



Grey Court School
eBulletin

7 July 2023

#Contents

4	#KeepINTouch
5	G-FEST: book your ticket
8	#ImportantDates #Notices
10	Year 11 Prom
16	KS3+4 News
25	Aztecs given a sporting chance Mr Clements
31	Wellbeing
35	Attendance
36	Summer Activity Programme
37	Year 12 Work Experience
44	Sports News
56	What's on...

Cover Photo: Year 11 at the prom

West End Shows

Children and teens can see West End shows for free this summer as **Kids Week** returns! Click [here](#).

Cricket Camp

Summer Cricket Camp
24 to 27 July (see flyer)
Use code Greycourt10
to avail of 10% discount
when booking

Summer Performance Workshops

will take place between 7
- 11 August. See flyer for
details

Kew Gardens

is offering entry for just
£1 to families on
universal credit

Met Police Family Funday

will be held on Monday
21 August at The Old
Deer Park.

Summer Rowing Camps: Team Keane

Use code Greycourt10
to avail of 10% discount
when booking (see flyer)



**LIGHTS, CAMERA,
NOMINATIONS!**

VPA OSCARS
18TH JULY

GET READY TO SHINE IN GOLD!

#KeepInTouch

 22-23 Term Dates

 23-24 Term Dates

 School Events

 Sports' TT


 Sport SOCS

 Education Fund

 ScoPay

 The Uniform Shop

 The ...pm

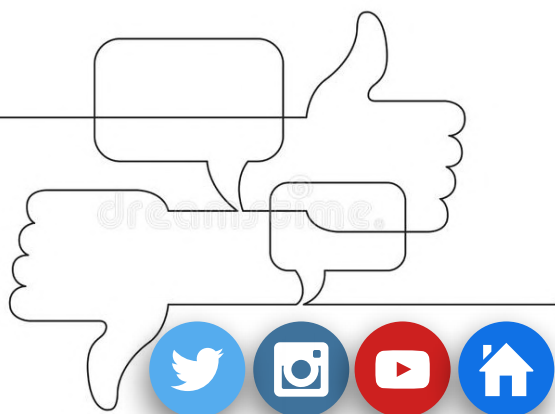
 opp. 6th form
drama studio

 Breakfast Menu

 Weekly Menu

 Graze Menu

 Extracurricular TT



Closed on 13 July



Sign up to help

[illegible]



**Become an event sponsor
(packages from as little as
£200)**

**Have your own business?
Why not run a stall?
Staff and parent discounts
available**

For more information, please contact Maddy Thomas
(mthomas@greycourt.org.uk) or the Grey Court PA
(greycourtpa@gmail.com)



SAVE THE DATE

**SATURDAY
23 SEPTEMBER
2PM - 8PM**

GATES OPEN 1.30PM
(Sandy Lane entrance)

**COLOUR FUN RUN
2PM START**

TICKETS

Child	£5
Adult	£10
Family of 4	£25
Family 5 +	£30

Available from
<https://www.pta-events.co.uk/greycourtschool/>

Live Music • '5 Day Weekend' stalls
5-a-side Football Competitions
It's a Knock Out Sumo Challenge
Sponge the Teachers • Raffle
BBQ • Bar • Refreshments

**COME AND SUPPORT
THE SCHOOL**

BROUGHT TO YOU BY THE
GREY COURT SCHOOL
PARENTS ASSOCIATION

#ImportantDates



JULY



18 July: VPA Oscars



SEPTEMBER



23 September: G-Fest

#Notices

We are looking for donations of unwanted textbooks, school uniform, sports equipment, and items for raffle prizes.



Drop off text books and revision notes at the sixth form and main school receptions



Drop off unwanted school uniform and sports equipment at the sixth form and main school receptions



'Fifty Shades of Grey Court'

Dragon Boat Team

We are a group of sixteen mums racing in the annual Kingston Rotary Dragon Boat Challenge, in an effort to raise money for Grey Court School's education fund.

'Fifty Shades of Grey Court' are training hard to be ready. However, we desperately need your help to medicate the blisters and make our sweat and tears worthwhile. Please, please show us your support by donating whatever funds you can. Every penny raised goes straight to Grey Court School to help support your kids education.

To donate, please click [HERE](#) to be taken to our JustGiving page. Wish us luck!! Even better, come cheer us on!

Canbury Gardens - 16 July - Hope to see you there!!

Canbury Gardens

16 July

Let's dance! **Year 11 Prom**





Never miss a chance to dance!

Well what a night we had on Thursday celebrating our wonderful Y11's. Some of the Y11's described the party as "the most epic event of the year!" and what night to remember it was. I think my most favourite part has to be having a dance off with Mr Sonny Blackburn who didn't leave the dance floor all night. Additionally, Joe Abott seemed to never have his feet on the ground as he enjoyed being passed around the dance floor with a huge smile on his face.

I felt like a proud parent watching all these magnificent young people all come together and party like it was 1999 (Prince reference). I have to say the tasteful music choices made me wonder if this year's group were from the 90's as they seemed to love the old school classics, as we danced to the likes of Mariah Carey, Green Day and even Neil Diamond! A massive thank you to Jacob Ramsell and Aliyah Macdonald for helping to put the playlist together.

My duties with Y11 may be over, but the memories will stay in my heart forever. I hope you all enjoyed the evening.

Bring on results day in August!

- Miss Comrie

So tonight I'm gonna party like it's 1999









KS3 + 4 News

Photo: Ms Laws and students Frank, Zach and Okan at the Debate Competition held at Tiffin Girls on Tuesday

KS3 Debate



Frank (Y9) and **Zach** (Y7), along with their invaluable supporter, **Okan** (Y7), took part in the first Tiffin Girls Debate Competition on Tuesday.

After coming 2nd in the first round, they (and 3 of the other top scoring teams) were given a new motion and 15 minutes to prepare for the grand final. As I sat nervously in the other room, Frank and Zach were putting their brains together to create impromptu speeches as the opposition of the motion 'This house regrets the glorification of violence in the media' (a very difficult motion to oppose if you ask me!).

After a spectacular debate from all teams, we gathered to hear the final result and were ecstatic to find out that Grey Court had won!

I want to say a huge congratulations to Frank and Zach for this legendary victory. I am extremely proud of them both.

Ms Laws

"I want to say a huge congratulations to Frank and Zach for this legendary victory. I am extremely proud of them both."

Year 7

We were very pleased with the behavior of the Y7s on the strike days. Although some were feeling slightly hard done by by the fact that some other year groups were enjoying a lie in (!) they worked hard in lessons and behaved excellently at break and lunch. A small perk was access to the whole of the playground including the netball courts, so it was excellent to see an array of sports matches going on - including football, tennis and even cricket!

In assembly we gave instructions regarding the upcoming activity days. Instructions have been posted on Google classroom and clarified by tutors, but please could you double check the arrangements to ensure your child arrives at the correct time and with the correct uniform etc. for the activity.

Finally a massive thank you to all the Y7s who helped on Monday with the Y6 induction day - **Josh G, Paloma C, Ayva D, Harrison S, Scarlett-Rose H, Ifan M, Livvy C, Maya-Neva M, Sara N, Savannah KM, Rafi D, Dina N, Jayden B, Scarlett M, Dani L, Mae C and Dason P** were fantastic ambassadors for the school and we were extremely impressed. Also a big shout out to **Dian G** and **Rosie R** who acted as Mrs Shore's assistants for the day and were also fantastic!
- **Mr Day**



Year 7 mini-market

**Tuesday
11 July**

On **Tuesday 11 July** during P2 there will be a mini-market hosted by year 12 students for the year 7 cohort. Held in the Socratic Square outside the Sixth Form block, students will be able to beat the goalie, stump the batsman, beat local hamlet champion, Mr Clements, at table tennis, engage in blitz chess battles, outwit the head prefects at "KerPlunk" and participate in the annual Fifa and Mario Kart eGame championships. We also have a number of pride themed stalls as part of the mini-market, with face painting, chalk etching activities and rainbow laces and cakes for sale. There will be a free quiz related to recent assemblies to compete in with drumstick lolly prizes.

All monies raised will be split between refugee and LGBTQIA+ charities.

Please encourage year 7 students to raid their money boxes/trust funds/back of the sofa and bring in 50ps for the day.



Year 8 What's Cooking?

Mrs Moore's Year 8 German students were tasked with cooking something from Germany, Austria or Switzerland, and she was so impressed with the range of foods they cooked, and the fact that they all looked so delicious!

Gut gemacht!



Kaiserschmarren
Sara Altun



Swiss pancakes with frozen raspberries
Sonya Mishchenko



Lyra Wade
Spätzle with tomato sauce



Pretzel

Kyna Deshwal

German pancakes with
whipped cream and
strawberries



Anesh Premnath



Kartoffelpuffer

Kiara Wolf

Pretzels

Alfie Stride



Jessica Bite
Kartoffelpuffer

Esther Mudunkotuwe

Kartoffelsalat



Year 8



Battle of the Books

@Twickenham School

Battle of the books is an annual competition hosted by Richmond Libraries for all the schools in the Richmond area. Each school will submit a team of eight of their finest Year 8 students. These eight students will be tested on their knowledge and understanding of six selected novels along with general knowledge. - **Mr Johnson**

Year 9

TOP Achievers *this week*

Bronte Jackson, Philine Zoleller,
Ben Clark, Sam Middleton and
Gabriel Roussinov

As we are nearing the end of KS3 and have now officially completed all year 9 exams, the students can now look forward to the range of fun and engaging activities we are running in the last couple of weeks of the summer term.

Next week, we have activity week running from Wed 12th July - Fri 14th July. For those students not attending the PGL trip, they have been split into Group A and B and have been informed by their tutors this week - these are not bands as we would like them to mix in preparation for next year.

See below the activity information:

Group A

Wednesday 12th July - Bowling/Ice Skating

Thursday 13th July - Hub Challenge/Film

Friday 14th July - Alternative Sports

Group B

Wednesday 12th July - Alternative Sports

Thursday 13th July - Hub Challenge/Film

Friday 14th July - Bowling/Ice Skating

All information has been sent to parents/carers/students, so please let me know if you have not received it or would like further information:

khowarth@greycourt.org.uk.

- Ms Howarth

Year 10

Our local hero

Coretta Townsend

And exams are over! Well done to all of our Year 10s for their hard work and dedication in regards to their exams - I hope their grades reflect what they put in and they reflect on next steps to progress their learning. Well done to our year 10s who completed their work experience this week - we have had really positive feedback from both students and placements!

Despite exams being over, we still have two very important weeks at school, with Activity Week, our RS and Computing Drop Down Day and our annual Restorative Justice Conference, where we will be discussing some very important topics, some of which have been based on our observations of events and conversations this year. This is always an important end to a school year and gives the students opportunities to be involved in critical conversations.

Please ensure you have checked details for your child's Activity Week - where, when and what they need to bring and wear! All information is on Google classroom and has been emailed. This is a wonderful opportunity for year 10 to experience the world of work and to ponder potential pathways after school.

A special mention this week goes to our local hero -

Coretta Townsend. She came to the aid of two elderly members of the community when completing her paper round, who were unwell. Coretta called an ambulance and with the assistance of some kind neighbours, saved the lives of these two people. I am immensely proud of Coretta's actions and quick thinking - what an ambassador for the school and our local community.

- Ms Clark



Hail to Dominik Cojocaru for holding the Eagle of the ninth standard aloft for the entirety of the event. Standards will never fall in Rome! Hail!

Aztecs given a sporting chance...

Mr Clements

In conditions that reminded me of the Amalfi coast of my youth, the Roman legions magnanimously allowed Aztecs to claim first place in this year's sports day. It was a wonderful site watching the Aztec banners flutter in the sunshine, as it emphasised the fact that even in a championship season, the eventual victors may drop a point here or there. The pyrrhic victory of a fledgling civilisation (a mere 221 years) as opposed to the Roman millennium, has allowed Senator Price her 75 minutes in the sun. Like a shadow over a Tuscan cornfield her time will pass.

It was with sadness (and I have to say, a degree of self-discipline) that I have put the crate of Peroni back in the ice-house of my Long Ditton villa. Our time will come again, but nonetheless - at the behest of ancient master of the scrolls (and garish Polynesian shirts) Tribune Davidius Winch, I will record some bright sunspots from the afternoon of glorious combat.

Hail Year 9 Roman House legionnaires who won their chariot races with Rory MacGregor and Charlie Tong both breaking records at 300m and 800m. Roman also won the relay.

Hail to legionnaires Bade Isik who won the 100m and Neve Rugette won the 800m.

Hail to legate, Chris Cato who won the javelin and Matteo Selini who won the discus. Both soldiers had spent many hours practising in the verdant foothills of the Apeninnes. Hail to Ben Povey who won the high jump and Barney Ramsay who won the long jump: they had conserved energy for the event having spent many hours this year sleeping through my English lessons.

Charlie, Bade and Neve are also double centurions, in terms of points, having won the triple jump, javelin and long jump respectively. Hail.

Hail to the Roman crowds who cheered their fellow team members whilst stoically maintaining discipline in their designated squares.

Hail to the Roman crowds who maintained a seated battle formation as the results were read out and lesser houses broke their ranks on dismissal.







Roman staff team

Hail to Dominik Cojocarui for holding the Eagle of the ninth standard aloft for the entirety of the event. Standards will never fall in Rome! Hail!

And finally, on a glorious day for Rome, Hail to the staff relay team of Adria of Tarragon, Handzar-Maldonado of Galicia via New Maldonado, Comrie of Hernus Hillius Harriers and Lunniss of the tiny insubstantial hamlet of Tottenham, for powering to victory in the relay. A tear momentarily started to form in my eye as I witnessed this epoch defining sight.

And so - all we now need to do is consign Aztec, to the status of an insubstantial comma, in the annals of history by claiming the House championship for the second time in three years.

If we succeed in a week - there will be an almighty toga party and the roasted dormice will be on me!



Hail to the staff relay team of Adria of Tarragon, Handzar-Maldonado of Galicia via New Maldonado, Comrie of Hernus Hillius Harriers and Lunniss of the tiny insubstantial hamlet of Tottenham, for powering to victory in the relay.

Wellbeing

Please find the **link** to a new directory of mental health support services for children and young people in Kingston and Richmond.

The directory can support parents, carers, teachers and young people who work with young people to find mental health and emotional wellbeing information, advice, support and services in one place.

CHILDREN'S MENTAL HEALTH WEBSITE





Summer **EVENTS**

How has the summer come around so quickly! Breaking up for the summer holidays is exciting and a huge relief from classroom restrictions but, for those with ADHD, long days and lack of structure have the potential to be not as relaxing as parents/carers might like.

It's so tempting to ditch any kind of schedule as soon as school has broken up - but keeping some structure is important and will make it easier for your child to stay organised and get back into a routine in September. Try and ensure they get plenty of fresh air and exercise - an old cliché but it does make a difference for all of us. As little as half an hour a day can help manage ADHD symptoms.

Aim to keep a regular sleep schedule and regular meal times. Maybe set some holiday goals that are fun things to do, things that will enhance your child's self-esteem. It could be something as simple as getting the stabilisers off the bike or finishing a song they were learning to play or a book.

The summer holidays are a great time for your child to learn something new - try and prepare them for any new activity by talking them through what will happen, to ease any anxieties they may have and ensure they are aware in advance of basic rules, especially if they're engaging in something with an instructor.

Children with ADHD often tend to be creative - an arts and crafts, music or pottery day would allow their creativity to flourish and it doesn't need to be an organised class, it can be something you can set up yourself at home, in the garden or even in the local park.

Having said all this, remember that for children with ADHD, school can be a major source of stress and pressure so you want the summer holidays to be a time when your child can relax and have a freer rein. Allow them to take the lead and have input into their summer plans - the more control they have, the more likely they are to stick with their chosen activity. Here are some local activities and summer camps we have put together!

- **Activ Camps**: Non-stop fun activity camps - alternate weeks at St Paul's School and Barn Elms, Barnes (and in other areas of SW London) Get 25% off your first booking by quoting FIRSTHOLIDAY23
- **Taz** summer holiday activities at Thames Young Mariners, Kingston
- **Action-attainment**: East Sheen based Action-attainment, runs a diverse range of holiday sports programmes specifically for neurodiverse young people aged 5-20.
- **CampEngland**: Multi sports, tennis, gymnastics and early years activities as well as a two day special course for 13-17 year olds aimed at helping teens be more resilient and gain valuable socio-emotional skills.
- **Heatham House**: Based in the heart of Twickenham, Heatham House youth centre and community hub has been keeping young people entertained for over 70 years and has an extensive summer programme ranging from performing arts, martial arts and jewellery making to multi sports and skate boarding.
- **Ham House**: National Trust Summer of Play 22 July to 31 August. The formal gardens will be transformed into a giant playzone for families to enjoy free games.
- **Ham Youth Centre**: Starting Mon 24 July, Ham Youth Centre is offering four themed weeks for 10 - 16 year olds where they can try new activities and make friends.

Finally, for those of you wanting to have a post summer challenge, we have once again got 5 free tickets for the legendary Richmond Runfest on September 9th - see details below. You can run or walk this fun Kew Gardens course, so **let us know asap if you want to sign up.**

Happy summer holidays!

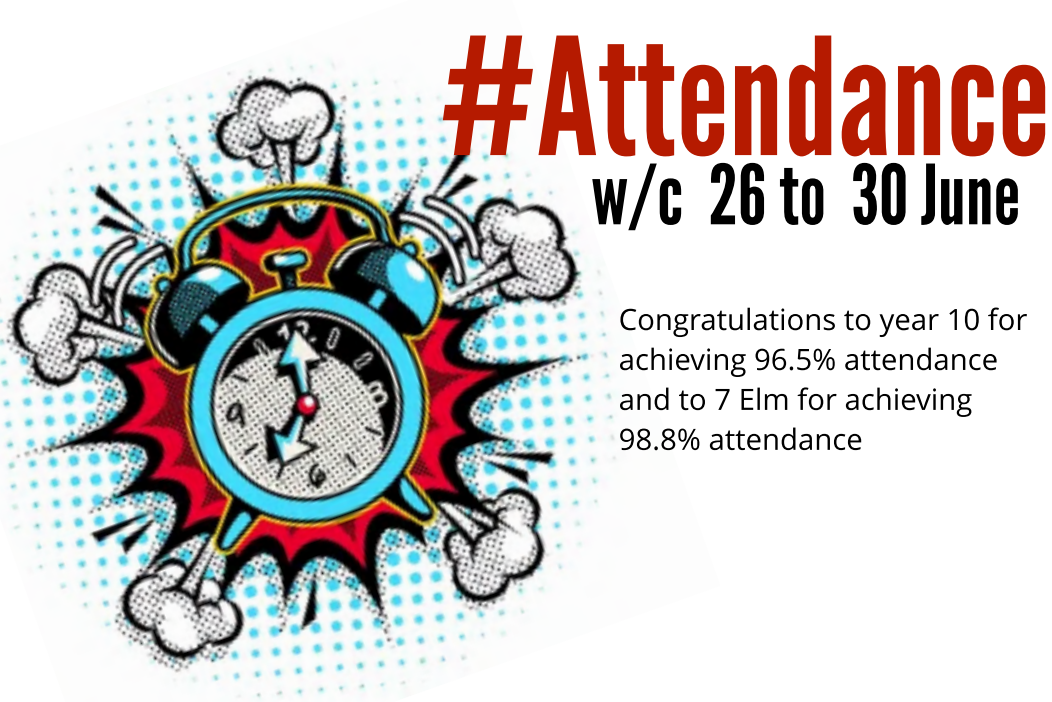
The ADHD Embrace Team

QUOTE OF THE WEEK

A sunset scene with a warm orange and yellow sky. Several tall palm trees are silhouetted against the sky. An airplane is visible in the upper center of the frame, flying towards the right. In the foreground, a road or path leads into the distance, flanked by more palm trees and some low-lying vegetation.

"This fork in the road happens over a hundred times a day, and it's the choices that you make that will determine the shape of your life"

- Liz Murray



#Attendance

w/c 26 to 30 June

Congratulations to year 10 for achieving 96.5% attendance and to 7 Elm for achieving 98.8% attendance

Year Group	Attendance %
Year 7	95.8%
Year 8	93.9%
Year 9	92.0%
Year 10	96.5%

Tutor Group	Attendance %
7 Elm	98.8%
8 Willow	98.7%
9 Elm	96.0%
10 Maple	98.7%

Summer Activity Programme

Year Group	Wednesday 12 July	Thursday 13 July	Friday 14 July
7	A band Seven Sisters Country Park B band Portsmouth Historic Dockyard	Indian Culture Day in school	B band Seven Sisters Country Park A band Portsmouth Historic Dockyard
8	A band Liquid Leisure Shepperton B band BBC Earth/Science Museum	B band Liquid Leisure Shepperton A band BBC Earth/Natural History Museum	Survival Day in school
9	PGL	PGL	PGL
9 (those not going to PGL)	Group 1 Slough Ice Arena Group 2 Alternative Sports	Hub Challenge + Film morning/afternoon	Group 2 Slough Ice Arena Group 1 Alternative Sports
10	Duke of Edinburgh Expedition		
10 (those not doing DofE)	Employer workplace visits	Sussex University visit	Thorpe Park
12	Roehampton University visit or UCAS personal statements History students - Tower of London trip	Roehampton University visit or UCAS personal statements	Thorpe Park

12 to 14 July

Year 12



do what
you love

Year 12



We hope year 12 have enjoyed their week out in the world of work or at their university summer schools. We have had some fantastic feedback with students impressing their employers and it's not even the end of the week yet!



Staff have been out on visits all over town hearing all about their experiences. We look forward to a full debriefing on their placements next week with more feedback to share with you. But for now, here's a few of our amazing students in action: **Charlie at DD Classics** and **Kate and Nehir at Thameside GP surgery**.

Thank you!

Thank you to all our amazing employers for offering these opportunities to our students. We still have a few students to do placements over the next couple of weeks, so we wish you luck.



Our Staff Superstar

We would also like to highlight a star employer - our very own **Mr Page!**

We wanted to show our appreciation for all his hard work, time and dedication to the outstanding touring drama production 'Machinal'

Well done - you are a superstar!

- **Miss Corrighan**





Machinal - by Sophie Treadwell

As year 12 drama staged their fantastic preview of 'Machinal' (before taking it on tour during their work experience week) the audience were 'treated' to an hour of harsh realities, of woman trapped by a society that expects them to marry and conform. It was harrowing from the opening scene. I was appalled, uneasy and made uncomfortable in equal measure. I was blown away by incredible performances that kept me gripped; cringeworthy chauvinistic males strutted while unhinged terrified females screamed in distress.

Every scene was given extra depth by a soundtrack and visuals that challenged the audience to consider what it means to be a woman in a society run by and for men. From the incessant, shuddering intensity of the typewriters to the flinching insight into a woman's desperate soul it was chilling as well as dazzling. We saw enthralling and captivating performances from the entire cast - just don't expect an easy watch. Highly recommended!

REVIEW

by Mr Millar

GC6

MACHINAL



SOPHIE TREADWELL





A photograph of a swimming pool with three dark lane lines stretching from the foreground into the distance. The water is a clear, vibrant blue with visible ripples and reflections of light. The perspective is from above, looking down the length of the pool.

Sports News

London Youth Games

Congratulations to the GC students that competed in the London Youth games at the weekend with Mr Jones (Richmond Team Manager), half of the team were GC and SMRAC.

The results were as follows:

Joshua Gilbert (year 7) came second in the shot putt throwing 11.02m

Sara Altun (year 8) came second in the javelin throwing 22m

Julia Allen (year 8) came fourth in high jump 1.45m

Sergio Ribeiro (year 7) - came fourth in high jump 1.45m

Odile Furminieux (year 8) - came fourth in long jump 4.24m

Thomas Barry and **Sebastian Berold** finished within the top 10

The girls came 2nd overall out of 24 boroughs

The boys came 3rd out of 24 boroughs

For team Richmond, this is the first time every athlete that competed came away with a medal - **Mr Jones** (Richmond Team Manager)

Joshua Gilbert (Y7)



Sara Altun (Y8)

It has been a great year
for GC Athletes

- Mr Jones



Lucas Galant Draysey

On Saturday

On Saturday at The London Youth Games (London Aquatics Centre) team Richmond (**Lucas Galant Draysey**, Sam Orrock, Jack Keers, Arthur Greenwalker) all 4 swimmers from Teddington Swimming Club, smashed it at the 4x50m Freestyle Relay. They came third overall and received a bronze medal. There were 19 different teams and boroughs.



Swimming success



... and on Sunday

Lucas qualified for the Swim England Open Water National Championships 2023 at the Regionals. He received a Bronze medal in his age group (15years old), it was the largest number of entries ever, over 150 swimmers and only the first 3 places of each age group qualified for the Nationals.

It was an amazing achievement! Lucas swam 3 kilometres (time: 40 mins) at Merchant Taylor's School Lake.



Swim England Open Water National Championships 2023

Ida competed in the Swim England Open Water Regional Championships on Sunday 2 July at Merchant Taylors' School.

She swam 2km and came third in her age category, which means she has qualified for British National Open Water championships at Thrybergh Country Park, Rotherham, at the end of July.



Swim England Open Water National Championships 2023

Charlie Morgan competed in the Open Water Regional Championships that took place last Sunday. Charlie swam 2K in 26.33 minutes which is an amazing time. This was a non wetsuit swim which was challenging as it was quite cold and a long distance. Charlie just missed out on qualifying for the Nationals as he came 4th by 6 seconds.

Well done Charlie on an excellent swim!



Swim England Open Water National Championships 2023

Player of the Month

Ida Teggarty-Sparks

We celebrate Ida's success yet again, as player of the month. She has had a particularly successful week, adding silverware to her collection in both swim medals as well as winning the Year 7 Achievement award at Sports Celebration.



We celebrate Ida's success yet again, as player of the month. She has had a particularly successful week, adding silverware to her collection in both swim medals as well as winning the Year 7 Achievement award at Sports Celebration. Recently, Ida competed in the Winchester Gala, coming 1st in the 100m backstroke with a new personal best of 1:19; 2nd in the 100m freestyle, again, with a personal best of 1:09 and only missing 1st place by 0.1s; and finally, 3rd place for both the 50m and 100m butterfly.

Ida's first season at Teddington Club has been phenomenal, her total medal tally stands at a whopping 41! She has 23 for gold, 8 for silver, 10 for bronze, and she ends the season with 1172 FINA points. Unsurprisingly, she has been awarded as the Best U12 swimmer at the annual Teddington Swim Club awards. Her unwavering commitment and positive attitude to sports has also earned her the Jean Currant shield for keen spirit, willingness, and commitment to training. It is for the same reasons and her unmatched talent in the pool, she has been given the Year 7 Achievement award at Grey Court this year.

For her incredible achievements, she has been selected to represent Richmond at the London Youth Games this weekend, where she will compete against 100+ people in her age group. Good luck, Ida! We are cheering you on at Grey Court!

Player of the Month

Ben Hogg

Our boys player of the month for June is Ben Hogg. Ben displayed a superb performance to finish as Borough Champion at Fulwell, beating over 80 competitors from schools across the Borough. He has a current handicap of nine and plays one over par. Ben is currently honing his skills by training five or six times a week at Strawberry Hill golf course. He has some high level competitions coming up over summer, and we look forward to supporting him further in his golfing career. Well done on a great month Ben!



"Ben displayed a superb performance to finish as Borough Champion at Fulwell, beating over 80 competitors from schools across the Borough. He has a current handicap of nine and plays one over par."

Scholar of the Month

Evie Archer



Evie has had a phenomenal athletics season and therefore has deservedly been awarded the Scholar of the Month for the second time this year. She has been working hard to improve her 1500m track time. At the Borough Athletics Finals Evie put in a huge performance and finished well ahead of her competitors with a time of 5:09.64. This was a 10 second improvement from her English Schools Track & Field result in May where she recorded 5:19.00 and still finished in 1st place scoring valuable points for the Junior Girls' team to qualify for the finals where she finished in 3rd place in the Region. Evie has also worked hard on her discus throwing skills in order to help the team by offering a second athletics event, a requirement of the English Schools Athletics Association competition. Evie is a strong High Jumper and one to watch in the future across a range of athletics events. On sports day she won the 800m and was 2nd in the long jump.

Well done Evie! We look forward to the indoor athletics season in September and to the Cross Country events where Evie is sure to shine again.

At the Borough Athletics Finals Evie put in a huge performance and finished well ahead of her competitors with a time of 5:09.64. This was a 10 second improvement from her English Schools Track & Field result in May where she recorded 5:19.00

Scholar of the Month

Avery Barikor



It has been another fantastic month for Avery at Grey Court. All of his hard work in training throughout the winter and spring has paid off and he has been running some incredibly fast times. Not only that, he has performed for the school on the big occasions and raised his performances when it matters most. Avery won Borough sports in a new record time of 2 minutes and 21 seconds. A superb effort and one that was one of the standout highlights, on a day where Grey Court finished as boys, girls and overall Borough champions for every year group! Avery also won his 800m race at sports day in 2.22 and followed this up with a victory in 2.24 at the Middlesex Schools event. We look forward to seeing Avery post even faster times over both 800m and 1500m this summer, with many more victories to come!

"Avery won Borough sports in a new record time of 2 minutes and 21 seconds. A superb effort and one that was one of the standout highlights, on a day where Grey Court finished as boys, girls and overall Borough champions for every year group!"

Team of the Month

Intermediate Boys Athletics

Our team of the month for June is the intermediate boys athletics team. They surpassed all expectations to win the regional A North London Championships at Watford on 19th June. This was a culmination of all of the hard work and dedication they have put into their training sessions this term, and resulted in multiple PB's and individual victories. As a team, they were able to score a highly impressive 530 points, which required faultlessly superb performances from every member of the team, often across both a track and a field event. The strength and versatility of this team knows no bounds, and they are now the first Grey Court boys athletics team to reach the National Championships. We look forward to seeing them compete against the top 12 schools in the country on Saturday 8 July at Chelmsford. Good luck boys!

Team of the Month

Girls Athletics Teams

The girls put in fantastic performances at the Borough Athletics Finals at St Mary's University in June. Last year all but the Year 8 team of 2021/22 won the trophy for their respective age groups and we were determined to achieve a clean sweep in the girls competition and bring all the trophies back to Ham. The athletes rose to the occasion and the results speak for themselves with 15 Borough Champions in individual events and 10 2nd place achievements which helped bring our overall points score up and resulting in an overall win for the Richmond Borough Girls' Athletics Team Trophy and an overall win for Year 7, Year 8, Year 9 and Year 10/11! We are so proud of the hard work put in at morning, lunchtime, after-school clubs and additional sessions at Kingsmeadow Stadium. Well done to all who have contributed to the teams' success this year!

Borough champions include:

Josie Bryant in 800m, Evie Archer in 1500m, Year 7 girls relay (Rosie R, Evie A, Molly R & Chloe C), Sara Altun in discus, Honey Stephens in javelin, Julia Allen in high jump, Odile Furminieux in long jump, Bade Isik in 100m, Neve Rugette in 800m, Lily Burnett in hurdles, year 9 relay (Bade I, Neve R, Jess T & Ella J), Neve Rugette in long jump, Loveday Lea in discus, Emma Phillips in long jump and Cerys Rodgers in triple jump.

Borough runners up include:

Molly Roscoe in 200m, Alys McHardy in hurdles, Chloe Clements in long jump, Elen Dutton in shot putt, Ellas James in 200m and shot, Tess Flack in discus, Bade Isik in javelin, Grace Hooper in Javelin and Nina Blazevic in high jump.



The image features two silhouetted figures against a bright, orange-yellow sunset sky. The figure on the left is seen from the back, wearing a t-shirt and shorts, with their hand near their head. The figure on the right is also seen from the back, wearing a t-shirt and pants, and is holding a long, thin vertical object. The text 'What's on in the neighbourhood and beyond' is overlaid in white, sans-serif font across the center of the image.

What's on in
the
neighbourhood
and beyond

Ham & Petersham DOG SHOW

Petersham & Ham Sea Scouts
TW10 7AH



11:00am-4:30pm

**Kids under 5 and
dogs go FREE!**

**This is all in aid of
charity so please
bring cash to donate**

**We'll have agility and gun dog
shows in the main arena**

9th July
Price of Entry:
£2 per person



Classes!

Best Behaved Puppy
11:30am - 12:00 pm

Best Young Handler
12:00pm - 12:30 pm

Prettiest Bitch
12:30pm - 1:00pm

Handsomest Fellow
1:00 pm - 1:30pm

Best Veteran
1:30 pm - 2:00 pm

Best Rescue
2:00 pm - 2:30 pm

Best In Show 2:30 pm



**ALL DOGS
MUST BE KEPT
ON LEADS**



hamandpetershamdogshow.com



Richmond Boys Lacrosse Club

Now Open For Summer Registration

SUNDAYS

JUNE 11TH - JULY 23RD



**Fast!
Fun!
Different!**

Come and try this new and exciting contact game. All equipment provided, first session is free!

Information

- All equipment provided
- Sunday mornings @ Richmond RFC
- For boys from Year 4 - 7
- Non-profit community sports club
- International level coaching
- A contact sport with protection!
- "The fastest game on 2 feet"

Contact Us

<https://www.richmondlacrosselondon.com/>
richmondjuniorlacrosse@gmail.com





Spikeball™

LONDON ROUNDNET TOURNAMENT

JULY 15

OPEN & WOMEN'S

JULY 16

MIXED

**CHISWICK RUGBY
FOOTBALL CLUB
W4 2SH**

Beginner,
intermediate &
advanced divisions -
all abilities welcome!



*MORE INFO /
SIGN UP*



@londonroundnet



HOSTED BY
LONDON ROUNDNET

SPONSORED BY

Spikeball™

Elevate your LACROSSE

AGES 7-13

THIS SUMMER LEVEL UP YOUR LACROSSE



LEARN

New to Lacrosse, or just started your journey?

Go from Beginner to having confidence in all the core skills in one week.

Perfect for those starting Lacrosse at school in September!



IMPROVE

Our coaches bring decades of experience, and even a few international caps, to our camps

Develop a light-speed shot, or perfect the art of checking with specialist position coaching



ENJOY

Learning is important, but everything we do is "fun-first"

All week will be a perfect balance of drills, games and matches



SCAN ME



BOOK NOW

£60.00 per day
Discount offered on
multiple days

VENUE
Grey Court School, Ham St, Richmond
TW10 7HN

CALLING ALL YEAR 10 U15s



PREMIER LONDON YOUTH RUGBY CLUB

COME AND PLAY!



SUMMER SESSIONS

EVERY SATURDAY FROM 10TH JUNE - 29TH JULY

5.30PM-7PM

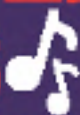
NEW SEASON STARTS SUNDAY 3RD SEPTEMBER 11AM-1PM

CONTACT CO-HEAD COACH
GREG SENDELL
GREG@SENDELL.CO.UK

ROSSLYN PARK FC
PRIORY LANE
ROEHAMPTON
SW15 5JH

PLEASE SEND THIS TO YOUR MUSIC TEACHER

THE JACK PETCHEY GLEE CLUB CHALLENGE IS BACK!



Largest youth glee club competition in the UK!

OR
DRAMA/DANCE
TEACHERS!



The Challenge includes workshops with professional performers, rehearsals, and the opportunity to perform on stage at a regional final. The grand final will take place in a high profile London venue and there is a chance win a share of £5,000 prize!

But more than just a competition, the music and dance programme aims to help every participant grow in performance ability, teamwork, self-discipline, and confidence. Don't miss out on this opportunity!



IF YOUR GROUP IS:

- ✓ based in London/Essex
- ✓ has a minimum group size of TEN and maximum group size of THIRTY
- ✓ aged 11-25
- ✓ enthusiastic, full of energy and willing to learn...

Sign up for the Jack Petchey Glee Club Challenge, where there is a chance to win a share of a **£5,000** prize in a **grand final** judged by **celebrities!** 

Deadline for applications is in October 2023

**Click here to
apply!**

**Click here to
find out more!**

Heatham House and No Straight Answer present

OUT 'N' ABOUT

A Pride event 2023 celebration



Come along and help us celebrate the diversity
of the LGBTQ+ community

The event will host a range of fun and exciting activities
such as rodeo, arts and crafts, festival makeup, music
and much much more

This event is free to LGBTQ+ young people aged 11 to 19

Tuesday 11 July
11am to 5.30pm

For more information, contact **Alexandra Quennell**,
Participation Officer for Kingston and Richmond
Youth Council and LGBTQ+ Youth Worker
E: alex.quennell@achievingforchildren.org.uk



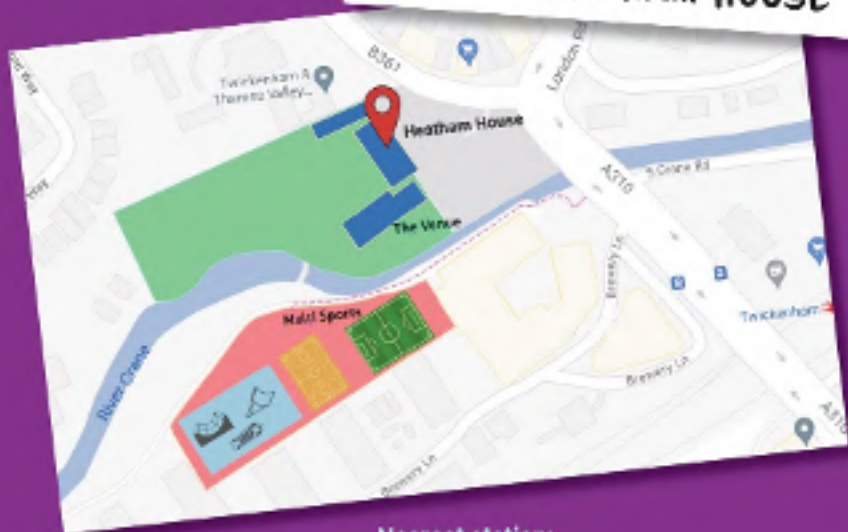
**achieving
for children**

How to find us....

Heatham House Youth Centre, Whitton Road, Twickenham, TW1 1BH



HEATHAM HOUSE



Nearest station:

Twickenham (2 minute walk)

Nearest bus stops:

Whitton Road (Stop S) 267 & H22 (2 minute walk)

Whitton Road (Stop N) 267 & H22 (2 minute walk)

Twickenham Station (Stop B) 267, 281, 681, H22 (2 minute walk)

Twickenham Station (Stop C) 267, 281, H22 (2 minute walk)

Heatham House (Stop L) 281 681 (1 minutewalk)

SUMMER EDUCATION WORKSHOPS

7 - 11 AUGUST 2023



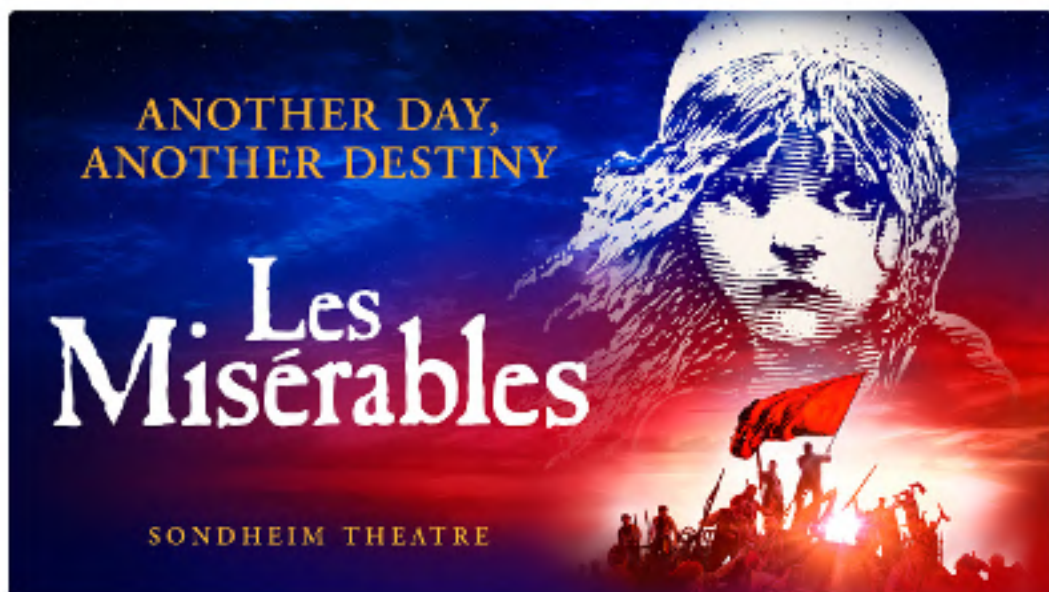
We are delighted to announce the programme for our 2023 Summer Education Workshops!

This year we are premiering three brand new musical theatre workshops aimed at children aged between 9 and 17. All workshops will take place in the rehearsal room of the [Victoria Palace Theatre](#), Victoria Street, London SW1E 5EA.

Les Misérables Musical Theatre Workshop

at the Victoria Palace Theatre

£20 per child



Have you ever wondered what it would be like to be a new cast member of a West End show? During this 80 minute workshop you will take part in a series of drama exercises and warm – ups before re-creating the famous 'Barricade' scene. You'll then learn to sing sections for two of the shows principle numbers 'At the end of the day' and 'Do you Hear the People Sing'. The workshop will culminate in a short performance in front of parents and guardians.

Monday 7 August at 10:30am, 9 - 12 year olds

Monday 7 August at 12:30pm, 13 - 17 year olds

Tuesday 8 August at 10:30am, 9 - 12 year olds

Tuesday 8 August at 12:30pm, 13 - 17 year olds

Wednesday 9 August at 12:30pm, 13 - 17 year olds

Friday 11 August at 12:30pm, 9 - 12 year olds

Les Misérables
Musical Theatre Workshops
BOOK NOW

**'SPECTACULAR!
THE WEST END AT ITS BEST'**

Evening Standard

ANDREW LLOYD WEBBER'S

PHANTOM OF THE OPERA



Come with us as we explore the magic and mystery of the West End's most romantic musical. Participants will create their own ghost story whilst exploring key aspects of performance such as the creating soundscapes, building tension within the scene and storytelling through movement. They will then learn a special arrangement of the soaring 'Think of Me' before learning a section of the famous 'Masquerade' ball scene!

Tuesday 8 August at 2:30pm, 9 - 12 year olds

Wednesday 9 August at 10:30am, 13 - 17 year olds

Friday 11 August at 10:30am, 9 - 12 year olds

The Phantom of the Opera
Musical Theatre Workshops
BOOK NOW

**YOU ALREADY KNOW YOU'RE
GONNA LOVE IT!**

BENNY ANDERSSON & BJÖRN ULVÆUS'

MAMMA MIA!

THE SMASH HIT MUSICAL BASED ON
THE SONGS OF ABBA®

NOVELLO THEATRE

A DELPONT MACKINTOSH THEATRE



Discover your inner disco diva in this fabulously fun musical theatre workshop! Participants will explore and re-create their own versions of scenes from this classic show before grabbing their hairbrushes and belting out the show's title song!

Monday 7 August at 2:30pm, 9 - 12 year olds

Wednesday 9 August at 2:30pm, 13 - 17 year olds

Friday 11 August at 2:30pm, 13 - 17 year olds

MAMMA MIA!
Musical Theatre Workshops
BOOK NOW

Important Information

To help you be as prepared as possible and to ensure a smooth booking process, we advise you read through the following information carefully.

All children attending will need to be signed in by a parent/guardian.

Parents/Guardians are invited to remain in Pavlova's bar, located within the Victoria Palace Theatre, for the duration of the workshop. They will be invited back at the end of the workshop to watch a small performance of the children's work.

Parents/Guardians are not required to purchase tickets for the events.

All events will take place in the rehearsal room of the Victoria Palace Theatre. The rehearsal room is located at the top of the building and unfortunately there is no lift.

If you require any further information, please contact us using the options below:

CALL CUSTOMER SERVICES
0344 482 5151

EMAIL
CUSTOMER SERVICES



www.delfontmackintosh.co.uk

SUMMER CRICKET CAMP AT HAM & PETERSHAM CC

MONDAY 24th JULY –
THURSDAY 27th JULY

10:00 - 12:30
& 13:30 - 16:00
(Or stay all day!)

£20 FOR A HALF DAY
£40 FOR A FULL DAY

AGES 5 - 14
(HARDBALL AND SOFTBALL)

GIRLS AND BOYS OF ALL
ABILITIES WELCOME

SIBLING DISCOUNT
AVAILABLE ON REQUEST

SESSIONS LED BY IAN
TABOR (ECB LEVEL 3
ADVANCED COACH)

BOOK TICKETS

www.tickettailor.com/events/hampetershamcricketclub

OR EMAIL ian@taborsportscoaching.com



HEARTS OF TEDDLOTHIAN

TEDDINGTON-BASED UNDER 14s GIRLS FOOTBALL TEAM

LOOKING FOR PLAYERS TO JOIN SQUAD FOR 2023-24 SEASON

SUMMER "TASTER" SESSIONS COMING SOON – SECURE A PLACE NOW

- FRIENDLY "GRASS ROOTS" TEAM PLAYING IN LOCAL LEAGUE
- REGULAR MATCHPLAY FOR PLAYERS WITH PREVIOUS EXPERIENCE
- IDEAL FOR GIRLS STARTING YEAR 9 IN SEPTEMBER 2023
- SUMMER "TASTER" SESSIONS
- PRE-SEASON TRAINING STARTS IN SEPTEMBER
- MATCHDAYS: SATURDAYS
- TRAINING: TUESDAYS



CONTACT HEAD COACH CHRIS COLNAGHI FOR MORE INFORMATION:
christophercolnaghi@gmail.com or 07776 137515



THIS GIRL CAN

CALLING ALL GIRLS IN YEARS 7-12

The Women's Football World Cup is only 1 month away and no doubt the Lionesses will continue to inspire the next generation of female footballers.

Teddington Athletic is committed to continue to develop the female game, supporting girls to be physically, socially and emotionally well. We are proud to have over 270 girls playing/training with the Club.

A number of our senior teams are looking to add players to their team next season. If you have some football experience (team/school/social) and would like the opportunity to play more regularly, we would be pleased to welcome you on board.

The club delivers weekly training sessions and home matches are played at either Bushy Park or St Mary's Sports Ground, Teddington Lock.

**Interested in joining a team? Please contact
Samantha Roff Girls Football Development
Manager at tafcgirls@gmail.com**

www.teddingtonathleticfc.com

SUMMER ROWING CAMPS 2023

FERRY WHARF, BRENTFORD, WEST LONDON

TEAM **K** EANE SCULLING SCHOOL



ADVANCED & BEGINNER CAMPS AVAILABLE!

AGES FROM 12-18YRS, MONDAY- FRIDAY, 09:00/10:00-14:00/15:00 EACH DAY.

SUMMER HOLIDAY CAMPS

WEEK 1- 31ST JULY- 4TH AUGUST

WEEK 2- 7TH- 11TH AUGUST

WEEK 3- 14TH- 18TH AUGUST

WEEK 4- 21ST- 25TH AUGUST

WEEK 5- 8TH- 12TH AUGUST

WEEK 6- 29TH AUGUST- 1ST SEPTEMBER

**OR VISIT WWW.TEAMKEANE.COM
FOR MORE INFORMATION AND TO BOOK**

**SCAN ME BOOK YOUR
PLACE TODAY!!!**

