

# Grey Court School eBulletin

10 November 2023



# contents

4	#KeepInTouch
5	KS3 and KS4 News
13	Berlin Rufflers Mr Clements
18	Food and Nutrition Ms Campbell
23	PDW Programme and Wellbeing Information
28	VPA News Mr Page, Ms Bowie, Miss Cowper and Mr Allchurch
41	The Volunteer Perspective Miss Cowper
43	Sixth Form News
51	Careers Update Miss Corrighan
54	Sports News
67	Activity Day Photos
85	What's on in the neighbourhood

# notices

## DONATE YOUR FOOTBALL BOOTS AND HELP THE PE DEPARTMENT RAISE MONEY

If your child has outgrown their football boots, please consider donating these to the PE department. The boots are sold for £5 to raise money for equipment for the department.

**Richmond and Kew FC** still have places available within their training squads for current year 9 and year 10 students (age 14 – 15). If you are interested, please see the information below and contact the coach: Toby Forrest (07743 321 779)

[www.richmondandkewfc.co.uk](http://www.richmondandkewfc.co.uk)

Located at Ham Playing Fields, Riverside Drive, TW10 7RU

Training: Tuesday's, 7.30pm

Matches take place on a Sunday

**Cover photo:** taken on 18 October during the Year 8 B Band's visit to St Paul's

# #KeepInTouch

**23-24 Term Dates**

**School Events**

**Sports TT**

**Sport SOCS**

**Extracurricular TT**

**Education Fund**

**ScoPay**

**Breakfast Menu**

**Weekly Menu**

**Graze Menu**



**The Uniform Shop**

**Thursdays 3-4pm**



Some of our parents and students are taking part in the [Santa Fun Run](#) in memory of a very dear friend and parent. This event is organised by Princess Alice Hospice and the 5km run will take place on 10 December in Bushy Park.

If you and your children would like to participate, please sign up on the link above and don your Santa suits and join them in raising money for this worthy cause.

A bake sale will be held in school on Friday 8 December to raise money for the charity. All cookies, biscuits, cupcakes will be freshly baked and all the money raised will be donated to Princess Alice Hospice.





# KS3 and KS4 News



# Year 7 Message from Mr Day

## Attendance

The attendance in Year 7 has been fantastic so far - a massive well done to the students for their resilience and thanks to parents for their support at home. Invariably as the weather starts to turn we start to see coughs and colds crop up more regularly this half-term. We stressed to Year 7s the importance of making sure they come in - even if they are not feeling 100%. We can support any students who are not feeling 100% throughout the day, or those who might have any injuries in the school.

## Academic Tutoring Day

You should have received a letter from Mr Gordon-Walker regarding Academic Tutoring Day on 23 November. Prior to this you will be sent home a copy of your child's first report. This will contain an overall effort grade, their current strengths and an area for them to work on for each subject. The Y7 first report does not contain any formal grades, as most subjects do not hold proper assessments until towards Xmas. There will be no lessons on the 23rd, instead parents and students will come in for a meeting with their form tutor to discuss their first report and to set targets for the remainder of the year. Appointments will be available to book via the school cloud platform - but the meetings themselves will be in person. We hope that parents are available on the day - but if there are any issues please contact the Tutors and Y7 team.

## Remembrance Day

On Friday, the Year 7s took part in the annual remembrance day proceedings. We were extremely proud with their conduct during the ceremony and they behaved extremely well.



# Year 7 Stars of the week



	Name	Reason
A	Evelyn V	For being a diligent and hard-working student who is excelling in all her subjects. It is fantastic to hear her contribute more in PDW
B	Dylan K-E	For excellent behaviour and hard-working spirit shown from the first day of school. Also, for great contributions in PDW.
C	Jasmine H	For her thoughtful contributions and being an excellent role model for the form.
E	Sasja T	For always helping out by tidying up the classroom and always being kind to others. Also nominated and selected as the Form Rep, well done!
M	Leo F	For always being a happy, polite and conscientious member of the form - well done!
O	Kerem O	For ALWAYS being focused, polite, conscientious and hard-working. I'm delighted that he is running for the Collegium, he is an excellent role model!
R	Daniel H	For always being polite, courteous and kind. And for being one of just a handful of students brave enough to run for Collegium elections.
W	Chloe N	For really giving her all in the 'Daily 1K' this week! We are super proud of Chloe for always giving everything a go and for being such a brilliant member of the form.



# Year 8 Message from Mr Ridley

It's been a great start back at school after a nice long half-term break for our Year 8 students. Multiple victories for our sports teams and a poignant assembly for Remembrance Day were standout features of our week.

## **Academic Tutoring Day**

We will shortly be sending out information for our Academic Tutoring day, which takes place on 23 November and is an opportunity to discuss your child's progress so far this year, so please keep that date spare so you can attend your appointment.

## **Senior Citizens Christmas Party**

Grey Court are welcoming back our Senior Citizens for the first time in 4 years and Year 8 have been tasked with donating Christmas cakes, Panettone, Mince pies and similar items. If you can spare anything, we would be very grateful.



# KS3 MATHS DATES FOR YOUR DIARY

The dates for Year 7, 8 and 9 Term 1 Assessments are as follows:

Year 7 A Band: Monday 13 November, P3 & 4

Year 7 B Band: Tuesday 14 November, P5 & 6

Year 8 A Band: Friday 24 November, P5 & 6

Year 8 B Band: Monday 27 November, P5 & 6

Year 9 A Band: Wednesday 22 November, P3 & 4

Year 9 B Band: Wednesday 22 November, P5 & P6

A revision list for each assessment can be found on Google Classroom

Any questions regarding this assessment should be sent to: [rlunniss@greycourt.org.uk](mailto:rlunniss@greycourt.org.uk)

# Year 11 Message from Ms Clark

Welcome back to Year 11. The half term started strong with English and Maths exams and a day of coursework focus, enabling students to make excellent progress to reach their goals.

Thank you to all of those who attended the sixth form parents evening last night. It was a roaring success and we have had great feedback from Year 11 who now seem more focused on their futures and what they need to achieve to get there. The future is in their hands!

Please find the [revision guide for Year 11 and the exams timetable](#). Please note, we are not running 'mop up' sessions for the mock exams. We feel that students need to grasp the seriousness of exams - if they miss a real GCSE exam, there are no opportunities to retake. Therefore, we are treating the trial exams as we would the real exams in May. I thank you in advance for ensuring your child has 100% attendance and punctuality at this time.



# Meet the Doctors

*Invitation from Ms Bapty*

Ms Bapty and the Grey Court Medicine Society would like to invite you and your child to our 'Meet the Doctors' evening, on Thursday 16 November from 6 - 7.30pm.

The event is aimed at students in years 10 and 11 who are considering a career in medicine and/or dentistry. It will allow them to find out more about the application process and day-to-day responsibilities in the field. We will be hearing from a range of Junior Doctors, Consultants and a Dentist, discussing everything from life at medical school to experience on the wards, surgery and medical ethics.

There will also be a Q&A session, giving students and parents an opportunity to have their questions answered by a professional.

The talks will be held in the main hall with refreshments on sale in the Dinex.

Tickets are available via Ticketsource using [this link](#), or the QR code.



## Year 10 Saturday Clubs

Kingston University are excited to announce that applications for their **Year 10** Saturday Clubs are now open! Recommencing on-campus and with in-person workshops, there will be two clubs running in 2024 - **Science and Engineering** as well as **Art and Design** - both being **completely free** to successful applicants (except for individual travel costs to and from the clubs).

### Get involved

In their 10<sup>th</sup> successive year, the Kingston University Saturday Clubs offer an exciting opportunity for students interested in learning and exploring more about the respective subject areas across a wide range of topics. Making use of industry leading facilities, with expert tuition, alongside Kingston University Student Ambassadors and other Year 10s from a limited number of local schools.

Please view this [14-minute video](#) which explains everything you need to know. There is also this [PowerPoint presentation](#) you look through. Students and parents/carers must **both** then complete an application form:

Students: <https://forms.office.com/e/QJMSHexNLV>  
Parents/Carers: <https://forms.office.com/e/eLzD7Vx794>

Application deadline is **Monday 4 December 2023**  
Decisions will be emailed by Friday 8 December 2023



# Berliner Rufflers

Mr Clements

## Year 11 Trip to Berlin

The last week of term saw a party of 50 inquisitive (and fidgety) Grey Court Year 11 students and 5 intrepid teachers visit the now historic juncture of repression, violence and totalitarianism and freedom, anarchy and self-expression - that is Germany's Berlin. It was the fifth time I have visited this wonderful city - and my third accompanying Grey Court student parties. To describe my emotional state as excited at the prospect of keeping 50 students and Mr Johnson out of trouble in Europe's party central - especially as the travel company had booked us into a "hipster" hostel in the centre of town with an in-house DJ - would be an understatement. However, having prepared for the opus by buying a "Berliner" from the German cafe for seven straight days and purchasing Len Deighton's cold war spy novel, "Funeral in Berlin" I met the party at gloomy and overcast Heathrow airport at 0700 hours.

The first barrier in the way to Euro harmony proved to be the checking in process at Heathrow which is now fully automated, alongside the fact that Ms Hawkins had allocated me a party of 10 hyper-active boys with floppy fringes to look after. Jeremy McCarthy may be deemed as a great school exam hope but his ability to single-handedly crash Heathrow's baggage system by printing off his baggage ticket but then forgetting to attach it to his suitcase will surely go down as a classic of cold war inbetweeners style tomfoolery!

Once on a British Airways plane full of wide eyed passengers who seemed slightly perturbed by the arrival of 50 teenagers, I settled down to read Mr Deighton, but was book shamed by Sophia Montenegro, who opened her copy of Tolstoy's Anna Karenina which she had packed for some light reading! I, therefore, opted for a light snooze until we arrived in Berlin in time for an afternoon walking tour which took in the museum district, Brandenburg gate and the Holocaust memorial which we gathered around in the fading Autumn light.

The memorial - which consists of an undulating field of 2711 concrete stelae cast long shadows in the gathering dusk. The memorial was one of several visited during our time in Berlin: the Sachsenhausen camp, Jewish museum, the Wall on Bernauer Strasse and the Stasi prison which allowed the students space and time to reflect on the impact violence, invasion and division has on communities. Throughout my time on the trip I was very impressed by the respectful and inquisitive nature of our students who absorbed a great deal of distressing and at times horrific information about human enmity. This was delivered by a series of expert Berlin residents from ex-Stasi prisoners, to middle aged Berliners who could remember a childhood under the shadows of the wall and even an emigree Israel-Arab poet. It was with this wordsmith that we played a snakes and ladders style board game in the Jewish museum which highlighted the barriers placed in the way of refugees facing persecution in the 1930s.







Indeed, a feature of the trip was that silence was definitely rationed! With DJ's playing in our "Generator" hostel late into the night and the cleaners preparing for the new day with 7am blasts of German techno - silence was certainly at a premium! Chief of the chatterers proved to be dynamic duo Loveday Lea and Coretta Townsend who emitted 20 words for everyone of the 25,000 steps we walked a day! Luckily, they were nothing but cheery! A shout out should also go to Xavier Mtandabari who acted as the party's unofficial tour guide and historical expert as he appeared to have read multiple histories of Berlin in preparation for the visit.

And when the students retired to bed, Ms Moore would regale us with salacious stories of her time as a languages student in Munich. Hopefully, the trip highlighted to the students the importance of protecting freedom and human rights and how reconciliation can occur - over time - amidst rubble, invasion and terrible violence. I trust it has also fired the imaginations of our students to travel and live in Europe when they are older!

From a personal point of view - this proved to be the most enjoyable Berlin trip I have attended. This was on account of Ms Hawkin's perfect organisation and our students' overall behaviour and good humour and the revelation that Ms Collins is an Olympic standard 10-pin bowling champion! A huge thank you to Ms Rahmani who worked tirelessly in the Grey Court intelligence centre to organise the passports, visas, coaches, bookings and medical risk assessments for our party. And well done to my group of boys - Harry, James, Patrick, Leo, Leo, Stan, Roger, Charlie, Harrison and Jeremy - who managed to arrive on time for all of our meetings, follow instructions and provided excellent company on the trip in spite of their collective need to ruffle one another's hair for the entirety of the four days away.









# Food & Nutrition

*With Ms Campbell*





# Year 9 MasterChef Cook Off

Our first rotation of year 9 students completed their food and nutrition carousel this week, with some really creative outcomes. The best dishes have been awarded house points and students were assessed on their creativity, the skills demonstrated in the preparing, cook and presentation of their outcome. Whilst all students worked tremendously hard, a few dishes really stood out.



# Year 10 Tackle Seafood

Whilst we have not had the pleasure of seeing our year 10's return to the kitchen yet, we are due to have a batch of 'mighty mussels' arrive in the next few weeks. We are excited to announce that Grey Court are 1 of 250 schools nationwide to receive a delivery of rope-grown mussels from Offshore Shellfish. We are really looking forward to addressing sustainable proteins, looking at food provenance and preparing these mussels as part of the Food Teachers Centre national programme Fish Heroes. We hope to secure more deliveries in the future to enable our KS4 students to work with a range of different fish and seafood. Keep your eyes peeled in the coming weeks for some photos.





# World Food Day

Just before half term, we began to celebrate World food day. An annual international celebration, to commemorate the founding of the United Nations Food and Agriculture Society. Each year has a new focus, on how to live more sustainably and to raise awareness, to make changes so we can live in a world where food, water etc is readily available for all.

The focus this year, water preservation. Whilst this is something that we cover within our curriculum across a number of subjects within school, we are still trying to raise awareness about water waste and how by 2040 a number of countries will be in areas of severe water stress. The idea, to 'Leave no one behind'. We have encouraged our students to take part in raising awareness by encouraging friends and family to save water by eating fresher and seasonal foods that require less water and processing and avoiding water contamination as just a few of the suggestions.

To raise awareness students were asked to create a poster of a world where 'food and water was readily available for all' and every entry clocked up those all important house points, once a winner has been decided they will receive a prize from the food and nutrition department. Here are some of the wonderful entries to date.



Food club continues and the creations coming out of the kitchen are shifting to suit the change in weather. Sausage rolls this week... and the aroma, just divine. Next week, cupcakes, followed by garlic potatoes, miniature cheesecakes and a festive favourite on the lead up to Christmas. A reminder to all students, food club has limited numbers, so please arrive promptly at 3pm and remember to share with siblings, friends and family.

# Food Club



WATER  
IS  
LIFE





PDW and Wellbeing

# PDW Programme

## PDW Programme

### PDW Programme

#### PDW Programme

### Week of 6 November

Year	Subject
Year 7	An introduction to UK politics
Year 8	Is there such a thing as a 'perfect body'?
Year 9	What are the right reasons for choosing your GCSE option subjects?
Year 10	A Band: RS/Computing B Band: Diversity and Radicalisation
Year 11	How does porn reinforce unrealistic body expectations?

### Week of 13 November

Year	Subject
Year 7	Talk the Talk – Oracy Day
Year 8	Talk the Talk – Oracy Day
Year 9	Options talk from Kingston College
Year 10	B Band: RS/Computing A Band: Diversity and Radicalisation
Year 11	Talk the Talk – Oracy Day





# *What's on at* **The Ham Youth Centre**

## **Who are we?**

We are a team of experienced youth workers who work with 11 to 19 year olds in Kingston and Richmond to provide fun, free and developmental activities.

## **What we do?**

We provide young people with a safe space where they can meet their friends, talk to staff, and take part in activities. We are open after school every day of the week and also during school holidays. What we offer is all free!

See this [film](#) for a taste of what's on offer for young people.



Please find our latest [newsletter](#) for courses that started in October.

New for this half term we are offering *Skills to manage your Stress, Anxiety and Emotions*. This is a seven-week course that looks at ways to deal with stress and anxiety.

### The next dates for our popular workshops are:

**Help your child to be a good friend**  
- 15 November 2023  
**Support Your Child Through Exam Stress** - 6 December 2023

Email: [adult.education@kingston.gov.uk](mailto:adult.education@kingston.gov.uk)

Browse & book online:

[www.kingston.gov.uk/adulteducation](http://www.kingston.gov.uk/adulteducation)



See all the latest [News and Events](#) from ADHD Embrace



A resource where any young people may wish to speak anonymously about any exploitation risk.

[Is This OK?](#) which supports young people affected by exploitation.

We offer information for young people via our website and they can speak with a member of our team confidentially and anonymously everyday from 4pm-11pm.



**Kooth.com** is a free online counselling service for young people 10-25years of age.

<https://www.kooth.com/>

### Information for parents:

<https://cloud.brandmaster.com/shared/assets/319b4803b82fecf307bc>

5 minute parent and carer Vimeo [Here](#)

## Private Fostering FAQs

*Are you looking after  
someone else's children?*







# VPA News



# Noah Hall at The Royal Albert Hall

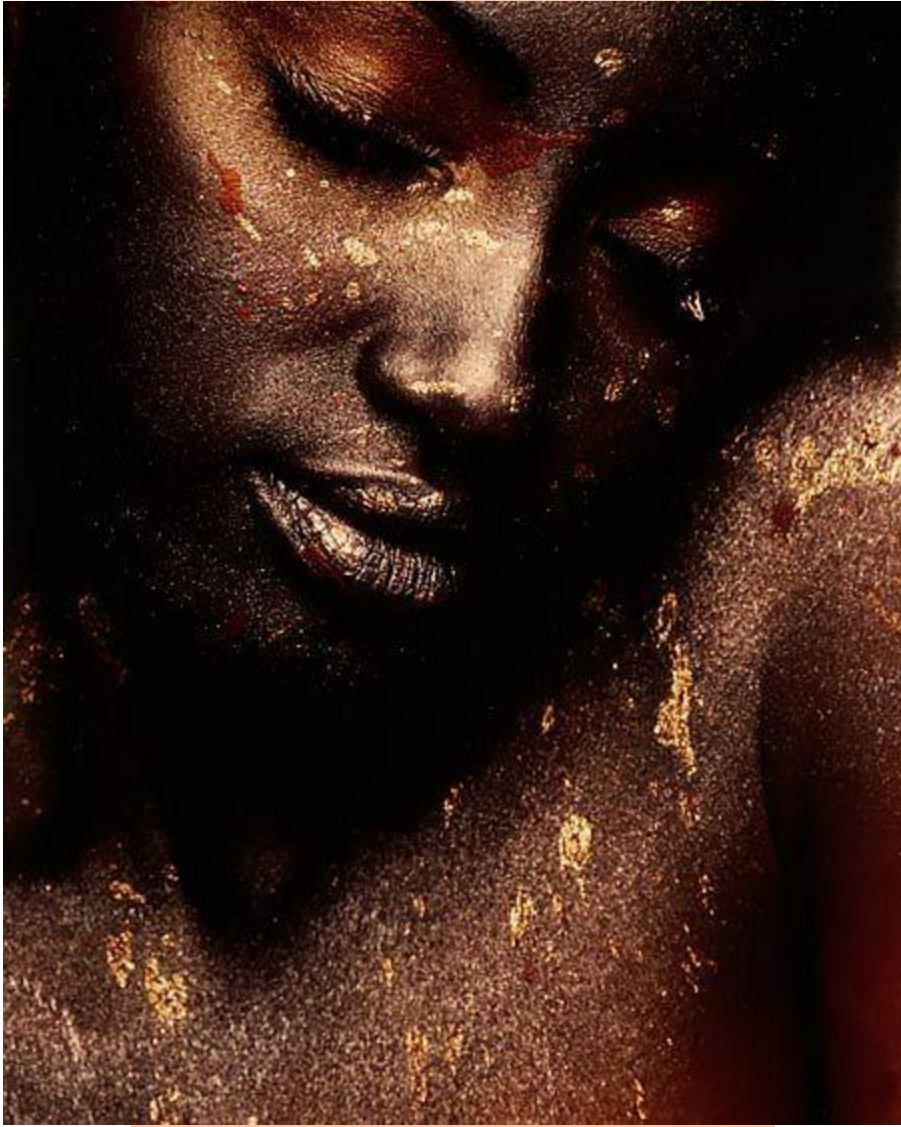


Congratulations to **Noah Hall**, year 13, who returned in summer 2023 for another performance in The Proms at The Royal Albert Hall and had a spotlight on him as he stood for his solo. Drawn from the UK's finest teenage musicians, the **National Youth Orchestra of Great Britain** also performed **Hindemith's** jovial reworking of themes by Weber, before crossing the Atlantic for **Copland's** lyrical Symphony No. 3 – 'very symphonic and very jazzy', according to **Leonard Bernstein** – which incorporates his much-loved *Fanfare for the Common Man* as a springboard for its final movement. We are very proud of Noah and all his achievements and hope he continues to be a creative and inspiring soul.

**Mr Page**

# Bill Ling's thoughts on our photographers

On Tuesday 17 October legendary photographer Bill Ling came in to work with our A Level Photography students. Specialising in fashion and advertising photography, he has had a highly distinguished 40 year career in the business, has shot 3 Vogue front covers and has David Bailey in his phone book! Students were treated to a talk about his work, techniques and processes (founded in analogue photography) and then showed Bill their own work for critical



Photograph: Bill Ling

appraisal. Bill was incredibly impressed by the standard of work shown and we're really grateful for him coming to visit again. He emailed to say "I've got to say the standard of work of the Year 13s was very impressive. The 'X ray' image and the Grenfell AI image are still vivid in my memory, as is the discussion about AI afterwards. Congratulations [the standard of work] was higher than I've see in more than a few Photography college courses".

**Ms Bowie**



# Junior Choir Update

I am delighted to say that the Junior Choir (Y7-9) no longer fits in MuB as we have 53 students regularly attending! This is the largest the choir has ever been and it is wonderful to hear the fabulous sound they make together. We are currently working on two projects - Christmas music for the school Christmas concert and a huge variety of music for *Young Voices*, a huge concert at the O2 Arena which takes place on 29 January 2024!

The choir has been learning to sing in different languages, including Tahitian (*Moana*) and Korean (*Arirang*), as well as learning dances and putting these together with songs ranging from Gospel and Spirituals to current pop songs! The constant request in rehearsals is "Miss, can we sing the Pop Medley?" - Fortunately, it's full of great songs so I'm happy to oblige!

I am also enjoying hearing them do their best Cockney accents for *The Lambeth Walk* (complete with shouts of *oi!*) - I look forward to hearing more of these in this year's production, *Oliver!*

To see the Junior Choir in action, book your ticket for this year's Christmas Concert on 14 December.

- Ms Cowper



**GREY COURT SCHOOL**

**PRESENTS...**

LIONEL BART'S

# **Oliver!**

BOOK, MUSIC  
AND LYRICS  
— BY —  
**LIONEL  
BART**

**JULY 2024**

**Come along to the singing and acting workshops before  
the auditions - more information to be announced soon.**

**Speak to Ms Burton or Miss Cowper for more information**



# It's beginning to look a lot like Christmas!

Tuesday's Rock and Pop Club members have all been working hard rehearsing for their Christmas Concert auditions - lots of Shaky and Wham! going on in these photos btw...



Liam Buckle, Olivia Coleshill, Dhanee Hazlee.

Zach Sansbury



Olivia Coleshill, Dhanee Hazlee, Liam Buckle, Nilay Gazimsade





Zach Sansbury and Nilay Gazimsade



Teddy Bridges, Joash Standing, Louis Forrest



# ROCK AND POP CLUB

TUESDAYS  
3PM-4PM  
IN MUSIC



COME AND PLAY THE DRUMS,  
GUITAR, BASS, KEYBOARDS OR SING  
IN A BAND. ALSO OPEN TO OTHER  
INSTRUMENTS IF YOU HAVE ONE!



# Performance Support



Fortunately, thanks to some new eager recruits from my VPA lessons, some familiar faces, two of our Year 13 graduates from last academic year and some inspired younger siblings of current members, we had plenty of hands on board (no pun intended Ewan) to get everything ready for the 6th Form Open Evening yesterday. Unfortunately however, I was also too busy myself to capture any photos - which is a real shame, so you can have an old one of our two Year 13 graduates instead!

Thank you to our consistently reliable and talented: Ewan, Aiden, Harry, Charles, Flo, Archie, Jacob H, and James H (sorry if I missed anyone). Thank you also to our new members: Zak, Ervaad, David and Arran (again, sorry if I missed anyone).

A very special thank you to our Year 13 graduates Conor and Owen for giving up their free time despite no longer being students here to help set up for the evening, give their perspective to prospective Music Technology students and their parents, and then after all of that, for helping to pack down at the end of the evening. It just goes to show what a wonderful experience we really must provide here at Grey Court and what amazing young people we have been privileged enough to have had here.

Mr Allchurch



A massive congratulations to ex-Grey Court student **Owen Croxon!** Owen was an essential member of our Tech Crew since Year 9 (if I remember correctly). After achieving a Distinction on our KS5 BTEC Music Technology course in Year 13 last year, Owen was importantly also able to use his experience as part of our Tech Crew as a lighting specialist at Grey Court to secure a very competitive position at Neg Earth, a leading, lighting and rigging supplier predominantly focused on live events within the entertainment industry. Neg Earth (and now Owen) supply industry-leading equipment to world-renowned music tours, festivals and live productions. Extremely well done Owen. I am now looking forward to receiving all the backstage passes you owe Graham, Rupert and myself very shortly!

- Mr Allchurch

**NEG EARTH LIGHTS**

WITH US, EVERYTHING IS POSSIBLE





Launched in 2015, the Performance Support Award has been created in order to recognise and encourage the achievements of young people who want to be involved backstage in theatre outside the classroom.

Participants must complete the levels in consecutive order, starting with Bronze. The final portfolio can be used by pupils as evidence of skills and experience during a university or college interview process, for example.

If you would like to be a committed member of the VPA events backstage crew and gain an award for your hard work, please email Mr Allchurch:

[mallchurch@greycourt.org.uk](mailto:mallchurch@greycourt.org.uk)

The background of the entire page is a photograph of the Chicago Theatre's marquee at night. The marquee is a tall, vertical sign with the word "CHICAGO" in large, illuminated letters. Below it, a horizontal sign reads "Performance Support Award". At the bottom, a smaller sign advertises the "CHICAGO MARQUEE TOUR". The scene is lit up with the warm glow of the marquee lights and the city lights of Chicago.

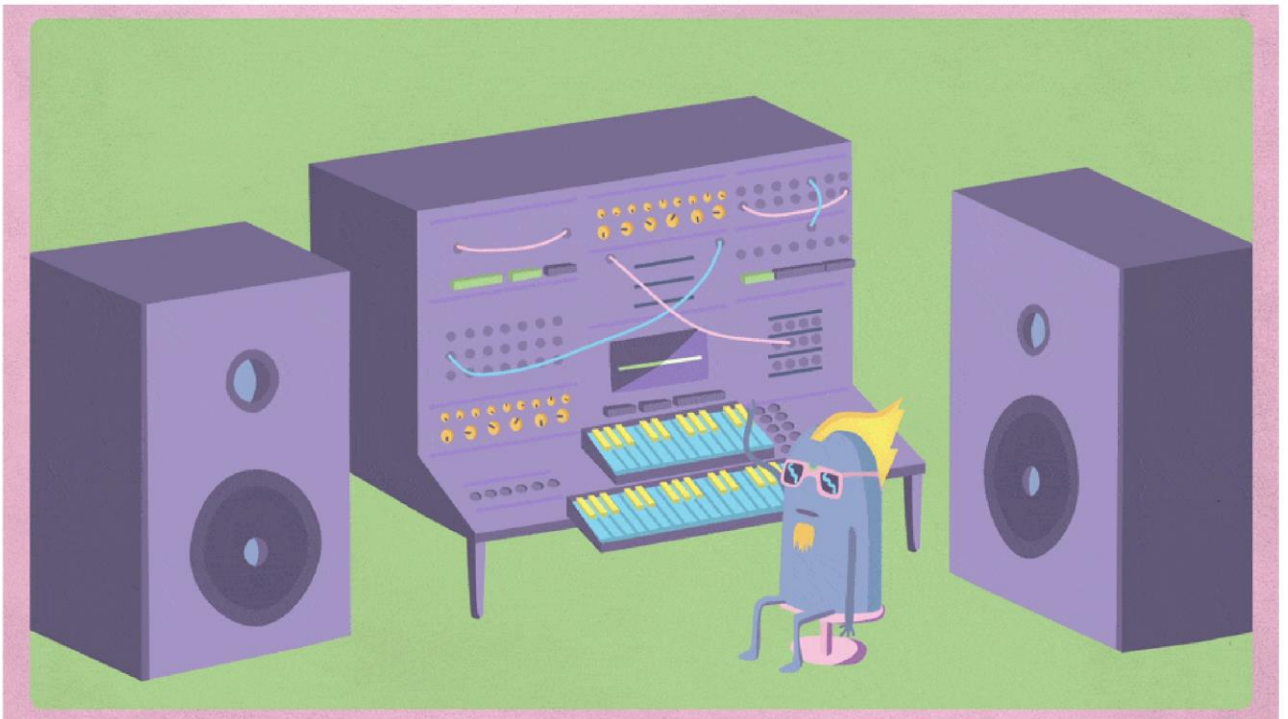
# **Performance Support Award**

**CHICAGO**  
MARQUEE TOUR

GO BEHIND THE SCENES OF  
THE ICONIC CHICAGO THEATRE!  
View tour schedule at [TheChicagoTheatre.com/tour](http://TheChicagoTheatre.com/tour)

# Music Tech Club

Wednesdays  
3pm-4pm  
in PC1



Learn to make music on a computer  
with state of the art, industry  
standard software. Record your own  
instrument, singing or rapping,  
and make your own beats.



# The volunteer perspective: Duke of Edinburgh Silver

## By Miss Cowper

On Friday 13 October, I jumped in my car after school and drove towards Brighton for my first ever DofE expedition. I didn't do DofE at school, focusing instead on Arts Award and music grade exams, so I was really excited to see what happened. I camp with groups in Girlguiding, but this was due to be a different experience altogether.

Unfortunately, when I arrived at the campsite, it was raining heavily, so I had to pitch my tent in the rain! Fortunately, it was a pop up tent so the entire process took less than ten minutes. I looked around and saw lots of familiar faces in Year 10, but equally a lot of students I didn't know. Once I was set up, I watched the students cooking their own meals on Trangia's (portable cooking equipment designed for camping), washing them up and enjoying the warm food. I was particularly impressed by Philine and Jess' group, who had extremely hearty and delicious looking bowls of broth with tofu and a variety of other ingredients! Once the students had eaten and settled into their tents, it was time for us to relax and eat our own dinner, pre-prepared by Mr Nair, so it only required heating. I was so grateful for the warm meal and all of the food was delicious.

The next morning, I started hearing students walking around at 7am - they made breakfast (hot food and/or drink obligatory!!), packed up and left for that day's expedition. I realised I had made a mistake pitching my tent by not having the ropes taut enough, which allowed condensation to come in and soak my sleeping bag. I made a mental note not to do the same again! The sun came out and we sat and relaxed while eating our own breakfast, letting our tents dry in the warm sun, before packing everything up and heading to the checkpoints and the next campsite.

On arrival at the next campsite, an eco site with sawdust toilets and a cold water tank rather than taps, I pitched my tent again (properly this time - much easier in daylight, I must admit!) and waited for the students to arrive. The first group back were delighted to arrive first, and made sure to tell all the other groups how long they had been there when they arrived. There's nothing like a bit of healthy competition!

The students all arrived and pitched their tents before cooking and going to sleep again - they were clearly exhausted by the day's walk! We sat at our campfire and cooked burgers and sausages for our dinner, before heading to bed ourselves.

In the morning, I experienced something I had never experienced before - my tent was frozen shut! I had to defrost the zip with my hands to be able to escape. I was glad the students were sharing tents, which meant that none of them had this issue due to the extra body heat.

The students packed up and left as early as they could, but as the drinking water was too cold to use, I met them during the walk to deliver fresh drinking water. I then returned to the campsite, checked everything was packed away and drove to Lewes station to meet them. I was shocked at how quickly some of the students arrived! They had their trangias collected and their phones were returned before they boarded the train - most likely grateful to be back in a warm environment! I know I was longing for a hot shower and my bed by this point.

This weekend took me out of my comfort zone but I have been well and truly bitten by the DofE bug! I look forward to many more expeditions and also to training as an assessor to be able to help out when needed. A huge thank you to Ms Mannion, Mr Allchurch, Mr Nair and Ms Casey (and her dog!) for their help and support throughout the weekend, and for welcoming me into their team. I look forward to the next one!







**Sixth Form News**

# Application Process

Last night's Open Evening was a resounding success with the two tours seeing nearly 1000 people through the doors. It was wonderful to have a Sixth Form full of prospective students and the excitement and enthusiasm of the prospective cohort was clear. We look forward to welcoming you into the Sixth Form in September 2024.

If you were unable to attend the event or want to go back through the presentation then please click [here](#). Additionally the [prospectus](#) on the school website offers the details of all the subjects that we run. Undeniably, the speech that gave the most insight into the Sixth Form was the speech given by our head prefects, Kanye and Marwa. Please click [here](#) if you would like to read it.

When you are ready to apply, visit the Sixth Form page of the website for the [application form](#). The deadline for entry in September 2024 is **Monday 8 January 2024**.

All applicants, internal and external, will be contacted for an advice and guidance meeting in January/February 2024. We will be in touch closer to the time of the meeting and a reminder of the documents you must bring.



# Year 12

This week we had our first assembly since returning from the break, this was an opportunity to praise the pupils for their brilliant engagement in the activity day challenge.

The feedback from pupils has been overwhelmingly positive and it was lovely to see that they'd had a fun, productive day out after working so hard in their transition to KS5.

The Mark Evison foundation visited the school and pupils were given the opportunity to apply for a £500 grant to do something personally challenging.

Once again, this year group showed themselves to be enthusiastic and aspirational with a whopping 70 pupils starting the process and having small group meetings with staff from the foundation. This process will continue across the year for pupils who stick with it, we're very much looking forward to seeing the outcomes for successful applicants!

On the Inset days we launched the work experience programme for year 12. This is when students will be off timetable for a week to do work related learning 1-5 July 2024. This is usually a work placement but can also be a University summer school. Miss Corrighan (Careers Adviser) launched it with this presentation so please have a look through to see how it will work for you: [WEX student launch 2023](#)

Parents/carers were also sent an email with all the instructions: [WEX 2024 Parent & Carer Letter.docx](#)

Students can also access the sixth form opportunities bulletin to access a range of opportunities that take place throughout the year - these can be work experiences, insight talks and much more and we encourage our students to access a range of experiences. This is on Google classroom weekly and advertised to parents in the eBulletin: [08/11/2023 Sixth Form Careers opportunities](#)

## Work Experience Programme

### Friends and Founders Evening

Year 12 students have also made a start on composing their CVs, in preparation for Friends and Founders evening. This is an opportunity for students to meet with professionals in areas that are of interest to them and is a fantastic networking opportunity for work experience placements and ideas. This event is exclusively for year 12 students to support them with thinking about their future and links in with work experience. It is a networking event on 7 December and they will meet with a range of employers. Please put it in your calendars - this is for year 12 students only.

# University of the Arts London

15 November 2023

*On Wednesday 15 November during Enrichment UAL (University of the Arts London) are coming into Grey Court Sixth Form to talk about Foundation Diplomas in Art and Design, how to apply and portfolio contents required. As they are a broad university offering a range of courses in areas such as media, music and sound and performance and design for theatre and screen, students interested in future education and career opportunities in the creative arts in general are also welcome to attend. The talk will take place in Sixth Form Art at 13.00 with Ms Corrighan.*



# CERN trip to Geneva

10 to 12 July 2024

We are pleased to announce a Y12 Science trip that will take place on the 10-12 July 2024 (during the summer activity week), open to anyone taking Biology, Chemistry or Physics. The trip will involve visits to various museums and world-renowned research centres, to develop students' scientific understanding and inspire them.

The price of the trip (£500) will include:

- Return flights from London to Geneva
- 2 nights accommodation, dinner and breakfast at a centrally-located hotel
- Transport card for around Geneva
- Travel insurance
- Visit to the [History of Science Museum](#)
- Visit to [CERN](#), the European Organization for Nuclear Research
- Visit to the [Museum of Natural History](#)

What is not included are the transfers to and from the airport in London and lunches.

The price may change, depending on numbers and availability. The trip can only go ahead if we have enough numbers so I would be grateful if you could fill in the [form of interest](#) by the end of the week (03/11) to see if this is feasible (no payment commitment yet). If the trip does go ahead then I will be in touch and will require a non-refundable deposit by the end of the following week (11/11). If we are over-subscribed, students will be selected by picking names out of a hat.

Feel free to contact **Ms Bapty** ([hbapty@greycourt.org.uk](mailto:hbapty@greycourt.org.uk)) if you have any questions

# Year 13

Year 13 continue to drive forwards with their UCAS applications with over half of pupils now having applied. Offers are coming in thick and fast so any students who still need to submit their applications need to meet with Mrs Moore, Ms Higham or Ms McNicol to get them finalised.

The mock exam booklet and timetable will be shared with students on Google classroom.

Exams start on Monday 27 November and run for 2 weeks. Students will be on study leave at this time.

Exams start on Monday 27 November and run for 2 weeks.

Students should now be working on their full draft of their essay or artefact and completing their planning review with their supervisor in their log books. Drafts need to be handed into supervisors, via the google classroom, by the week beginning the 8th January. Students need to agree to a specific time frame directly with their supervisor.


## EPQ Update

Students have had their practice interview and feedback from our external tutor. They are now in the window for finding out if they have been selected for an interview. At the time of writing, our first successful student has been given their interview date. More support about interview preparation has been added to the google classroom and further support will be provided on an individual need basis.

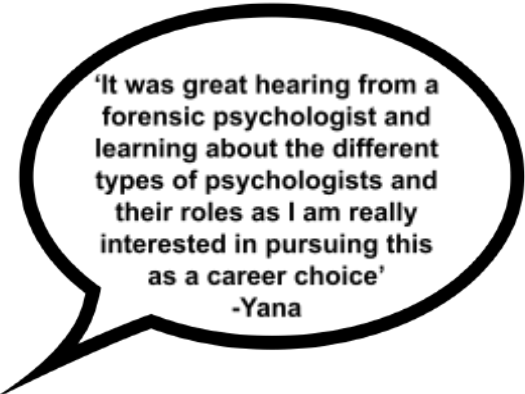
## Oxbridge Update

### Year 13 Social Science: Behind Bars Conference

On Monday 30 October, Year 13 Social Science (Psychology, Sociology and Health and Social Care) students got the opportunity to attend the Behind Bars Conference which gave them a chance to hear from speakers who worked for and have been through the criminal justice system. The conference started by presenting students with questions to discuss, 'What should be allowed in prisons?' and 'Should prisons be based on retribution, rehabilitation or punishment?'



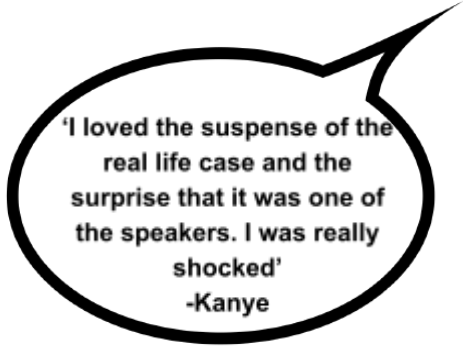
'Really great event, I really enjoyed listening to all the speakers, especially gaining an insight into what is like being in mental health institutions'  
-Olivia



'It was great hearing from a forensic psychologist and learning about the different types of psychologists and their roles as I am really interested in pursuing this as a career choice'  
-Yana

Students heard from the first speaker, a psychologist who was also an ex-police officer. Her main role now is undertaking risk assessments to see if prisoners are allowed to be released or to change to a lower security prison. The second speaker was an individual who has autism and had previously suffered severely from mental health issues - he had spent time in mental health units. He explained how poetry helped him reconnect with his family and help him understand his emotions. He shared his own poetry with us. The third speaker had collectively spent 19 years in prison, he gave an insight into his childhood (a large part was spent in youth offending units) and the impact that has had on him.

Before breaking for lunch, students were given details of a case and were asked to pretend to be a part of the jury and give their verdict of guilty or not guilty. The students were surprised to discover that the case was a real-life case of one of the speakers. This speaker spent 13 years in prison and is now on a life parole sentence. Students were shocked as this speaker had committed the most violent crime. However, he was the most well-spoken, dressed in a suit and came across in a very professional manner. It made them question their own stereotypes of 'who is a criminal?'



'I loved the suspense of the real life case and the surprise that it was one of the speakers. I was really shocked'  
-Kanye





In the afternoon, the students had the opportunity to ask all the speakers questions. Our students demonstrated great maturity and asked loads of fantastic questions to further their understanding of these individuals' lives and experiences of the criminal justice system. Below are some of the questions our year 13 students asked.

'What was your most difficult time of your sentence?'

'How and when did you change your life?'

'Do you still feel anger about your sentence?'

'Do you think the prison system failed you for not recognising your autism?'

'How has working with criminals impacted your own mental health?'

'Did you ever meet someone in prison who were a positive role model?'

**SCENE DO NOT CROSS**

**CRIME SCENE DO NOT CROSS**

**CRIME SCENE**

**ROSS**

**CRIME SCENE DO NOT CROSS**

**CRIME SCENE DO NOT CROSS**



# Careers Update

*with Miss Corrighan*

## Can you help?

On Thursday 7 December 6.30-8pm, we hold a careers networking event for our year 12 students. They meet with people from a range of careers and it is always a great evening for the guests and inspiring for our students, who come dressed to impress! We are looking for any alumni and parents/carers who would like to support the careers event by talking about their career path and profession. Please contact Miss Corrighan [bcorrighan@greycourt.org.uk](mailto:bcorrighan@greycourt.org.uk) who is looking for volunteers for the evening.

We produce a [weekly opportunities bulletin](#) to highlight the range of opportunities including:

- Work experience/careers events and talks
- University taster days and open events
- Apprenticeships

See the link above for this week's bulletin packed with opportunities for our students to explore their ideas

## Exciting apprenticeships at the BBC

[Home | BBC Early Careers](#)

**Apprenticeships available in Business, Digital, Engineering, Journalism and Production.**

Click on Early careers and explore as there are lots of good jobs and opportunities for our students.

## Year 11

There are a variety of choices available and it is the aim of the school to ensure that all students make an informed choice and are fully aware of all the different academic, technical and vocational options available to them. Please be aware of events to explore these ideas:

[Richmond upon Thames College](#) Tuesday 14 November  
17.00-20.00

[NESCOT](#) open event

Wednesday 22 November 16.30-19.30

[Kingston College](#)

Wednesday 15 November, 4.30pm-7pm



# OPEN EVENTS

## 2023-2024

### CARSHALTON COLLEGE

Wednesday 18 October	5pm-7pm
Saturday 18 November	10am-1pm
Wednesday 7 February	5pm-7pm
Wednesday 26 June	5pm-7pm

**Carshalton College**  
**Nightingale Road**  
**Carshalton SM5 2EJ**

### KINGSTON COLLEGE

Saturday 7 October	10am-1pm
Wednesday 15 November	4:30pm-7pm
Saturday 27 January	10am-1pm
Wednesday 13 March	4:30pm-7pm
Friday 21 June	11am-2pm

**Kingston College**  
**Kingston Hall Road**  
**Kingston upon Thames KT1 2AQ**

### MERTON COLLEGE

Saturday 14 October	10am-1pm
Wednesday 8 November	5pm-7pm
Wednesday 28 February	5pm-7pm
Thursday 27 June	5pm-7pm

**Merton College**  
**London Road**  
**Morden SM4 5QX**

### SOUTH THAMES COLLEGE

Wednesday 11 October	4:30pm-7pm
Saturday 11 November	10am-1pm
Wednesday 6 March	4:30pm-7pm
Wednesday 19 June	4:30pm-7pm

**South Thames College**  
**Wandsworth High Street**  
**London SW18 2PP**

  [STCG.AC.UK/EVENTS](https://stcg.ac.uk/events)  
**DISCOVER YOUR DIRECTION**





# Sports News



**Congratulations to Irmak BILIK**  
and her friend came second out of  
twenty crews in a double under the  
women's j14 double sculls category  
at the Weybridge Silver Sculls, a  
3km race and got a time of 18:21.  
This time is really good for their age  
group and they even beat some j18  
who weren't in their category.







## **OPRO ARE THE LEADING SUPPLIERS OF BESPOKE MOUTHGUARDS WORLDWIDE**

OPRO have worked to create a bespoke Instant Custom-Fit mouthguard for your school/club. With over 25 years' experience, we are the market leaders in knowing what makes a mouthguard offer the best protection.

To order this design or choose your own from our brand new and exclusive range, please click below.

**Use the discount code **GreyCourt10**  
to receive 10% off!**

**CLICK HERE TO ORDER**



**OPRO ARE PROUD TO BE THE OFFICIAL MOUTHGUARD SUPPLIER OF**



We work with OPRO, who are the largest manufacturers of Custom-Fit mouthguards in the world. OPRO have launched their revolutionary Instant Custom-Fit mouthguard which is a dentist level mouthguard that can be fitted at home.

### **Benefits of the Instant Custom-Fit mouthguard:**

- OPRO's revolutionary fitting mechanism allows the pupil to take an instant dentist impression of their teeth whilst molding their Custom-Fit mouthguard
- You can choose between 3 protection levels and add anti-microbial protection to the mouthguard
- Made in OPRO's manufacturing facility in Hertfordshire, the Instant Custom-Fit offers the highest level of protection as worn by professionals
- Prices start from just £29.99 plus you will receive 10% off if you use the following code **GreyCourt10**

- No waiting for your mouthguard! The Instant Custom-Fit can be manufactured in as little as 2 days. Once fitted at home it's ready to use
- You will receive a complimentary Self-Fit mouthguard to practice the fitting process with and this can be used as a spare mouthguard for the season

### **To order an Instant Custom-Fit please follow the steps below:**

1. Visit <https://opro.info/GreyCourtSchool>
2. Choose the mouthguard you'd like to purchase
3. Enter the discount code at checkout to receive 10% off
4. Your OPRO Instant Custom-Fit will be sent to the delivery address provided
5. Follow the fitting instructions included with the mouthguard
6. Your mouthguard is now ready to use!

If you have any questions about the products or OPRO's service please contact their customer care team directly on 01442 430690 or email [info@oprogroup.com](mailto:info@oprogroup.com).

# Congratulations

**7 November:** Gethin Dutton collecting the U16 London Broncos Cup trophy. Our U16 boys won the competition







**Tuesday 7 November:** An epic encounter vs Christ's in the Borough League ended 5-5 and secured the Borough league title for the U13A football team. Goals from Ektor (2), Josh G, Harrison S and Alfie P



**Tuesday 7 November:** Goals from Oscar W and Harry DJ led the u12B team to victory in the ESFA Cup!





**Monday 6 November:** The U16 boys won 2-1 with goals from Leo and Dylan. The team have won all of their league matches scoring 19 goals in the process!



**Friday 3 November:** The U18 rugby team beat Windsor Boys 29-12 to progress in the National Bowl competition. In tough conditions, the boys managed the game well and defended superbly!





**Friday 3 November:** The U14 footballers had a tough match again Surbiton yesterday in the Surrey Cup. They continued to work hard throughout the game and Sophie made some great saves! POM Moujan.



**Wednesday 1 November:** Superb win for the U13 rugby boys. Well done boys!



# Girls Team of the Month



The U16 Indoor Athletics Team is our girls Team of the Month for October. They competed in the Lee Valley Indoor Athletics competition, showcasing an exceptional display of strength and determination across all disciplines. With standout performances from Tess's remarkable display in the 300m race and Layla's outstanding performance in the 800m event. The team not only excelled in their respective events but also displayed a remarkable attitude and unwavering focus throughout the competition.

What makes their achievements even more extraordinary is when the team faced numerous challenges, including illnesses and injuries. In the face of adversity, Lily and Jess emerged as true champions, tirelessly keeping the team united and organised. They went the extra mile by arranging for different pupils to step in and ensure the completion of the competition. As a result of their determination and teamwork, they secured a remarkable 3rd place overall, a triumph that not only filled them with pride but also earned them a well-deserved spot in the next round of the competition. Their performance is a testament to their dedication and resilience, we look forward to the athletics term ahead.

# Boys Team of the Month



The U14A football team has had an outstanding season so far, with a number of promising performances. They kicked off the season with a resounding 6-0 victory against Winston Churchill School in the English Schools National Cup, displaying exceptional skill in attacking areas and scoring some quality team goals. Their efficiency in possession throughout the game was reminiscent of the fluid football that Pep would be proud of. In the second round of the English Schools National Cup, a 2-2 draw after extra time took the match to a penalty shootout in which the boys demonstrated incredible composure, winning 4-1 on penalties. Their ability to hold their nerve under pressure showcased their mental strength and determination, characteristics which we hope will benefit the team in the latter rounds of competitions this season. Just before the half-term break, they continued their winning streak with a dominant 5-0 win in the first round of the County Cup. Their performance showed solidity in all areas of the pitch, combined with some moments of brilliant football.

As the season progresses, the team has shown great potential to build on what they achieved last season and have their eyes firmly set on regaining the Borough league title and continuing their Cup runs.



# Girls Player of the Month



Mai is a fantastic gymnast who specialises in Artistic Gymnastics. Mai trains at Tolworth Gymnastics Club training 5 days a week and between 3-4 hours on these days. Mai is a competitive gymnast who is part of the Senior Squad at Tolworth Gymnastics Club. As well as this, Mai has been selected for the British Gymnastics Compulsory Elite Pathway and is part of the Great British Aspire National Squad which is a massive achievement. This involves attending the GB National training days and camps which occur throughout the year.

Mai regularly competes in competitions at regional and national level. Mai placed 1st in her regional competition qualifying her for the National Finals. The National Finals took place in May where Mai placed 2nd in the all round category. Mai competed last month in the British Club Team Championships where her club became Junior British Club Team Champions! Here they also ranked 3rd best team in the country across all age groups. Another amazing achievement! Mai has also secured a place at the British Championships next year which we look forward to hearing about. This has all occurred due to Mai's commitment and effort that she gives to her sport. This sets her out to be a role model as well as having great organisation skills to be able to manage school, rest and gymnastics training.

# Boys Player of the Month



Euan Roberts has had a fantastic month. He is hitting form at the right time ahead of a big Cross Country season, following months of dedication in his training. Euan trains twice a week with his athletics club (Kingston AC & Polytechnic Harriers) and these gruelling sessions include pyramid sessions, intervals and grass work. On top of his athletics training, Euan swims 6 times per week for Teddington Swimming Club. His grit and determination in his training makes a difference when it comes to his races. He achieved personal bests in all of his events at his most recent gala and his times qualify him for County consideration. In his first Cross Country race of the season, Euan came second in the first round of the English Schools Cross Country Cup, which is a brilliant achievement, and 8th in the Surrey XC League meeting in Richmond Park.

After a very promising start to the Cross Country season and knowing how hard Euan will continue to push himself, we look forward to seeing how far Euan and the team can go in both the English Schools Cup and Borough XC Championships!



# Girls Scholar of the Month



Olivia Green is this month's Scholar of the Month. Olivia has confidently thrown herself into all aspects of sport at Grey Court this month. She has shown great potential in the morning lacrosse sessions, transferring good speed, agility and hand-eye coordination to this new sport. She has performed well on the netball court and is a keen defender. Olivia is cool under pressure and has a good eye for the ball, enabling her to make regular interceptions and turnovers for her team.

In football, Olivia works hard in midfield. She distributes play, left, right and forward, with accuracy. Olivia is proving to be a good leader and is also capable of scoring multiple goals for her team. In scholar theory sessions, Olivia has a good understanding of sports physiology and adds well to class discussion on topics surrounding fitness testing. Well done, Olivia! We look forward to seeing her in cross country and gymnastics in PE in the coming weeks.

# Boys Scholar of the Month



Kian Potterill has made an excellent start to his time at Grey Court, keeping several clean sheets for the U12 football team which has seen them progress in both the County and National Cup. Alongside football, Kian has represented the A team for Rugby, and has shown a great attitude in training, demonstrating a real desire to improve. Kian's positive attitude has extended to his Sports Scholarship lessons in which he shows great leadership, works brilliantly in a team and is always willing to learn.

We know Kian is also a very talented cricket player and look forward to seeing what he can do with bat and ball when winter nets start after Christmas. He plays for the mighty Malden Wanderers who have produced some great cricketers over the years, including Mr Murphy! Kian is clearly a talented all-rounder but most importantly, his determination to improve is what is going to fulfil his potential in years to come - great start to the year, keep it up Kian!!



**Grey Court School**

# **Activity Day**

**18 October 2023**







**Year 7 A Band Visit to  
Whipsnade Zoo**



Year 7



















nose

100,000 muscles, an elephant's trunk is  
adept and versatile. An elephant's trunk  
can smell, to snorkel, to fight, to trumpet,  
as well as to pick up food and water.

Elephants have a single 'finger' on the end of their trunk  
which they use to pick up small items.







# **Year 8 A Band Visit to** **Leeds Castle**





















**Year 9 A Band Visit to  
Box Hill**













# **Year 9 B Band Visit to Newlands Corner**











What's happening  
in the neighbourhood  
*and beyond*





## Part-time Parish Administrator

St Peter's Church, Church Lane, Petersham, is looking for a part-time (8 hours a week) Parish Administrator.

The successful candidate will have administrative and organisational skills, good written and verbal communication and an ability to relate to a range of people and situations. He/she will also be sympathetic to the aims of the church and its mission to the community.

**If you are interested**, please contact the Parish Office [st.peters.petersham@googlemail.com](mailto:st.peters.petersham@googlemail.com) for full details.

**Closing date** for applications: 20 November 2023.





PETERSHAM HORTICULTURAL SOCIETY

invites you to

# AN EVENING OF WINE & CHEESE TASTING

FRIDAY 17th NOVEMBER 2023

7:30 to 9:45 pm

at

The Russell School Hall, Petersham Road, TW10 7AH



**In anticipation of the festive seasonal cheese platter, come and taste  
a selection of British wines and cheese,  
accompanied by live guitar music.**

Supporting local businesses:

**Taylor's Fine Wines, Ham & The Teddington Cheese, Richmond**

*Raffle on the evening!*

Admission: £30\* Adults Only (Purchase by 10 Nov!)

\*Please notice that the Eventbrite booking carries an additional fee of £3.22.

To avoid this charge, pay directly in advance by emailing [toby@powellblyth.com](mailto:toby@powellblyth.com)

Buy tickets at  
Eventbrite!!



All proceeds will go to fund horticultural and gardening projects within our local primary schools.

<https://horti.org.uk>



# HAM SCOUT GROUP



Is your child  
between the  
age of 10 and  
14 we have  
space at Scouts

Email  
[info@hamscouts.org.uk](mailto:info@hamscouts.org.uk)



**DO YOU LOVE BAKING TO THE  
BATTER END? WE KNEAD YOU!**

**THE GREAT BRITISH  
BAKE OFF®**



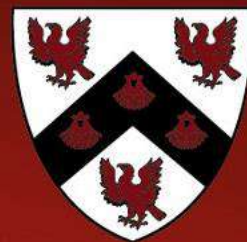
**APPLY NOW FOR BAKE OFF SERIES 15!**

**[WWW.APPLYFORBAKEOFF.CO.UK](http://WWW.APPLYFORBAKEOFF.CO.UK)**

**APPLICATIONS CLOSE ON TUESDAY 2ND JANUARY 2024 AT 1PM.  
MORE INFO: [APPLYFORBAKEOFF@LOVEPRODUCTIONS.CO.UK](mailto:APPLYFORBAKEOFF@LOVEPRODUCTIONS.CO.UK)**



OLD KINGSTONIAN HOCKEY CLUB



# FREE HOCKEY TRIAL SESSIONS

TIFFIN GIRLS SCHOOL, KT2 5PL | 12:00–13:30

10 SEPTEMBER | 17 SEPTEMBER | 1 OCTOBER

8 OCTOBER | 5 NOVEMBER | 12 NOVEMBER\*

Bookable via [okhockey.com](https://okhockey.com)  
or scan the QR code



\* One free trial per player

Qualified coaches • Equipment to borrow • Membership offers



JOIN THE TEAM



MARBLE HILL

# DIWALI

## FESTIVAL of LIGHT

Sat 11 November

Join Nutkhut to celebrate the Festival of Lights with illuminations, giant puppets, dancing and lantern making\*.

Free to attend.

\* Lantern making must be booked in advance.

In partnership with

**NUTKHUT**

[www.nutkhut.co.uk](http://www.nutkhut.co.uk)



ENGLISH  
HERITAGE

*Step into England's story*

The English Heritage Trust is a charity, no. 1140351, and a company, no. 07447221, registered in England.





HAM & PETERSHAM  
**RIFLE & PISTOL**  
EST. SINCE 1906  
**CLUB**

# **FIREWORKS & BARBECUE**

## **Saturday 18 NOV 23**

From **18.30** onwards  
Fireworks circa **20:30**

**Free entry. Food & drinks at reasonable prices.**  
No food or drink to be brought on site!

*Gourmet* **burgers**  
**sausages**  
**VEGGIE options!!**

**Venue**

The Ranges, Ham Street Ham, Richmond, Surrey, TW10 7RT

**CAR PARKING AVAILABLE**

Please keep pets indoors!!





# COMMUNITY UNDEFINING MASCULINITY WORKSHOP

**SUNDAY 26 NOVEMBER 11-1PM**

**GREY COURT SCHOOL, HAM ST, RICHMOND TW10 7HN**

In order for Violence Against Women and Girls (VAWG) & the social norms that support it to be tackled within our communities a Whole Community Approach is needed that includes engaging, educating and empowering the Community to become active bystanders. Action Breaks Silence recognizes the pressure boys/men are under to conform to gender norms associated with masculinity and the impact this has on their mental health and wellbeing. The Undefining Masculinity Workshop is for ALL Community members.

## **Violence and Abuse in the UK:**

- One in three women experience abuse in their lifetime
- 61% of 18-24-year-olds feel UK society expects a man to "Man up" when faced with a challenge
- 25% of young women (aged over 13) experience physical violence and 72% experience emotional abuse in their own relationships
- 2 in 3 (67%) 18-24-year-old men believe they are pressured to display hyper-masculine behaviour
- 1 in 5 young people are exposed to physical violence
- Two women are murdered each week in the UK by their husband or partner; ex-husband or ex-partner

## **About Action Breaks Silence:**

Action Breaks Silence is an educational charity, established to create a world free from the fear of Violence Against Women and Girls (VAWG) and the threat of such violence. To achieve this, a multi-pronged approach is adopted and actioned through the delivery of the Action Breaks Silence Community Intervention.

Our Founder and CEO, Debi Steven has worked alongside an international community of activists, academics and youth to design the Community Intervention aimed at profoundly changing the narrative on VAWG. A "Whole Schools Approach" (developed by AVA) is used to engage, educate and empower "all members of the school's community, including school governors, senior management, staff, students and parents" to end VAWG in schools and the surrounding communities.

The Action Breaks Silence Community Intervention which tackles sexual harassment and sexual violence also includes strategies to address gender equality and unhealthy masculinity that underpin this behaviour. The design and delivery of the intervention is guided by the Social Norms and Active Bystander Theories.

Action Breaks Silence is a registered charity in the UK. Action Breaks Silence is also separately a fully recognized charity in South Africa and India. All funds raised from this workshop will enable us to continue to deliver our community interventions, free of charge, at disadvantaged Primary Schools in London. Since 2013, Action Breaks Silence has engaged, educated and empowered over 100,000 beneficiaries.



# COMMUNITY UNDEFINING MASCULINITY WORKSHOP

## The Workshop aims to:

- Prevent abusive and violent behaviour against women and girls, in the long term
- Undefine masculinity and discuss the negative impact Patriarchy on men and boys
- Discuss gender stereotypes and develop a belief in gender equality
- Build empowerment to express oneself emotionally, create healthy self-esteem, and develop confidence
- Raise awareness to what a healthy relationship looks like whilst identifying aspects of an unhealthy relationship
- To understand the meaning of consent and its importance
- Give participants a safe space to talk about their experiences with masculine pressures
- Provide a fun and aspirational learning environment for all Community members
- Provide positive role models that champion gender equality and showcase healthy masculinity

## About our CEO:

All workshops are designed by Action Breaks Silence Founder, Debi Steven. As a survivor, Debi is driven by the belief that all girls and women should live a life free from the fear of sexual violence. She holds a master's degree in Women and Child Abuse from London Metropolitan University and has worked in South Africa, India, the United Kingdom and Curacao delivering Train the Trainer workshops and teaching individuals, schools, universities and blue-chip companies. Debi won the European Diversity Award for the most Inspirational Role Model and was voted as one of the Top 100 International Trailblazers. Action Breaks Silence won the National Diversity Award for Gender in the United Kingdom.

For further information, please visit: [www.actionbreakssilence.org](http://www.actionbreakssilence.org) or contact Sheena:

Mobile: +44 (0)7747 174270

Email: [sheena@actionbreakssilence.org](mailto:sheena@actionbreakssilence.org)

PLEASE REGISTER VIA THE EVENTBRITE LINK BELOW:

<https://www.eventbrite.co.uk/e/workshop-undefining-masculinity-tickets-735376570117?aff=oddtcreator>







## GIFT AID DECLARATION

Boost your donation 25p of Gift Aid for every £1 you donate.

Gift aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

[ ] I want to Gift Aid my donation of £\_\_\_\_\_

Name of Charity: Action Breaks Silence

I confirm I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

## Donor's Details

Title: \_\_\_\_\_

First name or initial(s): \_\_\_\_\_

Surname: \_\_\_\_\_

Full home address: \_\_\_\_\_

\_\_\_\_\_

Postcode: \_\_\_\_\_

Email: \_\_\_\_\_ Telephone: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Please notify the charity if you:

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Please return this completed form to: [sheena@actionbreakssilence.org](mailto:sheena@actionbreakssilence.org)

or post it to: Action Breaks Silence, c/o Alex Redmond, 12 Hallmark Trading Centre, Fourth Way, Wembley HA9 0LB.