



Grey Court School  
**eBulletin**

28 April 2023

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**Cover:** Photo taken at the DofE Silver Expedition held last weekend

# DATES FOR YOUR DIARY

<b>4 May</b>	Our Sea of Stories
<b>26 May</b>	ROA
<b>9 June</b>	BBQ & Band Night
<b>27 June</b>	Sports' Celebration Evening
<b>3 July</b>	Year 6 Parent Information Evening
<b>18 July</b>	VPA Oscars
<b>23 September</b>	G-Fest



**Sign up to help with one or more of these events**

# Grey Court PA Need You!

Please help us in the following ways:

## Sign up for your **school lottery**

Tickets cost £1 per week.  
Every ticket bought helps the school

Win up to £30 weekly  
Automatically entered into the national £25,000 jackpot draw

## Help us run the lottery

### We're looking for a Promoter & 2 Returns officers

The lottery is run by "Your School Lottery".

Each school is required to register with their local authority as a Small Lottery Society and have a Promoter, appointed in writing.

***Our promoter is no longer a parent at Grey Court and so we are recruiting a new promoter.***

Every 2 months, "your school lottery" sends us details of lottery proceeds on a form.

***We need two Returns Officers to check and submit this form to Richmond Council.***

If you can take on either of these roles, please contact **Maddy Thomas**: [mthomas@greycourt.org.uk](mailto:mthomas@greycourt.org.uk)

## Support our events

Can help at our BBQ & Band Night, Sports Celebration Evening or VPA Oscars?

Can you help with our next G-Fest [23 September]

***If you can help us plan or run any of these events, please [fill out this form](#).***

The more the merrier!

The background of the entire page is a scenic photograph of a sunset over the ocean. The sun is a bright yellow circle just above the horizon, casting a warm glow across the sky. The sky transitions from a pale blue at the top to a soft pink and orange near the horizon. The ocean is a deep teal color with gentle waves. In the distance, dark silhouettes of mountains are visible against the horizon.

# SUMMER ACTIVITY PROGRAMME

12-14 JULY

**Our summer activity programme will take place from Wednesday 12 July to Friday 14 July. The full schedule, including details on how to pay, will be emailed to parents soon.**

**We are committed to providing a high level of enrichment activities for our students, but we can only do this with sufficient parental contribution(s).**

# #KeepInTouch



22-23 Term Dates



23-24 Term Dates



School Events



Sports' TT



Sport SOCS



Education Fund



ScoPay



The Uniform Shop



Thursdays 3-4pm



Breakfast Menu



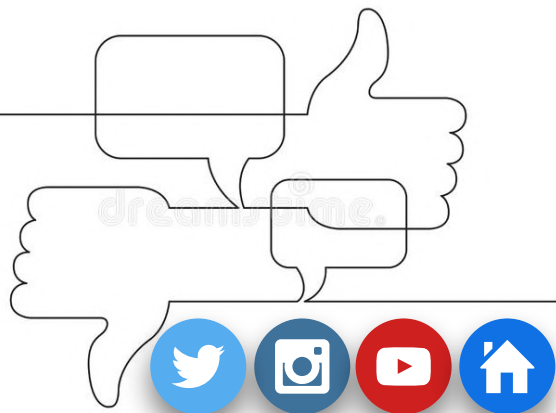
Weekly Menu



Graze Menu



Extracurricular TT



YOUR INVITATION TO OUR...

# *Sea of Stories*

A multimedia performance of our  
original migration stories

MAY 4  
5:30-7:00 PM

Grey Court School,  
Ham St, Richmond,  
TW10 7HN

**Book Your Tickets [Here](#)**



# Our Sea of Stories Multicultural Evening

**We are calling on the help of students and parents alike for our upcoming Multicultural Evening on Thursday 4 May.**

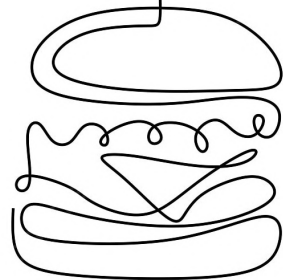
On this evening, we celebrate the vast diversity of our student and community heritage and ask that dishes are brought in that are traditionally eaten and reflect the origins of the country.

The food and dishes can be anything that can be shared with our community on this evening - British scones, Taiwanese dumplings, Omani Halwa, Turkish delight - the more diverse the better!

If you are able to help us, please get in touch with Miss Clark or Ms Nair and let us know what you intend bringing to school. Bring the food (labelled with ingredients and allergens) to the main hall at 5pm. You are also invited to watch the show which is a very unique performance of our own migration stories.

Thank you so much in advance!  
Miss Clark ([lclark@greycourt.org.uk](mailto:lclark@greycourt.org.uk))  
Ms Nair ([pnair@greycourt.org.uk](mailto:pnair@greycourt.org.uk))

**We need your help!**



# CLUB NEWS



Click Photography is back for the Summer term - a brilliant opportunity to develop your skills in photography, use professional equipment and be creative! Spaces are limited, so please sign up as soon as possible to book your place.



## CLICK PHOTOGRAPHY @ Grey Court School

Our Year 7-10 & DofE Photography Club is a fun and exciting introduction to Photography. Looking forward to an action-packed Summer term. Canon Dslrs included

### Summer 2023

Topics include **Vortography**, **Summer Colour**, **Richmond Bridge**, **Spheres**, **Forced Perspective**, **Portraits**, **Oil Drop**, **Small World**

Classes are on Tuesdays and begin on 2nd May 2023  
Sessions 3.10 - 4.10pm. 9 weeks Fee £85

Click Photography Workshops is run by award winning reportage photographer Philip Hollis & Sheridan Morley, former Nikon UK Fashion Photographer of the Year

To book a place please email [clickschools@gmail.com](mailto:clickschools@gmail.com)  
or use the booking form on our website

[clickphotographyworkshops.com](http://clickphotographyworkshops.com)

# SEE THE



Extracurricular TT

# SHOUT-OUT



**Kooshan Hayati**

**Kooshan Hayati** signed his contract on 20 April with QPR! We are all super proud of him!



# SHOUT-OUT



On Tuesday night, **Anna Wild** received the Jack Petchey award for her contributions as a considerate, caring Patrol Leader who gets involved in all tasks and leads by example. She was nominated by her Guide leaders. Her Guide troop, 6th Teddington Guides, received £300 for activities.



Photo: Anna Wild with the Mayor of Richmond-Upon-Thames, Julia Cambridge.

# SHOUT-OUT



Huge congratulations to our Year 12 Young Enterprise cohort who were runners up in the Richmond Borough "Company of the year awards" last night and now go on to represent Richmond Borough at the South London Awards on Tuesday 9 May where they will compete against the best companies from Kingston, Merton and Croydon.

Their business "Conceptity Social Club" is a subscription based website service aimed at young entrepreneurs. Currently in Beta stage, they aim to go live at the end of May.

Hosted by the National Physical Laboratories and judged by company directors and business owners, the Company Programme gives students the chance to set up and run a business from scratch, bring their product to market at trade fairs and undertake a Dragons Den style interview and presentation in competition with other businesses.

Pictured with their runners up trophy are (left to right) Flo, Marta, Euan, Harrison, Mo, and Ned.

We wish them all the very best for the next stage of the competition (and with Conceptity, of course).

- Ms Thomas





Scan to find out more

music**first**

# Young Creative Musician Festival

For students between 11 and 18 years old

**The only UK school and college composition festival that celebrates ALL genres of music.**

Whether your students are classically trained and play an instrument, talented rappers and singer-songwriters or have a keen ear for mixing sounds to produce unique tracks, the **MusicFirst Young Creative Musician Festival** gives your students a platform to share their talents.



Winners will be announced during a masterclass hosted by **YolanDa Brown** OBE DL

*"I love the freedom of creating music and its ability to tell a story, create a mood and even spark thoughts and emotions. That is exactly why I am pleased to be involved in the MusicFirst Young Creative Musician Festival. I cannot wait to hear the gorgeous music that will no doubt be created."*

Entries in by  
2 June 2023

# musicfirst

## Young Creative Musician Festival

Students can enter as a composer or a producer:

### Composers

Original compositions in any style performed by the entrant/others or electronic.

### Producers

Originally mixed track using sound samples, loops and perhaps original material to create an original track.



Further details of submission guidelines will be provided following registration for the event.



Our judges will be reviewing all the creative and diverse entries following the 1st June deadline.



One winner from each age group in both the composers and producers category will be announced during a masterclass hosted by **YolanDa Brown** OBE DL.

Sponsored by

(-) Soundtrap  
Focusrite



### Prizes

Winners will receive a **Focusrite Scarlett 2i2 Studio kit** and a **multi-user subscription to Soundtrap for Education** for their school/college.

Visit: [lp.musicfirst.co.uk/young-creative-musician-festival](http://lp.musicfirst.co.uk/young-creative-musician-festival)

LEEDINGBURGH

FOLE

DUKE



# Y10 *Braving the elements and soldiering on...*

Congratulations to year 10 who completed their practice Silver Expedition as part of their DofE award last weekend.

Weather conditions were brutal at times but, despite this, and a couple of equipment malfunctions, many blisters, they soldiered through!



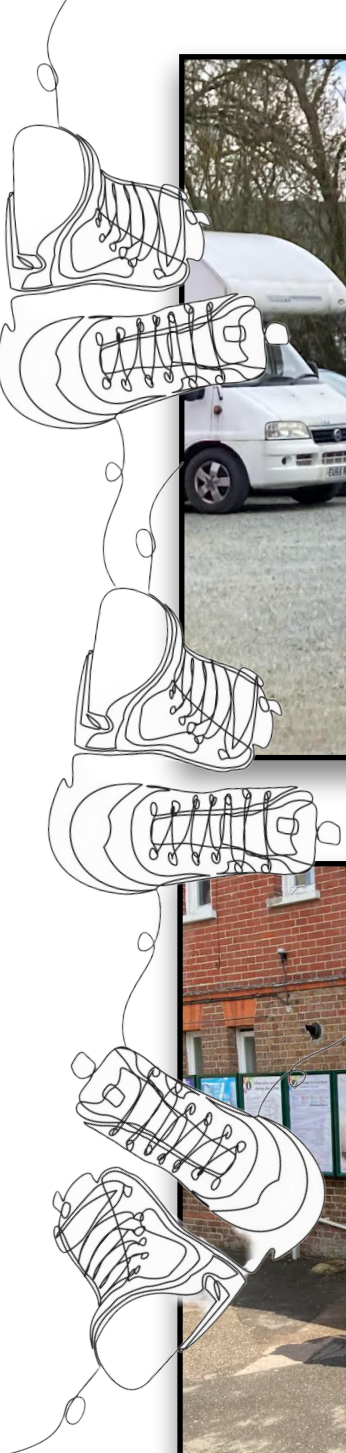




*Soldiering on...*







# KS3 & 4 NEWS





# Teen author event: Darren Simpson

Award winning *Cover Story* author

In celebration of *Cover Story*, Richmond Libraries' awesome annual pick of the best teen reads for 11 to 14 year olds, author Darren Simpson will be talking about his latest books, *Furthermoor* and *The Memory Thieves*.

Darren's vivid and unruly writing has won him awards from The Guardian, The Observer and Waterstones to name but a few, as well as a nomination for the super prestigious Carnegie Medal, and we can't wait for his visit to Richmond!

Join Darren for a lively talk and Q&A, followed by a book signing.

Tuesday 2 May  
7.00pm – 8.00pm

Richmond Lending  
Library

Little Green, Richmond  
TW9 1QL

## Cover Story Review Writing Competition

Well done to the following students. They will go on to meet the author, Darren Simpson, at the awards ceremony. The event is open to everyone.

### Winner

Coco Mtandabari

*Animal Farm* by George Orwell

### Commended

Alice Percival

*The Silver Brumby* by Elyne Mitchell

# 7 R A W E Y

Another busy week for Y7!

Well done to the students for their hard work and diligence during their first week of exams. We have been impressed with their positive attitudes towards the assessments. A reminder that there have been some slight amendments to the schedule, which is available on Google classrooms.

This week in assembly we were lucky to have Miss Comrie speak about Stephen Lawrence Day, both his life and the events around his death and also the legacy created by his family. We continue to do all we can to educate the students about racism and their important roles in the community.

- **Mr Day**

# @ R A W E Y

We have had a fantastic start to the term, with the following students being awarded our top achievers last week: **Philine Zoeller, Laura Wise, Tariq Alqasem Alvarez, Charlotte Jackson** and **Maia Sehgal**.

With the end of year 9 exams coming up at the beginning of June, Ms Bozzard-Hill has created some amazing revision resources which tutors are running every Thursday during AM Reg. Last week, students discussed how effective they currently feel their revision is. Tutors then took them through some new 'retrieval practices' and encouraged them to try some! Next week, we will be focusing on Maths revision.

Although we appreciate that it can be challenging getting back into school routines, homework is an essential part of deepening students' knowledge and understanding - particularly important with the transition into GCSE. We run a number of homework clubs for students' to access support, a computer and a quiet environment - please direct them to their tutors for more information. **KS3 team homework club is every Wednesday in T4 from 3-4pm.**

A reminder that polo shirts can now be worn to school, but all students must wear their blazer in the school building - this is part of our uniform policy.

- **Ms Howarth & Mr Ridley**

# 11 YEAR EAR Y

Welcome back Y11, I hope you all had a restful break, despite the copious amount of revision that I am sure you got through. There are now only 17 days until the first exam and although this may seem extremely daunting to so many of you it is incredibly important to think about the end goal as well as the awesome summer you are all deserving of. Parents passport sessions will begin on the 12th May. As a school we do not offer study leave. The expectation is that students must be in school every day with few exceptions. Passport sessions have always been a success at Grey Court as students will have bespoke revision sessions made and ask any last minute questions they may have.

Additionally, students please remember that everyday is an opportunity to secure more achievement points in order to attend prom. If you are currently in the minus you need to find your way to the positive. Ask for those achievement points at every chance you get.

Lastly uniform checks were conducted this week, it is now the summer term so students are allowed to wear their polo shirts. Students should be wearing white polo shirts with the Grey Court logo. Any students found not complying with the uniform dress code will receive a phone call home and a detention. Please make sure students are following the school dress code before leaving for school in the morning


- Ms Comrie

THE  
FUTURE  
IS  
BRIGHT  
AND  
FULL  
OF  
HOPE

**ALMOST EVERY  
SUCCESSFUL  
PERSON BEGINS  
WITH TWO BELIEFS:**

THE FUTURE CAN BE  
BETTER THAN THE  
PRESENT,

AND I HAVE THE POWER  
TO MAKE IT SO.



© Lifehack

# Ham & Petersham DOG SHOW

9th of July Douglas House Meadow  
TW10 7AH



Price of Entry:  
£2 per person



11:00am-4:30pm

Kids under 5 and  
dogs go FREE!

This is all in aid of  
charity so please  
bring cash to donate

We'll have agility and gun dog  
shows in the main arena

## Classes!

Best Behaved Puppy  
11:30am - 12:00 pm

Best Young Handler  
12:00pm - 12:30 pm

Prettiest Bitch  
12:30pm - 1:00pm

Handsomest Fella  
1:00 pm - 1:30pm

Best Veteran  
1:30 pm - 2:00 pm

Best Rescue  
2:00 pm - 2:30 pm

Best In Show 2:30 pm



ALL DOGS  
MUST BE KEPT  
ON LEADS



[hamandpetershamdogshow.com](http://hamandpetershamdogshow.com)



**Richmond**  
Good Neighbours

# Everybody Needs Good Neighbours!

## Can you spare a few hours a month?

We have flexible volunteering opportunities to fit around your busy schedule.

**You can help us to help elderly, isolated people living independently in central Richmond with:**

- Befriending
- Shopping
- Driving to appointments or social activities

We have over  
120 clients  
who need our  
support

**Interested in joining the team?  
Please get in touch for a chat:**

[organiser@richmondgoodneighbours.org.uk](mailto:organiser@richmondgoodneighbours.org.uk)  
020 3538 4060

Our  
volunteers  
donate over  
3,500 hours  
every year



@RGN\_Richmond



@richmondgoodneighbours

[richmondgoodneighbours.org.uk](http://richmondgoodneighbours.org.uk)

**Be a good neighbour in your  
community and make someone's day**



**COMMUNITY  
FUND**

Registered charity number 1187997



# DREAMS OF FIELD

**Mr Clements**

If you aerate it they will come!

Summer is the favourite term for Mr Rhodes as it signals the opening of the Great field for 1500 plus students to gambol on from April to July. This enthusiasm is also felt by the students themselves who cascade out of their classrooms every lunch time and muster on Grey Court's verdant carpet.

Over the years a series of rituals have evolved around this summer season. Mr Protein is sent out with the aerotator during the Easter holiday to in an attempt to promote a rich thatch - a task he professes to enjoy. Mr Willmore writes several letters of complaint stating the need to keep the green colosseum in great shape for sports day. These are returned with a "REJECTED" stamp. The badgers petition for better working conditions, local residents coat their greenhouses in protective tape and Mr Jacob edits his drone video of the "field from above" which is manicured into a series of year zones. Zones that are largely ignored for the first week!

For my part, I spent the Easter vacation practising "keepy-uppy" and endeavouring to master the "round the world" trick, which I'm reliably informed by my physiotherapist is "genetically impossible to perform after 45 due to calcifying ankle sockets!" I also ransacked my shed, raided the PE cupboard (undercover of night) and dredged the school roof for spare footballs, as a teacher who is "football rich" becomes very popular in this period.

The lunch bell in the summer signals the start of an elaborate synchronised swarm of students whirling around in eddying swirls after multiple footballs with bags, jumpers, bins and the odd building implement used for goalposts. Lines and markings tend to be fluid and scores frequently reach double figures.

Within the throbbing melee can be found Mr Holden (looking like a nineteen eighties snooker player in his waistcoat and latest wacky tie) blowing a whistle enthusiastically and Mr Jacob who will volley numerous stray footballs into the air with a cry of 'ave it!' Mr Rhodes will invariably be found goal-hanging in the year 8 zone, nicking footballs off the toes of scampering street footballers and poaching goals from 1cm out before wheeling around in celebration and shouting "Solskaer!"

Time always feels concertinaed in this golden period and the end of lunch whistle appears to sound five minutes too soon. There are numerous attempts from numerous students to petition for extra time. However, a collaborative lunch duty staff sweep-pushes the wave of reluctant teens back to lessons for the afternoon where they will fester muddy and humidifying in classrooms - invariably clouded in the rich aroma of freshly sprayed Lynx Africa! It is a joyous time!



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Congratulations to ALL our students who have demonstrated such passion, commitment and generosity to create a wonderful, different!, version of *The Merchant of Venice*. From building, hanging, painting, lighting and sound, acting, crewing to waiting around....you've been truly astonishing! - Mr Page





*'I love this pic of you all leaving on Sunday afternoon!'*

**- Mr Page**

*We do too!*





WELLBEING



GIU

Getting it on...

## Helping you manage stress in the lead up to exams

It's completely normal to feel anxious in the lead up to exams. A little bit of stress can actually be helpful to motivate us to knuckle down and work hard. However, it's important to learn how to manage our stress levels, and to recognise when they become too intense and seek support.

[Coping with assessment and exam stress – Under-18s COVID Community Champions – YouTube](#)

Check out this interview by Merton's Young Inspectors' with a clinical psychologist, on successfully managing exam and assessment stress.

Click [here](#) for help in managing exam stress

# ADHD EMBRACE WORKSHOP

## 2 May



At Grey Court School, we are committed to supporting our children and parents' emotional wellbeing, and strive to promote a greater understanding of how best to support children with SEN at school and at home.

We would like to invite you to a workshop on Tuesday  
2 May 2023 from 2pm to 3:30pm in the Glass Room.

Sallie Crook from ADHD EMBRACE will be sharing her knowledge and strategies to best support children with ADHD/traits of ADHD. There will be an opportunity for questions and answers.

**What is the workshop about?**  
Supporting children with ADHD. It will include an informal presentation as well a session for Q&A.

### **The presentation covers:**

What is ADHD?  
How can schools support children with ADHD?  
Who are ADHD Embrace and what do they do?  
ADHD Embrace website and how to access support.

**The Aim** is to provide parents with a better understanding of ADHD and the support available from ADHD Embrace and other organisations.

**Please click the [link](#) to register your interest.**

# ADHD EMBRACE WEBINAR

## 2 May



**NEW WEBINAR:** How Occupational Therapy can support children with ADHD

**When is it?** Tuesday, 2 May, 8pm on Zoom

**Why has ADHD Embrace organised this webinar?**

Many parents don't really understand the role of Occupational Therapy in ADHD and how it can support their children. Occupational therapists are experts in reducing the impact of ADHD and helping children achieve the most from their day at home and at school.

**What will it cover?**

- What is the benefit of OT for children with ADHD - What does an OT assessment involve?
- What is sensory integration and what impact does it have on learning and behaviour?
- Practical strategies at home and in the school environment to support pupils with ADHD

**Who is the speaker?** Charlotte O'Reilly, Director OT Play & Children's Occupational Therapist

**How do I find out more info & book?**

Click here: <https://adhdembrace.org/civicrm/event/info/?id=213>



[Click here](#) to read the

**Six Form News**

# SPORTS

*News*



**Wednesday 26 April:** Well done to KGS for progressing to the next stage of the U15 T20 Cricket Cup. Unlucky result for our girls, but they played superbly against an experienced side.



**Monday 24 April:** Well done to our U13 cricket team on their 10 run victory. Freddie scored 73 not out in our total of 127. We restricted Radnor House to 117 in reply. Esther took two wickets.



# TOM: U12 INDOOR ATHLETICS



Our team of the month for March is our U12 indoor athletics team. They defied the odds to win the overall London Finals at Lee Valley, beating some of the most resourced schools across the capital. The team had qualified for the Finals after previously performing well in their heat. This time around the competition was much greater, leaving very little room for error. The boys got off to a flying start, with Josh Gilbert powering to win his 60m sprint convincingly in 8.44 seconds. This was shortly followed by Tobias who hurdled brilliantly to finish 2nd in his race, followed by a solid performance in the high jump. Victories were shortly followed by Avery in the 800m and Sebastian in the 200m. The latter was arguably the performance of the day. A superbly executed race by Seb saw him cross the tape 1st in 27.17 seconds. A magnificent time for a student of this age with a lot of potential. He also performed superbly in the long jump, completing a distance of 4 metres 45. We concluded the event with a strong performance in the relay, with a team that included Josh, Harrison, Sergio and Avery. The indoor season has been a huge success, and we now look forward to transferring this over to the summer outdoor track season.

# SOM: MATTHEW HISLOP



Matthew has been a great player for the school since he has been at Grey Court. He is a strong rugby player, and has developed his skills throughout the season, featuring on numerous occasions for the A team. He has competed in both rugby union and sevens fixtures and has made some brilliant tackles in each of these. Matthew has also featured for the C team in football. He has been a stone wall at the heart of defence, ensuring they remained unbeaten throughout the entirety of the season. His most noticeable performance came away against Harrodian in the autumn term, ensuring his team maintained a clean sheet in a comfortable win. Matthew's attitude and effort in class is always superb. His maturity has stood out in his KS3 PE lessons, particularly during our Sports Education unit where he has been able to take on more of a leadership role. He also attended the lacrosse trip last month, and was highlighted by the coach for his brilliant performance during the session.

# POM: LUCAS GALANT DRASEY



Lucas has had a superb term at Grey Court. He performed incredibly well in the gala held at LEH school. He won two individual races and also finished first in two team relays. His most noticeable victories were arguably in the individual butterfly and also the medley relay. Lucas is currently training every day of the week, many days at 6am and twice a day, swimming in the evenings too. There is no wonder why he is having such success in the pool and this will only continue to grow as he keeps developing physically. He will no doubt have big aspirations for higher standard competition this season. In addition to this, Lucas always arrives to his PE lessons with an exemplary attitude, giving his best no matter what the sport is. He has been performing well in our sport education lessons this term and we look forward to getting him involved in our athletics programme this summer. Well done Lucas!

# POM: NEVE RUGETTE



Neve is a phenomenal basketball player who works extremely hard both in and out of school to improve her skills. She has been playing for Richmond Knights for many years and represents both the U14 and U16 age groups, despite being two years younger. Neve has gone undefeated this season with the U14 Knights, and is preparing for the National League play offs in both her age groups. She is regularly selected for Basketball England camps and competitions and this year is no different. This weekend will see her take part in the Selection Talent Programme for the England U15 squad.

Her commitment to basketball and self improvement is exactly the reason why she has been chosen as our Player of the Month. Well done, Neve! And good luck with the England selections.

# SOM: WILLOW IRELAND



Willow always puts in 100% effort in class and throws herself into every activity she does, be it lacrosse or indoor football. In scholarship lessons, she is focused and is able to apply skills that have been taught into practice. As an excellent games player, Willow has a good tactical understanding of the game, knowing when is the most appropriate time to attack and defend, and is able to apply this to her many sports.

Outside of school, Willow has played for Richmond Knights for the last 3 years. Willow leads by example, committing her time to training inside and out of school 4 times a week. Willow's strong leadership skills have earned her the position as captain of the U12 basketball team. She captained her team to place 3rd in the U12 Borough League, winning all but one game against an experienced Christs' team. Her tenacity in matches has also awarded her Player of the Match in our 3rd place play-off against Teddington School.

In netball, Willow is a strong centre court player. She has been voted POM multiple times this season by oppositions in the Borough League matches and in friendlies. She is always keen to help at training sessions, organising her teammates and getting balls and equipment ready. Well done, Willow!

# TOM: U14&U16 BASKETBALL



The U14 and U16 teams have experienced outstanding success this season. Both teams finished strong in the Borough League and for the third straight year both were crowned Surrey County Champions earlier this month. Also, and importantly, by winning the borough tournament early in the season, they both represented Grey Court and the Richmond Borough in the London Youth Game tournament and going to the Final Fours that took place this week, where the U14s took the silver medal finishing second and the U16s took the bronze medal finishing 3rd. Grey Court was the only school to compete in both age groups, further highlighting the success that these two teams have brought to Grey Court basketball and proving themselves to be role models for sporting excellence. The U14 team finished the season with 14 wins and 2 losses, and the U16 team currently has 15 wins with 1 loss and 1 game to play.

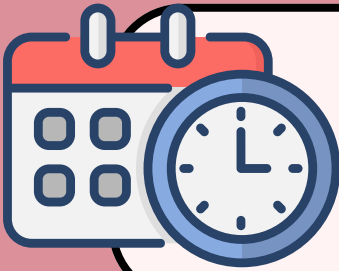
The U14 team was led by Bade and Neve, with Bade scoring 25 points in the semi-final game and 34 in the tough final game against arch rival Croydon's Crystal Palace and Neve scoring 17 in the semi-finals and 15 in the finals. In their two games, the U16 team was led by Madi's 21 points, Sana's 20 points, Amy's 19 points and Piper's 16 points.

Both teams were successful due to the hard work and commitment of all team members, we are immensely proud of everyone's efforts and achievements in bringing success and praise to Grey Court School.



**RICHMOND YOUTH SERVICE AND  
KRYG PRESENT...**

# **BEAUTIFUL MINDS**



**Tuesday 16th May 2023: Years 5 & 6  
Activities from 9.30am - 5.30pm**

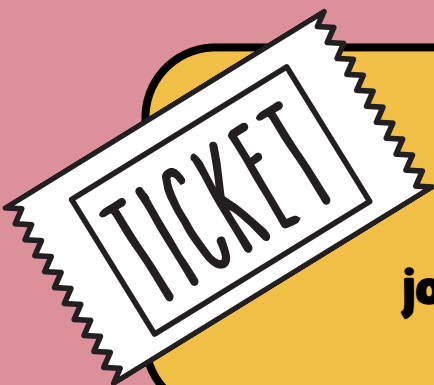
**Wednesday 17th May 2023: Years 7 - 11  
Activities from 9.30am - 7.30pm**



**Activities on the day include theatre productions, football, parkour, art, graffiti, wall climbing, music production, boxing skateboard coaching, martial arts, t-shirt painting, and more!  
Plus Off The Record, Free2Be and RB Mind**

**Entry and activities are FREE!**

**Your school will need to book daytime activities whilst you are free to book or join after-school activities at the link below or follow the QR code**



**[www.eventbrite.com/cc/beautiful-minds-1974659](http://www.eventbrite.com/cc/beautiful-minds-1974659)**



**SCAN ME**

# LYG Richmond Athletic Trials 2023

Monday 15th May  
Monday 22nd May  
From 6pm till 8pm

St Mary's University - Sir Mo Farah Track

100m - 200m - 800m - 1500m - High Jump - Long Jump Shot  
Putt - Javelin - Relay

Athletes need to meet these criteria :  
Live or go school in Richmond  
Be in Year 7 or Year 8

Can you please fill out the form - [LYG Richmond Athletics Trials 2023](#)

For more information please get in touch:  
[hnhsportscoaching@gmail.com](mailto:hnhsportscoaching@gmail.com)



# Richmond Volunteer Fair

Thursday 25 May 2023, 2pm - 6pm

Richmond and Hillcroft Adult Community College, Parkshot, Richmond, TW9 2RE



Register for your free place at [www.richmondcvvs.org.uk](http://www.richmondcvvs.org.uk)

Richmond  
Volunteer  
Service

020 8843 7940

Registered charity number 1075259

Richmond  
CVS   
empower - enable - involve



## PRESS RELEASE

### RICHMOND VOLUNTEER FAIR – THURSDAY 25 MAY 2023

***“Very valuable event, well organised and inspiring!”*** (2022 attendee)

The annual Richmond Volunteer Fair is back at Richmond and Hillcroft Adult and Community College (RHACC) in just a few weeks’ time.

This year, there’s added focus and impetus for volunteering with [The Big Help Out](#) - the national initiative launched to mark the King’s Coronation which encourages everyone to ‘join in, lend a hand and make a change’ in their communities. The Volunteer Fair can help you to do just that.

It offers the chance to meet and connect with a diverse range of amazing local groups with whom you could make a real difference. You could be looking to fill a few hours of spare time with a new activity or looking for a role that uses your professional skills and experience on a more regular basis. There are literally hundreds of charities and groups with exciting and unique volunteering experiences to consider and this is the one of the best ways to start or extend your search.

At the Fair, there will be 40+ groups working in the areas of sport, health, nature/environment, children and young people, learning, inclusivity, mental health, neighbourhood/community, advice, specialist support and more.

It’s free to visit but advance booking is requested.

[Register now](#) for volunteering ideas, information and inspiration on Thursday 25 May, between 2pm to 6pm, at RHACC, Parkshot, Richmond, TW9 2RE.

For more information and to book tickets, visit the [Richmond Volunteer Fair 2023 Eventbrite page](#).

This event is organised by [Richmond CVS](#), who run the Richmond Volunteer Service. The service helps to promote local volunteer opportunities and volunteer recruitment in the borough of Richmond upon Thames.