

Contents

- 3 #KeepInTouch
- 7 KS3+4 News
- **17** Attendance Matters
- 18 Food and Nutrition with Miss Campbell
- 26 Page Turners Mr Clements
- 28 Extracurricular Clubs Get Involved
- 34 Wellbeing and PDW
- 40 Sixth Form News
- 44 Sports News
- 54 What's on in the neighbourhood... and beyond



23-24 Term Dates

School Events

Sports TT

Sport SOCS

Extracurricular TT

Education Fund

ScoPay

Breakfast Menu

Weekly Menu

Graze Menu









The Uniform Shop

Thursdays 3-4pm

Contact: sniss@greycourt.org.uk





Scan & Complete the Google Form to Register

Tues 30th & Wed 31st

January



MUA





Grey Gourt PA presents

COMEDY NIGHT

FRIDAY 2ND FEB 2024

DOORS OPEN: 7PM - SHOW STARTS 8PM



ZOE LYONS --- DARREN HARRIOTT --- JAVIER JARQUIN
HOSTED BY
ERICH MCELROY OF CRACK COMEDY

TICKETS £20 | 2-PERSON TAPAS PLATTERS £15

TICKETS: WWW.PTA-EVENTS.CO.UK/GREYCOURTSCHOOL

LICENSED BAR STRICTLY OVER 18S ONLY



School Summer Production - Oliver!

Audition Workshops with Ms Burton

Audition workshops for Oliver! will take place from 3pm-4pm in DRS on the following days:

Monday 22 January

Character Focus: Nancy, Fagin & Bill Sikes

Monday 29 January

Character Focus: Mr Bumble, Widow Corney, Mr & Mrs

Sowerberry

Monday 5 February

Character Focus: Mr Brownlow & Mrs Bedwin

The workshops will focus on how to prepare for the acting part of your audition and will give you an opportunity to prepare a scene. If you are interested in being in this production, you are strongly encouraged to attend at least one of the workshops. No need to sign up, just turn up.

Hope to see you there!





This week was house assemblies. House captains and Head Of Houses updated the Year 7s on the current state of play - with things very tight at the top. I am delighted to say that Year 7s have accrued a huge amount of achievement points and have had a big impact on the current standings. There are plenty of house competitions and points to play for as the year progresses and we look forward to the ever popular Sports Day in the Summer term.

Following Mr Rhodes' comments in his correspondence, we would like to remind parents and students that no students should be on social media apps like snapchat - as they have an age restriction of 13. We find that students are too young to manage themselves on these apps. Particularly group chats are ones to avoid, as despite being well meaning often mutate into something more inappropriate.

We encourage all parents to monitor smart phone use as well as apps. Please let us know if anything does occur online which we need to know about.

Mr Day

Stars of the Week

Α	Daniel P	For excellent improvement to his behaviour and attitude to his school subjects
В	Waleed A	For excellent improvement to his behaviour and punctuality. Amazing progress Waleed, well done!
С	James F	For showing excellent resilience at school and always being well behaved and polite
Ε	Theo H	For always trying his hardest throughout school life and has shown great progress! Well done Theo!
М	James M	For having an excellent start back this term and being an enthusiastic and considerate member of the form.
0	Gon RP	For being a positive, enthusiastic member of the form and for working so hard in all subjects - you're a real role model Gon!
R	Zuva S	For volunteering so enthusiastically all week, and for racking up plenty of achievement points - well done, Zuva!
W	Min P	For always being so punctual and smiling when she comes into form! Min is such a joy to have in 7 Willow-well done Min!
Α	Ava W	For being a diligent, resilient and hard working student who is excelling in her subjects
В	Oscar W	For attentively listening to feedback, acting upon it and greatly improving his behaviour
С	Liya D	For excellent participation in PDW and being a considerate and respectful member of the form
E	Rory M	For excellent feedback from other teachers and staff, his enthusiasm in form and is always polite and kind to others
М	Samuel T	For always having an excellent attitude to school and being a positive member of the form
0	Anoch C	For becoming a happy and popular member of the form
R	Tiago F	Great start to the term: lots of achievement points, plus volunteering to help out during form time. Well done!
W	Charlie E	For having a brilliant start to the new term: working really hard in his lessons and having a great attitude to school life and the form! Well done, Charlie!



Reading Assessment

(22 January)

As I'm sure you're aware, Year 7 have been studying R.J. Palacio's novel *Wonder* this half term. The focus of our studies have been on analysis, zooming in on how characters and themes are presented and exploring what methods the writer has used to create this effect or interpretation.

The year group will be sitting an in class reading assessment during the week of the 22 January whereby they will be answering a question on how the writer has conveyed a theme, a character or both. Students will be given an extract from *Wonder* and asked to write in the PEARLC format, using quotes from both the extract and elsewhere in the novel. Students will be given the novel during the exam so will not need to revise quotes.

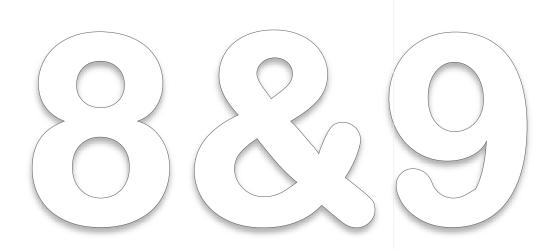
PEARLC: Point, Evidence, Analysis, Reader Response, Link to Context.

Please note the following arrangements for this in class assessment:

This is not a centralised or external exam, therefore no extra time or access arrangements will be required. We mark by quality rather than quantity so unfinished answers should not hinder grades.

- This assessment will be handwritten unless using a laptop is a student's normal way of working
- Students will be given 50 minutes to complete this assessment
- Students should endeavour to write in full sentences, follow the PEARLC format and use evidence from the text as support for their answer
- Please do not worry about revision or completing any extra work to prepare for this assessment over the break, students will be prepared in lessons and given homework to guide revision in their lessons in January.

Ms Laws (KS3 and 4 Coordinator of English)



We had house assemblies this week, so the Heads of House were rallying the troops to participate and engage in all manners of good behaviour to try and generate achievement points!

Hopefully we have seen the back of the colder weather after some bracing mornings and the short half-term nears its half-way point.

Our Year 9 students will be engaging in the Options process imminently, whilst Year 8 will have Gradu8 gearing up, with Enterprise and the Careers challenge both kicking off in the near future.

Mr Ridley



Last Thursday, I took two students from Grey Court School: **Heidi Phillips and Gustav Alpsten** to attend The South of England Science and Technology Final.

They were in a team together with two students from St. Catherine's School (who won the South West London Science and Technology Challenge Day on Wednesday 28 June 2023).

They worked well in their team and made us proud when they were placed *third* overall from a pool of 72 schools who participated in these challenge days, since June 2023. The challenge involved them working collaboratively to programme a robot vehicle through a maze, which they did fantastically well at and also completed the extension task that was given to them in record time. A very successful day indeed!

Well done to Heidi and Gustav!

Mr Nair

Through perseverance and diligence they conquered

Mr S Nair





The greater the destiny, the greater obstacles you'll have to overcome.

No great destiny comes with great challenges and sacrifices

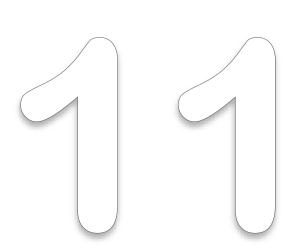
Jeanette Coron

Welcome back Year 10 and a Happy New Year! It may be the shortest term but boy does it get busy. This half term I would like us all to think about my messages from last term regarding friendship and kindness to one another. I would like you all to challenge yourselves to complete at least 1 act of kindness everyday of next week. This could involve something as small as holding the door open for your teacher, or inviting someone to sit with you at lunch. No matter how big or small the act may be, ensure that your intentions are good and from the heart.

There are only 18 months until your GCSE exams begin. Every day counts and with risk of sounding repetitive. If you aren't in school you aren't learning. Set yourself some goals, diminish the scale of the obstacles and break down the walls and barriers of things that are in your way. These icy mornings are not for the faint of heart, believe me scraping my car each morning is not the glamorous lifestyle I was set to live. Despite this we need to ensure we don't let our attendance slip and make it to school on time.

I hope you all have a lovely weekend!

Ms Comrie



A short one from me this week. The reality is here....we have a mere matter of months left of school and Year 11 needs to hunker down and get to work!

We have a strong cohort and high expectations of them. They will receive their mock exam results day on Tuesday afternoon and I hope this spurs them into a flurry of hard work and revision and preparing for their exams. You will receive their results ahead of Parents Evening (appointments are live - get booking!) to have meaningful and impactful conversations with their teachers.

Please reinforce our message - you need to be in school to learn and succeed. Whilst this weather and the colds flying around are a bit rotten, we must persevere and be resilient in the face of the hard work ahead.

Have a great (and productive!) weekend!

Ms Clark



A webinar has been arranged for our parents with children in Years 9-11. This webinar will take place at 7pm on 25 January and will last 45 minutes with an opportunity to ask questions at the end.

The topic is "The Secret to GCSE Success" and will be delivered by Emily Hughes, author of 'GCSE Survival Guide for Parents', founder of the Parent Guide to GCSE and a regular media commentator on teen parenting issues.

The webinar will cover:

- Useful resources to support their child's revision
- Revision tips and strategies
- · The role of parents in the GCSE process
- Tips for getting your child motivated
- Q&A at the end of the session

This is a great opportunity for you to find out what support you can offer at home to reduce stress and maximise performance during the crucial GCSE years. The event is completely free to attend. To sign up, click on this link:

https://events.parentguidetoeducation.com/secret-to-gcse-success

On signing up you will receive a Zoom link to your email that will give you access to the session.

Attendance Matters

8 January to 12 January

Year Group	Attendance %
Year 7	97%
Year 8	95.5%
Year 9	95.1%
Year 10	93.9%
Year 11	96.8%

Tutor Group	Attendance %
7 Beech	98.4%
8 Maple	97.4%
9 Elm	98.1%
10 Maple	98.8%
11 Beech	98.7%

Food and Nutrition

Upcoming House Competition Pancake House Challenge

Monday 5 February, 3pm - 4pm

Instead of our usual Food Club, we will be welcoming students to come and take part in a pancake house competition to mark Shrove Tuesday, 13 February.

Students will need to email Miss Campbell to take part as the spacing is limited within the food room and house points will be awarded to all students entering including a prize for the first place pancake. Posters will be up around school to remind students.



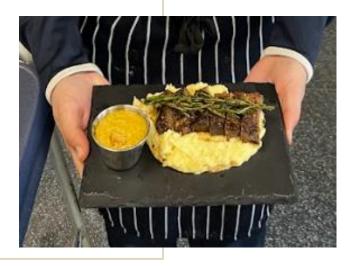
Year 9 Cook Off

Another rotation of year 9 students have worked through a swift six week project with a focus on refining and developing GCSE food preparation skills and gaining further knowledge to support KS4 studies should they opt to study food.

A single complex clish or two dishes showing a range of skills with links to international cuisine, food choice, food provenance and food science.

We have seen some wonderful work, and some very skilled attempts from our young year 9 chefs. Whilst this cooking lesson brought their food studies to a close, it was also their final assessment whilst getting the opportunity to earn house points!

1st place dish would earn a whopping 100 house points, and it was difficult to decide. Well done to all of our year 9 chefs this rotation, we hope to see you next year!







Year 10 Special Dietary Needs

Special dietary needs catered for by KS4 has provided the opportunity for creativity with our year 10 cohort. The challenge was to make a gluten free and lactose free dish using at least one alternative within their recipe, whilst also encouraging our students to branch out their skill set and make something completely new.

Wonderful dishes and some sweet treats too, well done year 10.

Next week they will be faced with their end of topic test so it will be quiet in the food room.









With staff and students now settled comfortably into the New term, Mr Gordon Walker's anecdotes regarding his Christmas spent in the dulcet comfort of a loving family, followed by a spot of truffle hunting and some charity work around Balmoral, have been wrapped up for another year in the school loft (which Mr Rhodes is considering renting out). I am always quite jealous of his tales of comfort, charity and good cheer - as rather than lose myself in the bosom of my family; I tend to retreat from it: into the embrace of a good book! Or in this year's case the embrace of several good books as this is a habit my family appear to encourage as three intriguing tomes were squeezed into my stocking!



In fact whilst the clan amuse themselves in a melange of backgammon, Toby Jones postal dramas and *Just dance*, reading allows me to meditate on worldly matters. Invariably these preoccupations will then find their way into the compelling social realist narrative known as school life!

And so having given up on ever finishing last year's gift of "Biff and Chip and the magic Key" this year's offerings were equally existential: James O Brien's "How they broke Britain," Ulrich Alexander's thriller "the Passenger" and Gianluca Vialli's "Goals." Each book has successfully allowed me to absorb other people's well crafted ideas of how to lead responsibly, embrace democracy and practice resilience. In essence I would identify these preoccupations as the three principle conundrums our school community must navigate in the coming year.

Whilst James O Brien, the LBC radio hosts' politics might not be to everyone's taste, there is no doubt that he can craft a thought provoking polemic about the consequences of the decisions the powerful make. Having read his opinions about a number of leading politicians and media barons who have been influential over the past decade, I am mindful that leadership should be informed, diverse, collaborative and in the public interest. It is therefore important that as a school we facilitate opportunities for students to practise leadership that cultivates the above principles. I hope that initiatives such as Jack Petchey, the prefect system, House competitions and the collegium forum foster these qualities in our students.

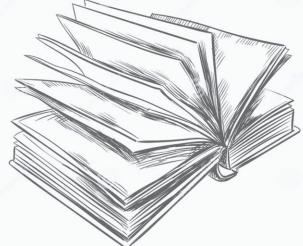
The Passenger is the kind of "lost classic" that grabbed my attention when I was ambling around Waterstones (one of life's great pleasures) one Saturday. Documenting the escape from Berlin of a Jewish businessman from the escalating violence of the Nazi regime, the book is a wonderful thriller.

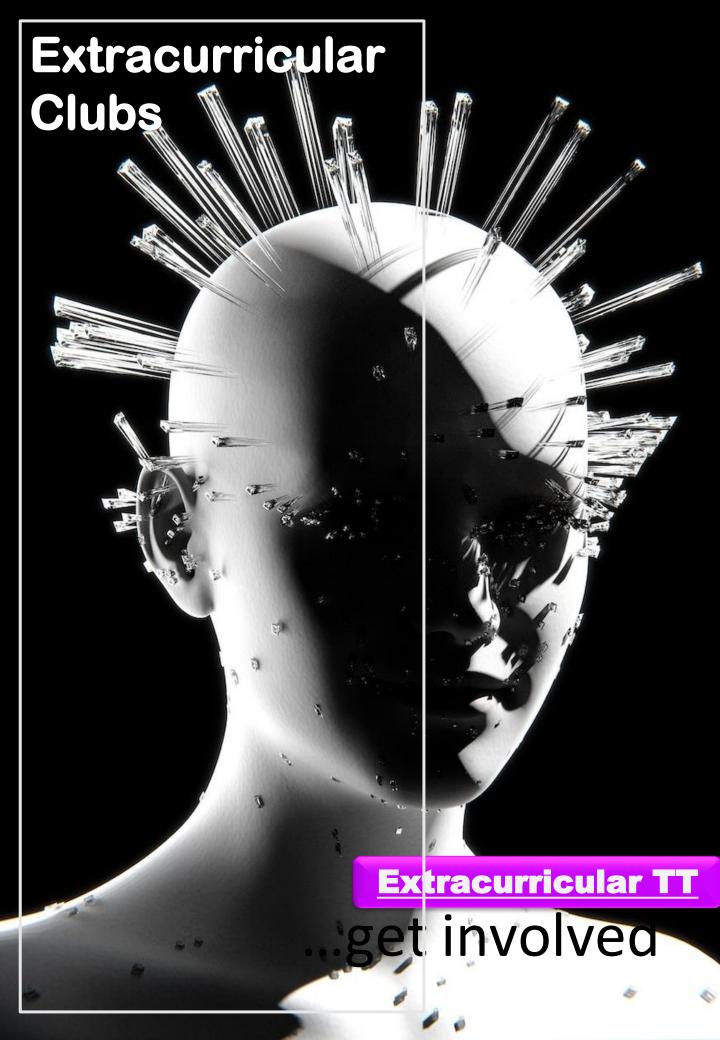
Its author, a 23 year old German Jew arrived in Britain as a refugee, but was subsequently interned and deported to Australia as an enemy alien in 1941. When the authorities relented and allowed him to return his passenger ship was torpedoed by a German U-boat causing his premature death. Such a story is a reminder of our need to integrate and accept all students into our community and to remove barriers - rather than erect them. Again, I hope that events such as the model UN conference, the international festival and Pride day provide students with platforms to practise acceptance. It is also highly likely that we will be hosting mock elections and hustings this year to honour both the British and American elections. Again, the lesson of *the Passenger* is that democracy is precious, fragile and not available to everyone.

Finally, the Italian striker and gentleman, Gianluca Vialli's book, "Goals' offers the reader short vignettes about sportsmen and women who have overcome some sort of adversity in order to succeed in their chosen disciplines. Each chapter outlines a strategy or life lesson on how to practise resilience. As a young man I was a great admirer of Vialli's style: he had a curly perm and looked good in an Italian football shirt - a look I tried to mimic on the Bognor riviera! In his own life he had to overcome pancreatic cancer in order to help lead Italy to glory (as one of the management team) against England in the 2022 Euros. Subsequently I felt very upset when his cancer returned and he died, but ironically his book is a practical manual in optimism!

These books have all reminded me that whilst we all may have to feel pressures, shoulder responsibilities and absorb anxieties of one sort or another in our lives; that sport, the arts, leadership opportunities and learning - especially reading - can help us overcome any fears. As teachers I trust that we can provide our students with the strategies to succeed on a holistic level through the love of our subjects and the extracurricular opportunities we provide. If we can all work together with these lofty ideals in mind the coming year should be a page turner!

Mr Clements





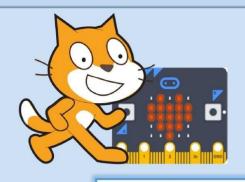




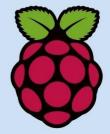
Programming labs and competitions to improve your coding skills?

Physical computing workshops to push your creativity?

All years velcome/









Location & Time

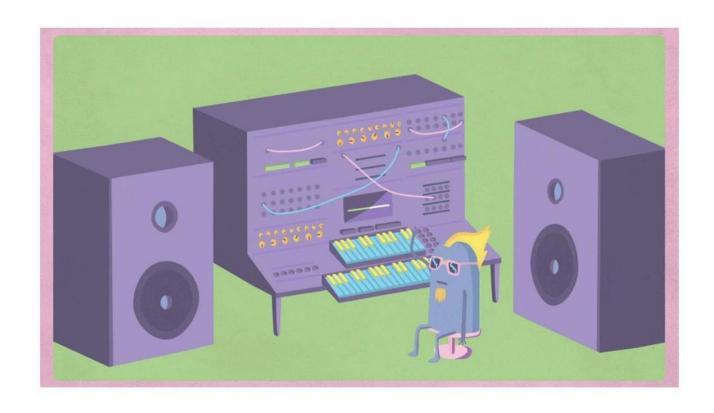
if day == "Wednesday" & time
= "afterschool" {
 print ("room = T4")
}

(Wednesday after-school in T4!)

• micro:bit

Music Tech Club

Now on a MONDAY
3pm-4pm
in PC1



Learn to make music on a computer with state of the art, industry standard software. Record your own instrument, singing or rapping, and make your own beats.

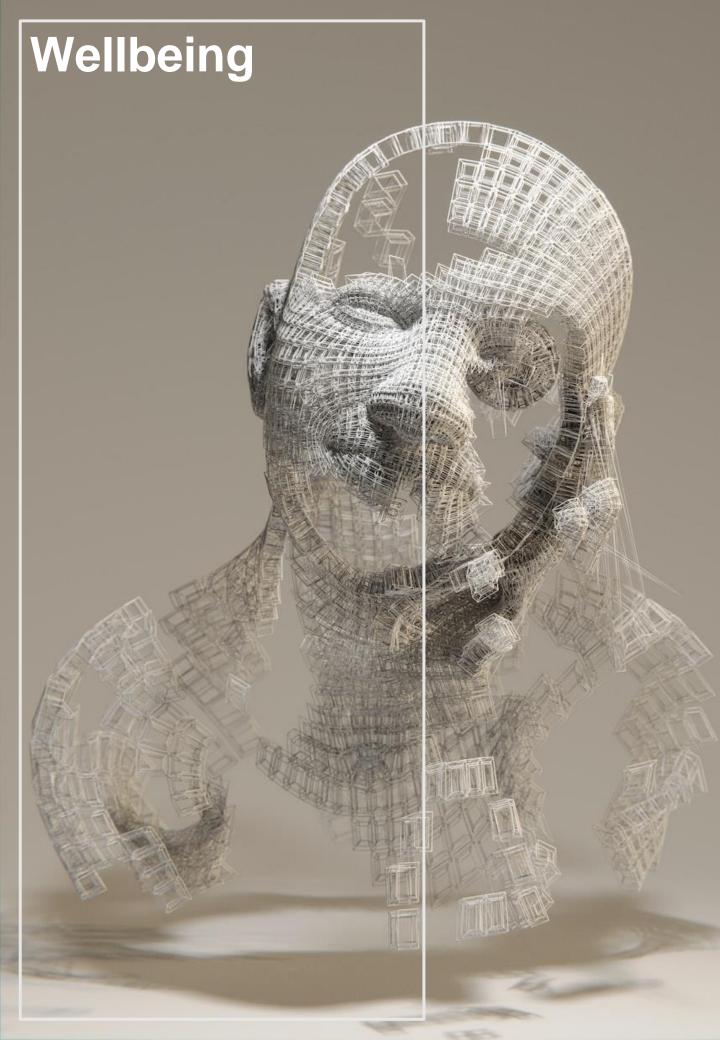


ROCK AND POP CLUB

TUESDAYS 3PM-4PM IN MUSIC



COME AND PLAY THE DIZUMS, GUITATZ, BASS, KEYBOATZDS OTZ SING IN A BAND. AUSO OPEN TO OTHETZ INSTIZUMENTS IF YOU HAVE ONE!





This Week: 15 January to 19 January

Year 7	What is the difference between gender and sexuality? How do your words matter and how can you be an LGBTQIA ally?
Year 8	What is sexual consent and how do you know if you have it?
Year 9	What different types of contraceptives are there?

Year 10 What is hate crime?

Year 11 A Band: RS/Computing

B Band: the Instagram effect

Next Week: 22 January to 26 January

Year 7	Who was Oscar Wi de and what happened to
3	him?

Year 8 What is revenge pcrn?

Year 9 What different types of STIs are there?

Year 10 What is a cult?

Year 11 A Band: the Instagram effect

B Band: RS/Computing



This half-term Year 8 and Year 9 will be exploring the statutory Relationships, Sex and Health Education curriculum in PDW.

Each year group will have the following sessions:

Year 8

- What is sexual consent and how do you know if you have it?
- What is revenge porn?
- What do we need to know about fertility and our reproductive health?
- Exploring relationships, marriage and parenting
- What choices do you have with an unplanned pregnancy, and how do your lifestyle choices impact these?

Year 9

- What different types of contraceptives are there?
- What different types of STIs are there?
- How can we keep vulvas and vaginas healthy?
- How can we keep a penis and testes healthy?
- How does the Media impact our view of Relationships?

If you have any queries, please do e-mail Miss Heather James Associate Assistant Headteacher hjames@greycourt.org.uk



Learn something new and share it with others Eat healthy really nourishes you today

Find three things to look

forward to

this year

Say positive

things to the

people you

meet today

Get outside

and notice five

things that are

beautiful

Make time today to do something kind for yourself

Get moving.

Do something

active (ideally

outdoors)

Contribute

positively to

your local

community

Do a kind act for someone else to help brighten their day

> Thank someone you're grateful to and tell them why

with yourself

when you make

mistakes

Be gentle

Get back with an old friend

Write a list

of things you

feel grateful

for and why

Switch off all

least an hour

before bedtime

Focus on what's good, even if today feels tough

Look for the

good in others

and notice their

strengths

Connect with

someone near

you - share a

smile or chat

Go to bed in good time and allow yourself to recharge

Try out something new to get out of your comfort zone Plan something fun and invite others to join you

Put away digital devices and focus on being in the moment

Take a small step towards an important goal

Decide to lift people up rather than put them down

Choose one of your strengths and find a way to use it today

Challenge your negative thoughts and look for the upside

Take five

minutes to sit

still and just

breathe

Take a

different route

today and see

what you notice

Ask other people about things they've enjoyed recently

Say hello to a neighbour and get to know them better

See how many people you can smile at today

Write down your hopes or plans for the future









Happier · Kinder · Together

What Children & Young People Need to Know about

Everyone in the UK has the right of "freedom of expression". That's the right to voice your opinions and share information and ideas with others. It's *not* the right to say whatever you want without regard for others' feelings and values. We all have a responsibility to use this right properly: being respectful and inclusive to those around us, rather than making offensive and threatening remarks. That's called 'hate speech' and knowing the difference is incredibly important.

Free speech is a person's legal right to share information, opinions and ideas without fear of retaliation, censorship or legal consequences. This freedom of expression is recognised in international human rights legislation, and here's what it does for us in our day-to-day lives ..

The Human Rights Act 1988 states that everyone has the right to express themselves freely - even if their views are unpopular and might offend



Freedom of expression encourages listening to others and allowing opposing views to be heard. It's important to respect someone's opinion, even if we disagree with it. Free speech lets us engage in meaningful discussions with people who feel differently.

Any concept could potentially offend someone. Galileo's theories were incredibly offensive to many at the time, while not everyone agrees with Darwin, even today. A frequent exchange of ideas is vitally important for a healthy society.

FREEDUM



Freedom of expression includes the right not to do something, like not standing up for – or singing – the national anthem. Even though some people would find that offensive, it isn't illegal. By law, nobody can force you to say anything you don't want to.

> Free speech is a powerful tool for change, justice and reform. Many modern UK rights such as women being allowed to vote, decent working conditions or same-sex marriage - couldn't have been achieved

> without it.

Meet Our Expert

The Global Equality Collective is an online community for homes, schools and businesses, a collective of hundreds of subject matter experts in diversity, equality and inclusion, and the organisation behind the GEC app, the world's first app for diversity, equality and inclusion.

Hate speech refers to any communication - like talking, texting or posting online - that negatively targets a group or an individual because they are perceived to be different in some way. Demonising and dehumanising statements, threats, identity-based insults, offensive name-calling and slurs would all count as hate speech. Here are some common forms it takes...

> Targeting people or groups because of a protected characteristic - like race, gender identity, sexuality, nationality, religion or a disability - and verbally abusing them with slurs and name-calling. The Equality Act 2010 has more information on this.

Content that dehumanises people based on the same characteristics: referring to them as if they were animals, objects or other non-human entities, for example. Separating the target from other human beings is usually an attempt to justify the speaker's bigotry



Claiming that specific types of people are physically, mentally or morally inferior (or even that they are criminals) to encourage others to view them in the same way. This kind of thinking is always incorrect – but can be incredibly harmful to the group in question.

> Spreading damaging misinformation about a person or group that the speaker views as "different" – essentially, trying to turn others against them by lying. Someone might claim that a recent tragedy is the fault of this entire group, when this is simply not possible.

Promoting the segregation of certain groups, or discrimination against them, because of who they are. This has been illegal in the UK for a long time – but some people still try to promote the exclusion of others, which can cause a huge amount of distress.

> The **National** College

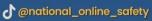
ational #WakeUpWednesday

Source: https://www.legislation.gov.uk/ukpga/2010/15/co n%20of%20expression



f /NationalOnlineSafety





Upcoming Events



Advice clinics
Post diagnosis workshops
Webinars
Drop-in coffee mornings
Book



We are inviting parents, carers and those who work with children, young people and vulnerable people within our borough to our **free** online session.

When: Wednesday 24 January

Time: 6:30-8:30pm

Where: Zoom

Book



Teenage Helpline is a national UK charity offering peer-to-peer mentoring to young people aged 10 to 25.

More information



Join us for our Parent Mental Health Day Webinar on Thursday 25 January at 7pm #CreatingPositiveRelationships



A free webinar will be hosted by your local Mind on Wednesday 24 January from 6:30-8:30pm. The webinar is aimed at parents, carers, and those who work with children, young people, and vulnerable people within the borough.

During the webinar, Mind will explore the impact of technology on young and vulnerable people's mental health and well-being, enhance their awareness of the dangers of internet and social media use, and help them feel more confident having conversations about concerns to help keep loved ones safe.

Please find event details here: <u>Connect to Tech Workshop</u> -<u>Richmond Borough Mind</u> (rbmind.org).





Prefect Team 2024

A huge well done to our new Prefect Team, who will be expertly led by our new Head Prefects, Hana Saleh and Izzy Morton! Thank you to everyone who put themselves forward. We have a fantastic team and are really looking forward to working with students to make a real difference across the school Prefect Team 2024

PDW

In PDW on Friday we revisited the work experience and summer school plans

Students should be looking for a work experience or university summer school placement for 1-5 July 2024.

The PowerPoint goes through all the details: Year 12 PDW Jan 2024 The key thing is when students find their placement they must add it to the Unifrog placements tool. This will have all the information about the placement and the student, parent/carer, employer and school will have access. The school uses this information to risk assess every placement. This has to be completed for the student to go out on work experience, even if with family members. If you have any questions please contact Miss Corrighan who oversees the work experience process.



University offers - what next?

Well done to all of those students who have now heard back from all 5 of the universities that they have applied for. Please click on the link to find out more about how and when to accept and decline university offers. During tutor time, students have been considering how they will be managing their money if they are going to university in September.

Budgeting

As exams have finished, it is now a key time for completing EPQ folders. A work checklist has been posted on the EPQ google classroom and students need to work on the final draft of their essay and meet their supervisor to complete their midterm review. Final presentations will take place in February.

Oxbridge

Students in year 12 who are interested in applying for Oxbridge need to complete the google form. The link for this has been posted on year 12 notices. A google classroom for Oxbridge will be created and an initial meeting will take place in the next two weeks.

Opportunities Bulletin

Take a look at this week's opportunities bulletin packed with apprenticeships, work experience, careers events, university tasters and much more <u>18/01/2024 Sixth Form Careers opportunities</u>



NOWS



Tia Garrard won the U15 South of England 300m Indoor championships at Lee Valley on Sunday 14 January. Well done, Tia!

NELondoner

Extract taken from the NE Londoner



Winter Youth Olympics beckons for Newham teenager after Team GB call-up

- 17 January 2024
- George Nash

A Newham teenager has been called up to represent Great Britain at the Winter Youth Olympics in South Korea later this month.

Ricards Misins, 15, is currently in Gangwon, preparing to compete as part of Team GB's U16 men's squad in the 3v3 ice hockey discipline.

Misins, who has been playing ice hockey since the age of four and currently plays for the <u>Haringey</u> Hounds Junior team, was selected for the 13-strong squad from a pool of more than 50 players. His call up was all the more impressive given that Misins missed the initial trial stage after suffering a broken shoulder in training last year that kept him off the ice for three months.

Click <u>here</u> to continue reading



Wednesday 10 January: The U13A netballers took part in the <u>@LingfieldColl</u> Invitational Tournament against some of the best schools in the South East. They had some brilliant matches, showing their talent individually and as a squad. We finished 4/6 in the group stages, well done girls!





Thursday 11 January: The U15 rugby team beat Harrodian 31-5 in their match today. Tries from Tong and Sayers in a well-contested match. Well done to Will S, Roberto L and James B playing up an age group and putting in impressive performances!

Grey Court Gym & Dance Show Auditions Tuesday 23rd January

We are looking for dancers or gymnasts to audition for our Gym and Dance show which will be taking place on Tuesday 26th March.

Auditions will be taking place in the small gym at 3:15pm.

Please ensure you have signed up on the google form which was posted on google classroom.

Please speak to Miss Parr if you have any questions.



Teams of the Month

Gymnastics Elite Squad

On 1 December the Elite Gymnastics squad attended the Milano Regional Gymnastics competition. We had 5 teams competing over 5 different categories: U19, U16 and U13 Mixed as well as U19 and U16 Girls. The Milano competition requires a team of 4 to compete across 3 disciplines: individual floor, trio routine and a vault.

The U19 and U16 Girls went up against some strong opponents but showcased their fantastic abilities in all three disciplines. Amelia, Miranda, Jude and Chloe represented our U19 Girls team and placed seventh. The U16 Girls (Olivia, Ruby, Ruby and Millie) were competing up an age group and competed for the first time for Grey Court. These Year 7's have worked extremely hard in training and demonstrated their abilities on the floor and the vault. They placed fifth overall. Our U19 and U16 Mixed teams won the Regional Competition securing a place in the National Finals in March. Although we had some injuries and errors, all members of the team pulled together and showcased great teamwork and determination to ensure they qualified. Lily B scored the highest floor routine for Grey Court scoring 14.76. Our U13 Mixed team placed second; however, this still secures them a place at the National Finals. Cecilie scored the highest vault for Grey Court at this competition scoring 15.4 out of 16, which is a fantastic achievement.

A huge well done to everyone who competed at this competition. All of our vault scores have improved from last year which is down to the effort that has been put into training. We have been impressed with how hard the squad has been working together and individually to ensure their routines and vaults were mastered before the competition with extra training sessions and rehearsals. As we continue through the season we are looking forward to seeing them all compete at the Floor and Vault Regional competition. The National Finals will take place in March and we are looking forward to seeing how our 3 mixed teams get on.

Junior ESAA Cross Country Team

The Junior ESAA Cross Country
Team's pursuit of excellence has culminated in a series of remarkable victories, making them the undisputed Team of the Month. They started the month with a resounding victory in the Middlesex round of the competition, where they showcased their fitness and unity as a team, securing the top spot. Building on this success, they went on to win at the regional level and secured a place in the national finals.

Their true moment of glory arrived at the National Finals, where they emerged triumphant, as the Junior ESAA Cross Country Champions. Their consistent performance across these challenging competitions is a testament to their hard work, resilience, and determination to succeed as a team.

Beyond these notable victories, the team's exceptional performance in the Junior Knole Run, where they managed to clinch the top spot, further highlights the strength of this team.

The Junior ESAA Cross Country Team, have matched their talent with hard work and determination, and managed to get some impressive results and earned them the well-deserved title of Team of the Month.

Gymnastics Elite Squad



Junior ESAA Cross Country Team



Players of the Month

Euan Roberts

Euan Roberts continues to excel in PE.

In the ESAA cross country events, Euan's hard work propelled him to amazing finishes. This Cross Country season Euan has managed to secure second place in the County round and claimed 3rd place in the Regional round, whilst then achieving an astounding 2nd place in the National Final which illustrates his unwavering commitment and talent. As testament to this hard work Euan has been selected for the Surrey Cross Country team.

Euan trains twice a week at Kingston Athletics and Polytechnic Club for running and six times a week at Teddington Swimming Club, this showcases his work ethic and dedication to both sports.

Euan's commitment to both sports, coupled with his remarkable achievements, marks him not only as an exceptional athlete but also a role model for aspiring sportsmen and women. Euan Roberts is an extremely worthy recipient of the Player of the Month accolade, for a second time.



Eva Mayhew-Wilcox

Eva Mayhew-Wilcox is the girls' player of the month for December! Eva has been busy competing in tennis tournaments over the last few weeks and we are very pleased with her performance and results. She won a grade 5 U12 tournament at Tring Lawn Tennis Club and then the next day she won a grade 4 U12 tournament at the Seaford and Blatchington Open.

Eva has also competed with her school doubles partner Dina Nikpour, winning their match for Ham & Petersham U14 against Roehampton Club B in the Surrey National League Junior Team Trophy. They are currently top of their division! Well done Eva for all your hard work and training.



Scholars of the Month

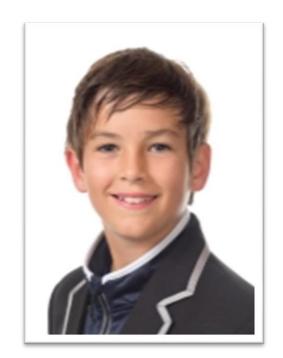
Theo Heath

Theo Heath has made a great start to his time at Grey Court. His involvement in both basketball and the U12 football team demonstrates not only his versatility but also his exceptional skill and dedication to both sports.

As a valuable member of the basketball team, Theo's contributions have been invaluable. His commitment to the sport, coupled with his skill set, has played a pivotal role in the team's first 2 games. He has also been a significant figure in the U12 football team, being a key part of the team and always showing sportsmanship and leadership whilst on the pitch.

Beyond his impressive sporting achievements, Theo's approach to his scholarship lessons and PE is equally commendable. His great dedication and attitude have been noted by teachers, and this allows him to get the most out of his lessons and sets a great example for others in his class.

Theo Heath's performance on the field and in the classroom, make him a deserving recipient of the sports scholar of the month. Well done, Theo.



Leonie Buchbinder

Leonie emerges as an outstanding sportswoman at Grey Court, actively participating in the football, basketball, netball, and cross country teams. Her remarkable athletic ability, teamwork, and focus exemplify her commitment to excellence. A driven individual, Leonie consistently strives to be the best she can be in all her pursuits.

Her greatest strength lies in swimming, where she recently secured gold in the 100m breaststroke and 50m backstroke at a recent gala, achieving a Surrey time. This accomplishment places her among the top-performing swimmers in Surrey for her age and gender. We wish Leonie success in her upcoming galas, confident in her ability to reach these Surrey times once again.

Leonie has thrown herself into sport at grey court and is an asset to her teams and teacher. She takes on feedback well and is motivated to learn and develop. In scholarship lessons, Leonie shares valuable thoughts with the class in a theory setting and has done extremely well in lacrosse, a sport in which she also shows great promise. Keep up the outstanding work, Leonie!







Science Technician Post

An exciting opportunity has arisen in the Science Faculty. We are looking for someone who is willing to learn, is a team player and who is free during school hours. This could suit you perfectly, if you are looking for something to do whilst your children are at school or if you are a school leaver looking to get involved in education.

If you are interested and would like to discuss the details, please get in touch with:

Amy Moran
Head of Science
Grey Court School
amoran@greycourt.org.uk



WE'RE HIRING

We are looking for a EARLY YEARS EDUCATOR

to join our passionate and enthusiastic childcare team!

For the past three decades, New Stepping Stones has provided a caring and nurturing setting within the local Mortlake community.

Nursery Hours 8:45 am - 2:45pm Competitive Salary Term Time Only

FOR MORE INFORMATION PLEASE CONTACT

CAREERS@NEWSTEPPINGSTONES.CO.UK

New Stepping Stones Playgroup CIO Sea Scout Hall, Alder Road, London, SW14 8ER www.newsteppingstones.co.uk Charity No: 1191172

Activites for adults at Ham Youth Centre

Ham Youth Centre, Ham Close, TW10 7PL

Ham Youth Centre not only caters for teenagers, but offers a varied programme of activities for adult residents in the community where they can learn new skills and meet new people.

If you are interested in joining please contact the relevant person for the activity.

Mondays

University of the Third Age painting class

Website: www.kingstonu3a.org.uk

Wednesdays

Cooking Up - Cooking activities for local people Contact: Janet Hilton Email: <u>Janet@cookingup.org</u>

Mini ballers football session for under-5's

Contact: Laura Edbrooke Email: laura.edbrooke@achievingforchildren.org.uk

English language classes based around art and textile activities

Contact: Cornelia Costeanu Email: contact@makers-united.co.uk

Fridays

Multicultural Richmond - Zumba, Chi Gung, trips, socialising. Open to all
Drop in at 11.30am or contact Kiran Rao Email: Kiran@multiculturalrichmond.org.uk

And also...

Romanian Community Group meets several times a year Contact: Mariana Pandi Email: marianapandi@yahoo.co.uk

Greenwise People Forest School Training

Contact: Maria Sprostranova Email: mariasprostranova@gmail.com

The youth centre's hall, music studio and smaller rooms are available for children's parties and other events on weekend mornings and evenings.

Contact: Ben Skelton Email: <u>ben.skelton@achievingforchildren.org.uk</u>





Kingston Jiu Jitsu AT GREYCOURT SCHOOL

Fridays 5.15-6pm (5-10yrs)
6-7pm (11-15yrs)

WWW.KINGSTONJIUJITSU.COM







RICHMOND NETBALL CAMP



of all abilities







Qualified coaches

Fun and friendly

Indoor venue

14TH, 15TH, 16TH FEBRUARY

GREY COURT SCHOOL,RICHMOND UPON THAMES
TW10 7HN

9.00AM - 12NOON

SCHOOL YEARS 3-10 (SPLIT AGE GROUPS)

BOOK HERE



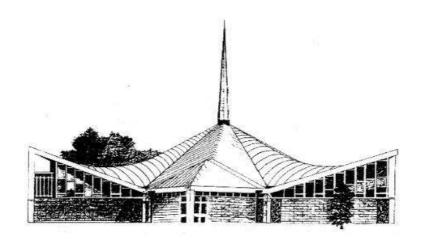




St Richard's Church

Grand Afternoon Tea

and Craft and Gifts Fair – in aid of our repair and restoration appeal!



Sunday 21st January 3-5pm

Don't miss the chance to pick up a lovely gift or craft while enjoying one of our delicious cream teas – all the trimmings for just £6!

And if you would like to book a table – don't delay! Secure your table with your name and £25 remittance by BACS to the Church bank account:

St Richard's Ham Parochial Church Council A/c no: 10797375 sort code 20-46-73

January Rugby Fixtures at the Richmond Athletic Ground!

Free Entry for everyone on Saturday the 13th of January. To celebrate our first home game of the new year everyone can get in for free! (our normal entrance fee is £18 for nonmembers). So adults can enjoy a pre-match beer and relax we will also have our Game Care option available, see here (price from free to £5). Game Care allows parents to drop off their children in the capable hands of our Community Team. Children then join the guard of honour and play games while you sit and enjoy watching the first team with a beer in your hand. The game is Richmond 1st XV vs Taunton Titans. 3 pm kick off. Game Care 12:30 pm onwards.

Reduced price entry for adults for the home game on Saturday the 27th of January. We have designated this game our Schoolkids Day where we celebrate our Minis and Youth of the Borough. Parents of children attending will be given a discount when you buy your adult match day tickets in advance here. Please enter the promo code PARENT17 when you buy a Non Member-Adult ticket to receive a £6 reduction. As ever, under 16s go free. Game Care will also be available (price from free to £5). If you have any questions please get in touch at communityteam@richmondfc.co.uk. The game is Richmond 1st XV vs Leicester Lions. 3 pm kick off. Game Care 12:30 pm onwards.

Try out rugby and February Half Term Camps

Play rugby at Richmond Rugby

Every Sunday until the end of April we will be running rugby Sessions for children 3 - 18 years of age. Our minis (u3-u11) start at 9:30 am and finish at 11:00 am and our Youth (u12-u16) & our Colts (u18) run from 11:30 - 1:00 pm. Our annual minis/youth membership normally costs £200 a season. But this January we have reduced this to £100 as those that sign up then do so halfway through the season (the season runs Sept-Apr). However, if you sign up by 31 January 2024, we will give a £50 'stash' Gift Card to use at our online club store. Come down this Sunday and have the first three sessions free before signing up! More details for our age groups and contacts are on our website, here.

Half term sport camps at Richmond Rugby

For the February half term, 13th - 15th February, we will be running our popular Rugby Half Term Camps where Girls and Boys aged 4 - 16 can come down to the RAG and be coached by our first team coaches and players from 9 am - 3 pm. Our sessions are fun, structured rugby-based sessions that help your child develop their fundamental movement skills, handeye coordination, and interactions with other children. £35 for one day. £65 for two days. £90 for three days. Please click here to book.

Thank you, Richmond Community Team



PLAY CRICKET FOR RICHMOND BOROUGH IN THE 2024 LONDON YOUTH GAMES

This is a great chance to represent Richmond Borough in the 2024 London Youth Games U13 Boys' indoor cricket tournament.

ELIGIBILITY

Training and selection is open to all boys that live or go to school in the borough of Richmond-Upon-Thames.

Players need to be under 13 as of 1st September 2023 i.e. Year 8 and below.

Players should already have played cricket either at school or club and be of a good ability.

Players that are currently part of a county squad are not eligible.

REGISTER HERE:

http://bit.ly/RichmondLYG



TRAINING DATES & TIMES

January: 19th and 26th

February: 2nd, 9th and 23rd

Time: 18:30 - 20:00



COST

There is no charge for the training

VENUE

Tiffin Girls School (indoor sports hall) Richmond Road, Kingston upon Thames, Surrey, KT2 5PL

COACHES

Training will be led by experienced ECB cricket coaches

MORE INFO

For more information contact:
londonyouthgames@richmond.gov.uk
ORian@taborsportscoaching.com

AVAILABILITY

Players that are selected for the final squad, need to be available on the weekends of 24th and 25th February and 24th March 2024.



SPORTS DEVELOPMENT



This is a great chance to represent Richmond Borough in the 2024 London Youth Games U13 Girls' indoor cricket tournament!



There is no charge for the training

VENUE

Tiffin Girls School (indoor sports hall) Richmond Road, Kingston upon Thames, Surrey, KT2 5PL

COACHES

Training will be led by experienced ECB cricket coaches

MORE INFO

For more information contact:
londonyouthgames@richmond.gov.uk
ORian@taborsportscoaching.com

ELIGIBILITY

Training and selection is open to all girls that live or go to school in the borough of Richmond-Upon-Thames.

Players need to be under 13 as of 1st September 2023 i.e. Year 8 and below.

Players should already have played cricket either at school or club and be of a good ability.

TRAINING DATES & TIMES

January: 19th and 26th

February: 2nd, 9th and 23rd

Time: 17:00 - 18:30



REGISTER HERE:

http://bit.ly/RichmondLYG



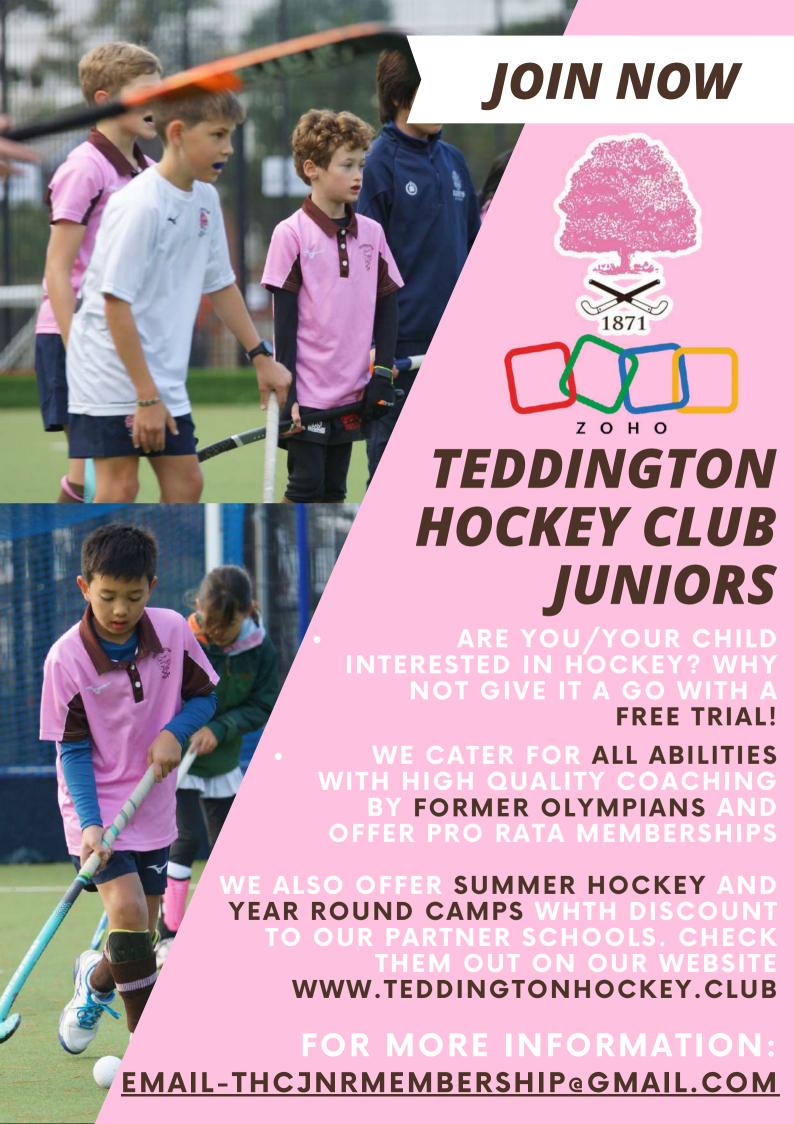
AVAILABILITY

Players that are selected for the final squad, need to be available on the weekends of 2nd & 3rd March and 24th March 2024



SPORTS DEVELOPMENT







GIRLS RUGBY TASTER SESSION



SATURDAY 20 JANUARY

11.30AM-1.30PM

ROSSLYN PARK FC

GIRLS IN YEAR 6 - YEAR 11

OPEN TO ALL ABILITIES

FREE ENTRY TO WATCH 1ST XV GAME FOR PARTICIPANT AND TWO ADULTS

Contact greg.sendell@rosslynpark.co.uk for further details/to confirm attendance