



Grey Court School

# eBulletin

8 December 2023

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*Christmas comes to*  
**THE PALM CENTRE**  
*Come choose from hundreds of premium quality Christmas trees of all sizes, wreaths, stands, and winter flowering plants.*  
**MENTION GREY COURT SCHOOL TO OUR SALES TEAM FOR 25% OF THE TREE SALE TO GO TO THE SCHOOL!**  
*Open 7 days a week in December, in Ham St, TW10 7HA  
Mon - Sat from 9 AM untill dusk, Sun from 10 AM until dusk.  
[www.palmcentre.co.uk](http://www.palmcentre.co.uk)*



Cover photo: life drawing session

# #KeepInTouch

**23-24 Term Dates**

**School Events**

**Sports TT**

**Sport SOCS**

**Extracurricular TT**

**Education Fund**

**ScoPay**

**Breakfast Menu**

**Weekly Menu**

**Graze Menu**



**The Uniform Shop**

**Thursdays 3-4pm**



# Christmas Lunch and Jumper Day

Christmas Lunch and Jumper Day will be held on:

Monday 18 December: Year 11

Tuesday 19 December: Year 10 and Year 8

Wednesday 20 December: Year 7 and Year 9

On the day of the Christmas lunch for each year group, only the Christmas menu will be available.

On their Christmas lunch day, students can wear a Christmas jumper and make a donation to our Christmas charity collection for Crisis at Christmas.



The poster features a blue background with white pine branches and hanging Christmas ornaments (white, blue, and silver). A string of warm white lights is draped across the top. The Grey Court School logo, featuring a reindeer, is in the top center. The title 'Christmas MENU' is written in a large, elegant script and bold sans-serif font. The menu items are listed in bold sans-serif font, separated by three asterisks (\*\*\*) as section dividers. The bottom of the poster is decorated with a row of blue, white, and silver Christmas ornaments.

**Christmas MENU**

**Roast Turkey with Roast Potatoes,  
Stuffing, Gravy,  
Yorkshire pudding and Cocktail Sausage**  
\*\*\*

**Butternut Squash Jalousie,  
Roast Potatoes, and Gravy**  
\*\*\*

**Served with Peas, Carrots  
& Sprouts**  
\*\*\*

**Followed by Ice Cream  
& Christmas Biscuit  
£4 (excluding a drink)**





There are lots of exciting events on as we draw nearer to the Xmas break. None more so than the school pantomime which takes place on 14th December. There are an amazing number of Y7s involved in the production, both in the cats and also involved in the production crew, and I know they are putting in many hours to make sure it is a night to remember. Tickets are available via ScoPay - but will sell out fast as it is a one night show - it would be great to see as many Y7s there as possible supporting their fellow year group.

This week in assembly we were lucky enough to have the PE department in to celebrate all the fantastic sporting achievements this year. We are always amazed to hear of their amazing participation levels and achievements of all in the year group - from ping pong champions, netball and gymnastic winner and all those who attend clubs every week - we are extremely pleased!

I am extremely pleased to hear that Mr Clements' assembly last week has already had a fantastic impact on the students in Y7. Mr Rhodes received an email from a member of the public commenting on the polite and responsible behaviour of GC students walking over Teddington Lock, which was fantastic to hear. We also received this email from a student in Y10 this week - which sums up the lovely nature of the current year group:

*Good afternoon, Mr Day*

*Today at lunch I had to go to Strathmore and was picking up lunch early. All the tables were full and I didn't know where to sit.*

*However, Student 1, Student 2 and their friend group invited me to sit with them at a table, very kindly so. I just wanted to say I was really happy that they did that and it made my day just how kind and respectful the Year 7s are this year.*

*Thank you.*

Let's hope we can continue with this festive spirit for the last few weeks of term!

# Stars of the Week: Year 7

A	Liam B	For being extremely polite and an enthusiastic student who is really keen to do well and to get involved in school activities. A pleasure to have in form!
B	Cairo W	For showing fantastic resilience and confidence in school
C	Ruby R	For being a kind and positive member of the form
E	Ruby N	For her excellent behaviour and commitment to clubs
M	Henry M	For being an positive and kind member of the form
O	Ava G	For her kindness - always looking out for her classmates and friends, showing kindness, patience, support and care .
R	Louis F	For making more contributions to recent PDW lessons, and for helping out around the classroom during form time
W	Alex TS	For always being such a brilliant character to have in form and for making us all smile everyday! Alex is always the first to want to help out in form time and is a highly valued member of our class!



# Black History Month: **Winners**

We recently held our annual competition for Black History Month, whereby students were challenged to create a poster or fact file on a key figure, using QR codes on posters around the school.

We had so many fantastic entries and it was very difficult to decide a winner, so we chose a top three. All other participants were rewarded with achievement points for their effort.

Our three winners won a £10 voucher to spend across a choice of retailers. We were so impressed with their work so a huge congratulations to the following (seen in the photos below):

Olivia Coleshill, 7R  
Gaia Morana, 7R  
Lucas Asghar, 8B

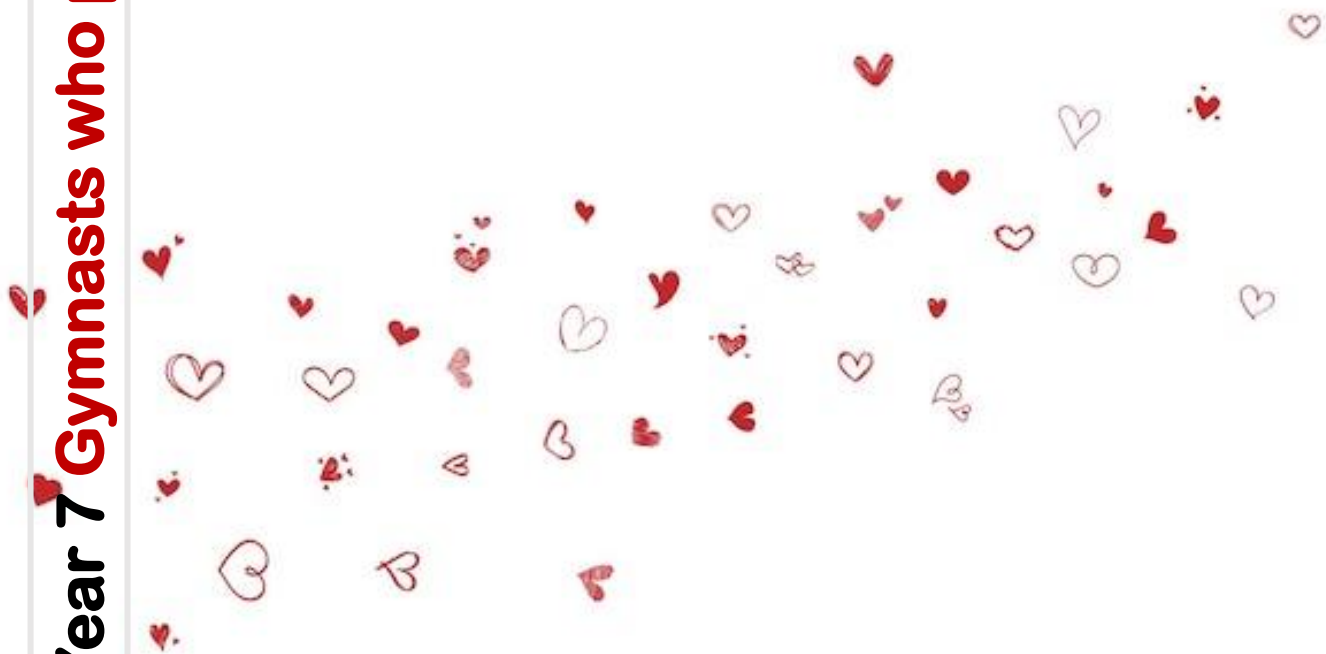
A special mention to Freya Kirrage in 7R and Harriet Bullock in 7A (also photographed here) for their excellent submissions!  
- Ms Hawkins



## Year 7 Gymnasts who performed in the regional competition



**Friday 1 December:** A big shout out to some of our Year 7s who competed for the first time. A fantastic trio, amazing floor routines and great vaults were performed from all. They also competed in an U16 category going up against some very strong competition





## Year 8: Mr Ridley

In assembly, we had some fantastic round-ups of our half-term in PE and extracurricular sport. We heard about the successes of so many of our sports teams, but also highlights of our Cross Country lessons, with stand out efforts from some students, reducing their time by over 2 minutes across the 3 weeks. The PE department has also launched a 12 days of Christmas challenge, where students can have a go at home and submit their entries on the Google classroom.

The PDW session focused on eating disorders, giving the students an opportunity to further their knowledge on the topic and realise some of the celebrity names that have suffered from disordered eating. They looked at signs and symptoms and a little closer studying of the different types that people suffer with, including coping mechanisms and identifying unhelpful coping mechanisms.

It has been a great half-term so far, lets finish strongly, much like Arsenal managed away at Luton!

And saving the best for last...A HUGE CONGRATULATIONS! to the boys' Cross Country team, who had recently made it through to last weekend's National finals and went and won the whole thing! Over 450 schools enter this competition and our Year 8 boys have beaten them all! Further details are in the sports' section, but well done to those involved, we are very proud of you!

In assembly, we had some fantastic round-ups of our half term in PE and extracurricular sport. We heard about the successes of so many of our sports teams, but also highlights of our Cross Country lessons, with stand out efforts from some students, reducing their time by over 2 minutes across the 3 weeks.

During PDW the students have been looking at budgets and savings, which will hopefully add to their life long skills. They have also been exploring the platform Unifrog which enables the students to explore future career options. As the cold has well and truly settled in, please encourage students to wear a coat when outside on the playground so they do not get cold.

However, as per our expectations, these are required to come off when inside the school building and in lessons. Yet another fantastic week for year 9 and we hope for similar as we enter the penultimate weeks of term!

# Year 11: Ms Clark

A massive thank you and well done to Year 11 for getting through their mock exams. I know it has been a very intense and challenging couple of weeks and I applaud Year 11 for lining up patiently in the cold and rain and approaching their exams with success in mind. I hope they are all pleased with the results of their hard work at our mini 'Results Day' in January.

It is that time of year when students (and staff!) are starting to tire and I implore you to ensure your children make the final push to the end of term and the year with energy and enthusiasm. We have some lovely festivities and activities for the last couple of weeks, as well as vital coursework and learning that is still essential for Year 11 despite the festive season. We saw a big drop in attendance as soon as the mock exams were finished, which whilst I understand, this was disappointing and I hope to see everyone back on Monday, rested and recuperated. I can not stress strongly enough that every hour in school is vital. Please do not communicate with your child during the day (they shouldn't be using their phones!) or ask reception to allow students to go home. We have a system that works and the wellbeing of your children is of upmost importance to us - as is their success.

Let's be resilient to those winter colds and coughs and enjoy the end of term together, culminating in our penultimate Celebration Assembly on Monday 18 December!



## Year Group

Congratulations to Year 11 for achieving 97.3% attendance

Year Group	Attendance %
Year 7	<b>92.7%</b>
Year 8	<b>96%</b>
Year 9	<b>95.1%</b>
Year 10	<b>93.4%</b>
Year 11	<b>97.3%</b>

## Tutor Group

Congratulations to 11 Maple for achieving 99.7% attendance

Tutor Group	Attendance %
7 Cedar	<b>98.4%</b>
8 Rowan	<b>98.8%</b>
9 Rowan	<b>90%</b>
10 Willow	<b>97%</b>
11 Maple	<b>99.7%</b>

# Stars of the Week: Maths and Statistics

Year	Name	Subject	Reason
7B	Dylan Kerr Elliott	Maths	Excellent engagement in class
8B	Felix Fairmaner	Maths	Excellent engagement in class
9W	Matteo Laniger	Maths	Excellent test results
10B	Alkinoos Andraos-Doukas	Maths	Excellent classwork
11B	Angus Hornal	Maths	Excellent progress in the subject
12D	Ginevra De Ceglie	Maths	Excellent engagement in class
13F	Todor Gramatikov	Maths	Excellent engagement in class
10R	Ben Clark	Statistics	Excellent engagement in class
11C	Maxwell Seddon	Statistics	Excellent engagement in class
12C	Aysenur Yassikaya	Further Maths	Outstanding achievement
13D	Katie Holroyd	Further Maths	Excellent progress in the subject



# Food and Nutrition with Miss Campbell





# Nutrients and Health



Our year 10 cohort continues to learn about nutrition and health, this week with a focus on minerals. Producing yet another dish that focused on specific minerals, the dish was to be high in Iron and low in Sodium. This demonstrated the students' knowledge and understanding of deficiency and excess of minerals within the diet.















Mighty Mussels have Landed



## Read like a ... Food and Nutritionist

Non-Fiction

Fiction

KS3 - Years 7, 8 and 9





**Mighty Mussels have Landed**





Learning Journey

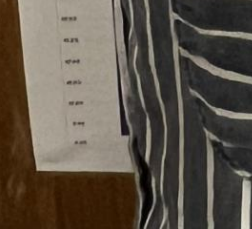
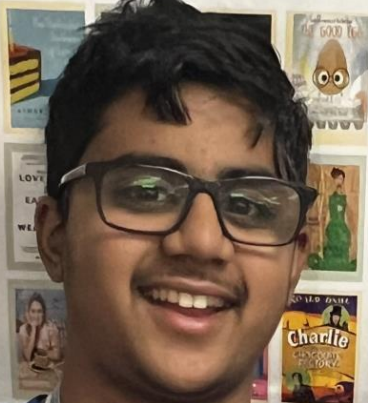


## Read like a ... Food and Nutrition

Non-Fiction

Fiction

KS3 - Years 7, 8 and 9



KEY COURT  
SCHOOL

## **Mighty Mussels have Landed**

One of our year 10 classes has been lucky enough to take part in the Food Teachers Centre - Fish Heroes Programme.

This programme allows schools nationally to take part in different fish focused practical lessons that address food miles, sustainable fishing practices whilst also developing high level skills with our students.

We were awarded a shipment of fresh rope grown mussels from Offshore Shellfish Ltd. Each student produced and presented their mussels in a garlic sauce. Mr Rhodes approved of the dish!

They really demonstrated independence and engagement during this lesson, we hope to secure some more fish from the Fish heroes programme throughout the remainder of the year.





Rolling Pin

Potato Masher

Baking Tray

Weighing Scales

Vegetables

KNIFE SKILLS

ALLERGENS

Flour & containers  
(Wheat & gluten)

Burns and Scalds - First Aid

- 1. Immediately immerse the affected part in the water until cooling is achieved. For 1st degree burns immerse for 10-15 minutes. For 2nd degree burns immerse for 15-20 minutes. For 3rd degree burns immerse for 20-30 minutes.
- 2. Remove anything that may cause contamination if there is any swelling. Do not apply ointment, cream, or grease.
- 3. Cover affected area with a dry sterile dressing.
- 4. Send to hospital if necessary.

SAFE EATING

- 1. WASH YOUR HANDS
- 2. WASH YOUR CLOTHES
- 3. WASH YOUR CUTLERY
- 4. WASH YOUR DISHES
- 5. WASH YOUR SURFACES
- 6. WASH YOUR VEGETABLES
- 7. WASH YOUR MEAT
- 8. WASH YOUR BAKERY & DAIRY

GIRL COURT  
2019/20

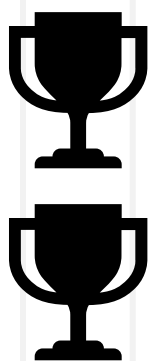
Daneen  
the Superstar

## **UK Hospitality**

It is with sadness, that we announce our exciting careers session that was due to take place on Thursday with the CEO of UK hospitality had to be cancelled last minute. We hope to share the experience with you once this has been rescheduled in the new year.

## **Food Club**

This notice is to inform you that our last food club before Christmas will run on Monday 11 December, and will be festive fare. We wish all our food club attendees a wonderful break and look forward to welcoming you back into the food room, 15 January.



## Rewards by Mr Clements

After last week's bulletin musings on kindness it was gratifying to receive this letter from a member of the public about the civilised behaviour of our students:

"I just wanted to let you know how polite and well behaved the pupils are from Grey Court. When I was coming home from work over Teddington lock bridge with my own bike, the pupils let me go first and were very considerate. No kids were on bikes (unlike myself occasionally!)! It was very busy on the bridge at that time too."

When students are praised it always feels very personal as if somehow you have been part of their success or in some small way have encouraged them to be at their best. As Christmas approaches, students and teachers are often tired and so timely praise often acts as a balm that motivates, sustains and raises the aspirations of the cohort.

The next few weeks then are times when achievement points will be recognised in house assemblies, when attendance postcards are sent home or when an hour is devoted to academic and pastoral excellence via the celebration assemblies. We will also encourage class teachers to award achievement points, teachers to write home and the successes of individuals, sports teams, musicians and actors to be published in the eBulletin.

For my part I have resolved to reward the independent work of year 10 and 11 students who have really engaged with the PDW IDEA project as well as to commend my polite and engaged media and English classes. I will also take the time to thank all the people who make my life easier around the school from the caretakers to the cleaners to the wonderful administrative staff via a Christmas card as often a well placed word or two really works - along with chocolate in many cases.

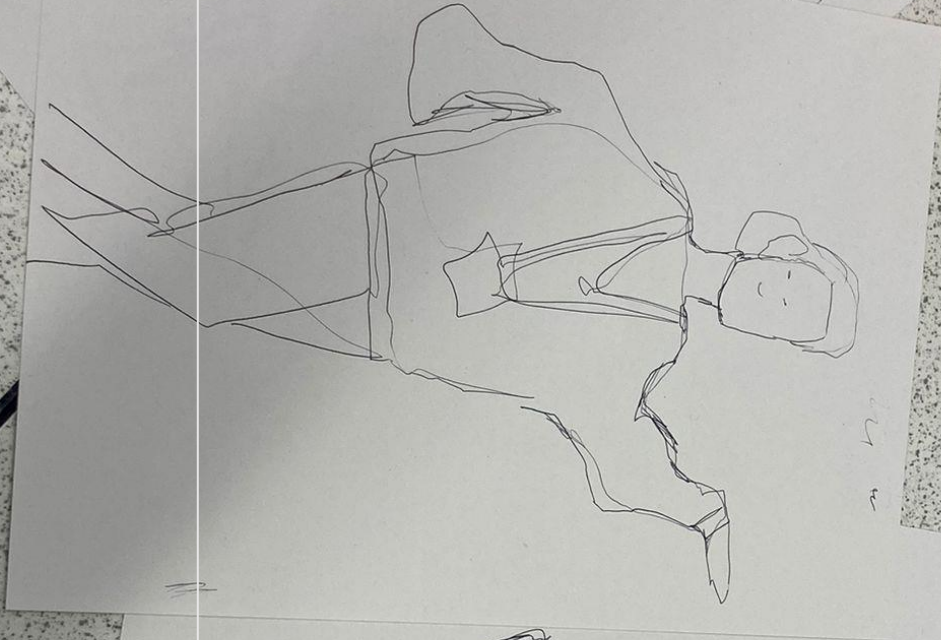
In essence, as the days darken, praise is the pick-me-up that lightens the mood and creates Christmas cheer, so I will finish this comforting meditation by praising all of those who were involved in last night's "friends and founders" evening. This careers related event is now in its eighth year and with each cycle becomes more inspiring.

Thanks to the wonderful overtures and meticulous planning of Ms Corrighan, we had 42 friends and founders from a range of vocations advising a set of immaculate year 12 students. One alumni, whose Instagram page features a picture of him with Barack Obama, even flew in from America to attend the event! Special praise should go to the current year 12 cohort who are frequently being lauded for their kindness, manners and work ethic. Mr Taylor, their excellent Head of Year, had done a wonderful job in persuading them to dress to impress - which was a feat I never managed to achieve when I performed similar duties in my younger years.

Moreover, the most rewarding aspect of the evening was to meet and greet the increasing number of ex-sixth form students who returned to provide their "youngsters" with some sage wisdom! It was great to see Cameron Allister Crooke, who is now "consulting" (I'm not sure how you can "consult" at 25!) on high profile Premier league projects, or Sarah Gotvald, who has just graduated with a nursing degree, or Wesley Walker who builds IT infrastructure, or Jack Haughten who is now completing his PhD at Cambridge. I vividly remember finding different ways to praise these students when they were in the Sixth form, as well as frequently reminding them to wear their lanyards and hand work in on time! I think the greatest praise I can receive is that they are happy and willing to come back! I just hope they walked their bikes across Teddington lock when they cycled home at the end of the event!



# VPA News





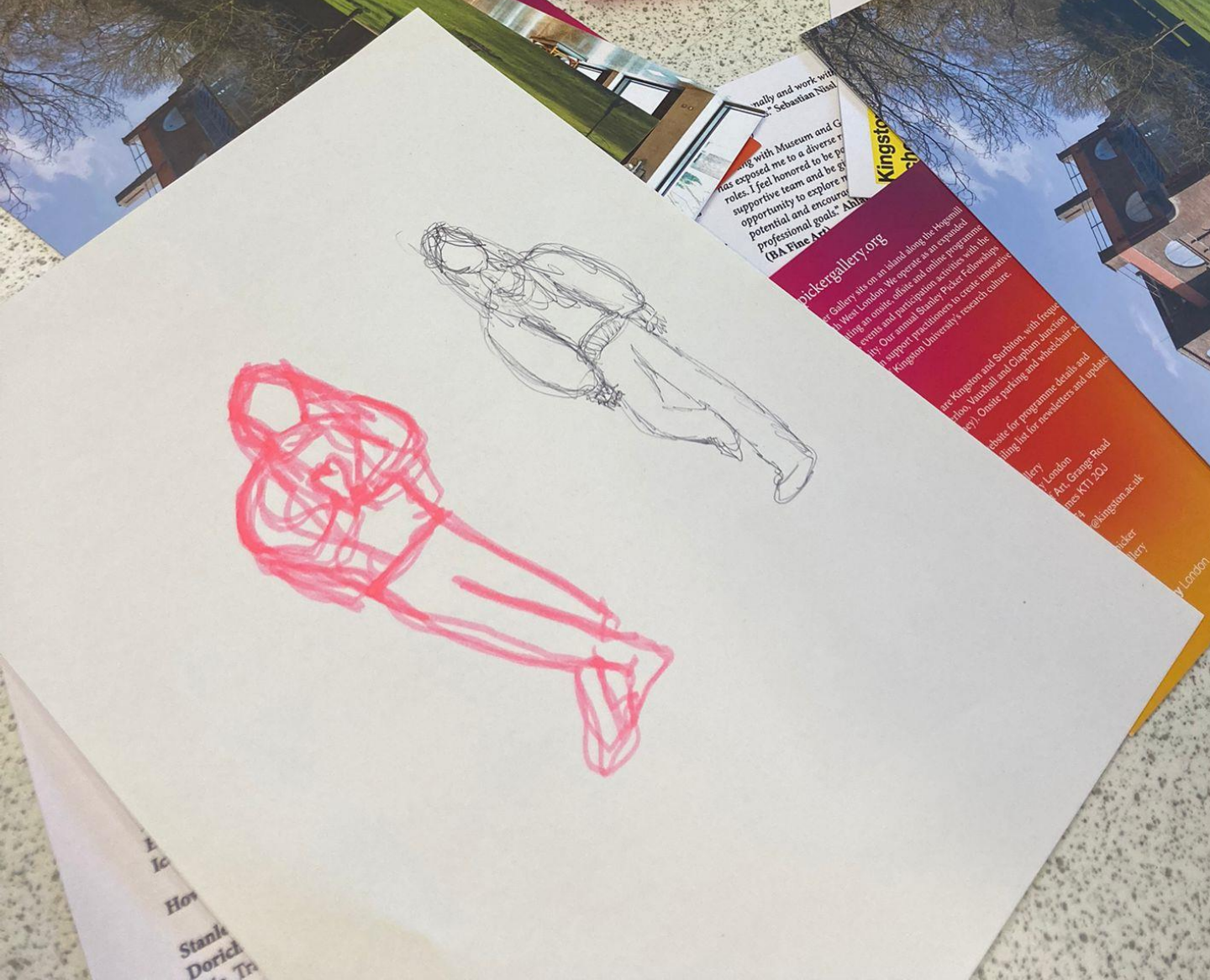
# Kingston School of Art Visit

On Wednesday 6 December Sixth Form students took part in a practical workshop 'Why Art school?' This was to inform students about the excellent further education opportunities in the Creative Arts right on our doorstep and to allow them to meet and chat to Kingston School of Art alumni. The work produced was fun and we're really grateful to KSA for visiting and maintaining their close relationship with Grey Court Art and Photography.

- Ms Bowie







...ally and work with  
... Sebastian Rish...

pickergallery.org

... are Kingston and Surbiton with frequent  
... and Clapham Junction  
... Kingston University's research culture.

... London  
... Art, Grange Road  
... KT1 2J  
... @kingston.ac.uk

How  
Stanley  
Dorick  
Tr





# Life Drawing Session: Year 12 & 13

Year 12 and a select few Year 13 Artists took part in a Life Drawing session this week.

They were pushed to draw in unconventional methods, such as drawing with their non-dominant hand to free them up.

They also learnt some important techniques to improve their proportion and scale of a human form. The work they produced was fantastic, and it was brilliant to see their confidence grow during the session.

- Ms Maybey







# Junior Choir: Ham Parade Christmas Market



Last Saturday, members of the Junior Choir visited Ham Parade Christmas Market to add to the musical festivities by carol singing. This was their first time performing outside of school and I was so impressed with their performance (and endurance in the cold!).

The audience were extremely appreciative of their singing and I look forward to their other performances this festive season!

- Ms Cowper



*Some fun behind the scenes with the*  
**PSA Crew**



Guess who found Mr Allchurch's Masked Singer stash? 





Launched in 2015, the Performance Support Award has been created in order to recognise and encourage the achievements of young people who want to be involved backstage in theatre outside the classroom.

Participants must complete the levels in consecutive order, starting with Bronze. The final portfolio can be used by pupils as evidence of skills and experience during a university or college interview process, for example.

If you would like to be a committed member of the VPA events backstage crew and gain an award for your hard work, please email Mr Allchurch:

[mallchurch@greycourt.org.uk](mailto:mallchurch@greycourt.org.uk)

The background of the entire page is a photograph of the Chicago Theatre's marquee at night. The marquee is a tall, vertical sign with the word 'CHICAGO' in large, illuminated letters. Below it, a horizontal sign reads 'Performance Support Award'. At the bottom, a smaller sign advertises a 'CHICAGO MARQUEE TOUR'. The scene is lit up with the warm glow of the marquee lights and the city lights of Chicago.

# **Performance Support Award**

**CHICAGO**  
MARQUEE TOUR

GO BEHIND THE SCENES OF  
THE ICONIC CHICAGO THEATRE!  
View tour schedule at [TheChicagoTheatre.com/tour](http://TheChicagoTheatre.com/tour)



# ROCK AND POP CLUB

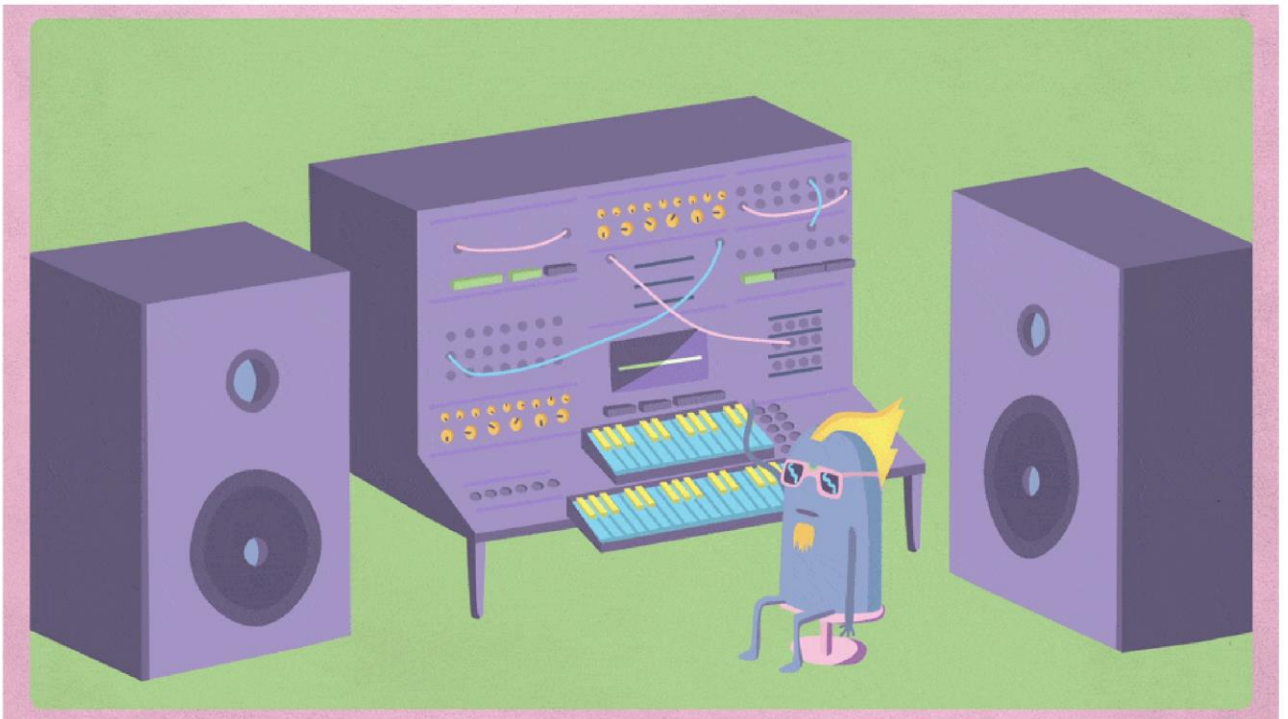
TUESDAYS  
3PM-4PM  
IN MUSIC



COME AND PLAY THE DRUMS,  
GUITAR, BASS, KEYBOARDS OR SING  
IN A BAND. ALSO OPEN TO OTHER  
INSTRUMENTS IF YOU HAVE ONE!

# Music Tech Club

Wednesdays  
3pm-4pm  
in PC1



Learn to make music on a computer  
with state of the art, industry  
standard software. Record your own  
instrument, singing or rapping,  
and make your own beats.



**GREY COURT SCHOOL**

**PRESENTS...**

LIONEL BART'S

# **Oliver!**

BOOK, MUSIC  
AND LYRICS  
— BY —  
**LIONEL  
BART**

**JULY 2024**

**Come along to the singing and acting workshops before the auditions - more information to be announced soon.**

**Speak to Ms Burton or Miss Cowper for more information**



# DRAWING MATTERS

2024

Grey Court

'Drawing Matters' is run by experienced practicing artists, Stuart Simler and Tahira Mandarino, who bring with them a broad range of skills from Fine Art and Ceramic backgrounds at BA, MFA (Hons). This course is for all pupils who have an interest in Art and especially drawing, which is an important part of childrens creative development. We encourage freedom of expression alongside learning new techniques and skills.

## Dates & Times:

15th Jan. - 18th March - Mondays 3.15 - 4.15pm

Year Groups: 7 to 10

Cost: £92 - 8 weeks (all materials included)  
(no class on 12th or 19th Feb.)

## How to apply:

If you would like to book a place for your child on these classes please email:  
Tahira: [tahiramandarino@icloud.com](mailto:tahiramandarino@icloud.com)

**Payment terms** BACS: Company name: Raw Ground Arts Limited  
Sort: 40-26-12 Account: 32189860  
Cheques made payable to: Raw Ground Arts Limited and sent to:  
56 Cedar Avenue | Twickenham | TW2 7HE

Grey Court School is keen to ensure this opportunity is open to all students. Should you wish for your child to take part but need financial assistance, please contact C. Bowie: [cbowie@greycourt.org.uk](mailto:cbowie@greycourt.org.uk)

We look forward to welcoming your artist onto the course.

\*For terms and conditions please visit: <https://www.rawgroundarts.com/drawing-matters>

**RAW  
GROUND  
ARTS**

**RG**A

[www.rawgroundarts.com](http://www.rawgroundarts.com)  
LONDON



# SIXTH FORM NEWS



ates  
conveys  
ces

Colonised  
Ecofeminism  
Intersectionality  
Industrialism  
Glocalisation  
Femme Fatale  
Bourgeoisie  
Male gaze  
Hybridity  
Indoctrination  
Phallocentrism  
Marginalisation

Jealousy  
1. Jealousy  
2. Jealousy  
3. Prejudice

1. Jealousy  
2. Jealousy  
3. Prejudice

# **Year 12 Mock Exams: 8 to 12 January 2024**

The year 12 mock exams will run from 8-12 January, which is the first week back.

These will be sat in lesson time and they will be managed by classroom teachers. The only exception will be the Pure Maths paper which will be sat by all Maths students in enrichment. The exam booklet will be sent to students next week so that they are aware of the specific details of what they need to revise. This will also have been communicated in lessons.

As there are also external BTEC exams students need to attend their lessons as normal during the week.



# Year 13

Well done to year 13 for all of the hard work that you put into your mocks. We were incredibly proud of the mature and responsible way that you approached them and are sure that the results will reflect your efforts.

## UCAS Stars

Congratulations to the Oxbridge applicants who have got through to the interview stage.

If you weren't offered an interview you should still be very proud of yourself for embarking on this challenging process and sitting the required tests.

Well done to Ms Fincham's tutor group, 13D; the first tutor group to have sent off all of their UCAS applications!

If you have not yet submitted your UCAS form please see Ms Higham, Ms Moore or Ms McNicol to help you.

## Star of the Week

Ms Corrighan for arranging the Friends and Founders evening. We hope the Year 12s enjoyed meeting professionals from different industries and learnt some valuable networking skills.

# EPQ Update

As exams have finished for the majority of students this week, it is now a key time for getting up to date with EPQ folders. A work checklist has been posted on the EPQ google classroom and students should be making every effort to communicate with their supervisors over the final week of term. It is their responsibility to arrange these meetings as part of their project management grades. Dates for essay drafts and feedback need to be agreed with supervisors. Redrafts of essays will need to be written in January.

# Oxbridge Update

Interviews continue this week for our eleven candidates. Students will not hear about offers until the second week of January. Good luck to all of you who have interviews in the coming days. We look forward to starting the process with the new hopefuls in year 12 at the end of January. Between now and the end of January there are several things students can be doing if they want to make a competitive application:

1. Most importantly prepare thoroughly for the mocks. Results in these will be a good indicator of potential. Less than a B in anything would suggest a student will not meet the grade profile.
2. Look at study day opportunities.  
[Here](#) is a link for one current example
3. Work on **supercurricular** (not extracurricular!) This means extra reading, online courses and lectures, and relevant visits to museums.

Miss Fincham will send out an email to gauge interest once the mocks are completed.



# Friends and Founders: 7 December

This careers evening is always an inspiring event for our year 12 students and we were really proud of how they represented themselves and the school. They came dressed to impress with CVs at the ready and spoke to various people from different industries. The volunteers were really impressed with the students' communication skills and showed maturity and adaptability throughout the evening. There are lots of positives coming out of the evening including work experience opportunities and we hope this has helped year 12s about future careers and pathways and they can use [Unifrog](#) to research ideas and record their experiences.

- Ms Corrighan











**A massive thank you to our Grey Court alumni, parents and contacts for giving up their evening to share their experiences, it really was inspiring and we look forward to working with you again soon!**

It's always great to see previous Grey Court students back offering advice and some of our amazing alumni who supported were: Martin Ashford (Graphics), Graham Clark (Business/Sales), Wesleigh Walker (Computing), Jack Houghton (History), Charlotte Lumley (Business) Deborah Blakemore (Law), Edward Snow (Healthcare), Julia Hyson (Physio), Hollie Bolitho (Politics), Renee Mayor (Civil Service) and Sarah Gotvald (Nursing).



## Sixth formers get stuck in

Supported by Let's Go Outside and Learn, Friends of Ham Lands and Grey Court staff, a group of Grey Court sixth formers have been working hard to support the precious biodiversity of the Ham Lands local nature reserve. Most Wednesday afternoons in term time, they help to conserve the unique grassland and woodland area they have adopted.

Some of these inspiring young people share their stories here.



*The area is known for its rich history and beauty, making Ham Lands not only a unique place, but somewhere to explore and discover. Some of the species have only been recorded on Ham Lands, nowhere else in the whole of London!*

*On our first session this term, we explored. There were such amazing apple trees; our group tried some of them; we tried three types of apples. They were very tasty and juicy. We also learnt about lichen on the trees. By the colour and the shape, you can discover how good the air in the area is; it is amazing how much nature can tell us. There are areas on Ham Lands where the lichen shows the air quality is amazing, and others where it isn't so good.'*



Giant dock is taking over in some areas, and needs cutting back.

*'Nature, peace, and fresh air. These words are the most exact definition of Ham Lands for me.'*



Hard at work trying to remove creeping bramble and some of what was left after a mow



left: This is a sand lucerne root that has been dug out.

Below: Sand lucerne is dominating some areas. This is one week's growth.



Last year's team made a spectacular circular dead hedge to recycle all the plants that they had been clearing. This creates a rich new habitat at the same time and can provide shelter for hibernation.

*'The feeling of unification with nature helps to deal with mental health concerns such as anxiety and depression which are very important issues for us. When our group signed up for volunteering, we did not know how beautiful our local area is, and how much biodiversity there is to witness.'*

*As a student I can absolutely say volunteering with Friends of Ham Lands is not only enriching and satisfying for the volunteers and the local community, but also helps to increase biodiversity which is being constantly threatened by climate change. We really look forward to continuing our work and hope that the community will enjoy the area we have worked hard on.'*



# Sports News





# Junior Boys Cross Country



Massive thank you to ex-Grey Court legend [@ DeclanRice](#) for his inspirational words for our Junior Boys cross country team in the National Finals today. The boys loved it!



Declan's message



Junior boys' reaction



The Junior Boys National Cross Country Champions are Grey Court School!



# U13 Football



Wednesday 6 December: The two Borough League winners in the U13s met in the final this week. The boys played some brilliant football but lost out to a strong Turing House team. Ektor with a superb finish for his goal and MVP Tobias C



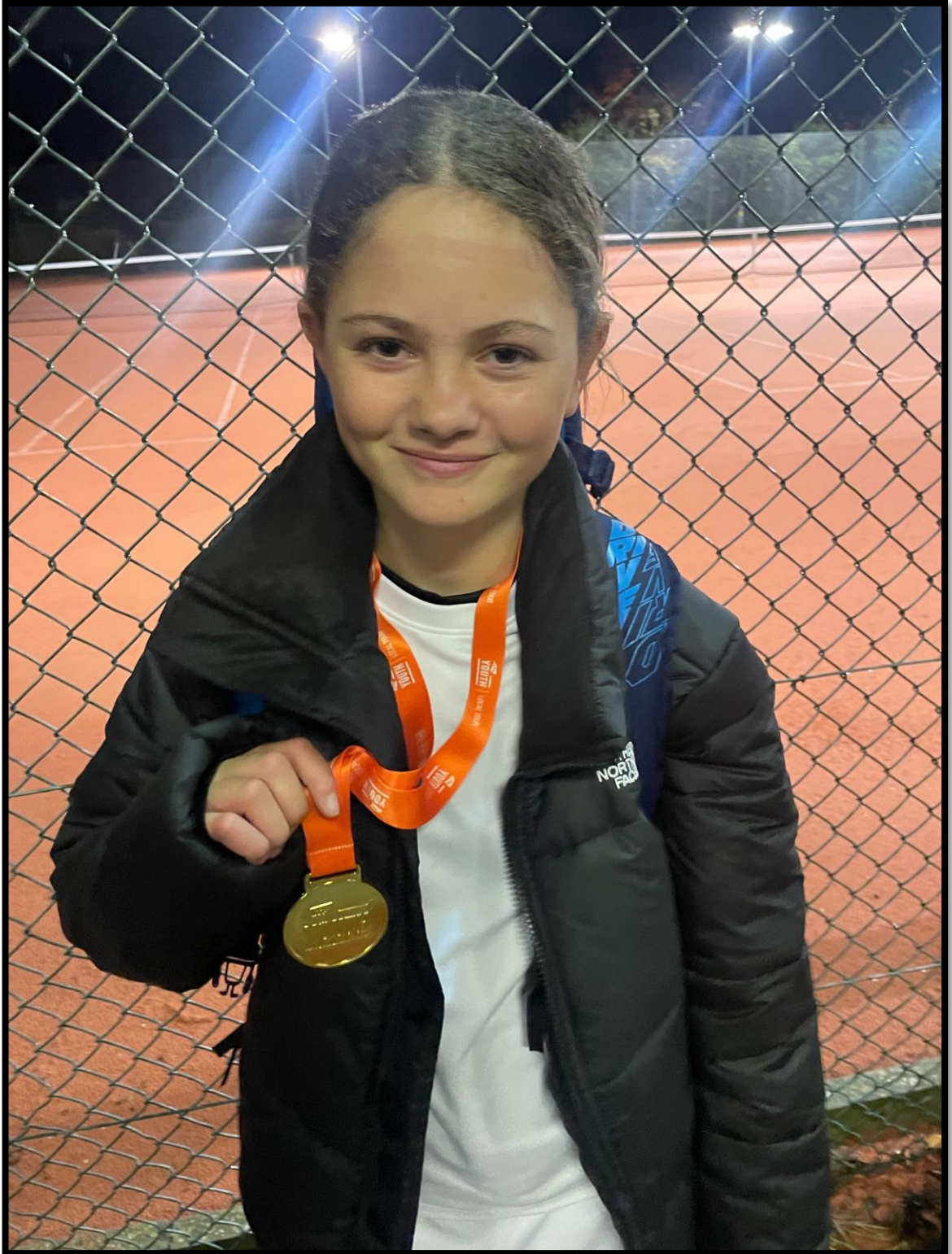


# U12 Rugby

**4 December:** the silverware count continues to climb, the U12 Rugby team won the Middlesex Bowl with several standout performances from Raeph and Jesper.



# Tennis: **Eva wins again!**



Eva won a tournament again over the weekend. It was a grade 5 12U event held at the Purley Sports Club. She only dropped one game on the way to the final. After one set each in the final, Eva won on a tie break. Well done, Eva!



# Gymnastics: **Regional Competition**



**Friday 1 December:** What a day for GC Elite Gymnasts! 5 teams competed at the Milano Regional competition where they all performed a vault, trio and floor routine. 3 teams have qualified for national finals next year. Well done to everyone who competed.





# Boys Team of the Month: U14 Athletics Team



The team of the month is the U14 Indoor athletics team. The squad have put forth an A and B team, which have both made it through the rounds to the finals, being held at Lee Valley on Wednesday 29th November. Highlights were Grindan A running 24:40 in the 200m and Thomas B running 2:19 in the 800m

# Boys Team of the Month: U14A Netball Team



The U14A Netball team is the November Team of the Month! Following a tough defeat to Ibstock Place in their Sisters n Sport Plate the previous week, the U14s were determined to enjoy a day of good quality netball and tournament play at the Highgate School Invitational Netball Tournament. Grey Court were delighted to receive invitations to the tournament and entered teams from U12-U15. We faced some very strong netballing schools on the day, our first match taking on the hosting school's B team. We made a strong start with a 4-1 win. The next game saw us lose 4-7 to Highgate A team where the girls played some unbelievable netball against a very strong opposition and we were not deterred. After a 16-0 win vs Queen's College London, 5-2 win vs St Benedict's, the girls met the eventual winners North London Collegiate School A. They were formidable opponents and we took a heavy 2-13 loss but then went on to beat Kew House 6-5 and North London B 10-2! Amazingly, the girls finished 2nd out of 8 schools, all independent schools that play a lot more netball than us. Sara Altun got player of the tournament and Abi and Lula Rose were excellent leaders throughout the day. We are so proud of how the girls have worked together this term to bring out the best in each other on court. There were excellent role models for the school on public transport, Lula Rose offering her seat on the train on more than one occasion.

Well done girls!!



# Boys Player of the Month: Grindan Abrahams



Grindan has been a fantastic addition to an already talented sporting year group. He has continued to excel in his athletics, where he clocked 24.40 seconds in the 200m in the Lee Valley finals, as well as jumping 5m in the long jump; both excellent results for a Year 8! He has also represented the rugby team and has quickly become a huge asset, scoring 2 tries against St Paul's. He was chosen as MVP in the team's recent success at the Middlesex Rugby Festival, where he scored 8 tries in 6 matches.

Well done on a great month!

# Girls Player of the Month: Evie Archer



Evie Archer has showcased outstanding achievements this term. Securing 1st place at the cross country regionals and a commendable 3rd place at the Junior Knole Run among 180 students, she demonstrated remarkable prowess. Evie's contribution to the U14 athletics team at the Lee Valley indoor competition was pivotal. The team clinched bronze in the finals, with Evie achieving a personal best in the 800m and securing 2nd place at the first and second rounds of the tournament.

Evie Archer's remarkable qualities extend beyond her athletic prowess. As an active member of the netball, football, and basketball teams, Evie's expertise and infectious enthusiasm make her a standout teammate. Her organisational skills and commitment to every sport she engages in have not only contributed to team success but have also established her as a reliable and valued presence. Evie's positive and friendly demeanour, coupled with an ever-present smile, uplifts team spirits and fosters a collaborative atmosphere. Whether excelling in individual competitions or contributing to team victories, Evie consistently demonstrates resilience, teamwork, and an unwavering dedication to her athletic pursuits, making her an exemplary athlete and teammate.

After a very promising start to the season and knowing how hard Evie will continue to push herself, we look forward to seeing how far Evie and her teams can go.



# Boys Scholar of the Month: Calvin Kemper



Calvin Kemper has had a really good start to his time at Grey Court, and the scholarship programme. He consistently turns up with a good attitude to his lacrosse sessions and works hard to improve. This hard work has also been seen on the football pitch with him representing the A team, he has also shown real promise in his Cross Country, representing the school at the Essex Relay competition and the Borough competition.

Well done on a fantastic start at Grey Court!

# Girls Scholar of the Month: Millie Morgan



We have been very impressed with Millie in PE, scholarship and extracurricular activities. Millie has shown great athleticism, teamwork and focus in a variety of sports since joining Grey Court. Particular highlights have been Millie's Cross Country and Gymnastics. She has competed at the Knowle Run & ESSA Regional Finals showing great endurance and determination. We are looking forward to hearing how Millie gets on at the London Youth Games and Borough Cross Country competition.

Millie has also been a great asset to our Elite Gymnastics team. She will be competing this week at our first competition: Milano Regional Finals. Here Millie will showcase her floor and vault skills. It has been great to see Millie's confidence develop over the last few months and we are excited to see how she does throughout the season. To add to Millie's achievements, she competed over the weekend at the London Gymnastics Trampoline Competition coming up against a large field of competitors. Competing in Trampoline and Double Mini Trampoline categories, Millie placed 1st and 3rd- What a fantastic result!

Millie has thrown herself into GC Netball and is an asset to her team in the shooting circle and on attack in general. She takes on feedback well and is motivated to learn and develop on the court. In scholarship lessons, Millie shares valuable thoughts with the class in a theory setting and has done extremely well in lacrosse, a sport in which she also shows great promise.

Overall, Millie has been fantastic in and outside of lessons. She has shown great enthusiasm, hard work and engagement throughout. Keep up the good work Millie!



# What's happening in the neighbourhood *and beyond*



Some of our parents and students are taking part in the [Santa Fun Run](#) in memory of a very dear friend and parent. This event is organised by Princess Alice Hospice and the 5km run will take place on 10 December in Bushy Park.

If you and your children would like to participate, please sign up on the link above and don your Santa suits and join them in raising money for this worthy cause.

A bake sale will be held in school on Friday 8 December to raise money for the charity. All cookies, biscuits, cupcakes will be freshly baked and all the money raised will be donated to Princess Alice Hospice.







Free  
parking  
and  
entry



Royal Hospital for  
Neuro-disability

# CHRISTMAS FAIR

at the RHN

Gift stalls ✨ Arts & Crafts ✨ Festive games

Hot chocolate ✨ Mulled wine ✨ Mince pies

## Saturday 9 December

## 11am ✨ 4pm

Royal Hospital for Neuro-disability  
West Hill, Putney  
London  
SW15 3SW

 [rhn.org.uk/events](http://rhn.org.uk/events)  
 [events@rhn.org.uk](mailto:events@rhn.org.uk)  
 020 8780 4560





# FARAWAY HOME

## FILM CASTING CALL - German & English speaking Children

**Powerscourt Pictures (UK)** is casting for their kindertransport film "FARAWAY HOME", due to be filmed in Austria and Belfast in 2024.

We are looking to reach out to parents of your pupils as we search for German / English speaking children for our two lead roles.

We will also be casting support children's roles in the near future but right now we are focusing on our two main children **Karl** and **Rosa**.



### The Children: Leads - Austria / Northern Ireland.

**KARL MÜLLER - 9 to 13 years old, (or look so) - Karl is bi-lingual - German and English.**

Karl is the heart and soul of our story. Karl goes through an immense range of experiences, emotionally and physically.

He is physically fit, smart, plays football, is a tease to his sister at home, and his character is proudly Jewish. He is pre bar mitzvah.

After Kristallnacht, Karl's parents reluctantly put their beautiful children on the trains out of Vienna. Karl is given the role, by his devastated Papa, to step up and be an adult before his time, and to protect his little sister Rosa, on their journey to the United Kingdom. The hope is that their parents, uncle Rudi and Oma will follow.

Karl is a complex yet sympathetic character. We so understand his pain and we root for him. We want him to in to the new friendships he is offered, but he longs to get home to his family.

Karl steps up. He does not back down the physical dangers of his journey, but his greatest battle will be to believe again - in love and in hope.

**ROSA MÜLLER - 5 to 8 years old, (or look so) - Rosa is bi-lingual - German and English.**

A bright eyes charmer, when we meet Rosa she is the princess of the whole family, and Uncle Rudi and her family are happy to indulge.

She is the apple of her Papa's eye, she can get whatever she wants - if Papa, a cobbler with a small show shop in Vienna, has it to give.

Torn from her parents during a time of war, she travels on the kindertransport trains, with her brave and protective brother out of Vienna to the United Kingdom, she ends up on a small Jewish refugee farm just outside Belfast. In poor Rosa's mind, she has been abandoned by her family, and even at her young age, she must find a depth that was not previously been there, in her innocent land of being a princess, now she has to be brave. And to her credit, she does.

### **FARAWAY HOME - The Story - Based on true events and a book by Marilyn Taylor:**

A story that finds laughter even in the pain, Faraway Home is the gripping journey of two young Jewish children sent away by their parents from Nazi - occupied Austria via the Kindertransport to a refuge farm in Northern Ireland, smack in the middle of its own Irish/British, Catholic/Protestant troubles. As they begin to adjust to an Irish farm life mile from their parents and their families, German bombs hit Belfast and the war is brought back to their doorsteps.

### **CASTING CALL**

The producers would appreciate it if parents of bi-lingual boys from 9 -13 years and bi-lingual girls from 5 to 8 years (though with Rosa, her English less important), to send a small audition video of their child to the film producers.

[powerscourtpictures@gmail.com](mailto:powerscourtpictures@gmail.com)

**The audition video should be simple; no more than two minutes will be fine.**

If each child could introduce themselves in both German and English, and then tell us about their hobbies, football, dancing, if they have a favourite pet, or a favourite food. Nothing too demanding.

**VIDEO LINKS by WE TRANSFER or VIMEO would be appreciated to [powerscourtpictures@gmail.com](mailto:powerscourtpictures@gmail.com)**

The film producers thank you for your kind assistance.





# Richmond Rugby

## Free Evening Rugby Skills Sessions

### Tuesdays and Thursdays, 6-7pm

Every Tuesday and Thursday the Richmond Rugby Community Team will be holding a skills block from 6 - 7pm on Pitch 2.

This skills programme will run for the next 3 weeks before Christmas. It is FREE for all children aged 12 - 16.  
Boys & Girls welcome.

You do not need to be a Richmond member to join us, so please feel free to bring friends to help develop your rugby skills.

These sessions will be used to help develop and fine-tune hand-eye coordination, basic fundamental movements, and much more.

**Week 1:** Safe Tackling and Rucking

**Week 2:** Jackling and Defensive ruck setup.

**Week 3:** Passing and kicking Technique.

Please ensure you bring gumshields, water bottles, appropriate clothing, and boots to all sessions.

We hope to see as many of you down there as possible.

The Community Team  
Richmond Rugby

Vaughan Bentley  
Head of Community  
07436 542895

[communityteam@richmondrc.co.uk](mailto:communityteam@richmondrc.co.uk)

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BATTER END? WE KNEAD YOU!**

**THE GREAT BRITISH  
BAKE OFF®**



**APPLY NOW FOR BAKE OFF SERIES 15!**

**[WWW.APPLYFORBAKEOFF.CO.UK](http://WWW.APPLYFORBAKEOFF.CO.UK)**

**APPLICATIONS CLOSE ON TUESDAY 2ND JANUARY 2024 AT 1PM.  
MORE INFO: [APPLYFORBAKEOFF@LOVEPRODUCTIONS.CO.UK](mailto:APPLYFORBAKEOFF@LOVEPRODUCTIONS.CO.UK)**



*Kingston Jiu Jitsu*

**AT  
GREYCOURT SCHOOL**

*Fridays 5.15-6pm (5-10yrs)  
6-7pm (11-15yrs)*

**WWW.KINGSTONJIUJITSU.COM**



**K I N G S T O N**  
**J I U J I T S U**



# HAM YOUTH CENTRE

## WINTER BREAK

FOR 11 TO 19  
YEAR OLDS



achieving  
for children

**TUESDAY 2 TO FRIDAY 5 JANUARY**

We have four days of exciting activities for young people to participate in over the holidays. So stay warm, have fun and socialise with us this winter.

### **GENERAL YOUTH CLUB ACTIVITIES, 12 TO 4PM**

Pool, table tennis, badminton, football, basketball, cooking, art, gaming, music studio, etc

### **FENCING, 10AM TO 12PM**

Come and learn this ancient combat sport, all equipment supplied

### **BOXING, 2.30PM TO 4PM**

Learn techniques and the fitness of non-contact boxing

### **FILM MAKING 12PM TO 4PM**

Work as a team to make a short film around the topic of mental health

**TO BOOK YOUR  
PLACE PLEASE  
USE THIS CODE:**



Participants need to bring their own lunch unless they qualify for free school meals for information, contact Ben Skelton [ben.skelton@achievingforchildren.org.uk](mailto:ben.skelton@achievingforchildren.org.uk)

Ham Youth Centre, Ham Close, TW10 7PL





# PLAY CRICKET FOR RICHMOND BOROUGH IN THE 2024 LONDON YOUTH GAMES



This is a great chance to represent Richmond Borough in the 2024 London Youth Games U13 Boys' indoor cricket tournament.

## ELIGIBILITY

Training and selection is open to all boys that live or go to school in the borough of Richmond-Upon-Thames.

Players need to be under 13 as of 1st September 2023 i.e. Year 8 and below.

Players should already have played cricket either at school or club and be of a good ability.

Players that are currently part of a county squad are not eligible.

## REGISTER HERE:

<http://bit.ly/RichmondLYG>



## TRAINING DATES & TIMES

January:  
19th and 26th

February:  
2nd, 9th and 23rd

Time: 18:30 – 20:00

## AVAILABILITY

Players that are selected for the final squad, need to be available on the weekends of 24th and 25th February and 24th March 2024.

## COST

There is no charge for the training

## VENUE

Tiffin Girls School  
(indoor sports hall)  
Richmond Road, Kingston  
upon Thames, Surrey,  
KT2 5PL

## COACHES

Training will be led by experienced ECB cricket coaches

## MORE INFO

For more information contact:  
[londonyouthgames@richmond.gov.uk](mailto:londonyouthgames@richmond.gov.uk)  
OR  
[ian@taborsportscoaching.com](mailto:ian@taborsportscoaching.com)



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## TRAINING DATES & TIMES

January:  
19th and 26th

February:  
2nd, 9th and 23rd

Time: 17:00 – 18:30



## REGISTER HERE:

<http://bit.ly/RichmondLYG>



## AVAILABILITY

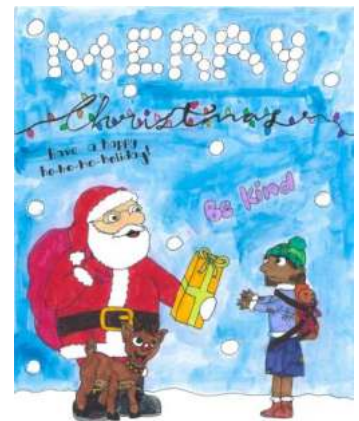
Players that are selected for the final squad, need to be available on the weekends of  
2nd & 3rd March and  
24th March 2024





**Grey Court School Seasonal Cards to buy**  
Designed by Year 7 students from Grey Court School. £3 per pack of 8 designs and £5 for two packs. Envelopes included.

- Payment by cash only directly to an Art Department teacher or reception.
- Please note cards may be printed to order depending on demand. Please contact Miss J Maybey
  - No Scopay payment is available for this purchase at this time.







**Grey Court School Seasonal Cards to buy**  
 Designed by Year 7 students from Grey Court School.  
**£5 for 2 packs!**





Canva



## A study on digital technologies and mental health

Is digital engagement a risk to young people's mental health or a source of support and resilience?

Despite lots of previous studies, we don't really know. So, we designed a study to find out - DIORA.

It explores the positive and negative effects of digital activities on mental health.

### How to join ???

Send us an email or fill in the form online (link/ QRcode). Young people need parental permission.



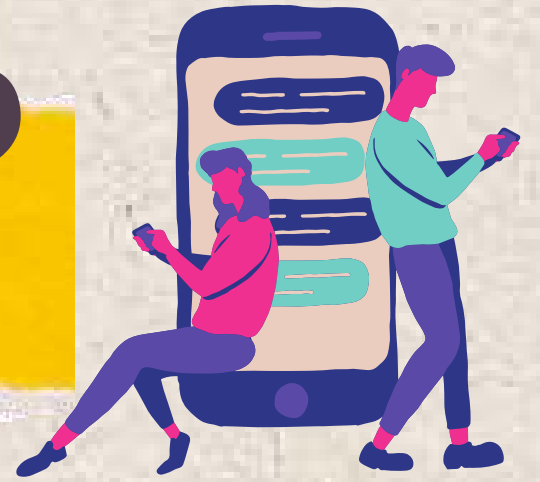
[diora@kcl.ac.uk](mailto:diora@kcl.ac.uk)  
[bit.ly/joinDIORA](https://bit.ly/joinDIORA)

Parents visit: [bit.ly/dioraparent](https://bit.ly/dioraparent)

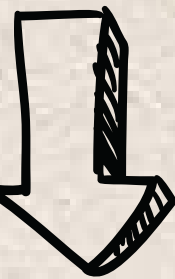
# DIORA

Dynamic Interplay of Online Risk and Resilience in Adolescence

## SIGN UP

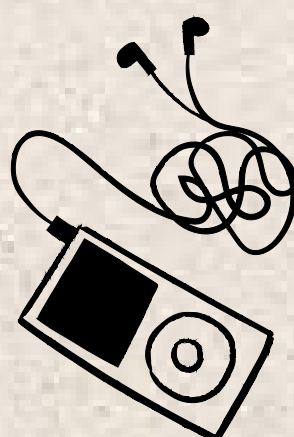


- ✓ We are looking for young people aged 13 to 14 years old (Year 9/ S3)
- ✓ £15 gift voucher for each completed questionnaire (£60 in total)
- ✓ One parent/ guardian can also join



## PARTICIPATION

- There are 3 online questionnaires (start, 6 months & 12 months). Each takes 30-45 mins (2.5 hours in total).
- The questions are about who you are, what you do online & offline, your interactions with others & how your mental health has been.
- The guardian questionnaire takes about 25 mins.
- Your answers will be confidential and individual answers will not be shared with anyone.
- The study will take 12 months.



We are a team of university researchers. The project was funded by the UK Research and Innovation (UKRI) and has ethical approval.



KING'S  
College  
LONDON

LSE



# HAMPTON YOUTH PROJECT XMAS HOLIDAY 2023

**WEEK 1:** MONDAY 18 TO THURSDAY 21 DECEMBER

**WEEK 2:** WEDNESDAY 3 TO FRIDAY 5 JANUARY

PROVIDING A WIDE RANGE  
OF POSITIVE ACTIVITIES FOR  
YOUNG PEOPLE

FOR YOUNG PEOPLE  
9 TO 19 YEARS OLD

Please scan the  
QR code to book your  
FREE day pass

This is a FUEL  
programme



FOR MORE INFORMATION,  
PLEASE CONTACT JUSTIN JOHNSON

E: [justin.johnson@achievingforchildren.org.uk](mailto:justin.johnson@achievingforchildren.org.uk)

Instagram: @afc\_hamptonyouthproject

Hampton Youth Project

32, Tangle Park Road, Hampton TW12 3YH



achieving  
for children



# ACTIVITIES

This Christmas, Hampton Youth Project will be getting into the Christmas spirit and celebrating the holiday across two weeks. Young people aged 9 to 16 will be able to get involved in festive activities across art, cooking, gaming, music, sports and team based fun.

We are also going on two trips and hosting a roller disco. The trips are:

**TRIP 1:** Gravity Max Wandsworth - go karting, darts and bowling

**TRIP 2:** Ice skating @ Hampton Court Palace

Please note, while the trips are heavily subsidised there is a small cost: £5 for the trips and £3 for the roller disco.

Please see the full timetable below and either book a day pass to attend for the whole day or just turn up. Day pass holders who access free school meals will be guaranteed a hot meal across Week 1.

To book your FREE day pass, please visit:

[www.eventbrite.co.uk/o/hampton-youth-project-66930747423](http://www.eventbrite.co.uk/o/hampton-youth-project-66930747423)

If you would like more information please contact Justin Johnson via email at [justin.johnson@achievingforchildren.org.uk](mailto:justin.johnson@achievingforchildren.org.uk).

# MONDAY 18 TO THURSDAY 21 DECEMBER

<b>MONDAY 19 DECEMBER 1PM TO 6PM</b>	<b>TUESDAY 20 DECEMBER 1PM TO 6PM</b>	<b>WEDNESDAY 21 DECEMBER 1PM TO 6PM</b>	<b>THURSDAY 22 DECEMBER 3PM TO 6PM</b>
<b>OPEN CLUB</b>	<b>OPEN CLUB</b>	<b>OPEN CLUB</b>	<b>OPEN CLUB</b>
1pm to 3pm	1pm to 3pm	1pm to 3pm	3pm to 4pm
<b>MEAL COOKING (PASTA BAKE)</b>	<b>MEAL COOKING (STIR FRY)</b>	<b>MEAL COOKING (BANGERS AND MASH)</b>	<b>MEAL COOKING (SPAG BOL)</b>
3pm	1pm	3pm	4pm
<b>TENNIS</b>	<b>FOOTBALL</b>	<b>BADMINTON</b>	<b>BOXING</b>
3pm to 4.30pm	3pm to 4.30pm	3pm to 4.30pm	3pm to 4pm
<b>CHRISTMAS WREATH MAKING</b>	<b>XMAS TIE DYE ACTIVITY*</b>	<b>BAUBLE MAKING</b>	<b>ADVENT CALENDER MAKING</b>
3pm to 4.30pm	3pm to 4.30pm	3pm to 4.30pm	3pm to 4pm
<b>COOKING: WHITE CHOCOLATE SNOWMEN</b>	<b>COOKING: CHRISTMAS TREE CONES</b>	<b>COOKING: GINGERBREAD CUPCAKES</b>	<b>VR GAMING AND MARIO KART TOURNAMENT</b>
3pm to 4.30pm	3pm to 4.30pm	3pm to 4.30pm	4pm to 5pm
<b>HOT MEAL</b>	<b>HOT MEAL</b>	<b>HOT MEAL</b>	<b>HOT MEAL</b>
Served 4.30pm	Served 4.30pm	Served 4.30pm	Served 5pm
<b>BENCHBALL</b>	<b>DODGEBALL</b>	<b>FOOTBALL MATCH HH VS HYP 10 TO 12 YEARS</b>	<b>XMAS PJ, ROLLERSKATING AND SLIME PARTY</b>
5pm to 6pm	5pm to 6pm	5pm to 6pm	6pm to 8.30pm
<b>ROCK CLIMBING</b>	<b>ARCHERY</b>	<b>*Bring your own t-shirt</b>	Tickets sold separately
Session 1: 6.45pm to 7.45pm  Session 2: 7.50pm to 8.50pm	5.30pm to 6.30pm		
	<b>TRIP: GRAVITY TRIP (GO KARTING, ONLINE GAMING, DARTS AND BOWLING)</b>		<b>TRIP: ICE SKATING @HAMPTON COURT PALACE</b>
	11am to 4pm Booked directly at the club		11am to 2pm Booked directly at the club



## WEDNESDAY 3 TO FRIDAY 5 JANUARY

<b>WEDNESDAY 3 JANUARY 3.30PM TO 6PM</b>	<b>THURSDAY 4 JANUARY 3.30PM TO 6PM</b>	<b>FRIDAY 5 JANUARY 3.30PM TO 6PM</b>
<b>OPEN CLUB</b>	<b>OPEN CLUB</b>	<b>OPEN CLUB</b>
3.30pm to 6pm	3.30pm to 6pm	3.30pm to 6pm
<b>ARCHERY</b>	<b>BAND PRACTICE DRUMMING, GUITAR AND VOCALS</b>	<b>FIZZY BOTTLE CANDLE MAKING</b>
3.30pm to 4.30pm	4pm to 5pm	4.30pm to 6pm
<b>CHINESE LANTERN MAKING</b>	<b>BOXING</b>	<b>COOKING: FUDGE MAKING</b>
4.30pm to 5.30pm	3.30pm to 4.30pm	3.30pm to 4.30pm
<b>COOKING:</b>	<b>TAE KWON DO</b>	<b>VR GAMING AND SWITCH SPORTS TOURNAMENT</b>
5pm to 6pm	5.30pm to 6.30pm	4pm to 5pm
<b>FOOTBALL, BASKETBALL AND DODGEBALL</b>	<b>ROCK CLIMBING</b>	<b>FOOTBALL</b>
4pm to 6pm	Session 1: 6.45pm to 7.45pm Session 2: 7.50 pm to 8.50pm	4.30pm to 6pm

## HOW TO FIND US....





# **XMAS PYJAMA ROLLER SKATING AND SLIME PARTY**

**Thursday 21 December**

**6pm to 8pm: 9 to 16 year olds**

You are invited to roll your way towards Christmas with our pyjama, slime and roller disco with a 360 photo booth and tuck shop! Not one to miss!



**Hampton Youth Project**

32 Tangle Park Road, Hampton TW12 3YH

**£3** entry on the day (or ask staff if you would like to pay in advance)



**achieving  
for children**