding lateness. Please ensure your child is on school site by 8.25am, ready and organised for tutor time. As we reach the halfway mark in the year, it is essential that no learning time is missed at any point. A reminder we are also unlikely to send students home if they are in school - our weekly resilience reminder!

Attendance in Year 10 is slowly improving but we are still not near our minimum of 96% - please work with us to get your child to school, on time, every day, prepared to learn and make exceptional progress.

- Ms Clark

# Food + Nutrition





A focus on GCSE this week. We had a successful parents evening for year 11, where I was able to discuss progress and results with students and parents regarding their Food Preparation and Nutrition coursework. Year 11 are making excellent headway with their NEA2 and move towards their final practical in the coming weeks.

Year 10 have finished their Nutrition and Health unit, culminating in a dish of their own creation last week, where they had to consider a life stage and a special diet. We had some fantastic dishes for vegan teenagers, for obese adults with heart disease and for an elderly person with osteoporosis and lactose intolerance! Year 10 adapted their recipes to ensure they were nutritionally balanced and suitable for their chosen group.

They then began their food choice topic, starting with dishes that celebrated festivals in certain religions! I was so impressed with the variety of excellent dishes produced.

**- Ms Clark**











*Dishes that celebrate festivals in certain religions*



# ATTENDANCE Matters

Attendance for week 16 January to 20 January

| <b>Tutor Group</b> | Attendance % |
|--------------------|--------------|
| 7 Willow           | <b>99.4%</b> |
| 8 Willow           | <b>98.7%</b> |
| 9 Oak              | <b>99.0%</b> |
| 10 Willow          | <b>96.7%</b> |
| 11 Oak             | <b>99.0%</b> |

| <b>Year Group</b> | Attendance % |
|-------------------|--------------|
| Year 7            | <b>96.3%</b> |
| Year 8            | <b>95.3%</b> |
| Year 9            | <b>95.2%</b> |
| Year 10           | <b>94.1%</b> |
| Year 11           | <b>95.4%</b> |



# STARS OF THE WEEK

| Year | Name                 | Subject            | Reason                             |
|------|----------------------|--------------------|------------------------------------|
| 7    | Ifan Mchardy         | PE Core            | Outstanding achievement            |
| 7    | Paloma Cajigao       | PE Core            | Outstanding achievement            |
| 8    | Charlie Morgan       | PE Core            | Outstanding achievement            |
| 8    | Moujan Rezaei        | PE Core            | Excellent progress in the subject  |
| 9    | Lucas Galant Draysey | PE Core            | Outstanding achievement            |
| 9    | Tess Flack           | PE Core            | Excellent contributions            |
| 10   | Maxwell Seddon       | PE Core            | Outstanding achievement            |
| 10   | Elise Mertens        | PE Core            | Excellent engagement in class      |
| 11   | Amelia Sinclair      | PE Core            | Excellent contributions to netball |
| 10   | Harry Jackson        | GCSE               | Excellent engagement in class      |
| 10   | Ricards Misins       | GCSE               | Excellent progress in the subject  |
| 11   | Ryder Emmerson       | GCSE               | Excellent progress in the subject  |
| 11   | Ayse Turkmen         | GCSE               | Outstanding achievement            |
| 10   | Iris Cardwell        | Health and Fitness | Excellent contributions            |
| 11   | Alfie Charman        | Health and Fitness | Outstanding achievement            |
| 12   | Harry Davidson       | Sport BTEC         | Excellent contributions            |
| 13   | Daisy Bowie          | Sport BTEC         | Excellent homework                 |

**WELLBEING**



# Upcoming Events

## **Preparing for transfer to secondary school 2023 with Jonathan Rourke from SENDIASS**

**31 January at 8PM**

Jonathan will be explaining to parents the process of transferring from primary to secondary school and how best to navigate this so that parents can help their child.

The webinar will also cover the things parents/carers of a child with ADHD should consider when selecting a secondary school, as well as the role of the SENCO in a senior school.

Finally Jonathan will tell us a bit more about the Kids SENDIASS service for those who are not already familiar with what they offer.



## **Managing Physical and Aggressive Behaviour and Supporting your Child with ADHD**

**Online: Wednesday 1 March & every Wednesday for 5 weeks until 29 March from 8:00-9:30PM**

This course will focus on supporting parents of children that frequently exhibit aggressive, controlling and very challenging behaviours. The course is for parents of pre-teen children/currently in junior school. We will cover subjects such as:

- The causes of aggressive or violent behaviour
- How to de-escalate difficult situations
- How to therapeutically address and stop unwanted behaviours
- How to improve and repair the relationship with your child and create a calm home

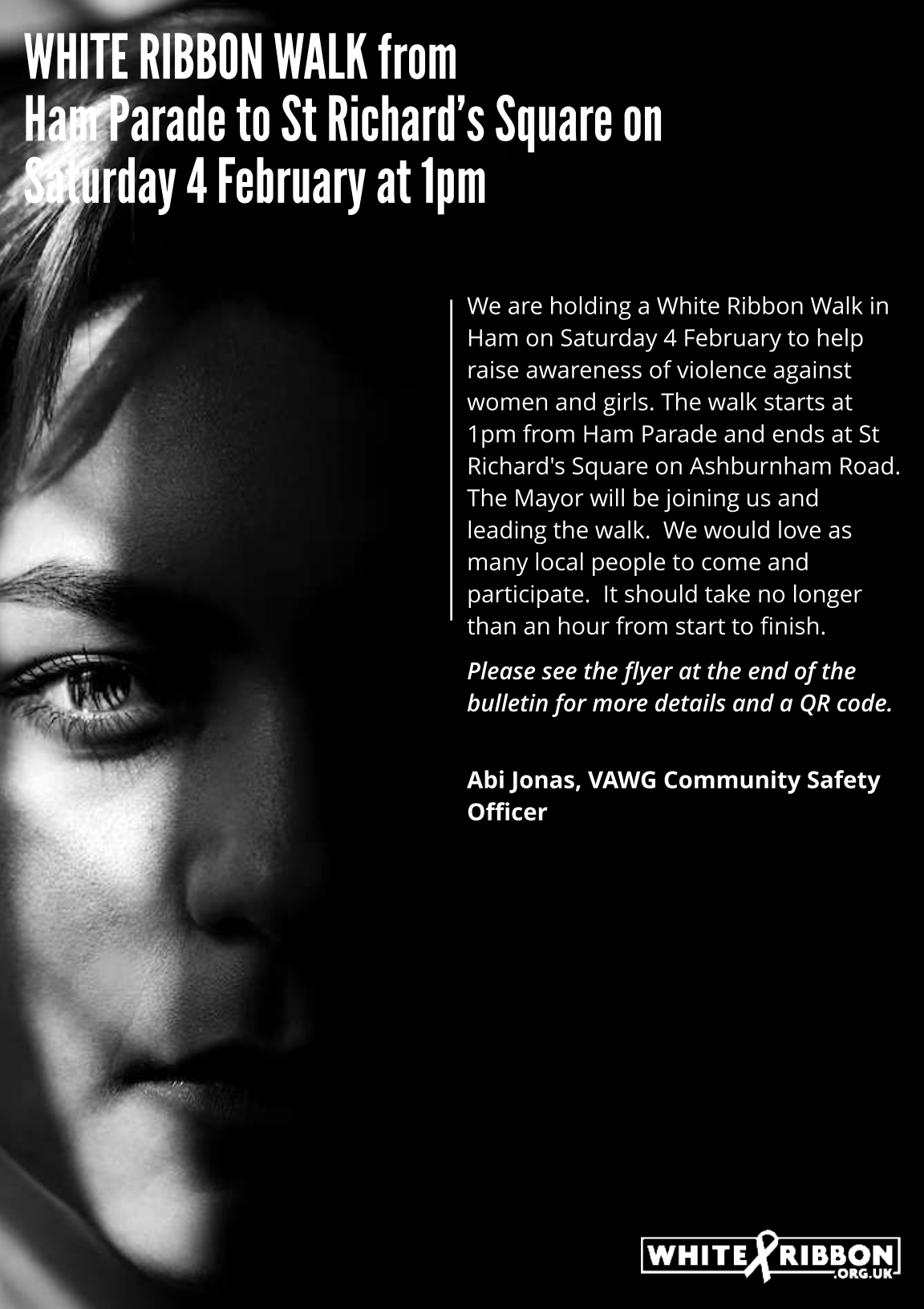


## **Advice Clinics**

For parents who need some individual input on your family circumstances, our Family Support Worker runs one to one advice clinics to provide you with resources and tools. She can advise on a wide range of questions including help with family dynamics, mental health, managing behaviour/emotions, organisation and executive function, school accommodations to SEN pupils, school avoidance, school selection, treatment options for ADHD, understanding ADHD and pre-diagnosis support.

Free for Richmond & Kingston residents.





# WHITE RIBBON WALK from Ham Parade to St Richard's Square on Saturday 4 February at 1pm

We are holding a White Ribbon Walk in Ham on Saturday 4 February to help raise awareness of violence against women and girls. The walk starts at 1pm from Ham Parade and ends at St Richard's Square on Ashburnham Road. The Mayor will be joining us and leading the walk. We would love as many local people to come and participate. It should take no longer than an hour from start to finish.

*Please see the flyer at the end of the bulletin for more details and a QR code.*

**Abi Jonas, VAWG Community Safety Officer**

# Careers' News



# Success.....!

This week, we celebrated successfully passing the 'Quality in Careers Standard' award, which we received in December 2022. This is an extremely rigorous assessment of our careers provision and we 'fully met' the criteria. Thanks to all the students, staff, parents and GC Governors who supported during this process and we have some photos with our careers ambassadors & staff.



Our brilliant year 10s with the plaque which will be displayed in reception. Well done to: Elsie, Claudia Xavier, Thomas and Daniel.



Our Head boy, George, and Head Girl, Francesca, led by example in their conversations with the assessor. They gave up their time during very important mocks so we are very appreciative.

Kanye and Lily, year 12 also showed their leadership qualities and the assessor was very impressed with their maturity and feedback on their experiences so far, they also led a great tour showing off our school.



Kitty, Isla, Bobby, Sofia, Lily and Morgan taking time from their busy year 11 GCSE schedule to celebrate our success.



Miss Holmes (right) and Miss Corrighan (left) celebrated in the science corridor, which showcases the range of science careers and diversity in Science with their wonderful displays!

[National Apprenticeship Week](#) | is coming up on 6-12 February and there are many events taking place. See the link for amazing resources and the talks taking place that you can access. We will be posting more information next week.

**Year 11s** are focusing on their GCSEs and many will be having college and sixth form interviews. There are still some open events if students want to explore their options and apply to colleges:



We're excited to welcome you to the Fashion Retail Academy, so you can see for yourself what makes us the best place to study fashion and kickstart your career. **We have courses in Fashion retail, fashion design and visual communications & styling.** All our open days include a presentation from our Principal, Lee Lucas, and talks about each of our courses. Tutors, alumni and current students will be available to answer your questions. **Level 2 & Level 3 Open Day - Saturday, 4 March 2023** book: [FRA Open Days | Fashion Retail Academy London](#)



The South Thames College group is holding a series of open events in January and early February.

Kingston College

Saturday 28 January, 10am-1pm

[Register here](#)

Carshalton College

Wednesday 1 February, 5pm-7pm

[Register here](#)



**The next Nescot open event is Wednesday 8 February 4.30-7.30pm.** Nescot provides a range of vocational courses for students including animal care, construction, catering and much more... Find out more and register to attend: [Nescot Open Events](#)



# Sixth Form News



# Sixth Form Parents' Evening

The Sixth Form Parents' Evening will be held on **Thursday 2 February 2023 from 4:30 pm -7.30 pm.**

Due to larger numbers of students some subject appointments will take place from 1:30 pm onwards and lessons after lunch will be cancelled.

We have also allocated **Wednesday 8 February 2023 from 1:30 pm onwards** for any appointments that cannot take place on the **2 February.**

This will be a remote event. All appointments will be virtual and be **8 minutes** long.

It goes without saying that this is a very important evening for parents of our students, and we would encourage you to make every effort to attend.

The online booking system is now open and will close on **Wednesday 1 February 2023 at 8:00 pm.** You must ensure that your appointments are booked before it closes.

Please find a guide below on how to manage the booking system.  
[School Cloud Booking Guide](#)

You can find a list of questions and answers relating to appointments here: [Q&A](#).

If you have any concerns about how to book, or if you would like us to book the appointments for you, if you are unable to, please contact [ouluduzatakan@greycourt.org.uk](mailto:ouluduzatakan@greycourt.org.uk).

## **How to Guide for Booking Appointments**

The unique web address for our Parents' evening is <https://greycourt.schoolcloud.co.uk>

Once you have clicked on this you will be required to enter the following information. Please note that the information we require is the information that you submitted to us and the information we have on our school system:

- Title
- First Name
- Surname
- Email address you want to be contacted on
- Your child's first name, surname and date of birth

You then need to [follow this step by step guide to making appointments](#) with teachers. If you would prefer, please watch [this video](#).

## Work Experience

This week, Year 12 have been given additional details about organising their work experience placement in July. Work experience week is 3 July. Students have already had a networking opportunity at the Friends and Founders evening in December, and there will be a work and apprenticeship event on 3 March. The deadline for securing a work experience placement and completing the online form through Unifrog, is Friday 17 March.

[Work Experience letter](#)

## UCAS - what comes next?

The deadline for UCAS applications has now closed. Many of our students have heard from all five of the universities/courses they have applied to and many of our students have received offers from all five of their choices. So now it is decision time for students to choose a firm choice and add an insurance choice. Sounds scary but each student will have been given a date to reply by which will be in May or June so there is plenty of time for making decisions. Here is a link to the UCAS page on [how to accept your offers](#). You should also look at this [information from UCAS](#) about choosing your firm and insurance choices.

## STARS OF THE WEEK



All the BTEC students who sat external exams in January - you conducted yourself brilliantly in the exams.

# EPQ Update

This week students will be given an introduction to creating their final presentations on their EPQ. This is in front of a small audience of their peers and will last about 10 minutes (including a Q and A session). Presentations should be completed in February so that final folders can be handed in by the beginning of March. This avoids any clash with preparation for Easter mocks.

# Oxbridge Update

Our new year 12 Oxbridge group had their first meeting last week. Miss Fincham outlined the basic requirements for an application for all students to reflect on and decide if the process is something they can commit to and that they meet the entrance criteria. A supercurricula task has been set up on the google classroom for students to complete. This is in preparation for writing the first drafts of their personal statements. In addition to this, students should be researching the courses, colleges and entrance exams for their subjects to ensure they are fully aware of the expectations and the timeline in the year ahead.

# Weekly Opportunities

[26/01/2023 Sixth Form Careers opportunities](#)

**Your personalised information sheet about:**

- Work experience
- Careers talks
- University tasters/summer schools
- Apprenticeships

## Work Experience Letter

A letter was sent home to parents this week about work experience taking place this summer 2023

### **WEX Unifrog Placements letter for parents**

Students should be now looking for placements for 3 to 7 July 2023 and they can confirm their placement using the unifrog placements tool.

Students can also access university summer schools during that week. Please speak to Miss Corrighan if you have any questions

[bcorrighan@greycourt.org.uk](mailto:bcorrighan@greycourt.org.uk)

# Our Sports *weekly roundup*



# Sports' Timetable

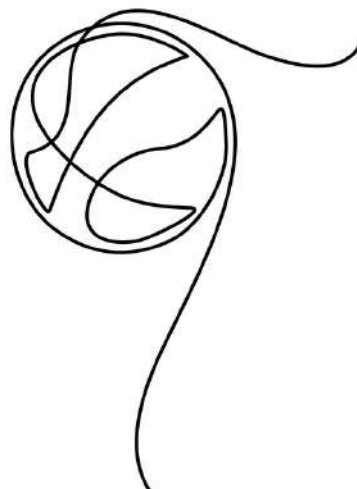


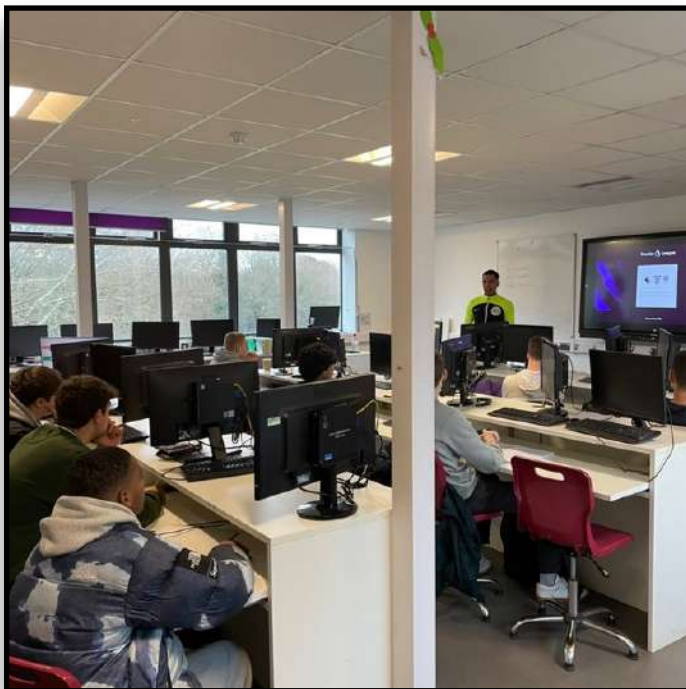


Congrats to the U14 Girls Basketball team who progress to round 2 of the [@LdnYouthGames](#) representing Richmond Borough! They had a convincing win against Heston Community Sch with plenty of court time for all players.



Unlucky result for our U12 girls basketball game against a very strong opponent [@christs\\_school!](#) I'm proud of our girls for showing great perseverance and not backing down from a challenge on to the next game!!





Thank you to [@f\\_hallam](#) from [@FA\\_PGMOL](#) for giving up his time to deliver a brilliant interactive workshop to our BTEC Sport students on Wednesday. A great insight in to the difficult job of refereeing - we all learned a lot and got through the lesson without any red cards!



**Huge well done to the U14 girls' basketball squad** who have qualified for the Surrey Finals following a very competitive tournament at George Abbot on Wednesday night. Our girls scored a total of 87 points, conceding just 27. Coach's POM Margo!

1<sup>st</sup> Grey Court  
2<sup>nd</sup> Christs  
3<sup>rd</sup> Woking High  
4<sup>th</sup> Georga Abbot  
5<sup>th</sup> Chessington  
6<sup>th</sup> Blenheim



Huge congrats to the U13 girls cricket team for winning their Indoor Regional Final on Thursday. Thank you @Tabes2 for coaching the girls! We look forward to the next challenge!

# Grey Court Dance Zone

**Starts Tuesday 10th January 3-4pm**

**Come and join Ms Sallis on Tuesday's in the  
small gym, no experience needed.**



**All genders and  
years welcome!**

# Boys' Player of the Month

Aaron has performed brilliantly at table tennis for the school in 2022. In October, he was part of the side that were crowned Borough Champions at Turing House School - defeating every opponent he faced. In November, he played in the regional competition at Whitgift. Here, Aaron demonstrated his true class against some high-level opposition, winning all but one of his matches. This happened to be against the previous National Champion! He will look to get his revenge when he represents the school at the individual regional competition in February. Aaron is currently training at the Graham Spicer Institute in New Malden, honing his skills several times a week. He is a credit to the school when he steps out to that table, bat in hand, to represent Grey Court.

Aaron Gorry



# Boys' Scholar of the Month

Avery Barikor

Avery has performed superbly for the school in cross country over the past few months. He formed part of the Junior boys team who won their area Championships in October. He then went on to perform strongly (finishing 7th) as part of the same winning junior team at the North London Regionals in St Albans. Following this, Avery travelled up to Leeds in December to compete in the National Cross Country Cup Finals. He was up against a high quality field with many boys a year older than him, yet came home in a very respectable position to help the Junior Boys team finish 9th in the country! Individually, Avery's most noticeable performances include coming home 6th in the Junior Knoles run and 2nd at the Richmond Borough Cross Country held in Richmond Park. He is currently part of Momentum Sports, training at Kingsmeadow athletics track. He also trains every Thursday with the Junior Boys cross country squad at our weekly running club. We look forward to seeing Avery continue his athletic achievements, looking ahead to the outdoor athletics season.



# Boys' Team of the Month

The U15s made it 8 wins from 9 this season with a superb performance in the Middlesex Plate Final, beating RTS 33-29. An incredible second half fightback at Grasshoppers RFC ensured the team's resurrection from 29-14 down. There was excellent character and fight displayed by the boys throughout, none more so than by Elijah Kadir who claimed our match winning try. A special mention should also go to Jakob Thompson who maintained his composure with two solid conversions. There were two great tries scored by James Alleyne, showing his immense speed and quick feet, while captain Ben Hislop was immense throughout, demonstrating his power and leadership skills. Well done boys!

U15 Rugby Team



# Girls' Player of the Month

Lily is an all round athlete competing in a variety of sports inside and outside of school. Lily has competed for many years with Richmond Gymnastic Association (RGA), training five times a week in her specialist area of Acrobatic Gymnastics. Her hard work and enthusiasm continues to provide her with a variety of opportunities to compete in several competitions and countries, such as Poland and Portugal. Her dedication to the sport has secured her a place on the Great Britain Gymnastics Squad for the European Championships in 2023, taking place in Bulgaria. As well as being part of the RGA, Lily has been a key member of the Grey Court Elite Gymnastics Academy. She competed in a National Floor & Vault competition last year placing 2nd as well as the National Milano Trio competition placing 4th, just 0.1 off placing 3rd.

As well as her commitment to Gymnastics, Lily is a vital member of the U14A Netball and Athletics team. She can always be relied upon to support her teammates and always represent the school to the best of her ability. Lily is an outstanding role model to younger students and sets a great example of how to communicate and balance academic studies when participating in high level sport.



Lily Burnett

# Girls' Scholar of the Month

Chloe Clements

Within school Chloe has settled in really well at Grey Court and has made herself known to the PE department after attending many different clubs including football, netball and running club. She has been an integral part of the girls year 7 football team, captaining the team to many victories. Chloe is also 1 of 3 year 7 girls to have featured in the year U13 team so far this season, and she has racked up over 17 goals in 10 games! On top of that, Chloe has also achieved 2 MVP awards. She is an exciting footballer and a delight to have in both teams. Outside school Chloe is part of the QPR academy and is thriving after only joining this season.

Chloe has worked hard in Scholarship lessons, developing her tennis skills in her single lesson and also being exposed to boxing and lacrosse. She is a fantastic all rounded athlete and takes great to directions. Chloe tries her best and applies herself to all activities, making the most of each opportunity to develop new skills. Despite the cold, she always comes to class keen to do her best, and as a result has topped the charts as our fastest cross country runner in class, averaging at 10.90 minutes. Keep up the good work, Chloe!



# Girls'/Mixed Team of the Month

The Elite Gymnastics squad are our team of the month. The squad have worked extremely hard during their sessions so far this year in the lead up to their first competition - The Regional Milano Team Finals. They have demonstrated great team work, communication and organisation skills. Many of our older athletes have taken on the role of coach to help support and develop our younger squad members demonstrating excellent leadership qualities. Across a variety of year groups, the squad has worked together to perform fantastic routines on the floor, in trios and on the vault. Our U16 Mixed and U19 Mixed teams secured themselves a place at the National Finals in March. A huge shoutout to Diana who scored 16/16 of her vault. Well done to all those involved and wishing Mali a speedy recovery!

As the Elite Academy moves onto preparing for their next competition, Regional Floor and Vault, we look forward to seeing many more athletes competing for Grey Court.



Elite Gymnastics Squad

# Girls'/Mixed Team of the Month



Catch up on some of the great sporting news during the last week of school, 2022



Elite Gymnastics Squad





# DISCOVER LACROSSE

USE CODE  
RLCSCH23  
FOR 15% OFF  
MEMBERSHIP

## JOIN RICHMOND LACROSSE CLUB



### Under 10's (mixed)

Noncontact - equipment provided

Sundays 09:30 - 10:30

Kings House Sports Ground, W4 2SH



### Under 12's (boys)

Contact - younger ages allowed - equipment provided

Sundays 10:30 - 12:00

Kings House Sports Ground, W4 2SH



### Under 13's (girls)

Contact - younger ages allowed - equipment provided

Sundays 10:30 - 12:00

Kings House Sports Ground, W4 2SH



**CONTACT US** [info@richmondlacrosselondon.com](mailto:info@richmondlacrosselondon.com)

<https://www.richmondlacrosselondon.com/memberships>

# WHAT'S ON AT HAM YOUTH CENTRE?

## WHO ARE WE?

We are a team of experienced youth workers who work with 11 to 19 year olds in Kingston and Richmond to provide fun, free and developmental activities.

## WHAT WE DO

We provide young people with a safe space where they can meet their friends, talk to staff, and take part in activities. We are open after school every day of the week and also during school holidays.

## WEEKLY TIME TABLE

### MONDAYS

**Football training** 3pm to 5pm

**Good4Girls youth club** 5pm to 7.15pm

### TUESDAYS

**Junior youth club** 3pm to 5.30pm

**Ham in Session: Music** 3pm to 5.30pm

**Archery** 3.30pm to 5pm

**Game Jam** 6pm to 8pm

### WEDNESDAYS

**Handmade arts club** 3.30pm to 6pm

**Youth orchestra** 3.30 to 5pm

**Senior youth club** 5pm to 8pm

### THURSDAYS

**Parkour** 3pm to 6pm

**Anxiety support group** 4pm to 6pm

**Ham in Session - Music** 3pm to 5.30pm

### FRIDAY

**After school drop in** 3pm to 5pm

**Ham in Session - Music** 3pm to 5.30pm

### SATURDAY

**Drop in youth club** 1pm to 3.15pm

Including **boxing** 1pm to 2pm

**Ham Youth Centre**, Ham Close, Ham TW10 7PL



**achieving  
for children**

# WHAT HAPPENS AT THESE DIFFERENT SESSIONS?

## FOOTBALL TRAINING

Open to everyone, coached by Brentford Football Club.

## GOOD4GIRLS YOUTH CLUB

Exciting new project for young women where girls get sole use of the centre. Focusing on emotional wellbeing, trying new things and having fun.

**JUNIOR YOUTH CLUB:** Years 6 to 8     **SENIOR YOUTH CLUB:** Years 9+  
**AFTER SCHOOL DROP IN:** All ages

Open access youth club where young people decide on the activities offered: art, pool, gaming, cooking, archery, skateboarding, fencing, table tennis, badminton and more.

## GAMEJAM

Come and try out the new state of the art gaming lounge. Take part in workshops on coding and game design.

## YOUTH ORCHESTRA

A fantastic opportunity to learn an instrument. We have a selection of string and wind instruments available for you to practise on and be taught by musicians Firas and Micka.

## HAM IN SESSION - MUSIC

Come and use our state of the art music studio with tutor Zad. Learn drumming, guitar, music production and studio recording.

## HANDMADE ART CLUB

Work with professional artists in different art forms including textiles, painting, and fashion design.

## PARKOUR

A form of urban gymnastics, learn from expert coach Jason to precision jump and cat leap on our range of specialist parkour equipment.

## ANXIETY SUPPORT GROUP

We have charity MIND visit every Thursday to offer support around anxiety and stress.

## OTHER SUPPORT FOR YOUNG PEOPLE

Our experienced staff team are always there to support young people with issues they might be facing including drugs and alcohol, anxiety, stress, career choices, school, relationships. We offer the CCard scheme.

For more information contact centre manager, Ben Skelton:

E: [ben.skelton@achievingforchildren.org.uk](mailto:ben.skelton@achievingforchildren.org.uk)



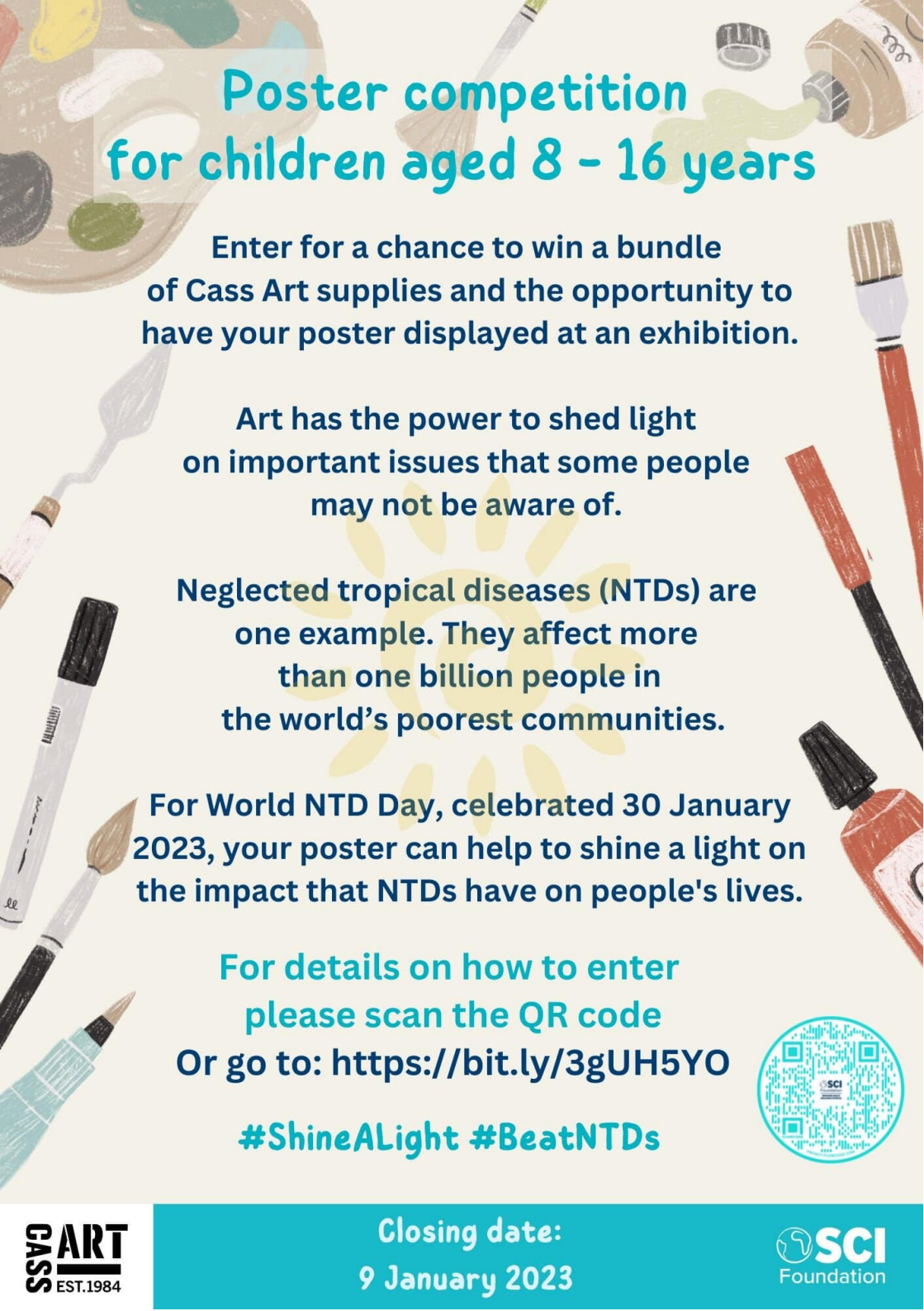


# Introducing our New Free Exercise Class

Come and join the **Ham Social Club** for a fun session with exercise followed by coffee/tea, biscuits and other activities and socialise with like-minded people .

Starting form January 27,  
Every Friday at 11:30am  
at Ham Youth Centre,  
Ham Close, Richmond,  
TW107PL

**Walk in to register and book your place or  
call 0208 8939000 or email  
kiran@multiculturalrichmond.org.uk  
to register and also find out about all our  
other services**



# Poster competition for children aged 8 – 16 years

Enter for a chance to win a bundle  
of Cass Art supplies and the opportunity to  
have your poster displayed at an exhibition.

Art has the power to shed light  
on important issues that some people  
may not be aware of.

Neglected tropical diseases (NTDs) are  
one example. They affect more  
than one billion people in  
the world's poorest communities.

For World NTD Day, celebrated 30 January  
2023, your poster can help to shine a light on  
the impact that NTDs have on people's lives.

For details on how to enter  
please scan the QR code  
Or go to: <https://bit.ly/3gUH5YO>

**#ShineALight #BeatNTDs**



# **NEVER COMMIT, EXCUSE OR REMAIN SILENT ABOUT MALE VIOLENCE AGAINST WOMEN**

White Ribbon campaigns to end violence against women by encouraging people to make a stand, help raise awareness and call out abusive behaviour. White Ribbon Walks are taking place across Richmond upon Thames.

**Richmond Council invites you to take part in the  
WHITE RIBBON WALK IN HAM**

Join us on  
**Saturday 4<sup>th</sup> February at 1.00pm**

Simply turn up to the starting point at Ham Parade outside Sainsbury's and we will be led by the Mayor, walking a marshalled route through Ham Common to St Richard's Square, Ashburnham Road for speeches.

For more information about White Ribbon visit [www.whiteribbon.org.uk](http://www.whiteribbon.org.uk) or just scan the QR Code below.

